



# JAMIA HAMDARD

(Deemed to be University)

Accredited by NAAC in 'A' Category

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HAMDARD NAGAR  
 NEW DELHI - 110062

## 6.3.3 Response to Deviation to DVV Query

<p><b>6.3.3</b></p>	<p>Average number of professional development / administrative training Programs organized by the institution for teaching and non-teaching staff during the last five years.</p> <p>6.3.3.1. Total number of professional development /administrative training Programs organized by the institution for teaching and non-teaching staff year-wise during the last five years</p>	<p><b>Provide Event Brochures and reports of</b></p> <ol style="list-style-type: none"> <li>1. Online Nurses Training Program “Home based Nurse-led care for Covid-19 &amp; like illnesses”</li> <li>2. National Webinar on “Caring your Heart, Liver and Nervous System: An Approach, During Corona CoV2 pandemic</li> <li>3. Intra University Competition Organized for the students of Jamia Hamdard under e-poster, essay and video categories on the theme COVID-19 Pandemic: Challenges and the Opportunities. The result of the Intra University Competition webinar</li> <li>4. An International webinar on “COVID-19 PANDEMIC AND MOM-TO-BE” organized by Rufaida College of Nursing for the year 2019-20</li> <li>5. Online point of care quality improvement (e- POCQI)</li> <li>6. Webinar on COVID19 issues and challenges beginning till date</li> <li>7. FDP: Online workshop on “Evaluation and Measurement in Nursing Entrepreneurship Awareness</li> <li>8. Culture Panel discussion on Breast feeding for the year 2020-21</li> <li>9. International webinar on Current evidence-based practices in cholesterol management among diabetic patients</li> <li>10. Webinar on Current perspectives in mental health nursing practice</li> <li>11. International seminar on Global perspectives on diabetes mellitus: Focus on a century of insulin discovery</li> <li>12. Webinar on Arc Partography for the year 2021-22 with Photographs with date and caption.</li> </ol>
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# HEART CARE FOUNDATION OF INDIA

with

## SCHOOL OF NURSING SCIENCES & ALLIED HEALTH JAMIA HAMDARD

*proudly present*

### Online Nurses Training Programme

on

### Home Based Nurse-Led Care for COVID-19 & like Illnesses

1<sup>st</sup> to 3<sup>rd</sup> July, 2020

**Time:** 11 am - 1 pm and 3 pm - 5 pm

Virtual Training on Zoom

**Endorsed by**

**Guru Gobind Singh Indraprastha University**

**For more information contact**

Ms Vandana Rawat: 9891673085, Ms Preysi Chauhan: 9899113982

**Email Id:** [hcfi.1986@gmail.com](mailto:hcfi.1986@gmail.com) **Website:** [www.perfectthealthmela.com](http://www.perfectthealthmela.com)

**Online Nurses Training Programme**  
**on**  
**Home Based Nurse-Led Care for COVID-19 & like Illnesses**

**Schedule of Inauguration**  
**July 1, 2020**  
**Timings: 10 – 11 am**

S. No.	Programme	Speakers
1.	Welcome Address	Dr K K Aggarwal Padma Shri Awardee President, Heart Care Foundation of India
2.	Programme Overview	Prof (Dr) Manju Chhugani Dean, SNSAH, Jamia Hamdard
3.	Role of Nurses After Training	Dr KK Kalra Director, Heart Care Foundation of India Former CEO, NABH
4.	Address by Chief Guest	Prof (Dr) Mahesh Verma Padma Shri Awardee Vice Chancellor, IP University
5.	Presided Over by	Prof (Dr) Seyed Ehtesham Hasnain Padma Shri Awardee Vice Chancellor, Jamia Hamdard University
6.	Vote of Thanks	Ms Preysi Chauhan SNSAH, Jamia Hamdard

**Online Nurses Training Programme  
on  
Home Based Nurse-Led Care for COVID-19 & like Illnesses  
1<sup>st</sup> to 3<sup>rd</sup> July, 2020**



**DR KK AGGARWAL**  
Patron  
Padma Shri Awardee  
President, HCFI & CMAAO



**DR KK KALRA**  
Course Director  
Director, HCFI  
Former CEO, NABH



**PROF (DR) MANJU CHHUGANI**  
Course Director  
Dean, School of Nursing Sciences and  
Allied Health, Jamia Hamdard

**Online Nurses Training Programme  
on  
Home Based Nurse-Led Care for COVID-19 & like Illnesses  
1<sup>st</sup> to 3<sup>rd</sup> July, 2020**

### **Features**

- Simulation/Video based training
- Certificate will be issued after successful completion of online assessment
- Certified Nurse will be able to perform home based care with confidence and efficiency

### **Eligibility**

- Registered Nurse
- Final year nursing students

### **Exam Criteria**

- Exam Duration: 80 Minutes
- Attempts: 2
- Attempt Exam after 24 hours of course completion
- Passing Marks: Minimum 70%

**Course Fee: Rs 2000/-**

# Online Nurses Training Programme on Home Based Nurse-Led Care for COVID-19 & like Illnesses

## DAY 1, July 1, 2020

S. No.	Session	Content	Time	Resource Person
1.	<b>Welcome and Inauguration</b> By Dr K K Aggarwal Padma Shri Awardee, President, Heart Care Foundation of India Chief Guest, Prof (Dr) Mahesh Verma, Padma Shri Awardee, Vice Chancellor, IP University Presided over by Prof (Dr) Seyed Ehtesham Hasnain, Padma Shri Awardee Vice Chancellor, Jamia Hamdard University			
2.	Coronavirus Disease (COVID-19) Overview	<ul style="list-style-type: none"> <li>• Global and Indian scenario</li> <li>• Etiology</li> <li>• Epidemiology</li> <li>• Pathophysiology</li> <li>• Clinical presentation</li> <li>• Diagnosis</li> <li>• Management</li> <li>• Role of Nursing staff</li> </ul>	11am -11:40am	Dr K K Kalra Director, Heart Care Foundation of India
3.	Infection Prevention and Control of COVID -19	<ul style="list-style-type: none"> <li>• Route of transmission</li> <li>• Risk assessment &amp; management</li> </ul>	11:40am-12:20pm	Prof (Dr) Manju Chhugani Dean, SNSAH Jamia Hamdard
		<ul style="list-style-type: none"> <li>• Standard and extended precautions</li> <li>• Rationale Use of PPE</li> <li>• Donning and Doffing PPE (video)</li> </ul>	12:20pm - 1pm	Ms Preysi Chauhan SNSAH, Jamia Hamdard
		<ul style="list-style-type: none"> <li>• Biomedical waste management</li> <li>• Safe disposal of waste including food waste management at home</li> <li>• Best practices</li> </ul>	3pm- 3:40 pm	Dr Kamlesh Sharma Associate Professor CON, AIIMS, New Delhi
4.	Management Strategies	<ul style="list-style-type: none"> <li>• Containment straggles</li> <li>• Cluster Containment</li> <li>• Surveillance</li> <li>• Covid Care Centres</li> <li>• Home Care</li> <li>• Critical Care /ICU</li> <li>• Safe Ambulance Care</li> <li>• Handling of dead bodies</li> </ul>	3:40pm-4:40pm	Dr Suneela Garg Director Professor Deptt. of Community Medicine, MAMC

# Online Nurses Training Programme on Home Based Nurse-Led Care for COVID-19 & like Illnesses

## DAY 2, July 2, 2020

S. No.	Session	Content	Time	Resource Person
1.	Home Quarantine / Isolation Care	<ul style="list-style-type: none"> <li>Infrastructure requirement</li> <li>Monitoring</li> <li>Risk reduction</li> <li>Standard precautions</li> <li>Waste management</li> </ul>	11am- 11:40am	Dr Suresh K Sharma Principal & Dean CENER, AIIMS Rishikesh
		<ul style="list-style-type: none"> <li>Communication</li> <li>Oxygen therapy</li> <li>Using Oxygen Concentrator</li> <li>Alert signs</li> </ul>	11:40am- 12:20pm	Dr Mamta Jajoo Professor Pediatrics, CNBC
2.	Medication Safety	<ul style="list-style-type: none"> <li>Medication errors</li> <li>Safe drug administration</li> <li>Injection safety</li> <li>Monitoring of patients</li> <li>Documentation</li> </ul>	12:20pm-1:20pm	Poonam Joshi Associate Professor CON, AIIMS, New Delhi
3.	Supportive Therapy	<ul style="list-style-type: none"> <li>Dietary management</li> <li>Micronutrients</li> <li>Yoga</li> <li>Home remedies</li> <li>Immune booster remedies by AYUSH</li> </ul>	3pm - 3:40pm	Dr K K Kalra Director, Heart Care Foundation of India
			3:40pm- 4:20 pm	Prof (Dr) Manju Chhugani Dean, SNSAH Jamia Hamdard

# Online Nurses Training Programme on Home Based Nurse-Led Care for COVID-19 & like Illnesses

## DAY 3, July 3, 2020

S. No.	Session	Content	Time	Resource Person
1.	First aid Management	<ul style="list-style-type: none"> <li>Steps in case of emergency</li> <li>Maintenance of ABC</li> <li>Cardiopulmonary resuscitation</li> <li>Safe Transportation of patient to health care facility</li> </ul>	11am-12pm	Dr K K Kalra Director, Heart Care Foundation of India
2.	Psychological Support and Communication	<ul style="list-style-type: none"> <li>Communication with patients with COVID and their families</li> <li>Assessment of mental health well being of COVID -19 patients and their families</li> <li>Important practical tips to reduce stress related to COVID-19</li> </ul>	12pm-12:40pm	Dr Muthuvenkatachalam Srinivasan Associate Professor CON, AIIMS, New Delhi
3.	Training & Education	<ul style="list-style-type: none"> <li>Health education to staff and public</li> </ul>	3pm -3:30pm	Dr Major Prachi Garg Director, Heart Care Foundation of India
4.	Myths and Fake News Buster	<ul style="list-style-type: none"> <li>Myths related to COVID-19</li> <li>Social stigma related to COVID -19</li> </ul>	3:30- 4:10 pm	Dr K K Aggarwal President, Heart Care Foundation of India
5.	Online Self Assessment		80 minutes	



## Report

### Home based nurse- led care for COVID-19 like illnesses

The world is facing the biggest crisis named COVID- 19 which is spreading exponentially all around the world. India now stands as one of the worst hit COVID-19 country in the world. Recent data shows that out of the total cases 80% are asymptomatic and no extensive management is required for such cases. These cases can be handled at home and advised to be connected with health care professional via telephone or other suitable mean, it clearly shows the need of trained home based care medical professional to manage mild/ asymptomatic case during their home quarantine period.

Doctors and nurses: especially nurses have been recognised as greatest saviour during this unprecedented situation. Nurses are crucial at every the level of health care and can be the best suited for effective and efficient management of COVID-19 patients at home like hospital. This innovative idea was shared by Prof. (Dr.) Manju Chhugani for Online training of nurses to practice home- based care during this unprecedented situation with Dr. K.K. Aggarwal (President, Heart Care Foundation of India) who carried it forward with his diligent team. Dr. K.K. Kalra, Director HCFI along with Prof. (Dr.) Manju Chhugani worked heavily for the initiating this training programme at earliest due to peak in cases is being noticed in India. They structured the training programme in a way best in order to benefit hundreds of nurses and millions of patients.

The coordinators of this programme are Ms. Preysi Chauhan, faculty of Nursing , Jamia Hamdard and Ms. Vandana Rawat, Manager, admin worked round the clock to make it really happen.

School of Nursing Sciences and Allied Health, Jamia Hamdard in collaboration with Heart Care Foundation of India inaugurated an Online "**home based nurse- led care programme for COVID-19 like illnesses**", a 3 days training programme (July1 to July 3, 2020) which is thoughtful to train the nurses in providing essential care to COVID-19 like illnesses patients and their family. The programme is endorsed by Guru Gobind Singh Indraprastha University, Delhi.

The programme was organised on Zoom and streamed on Youtube too. Total 75 dignitaries and participants joined us and witnessed a virtual inauguration.

Programme started with Welcome address by **Dr. K.K. Aggarwal, President, Heart Care Foundation of India**. At First, Dr. K.K. Aggarwal welcomed the chief guest Padma Shri Prof. (Dr.) Mahesh verma, Vice chancellor IP, University. He emphasised on the need Home based nurse led care for COVID- 19 like illnesses programme in this pandemic. Dr. K.K. Aggarwal appreciated Prof. (Dr.) Manju Chhugani, Dean, SNSAH, Jamia Hamdard for sharing very innovative idea and overall plan of programme. He explained that online practical based training programme for nurses in India will focus on nurse's capacity to serve at home with same efficiency as in hospital. Nurses undergoing this programme will be able to serve the people who are required to be well supported for fast healing and recovery. He also congratulated all the doctors on the auspicious occasion of Doctor's day.

**Prof. (Dr.) Manju Chhugani, Dean, SNSAH, Jamia Hamdard** highlighted about the Home based nurse led care for COVID- 19 like illnesses programme. She explained that although the program names as very basic but it will cover all the aspect of caring a COVID- 19 patients presenting with mild symptoms. She further added the significance of certification of this program, which will be generated only after completing it thoroughly, passing self assessment test. The certificate will have approval from three big organisations and will count for the participants as unique and valuable.

**Prof. Amarjeet Kaur, Director, University center for diasaster management studies, GGSIP university** congratulated **SNSAH, Jamia Hamdard** and **HCFI** for this initiative and expressed the value of this course. She expressed the vital link of nursing with the other team members of medical professionals.

After virtual lamp lighting ceremony and Saraswati Vandana audio message of **Padma Shri Prof. (Dr.) Seyed Ehtesham Hasnain Vice Chancellor, Jamia Hamdard**. Prof. (Dr.) Seyed Ehtesham Hasnain in his presidential address mentioned about the mutation capacity of the virus and its uniqueness. He emphasised that COVID-19 being the worst pandemic in last hundred years can be controlled only by adopting best practices and preventive measures as laid by health organisation. Therefore, this first of its kind programme will aid the health care professionals to build up their skill and knowledge for fighting against this deadly disease.

**Padma Shri Prof. (Dr.) Mahesh verma, Vice chancellor IP, University** praised the initiative taken by School of nursing sciences, Jamia Hamdard and Heart Care foundation of India of online training of nurses and enabling them for caring the COVID-19 patients. Prof. (Dr.) Mahesh Verma affirmed the importance of nursing officers in hospitals for patients care

and also in community for prevention of diseases. Prof. (Dr.) Mahesh Verma added that nurses are best fitted and should be acknowledged in the best possible way.

At the end, **Ms. Preysi Chauhan, SNSAH, Jamia Hamdard** proposed vote of thanks to chief guest, presided over by, excellences and dignitaries. She thanked all the team members and participants with whom the programme could be made possible.



It was followed by the sessions by eminent speakers. Dr K.K. Kalra took the coronavirus introductory session.

Prof. (Dr) Manju Chhugani conducted the session on routes of transmission of coronavirus and strategies to mitigate.

Dr. Kamlesh Sharma conducted the session on Biomedical waste management followed by the discussion of management strategies of COVID-19 by Dr Suneela Garg.

**Day 2:** The day started with the session on Home Quarantine and isolation care by Dr. Suresh K. Sharma. It was followed by the medication safety and error discussion by Dr. Poonam Joshi. The day ended with the supportive therapy and care discussion by Dr K.K. Kalra.

**Day 3:** First aid management was taken by Dr K.K. Kalra he emphasised on the care of home isolated people during emergency.

Psychological support and communication session was taken by Dr Muthuvenkatchalam.

Myths and fake news buster were discussed by Dr. K.K. Aggarwal. In the end post-test and participant's feedback were taken online from the participants.

