



JAMIA HAMDARD
A REPORT ON FREE HEALTH CAMP

12th June 2022

Hamdaed
TRUSTED SINCE 1906

ROOH AFZA
LITE
-SUGAR-FREE-

Azadi Ka
Amrit Mahotsav

Women Development Cell, Jamia Hamdard, New Delhi
organizes
FREE HEALTH CAMP

General Health Checkup & Free Consultation on Diabetes, Hypertension,
Obesity, Liver/Kidney Diseases and Healthy Aging of Women

By
Expert Unani Physicians
From Dept. of Moalajat, Jamia Hamdard

"Screening & Physiotherapy of Musculoskeletal Disorders"
By
Expert Physiotherapists
From Rehabilitation Centre, & Dept. of Physiotherapy, Jamia Hamdard

Food and Nutrition Advice
By
Expert Food Technologist, Dept. of Food Technology, Jamia Hamdard

Collaboration: Mahila Samiti, Registered GK-II

DATE: 12.06.2022 (Sunday) TIME: 9:00 am to 12:30 pm

VENUE: Goduhli Senior Citizen Centre, 4th Floor, Near Gurudwara, E-Block, G.K.II, New Delhi

A free health camp was organized by Women Development Cell Jamia Hamdard in collaboration with Rehabilitation Centre, Dept. of Physiotherapy, Department of Moalajat, and Department of Food Technology, Jamia Hamdard on 12th June 2022, from 9:00 AM to 12:30 PM at Godhuli Senior Citizen Centre, New Gurudwara, E-Block, GK. II, New Delhi.

Prof. Yasmeeen Shamsi, Dr. Md. Wasi Akhtar from SUMER, Dr. Sohrab Ahmad Khan (PT), Dr. Kalpana Zutshi (PT) and Dr. Hammad Ahmad Siddiqui (PT) from Rehabilitation Centre & Department of Physiotherapy along with students of SUMER, Physiotherapy department and Dept. of food technology attended the camp. In total, about 65 patients of various musculoskeletal disorders and other diseases like diabetes, hypertension etc. were examined and advised treatment accordingly. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy and Unani Medicine can be useful to them. After registration each and every patient was screened for Blood Pressures, and attended by relevant consultant. Different exercises and manipulation therapy was offered to the patients suffering from different musculoskeletal disorders. Apart from consultation free Unani Medicines were also provided to the patient. The representatives from Department of Food Technology advised dietary regimen to patients suffering from Metabolic disorders. They were then asked and advised to visit the Majeedia Unani Hospital, and Rehabilitation Centre, Jamia Hamdard for the follow-up. It was a good outreach programme and community service for students of Jamia Hamdard. By the team work and holistic coordination, the health camp was a successful event.

Glimpse of the Health Camp







Jamia Hamdard
(Deemed to be University)

≡ International Women's Day ≡

FREE HEALTH CAMP
On
"Orthopedic Health of Women"

Organized by
Women Development Cell, Jamia Hamdard
On the occasion of
International Women's Day 2022

In collaboration with
Dept. of Moalajat, Dept. of Ilaj bit Tadbeer, Rehabilitation Centre and
Majeedia Unani Hospital, JamiaHamdard, New Delhi

Date: 8th March 2022 (Tuesday)
Venue: Majeedia Unani Hospital
Registration Time: 9:00 AM to 12:30 PM

A Report on Health Camp

On the occasion of International Women's Day 2022, a **health camp** entitled "**Orthopedic Health of the Women**" was organized on **8th March 2022** by Women Development Cell, Jamia Hamdard at Majeedia Unani Hospital. Chief guest, Prof Dr. M Afshar Alam, Vice Chancellor Jamia Hamdard inaugurated the Health Camp with a ribbon cutting ceremony. Organizing Chairperson Prof Dr. Yasmin Shamsi greeted the Hon'ble Vice Chancellor with a bouquet.

Camp was jointly conducted by the Department of Moalajat, Department of Ilaj bit Tadbeer, School of Unani Medical Education and Research, Rehabilitation Centre and Majeedia Unani Hospital Jamia Hamdard. Regular running OPD's of Majeedia Unani Hospital also interceded for the execution of the camp. Nearly 70 patients, especially women suffering from bone and joint diseases were consulted for Health Check-up. Free consultation, medicines, Hijamah and medicated steam bath (Bukhoor) were provided in the camp. Patients were assessed, screened and counselled by Physiotherapists and Occupational therapists. Haemoglobin values and Blood sugar tests were also commenced free of cost. Registration of the patients started from 9:00 am-12:30 pm.

Camp was coordinated by Dr. Sohrab Ahmad Khan and Dr. Farkhunda Jabin. Team members of Hospital including, Dr. Minhaj Ahmad Medical Superintendent Majeedia Unani Hospital,

Organizing Chairperson Prof Dr. Yasmeen Shamsi, Consultant Dr. Sohrab Ahmad Khan, Dr. Farkhunda Jabin, Dr. Sadia Nikhat, Dr. Mohd Shoaib, interns and trainees of Moalajat, Ilaj bit Tadbeer, Physiotherapy department, Occupational therapy department, non- teaching staff of Majeedia Unani Hospital, all contributed to the success of the camp.

Prof. Yasmeen Shamsi
HoD Moalajat
SUMER, Jamia Hamdard

Glimpse of the Health Camp



1. Title of the Practice:

FREE HEALTH CHECKUP AND TREATMENT CAMPS: 2017-2021

2. Goal:

Objective of Health camps is to provide free medical and surgical services to poor communities living in rural or urban areas with varieties of medical specialized services

- To deliver quality care, compassion, and convenient care access to ensure a positive patient experience
- To promote Unani system of Medicine in public Healthcare system
- To provide free medical advice
- Screening and distribution of free Unani medicines to treat common diseases
- To refer, as the case may be for surgery/treatment.
- Raise health awareness among the community
 - ✓ about prevention and preservation of Health and environment.
 - ✓ amongst the deprived population who have no access to basic healthcare services or knowledge about the diseases they are suffering from.
 - ✓ To teach them to deal with communicable and non-communicable

3. Context:

Unani Medicine is a comprehensive medical system, which meticulously deals with the various states of health and disease. It provides preventive, curative and rehabilitative healthcare. The fundamentals, prevention, diagnosis and treatment modalities of the system are based on scientific principles and holistic concepts of health and healing. Unani system of medicine plays an important role in health care delivery as its medicines are safe, cheaper and affordable to a common man. Unani medicines are safe and efficacious against various chronic and non-communicable diseases. It plays very important role in promotion of Health and prevention of Diseases.

Healthcare is a basic right of a human being and due to the poor and skyrocketing costs of healthcare system in our country, we need to contribute in improving the health care system by reaching to the poor and deprived people living in rural or urban areas with varieties of medical specialized services in the best interest of the patients.

4. The practice:

The free Medical health camps are regularly organized both by the departments of Unani Faculty as well as the attached Unani Majeedia Hoospital. The Faculty, hospital staff and students at PG and UD level are involved actively in these health care programmes. Medical camps are conducted to carry out health promotion, education, minor medical or surgical treatments and preventive healthcare services to deprived and poor community and in nearby rural areas. All the service activities at the camps are rendered free of charge to the attendees at the camp.

5. Evidence of success:

- ✓ AYUSH CLINIC Organized at 7th International Congress of the Society for Ethnopharmacology, India (SFEC 2020) on 15-17 February 2020.

- ✓ AYUSH CLINIC Organized at 9th International Conference On Food Processing, Nutrition And Fortification with Emphasis On Vitamin D On 5th-6th March 2020 Jamia Hamdard, New Delhi
- ✓ Free Health Check-up and treatment Camp on Maternal and Child Health care specially on the occasion of “World Cancer Day” was organized by department of Gynaecology & obstetric and Department of Paediatrics, School of Unani Medical Education and Research(SUMER).at Gali No 33,Tughlaqabad Extension ,New Delhi on 04-02-2020 .
- ✓ Free Health Checkup amd Treatment Camp on Maternal and child health care, at Hamdard Public school, Talimabad, New Delhi, organized by Depat of Gynae and Obst., SUMER, Jamia Hamdard, New Delhi, on 30-01-2020.
- ✓ For prevention of Hepatitis B, Free Health Checkup, Screening and Vaccination against Hep B for Second Dose was organised on 11-17th January 2020 for students and staff of MUH, SUMER and HIMSR
- ✓ Vaccination camps against Hepatitis B 11-17.2019 December for prevention of Hepatitis B, Free Health Checkup, Screening and Vaccination aginst Hep B for First Dose was organised on 11-17th December 2019 for students and staff of MUH, SUMER and HIMSR
- ✓ On the occasion of world cancer day, Free Health Checkup, screening and treatment camp on 12.2.2018 at Rz 3148 , street No 35 Tughlaqababd extension opposite Saifi Medicose, New Delhi 110019 Apx Patients:500
- ✓ Diagnostic imaging camp was organised in collaboration with HAHCH for cervical and Breast cancer and subjects were selected from Camp and from the all school of Jamia Hamdard after counselling for appropriate screening & diagnostics through newer Imaging Techniques.
- ✓ On the occasion of World Cancer Day councelling sessions were organized in all school of Jamia Hamdard for prevention and screening of Cervical and Breast Cancer and a Self Instructional Module was given to all participants along with demonstration on BSE.
- ✓ As co organiser:Conducted & executed three days free health Checkup and Treatment Camp, organized by SPER on the occasion of Rx reload (25-27th Feb 2018)
- ✓ Free health camp on Regimenal therapy & Unani Medicine, at Povket-40, CR Park, New Delhi, organized by Department of Moalejat, School of Unani Medical Education and Research, Jamia Hamdard on 21st January 2018.
- ✓ Free health camp on care of Senior Citizens with Unani Medicine, at ‘Kalkaji Senior Citizens Welfare Forum’, Kalkaji, New Delhi, organized by Department of Moalejat, School of Unani Medical Education and Research, Jamia Hamdard on 11th March 2018.

- ✓ Free Medical camp at Al Hira International Islamic School, Shaheen Bagh, Okhla, New Delhi organized by Department of Moalejat, School of Unani Medical Education and Research, Jamia Hamdard on 18th March 2017.

S.No.	Date	Department	Venue	No. of patients
1.	04-02-2017	World Cancer Day, Gynae & Obs , SUMER	Faculty of Medicine ,Jamia Hamdard	App. 400
2.	20-22 Feb 2017	Women's Health, Gynae &Obs , SUMER	Lawn open area SEPR	Apx 400
3.	22-02-2017	Moalajat, SUMER	Tughlaqabad Extension	386
4.	10-03-2017	Jarahiyat SUMER	Pul Prahladpur	259
5.	18-03-2017	Moalajat SUMER	Shaheen Bagh Okhla	205
6.	28-03-2017	International Women's DAY Gynae & Obs , SUMER	Madanpur Khadar	451
7.	29-03-2017	TST, SUMER	Tughlakabad Extn.	300
8.	21-01-2018	Moalajat, SUMER	C.R. Park	153
9.	12-02-2018	World Cancer Day, Gynae & Obs , SUMER	Tughlaqabad Extn.	500
10.	28-02-2018	TST, SUMER	Tughlaqabad Extn.	250
11.	08-03-2018	Jarahiyat/ ENT, SUMER	Jaitpur Extn.	295
12.	11-03-2018	Moalajat, SUMER	Kalkaji	121
13.	27-03-2018	Moalajat, SUMER	Tughlaqabad Extn.	401
14.	29-03-2018	TST, SUMER	Tughlakabad Extension	300
15.	27-11-2018	TST,SUMER	ShaheenBagh, Okhla, New Delhi	116
16.	1-12-2019 to 17-12-2019	Vaccination Hepatitis-B Camp (1st Dose), SUMER	Majadia Unani Hospital /PSM Hall, HIMSR	210
17.				
18.	02-02-2019	Moalajat, SUMER	Kithore, Meerut, UP	961
19.	30-10-2019	TST, SUMER	Sangam Vihar	176
20.	11-12-2019 to 17-12-2019	Organized by Dean, SUMER	Jamia Hamdard	210
21.	09-01-2020	Vaccination camp against Hepatitis B organized by Dean & MS	Jamia Hamdard	237
22.	11-01-2020 to 17-01-2020	Vaccination Hepatitis-B Camp (2 nd Dose), SUMER	Majadia Unani Hospital /PSM Hall, HIMSR	210
23.	04-02-2020	Health camp "World Cancer Day", Dean SUMER	Tughlakabad	145
24.	30-01-2020	Maternal and Child Health Care, Health camp organized by Deptt. of Gynae & Paediatrics	Talimabad	150
25.	15-17 Feb 2020	AYUSH Clinic, SUMER	at 7th International Congress of the Society	280

			for Ethnopharmacology, India (SFEC 2020), Jamia Hamdard	
26.	5 th -6 th March 2020	AYUSH Clinic, SUMER	At International Conference On Food Processing, Nutrition And Fortification with Emphasis On Vitamin D, Jamia Hamdard, New Delhi	160
27.	21-11-2021	Health camp in Majeedia Unani Hospital with collaboration of Natri Clinic	Majeedia Unani hospital	450

6. Problems Encountered and Resources Required

- The major problems encountered are providing follow-up care and referring the patients to tertiary care for further evaluation.
- The major resources required is to upgrade laboratory services.
- Insufficient funds for laboratory and treatment services.

