

2021-2022

A total 14 programmes were organized related to Cultural and Sports activities and competition during the session 2022-2022

On the occasion of Founder's day Celebrations **Hakeem Abdul Hameed Memorial Badminton Championship** on 13th September 2021 and **Hakeem Abdul Hameed Memorial Speech Championship** on 14th September 2021 were organized.

Hakim Abdul Hameed Badminton (Men/Women) Tournament for Teaching & Non-Teaching staff was also organized on the occasion of Founder's day celebrations

Induction Program by School of Nursing and Allied Health on 1st October 2021 on the Theme "**Celebrate endings – for they precede new beginnings**"

HIMSR, Jamia Hamdard organized an inter-batch Cricket tournament from 05.10.2021 to 02.11.2021

Jamia Hamdard inaugurated **Mental Health Club** on 09-10-2021 with an interactive session on **emotional acceptance** with Mr. Iqbal Rizzvi

Environmental Quality Cell Jamia Hamdard organized a Recipe competition on "Hamara AYUSH Hamara Swasthya" on occasion of World Food Day on 14-10-2021

On 28th October 2021, an Awareness Rally for Swachta Jagrukta Programme "Clean India Abhiyan-- Jamia Hamdard, under the Swachta Jagrukta Maah

Women Development Cell Jamia Hamdard organized an online **Poster making competition** on the theme "**Mental Health, Stress and Coping Strategies among Working Women**" from 22-10-2021 to 10-11-2021


A quiz competition was organized by HIMSR on the occasion of World radiology day on 08-11-2021

From 13-12-2021 to 14-12-2021, **Basketball Trials** for the selection of Jamia Hamdard Basketball Men & Women team for North Zone Inter University basketball tournament was organized by the Sport Club Jamia Hamdard.

Women Development Cell, Jamia Hamdard organized **First essay writing competition** on "Vision of Hakeem Abdul Hameed for Women Empowerment" was organized by on 10-01-2022 and **First Quiz Competition** on "Gender Equality and Development" on the occasion of International Women's Day on 08-03-2022

15th Hakeem Abdul Hameed Cricket Tournament was organized by SUMER from 13-6-2022 to 21-6-2022. In this tournament one team from each class of BUMS participated.

Founder's Day Celebrations 2021
13-14 September 2021
Badminton Championship
Hakeem Abdul Hameed Memorial Speech Competition


Jamia Hamdard
(Deemed to be University)
(Recommended as an "Institute of Eminence" by Empowered Committee of Government of India)






Founder's Day Celebrations-2021


Monday, 13th September, 2021


- » *Hakeem Abdul Hameed Memorial Badminton Championship*
For Faculty and Staff at the Badminton Court, Gymnasium (from 09:00 AM onwards)
- » *Blood Donation Camp in Collaboration With Rotary Club of Delhi Rajahani*
By Faculty, Staff, Students and their Families at Majeedia Hospital (from 10:00 AM onwards)

Tuesday, 14th September, 2021

- » *Photo Exhibition on the Founder's life*
For Faculty Staff and Students at Hamdard Convention Centre (from 10:30 AM onwards)
- » *Hakeem Abdul Hameed Memorial Speech Competition*
For Students at Hamdard Convention Centre, Hall 1 (from 11:00 AM onwards)
- » *Hakeem Abdul Hameed Memorial Lecture by Dr. Shashi Tharoor, MP (Lok Sabha)*
For Faculty, Staff and Students at Hamdard Convention Centre, Hall 1 (from 04:00 PM onwards)

Sponsored by:  

Hamdard Laboratories Limited (Food Division)  Hamdard Co-Operative Bank Ltd

Janab Hammad Ahmed **Janab Hamid Ahmed** **Dr. Shashi Tharoor** **Prof. (Dr.) Iqbal S. Hasnain** **Prof. (Dr.) M. Afshar Alam**
President, HNF Chancellor, Jamia Hamdard Member of Parliament (Lok Sabha) Pro-Chancellor, Jamia Hamdard Vice-Chancellor, Jamia Hamdard

Hakim Abdul Badminton (Men/Women)

13.09.2021

More than 100 People participated in the Hakim Abdul Badminton (Men/Women)

Teaching & Non-Teaching Tournament session 2021-22.