**Home –based nurse –led care programme for COVID-19 like illnesses**  
**Online course**

**Schedule of Inauguration**

**July 1, 2020**

**Timings: 10 – 11 am**

<b>S. No.</b>	<b>Programme</b>	<b>Speakers</b>
1.	Welcome Address	Dr. K.K. Aggarwal Padma Shree Awardee President, Heart Care Foundation of India
2.	Programme Overview	Prof. (Dr.) Manju Chhugani Dean, SNSAH, Jamia Hamdard
3.	Role of nurses after training	Dr. KK Kalra Director, Heart Care Foundation of India Former CEO, NABH
4.	Address by Chief guest	Prof. (Dr.) Mahesh Verma Vice Chancellor, IP University
5.	Presided over by	Prof. (Dr.) Seyed Ehtesham Hasnain, Padma Shree Awardee Vice Chancellor, Jamia Hamdard University.
6.	Vote of Thanks	Ms. Preysi Chauhan Faculty of Nursing, Jamia Hamdard



SCHOOL OF UNANI MEDICAL EDUCATION & RESEARCH (SUMER)

JAMIA HAMDARD (Deemed to be University)

Invites you for an Webinar

on

"Caring your Heart, Liver and Nervous System:

An Approach, During Corona CoV2 Pandemic"

Jamia Hamdard Webinar Series (COVID-19)

Under the Patronage of

Prof. Dr. Seyed.  
Ehtesham Hasnain

Vice Chancellor, Jamia Hamdard

and

Dr. Ahmed Kamal  
Pro-Vice Chancellor,  
Jamia Hamdard

## Our Speakers



Prof. Shridhar Duiwedi  
Former Dean HMSR,  
Sr. Consultant, Cardiology  
at NHI, Lalpat Nagar



Prof. M. Akhtar Siddiqui  
HOD, Dept. of Moalejat (Medicine),  
Sr. Consultant, Majeedia Unani Hospital,  
Jamia Hamdard



Prof. Syed Shakir Jamil  
Sr. Consultant, Majeedia Unani Hospital,  
Jamia Hamdard  
Former DG, CCRUM,  
Ministry of AYUSH, Govt. of India.



Prof. Syed Mahtab Ali  
HOD, Dept. of Tashreeh (Anatomy)  
Former Dean, SUMER  
Jamia Hamdard



Dr. Sohrab A. Khan  
Associate professor  
Dept. of Rehabilitation  
Sciences, Jamia Hamdard

## Team SUMER

Tuesday

July 07, 2020

3:00 PM Onwards



Prof. Dr. Suhail Fatima  
Dean & Medical Superintendent,  
SUMER



Dr. Khurshid A. Ansari  
Associate Professor, SUMER



Dr. Aisha Siddiqui  
Assistant Professor, SUMER

## Technical Coordination Team

Mr. Mirza Raheeb Beg

Mr. Gultar Ahmad

Mr. Aas Mohammad

Limited seats. Entry by  
First come. First served

Interested participants are required  
to fill the registration form latest by  
July 07, 2020 up to 12 noon

Further Details of the programme  
will be communicated to the  
selected participants

E-Certificate will be provided

For more info contact us: 91-8130274128

Click the link button for registration



click here



## **Report of the 7<sup>th</sup> National Webinar (7<sup>th</sup> JULY 2020)**

### **“CARING YOUR HEART, LIVER AND NERVOUS SYSTEM: AN APPROACH, DURING CORONA CoV2 PANDEMIC”**

Jamia Hamdard organized webinar on “Caring Heart, Liver and Nervous System” amid SARS nCov2 pandemic and COVID-19. In continuation of Jamia Hamdard COVID-19 Series, School of Unani Medical Education and Research (SUMER) Jamia Hamdard organized the National Webinar on Caring heart, Liver and Nervous system during SARS nCov2 pandemic and COVID-19. The webinar attracted more than 500 registered delegates which include academicians, researchers, clinicians, scholars, students, Scientists, and medical officers from different parts of the country and abroad including Malaysia Iran, Sri-Lanka, UAE, Saudi Arabia, and South Africa.

The webinar was specifically designed to target the ignored issues related to patients who suffer from heart diseases, hypertension, diabetes mellitus, renal diseases, neurological disorders, but with the current corona pandemic and COVID-19 their routine problems and consultation is interrupted. The experts from modern medical sciences and Unani Experts along with reputed Physiotherapists enlighten with their expertise as to how to live with corona pandemic and to take care of illness while staying at home. Prof. Dr Shridhar Dwivedi, Senior Consultant Preventive Cardiology at National institute of Heart and Former Dean HIMSR who is known for his academic and professional achievements, detailed the measures and methods as to how to take care of known heart problem, hypertension and coronary artery diseases, while staying at home. He lucidly elaborated on the topic “How COVID- 19 diseases worsen the condition” as many biochemical storms come into play and hamper the performance of the heart.

Professor M Akhtar Siddiqui, Former Dean SUMER, Jamia Hamdard, New Delhi addressed the details of liver disorders and especially the Viral Hepatitis, as a renowned Unani physician who is treating the patients of hepatitis and cirrhosis of the liver for more than 25 years, he explained that what measures and management can be adopted to take care of liver patients while staying at home during Corona Pandemic.

Speaking on the lifestyle modification and its role necessary for Physical, Social and Mental Health Prof S.M Ali, Former Dean SUMER and NSS coordinator of Jamia Hamdard, gave an insight the facts related to modulation in lifestyle which can ameliorate the Immune system and is by now the only way out to fight with SARSCov2 and COVID-19 diseases. Dr Sohrab A Khan, Associate Professor and a Senior consultant Physiotherapist at Dept of Rehabilitation Sciences Jamia Hamdard discussed the details of the role of physical exercise and its efficacy for not only the physical fitness but also the biochemical parameters needed for perfect mental health. The Programme was congenially moderated by Dr Khursheed Ahmad Ansari, Associate Professor of SUMER. Organizing Chairman of Jamia Hamdard COVID-19 Series, Dean and Medical Superintendent of Majeedia Unani Hospital Jamia Hamdard Professor Suhail Fatima acknowledged the experts and lucidly concluded by emphasizing on the teaching of Islam for prevention mitigation and management of many diseases including wabaiee Amraz. She also elaborated on the concept of knowledge, the role of personal hygiene, and social-mental health. The formal vote of thanks was proposed by Dr Ayesha Siddiqui, Assistant Professor from SUMER, Jamia Hamdard.



*School of Nursing Sciences & Allied Health*  
*Department of Rehabilitation Sciences*  
*Cordially invites you to attend and participate in the*  
**“WEBINAR” On**

**“COVID-19 PANDEMIC: CHALLENGES & OPPORTUNITIES”**

*July 30, 2020 (Thursday), Timings: 11:00 AM-12:30 PM on Google Meet*

**Programme:**

**11:00 -11:05 am – Address by Prof Ona P. Desai, Head, Dept. of Rehabilitation Sciences**

**11:05-11:10 am – Presidential Remarks by Prof. Dr. Manju Chhugani, Dean, SNSAH**

**Webinar Sessions By Speakers**

**11:10 -11:20 am – Session by Dr. Khursheed A. Ansari, Associate Professor , SUMER**

**11:20 -11:30 am – Session by Dr. Zeenat Iqbal, Associate Professor , SPER**

**11:30 -11:40 am – Session by Dr. Aqsa Sheikh, Associate Professor , HIMSR**

**11:40-11:50 am – Session by Ms. Seema Rani, Associate Professor , SNSAH**

**11:50-12:00 noon – Discussion and Question-Answer Session**

**Declaration of result of Intra University Competition, 2020**

**12:00-12:05 pm – Declaration of top 10 entries in each category  
(e-Poster UG/PG, Essay Writing and Short Video)**

**12:05-12:10 pm – Declaration of Winners of Intra University Competition, 2020.**

**12:10-12:20 pm – Display of entries of the Winners**

**12:20-12:25 pm – Concluding Remarks by Prof. Ona P. Desai.**

**12:25-12:30 pm – Vote of Thanks by Dr. Nishat Quddus, Associate Professor, Dept. of Rehab Sciences,**

***“Your gracious presence is highly solicited”***





# JAMIA HAMDARD

Deemed to be University  
Recommended as INSTITUTE OF EMINENCE by MHRD, Govt. of India

## School of Nursing Sciences and Allied Health Department of Rehabilitation Sciences

### Organizes

### UNDER THE PATRONAGE OF

Prof. Dr. Seyed Ehtesham Hasnain Vice Chancellor  
Dr. Ahmed Kamal Pro Vice Chancellor

### YOU ARE WELCOME TO PARTICIPATE IN

### CREATIVITY & INNOVATION : #Stay home Stay safe

AN INTRA UNIVERSITY ONLINE  
COMPETITION 2020

**THEME:**  
**COVID-19 PANDEMIC:**  
**"CHALLENGES & OPPORTUNITIES"**



**e-POSTER COMPETITION  
( UG & PG)**



**SHORT VIDEO COMPETITION**



**ESSAY WRITING COMPETITION  
( ENGLISH & HINDI)**

**In each category, 3 winners will be awarded with e-Certificates of Achievement.**

**In each category, top 10 entries will be awarded with e-Certificates of Appreciation.**

**All participants will be given e-Certificates of Participation.**



**LAST DATE OF SUBMISSION:**  
17th July 2020

**DECLARATION OF RESULTS:**  
25th July 2020



**FREE ENTRY**

**OPEN TO ALL UG AND PG  
STUDENTS OF JAMIA HAMDARD**

### WHY TO PARTICIPATE?

### EVENT COORDINATORS

In the midst of lockdown & global COVID-19 pandemic, the teaching & learning process has been greatly affected. In this regard, these competitions offer a wonderful opportunity to enhance your understanding, create awareness & refine preventive strategies regarding COVID-19 spread which is much needed in the current scenario.

Dr. Nazia Ali (OT) Dr. Zuheb A.Siddiqui (PT)

Dr. Prachi Tiwari (PT) Dr. Swati Srivastava (OT)

CLICK ON THE LINK FOR SUBMISSION:

<https://bit.ly/31SaEjZ>

FOR ANY QUERIES:



[eventsrehab2020@gmail.com](mailto:eventsrehab2020@gmail.com)



# JAMIA HAMDARD

School of Nursing Sciences and Allied Health  
Department of Rehabilitation Sciences

**CALL FOR e-POSTERS/ESSAYS/SHORT VIDEO**

## Topics and Guidelines

### e-POSTER FOR PG STUDENTS

#### TOPIC FOR e-POSTER:

1. Impact of COVID-19: Life before and After
2. Psychological aspects of COVID-19 Pandemic.

#### GUIDELINES:

- Should be self-explanatory.
- Text should be neat with font size 26.
- The poster content should be evidence based
- File Format should be Power Point (ppt/pptx), JPEG and pdf.
- Use of graphs, tables, images (evidence based) will be preferred.
- One student can submit only one poster.
- Poster Dimensions: 3 ft × 4 ft.
- Posters apart from the above topics and without proper dimensions and format will be rejected.

### ESSAY WRITING

#### TOPIC FOR ESSAY:

1. COVID-19 Pandemic: Challenges & strategies in Education.
2. Post COVID-19 Pandemic: The New Normal

#### GUIDELINES:

- Language may be English or Hindi (Should not be a mixture of both).
- Word limit should not exceed 1500 words. (Essays exceeding the word limit will be rejected).
- Use of pictures and graphs should not be more than 2.
- In case of use of any data / graph / picture in the essay, must mention the evidence/references with it.
- Font should be Times New Roman Font size 12; with line spacing 1.5.
- Essay should be uploaded only in .pdf and .doc file.
- Essays apart from the above topics will be rejected.

### e-POSTER FOR UG STUDENTS

#### TOPIC FOR e-POSTER:

1. Life of a student during lockdown in COVID-19 pandemic.
2. Raising awareness regarding COVID-19 pandemic and its prevention
3. COVID-19 Pandemic: A Boon for Biodiversity.

#### GUIDELINES:

- Poster for UG students can be hand made on any surface (plain paper / chart paper / A1/A3 cartridge sheets can be used) using any medium (crayon, poster colour, paint etc.) as well as can be digitalised.
- File format for handmade posters should be PDF of scanned copy and for digital posters should be Power Point (.ppt/pptx), .JPEG and PDF.
- The posters should be clear. Blur images of the poster will be rejected.
- One student can submit only one poster.
- Poster Dimensions for digitalised posters: 3 ft × 4 ft
- Posters apart from the above topics & without proper dimensions & format will be rejected.

### SHORT VIDEO

#### TOPIC FOR VIDEO:

1. A tribute to CORONA Warriors of India
2. COVID-19 Pandemic: Prevention is better than cure
3. Social Impact of COVID-19 Pandemic

#### GUIDELINES:

- The maximum duration of the video should not be more than 2 minutes.
- The participants must not include any footage from previous work on You Tube or any other social media.
- The music and the pictures used must not have any copyright issues.
- The video must not involve any violent /abusive/ sarcastic /political /religious contents. Videos involving these contents will be rejected.
- The video/picture quality should be clear.
- Videos apart from the above topics will be rejected.

## FOLLOW THE RULES

- \* Any Violation of the guidelines can result into rejection of your submission.
- \* The competent authority of Jamia Hamdard will not be responsible for any copyright issue, the participant would be solely responsible for it.
- \* Winners will be selected by the judges. The decision of the judges will be final.
- \* One student can participate in any two events.
- \* Last date of submission in each category: 17th July, 2020

## **PRESS RELEASE**

**JAMIA HAMDARD**  
**School of Nursing Sciences and Allied Health**

**Department of Rehabilitation Sciences**

**Organizes**

**INTRA UNIVERSITY COMPETITION, 2020**

**On**

**“COVID-19 Pandemic: Challenges and Opportunities”**

**“Creativity & Innovation: #Stay home and Stay safe”**

31<sup>st</sup> July 2020

During the COVID-19 pandemic, in order to promote various ICT platforms and encourage the e-learning process, the Department of Rehabilitation Sciences, School of Nursing Sciences and Allied Health, Jamia Hamdard had organized an Online Intra University Competition for the students of Jamia Hamdard. These competitions helped the students by offering a wonderful opportunity to enhance the understanding, create awareness and refine preventive strategies regarding COVID-19 spread which is much needed in current scenario. This competition had given wonderful virtual platform to the students to show and present their creativity, imagination and concept about the New World with COVID-19 pandemic. The organizing team members of the event were Dr. Nazia Ali (OT), Dr. Zuheb A. Siddiqui (PT), Dr. Prachi Tiwari (PT) and Dr. Swati Srivastava (OT).

The Online Intra University Competition was organized in four categories: e-Poster Competition (UG and PG), Essay writing Competition and Short Video Competition. The online competition was open to all the UG and PG students of Jamia Hamdard.

We received an overwhelming response from the students of Jamia Hamdard. We have got many requests from the students for the extension of submission deadline. Considering the students interest, the submission deadline was extended from 17<sup>th</sup> July to 23<sup>rd</sup> July, 2020.

We had received a total of **273 entries from the participants** of different Schools and Departments of Jamia Hamdard. We received maximum entries from Department of Rehabilitation Sciences, Department of food Technology, Department of Nursing Sciences, Department of Unani and Department of Management.

For the judging of online competition, a panel of judges comprising from different departments were made, the judges examined each entry very minutely on the basis of various criterion for eg. creativity, content, newness and presentation. For Essay Competition Dr. Khursheed A. Ansari and Dr. Sohrab A. Khan were the judges. For short video, Dr. Aqsa Shaikh, Dr. Deepshikha Gupta and Dr. Huma Khan, for e-Poster competition under UG category, Dr.

Seema Rani, Dr. Hammad A. Siddique and Dr. Sheeba Iqbal, for e-poster under PG category Dr. Zeenat Iqbal, Dr. Nishat Quddus and Dr. Saba Aziz were judges.

The result of the Intra University Competition was declared in the Webinar held on 30th July 2020 on Google Meet platform, where top 10 entries in each category were announced. The top 3 winners of each category with their entries were also declared in the webinar. Prof Ona P. Desai, Dean, SNSAH and speakers of the webinar (Dr. Khursheed A. Ansari, Dr. Zeenat Iqbal, Dr. Aqsa Shaikh and Ms. Seema Rani) congratulated all the winners and participants. Prof. Ona P. Desai had given the concluding remarks that various departments, teachers and students should come together on virtual platform for curricular and extracurricular activities in future and congratulated all the winners and participants.

Ms. Sana Fatima Choudhary (BOT, Dept. of Rehabilitation Sciences), Ms. Purna Panchal (MOT, Dept. of Rehabilitation Sciences), Mr. Piyush Grover (B.Tech, Dept. of Food Technology) and Ms. Phalguni Chatterjee(MOT, Dept. of Rehabilitation Sciences) were the winners in the short video, essay writing, e-Poster (UG) and e-Poster (PG) categories respectively.

We treasure the contributions and time spent with our participants. The encouraging feedback from the students proved that the competition had been a success. It has created significant awareness among the participants and helped them express themselves. We hope to organize more of such initiatives in the future as the world tackles with this COVID-19 pandemic. We would also like to acknowledge and appreciate the efforts put in by the judges of this competition, without their support this event could not been possible.