7. Notes (optional)

8. Coordinator/in-charge who has been assigned for the above best practice (optional)

a) Name:

b) Designation:

c) Period/tenure involved in coordination of the best practice:

1. Title of the Practice:

Online Consultation by Unani Experts Of Jamia Hamdard.

2. Objectives of the Practice:

1. To provide healthcare to the needy people during the lockdown period.
2. To Popularize Unani Syatem of Medicine.
3. To provide training to the students to remotely handle the patients queries.
4. To generate awareness about Preventive Healthcare approaches of Unani Medicine to combat covid-19.
5. To Improve mental health status of community
6. To contribute to the government's efforts to combat covid-19.

3. The Context:

The Pandemic of Covid-19 pushed everyone inside their homes and nobody was able to seek proper health advice on general diseases other than Covid-19 during the lockdown phase. Therefore it was the need of hour to extend the healthcare advises directly to their homes without asking them to travel to the hospitals. Jamia Hamdard provided an online platform to the people of country to consult the experts of Unani System of Medicine for their ailments.

4. The Practice:

- A group of experts of Unani Medicine were engaged to provide online consultation to the patients who were unable to travel to the OPDs of hospital due to covid related restrictions or on account of fear of getting covid while travelling to the hospital.
- A dedicated mobile number was allocated to the online consultation which was propagated to the people through social media platforms like WhatsApp, Twitter, Facebook and Instagram etc.
- The patients were able to talk to the Unani Experts on their health issues and seek the guidance to take care their health by using lifestyle modifications, diet managements and use of herbs of medicinal values available at home.
- Video Calls were enabled for one-to-one discussion and to enable the consultants to diagnose the problem and to guide the patients accordingly.
- Through WhatsApp messaging patients were facilitated round the clock 24x7.

5. Evidence of Success:

- As an outcome of the initiative around 500 patients were successfully treated and provided health advises.

6. Problems Encountered & Resources Required:

Sometimes availability of the medicines in the reach of patients was the major problem due to lockdown. Unawareness of use of online platforms to download prescriptions and non-availability of the supported apps was another issue which was encountered during the activity. Poor network connectivity was also a problem.

ON THE OCCASION OF WORLD CANCER DAY (04-02-2020)
A FREE HEALTH CHECKUP & TREATMENT CAMP
ORGANISED BY
DEPARTMENT OF AMRAZ E NISWAN QABALAT WA ATFAL
SCHOOL OF UNANI MEDICINE EDUCATION & RESEARCH
JAMIA HAMDARD

REPORT

A Free Health Check-up and treatment Camp on Maternal and Child Health care specially on the occasion of "World Cancer Day" was organized by department of Gynaecology & obstetric and Department of Pediatrics, School of Unani Medical Education and Research(SUMER) at Gali No 33, Tughlaqabad Extension ,New Delhi on 04-02-2020 .



Organising chairman

Prof. Suhail Fatima, Dean, SUMER

Co-ordinators

Dr. Hamida Aaqil (Assistant Professor, D/o Amraz e Niswan Qabalat wa Atfal SUMER)

Venue- Gali No 33, Tughlaqabad Extension ,New Delh

Time- 9:00am to 1:00 pm

No. of Patients- 145

ON THE OCCASION OF MATERNAL AND CHILD HEALTH CARE (31-01-2020)

A FREE HEALTH CHECKUP & TREATMENT CAMP

ORGANISED BY

DEPARTMENT OF AMRAZ E NISWAN QABALAT WA ATFAL

SCHOOL OF UNANI MEDICINE EDUCATION & RESEARCH

JAMIA HAMDARD

REPORT

A Free Health Check-up and treatment Camp on Maternal and Child Health care was organized by department of Gynaecology & obstetric and Department of Paediatrics, School of Unani Medical Education and Research (SUMER) in collaboration with School of Nursing Science And Allied Health (SNSAH) at Rufaida Health Centre, Hamdard Public School Talimabad, Sangam Vihar, on 30-1-2020, from 9am-1 pm.



Organising chairman

Prof. Suhail Fatima, Dean, SUMER

Co-ordinators

Dr. Dr Uzma (Assistant Professor, D/o Amraz e Niswan Qabalat wa Atfal SUMER)

Venue- Rufaida Health Centre, Hamdard Public School Talimabad, Sangam Vihar

Time- 9:00am to 1:00 pm

No. of Patients -150

**A FREE HEALTH CHECKUP & TREATMENT CAMP
FOR
VACCINATION AGAINSTHEPATITIS-B
(01/12/2019-17/12/2019)(11/01/2020 – 17/
01/2020)**

ORGANISED BY
SCHOOL OF UNANI MEDICINE EDUCATION & RESEARCH
In collaboration with
HAHCH

JAMIA HAMDARD

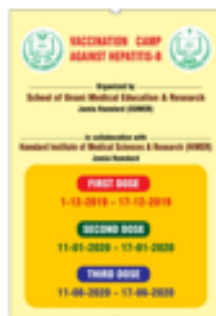
REPORT

One week vaccination camp against Hepatitis-B was ~~organised~~ from 11-12-2019 to 17-12-2019 for First dose & for Second Dose from 13-01-2020 to 17-01-2020. This camp was successful as 210 vaccinations was done for two doses and we are looking forward positively for Third dose vaccination to be held on 11-06-2020 to 17-06-2020

Venue-demonstration room (Basement), Community Medicine HIMSR

Time- 9:00am to 1:00 pm

No. of People-210



ON THE OCCASION OF WORLD CANCER DAY (12-02-2018)
A FREE HEALTH CHECKUP & TREATMENT CAMP
ORGANISED BY
DEPARTMENT OF AMRAZ E NISWAN QABALAT WA ATFAL
SCHOOL OF UNANI MEDICINE EDUCATION & RESEARCH
JAMIA HAMDARD

On the occasion of world cancer day, Free Health Checkup, screening and treatment camp ,
12.2.2018 at **Rz 3148, street No 35 Tughlaqabad extension opposite Saifi Medicose, New Del**
110019 **Appx Patients:500**

Free Distribution of Unani Medicine to = 200 patients

Investigations done

1. CBC: (50),Urine RE/ME: 40 : Performed and sponsored by Majeedia Unani Hospital;
2. Blood Sugar:20 (Performed and sponsored by Hamdard National Foundation personal)
3. USG: 30, Mammography: 20, X Rays: 20 (In collaboration with HIMSR & HAHCH .Performed and sponsored by Hamdard Imaging Center)

Dr Hamida Aaqil
Organizing Secretary:

Prof. Dr Suhail Fatima
Head D/O **Amraz e Niswan Qabalat wa Arfal**



ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY (04-02-2017)

A FREE HEALTH CHECKUP & TREATMENT CAMP

ORGANISED BY

DEPARTMENT OF AMRAZ E NISWAN QABALAT WA ATFAL

SCHOOL OF UNANI MEDICINE EDUCATION & RESEARCH

JAMIA HAMDARD

REPORT

free health checkup and treatment camps. Now on the occasion of " World Cancer Day (4th February) Department of Gynecology, Obstetrics and Pediatrics, Faculty of Medicine ,Jamia Hamdard has organized following Events

Following persons from Jamia Hamdard have rendered their services in the camp and made the camp successful in every aspect and distributed the Unani Medicines free of cost to the people coming to the camp for treatment. Herbal drugs were

occasion of "International Women's DAY" 04.3.2017 at: RHTC near Jamia Cooperative bank, Nirman chowk, Madanpur khaddar



Total no. of patients = 400

1. Medicines given = 100
2. Education Material given and demonstration done = 120
3. Screening = 160

ON THE OCCASION OF INTERNATIONAL WOMEN'S DAY (28-03-2017)

A FREE HEALTH CHECKUP & TREATMENT CAMP

ORGANISED BY

DEPARTMENT OF AMRAZ E NISWAN QABALAT WA ATFAL

SCHOOL OF UNANI MEDICINE EDUCATION & RESEARCH

JAMIA HAMDARD

The camp was organized on 28th March 2017 at RHTC Rural Health Training Center, Nirman Chowk, Madanpur khadar

Total no. of patients = 451

Medicines given = 183

Education Material given and demonstration done = 120

Screening = 148:



ON THE OCCASION OF WOMEN'S HEALTH: (20-22th Feb 2017)
A FREE HEALTH CHECKUP & TREATMENT CAMP
ORGANISED BY
DEPARTMENT OF AMRAZ E NISWAN QABALAT WA ATFAL
SCHOOL OF UNANI MEDICINE EDUCATION & RESEARCH
JAMIA HAMDARD

Report

On the occasion of Rx Reloaded Annual Alumni meet Pharmacy, organize camp on Women's health







A Free Health Check-up and treatment Camp on Maternal and Child Health care specially on the occasion of “World Cancer Day(SUMER)..New Delhi on 04-02-2020





FREE HEALTH CAMP on BONE AND JOINT HEALTH OF SENIOR CITIZENS

AYU SH wellness Clinic 15-17 February 2020







Free Health camp Musculoskeletal Disorder (24th April, 2022)





سیاسی تقدیر
SAYASI TAQDEER

مجیدیہ یونانی اسپتال جامعہ ہمدرد کی جانب سے طبی کمپ کا انعقاد

آئی رہی ساریاں کہیں رہیں مہمان بہمان ہمدرد ہمدردی...
ہمدرد یونانی اسپتال کی جانب سے منعقد کیے گئے۔
... 28 مارچ کو منعقد کیا گیا۔

Published in 30 Mar 2017 | First Edition of Roznama Sahara

غریبوں کیلئے مفت طبی کیمپ

ملی دھلی (پریس ریلیو) ہمدرد یونانی اسپتال کی جانب سے منعقد کیے گئے۔
ہمدرد کی جانب سے 29 مارچ کو منعقد کیا گیا۔



کیمپ کا انعقاد کیا گیا۔ کیمپ کا افتتاح پروفیسر محمد سعید نے کیا اور یونانی اسپتال کی جانب سے منعقد کیا گیا۔
... 28 مارچ کو منعقد کیا گیا۔



ROZNAAMA KHABREIN
 جمعرات، 30 مارچ 2017ء

جامعہ ہمدرد کی جانب سے تعلق آباد میں مفت طبی کیمپ

کی طبی اور نرسنگ اسکول ہمدرد کی ہمدردی طبی کیمپ کے تحت ایک مفت طبی کیمپ کا انعقاد کیا گیا۔ اس موقع پر کئی طبی اور نرسنگ کے طلبہ اور اساتذہ کرام نے شرکت کی۔ کیمپ کے دوران طبی اور نرسنگ کے مختلف شعبوں میں طبی کیمپ کے تحت ایک مفت طبی کیمپ کا انعقاد کیا گیا۔ اس موقع پر کئی طبی اور نرسنگ کے طلبہ اور اساتذہ کرام نے شرکت کی۔ کیمپ کے دوران طبی اور نرسنگ کے مختلف شعبوں میں طبی کیمپ کے تحت ایک مفت طبی کیمپ کا انعقاد کیا گیا۔ اس موقع پر کئی طبی اور نرسنگ کے طلبہ اور اساتذہ کرام نے شرکت کی۔