The Chief guest of the Prize distribution ceremony was Mr. Shashi Tharoor.



Radiology day 2021

The Theme for the International Radiology Day 2021 is 'INTERVENTIONAL RADIOLOGY-ACTIVE CARE FOR PATIENT'. This year's theme aims at inviting "everyone to celebrate the essential role that interventional radiology plays in treating patient. Every year WORLD RADIOLOGY DAY is observed on **November 8** to build greater awareness of the value that Radiology contributes to safe patient care and also work towards improving the public understanding of the vital role that radiologists and radiographers playing the healthcare sector. **A quiz competition was organized for the students of paramedical.**



Induction Program

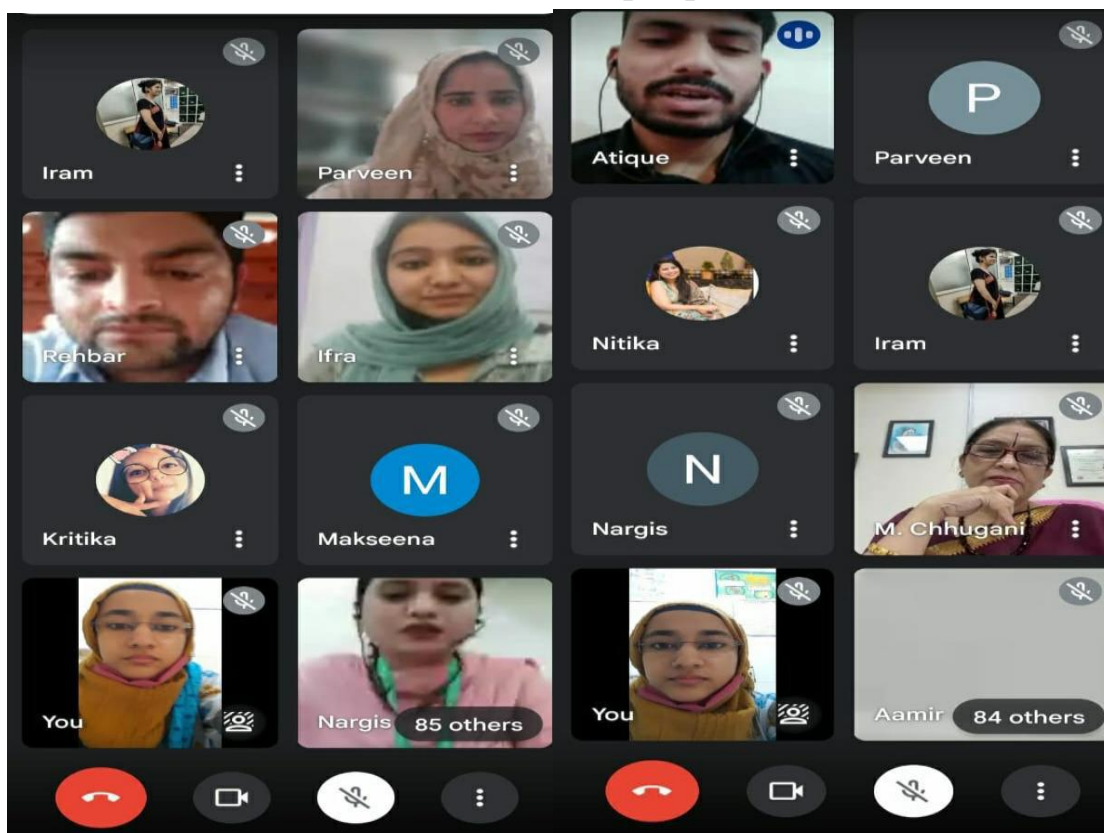
1st October 2021

“Celebrate endings – for they precede new beginnings”

- The induction program is conducted every year before the commencement of first semester classes as per university guidelines by the course coordinators.
- In this program, first year students and their parents interact with the faculty members after the registration process to demystify the expectation of the students.
- Due to the covid pandemic, this induction program was conducted on 1st October 2021 through Google meet link for the academic year 2021-22.