The Dept. of Rehab Sciences would like to thank Hon'ble Vice Chancellor Prof. Dr. Seyed Ehtesham Hasnain, Pro Vice Chancellor Prof. Dr. Ahmed Kamal, for their support and guidance, under their patronage this event was possible. The Department of Rehab Sc. appreciates the support of Jamia Hamdard administration for the successful accomplishment of this event.



**JAMIA HAMDARD**  
Deemed To Be University  
**RUFAIDA COLLEGE OF NURSING**  
School of Nursing Sciences & Allied Health

Unmet The Patronage of



Prof. (Dr.) Manju Chhui;ani  
Head of Department, Obstetrics & Gynecology  
Rufaida College of Nursing, SNGAH, JH



Ms. Apama Shitt  
Health Centre Practitioner  
Midwife Advisor  
Centre Antenatal Educator  
Ireland



No. Mii; Ethan  
Assistant Professor  
RCN, SNSAH, JH



Ms. Jamal Fahlina  
Assistant Professor  
RCN, SNSAH, JH

*Organizes*

WEBINAR ON

**\*COVID-19 PANDEMIC AND MOTHER-BE\***

April 14, 2020, FRIDAY

10:30 AM to 12:30

For more information, please contact

Ms. Mikki Khan (Dept. Nursing)  
Ph- 8860081213  
Email - mikki.khan@gmail.com

Ms. Deepika Pawar (Dept. Nursing)  
Ph- 7838402873  
Email -  
deepikapawar311@gmail.com

E-CERTIFICATES WILL BE PROVIDED

Hurry up!! Limited seats, Register now

### **INTRODUCTION AND BACKGROUND:**

The outbreak of covid 19 has created a global health crisis which has lead to a deep impact on the way we perceive our world and our way of living. WHO declared covid 19 as a pandemic on 11 March 2020.

.Among the other fields effected, Medical education sector has been on the receiving end. Hence the webinars have been effective in keeping medical professionals updated about the impacts of virus and the global reserches going on.

Among different risk groups identified for covid 19, Pregnancy has been one among them. There is a extensive need to impart education to all health care professionals including the midwives regarding the impacts of covid 19 on pregnant females, precautions to be taken during labour and the Postpartum care.

In order to discuss the above mentioned topics and to get enlightened about recent updates a webinar was organized by Rufaida college of nursing with the theme **Covid-19 pandemic and Mom-to-Be on 14<sup>th</sup> august, 2020 at 10:30am - 12:30 Pm . Prior to onset of webinar** a number of meetings were held on Zoom so as to oversee the preparation and distribution of Work among the Organisers.

The distribution of contents of the webinar was done among both the students and faculty of Rufaida college of Nursing. There was an overwhelming response from every faculty member especially Ms.Mikki Khan who deligently put all her efforts to oversee the preparation for webinar besides guiding the organisers especially M.Sc(N) II nd year students. Ms.Mikki Khan used to be there at the disposal of students at each step.

### **DIVISION OF WORK:**

1. Ms.Priya( poster+powerpoint presentationpreparation)
2. Ms.Deepti(Anchor)
3. Ms.Nusrat( Reportwriting)
4. Ms.Deepika( feedbackforms)

### **KEY PEOPLE:**

1. Prof.ManjuChhugani  
HOD, Dept. of Obstetrics and gynaecological Nursing,  
Rufaida College of Nursing., SNSAH,JH
2. Ms. Aparna Shukla  
Health care practitioner  
Midwifeadvisor  
Certified antenatal educator  
Ireland.

3. **Ms.Mikki Khan**  
**AssistantProfessor**  
**RCON,SNSAH,JH**

4. **Ms.Jamal Fatima**  
**Assistantprofessor**  
**SNSAH,JH**

#### **KEY THEMES:**

1. **Antenatal care and strategies to improve the care during Covid-19 by Ireland( Ms. Aparnashukla)**
2. **Prof.Manju Chhugani focuses on further care provided by youngsters during Covid-19.**
3. **Impact of Covid-19 crisis on Pregnancy by Ms.MikkiKhan**
4. **Impact of Covid-19 on mental health of antenatalmother.**
5. **Ms.Mehru Nissa on covid management of pregnantladies.**

#### **SUMMARY OF WEBINAR**

The webinar was anchored by Ms.Deepti Kukreti, M.Sc(N) 2<sup>nd</sup>year. She introduced all the participants and panelists and discussed briefly regarding the theme of the webinar and the team effort that was put for successful organization of the webinar. There were about 179 participants in the webinar which included students, faculty members and other expert speakers.

Before the start of the session, one of the student from M.A Islamic studies, 2<sup>nd</sup>year recited few verses of Holy Quran in his beautiful and soulful voice.

This was followed by introductory words of the worthy Principal of our college **Ms. Veena Sharma (HOD Psychiatry)**. She discussed briefly regarding the theme of webinar and shared her expert views on the topic. Besides she encouraged to organise such webinars in future also and applauded the organising team for the conducting such Interesting webinars.

The speech and discussion of our chief guest and Chairperson, **Ms.Aparna Shukla was commendable. She was participating in the webinar** all the way from Ireland. She has been a great support throughout to match the timings and schedule with Indian scenario.

Ms Aparna Shukla started her professional journey in 1995 with completion of B.Sc Nursing Honours from College of Nursing Kanpur India, then to pursue her career in teaching she completed her Master's Degree in Obstetrical Nursing from RAK College, Dehra University in

2001. To become a qualified antenatal educator she completed a module in “Preparation for Birth and Parenthood” from Cork University Ireland in 2013.. She has done a course on enhancing clinical practice from University College Dublin Ireland in 2016. Her interest and passion to understand the human body and mind led her to become a Yoga Alliance certified Yoga Teacher and a qualified and accredited MBSR [Mindfulness based stress reduction] Teacher. Aparna Shukla has worked in National Maternity Hospital Dublin for over 6 years which is one of Europe’s best and busy Maternity hospitals with annual births of over 9,000 babies. She has served in various teaching positions in India including her services as an Assistant Professor in the College of Nursing Gwalior India.

- Aparna had participated in developing Training Modules for Midwifery Practices for UNICEF, which was published in 2001, by UNICEF Bhopal, India.
- Aparna is living and working in Ireland since 2002 as a Health Care Practitioner she has a deep and genuine interest in motivating parents to take charge of their physical & mental health and play an active role in their journey to parenthood.

Ma’am has dealt with the **Obstetric Telephone Triage during Covid 19**. She has left India in 2002 to work in National Maternity Hospital Ireland. She has focussed on how the care is being provided in antenatal period in Ireland during this pandemic. She has they have a system software by the name of **Robert’s system for assessment of antenatal mothers. This system generates primary set of questionnaire according to each trimester**. This software helps them to assess each parameter and pertaining no error which a human can cause. She focussed on 3 levels of care which they provide in 3 main areas like Public Care, semi-private care and Private care. She enforced in her speech that there is no vertical transmission as such till now by any of the research fact. She focussed on 3 kinds of hospital in Ireland which works for the prompt care of patients during covid-19.

She explained in a very beautiful way the levels of care being provided by them.

- ❖ **Level 1- Imminent birth, Active bleeding, severe pain, Seizure, sepsis, No fetal movements, Respiratory distress.**
- ❖ **Level 2-Suspected Preterm labour, Vaginal Bleeding, BP >160/100 (symptomatic), reduced fetal movements, SOB, Ectopic**
- ❖ **Level 3-Active labour, B.P 140/90, Abdominal pain, Bleeding**
- ❖ **Level 4-early labour, PPRM, PV spotting**
- ❖ **Level 5-Minor ailments, Anti D, Blood test**



Classification	Action	Time Frame
Level 1	Resuscitation	See Pt Immediately
Level 2	Emergency	With in 15 Minutes
Level 3	Urgency	Within 30 minutes
Level 4	Less Urgency	Within 60 minutes
Level 5	Non Urgency	Within 120 minutes

**Policies and Guidelines for Obstetric Triage in Maternity Hospital**

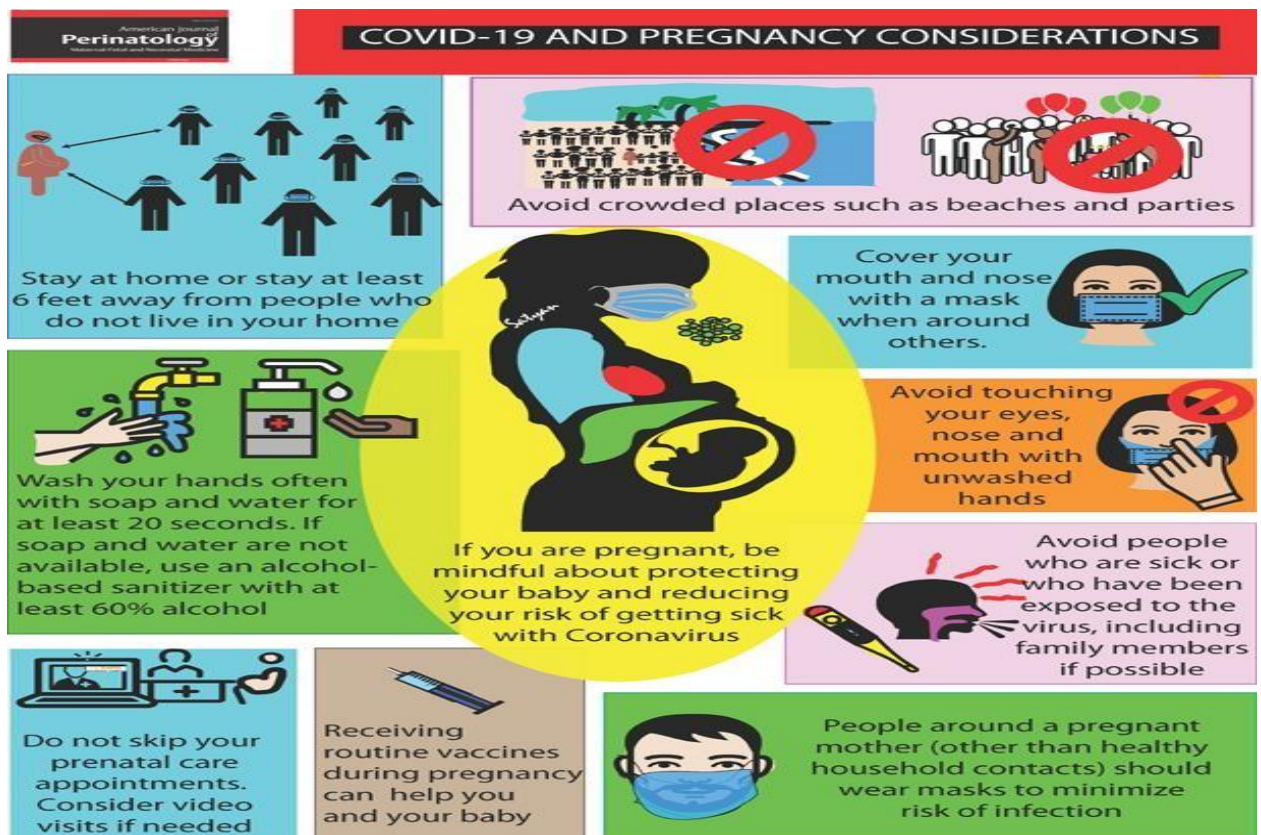
- Women over 20 weeks go to ER with abdominal pain or vaginal bleeding are brought to Labourward.

- Collapsed patient is brought straight to recovery room bypassing ER.
- Ambulance control is advised to contact a specific number with patient's details prior to arrival.



- She finished her note of speech by the services being provided by them Online by health professionals during Covid-19
  - YogaClasses
  - Pregnancy YogaClasses
  - Mindfulnessclasses
  - MBSR (Mindfulness Based Stress Reduction)Meditation
  - how tolead-
  - AntenatalClasses
  - Postnatal Classes
  - Parenting Classes
- ❖ Next speaker was **Prof. Manju Chhugani**, around 11:36 am. Prof. (Dr.) Manju Chhugani is presently working in School of Nursing Sciences and Allied Health, Jamia Hamdard, New Delhi. Board Member: Midwives Alliance of Asia and Ipas. Executive Member: WhiteRibbon Alliance Of India. Broad areas of research interest include Maternal and Child Health and Management. She took over the Session for her wise and experienced thoughts. She explained the way how she has been helping the upcoming youngsters during intra-partum stage in Labor room since these years. She highlighted the point of **CELLULAR HAPPINESS** which is regulated by Para-sympathetic system of brain. She ended her session by praising and appreciating the team and participants for organizing such Interesting and informative webinars which is the need of the hour.
- ❖ At around, 11:45am, Ms. Mikki Khan was introduced by anchor of the webinar. She has 18 years of total clinical and teaching experience. She is pursuing her doctorate of Nursing from Ruffaida College of Nursing. Ms. Mikki Khan has enlightened the session on Impact of Covid-19 on pregnancy. The objectives of the session were:
- ❑ Explains the effects of COVID-19 on Pregnant Mother, transmission and its effect on foetus.

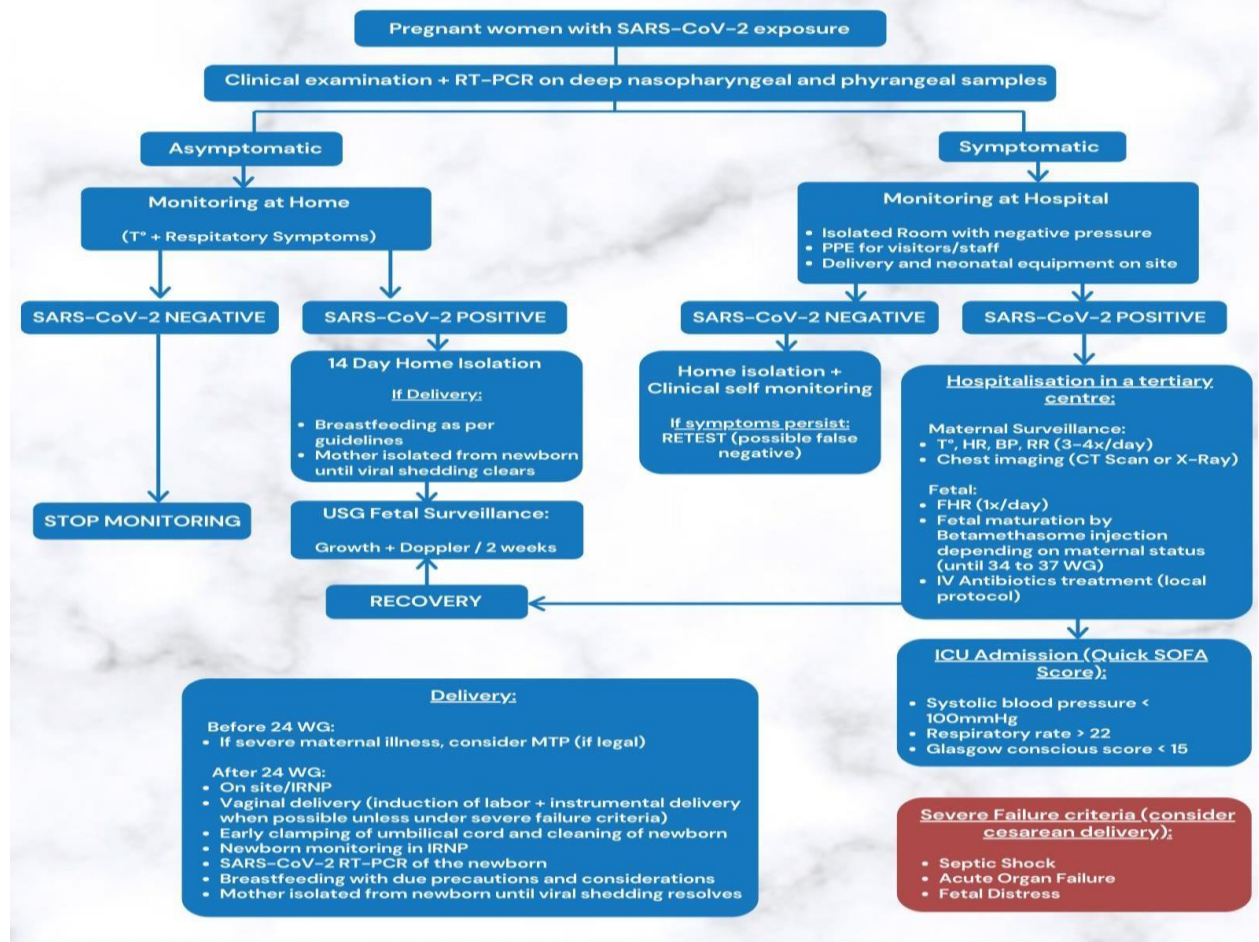
- ❑ Explains general precautions for Pregnant Mothers
- ❑ Management of Pregnancy
- ❑ Guidelines for Health Care Providers
  
- ❑ Mam has focused mainly on The risk of infection in pregnant woman is the same as that in general population but as pregnancy is a state of immuno suppression and along with other physiological respiratory and immune changes, pregnant women might show more severe symptoms of COVID-19 infection.
  