ROZNAAMA SAMAJ HAMDARD SAMAJ
 جمعرات، 30 مارچ 2017ء

مجمیعہ یونانی اسپتال جامعہ ہمدرد کا ایک روزہ طبی کیمپ

کی طبی اور نرسنگ اسکول ہمدرد کی ہمدردی طبی کیمپ کے تحت ایک مفت طبی کیمپ کا انعقاد کیا گیا۔ اس موقع پر کئی طبی اور نرسنگ کے طلبہ اور اساتذہ کرام نے شرکت کی۔ کیمپ کے دوران طبی اور نرسنگ کے مختلف شعبوں میں طبی کیمپ کے تحت ایک مفت طبی کیمپ کا انعقاد کیا گیا۔ اس موقع پر کئی طبی اور نرسنگ کے طلبہ اور اساتذہ کرام نے شرکت کی۔ کیمپ کے دوران طبی اور نرسنگ کے مختلف شعبوں میں طبی کیمپ کے تحت ایک مفت طبی کیمپ کا انعقاد کیا گیا۔ اس موقع پر کئی طبی اور نرسنگ کے طلبہ اور اساتذہ کرام نے شرکت کی۔



مجید یہ یونانی اسپتال کی جانب سے مفت طبی کیمپ کا انعقاد



نئی دہلی، 30 اکتوبر، پریس ریلیز، ہمارا سماج: آج مجید یہ یونانی اسپتال کے شعبہ کھفلی و سماجی طب کی جانب سے مفت طبی کیمپ کا انعقاد سنگم وہار میں کیا گیا۔ کیمپ میں مجید یہ اسپتال کے ماہر ڈاکٹرس، ڈاکٹر محمد اکرم، ڈاکٹر عائشہ پروین، ڈاکٹر شاذیہ شمیم نیز شعبہ کے تمام ایم ڈی اسکالرس، ڈاکٹر صلاح الدین، ڈاکٹر اظہر حسن، ڈاکٹر غزالہ فاطمہ، ڈاکٹر محمد اعظم، ڈاکٹر ثناء الرحمن، ڈاکٹر صبا فاطمہ، ڈاکٹر محمد سلمان، ڈاکٹر عرف فاطمہ، ڈاکٹر محمد عادل، ڈاکٹر امرین، ڈاکٹر رقیہ صبی، ڈاکٹر سعد شاہد نے گرانقدر طبی خدمات سے عوام کو مستفید کیا، اس کیمپ میں دوسو سے زائد مریضوں کا معائنہ کیا گیا، خون کی مختلف جانچ کی گئی اور انہیں مفت یونانی دوائیں بھی دی گئیں۔ اس کیمپ کا مقصد سماج کے کمزور اور غریب عوام کو طبی امداد پہنچانا ہے اور انہیں بہتر سے بہتر طبی سہولتیں فراہم کرنا ہے۔ کیمپ صدر شعبہ کھفلی و سماجی طب پروفیسر محمد جنید صدیقی کی سرپرستی میں انجام پذیر ہوا، اور انہوں نے پروگرام کی کامیابی پر خوشی کا اظہار کیا اور بتایا کہ انشاء اللہ عنقریب مستقبل میں دہلی کے مختلف کالونیوں میں فری طبی کیمپ کا انعقاد کیا جائیگا۔

مجید یہ یونانی اسپتال جامعہ ہمدرد کی جانب سے مفت طبی کیمپ کا انعقاد



سے عوام کو مستفید کیا۔ اس کیمپ میں 200 سے زائد مریضوں کا معائنہ کیا گیا، خون کی مختلف جانچ کی گئی اور انہیں مفت یونانی دوائیں بھی دی گئیں اس کیمپ کا مقصد سماج کے کمزور اور غریب عوام کو طبی امداد پہنچانا ہے اور انہیں بہتر سے بہتر طبی سہولتیں فراہم کرنی ہے، یہ کیمپ صدر شعبہ تحفظی و سماجی طب پروفیسر محمد جنید صدیقی کی سرپرستی میں انجام پذیر ہوا۔ انہوں نے پروگرام کی کامیابی پر خوشی کا اظہار کیا اور بتایا کہ انشاء اللہ عنقریب مستقبل میں دہلی کے مختلف کالونیوں میں فری طبی کیمپ کا انعقاد کیا جائے گا۔

نئی دہلی (پریس ریلیز)

مجید یہ یونانی اسپتال جامعہ ہمدرد کے شعبہ تحفظی و سماجی طب کی جانب سے مفت طبی کیمپ کا انعقاد سنگم و ہار میں کیا گیا۔ کیمپ میں مجید یہ اسپتال کے ڈاکٹر محمد اکرم، ڈاکٹر عائشہ پروین، ڈاکٹر شازیہ شمیم نیز شعبہ کے تمام ایم ڈی اسکالرس، ڈاکٹر صلاح الدین، ڈاکٹر اظہر حسن، ڈاکٹر غزالہ فاطمہ، ڈاکٹر محمد اعظم، ڈاکٹر ثناء الرحمن، ڈاکٹر صبا فاطمہ، ڈاکٹر محمد سلمان، ڈاکٹر عرف فاطمہ، ڈاکٹر محمد عادل، ڈاکٹر امرین، ڈاکٹر رقیہ صفی، ڈاکٹر سعد شاہد نے گرانقدر طبی خدمات






JAMIA HAMDARD

A REPORT ON FREE HEALTH CAMP

20th MARCH 2022


JAMIA HAMDARD
(Deemed to be University)

FREE HEALTH CAMP

On
"Prevention & Screening of Musculoskeletal Disorders"
Organized by
Rehabilitation Centre, Jamia Hamdard
&
Deptt. of Physiotherapy, Jamia Hamdard

In Collaboration with
RWA Tara Cooperative Housing Society
On 20th March 2022

Venue: Tara Cooperative Group Housing Society Limited Alaknanda
Consultation Time: 9:00 AM -1:00 PM

A free health camp was organized by the Department of Physiotherapy at Tara Apartments, Alaknanda on 20th March 2022 between 9 am to 1 pm. Dr Nishat Quddus, Head, Department of Physiotherapy, Dr. Sohrab Ahmad Khan, organizing secretary of the health camp and Superintendent Rehabilitation Centre, Dr Deepak Malhotra, Deputy Superintendent, Rehabilitation Centre, Dr Kalpana Zutshi, Associate Professor, Dr Sahar Zaidi, Assistant Professor, along with students of the Physiotherapy department screened more than 45 residents of Tara Apartments for various musculoskeletal ailments and provided them advise on posture correction and lifestyle modifications. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available. There was full cooperation from the President, Tara Cooperative Group Housing Society, Alaknanda and Ms Seema Rani (Cultural Coordinator, Jamia Hamdard). It was an interesting community service activity for students of the Physiotherapy department as well. Future health camps in nearby localities are also in pipeline. Thus, the team work and holistic coordination, the health camp was a successful event.

Glimpse of the Health Camp





Dr Sohrab Ahmad Khan
Superintendent Rehabilitation Centre

Dr Nishat Quddus
Head, Department of Physiotherapy



JAMIA HAMDARD

A REPORT ON FREE HEALTH CAMP

27th MARCH 2022



FREE HEALTH CAMP

On

“Prevention & Screening of Musculoskeletal disorders”

Organized by

Rehabilitation Centre, Jamia Hamdard

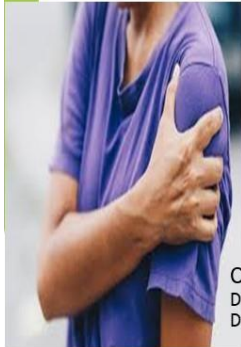
&

Deptt. of Physiotherapy, Jamia Hamdard

On 27th March 2022

Venue: W BLOCK PARK GK2

Consultation Time: 7:30 AM-10:00AM



Organizing Chairpersons

Dr Ruchi Nagar Buckshee
Dr Nishat Quddus

Organizing Secretary

Dr Sohrab Ahmad Khan

Coordinators

Ms Seema Rani
Mr Anil Sehgal
Dr Sahar Zaidi (PT)

A free health camp was organized by the Rehabilitation Centre in collaboration with Department of Physiotherapy and Occupational therapy at W BLOCK PARK GK2 on 27th March 2022 between 7:30 am 12 Noon.

Dr. Sohrab Ahmad Khan, Organizing secretary of the Health camps and Superintendent Rehabilitation Centre, Dr Nishat Quddus, Head Department of Physiotherapy had delivered a health awareness lecture to the patients visited to health

camp. Dr Sohrab also briefed them about the uniqueness of Rehabilitation Centre, Jamia Hamdard for the prevention and management of Orthopedic, neurological, paediatrics, geriatrics, postural and cardiovascular diseases. Dr Sohrab, Dr Nishat, Dr Rashida (OT), Dr Sahar Zaidi (PT), Dr Nahid Khan (PT), Dr Hammad Ahmad Siddiqui (PT), Dr Swati Srivastav (OT), Dr Saba Aziz (OT) and Dr Noor Mohammad (OT) along with students of the Physiotherapy and Occupational therapy department screened more than 55 residents of GK 2 W block for various musculoskeletal ailments and provided them advice on posture correction and lifestyle modifications. Pamphlets describing pictorial representation of exercises of different regions were distributed to the patients. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available. There was full cooperation and logistic support from Mr Anil Sehgal and Ms Seema Rani (Cultural Coordinator, Jamia Hamdard). It was an interesting community service activity for students of the Physiotherapy and Occupational therapy department as well. Future health camps in nearby localities have been scheduled every

Week to sensitize the patients. Thus, with team work and holistic coordination, the health camp was a successful event.

Glimpse of the Health Camp









Sohrab A. Khan

Dr Sohrab Ahmad Khan
Organizing Secretary &
Superintendent Rehabilitation Centre



JAMIA HAMDARD

A REPORT ON FREE HEALTH CAMP

3rd APRIL 2022



FREE HEALTH CAMP

On

“Prevention & Screening of Musculoskeletal disorders”

Organized by

**Rehabilitation Centre, Jamia Hamdard
& Deptt. Of Physiotherapy**

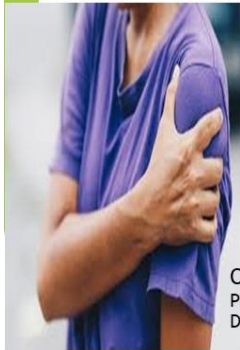
in collaboration with

**Deptt. Of Moalajat, Jamia Hamdard
& RWA Nilgiri Apartments, Alaknanda**

On 3rd April 2022

Venue: RWA Nilgiri Apartments, Alaknanda

Consultation Time: 7:30 AM-10:00AM



Organizing Chairpersons

Prof. Dr Yasmeen Shamsi
Dr Nishat Quddus

Organizing Secretary

Dr Sohrab Ahmad Khan

Coordinators

Ms Seema Rani
Mr Anil Sehgal
Dr Sahar Zaidi (PT)

A free health camp was organized by the Rehabilitation Centre and Department of Physiotherapy in collaboration with Deptt. Of Moalajat, Jamia Hamdard and RWA Nilgiri Apartments, Alaknanda on 27th March 2022 between 7:30 am to 12 pm. Prof Dr Yasmeen Shamsi, SUMER, Dr Nishat Quddus (PT), Head, Department of Physiotherapy, Dr. Sohrab Ahmad Khan, Superintendent Rehabilitation Centre and Dr Deepak Malhotra, Deputy Superintendent, Rehabilitation Centre along with students of the Physiotherapy department screened more than 46 residents of Nilgiri Apartments, Alaknanda for various musculoskeletal ailments and provided them advise on posture correction and lifestyle modifications. Pamphlets describing pictorial representation of exercises of different regions were distributed to the patients. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy and Unani Medicine can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available. It was an interesting community service activity for students of the Physiotherapy. Thus, with team work and holistic coordination, the health camp was a successful event.