OBJECTIVES OF THE PROGRAM-

- Make the student comfortable in the new environment.
- To create awareness on the communication and other skills required by the employees.
- Overview of the course and future perspective.



An interactive session on emotional acceptance with Mr. Iqbal Rizzvi
09-10-2021

 Together We Can
NurtureLife

 The office of the DSW, Jamia Hamdard
cordially invites you all
to

 WORLD MENTAL HEALTH DAY

Chief Patron


Mr. Hamid Ahmed
Chancellor, Jamia Hamdard

Patron


Prof. (Dr.) M. Afshar Alam
Vice-Chancellor, Jamia Hamdard

Guest of Honor and Distinguished Speaker


Mr. Iqbal Rizzvi
Filmmaker and Mental Health Advocate

the launch of the Mental Health Club at the University and commemorate the
World Mental Health Day: 2021
through
“An Interactive session on Emotional Acceptance”
with
Mr. Iqbal Rizzvi
Filmmaker and Mental Health Advocate
in collaboration with Nurturelife, A Nonprofit Organization

Prof. (Dr) M. Afshar Alam
Hon'ble Vice Chancellor
will preside.

Saturday, October, 9th 2021 at 11: 00 AM, via Google Platform

Ms. Veena Sharma
President, Mental Health Club
Dr. Rashida Begum
Occupational Therapist
Vice President, Mental Health Club

Members, Mental Health Club
Dr. Kalpana Zutshi
Dr. Nazia Ali
Dr. Sadaf Siraj
Dr. Swati Srivastava

 <https://meet.google.com/hwa-pyob-ath>

 <https://youtu.be/tmLuDsLgDuo>

RSVP:
Prof. (Dr.) Reshma Nasreen
DSW
Farah Sarosh
Founder, Nurture Life
Dr. Zeenat Iqbal
DDSW,
Head, South Delhi Chapter, Nurture Life

Recipe competition

"Hamara AYUSH Hamara Swasthya"

World Food Day on 14-10-2021

Jamia Hamdard
(Deemed to be University)
Invites you to the celebration of

WORLD FOOD DAY



Share a recipe on the theme:
"Humara Ayush, Humara Swasthya" in about
200-300 words for E-FoodBooklet. You are
requested to send your recipe on the email ID
mentioned below. E-certificates will be provided
to all the participants. Those who will submit the
best recipe will be awarded. Play your part by
contributing in Ayush based nutrition to adopt
Ayush for a healthier India.

wfdwebinar2021@gmail.com
(last date for submission - 14/10/2021)


For registration visit:
<https://forms.gle/oHw6nKivXGaMka4i6>

Awareness Rally for Swacchta Jagrukta Programme
"Clean India Abhiyan-- Jamia Hamdard, under the Swacchta Jagrukta Maah


On 28th October 2021, an



SWACHHATA JAGRUKTA MAAH
1st to 31st October 2021
"Clean India Abhiyan" – Jamia Hamdard
An initiative by Dept. of Youth Affairs Ministry of YA & Sports, Govt of India.
An Awareness Rally for "Swachhata Jagrukta" Programme
on October 28th, 2021
Flagged by
Prof. (Dr.) M. Afshar Alam
Hon'ble Vice Chancellor, Jamia Hamdard
Organized By
National Service Scheme, Jamia Hamdard



Mr. Hamid Ahmed
Chancellor, Jamia Hamdard



Prof. (Dr.) M. Afshar Alam
Vice-Chancellor, Jamia Hamdard

Basketball Trials (Men & Women)

(13th to 14th December 2021)

The Trials for the selection of Jamia Hamdard Basketball Men & Women team for North Zone Inter University basketball tournament held at sports complex Jamia Hamdard for the session 2021-2022.

More than 100 students participated for trials session from different Schools.