- ❑ The highest number of the births in the 9 months since the pandemic was declared are expected to occur in India, where 20.1 million babies are projected to be born between march 11 and December as warned by UNICEF. She even talked about the no evidence of vertical transmission from mother to fetus. She also explained about the **Effects of COVID-19 on foetus**. There are currently no data suggesting an increased risk of miscarriage or early pregnancy loss in relation to COVID-19.
  
- ❑ She focused on what general precautions has to be taken during Covid-19



Ms. Mikki khan also explained the management of Covid -19 pregnant mother:



## COVID-19 MANAGEMENT DURING PREGNANCY



Ma'am finished her session by the last point of discussion on Antenatal care being provided health professionals during Covid-19.

- ❑ She highlighted the point on antenatal care being provided on Covid -19 by the health care professionals. Women should be advised to attend routine antenatal care, tailored to minimum, at the discretion of the maternal care provider at 12, 20, 28 and 36 weeks of gestation, unless they meet current self-isolation criteria.
- ❑ For women who have had symptoms, appointments can be deferred until 7 days after the start of symptoms, unless symptoms (aside from persistent cough) become severe. Foetal Kick count to be maintained.

Our second last speaker was Ms. Mehru Nissa, who is currently working in Saudi Arabia. She took over the session at 12pm. She has worked for the period of 10 years in Rufaida College Of Nursing. She also dealt with the care being provided in antenatal period during covid-19 in Saudi Arabia. She focused on telemedicine and telephonic consultation in Saudi Arabia. The routine check up of mothers is being provided according to protocol with full protective gear.

- ❖ Our next speaker was Jamaal Fatima, assistant professor( Mental Health Nursing) , Ruffaida college of Nursing ,Jamia Hamdard. She has total work experience of 11 years in total clinical and teaching experience.
- ❖ Ms. Jamaal Fatima has dealt with the mental health of the mother. Currently, available literature has consistently shown an association between depression, anxiety during pregnancy and small for gestational age, low birth weight, and preterm delivery. During pandemics, careful and adequate support is necessary for all pregnant women including mental health aspect also. On top of the distress created by the spread of COVID-19, antenatal women are exposed to the risk of emotional instability and vulnerability due to multifaceted factors such as hormonal changes, changes in body image, multiple maternal roles of women
- ❖ Ms. Fatima dealt with general recommendation for antenatal mothers to reduce psychological distress like adequate diet which includes green leafy vegetables, protein, and carbohydrates., Continue Iron and Folic acid tablets prescribed by your doctor. Keep your contact only with persons near to you and who practice infection Control. It is good to stay at your home and involve in pleasurable activities .Ask your doctor regarding sanitation practices at home. If you are concerned about your pregnancy, contact your ASHA or ANM or obstetrician over the phone.
- ❖ She also focused on role of partner and family.
  - Ms. Jamaal Fatima concluded her session by likelihood that mothers during the COVID-19 outbreak are likely to experience heightened distress, identifying and addressing these should be a high priority for health care providers.
  - Awareness of and engagement with supports for perinatal mental health difficulties will better support and protect perinatal mental health and well-being during this time.

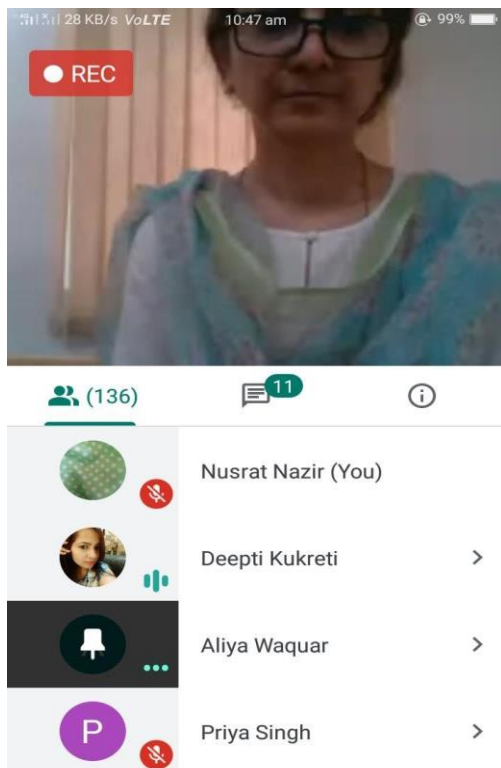
Last but not the least, One of the health provider Ms. Ritu( ANM) took over the session by speaking up about the inspirational routine . The way they used to treat the covid-19 mothers during pandemic by keeping their life at risk.

Thus , we came to an conclusion, Miss. Deepti kukreti took a privilege to pay vote of thanks to each and every one . the speakers, panelists. Participants, and the technical team behind the successful webinar. We have ended up the session by sending the feedback link to each participant through mail. We have received the good remarks from all the presentors.

## ORGANISING TEAM:

1. Ms.Mikkikhan
2. Ms.Jamaal Fatima
- 3.Ms. Deeptikukreti
4. Ms. Priya
- 5.Ms.Deeika pawar
- 6.Ms.Nusrat Nazir

## GLIMPSES OF WEBINAR:





- (157) 14
- Nusrat Nazir (You)
  - Aliya Waquar
  - Shubh Connections



- (172) 2
- Nusrat Nazir (You)
  - M. Chhugani
  - anmoljeet gill
  - Deepti Kukreti



- (173) 3
- shreya vashist
  - Shubh Connections
  - shweta kumari
  - Simarjot Kaur



- (138) 11
- Nusrat Nazir (You)
  - Deepti Kukreti
  - Aliya Waquar
  - Priya Singh



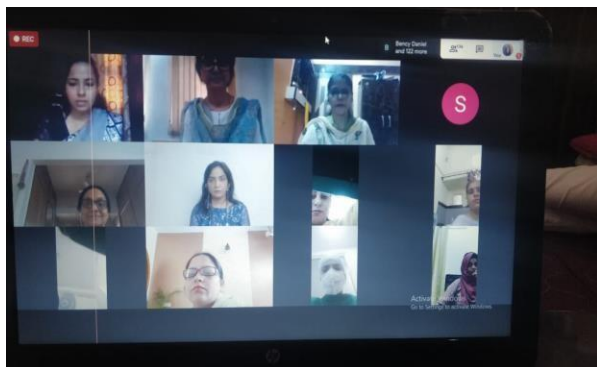
- (183)
- shabana azmi malik (You)
  - Priya Singh
  - Prabh Kaur
  - Aliya Waquar
- Others in the meeting (179)
- aafrin rajput



- (130)
- NARESH TYAGI (You)
  - Priya Singh
  - Aliya Waquar
  - Deepti Kukreti
  - aafrin rajput



- (31)
- Priya Singh
  - Aliya Waquar
  - rupinder kaur **NEW**
- Others in the meeting (27)
- anmol bhatia
  - Ayasha Nadeem





**ANNEXURES:**

**Feedback Form**

[https://forms.office.com/Pages/ResponsePage.aspx?id=DQSIkWdsW0yxEjajBLZtrQAAAAAAAAAAN\\_hJi7A5UQVU3SDFQNVRErkVQOU5aMEdFMUlyWjY0TC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=DQSIkWdsW0yxEjajBLZtrQAAAAAAAAAAN_hJi7A5UQVU3SDFQNVRErkVQOU5aMEdFMUlyWjY0TC4u)



**REPORT OF  
POINT OF QUALITY CARE IMPROVEMENT (E-POCQI)  
WORKSHOP FOR NURSES  
ORGANIZED ON 15<sup>TH</sup> -16<sup>TH</sup> FEBRUARY 2021**

**ORGANIZED BY**

**RUFAIDA COLLEGE OF NURSING**

**SCHOOL OF NURSING SCIENCE AND ALLIED HEALTH**

**JAMIA HAMDARD**

**(DEEMED TO BE UNIVERSITY)**

**&**

**NATIONWIDE QUALITY OF CARE NETWORK**

**(NQOCN, INDIA)**

## **REPORT**

Rufaida College of Nursing, Jamia Hamdard in collaboration with Nationwide Quality of Care Network (NQOCN), India, organized 2 days workshop on “Point of Quality Care Improvement (e-POCQI) Workshop for nurses’ from 15 to 16 February, 2021. The workshop was organized for Student Nurses and Nursing faculty with an objective to sensitize them about Quality care and working together in a team. More than 35 participants from School of Nursing Sciences participated enthusiastically.

In the inauguration of the workshop, Ms. Veena Sharma, Principal, Rufaida College of Nursing welcomed the gathering with the motivational address.

Prof. Ona Desai explained the objectives of the workshop.

Chief Guest of workshop Dr. Vikram Datta, President, NQOCN, India explained about Quality Improvement (QI) and Quality Improvement cycles. He explained that the health care delivery systems in evolving economies are grappling with resource crunch and heavy population loads. The options before the health care professionals is to assume charge and fix these problems using simple approaches which revitalize the system. Quality improvement is one such approach. Quality improvement strategies are a set of guiding principles which empower the health care delivery systems and focus on achieving synergy across all components and constituents. He encouraged the participants to take up some small projects and then proceed to bigger one.

Vote of thanks was proposed by Ms. Jamal Fatima, Asst. Professor, Rufaida College of Nursing.

The first session of the workshop was taken by Ms. Anjali Kaushik, National Mentor, NQOCN La Qshya on Picking a problem, forming a team and writing an

aim statement. The session started with a short power point presentation followed up by a focused group work with individual facilitators. Workshop participants then learnt to prioritize the problems using a prioritization tool, how to form an effective team to tackle the problem and form an aim statement to start their QI journey.

Second session was conducted by Dr. Smriti Arora, Professor, Amity College of Nursing, Amity University on Analyzing and measuring quality of care. The teams learnt how to conduct a root cause analysis, using various tools like Cause and Effect Diagram or Fish Bone Diagram, 5 Whys, Pareto's Chart and a Process Flow Chart. This helps them to analyze the causes of the problem and identify possible solutions. The most important part on which the group work was focused was understanding the basics of process flow.

Ms. Mikki Khan, Assistant Professor, Rufaida College of Nursing conducted a session on Developing and testing changes. The teams learnt how to develop change ideas from the analysis tools, enlist them and prioritize them for testing using the structured format of the PDSA cycles. They were familiarized with the rationale of testing changes, ways to test and the rationale of testing changes before they become a part of the system changes.

A session on Sustaining improvement was conducted by Ms. Sreeja vijyan, National Mentor, NQOCN LaQshya. Through this session, the teams were familiarized with the ways with which they can prevent loss of the gains achieved. It is often seen that new QI teams work hard to achieve the aims.

**Day 2** of the workshop started with the Recap of the previous day by Ms. Anjali , Ms. Mikki, Dr. Smriti and by Sreeja Vijyan.

Then the teams were introduced to the QI project template and divided into small groups facility wise. Each group was facilitated by a facilitator. They identified their contextual problem, prioritized it, formed an aim, formed a team, analyzed the problem, identified change ideas and designed their first PDSAs.

The projects were then be presented by the group rapporteurs and critically appraised by the faculty.

In the valedictory session, Feedback from Faculty and students was taken. Ms. Veena Sharma, Principal, Rufaida College of Nursing, Jamia Hamdard explained how Jamia Hamdard can contribute to the national programmes. Concluding Remarks were given by Ms. Jamal Fatima, Assistant Professor, Rufaida College of Nursing. E certificates were distributed to the participants.



**RUFAIDA COLLEGE OF NURSING  
SCHOOL OF NURSING SCIENCES & ALLIED HEALTH  
JAMIA HAMDARD**

**A Webinar on  
Covid19 Issues & Current Challenges: Beginning till Date  
17th & 18th February 2021, 9:30 am to 5 pm**

**UNDER THE GUIDANCE OF**



*Prof. Ona P. Desai  
Dean  
School of Nursing Sciences  
& Allied Health*



*Ms. Veena Sharma  
Chairperson  
Principal, Ruffaida College of Nursing*

**Guest Speakers**



**Dr. Shashi Mawar**  
Associate Professor  
College of Nursing,  
AIIMS, New Delhi



**Dr. Faheem Ahmed**  
Associate Professor  
Community Medicine  
HIMSR, New Delhi



**Prof. Urmila D. Bhardwaj**  
Dean cum Principal  
School of Nursing Sciences &  
Research, Sharda University, UP



**Dr. Vineet Jain**  
Associate Professor  
Deptt. of Medicine  
HIMSR, New Delhi

**5 CREDIT HOURS  
BY DELHI NURSING  
COUNCIL**



**Ms. Seema Rani**  
Organizing Secretary  
Associate Professor  
Ruffaida College of Nursing  
SNSAH

**WEBINAR REPORT**  
**ON**  
**COVID-19 ISSUES AND CHALLENGES-**  
**BEGINNING TILL DATE**

**(17-18 February, 2021)**

**EXECUTIVE SUMMARY**

Rufaida College of Nursing, School of Nursing Sciences and Allied Health, Jamia Hamdard organised two days webinar on “Covid-19 Issues and Challenges- Beginning till Date” on 17<sup>th</sup> and 18<sup>th</sup> of February 2021. The webinar was planned for one day that is on 17<sup>th</sup> February 2021 for B.Sc. 1<sup>st</sup> year and M.Sc. 1<sup>st</sup> year students and next day i.e. on 18<sup>th</sup> February, 2021 it was repeated for DGNM 1<sup>st</sup> year and Post Basic B.Sc. 1<sup>st</sup> year students. For this webinar Delhi Nursing Council accredited 5 credit hours per day.

Target audience for the webinar was first year students of all undergraduate and post graduate programs of Rufaida College of Nursing, School of Nursing Sciences and Allied Health, Jamia Hamdard namely DGNM, B.Sc. (Hons.) Nursing, M.Sc. Nursing and Post Basic B.Sc. Nursing, with an objective to understand and discuss the pandemic of COVID 19 infection in context of disease pathophysiology, clinical features & complications, treatment modalities, preventive strategies, vaccination strategies – overview & plan, current challenges & way forward and role of nurses in COVID 19 pandemic.

184 participants registered for the webinar and participated actively and enthusiastically. This webinar provided the platform for the students and faculty to clarify their doubts revolving around the disease, its management and vaccination.

The webinar was the result of the efforts of organising committee under the guidance of Ms. Veena Sharma, Principal, Rufaida College of Nursing. The committee consisted of faculty members, Ms. Seema Rani (Organising Secretary), Ms. Anju, Ms. K. Rebika Devi, Ms. Suchhanda Bhattacharya, Ms. Shaheen Khan, Ms. Sheeba A. Chacko, Ms. Vandana Dagar (Tutors, Rufaida College of Nursing) and M.Sc. Nursing IV semester students of 2019-2021 batch (Ms. Aasima Rashid, Ms. Mansi Dabola, Ms. Monika Bisht, Mr. Ritwik Masih, Ms. Deepika Kumari, Ms. Sini Thankachan, Ms. Julia Ningthoukhongjam, Ms. Trecy Benjaminn, Ms. N Grace Amitha, Ms. Soumya Viju, Ms. Garima Chaudhary).

The webinar started with the welcome address by webinar organising chairperson Ms. Veena Sharma led by introductory speech by Ms. Seema Rani. The webinar included four sessions deliberated by four different speakers from the fields of Medicine, Community Health Nursing and Community Medicine from various prestigious institutions.

The first session was taken by Dr. Shashi Mawar, Associate Professor, College of Nursing, AIIMS New Delhi on the topic ‘Introduction and Magnitude of COVID-19’, second session by Dr. Faheem, Associate Professor, Department of Community Medicine HIMSR, New Delhi

on 'Control and Current Issues: COVID-19 Across the Globe'. It was followed by a session on 'Role of Nurses during and post pandemic COVID-19' was elaborately explained by Prof. Urmila Bhardwaj, Dean cum Principal, School of Nursing Sciences and Research, Sharda University, U.P. Dr. Vineet Jain, Associate Professor, Department of Medicine, HIMSR, New Delhi explained 'Preventive Management of COVID -19'.