Glimpse of the Health Camp











Dr Sohrab Ahmad Khan
Superintendent Rehabilitation Centre

Dr Nishat Quddus
Head, Department of Physiotherapy



JAMIA HAMDARD
A REPORT ON FREE HEALTH CAMP

3rd APRIL 2022



FREE HEALTH CAMP

On

“Prevention & Screening of Musculoskeletal disorders”

Organized by

**Rehabilitation Centre, Jamia Hamdard
& Deptt. Of Physiotherapy**

in collaboration with

**Deptt. Of Moalajat, Jamia Hamdard
& RWA Nilgiri Apartments, Alaknanda**

On 3rd April 2022

Venue: RWA Nilgiri Apartments, Alaknanda
Consultation Time: 7:30 AM-10:00AM



Organizing Chairpersons
Prof. Dr Yasmeen Shamsi
Dr Nishat Quddus

Organizing Secretary
Dr Sohrab Ahmad Khan

Coordinators
Ms Seema Rani
Mr Anil Sehgal
Dr Sahar Zaidi (PT)



A free health camp was organized by the Rehabilitation Centre and Department of Physiotherapy in collaboration with Deptt. Of Moalajat, Jamia Hamdard and RWA Nilgiri Apartments, Alaknanda on 27th March 2022 between 7:30 am to 12 pm. Prof Dr Yasmeen Shamsi, SUMER, Dr Nishat Quddus (PT), Head, Department of Physiotherapy, Dr. Sohrab Ahmad Khan, Superintendent Rehabilitation Centre and Dr Deepak Malhotra, Deputy Superintendent, Rehabilitation Centre along with students of the Physiotherapy department screened more than 46 residents of Nilgiri Apartments, Alaknanda for various musculoskeletal ailments and provided them advise on posture correction and lifestyle modifications. Pamphlets describing pictorial representation of exercises of different regions were distributed to the patients. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy and Unani Medicine can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available. It was an interesting community service activity for students of the Physiotherapy. Thus, with team work and holistic coordination, the health camp was a successful event.

Glimpse of the Health Camp



DENTAL CAMPS DEPARTMENT OF DENTISTRY

Oral Hygiene Day 1st August 2019

VENUE: The Delhi Society for the Welfare of Special Children



Dr. Nilima Sharma Conducting dental check up of Physically challenged students

Oral Hygiene Day 1st August 2017

VENUE: The Delhi Society for the Welfare of Special Children



Dr. Nilma Sharma distributing of toothpastes to mentally challenged students



World No Tobacco Day 31st May 2017

Venue: Urban Health Training Centre at Prahaladpur



World Oral Health Day 20th March 2017

Venue: Rural Health Training Center Madan Pur Khader



Date: 19th January 2017

Venue : Dental Camp with NGO TARA (Trade Alternative Reform Action) TajPur Pahari, Badarpur

TARA (Trade Alternative Reform Action) organized a health camp for the general public. The camp offered free dental and general health check up.

Dr. Nilima Sharma Associate Professor, Dentistry was invited to conduct dental check up.



Dr. Nilima Sharma Conducting dental check up.

Venue Sewa Bharti Madhav Seva Kendra , Trilokpuri New Delhi 24th Jan 2016



Dr. Nilima Sharma and Dr. Taskin Khan were invited by Woman CAN(NGO) to conduct a health camp for the general public on the 24th January 2016 at Sewa Bharti Madhav Seva Kendra , Trilokpuri New Delhi . The camp offered free dental and eye check up

[About](#) ▾[Academics](#) ▾[Students Resources](#) ▾[HAHC Hospital](#) ▾[Gallery](#) ▾[NMC Statutory Info](#) ▾

Admissions 2021-2022

Events Organised Ophthalmology

[Home](#) » [Departments](#) » [Events Organised Ophthalmology](#)

CAMP REPORT 2021:

The Department of Ophthalmology had conducted Eye Camps in the surrounding areas of Govindpuri and Sangam Vihar. Two camps were held, one in a Mosque on 26th October 2021 and other in a Gurudwara on 29th November 2021. The camps were well received by around 300 patients coming from all walks of life. It was attended by a Doctor and an Optometrist. We examined various types of patients coming in with Refractive error, Cataracts and Eye Allergies. We distributed eye drops to the patients which were donated to us by the pharmaceutical companies. Patients requiring further workup and surgery were referred to our hospital. People from the nearby areas appreciated our efforts and our work was well acknowledged by the civil society as well.





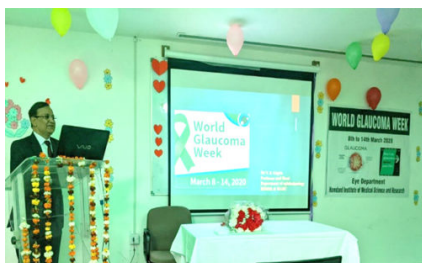
Free Eye Camp held at Gurudwara Shri Guru Singh Sabha, Sangam Vihar on 29th November 2021.



Out Reach Programs

- Glaucoma week 8th March to 14th March 2020 celebrated
- Organised Eye donation fortnight 25th August-8th September 2019
- School vision screening at Laxmi Nagar, New Delhi August, 2019
- Poster making competition as awareness campaign on Eye Donation fortnight, 2019
- Dental and Eye Camp at Sewa Bharti Madhav Seva Kendra, Trilokpuri New Delhi on 24th January 2016 organised by Woman CAN and Department of Dentistry and Ophthalmology
- Organised World Glaucoma Week celebrations, 9th to 14th March 2015, a held at HAHC Hospital, Urban & Rural Health Training Centres of Hamdard Institute of Medical Sciences & Research, Jamia Hamdard.

- Health camp by the Dept. of Dentistry and Ophthalmology in association with Women CAN on 15th March 2015, at Batla House, New Delhi
- Diabetes day and eye check up camp at RHTC, Madanpur Khadar, organized by the Department of Community Medicine & Ophthalmology, 15th November 2014



School Vision Screening



International Women's Day



Glaucoma screening at UHTC & HAHACH



Diabetic Walk' on World Diabetes Day

[For More click to visit to our Photo Gallery](#)

EVENTS

- Glaucoma awareness week 2020
- Eye Donation fortnight celebrations-25th August to 8th September 2019
- Director General's Visit

- Inauguration of diagnostic wing of Ophthalmology
- Contact Lens Workshop 2018- 2019: distribution of certificates
- World Optometry Day celebrations 2019
- Contact Lens awareness week 2019



[For More click to visit to our Photo Gallery](#)

Head of Department



[About](#) ▾[Academics](#) ▾[Students Resources](#) ▾[HAHC Hospital](#) ▾[Gallery](#) ▾[NMC Statutory Info](#) ▾

Admissions 2021-2022

Events Organised Obstetrics & Gynecology

[Home](#) » [Departments](#) » [Events Organised Obstetrics & Gynecology](#)

EVENTS ORGANIZED:

1. CME on 'Vaginal infections" in department of Obst and Gynae on 16th Feb 2013 at HIMSR and HAHC hospital
2. Public awareness forum on World Cancer Day, Mega health camp organized by District Collector, South Delhi on 10th February and 31st March 2013.
3. NARCHI CME on 'Antenatal collapse and antibiotic sensitivity' on 2nd april 2013 at HIMSR & HAHC Hospital, Delhi
4. CME on 'PPIUCD and Recent advances in hormonal contraception' in department of Obst and Gynae at HIMSR and HAHC hospital on 6th April 2013-04-14
5. CME cum workshop on 14th March, 2014. Postpartum contraception: a way to meet the unmet need as organizing centenary at HIMSR and HAHC Hospital
6. Workshop on 'Clinical research and bioethics on 24th Feb, 2015 HIMSR
7. CME on 'Diagnosis and Management of Cervical Intraepithelial Lesions' under the aegis of ISCCP on 7th March, 2015 at Hamdard Convention Centre, Jamia Hamdard, New Delhi
8. CME cum workshop on Contraception update & PPIUCD Insertion Technique under aegis of AOGD at HIMSR, New Delhi on 17th October 2015
9. Organized Basic Surgical Skills in association by Ethicon at HAH centenary Hospital New Delhi on 8thfeb, 2017

10. Organized 'Overview of cervical lesions and management guidelines'. On 10th April 2018 at Hamdard Convention centre
11. Organized CME on 'Writing a Research Paper' on 7th May 2018 at HIMSR
12. Organized CME cum workshop on 'Skills in Gynaecology and Obstetrics' on 8th May 2018 at HIMSR
13. Organized CME cum workshop on 'Science and Art of Obstetric skills' on 21st July 2018
14. Organized CME cum Workshop On "Observe, Interpret, Learn" on 24th Sept 2018 at HIMSR
15. Organized UG Obstetrical & Gynaecological Skills- Tips & Tricks on 20th July 2019 at MEU room, Third floor, HIMSR
16. Organized Precongress AOGD obstetric skill workshop on 27th Sept 2019 at HIMSR, Delhi
17. Organized Precongress AOGD virtual workshop on 'CTG- basic to advanced' on 29th October 2020

Public Forum

18. Organized a Public forum on Female Genital Cancer Awareness Camp done under aegis of ISCCP on 15th February 2018 at Gyne OPD(old block), HAHC hospital.
19. Organized a Public Awareness camp on Diabetes in Pregnancy under aegis of Delhi Diabetic Forum with emphasis on Exercise & Diet during normal & diabetic pregnancy on 8th March 2018, on occasion of International Women's Day 2018.
20. Green menstruation conversion Pledge taking ceremony & awareness session conducted by Dept. of OBG. HIMSR in association with Society of Menstrual Disorder & Hygiene Management & School of Unani Medical Sciences & Research & NSS Jamia Hamdard on 5th March 2020 at board room SUMER, JH

Guest lecture

21. Dr Shehla Jamal , North Zone Coordinator of FOGSI – Public Awareness committee was invited to deliver a guest lecture on Sustainable menstrual health awareness – Newer modalities under aegis of NOGS at HIMSR, Jamia Hamdard, New Delhi on 28th May 2018 on occasion of Menstrual Hygiene Day.

Under Graduate Quiz

22. UG Quiz on Obstetrics & Gynecology was organized for the 9th Semester MBBS students on 27th March 2018 at LT-2, HIMSR, JH.
23. Organized 1st National Hamdardian Obstetrics & Gynaecology QUIZ for UG MBBS(intercollege) student held in association with FOGSI Medical Education Committee on 25th April 2019

OUTREACH ACTIVITIES HIMSR HEALTH CENTRES, DEPARTMENT OF COMMUNITY MEDICINE

RHTC 2020

Health talk at RHTC on Contraception and family planning



Health talk at RHTC on Scabies



Diabetes screening and education camp at RHTC



Health talk on raising awareness about Coronavirus



Health talk for adolescents and Iron distribution Anganwadi center



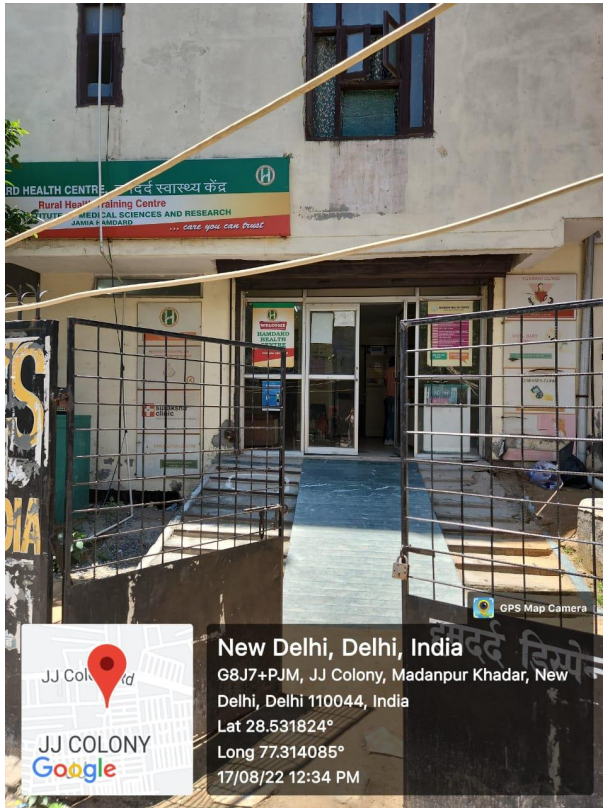
Comprehensive Measures of prevention from Coronavirus infection