- School of Medical(HIMSR),
- Pharmacy(SPER)
- Management(SMBS),
- Medicine(SUM),
- Science(SCLS),
- Nursing & AlliedHealth(SNSAH),
- Humanities(SHSS),
- Food Tech(SIST)
- HILSR



Poster Making Competition

on the theme

“Mental Health, Stress and Coping Strategies among Working Women”

Women Development Cell, Jamia Hamdard organized a poster competition on Mental Health, Stress and Coping Strategies among Working Women

Women Development Cell, Jamia Hamdard conducted a poster competition on the theme “Mental Health, Stress and Coping Strategies among Working Women”. The entries for the same were opened on the 22nd of Oct 2021 and closed on the 10th of Nov. 2021. Total 31 participation were received from different departments of Jamia Hamdard and Jamia MilliaIslamia viz., Department of Unani Medicine, Department of Food Technology, Department of Occupational Therapy, Department of Computer Science, Department of Human Rights, and Department of Islamic Studies. The received posters were evaluated by a jury of four judges affiliated with Jamia Hamdard and below mentioned students were distributed with first, second, and third prizes.

Name	Position	Affiliation	Course
ZebaSaif	First	Jamia Hamdard	Bachelor in Unani Medicine and Surgery
KomalSah	First	Jamia Hamdard	B.Tech Computer Science
Ayisha Afzal	Second	Jamia Hamdard	BPT (Bachelors of Physiotherapy)
IlhamaAzmi	Second	Jamia Hamdard	Bachelor of Occupational Therapy
Samreen Ansari	Second	Jamia Hamdard	Bachelor in Unani Medicine and Surgery
Mohd Asif Equbal	Third	Jamia Hamdard	M.A in Islamic studies
SadiqaKhatoon	Third	Jamia Hamdard	Bachelor in Unani Medicine and Surgery
Afreen Siddiqi	Third	Jamia Hamdard	Bachelor in Unani Medicine and Surgery
Nadeem Sarwar	Third	Jamia Hamdard	B.Tech Computer Science
Kalpana	Consolation	Jamia Hamdard	Department of Rehabilitation Sciences
MustufaAdil	Consolation	Jamia Hamdard	BTech Computer Science
NaziaParveen	Consolation	Jamia Hamdard	MA Haman Rights

Certificates were distributed to the winners and also to all the participants.

The above report of poster competition is to be submitted to IQAC.

Prof. Yasmeen Shamsi
Chairperson WDC



**Women Development Cell
Jamia Hamdard (Deemed to be University)**

Organizes

Poster competition

On

“Mental Health, Stress and Coping Strategies among Working Women”.

Rules:

Date of commencement **22nd October 2021.**

Each Participant can submit only one Poster.

The Topic of poster and theme should be clearly mentioned at the Top Margin of the Poster.

Work should be original with name and contact of the participant at the bottom.

Entries should be made in PDF format only.

The size of the file to be uploaded should be less than 100MB.

Submission Deadline: 4 November 2021

Chairperson:

Prof Yasmeen Shamsi
Department of Moalajat, SUMER

Organizers:

Dr. Kulsum Jan
(Assistant Professor, Department of Food Technology, SIST)
Dr. Sahar Zaidi
(Assistant Professor, Dept. of Rehab. Sciences, SNSAH)

Link for poster submission* : https://docs.google.com/forms/d/1C2JS0JgIKgu_H31e59eDDHpNxn6-wLHh-r42fwotL8/edit

Essay Writing Competition on Vision of Hakeem Abdul Hameed for Women Empowerment

Women Development Cell, Jamia Hamdard organizes Essay Writing Competition on Vision of Hakeem Abdul Hameed for Women Empowerment

A REPORT

Women Development Cell, Jamia Hamdard conducted its Ist essay writing competition on Vision of Hakeem Abdul Hameed for Women Empowerment. Total 21 entries were received from different schools of the university. All the essays submitted focused on the topic of the competition and comprehensively discussed the vision of Hakeem Abdul Hameed for empowering women. A committee of four jury members evaluated the articles and first three winners were decided unanimously after analyzing the results. The following students won the first three positions

S. No.	Name	Department	Position
1.	JavedAlam	SUMER	I st
2.	Sophia Mishkat Khan	SNSAH	II nd
3.	Lubna Abidin	Pharmacognosy and Phytochemistry	III rd

The result for essay competition were declared on 17th Feb 2022, in a webinar organized by webinar Women Development Cell, Jamia Hamdard

Following the declaration of the result the chairperson WDC Prof Yasmeen Shamsi congratulated the participants and encouraged the team to organize such events in future.