The Fun and Learn Health Activities (word puzzle, expressing oneself in shayri, yoga posture identification and sharing experiences by participants related to pandemic) and Laughter and Stretching Activity were conducted by Ms. Seema Rani in between the sessions. These sessions were highly appreciated by the participants as they broke the monotony. Also, participants could share their experiences of Covid-19 pandemic.

The sessions were followed by the question answer sessions. Each day ended with concluding remarks by Prof. Ona P. Desai, Dean, School of Nursing Sciences & Allied Health.

Pre-test and post-test on Covid-19 was conducted by the M.Sc. IV semester students before and after the webinar. Statistical analysis showed that there was marginal improvement in the knowledge of the participants. Although participants expressed that they got practical tips from the webinar. Participants also gave the significant feedback about the webinar informally during the interactive sessions as well as formally through predesigned feedback form. Participants were appreciative of the webinar topics and speakers for their expertise. They also suggested that similar webinar on Stress management among students; Management for Cardiovascular Diseases during Covid-19, Guidance regarding Covid-19 Vaccination Programme, Tuberculosis and First Aid should be conducted.

## **DIGNITORIES**

### **Welcome address**

#### **Ms. Veena Sharma**

- Working at Jamia Hamdard since 1992.
- Currently serving as Principal, Rufaida College of Nursing, School of Nursing Sciences and Allied Health, Jamia Hamdard.
- Master of Nursing from R.A.K. College of Nursing, Delhi University
- M.Phil. in Education from Central Institute of Education, Delhi University.
- Total teaching experience is about 29 years.
- More than 50 publications in various national, international and indexed journals.
- Presented research and scientific papers at various platforms and fora.
- Chief Editor of Journal of Psychiatric Nursing.
- Participated in faculty student exchange programme under Athena Higher Education project, at Sweden.
- Member of Sigma Theta Tau International Honor Society of Nursing, Indian Society of Psychiatric Nursing.

Principal gave welcome address in the webinar and introduced the participants with the theme of the webinar, briefed the need to be aware of the current issues and challenges that come in



managing Covid-19 as health professionals in present scenario emphasizing the role of nurse as a direct care provider, educator, administrator and researcher in the era of Covid-19 pandemic.

## **Prof. Ona P. Desai**

- Dean, School of Nursing Science and Allied Health Science
- HOD of Rehab Sciences at Jamia Hamdard.
- Masters in Occupational Therapy from Seth G. S. Medical College Mumbai.
- Has taught at Seth G.S. Medical College and Sion Hospital, Mumbai before joining Jamia Hamdard in 2004.
- Field of interest is Neuro-rehabilitation.
- Has over 32 years of teaching and clinical experience in Occupational Therapy.

Dean gave concluding remarks at the end of the sessions. Nursing College in organizing a webinar on problems related to the current scenario of Covid-19 pandemic and especially Ms. Seema Rani for the innovative idea of Fun and Learn Health Activity.

## **SESSIONS**

### **SESSION 1- Introduction and Magnitude of COVID-19**

#### **DR. SHASHI MAWAR**

- Currently working as Associate Professor at College of Nursing, All India Institute of Medical Sciences, New Delhi.
- Graduated from All India Institute of Medical Sciences (AIIMS)
- Post-graduated in Community Health Nursing from Raj Kumari Amrit Kaur College of Nursing, Delhi University.
- PG Diploma in Hospital Management from National Institute of Health and Family Welfare, Ministry of Health and Family Welfare, New Delhi, 2012.
- Ph.D. from Indira Gandhi National Open University, New Delhi.
- Has total experience of 22 years in teaching and clinical positions.

Topics covered under the session were “what is novel corona virus (SARS Cov-2) and COVID-19, human Corona virus origin, national response to Covid 19 , Corona virus transmissibility, pattern of disease with progression, modes of transmission, risk factors, clinical features, diagnosis, health response to COVID-19, case definition, clinical criteria, probable case, suspect case and other epidemiological aspects of Covid-19.

After the session Question Answer session was held, where the participants resolved their doubts and concerns, the appropriate solutions were given for the queries by the speaker.

### **SESSION 2- CONTROL AND CURRENT ISSUES: COVID-19**

#### **DR. FAHEEM AHMED**

- Currently working as Associate Professor, Department of Community Medicine, Hamdard Institute of Medical Sciences & Research, Jamia Hamdard, Hamdard Nagar.
- Graduated from Santosh Medical College, GZB, Completed MBA from Alagappa University, Karakudi in 2010,
- Completed MD from SRMS Institute of Medical Sciences, Bareilly in 2012.

Topics covered under the session were related to control and current issues in managing the pandemic including strategic approach of lockdown, cluster containment, containment zone, testing methods and strategies in India and other countries, routine surveillance in containment zone and screening at points of entry. In hospital settings, testing on demand, rapid antigen detection test for COVID-19, validity of the test, treatment guidelines for admitted patients and home care were discussed. Guidelines for international arrivals, sociocultural challenges, prevalent diseases and national programs, health impacts of working from home, impact on children and issues related to vaccines were explained.

After the session, the participants asked their queries regarding the topic and their concerns regarding COVID-19, including if they could go to the clinical areas as a part of their academic requirement.

### **SESSION 3- ROLE OF NURSES DURING AND POST PANDEMIC: COVID-19**

#### **PROF. URMILA BHARADWAJ**

- Currently working as Dean cum Principal, School of Nursing Science and Research, Sharda University, Noida.
- Master of Nursing from College of Nursing, Post Graduate Institute of Medical Sciences, Chandigarh.
- Total teaching experience is about More than 38 years.
- Founder Editor of International Journal of Nursing and Midwifery Research by Jamia Hamdard and ADR publications.
- Member of Editorial board of Journal of Community and Public Health Nursing
- Trained Nurses Association of India, Nursing Research Society of India, sigma theta tau, Wisconsin University, Oshkosh USA.

Topics covered under the session were: introduction, important domains for covering nurse's role post pandemic, key challenges faced by nurses during pandemic, major roles of nurse post pandemic Covid 19, severe complex lessons for future, error and illusion should be expected, pertinent knowledge is critical, teach the human condition, nursing practice and education to frame and prepare for the post-covid-19 pandemic future, public health challenges post in covid-19.

After the session question answer session was held, where the participants were allowed to ask queries regarding the topic and their concerns regarding COVID-19, the answers for the queries were given by speaker and the participants were satisfied after the session. Student participants asked questions about resuming the classes after lockdown and their safety concerns.

## SESSION 4- PREVENTIVE MANAGEMENT OF COVID-19

DR. VINEET JAIN

- Currently working as Associate Professor, HIMSR & HAHC Hospital, Jamia Hamdard, New Delhi.
- Graduated (MBBS) in 2006 from Maulana Azad Medical College (MAMC), New Delhi.
- Completed MD (Internal Medicine) from Dr. RML Hospital PGIMER, New Delhi in 2010.
- Received Smt. Meena Dhamija Award, 2009 - First Prize for paper presentation at XX annual CME – Delhi state chapter APICON.

Topics covered under the session were Introduction and epidemiology, Global COVID -19 dash board, modes of spread of COVID-19, transmission, prevention, different types of masks, efficacy of face covering in prevention of SARS COV-2 transmission, social distancing, hand hygiene, precautions during work, general activities precautions, vaccine- the ultimate prevention, vaccine hesitancy and vaccine advantage.

Following the session questions were asked by the participants regarding Covishield, Covaccine, transmission to infants, use of mask, psychological impact of Covid 19, complications of Covid 19, etc. this Question Answer session went on for about an hour on both days. The answers for the queries were given by speaker enthusiastically and the participants were hugely satisfied.

### IMPORTANT DOMAINS FOR COVERING NURSES ROLE POST PANDEMIC

- The multiple roles and functions played by nurses are particularly important during this COVID-19 pandemic. These important roles and functions cover five domains.



## FUN AND LEARN HEALTH ACTIVITIES

### Ms. Seema Rani

- Working at Jamia Hamdard since 1992.
- Currently serving Ruffaida College of Nursing, School of Nursing Sciences and Allied Health, Jamia Hamdard as Associate Professor.
- Pursued her graduation and post-graduation from R.A.K. College of Nursing, Delhi University.
- Specialisation in Community Health Nursing.
- Did Post Graduate Diploma and M.Phil. in Health Care and Hospital Administration.
- Currently pursuing Ph. D. in Nursing from Jamia Hamdard.
- Total teaching experience is about 29 years.

She took Fun and Learn Health Activities in between the sessions to maintain the interest of participants. In between the morning sessions word puzzle, expressing oneself in shayri, yoga posture identification and sharing experiences by participants related to pandemic were conducted. She taught the different postures of yoga including asanas and breathing postures with their significance in maintaining good health. To add the fun component entertaining postures were shown to the participants. Students were given time to show their creativity and express their feelings through shayri in Hindi and English which is provided in annexures and glimpses too. Again in between the afternoon sessions in the Laughter and Stretching Activity which became one of the boosters to enhance relaxation and concentration of the participants. These sessions were highly appreciated by the participants as it broke the monotony of the sessions. Participants were given chance to share their experiences of Covid -19 pandemic, if they have suffered from disease themselves or have taken care of someone suffering with disease or have contributed to the society in any ways during the pandemic.

# SCHEDULE OF THE WEBINAR

**A WEBINAR ON**  
**COVID -19: ISSUES AND CHALLENGES-BEGINNING TILL DATE**  
**PROGRAM SCHEDULE**  
**Date: 17<sup>th</sup> February, 2021**  
**Time: 09:30 am to 05:00 pm**

TIME	ACTIVITY	RESOURCE PERSON
09:30 am- 10:00 am	Pre Webinar Knowledge Check	Ms. Sartaj Parveen Ms. Sheeba
10:00 am- 10:10 pm	Welcome Address	Ms. Vecna Sharma, Principal, Rufaida College of Nursing, Jamia Hamdard, New Delhi
10:10 am- 10:25 am	Introduction to webinar	Ms. Secma Rani
10:25 am-11:25 am	Introduction and Magnitude of COVID-19	Dr. Shashi Marwar Associate Professor College of Nursing, AIIMS New Delhi
11:25 am- 11:40 am	Fun and Learn Health Activity	Ms. Secma Rani, Ms. Vandana Dagar
11:40 am- 12:40 pm	Control and Current Issues: COVID-19 Across the Globe	Dr. Faheem Associate Professor Department of Community Medicine HIMSR, New Delhi
12:40 pm-01:40 pm	<b>Lunch</b>	
01:40 pm- 02:40 pm	Role of Nurses during and post pandemic COVID-19	Prof. Urmila Bhargwaj Dean cum Principal School of Nursing Sciences and Research Sharda University, U.P.
02:40 pm- 03:00 pm	Laughter and Stretching Session	Ms. Secma Rani
03:00 pm-04:00 pm	Preventive Management of COVID -19	Dr. Vineet Jain Associate Professor Department of Medicine HIMSR New Delhi
04:00 pm-04:30 pm	Question and Answer session	Dr. Vineet Jain
04:30 pm- 04:40 pm	Concluding Remarks	Prof. Omi P. Desai Dean, SNSAH Jamia Hamdard New Delhi
04:40 pm- 04:50 pm	Post Webinar Knowledge Check	Ms. Rebika Ms. Shaheen
04:50 pm- 05:00 pm	Feedback from the participants	Ms. Anju Ms. Suchhanda

**A WEBINAR ON  
COVID -19: ISSUES AND CHALLENGES-BEGINNING TILL DATE**

**PROGRAM SCHEDULE**

**Date: 18<sup>th</sup> February, 2021**

**Time: 09:30 am to 05:00 pm**

TIME	ACTIVITY	RESOURCE PERSON
09:30 am- 10:00 am	Pre Webinar Knowledge Check	Ms. Sartaj Parveen Ms. Sheeba
10:00 am- 10:10 pm	Welcome Address	Ms. Veena Sharma, Principal, Rufaida College of Nursing, Jamia Hamdard, New Delhi
10:10 am- 10:25 am	Introduction to webinar	Ms. Seema Rani
10:25 am-11:25 am	Introduction and Magnitude of COVID-19	Dr. Shashi Mawar Associate Professor College of Nursing, AIIMS New Delhi
11:25 am- 11:40 am	Fun and Learn Health Activity	Ms. Seema Rani, Ms. Vandana Dagar
11:40 am- 12:40 pm	Control and Current Issues: COVID-19 Across the Globe	Dr. Faheem Associate Professor Department of Community Medicine HIMSR, New Delhi
12:40 pm-01:40 pm	<b>Lunch</b>	
01:40 pm- 02:40 pm	Role of Nurses during and post pandemic COVID-19	Prof. Urmila Bhardwaj Dean cum Principal School of Nursing Sciences and Research Sharda University, U.P.
02:40 pm- 03:00 pm	Laughter and Stretching Session	Ms. Seema Rani
03:00 pm-04:00 pm	Preventive Management of COVID -19	Dr. Vineet Jain Associate Professor Department of Medicine HIMSR New Delhi
04:00 pm-04:30 pm	Question and Answer session	Dr. Vineet Jain
04:30 pm- 04:40 pm	Concluding Remarks	Prof. Ona P. Desai Dean, SNSAH Jamia Hamdard New Delhi
04:40 pm- 04:50 pm	Post Webinar Knowledge Check	Ms. Rebika Ms. Shaheen
04:50 pm- 05:00 pm	Feedback from the participants	Ms. Anju Ms. Suchhanda

# ANNEXURE III

## ORGANISING COMMITTEE

**RUFAIDA COLLEGE OF NURSING**  
**SCHOOL OF NURSING SCIENCES AND ALLEIED HEALTH**  
**JAMIA HAMDARD**

**COMMITTEES FOR WEBINAR ‘COVID -19: ISSUES AND CHALLENGES-BEGINNING TILL DATE’**

**Date:** 17<sup>th</sup> and 18<sup>th</sup> February,2021

**Chairperson:** Ms. Veena Sharma

**Organizing Secretary:** Ms. Seema Rani

COMMITTEE	TEACHER IN CHARGE	STUDENT IN CHARGE
e Invite e Banner e Certificate <span style="font-size: 2em; vertical-align: middle;">}</span> Printing & distribution	Ms. Anju Ms. Sheeba A. Chacko	Ms. Treacy Ms. Aasima
Program Schedule	Ms. Seema Rani Ms. Vandana Dagar	
Proposal writing	Ms. Seema Rani Ms. Suchhanda Bhattacharya	Ms. Julia
DNC Credit hours procurement	Ms. Seema Rani Ms. Suchhanda Bhattacharya	Ms. Mansi
Anchoring	Ms. Vandana Dagar	Ms. Sini
Pre-test and Post-test	Ms. Sartaj Parveen Ms. Sheeba A. Chacko	Ms. Garima Ms. Monika
Feedback Forms	Ms. Rebika Devi Ms. Shaheen Khan	Ms. Monika Mr. Ritwik
Documentation/ Report	Ms. Anju Ms. K. Rebika Devi	Ms. Deepika Ms. N. Grace
Session in-charge for speakers: 1. Dr. Shashi Mawar 2. Dr. Faheem Ahmed 3. Prof. Urmila Bhardwaj 4. Dr. Vineet Jain	Ms. Shaheen Khan Ms. K. Rebika Devi Ms. Vandana Dagar Ms. Sheeba A. Chacko	Ms. Soumya    Ms. Julia
Information to students: DGNM I Year B.Sc. I Year Post Basic B.Sc. I Year M.Sc. I Year	Ms. Anju Ms. Suchhanda Ms. Vandana Dagar Ms. Sheeba A. Chacko	





**RUFAIDA COLLEGE OF NURSING**  
**School of Nursing Sciences & Allied Health**  
**Jamia Hamdard**  
(Deemed to be University)

**Cordially invites you to inaugural session  
of  
Workshop  
on  
Evaluation and Measurement in Nursing Education  
(FACULTY DEVELOPMENT PROGRAMME 2021)**

**On**

**2<sup>nd</sup> March 2021 at 09:30 am**

*Venue: Seminar Hall, Rufaida College of Nursing, Jamia Hamdard*

**Prof. (Dr.) M A Jafri**  
**Hon'ble Vice-Chancellor**  
**Jamia Hamdard**

**has kindly consented to preside over the function**

RSVP

Ms. Veena Sharma  
Organising Chairperson  
Principal, Rufaida College of Nursing

## PROGRAMME SCHEDULE

<b>Time</b>	<b>Activity</b>	<b>Resource Person</b>
<b>09.30 am to 09.35 am</b>	<b>Welcome Address</b>	<b>Prof. Ona P Desai</b> Dean SNSAH
<b>09.35 am to 09.40 am</b>	<b>Unfolding the Theme of the Workshop</b>	<b>Ms. Veena Sharma</b> Principal Rufaida College of Nursing
<b>09.40 am to 09.50 am</b>	<b>Keynote address</b>	<b>Prof. (Dr.) M A Jafri</b> Hon'ble Vice-Chancellor Jamia Hamdard
<b>09.50am to 09.55am</b>	<b>Vote of Thanks</b>	<b>Ms. Anjali Kaushik</b> Organising Secretary
<b>09.55 am onwards</b>	<b>High Tea</b>	

SCHOOL OF NURSING SCIENCES & ALLIED HEALTH  
RUFaida COLLEGE OF NURSING  
JAMIA HAMDARD (DEEMED TO BE UNIVERSITY)



**WORKSHOP  
ON  
EVALUATION AND MEASUREMENT  
IN  
NURSING EDUCATION**

**2<sup>ND</sup> & 3<sup>RD</sup> MARCH 2021**



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## **ACKNOWLEDGEMENT**

I am delighted to acknowledge that Faculty Development Programme on “**Evaluation and Measurement in Nursing Education**” was a great success. The workshop has provided in depth knowledge to the teachers regarding various evaluation and measurement techniques which can be used in teaching-learning process. National and international resource persons were invited for the workshop.