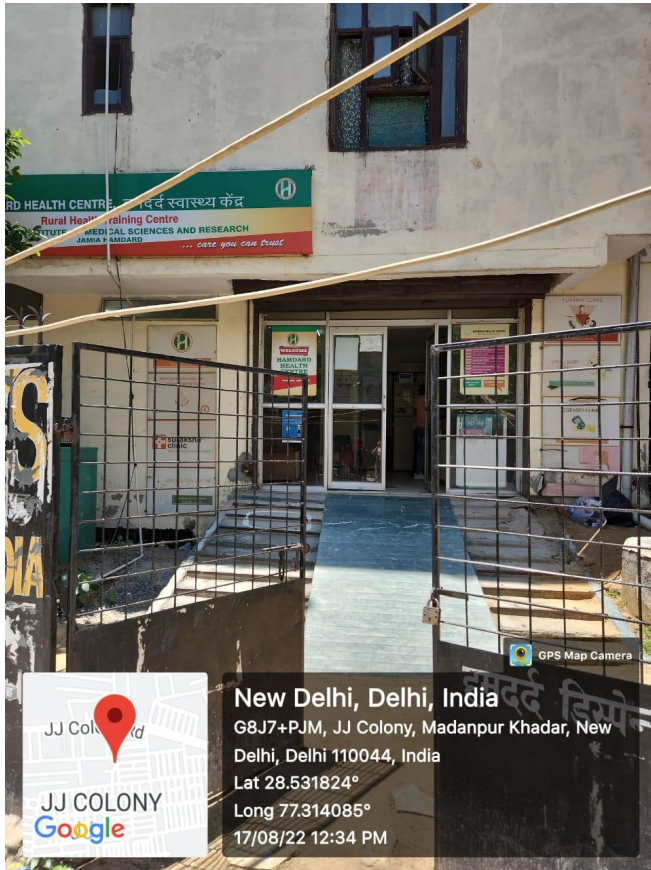
Health talk on breastfeeding during World Breastfeeding Week



Awareness talk on COVID-19 prevention



Health camp during World Breastfeeding Week



health talk on maternal health in the post-natal period



Awareness activities on nutrition in the holistic development of the body



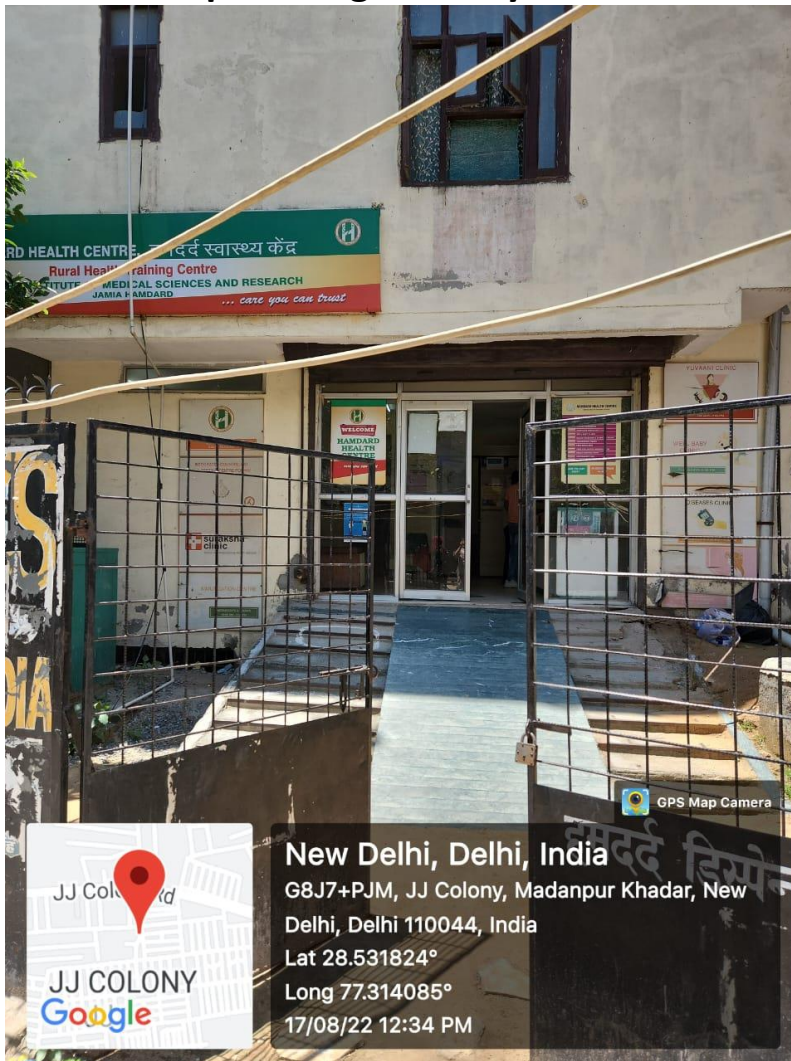


Health talk on proper nutrition during pregnancy and Infant and Young Child Feeding