Women Development Cell (WDC)
Jamia Hamdard (Deemed to be University)
Organizes
Essay Writing Competition
On

“Vision of Hakeem Abdul Hameed for Women Empowerment”.

GUIDELINES: Date of submission 10th January 2022.

- Each participant can submit only one Pdf .
- Length of the essay should not be more than 3500 words or less than 1500 words.
- Format of the Essay: (1) Type on A4 size
- (2) Font size shall be 12 points (English) in Times New Roman
- (3) 1.5 interlinear space
- (4) Margins of one inch (2.54cm) on all
- (5) The size of the file to be uploaded should be less than 1MB
- Registration link: <https://forms.gle/wAkYx3aECiEsUYD37>

Chairperson:

Prof Yasmeen Shamsi
Department of Moalajat,
SUMER.

Organizers:

Dr. Harleen Kaur
(Assistant Professor, Dept. of Computer Sciences, (SEST))
Dr. Kulsum Jan
(Assistant Professor, Department of Food Technology, SIST)
Dr. Sahar Zaidi (PT)
(Assistant Professor, Dept. of Rehab. Sciences, SNSAH)

Prizes:-

E-Certificates of Merit to top 3
E-Certificates of Participation
to all the participants



**Women Development Cell, Jamia Hamdard
Organizes Quiz Competition On
Gender Equality and Development
On 8th March 2022, 10am-10:40am**

Quiz Competition Guidelines :-

The students will be required to pre-register for the quiz on the link <https://forms.gle/veZrZBksdurFLvG7>

The quiz would comprise of 30 questions carrying 1 point each.

For each correct answer you will get 1 point. For each question not answered or incorrect you will get 0 points

There is no negative marking

Only single participation is allowed.

The medium of the question will be only English.

Certificates will be provided to the participants

Chairperson
Prof. (Dr.) Yasmeen Shamsi
SUMER

Organizing Secretary
Dr. Huma Khan (PT)
SNSAH

Joint Secretary
Dr Sahar Zaidi (PT)
SNSAH

Quiz Competition

on

“Gender Equality and Development”

International Women’s Day

08th March 2022

Women Development Cell, Jamia Hamdard

A Report

Women Development Cell, Jamia Hamdard conducted its Ist Quiz Competition on “Gender Equality and Development” on the occasion of International Women’s Day. Total 254 entries were received from different schools of the university and the total 130 participants completed and submitted the response. All the questions in the quiz focused on the topic of the competition on “Gender Equality and Development”. A committee of two jury members evaluated the quiz and first three winners were decided unanimously after analyzing the results.

The result for quiz competition will be declared on 7th April 2022 in a webinar organized by Women Development Cell, Jamia Hamdard.

The quiz competition started with a welcome address by chairperson women development cell professor Yasmeen Shamsi

Welcome Address



Chairperson women development cell Professor Yasmeen Shamsi welcomed all the participants of the quiz. She spoke about the importance of women's day and why it is celebrated. This celebration was to acknowledge women personalities who excelled in their own fields.

Interactive session with students:



The quiz competition ended with a vote of thanks by Dr. Huma Khan, Member of Women Development cell.

Vote of Thanks



Member, WDC Dr. Huma Khan thanked the hon'ble Vice Chancellor Sir, Chairperson Yasmeen Shamsi ma'am, members of women development cell and all participants of the quiz for making it a successful event.

The queries of the student were answered/ resolved immediately during the online quiz by Dr. Huma Khan (quiz organizer member, women development cell, Jamia Hamdard) All the students who were participated in the quiz were able to submit the quiz on time

Prof. Yasmeen Shamsi
HoD Moalajat
SUMER, Jamia Hamdard

15th Hakeem Abdul Hameed Cricket Tournament

13-21 June 2022

Cricket teams of all batches of BUMS participated



WITH THE GRACE OF ALMIGHTY ALLAH

INTERNS OF BATCH
2016

INVITE YOU TO JOIN US
AT THE CELEBRATION OF

**15th HAKEEM ABDUL HAMEED
CRICKET TOURNAMENT 2022**

ORGANISED BY:-



AT THE HAMDARD CRICKET GROUND
13TH, 14TH, 20TH & 21ST OF
JUNE 2022
07:00 A.M - 11:00 P.M