I would like to appreciate hard work and commitment of my team at Rufaida College of Nursing, which led to the successful completion of this workshop.

The workshop was inaugurated by Prof. (Dr.) M. A. Jafri, Hon’ble Vice-Chancellor Jamia Hamdard. We are thankful to him for his direction, guidance and support extended to us.

I would like to express my heartfelt gratitude to Prof. Ona P. Desai, Dean, SNSAH, for her support and co-operation. She gave us motivation and support to conduct this programme.

I would like to thank each and every esteemed speaker, who gave us their valuable time and made this workshop a grand success and a rich learning experience for the participants.

I would like to mention hard-work of non-teaching staffs and all others who tirelessly supported us during this venture.

I would like to thank Almighty God for guiding us and enlightening us with knowledge and wisdom.

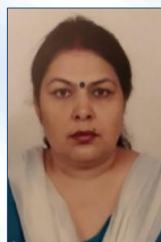
**Ms. Veena Sharma**  
**Chairperson**  
**Principal, Rufaida College of Nursing**  
**SNSAH, Jamia Hamdard**

## ORGANIZING COMMITTEE MEMBERS OF THE FACULTY DEVELOPMENT PROGRAM

Committee	Name of Teaching Faculty
<b>Patron</b>	Prof. Ona P. Desai Dean, SNSAH
<b>Chairperson</b>	Ms. Veena Sharma Principal, Rufaida College of Nursing
<b>Organizing Secretary</b>	Ms. Anjali Kaushik Mr. Naseem M.
<b>Committee Members</b>	
<b>Finance</b>	Ms. Seema Rani Ms. K Rebika Devi
<b>Programme Schedule</b>	Ms. Seema Rani Ms. Bindu Shaiju Ms. Anjali Kaushik Mr. Naseem M.
<b>Registration, Invitation &amp; Certificate</b>	Ms. Somibala Thokchom Ms. Rashmi Ms. Renu
<b>Pre-Test &amp; Post-Test</b>	Ms. Gifty Bijoy Ms. Rajlaxmi
<b>Refreshment</b>	Ms. Jamal Fatima Ms. Sartaj Parveen Ms. Saba Hashmi Ms. Vandana Dagar
<b>Banner</b>	Ms. Mikki Khan Ms. Deepali Gupta
<b>Hall Arrangement &amp; AV Aids</b>	Mr. Eke Lama Tamang Ms. Uzma Anjum Ms Babita Bisht Ms. Shaheen Khan
<b>Anchoring</b>	Ms. Jahanara Rahman Dr. Shilpi Sarkar
<b>Resource Person Coordination</b>	Ms. Bindu Shaiju Ms. Anjali Kaushik
<b>DNC Credit hour Processing</b>	Mr. Naseem M. Ms. Nahid Zebi
<b>Documentation &amp; Photography</b>	Ms. Fareha Khan Ms. Anju Ms. Suchhanda Bhattacharya Ms. Saliqua Sehar

## RESOURCE PERSON OF THE WORKSHOP

Day I: March 02, 2021



**Dr. Monica Auplish**  
Associate Professor  
IP University  
New Delhi



**Dr. Deepika C. Khakha**  
Associate Professor  
AIIMS, New Delhi



**Ms. Seema Rani**  
Associate Professor  
Rufaida College of Nursing  
SNSAH, Jamia Hamdard  
New Delhi

+



**Prof. (Dr.) Raminder Kalra**  
Principal  
Holy Family College of Nursing  
New Delhi

Day II: March 03, 2021

**Dr. Vanita Anand**  
Assistant Professor  
Maharaja Surajmal Institute  
GGSIU, New Delhi



**Ms. Bindu Shaiju**  
Associate Professor  
Rufaida College of Nursing  
SNSAH, Jamia Hamdard,  
New Delhi



**Prof. (Dr.) Manju Chhugani**  
Former Dean & HOD- OBG Nursing  
& Paramedical Sciences,  
SNSAH, Jamia Hamdard  
New Delhi



**Ms. Veena Sharma**  
Principal  
Rufaida College of Nursing  
SNSAH, Jamia Hamdard  
New Delhi



**Dr. Shivkanya Fuloria**  
Associate Professor  
Dept. of Pharmaceutical  
Chemistry  
AIMST University, Malaysia



## INAUGURAL CEREMONY

The inaugural ceremony began with the welcome address by Prof. Ona P. Desai, Dean, School of Nursing Sciences & Allied Health. She welcomed all the guests, speakers and participants to the two days Faculty Development **Programme on Evaluation & Measurement in Nursing Education**.

The unfolding of the theme was done by Ms. Veena Sharma, Principal, Rufaida College of Nursing, SNSAH, Jamia Hamdard. She informed that the idea of organizing the workshop came while working on the moderation of question papers and it was felt that brushing up of the knowledge and skill for evaluation and measurement is required for the faculty members.

The keynote address was given by Prof. (Dr.) M. A. Jafri, Hon'ble Vice Chancellor, Jamia Hamdard. He appreciated the efforts of the organizers for the Faculty Development Programme. He emphasized the importance to conduct such workshops on a regular basis so as to improve the quality of education. He also said that the theme is very relevant in the current scenario of education during Covid 19 pandemic.

Report of eco-club for the year 2020 was also released by the dignitaries.

In the end, vote of thanks was proposed by Ms. Anjali Kaushik, Organizing Secretary of the workshop.



## DAY 1: March 2, 2021

### SESSION I- CONCEPTS, PRINCIPLES AND MODELS OF EVALUATION

Dr. Monika Auplish started her session by highlighting on the meaning and importance of evaluation. Evaluation is a process of collecting information on the basis of which judgments are formed, which in turn are used for taking decisions. Therefore, three phases of evaluation are: **Information gathering, Forming judgments and Making decisions**. She discussed about principles of evaluation. She further stated that there are different models of evaluation.

**CIPP Evaluation Model** is developed by Daniel Stufflebeam. CIPP is an acronym for- Context, Input, Process and Product.

**Kirkpatrick's Four Level Model**- According to this model, evaluation should always begin with level one, and then should move subsequently through levels two, three,



and four. She stated that the Kirkpatrick Model is probably the best known model for analyzing and evaluating the results of training and educational programs.

## SESSION II- BLOOM'S TAXONOMY OF EDUCATIONAL OBJECTIVES

Dr. Monika Auplish described about Bloom's Taxonomy of Educational Objectives, given by Benjamin Bloom, an educational psychologist in 1956. She pointed that Bloom's Taxonomy is a hierarchical order of cognitive skills that helps teachers teach and students learn. She has explained about three domains named as cognitive, Affective and Psychomotor domains. She stated that blooms taxonomy was revised by Lorin Anderson in 1990 which is now widely used.

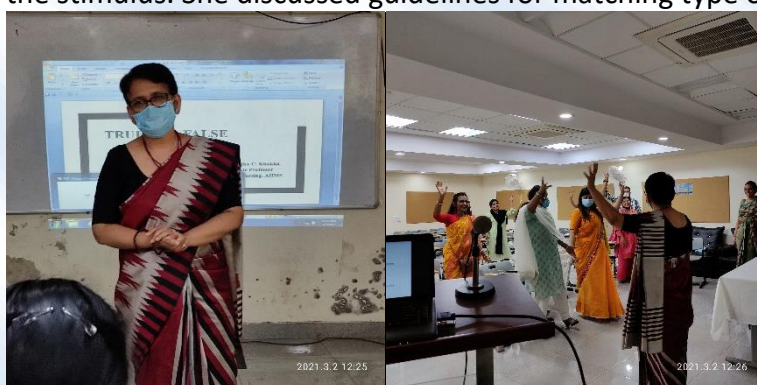


## SESSION III- CONSTRUCTION OF OBJECTIVE TYPE TESTS - MCQS AND MRQ

(Construction of Objective type tests, True or False and Match the following)

Dr. Deepika Khakha started her session with an ice breaking activity. She emphasized that high quality assessment is essential in all assessments. She explained about guidelines and advantages of true -false questions. A true or false items can be written in any of the three forms: simple, complex or compound. Answer can consist of two choices (simple), more than two choices (complex), or two choices plus a conditional completion response (compound).

She stated that in matching type of questions we have to match column of terms (stimuli) on the left side of the work sheet with another column of terms (responses) on the right. For each stimuli term, there is a response term that somehow relates to the stimulus. She discussed guidelines for matching type of questions.



## **SESSION IV- SKILL SESSION I- CONSTRUCTION OF OBJECTIVE TEST (GROUP ACTIVITY AND DISCUSSION)**

Ms. Seema Rani conducted an activity on construction of objective test. The participants were divided in four groups and they were given a subject to make the questions. They were asked to construct different types of objective test like MCQ'S, Matching items, Fill in the blanks, true-false items in given time. Later these questions were evaluated on the basis of given criteria.



## **SESSION V- ITEM ANALYSIS**

Prof. (Dr.) Raminder Kalra reflected on item analysis which is a process which examines student responses to individual test items in order to assess the quality of those items and of the test as a whole. She explained about characteristic of Item Analysis i.e. Difficulty Value and Discriminating Power.

She discussed about various formulas and calculation of difficulty level and discrimination index. She explained further about process of item analysis.

## **SESSION V- SKILL SESSION II- PERFORMING ITEM ANALYSIS**

Ms. Seema Rani led the group activity and discussion where participants were actively engaged in performing item analysis.



## DAY 2: March 3, 2021

### SESSION I- CONSTRUCTION OF SHORT ANSWER TYPE QUESTIONS

Dr. Vanita Anand enlightened upon the construction of short answer questions. It is typically composed of a brief prompt that demands a written answer varying in length from one or two words to a few sentences but usually short. In contrast to objective type tests, these are most often used to test basic knowledge of key facts and terms as well as can also be used to test higher thinking skills, including analysis or evaluation.

Short answer questions (SAQs) tend to be open-ended questions and can be used in both formative and summative assessment. SAQs may take a range of different forms such as short descriptive or qualitative single sentence answers, diagrams or graphs with explanations, filling in missing words in a sentence, list of answers.

The common terms used in construction of short answer questions are- define, enumerate, enlist, classify, differentiate etc.



### SESSION II- CONSTRUCTION OF ESSAY TYPE QUESTIONS

After SAQs, Dr. Vanita discussed the long answer questions or what we say essay tests which are still commonly used as tools of evaluation. These are used when certain outcomes of learning e.g. organizing, summarizing, integrating ideas and expressing are to be evaluated which cannot be satisfactorily measured through objective type tests. An essay test may give full freedom to the students to plan their own answer and to explain it in their own words with considerable freedom to select, organize and present ideas providing a better indication of real achievement in learning, providing a clue to nature and quality of the pupil's thought process, whether the manner of presentation is coherent, logical and systematic, and how they concludes. In other words, the answer of the pupil reveals the structure, dynamics and functioning of pupil's mental life.

Essay type questions may seek selective recall, evaluative recall, comparison, decision—for or against, causes or effects, summary of some unit of the text or of some article, analysis, statement of relationship and application of rules or principles in given situations.

The main advantages of essay tests are easy to prepare, administer and usable in all subjects. Limitations include no scope for larger sampling of the content, encourage selective reading, scoring may be affected by a number of variables like spelling, handwriting, grammar, length of the answer etc., mood of the examiner, inter and intra examiner variability and halo effect.

### **SKILL SESSION III & IV- SHORT ANSWER & LONG ANSWER TYPE QUESTION CONSTRUCTION (GROUP ACTIVITY AND DISCUSSION)**

Skill session was conducted by Ms. Bindu Shaiju, Associate Professor, Rufaida College of Nursing. The participants were divided into four groups and were assigned to make short answer questions and long answer questions on a given subject. The participants constructed short answer and long answer type questions in given time period as per the norms of test construction. The questions were critiqued on the basis of standard criteria and the shortcomings were discussed in detail. Ms. Bindu Shaiju shared a standard checklist for assessing the short answer questions and long answer questions. This session encouraged the members to actively participate and discuss their issues while constructing short answer and long answer type questions.



### **QUIZ- (MODELS OF EVALUATION, BLOOM`S TAXONOMY OF EDUCATIONAL OBJECTIVES & CONSTRUCTION OF OBJECTIVE TYPE TESTS)**

A quiz was organized by Mr. Eke Lama Tamang, Assistant Professor, Rufaida College of Nursing, on models of evaluation, bloom`s taxonomy and construction of objective type tests. The participants were divided into four groups and were asked to select five chits depicting the question numbers to be asked. Questions were asked from them as per the number given on their chit. The participants were very excited and gave their best possible answers to win the quiz.



### **SESSION III- OSCE AS A CLINICAL EVALUATION TOOL**

Prof. (Dr.) Manju Chhugani started her session by highlighting the importance of OSCE (Objective Structured Clinical Examination), an assessment of skills carried out in a well-planned, structured and objective way which is used increasingly in nurse education now a days, as nursing is a practice based profession, it is essentially required to assess students' clinical skills. The construction of an OSCE requires the preparation of checklists and skill stations for each skill to be evaluated. Steps to prepare an OSCE includes identification of competencies to be evaluate, deciding an activity that addresses each of the competency and mapping out the plan of the stations. A predesigned series of stations (usually 10-20 stations) where students rotate and answer questions orally /written or perform assigned task in the given time limit (e.g. BP monitoring of a standardized patient) while being observed using standard checklists by trained evaluators at each stations.

At the end of the session, Prof. (Dr.) Manju Chhugani organised a live demonstration of evaluation using OSCE which was very beneficial for the participants for planning OSCEs in their fields.



### **SESSION IV- CHARACTERISTICS OF GOOD TEST: HOW TO PREPARE A GOOD QUESTION PAPER**

Ms. Veena Sharma enlightened upon the characteristics of a good test. She has discussed how to construct questions in a test with examples. The questions must have some certain characteristics including relevancy, clarity, concise and crisp. The questions have to be purposeful and guiding (not leading), stimulate thinking and single dimensional. As the old proverb says, Good questions are cunning, they encourage thinking and reasoning. Case scenarios, as they are used in current pandemic condition, should be made according to the educational objectives of the examinee including their frame, level and duration. Ms. Veena Sharma highlighted the practical tips of setting a question paper which are- clear and complete instructions, marks distribution, neither too lengthy nor short, neither easy nor difficult and should cover entire syllabus instead of certain topics. These techniques and tips discussed by Ms. Veena Sharma gave a clear insight on making of tests and question papers which is practically useful for the teaching faculty.