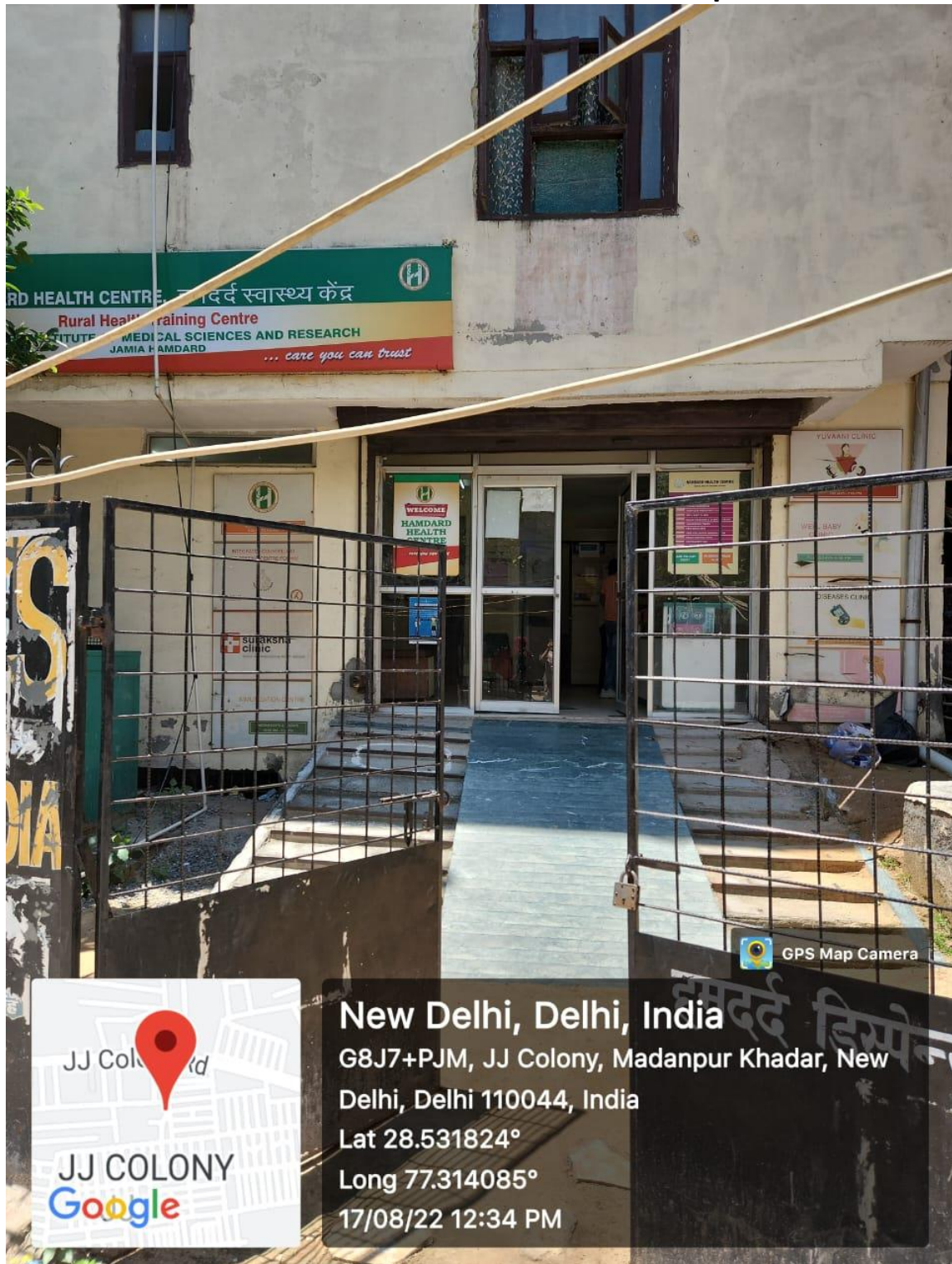




Health camps during Rashtriya PoshanMaah

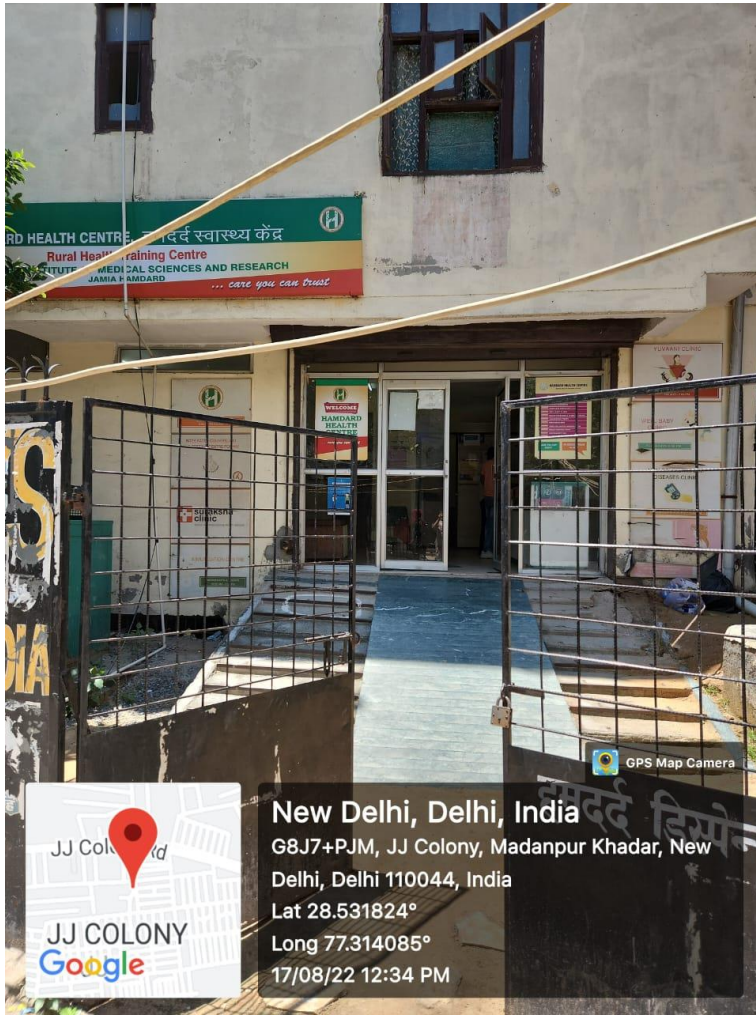


Health talk on awareness of Covid infection and prevention

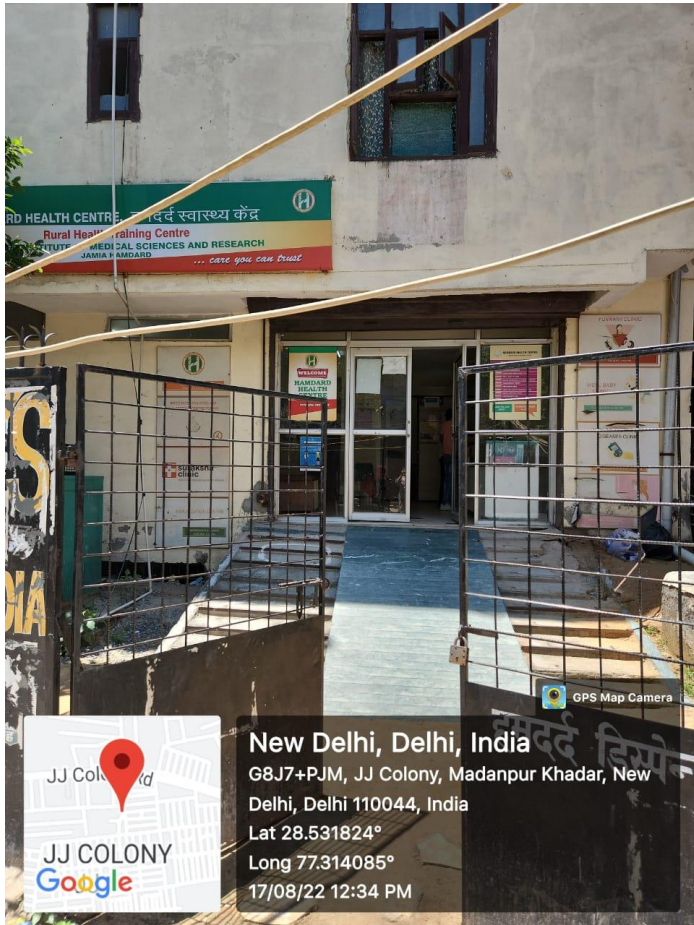




Health talk on mental illness



Health talk on World Immunization Day



IEC activity on World AIDS Day





Sensitisation talk on Covid-19 & Ayushman Bharat Scheme



RHTC 2021

Health talk on Sexual & Reproductive health



Health talk on Exclusive Breastfeeding



Ophthalmology Health camp



Health talk on menstruation cycle and personal hygiene



Health talk on health & Hygiene



Health talk on International Women's Day



ENT camp



health talk to the adolescent girls



Health talk on Post-Partum Depression



Health talk on the awareness and prevention of COVID-19



Program on Pradhan Mantri Matru Vandana Yojana (PMMVY)



Independence Day at Anganwadi Centre



Pain Clinic Health Camp



Poshan Maah celebration at Anganwadi centre



Health talk on adolescent nutrition



Health talk on exclusive breastfeeding



Health talk on awareness of COVID infection and prevention



IEC activity on World AIDS Day



UHTC 2020

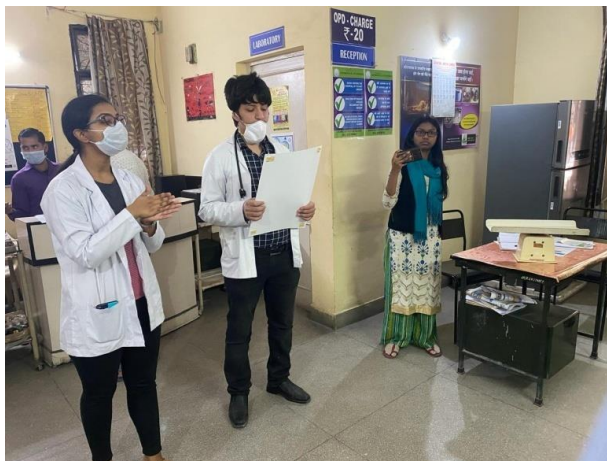
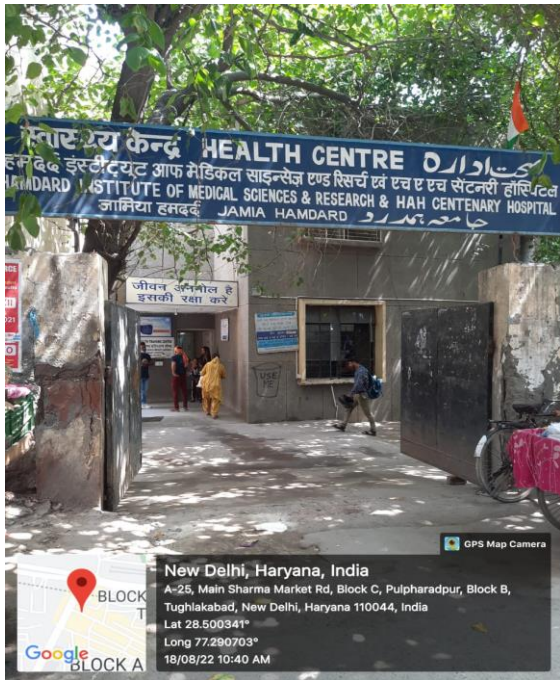
Diabetes Screening and education camp



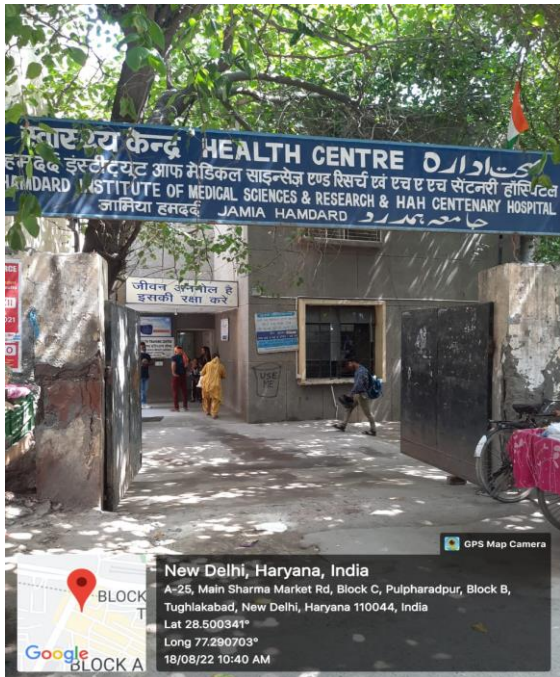
Health talk on awareness about Coronavirus



Health talk on CoVID-19



Health talk on the importance of breastfeeding for infants



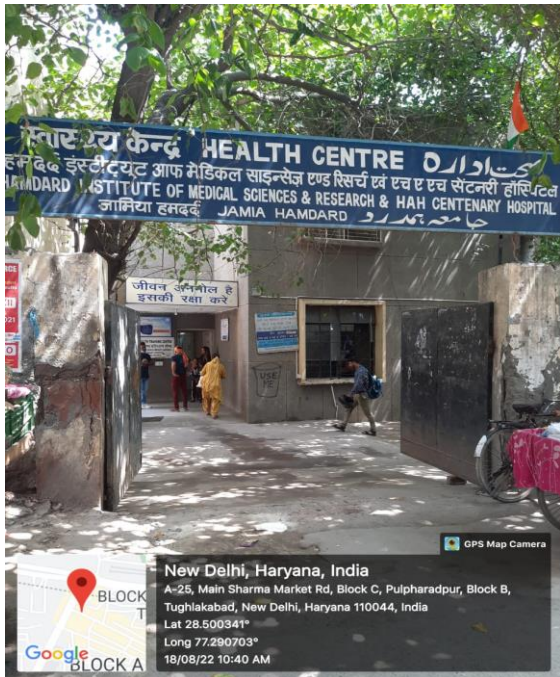
Health talk on breastfeeding support



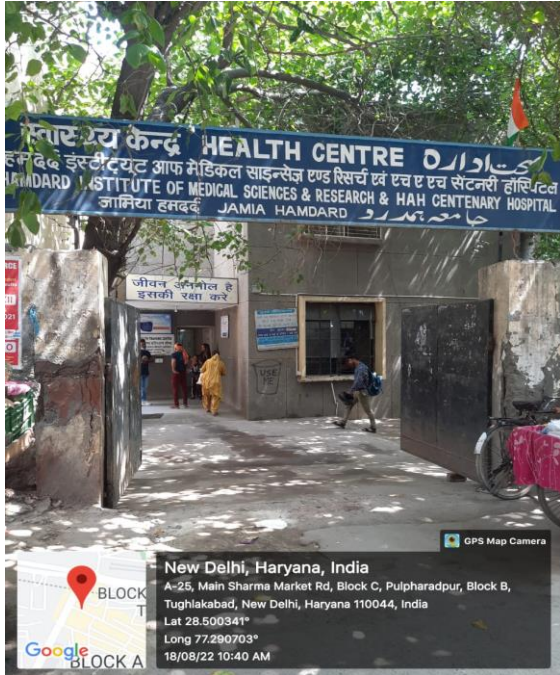
Health camp during World Breastfeeding Week



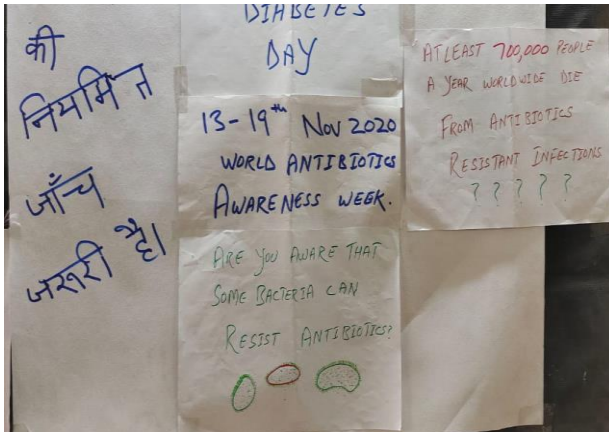
Awareness activities on nutrition during Rashtriya Poshan Maah



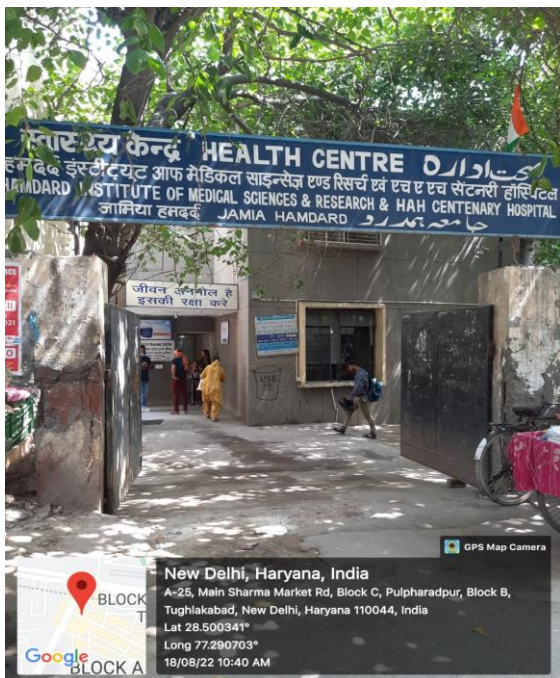
health camps during Rashtriya PoshanMaah



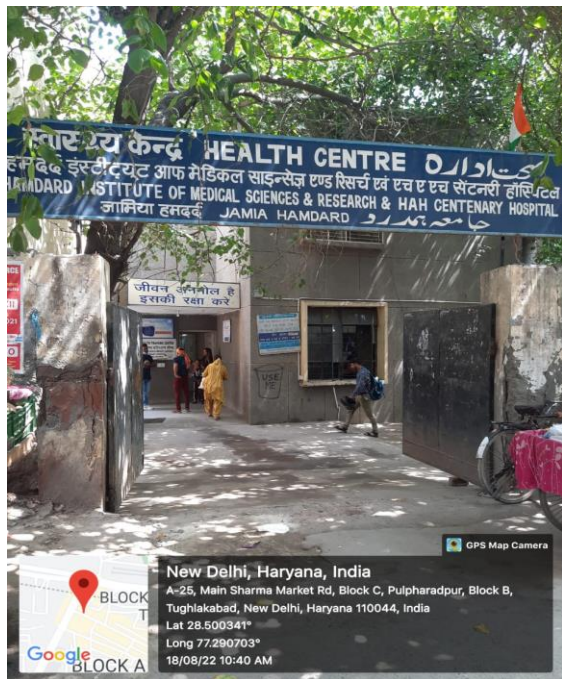
Health talk on World Antibiotic Awareness Week



Health talk on World Diabetes Day

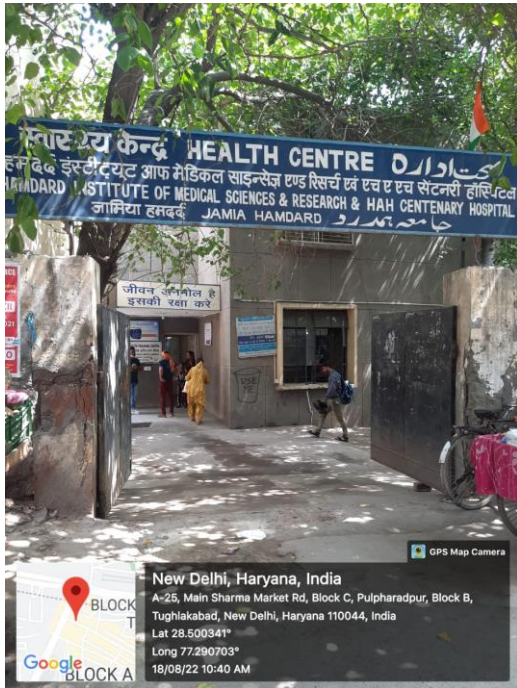


HIV / AIDS awareness health talk

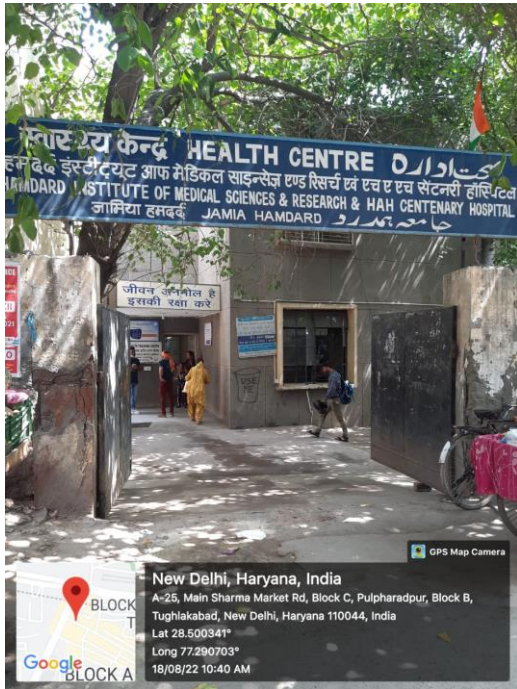


UHTC 2021

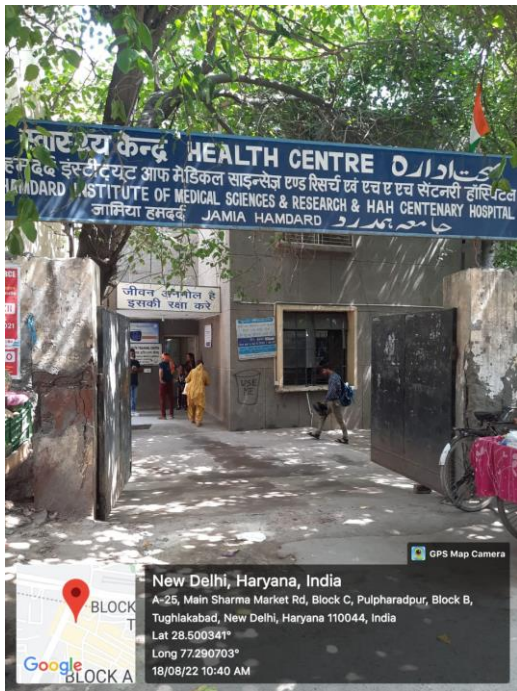
Health Talk on World Cancer Day



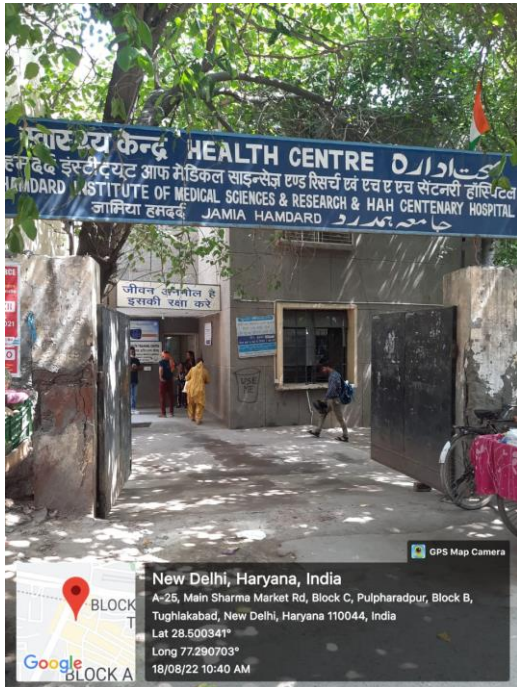
World Hearing Day Health Talk



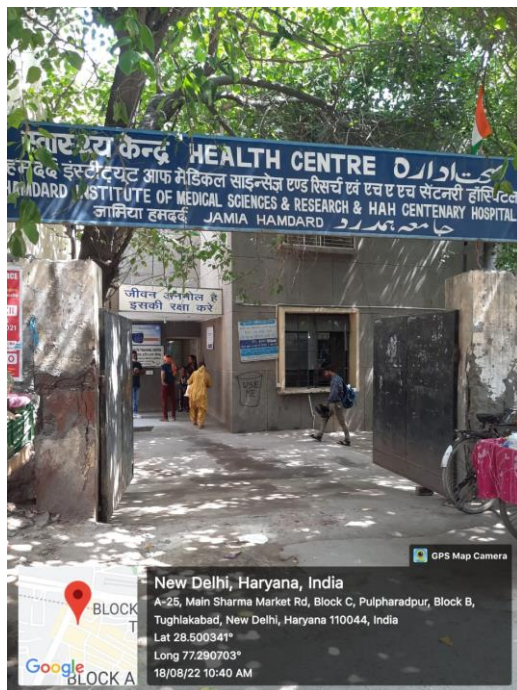
Nukkad Natak on International Women's Day