## SESSION V- INNOVATIVE TOOLS FOR ONLINE ASSESSMENT & HANDS ON PRACTICE – ONLINE TOOL

Dr. Shiv Kanya Fuloriya enlightened everyone about Innovative tools for online assessment. She described purposes of assessment. She brought forth 75 online assessment tools which can be used in assessment. Some of them are as follow:

Quiz maker	Learning Pod	Thatquiz	Exam Time quizzes	Google forms
Testmoz	Poll everyone	Survey Anyplace	Edmodo	Kahoot
Gnowledge	Riddle	Socrative	Online quiz creator	Proprofs
Exam.net	Quiz Pedia	Flipquiz	Easy TEST Maker	Class Marker
Free Online SURVEY	Go Conquer	Moodles(LMS)	EduLastic	Spiral

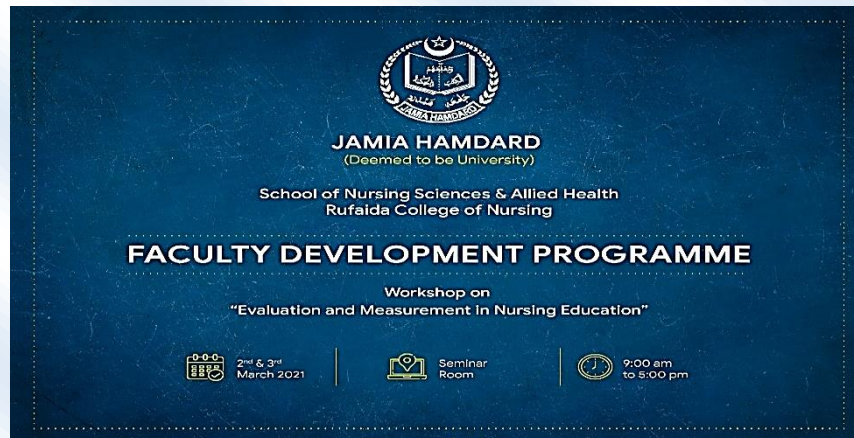
She enlightened about the pros and cons of various tools such as EDMODO, QUIZLET, KAHOOT, CLASS Marker

She also conducted Hands on Practice of an online tool. The participants were provided a link in which participants were asked to solve MCQ's based on general knowledge facts. On selecting right answers they were getting scores. Participants enthusiastically participated in the activity and gained knowledge on conducting online assessment.

## VALEDICTORY SESSION

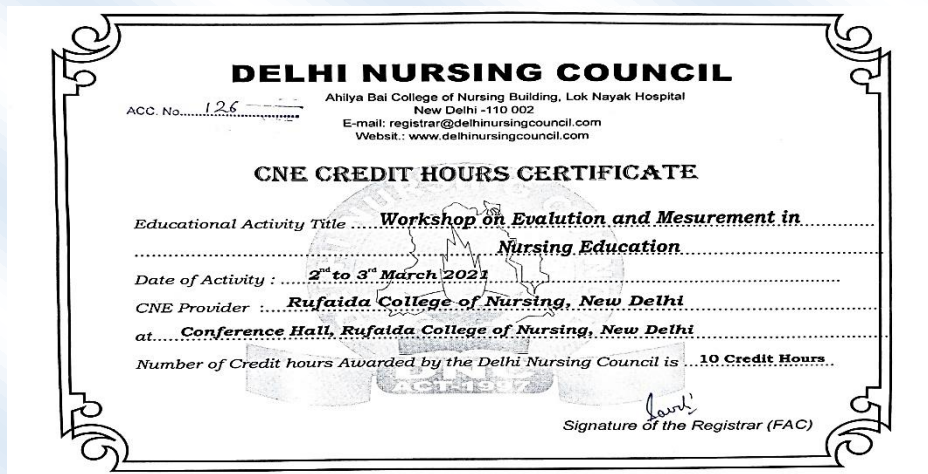
The valedictory session of the faculty development programme on 'Evaluation and Measurement in Nursing Education' commenced with the welcome address by Ms. Anjali Kaushik, Organizing Secretary on 03.03.2021 at 4:45 pm. Ms. Veena Sharma, Chairperson, distributed the certificates to the participants. Further post-test and feedback were obtained from the participants. The workshop came to the end with the vote of thanks proposed by Dr. Shilpi Sarkar, Tutor, Rufaida College of Nursing.

## BANNER



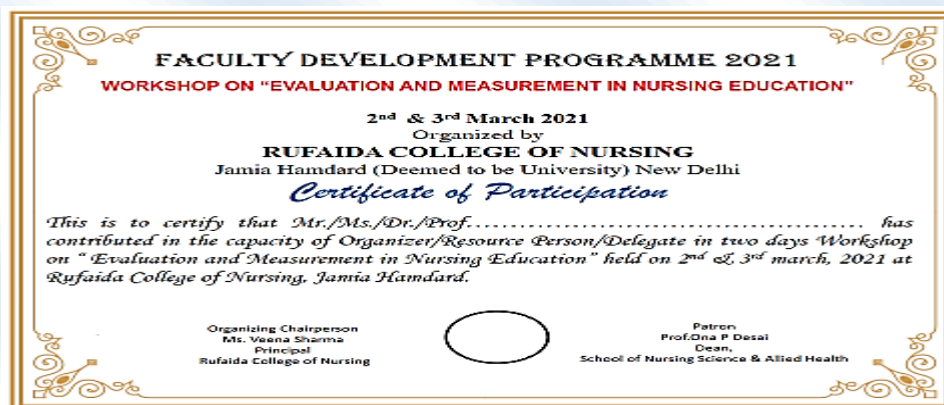
The banner features the Jamia Hamdard logo at the top center. Below it, the text reads: **JAMIA HAMDARD** (Deemed to be University), School of Nursing Sciences & Allied Health, Ruffaida College of Nursing. The main title is **FACULTY DEVELOPMENT PROGRAMME**, followed by the workshop title: "Evaluation and Measurement in Nursing Education". At the bottom, there are three icons: a calendar for "2<sup>nd</sup> & 3<sup>rd</sup> March 2021", a location pin for "Seminar Room", and a clock for "9:00 am to 5:00 pm".

## DNC CREDIT HOURS CERTIFICATE



The certificate is framed with a decorative border. At the top center is the **DELHI NURSING COUNCIL** logo. Below the logo, contact information is provided: ACC. No. 126, Ahilya Bai College of Nursing Building, Lok Nayak Hospital, New Delhi - 110 002, E-mail: registrar@delhinursingcouncil.com, and Website: www.delhinursingcouncil.com. The title is **CNE CREDIT HOURS CERTIFICATE**. The activity title is "Workshop on Evaluation and Measurement in Nursing Education". The date is "2<sup>nd</sup> to 3<sup>rd</sup> March 2021". The provider is "Ruffaida College of Nursing, New Delhi" at "Conference Hall, Ruffaida College of Nursing, New Delhi". The number of credit hours awarded is "10 Credit Hours". The certificate is signed by the Registrar (FAC).

## TEMPLATE OF PARTICIPATION CERTIFICATE

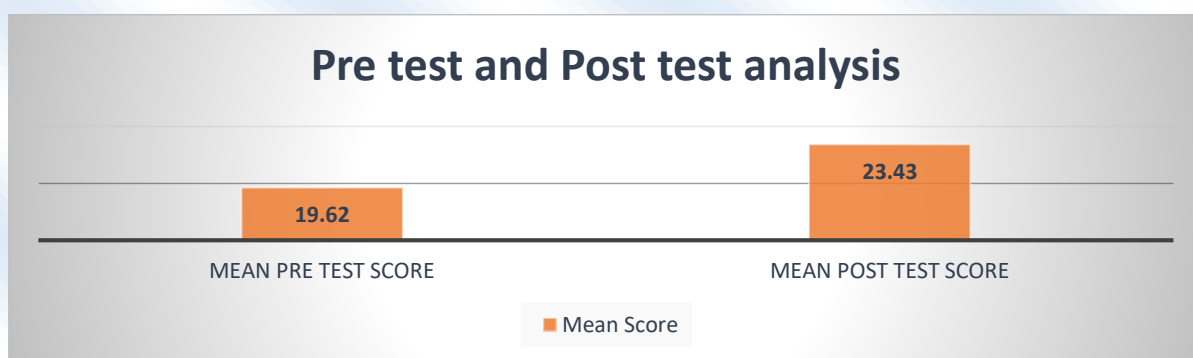
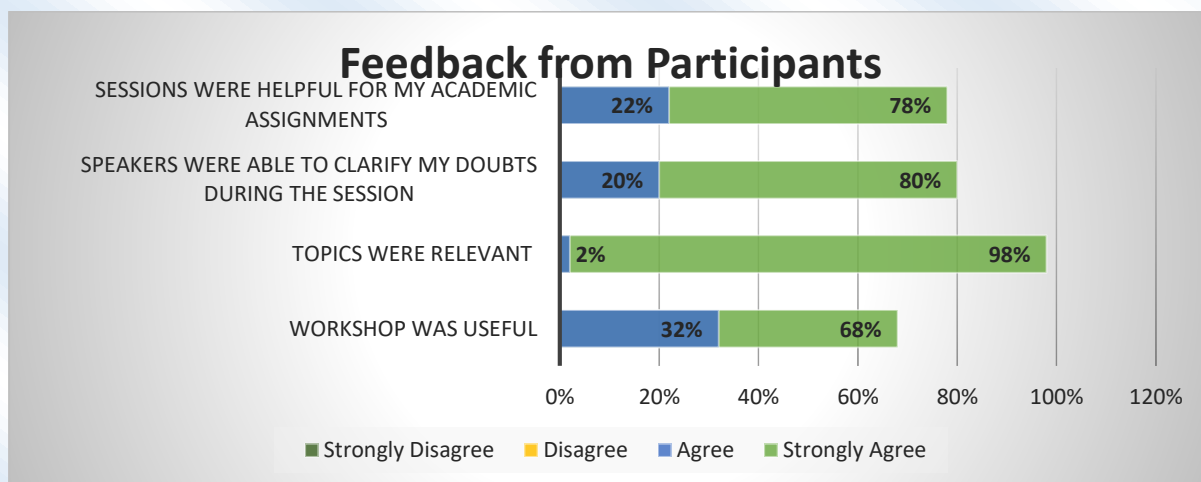


The certificate has a decorative border and contains the following text: **FACULTY DEVELOPMENT PROGRAMME 2021**, **WORKSHOP ON "EVALUATION AND MEASUREMENT IN NURSING EDUCATION"**, **2<sup>nd</sup> & 3<sup>rd</sup> March 2021**, Organized by **RUFAIDA COLLEGE OF NURSING**, Jamia Hamdard (Deemed to be University) New Delhi. The title is **Certificate of Participation**. The text states: "This is to certify that Mr./Ms./Dr./Prof. .... has contributed in the capacity of Organizer/Resource Person/Delegate in two days Workshop on "Evaluation and Measurement in Nursing Education" held on 2<sup>nd</sup> & 3<sup>rd</sup> march, 2021 at Ruffaida College of Nursing, Jamia Hamdard." At the bottom, there are two signatures: "Organizing Chairperson Ms. Vaana Sharma, Principal, Ruffaida College of Nursing" and "Patron Prof. Dina P Desai, Dean, School of Nursing Science & Allied Health". A blank circle is provided for a stamp or signature.

## **PROGRAMME SCHEDULE**



## ANALYSIS OF PARTICIPANTS FEEDBACK FOR THE FDP



Mean pre test Score:  $19.62 \pm 3.43$  , Mean post test score:  $23.43 \pm 2.25$  ,  $t$  is 5.225229,  $p$ - 0.00004. The result is significant at  $p < 0.05$

### Pre test and Post test analysis

## LIST OF PARTICIPANTS

Sr. No.	Name of the Faculty	Sr. No.	Name of the Faculty
1.	Dr. Manju Chhugani	16.	Ms. Sartaj Parveen
2.	Ms. Veena Sharma	17.	Ms. Anjali Kaushik
3.	Ms. Seema Rani	18.	Ms. Saba Hashmi
4.	Ms. Bindu Shaiju	19.	Ms. K Rebika Devi
5.	Mr. Eke Lama Tamang	20.	Ms. Shaheen Khan
6.	Ms. Mikki Khan	21.	Ms. Deepali Gupta
7.	Ms. Jamal Fatima	22.	Ms Babita Bisht
8.	Ms. Somibala Thokchom	23.	Ms. Gifty Bijoy
9.	Ms. Jahanara Rahman	24.	Ms. Suchhanda Bhattacharya
10.	Ms. Fareha Khan	25.	Ms. Uzma Anjum
11.	Ms. Hemlatha Nair	26.	Ms. Vandana Dagar
12.	Ms. Shilpi Sarkar	27.	Ms. Saliqua Sehar
13.	Ms. Anju	28.	Ms. Rashmi
14.	Mr. Naseem M.	29.	Ms. Sheeba Annie Chacko
15.	Ms. Rajlaxmi	30.	Ms. Renu

# WORKSHOP AT A GLANCE





# ASSOCIATION OF OBSTETRICIANS & GYNAECOLOGISTS OF DELHI OUTREACH TEAM

With

**RUFAIDA COLLEGE OF NURSING, JAMIA HAMDARD**

FOGSI 'WORLD BREASTFEEDING WEEK' CELEBRATION

## Panel Discussion: Breast Feeding

Monday | 2<sup>nd</sup> August, 2021 | 3:00 - 4:00 PM



**Dr S. Shantha Kumari**  
President FOGSI



**Dr Madhuri Patel**  
Secretary General FOGSI



**Dr Archana Verma**  
Vice President FOGSI



**Dr Sneha Bhuyar**  
Chairperson  
Study on Female Breast  
Committee



**Dr Achla Batra**  
President AOGD



**Dr Monika Gupta**  
Secretary AOGD

### Moderators



**Dr Anita Sabharwal**



**Dr Diksha**

### Panelists



**Dr Achla Batra**



**Dr Veena Acharya**



**Dr Manju Chhugani**



**Ms Renu**



**Click Here To Register**

Meeting Organizer



## **WEBINAR ON BREASTFEEDING**

### **(For Celebrating World Breastfeeding Week)**

A panel discussion was organized by Association of Obstetricians & Gynaecologists of Delhi Outreach Team with Rufaida College of Nursing, Jamia Hamdard on 2<sup>nd</sup> August 2021 to celebrate the “World Breastfeeding Week”. Prof. Dr. Manju Chhugani, Dean, SNSAH & Ms. Renu, Tutor, Rufaida college of Nursing were among the panellists.

The objective of the webinar was to spread awareness regarding benefits of breastfeeding for the mother and new-born. A total of 150 beneficiaries from general public along with nursing students from Rufaida College of Nursing participated in the program. The program’s activities included creating awareness regarding various perspectives of breastfeeding along with interaction with general public and addressing their queries and doubts. The participants from health care sector were motivated to spread awareness among the women during the clinical exposure.



**RUFAIDA COLLEGE OF NURSING  
SCHOOL OF NURSING SCIENCES & ALLIED HEALTH (SNSAH)  
JAMIA HAMDARD (DEEMED TO BE UNIVERSITY)**

**MEDICAL SURGICAL NURSING DEPARTMENT ORGANIZES AN INTERNATIONAL WEBINAR  
ON**

***Current Evidence Based Practices in Cholesterol Management  
Among Diabetic Patients***



**9:45 am- 12:15 pm IST | 10 February, 2022**

**Resource Person**

**Prof. (Dr.) Annie Thomas  
Professor  
Marcella Niehoff School of  
Nursing, Loyola University  
Chicago, USA.**



**FREE REGISTRATION**

**Register Link : <https://forms.gle/1ht99nokh3C7g4wN6>**

**Last date of registration: 8 February 2022**

**Seats limited to 100 Participants**

**E- certificate will be provided to all participants.**

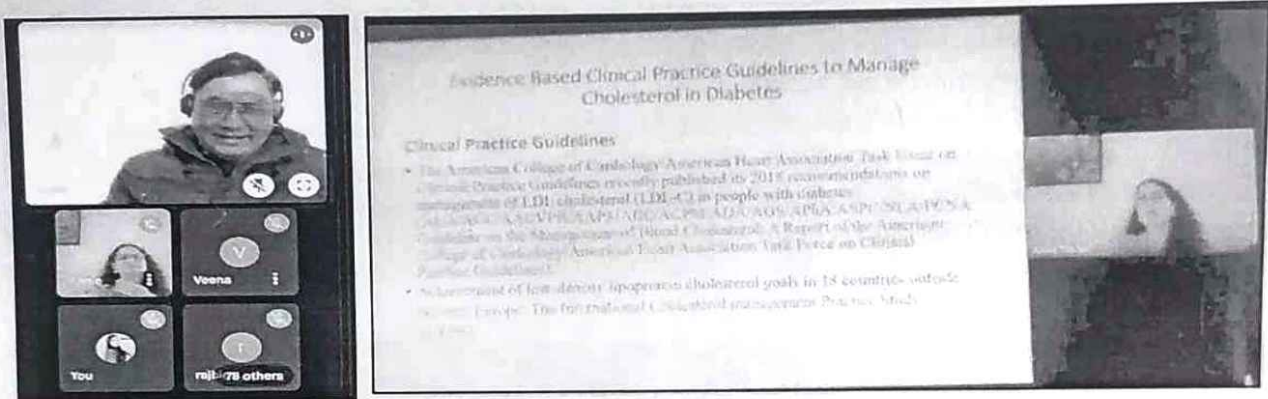
**FOR MORE DETAILS, PLEASE CONTACT:**

Ms. Rajlaxmi, Tutor, Rufaida College of Nursing, Jamia Hamdard, Ph. 9718963288  
Ms. Uzma Anjum, Tutor, Rufaida College of Nursing, Jamia Hamdard, Ph. 9711165727  
Ms. Saliqua Sehar, Tutor, Rufaida College of Nursing, Jamia Hamdard, Ph. 9999370638

# International Webinar on 'Current Evidence-Based Practices in Cholesterol Management Among Diabetic Patients'

An international webinar was organized by Department of Medical Surgical Nursing, Rufaida College of Nursing, on the theme "Current evidence-based practices in cholesterol management among diabetic patients" on 10th February, 2022 through the virtual platform.

A total of 234 delegates participated in the webinar, which was organized under the guidance of organizing chairperson, Ms. Veena Sharma, Principal, Rufaida College of Nursing. The organizing secretary was Mr. Eke Lama Tamang, and Co-Organizing Secretary- Ms. Uzma Anjum. The Guest Speaker of the webinar, was Prof. (Dr.) Annie Thomas, Professor at Marcella Niehoff School of Nursing, Loyola University, Chicago, was delivered a session on the topic "Best evidence to manage cholesterol in patients with diabetes". This webinar focused to understand and discuss on current practices in cholesterol management among diabetic patients.





**FEBRUARY 21, 2022 (MONDAY) @  
9:00AM TO 1:00PM**

## **CURRENT PERSPECTIVES IN MENTAL HEALTH NURSING PRACTICE**

**E- Certificate** will be provided  
to participants after submission  
of feedback form

**DNC  
credit  
hours will  
be given**

**REGISTRATION LINK:**

<https://forms.gle/JIaiN1Vm3dVmPdVZA>

### SPEAKERS



**Dr. Muthuvenkatachalam S**  
Assistant Professor  
(Psychiatric Nursing)  
Centre of Excellence  
IBHAS, Delhi



**Mr. Jaison Joseph**  
Lecturer (JR)  
College of Nursing  
PGIMS, UHS Rohtak

### ORGANIZING TEAM:

- Veena Sharma, Organizing Chairperson, Principal, Rufaida College of Nursing, Jamia Hamdard
- Ms. Bindu Shaiju, Organizing Secretary, Associate Professor, RCON, JH
- Ms. Rashmi, Co-organizing Secretary, Faculty, RCON, JH
- Ms. Jyothi G. Pillai, Student Coordinator, M.Sc. Nursing, RCON, JH

### CONTACT

9971167401; 9254662600

[rashmirohilla2@gmail.com](mailto:rashmirohilla2@gmail.com)

[jyoti0268@gmail.com](mailto:jyoti0268@gmail.com)



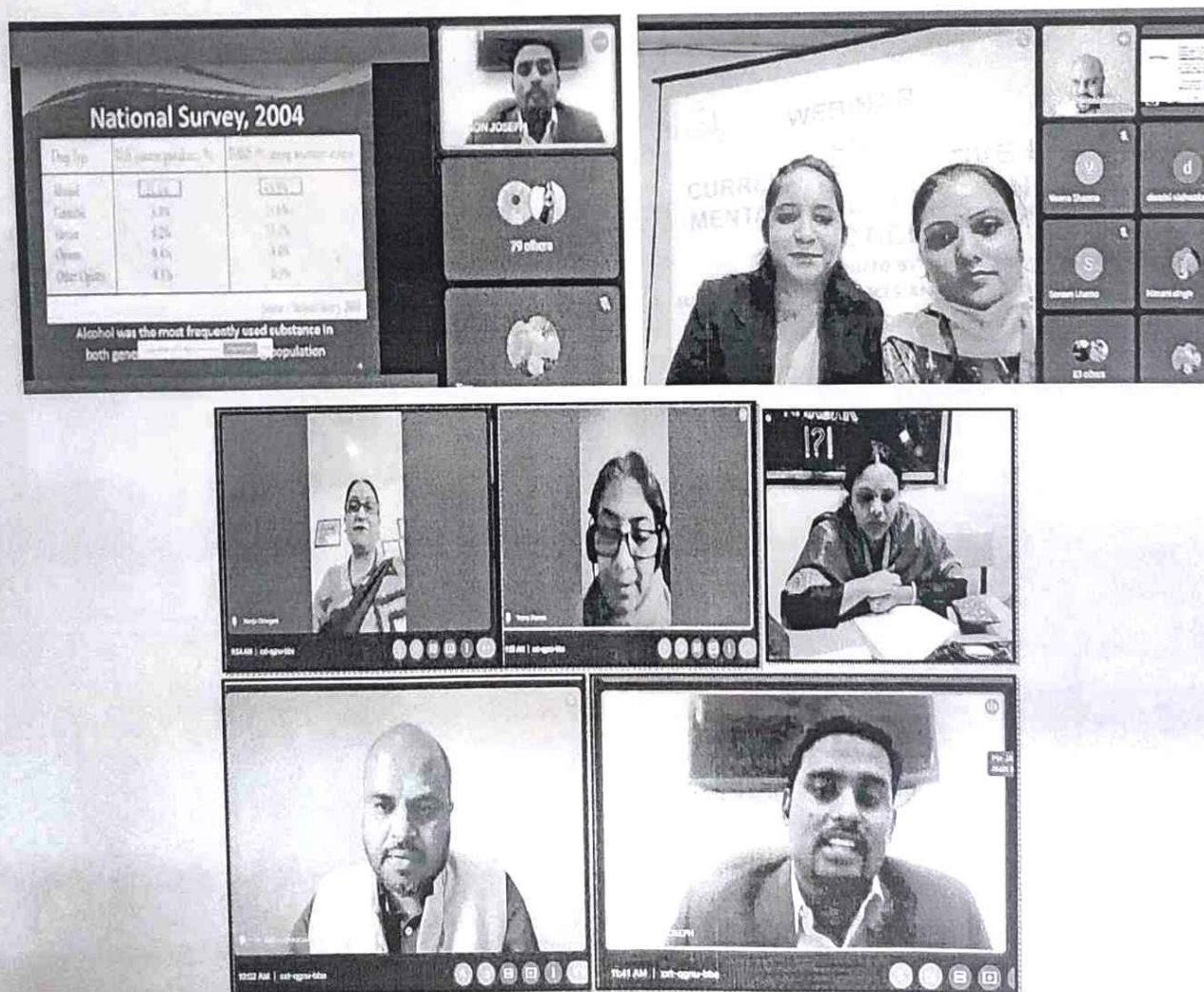
## WEBINAR SCHEDULE @GOOGLEMEET

TIME	ACTIVITY	RESOURCE PERSON
9:30AM-9:45AM	Registration	
9:45AM-10:00AM	Welcome Address	Prof (Dr) Manju Chhugani Dean School of Nursing Sciences And Allied Health (SNSAH) Jamia Hamdard, New Delhi
10:00AM-10:15AM	Opening of the theme	Ms. Veena Sharma, Principal, Rufaida College of Nursing, Jamia Hamdard, New Delhi
10:15 AM- 11:00 AM	<b>Session 1</b> -OSCE in the Assessment of Mental Health Nursing skills	Dr. Muthuvenkatachalam S Assistant Professor( Psychiatric Nursing) Centre of Excellence Institute of Human Behaviour and Allied Sciences
11:00 AM-11:15 AM	Question and answer session in context of topic	Moderator and speaker
11:15AM- 12:00PM	<b>Session 2</b> - Addiction Psychiatry: Emerging Trends and Nursing Roles	Mr. Jaison Joseph Assistant Professor( Psychiatric Nursing) College of Nursing , PGIMS Rohtak
12:00PM-12:15PM	Question and answer session in context of topic	Moderator and speaker
12:15PM-12:30PM	Group discussion	Speaker and participants
12:30PM-12:45PM	Vote of thanks	Ms. Bindu Shaiju Associate Professor, Rufaida College of Nursing, Jamia Hamdard



## Webinar on 'Current Perspectives in Mental Health Nursing Practice'

Department of Mental Health Nursing, Rufaida College of Nursing organized a one-day webinar on the virtual platform on the theme "Current Perspectives in Mental Health Nursing Practice" on February 21, 2022 under the chairmanship of Ms. Veena Sharma, Principal, RCON, from 9:30 am to 1:00 pm. The webinar focused on opening windows to updates in the Mental Health Nursing care in India, including the current practices, emerging trends and perspectives in the Mental Health Nursing practice. Participants of the webinar were teaching faculty from the field of nursing from various colleges of New Delhi and NCR, student nurses pursuing Masters in Occupational Therapy, Bachelors in Nursing (3rd year), Post Basic B.Sc. Nursing (2nd year) and M. Sc. Nursing (Psychiatry)-1stand 2nd year. Around 150 participants were part of this webinar. Experts from various states in India namely Delhi and Haryana were invited to share on "Current Perspectives in Mental Health Nursing Practice". The participants got the opportunity to enhance their knowledge on current perspectives in Mental Health Nursing practice. Certificate of participation were provided to participants following attendance of the entire duration of the webinar. Sessions included OSCE in the assessment of Mental health nursing skills taken by Dr. Muthuvenkatachalam Srinivasan, Assistant Professor, Psychiatric Nursing, Centre of Excellence- Institute of Human Behavior & Allied Sciences, Dilshad Garden, New Delhi; "Addiction Psychiatry: Emerging Trends and Nursing Roles", taken by Mr. Jaison Joseph, Asststatfss, PGIMS, UHS, Rohtak. The questions were invited from the participants and discussed after each session. The event ended with vote of thanks by Ms. Bindu Shaiju, Organizing Secretary of the webinar.





**RUFAIDA COLLEGE OF NURSING**  
**SCHOOL OF NURSING SCIENCES & ALLIED HEALTH, JAMIA HAMDARD**



ORGANIZES AN INTERNATIONAL SEMINAR ON

**GLOBAL PERSPECTIVES ON DIABETES MELLITUS: FOCUS ON A CENTURY OF INSULIN DISCOVERY**

22<sup>ND</sup> FEBRUARY, 2022, 9 AM TO 5:30 PM

**RESOURCE PERSONS**



**PROF. (DR.) JUGAL KISHORE**

Director Professor & Head  
Department of Community Medicine,  
VMMC& SJH, New Delhi, India



**PROF. (DR.) ANNIE THOMAS**

Marcella Niehoff School of Nursing,  
Loyola University,  
Chicago, USA



**DR. KUMARI NAIDOO**

Diabetologist,  
Netcare Umhlanga Hospital,  
South Africa



**DR. JONICA K. SHROFF**

Diabetes Educator, National  
Academy of Sports Management  
Mumbai, India



**MS. NAZIA ARFIN**

Diabetes Service Lead Manager  
Stockport Foundation Trust,  
United Kingdom

**Free Registration**  
**E- Certificate for all participants**

**Delhi Nursing Council Credit Hours:**

**FOR MORE DETAILS, PLEASE CONTACT:**

Prof.(Dr.) Manju Chhugani, Dean, School of Nursing Sciences and Allied, Jamia Hamdard  
Ms. Veena Sharma, Organizing Chairperson, Principal Rufaida College of Nursing (RCN), Jamia Hamdard  
Ms. Seema Rani, Organizing Secretary, Associate Professor, RCN  
Ms. Neha John, Assistant Professor, RCN {nehajohn1812@gmail.com, 9718613172}  
Ms. Suchhanda Bhattacharya, Tutor, RCN {suchhanda.joarder@gmail.com, 9643526070}  
Ms. Sartaj Parveen, Ms. Anju, Ms. K. Rebika Devi, Ms. Vandana Dagar, Tutors, RCN

# International Seminar on 'Global Perspectives on Diabetes Mellitus: Focus on A Century of Insulin Discovery'

Rufaida College of Nursing, organized a one-day international seminar on "Global perspectives on Diabetes Mellitus: Focus on a century of Insulin discovery" on 22nd February, 2022 from 9 am to 5:30 pm.

The seminar was attended by clinical nursing & medical personnel, teaching faculty and students of various national and international institutes. A total of 190 participants attended the webinar by hybrid (virtual /offline) mode. Resource persons and participants came from 40 institutions of 12 states of India, and 7 countries namely USA, UK, Nepal, Bhutan, Dubai and South Africa.

The seminar included 5 plenary sessions and 3 workshops with the aim to give insight of various aspects of diabetes management with particular focus on insulin and its administration, the role of nurses in creating awareness about this disease and facilitate management of patients following diagnosis. Plenary sessions were taken by Dr. Jugal Kishore, Director Professor & Head Department of Community Medicine, VMMC & Safdarjung Hospital, New Delhi; Dr. Annie Thomas, Professor, Marcella Niehoff School of Nursing, Loyola University, Chicago, USA; Dr. Kumari Naidoo, Endocrinologist, South Africa; Dr. Jonica K. Shroff, Diabetes Educator, National Academy of Sports Management, Mumbai and Ms. Nazia Arfin, Diabetes Service Lead Manager, Stockport Foundation Trust, United Kingdom. Three workshops were organized on myths & taboos of Diabetes and ways to address them; demonstration of self-home management for Diabetic Patients (blood sugar monitoring, insulin administration and foot care) and live yoga sessions & exercises for diabetic clients.



# Rufaida College Of Nursing, SNSAH JAMIA HAMDARD



A Webinar on  
**arcPARTOGRAPHY**

7<sup>th</sup> March, 2022  
Timings: 10-11:45am IST

[CLICK HERE TO REGISTER:  
LINK - https://forms.gle/WuSKsMEfAdoi3DG07](https://forms.gle/WuSKsMEfAdoi3DG07)

SCAN ME



## Resource Persons:



**Dr. Poonam Varma Shivkumar,**  
MBBS, MD, Prof And Head,  
OBGY, MGIMS,  
Sevagram, Wardha,  
Maharashtra



**Dr. Ram Pandit**  
CEO, ADECTEC  
Duluth, Atlanta, Georgia,  
USA



**Dr. Anuja Bhalerao**  
MD (Obst. & Gyneacology)  
NKPSIMS & LMH

## Organizing Team:

**Prof. (Dr.) Manju Chhugani**  
(Chairperson)  
Dean, SNSAH &HOD OBG Nursing, Jamia  
Hamdard

**Ms. Somibala Thokchom**  
(Organizing Secretary)  
Assistant Professor, Rufaida College of  
Nursing, Jamia Hamdard.

**Mr. Himanshu Varma (Facilitator)**  
VP, Business Development,  
Osoftec/Adectec, Ghaziabad, NCR

### Organizing members:

Ms. Mikki Khan  
Ms. Gifty Bijoy  
Ms. Renu Kharb  
Ms. Maihnaz Bi  
Ms. Vandana

E-certificates will be mailed after successful completion of the webinar

## Webinar on 'ArcPartography'

A webinar on arcPartography conducted by Rufaida College of Nursing, on 7th March, 2022 from 11:45 Am till 1 Pm, under the guidance of Prof. (Dr.)Manju Chhugani Dean,SNSAH. Organizing Secretary for the webinar was Ms. Somibala Thokchom. A total no. of 170 participants attended the webinar in online mode.The guest speakers were Dr.Anuja Bhalerao, NKP Salve Institute of Medical Science and Research Centre and Lata Mangeshkar Hospital, Maharashtra; Dr. Poonam Varma Shivkumar, Professor and Head, Obstetric and Gynaecological Nursing, MGIMS, Sevagram, Wardha, Maharashtra and Dr. Ram Pandit, CEO, ADECTEC, Duluth, Atlanta, Georgia, USA who highlighted the uses of arcPartography application, which will be useful in all the level of health care facilities,and latent phase monitoring to reduce the incidence of C section rates with timely alerts to draw the attention of health care professionals with effective and easy documentation process.