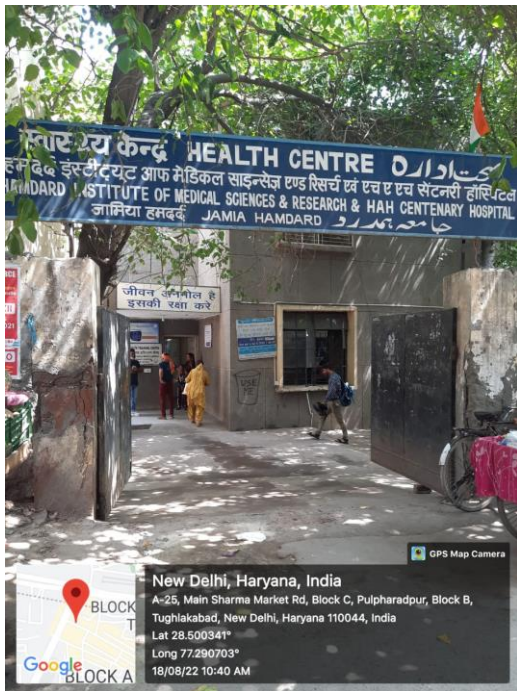
Awareness talk on COVID-19 vaccination



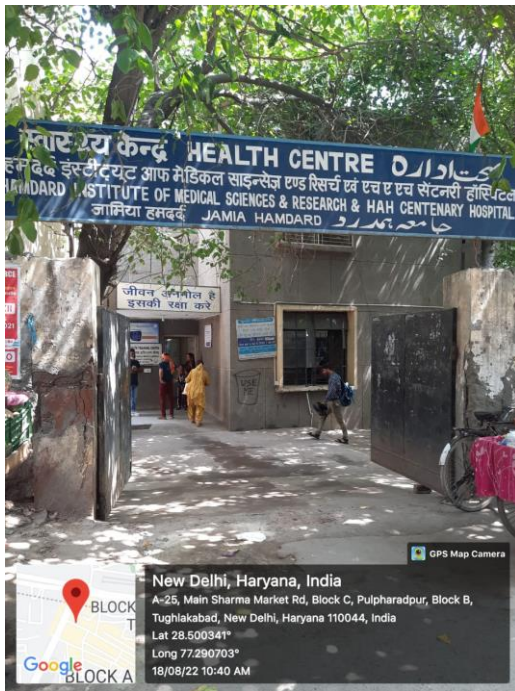
World TB day health talk



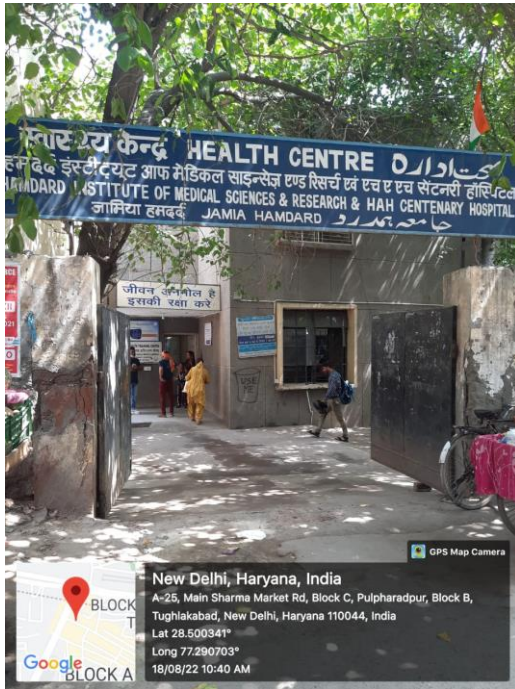
World No Tobacco Day health talk



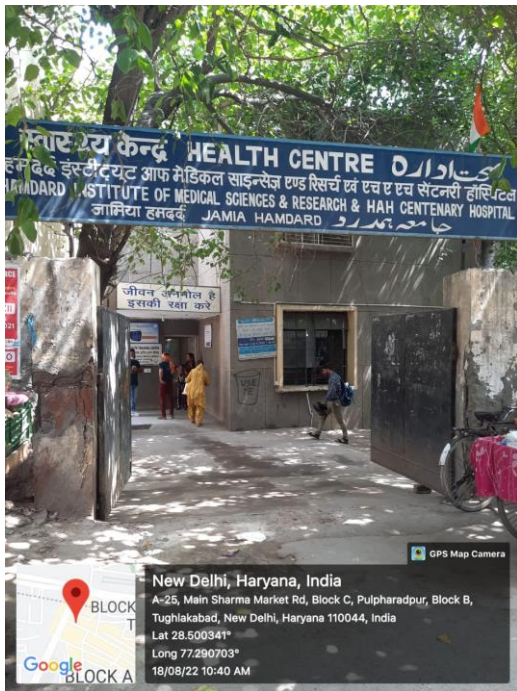
World Health Day health talk



Awareness program on breastfeeding, personal hygiene & hypertension



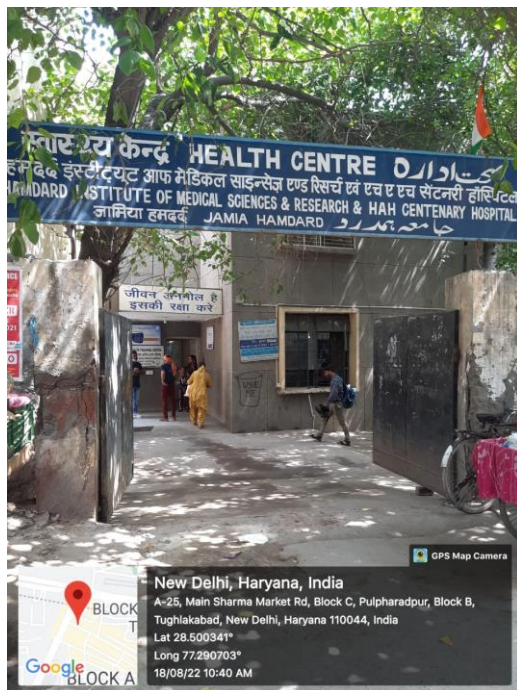
World Population Day health talk



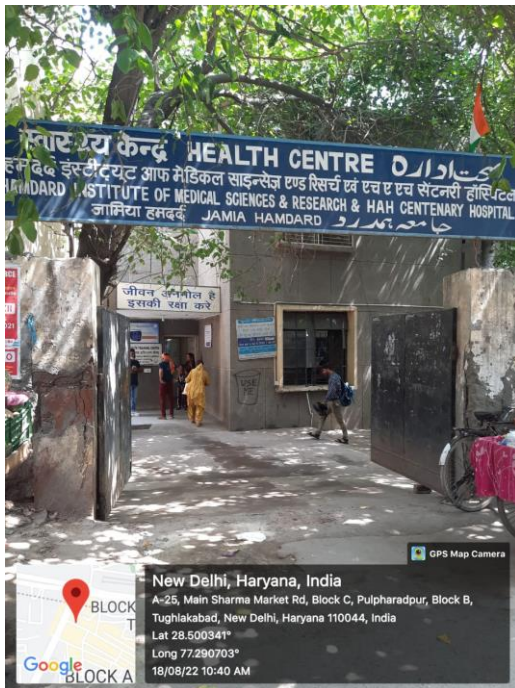
World hepatitis Day health talk



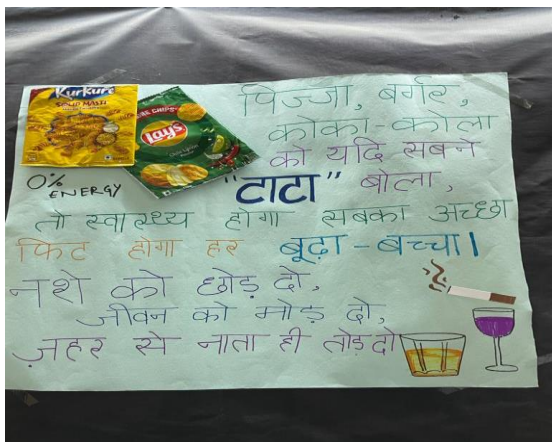
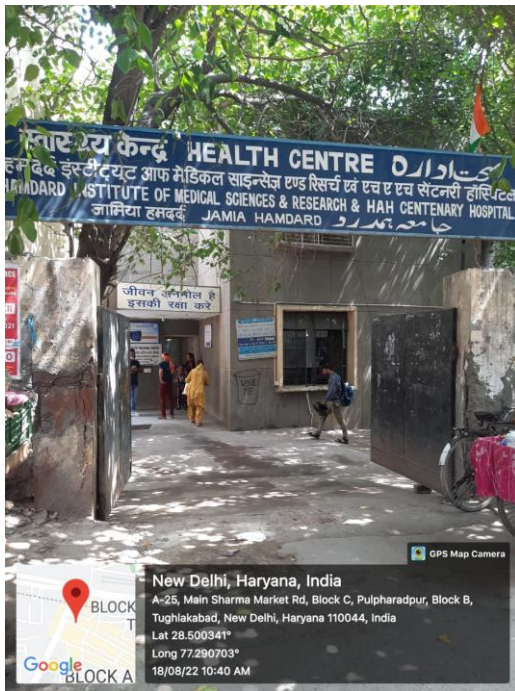
Health talk on importance of breastfeeding



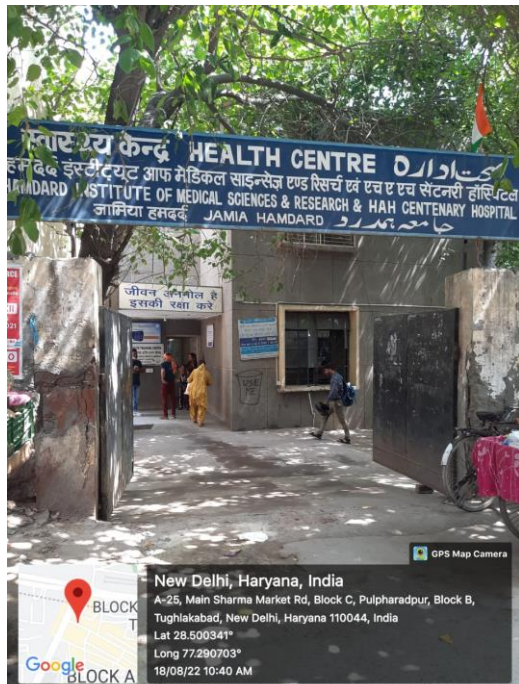
Health talk on methods of breastfeeding



Health talk on adolescent nutrition



Awareness activities about services provided at UHTC HIV and AIDS awareness talk

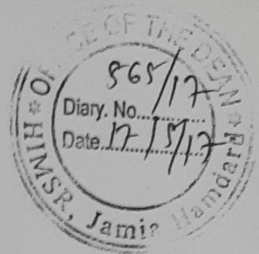


No. HIMSR/ Paed/17/ Daycare/ 107

Dated: 16.5.2017

To

The Dean/Principal
Hamdard Institute of Medical Sciences & Research
Jamia Hamdard
New Delhi



Sub: Visit of Paediatrician to Daycare Center

Dear Sir,

With reference to your office letter no. 274/17 dated 11.5.2017, we will be pleased to conduct a fortnightly medical check up of the children enrolled in the Daycare Center of Jamia Hamdard on first and third Wednesday of every month between 2-4 PM.

Since we would like to make these medical check up visits meaningful we would need the following structural support from the administration:

1. An ear marked space inside the Daycare Center where children can be examined
2. A coach/ small bed for examination
3. A digital weighing scale
4. A Stadiometer to record height
5. A diagnostic set (otoscope and ophthalmoscope)
6. A health book/ card for each child for recording the details of medical check up, and for follow up.

It is requested that the Incharge Daycare Center is entrusted the job of setting up the medical check up site and to inform us about the readiness as soon as possible so that a roster of consultants can be prepared without any further delay.

Thanking you.

Yours faithfully,

Sir
Dr. Hameed Hamid
Incharge Day Care Center

[Signature]
(Prof. A.K. Patwari)
HOD Paediatrics, HIMSR
Prof. (Dr.) A. K. Patwari
Professor & HOD Paediatrics
Hamdard Institute of Medical Sciences & Research
And HAH Centenary Hospital
New Delhi

Thank you for considering our request. Everything will be made available in the daycare center except the diagnostic kit (otoscope & ophthalmoscope) which can be provided from the hospital.

[Signature]
17/5

Day care Centre
Jamia Hamdard Campus, New Delhi

10/3/19

Dear Parents

This is to inform that we have arranged for periodic medical checkup of the kids housed in the daycare centre by the pediatrician from Department of Pediatrics, HIMSR. We have already issued health booklets, prepared in collaboration with, Department of Pediatrics, HIMSR to you and you are requested to submit them back with your details and latest immunization record at the earliest.

The health checkup of the first batch of kids has been scheduled on 10th of October, 2019 from 10 to 11 A.M at the daycare centre. The parents are requested to be present at the daycare centre along with the kids on the aforementioned date and time. Following kids have been included in the first batch.

S.No	Name of the child	Name of the parent	Date Of Birth
1.	Azma	Mrs. Shagufta Bano	26-12-2017
2.	Aashivi	Mrs. Meenakshi Sharma	27-09-2018
3.	Mysha	Mr. Shamim akhter	27-12-2016
4.	Udaina	Dr. Faheem Ahmed	19-08-2017
5.	Faizin Sabahad	Mrs. Huma quasimi	18-07-2017
6.	Fatima Haya	Shabana Tabassum	28-05-2017
7.	Hamza khan	Dr. Shamim ullah	28-11-2017
8.	Abeela	Mr. Asad Siddiqui	22-01-2018
9.	Turyaq	Mrs. Salma Jamal	16-01-2018
10.	Anantika Sharma	Dr. Poonam Goswami	06-06-2017
11.	Ayat	Mrs. Zahera	29-04-2018
12.	Maaz	Mrs. Imrana	08-03-2018
13.	Amaan Hussain	Mrs. Musarat Parveen	20-11-2018
14.	Ayesha Ahmed	Dr. Shweta Joshi	21-08-2018
15.	Feriha Tanveer	Rifat Jamal	06-01-2019

Dr. Hinna hamid
I/C, Daycare Centre





WORLD
HEALTH
DAY







Centre for Excellence in Professional Education and Research with Inspiring for All

Jamia Hamdard
In collaboration with Delhi Police organizes
Sensitization & Cyber Awareness-Cum-Training Programme
and
"Familiarization with Himmat Plus App"

Chief Guest
Shri. Vijay Kumar, IPS
Deputy Commissioner of Police
South East District, New Delhi

Prof. (Dr.) Seyed Ehtesham Hassain
Vice-Chancellor, Jamia Hamdard, New Delhi
will address the programme
on **Thursday, 21st** at **10:30 A.M.**
at **Hamdard, Hrs. Hall 1**

Introduction to the Programme

Introduction to the Programme

Introduction to the Programme





1 of 1

LEGAL AID COMMITTEE

HAMDARD INSITITUTE OF LEGAL
STUDIES AND RESEARCH

JAMIA HAMDARD

PRESENTS

NUKKAD NATAK

ON

ROAD SAFETY

















JAMIA HAMDARD

(Deemed to be University)

Accredited by NAAC in 'A' Category

Phone : 011 26059688 (12 Lines)
Fax : 011 26059663
E-mail : inquiry@jamiahamdard.edu
Website : www.jamiahamdard.edu

HAMDARD NAGAR
NEW DELHI - 110062

**The CEO
Food Safety and Standards Authority of India
FDA Bhawan
New Delhi -110002**

30-07-2019

Dear Sir,

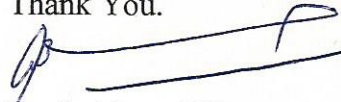
Sub: Outline of plan for participation in SNF@school program

With reference to the Orientation programme attended by Jamia Hamdard, B.Tech Food Technology students for participation in the SNF@school program, kindly find below outline of the plan for execution of the SNF@ school program:

- Number of SNF fellows: 41 (B.Tech Food Technology, 3rd and 4th year students)
- Number of schools to be approached: 150
- Support required from FSSAI: Mascots - Master & Miss Sehat, Books, Reading Material – Yellow book, DART book, training modules.
- Activities to emphasize upon different aspects of food:
 - ✓ Eat healthy
 - ✓ Eat safe
 - ✓ Eat fortified
 - ✓ Do not waste food
 - ✓ Physical exercises
- Faculty-in-charge : Dr. Vasudha Sharma

We look forward to a fruitful association with FSSAI while contributing towards food safety and creating awareness among young consumers.

Thank You.


Prof. Afrozul Haq
HOD – Department of Food Technology
Dean - School of Interdisciplinary Science & Technology
Jamia Hamdard
New Delhi-110062



सत्यमेव जयते

Inoshi Sharma, IRS
Director (SBCD)
Email: directorfssai@gmail.com
Tele: 011-23220994

हिन्दी का मान : राष्ट्र का सम्मान

भारतीय खाद्य संरक्षा एवं
मानक प्राधिकरण
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
भारत सरकार

एफडीए भवन, कोटला रोड, नई दिल्ली-110002

**FOOD SAFETY AND
STANDARDS AUTHORITY OF INDIA**
Ministry of Health & Family Welfare
Government of India

FDA Bhawan, Kotla Road, New Delhi-110002

Website:- www.fssai.gov.in

Helpline No:- 1800112100

Dear Sir,

D.O. No. 1/53/ School Project/2017/FSSAI-pt
Dated, the 21st August, 2019

We are pleased to have Jamia Hamdard as one of the knowledge dissemination partners to implement and execute the Eat Right School Program by FSSAI (<https://snfportal.in/jsp/school.jsp>) program across Delhi and adjoining areas.

2. Healthy children grow up to be healthy adults and school nutrition education plays an important role in effecting behavioral change and a culture of safe and wholesome foods. FSSAI has taken a leap in this direction by initiating 'Eat Right School' (SNF@School - Safe and Nutritious Food at School) project. The cornerstone of this project is the creation of Health & Wellness Coordinators and teams in each school to deliver and reinforce the message of safe & nutritious food through curricular & co-curricular activities. The schools can enroll in the Eat Right School program and gain access to age appropriate scientific and fun material on food safety and nutrition.

3. You are requested to execute the program through the college faculty and students under the SNF Fellowship program. The college students taking up the project will be known as SNF Fellows and on successful completion at the end of one year will get a certification from FSSAI. The following activities should be conducted by the SNF Fellows in the school:

- Orientation about the Eat Right School
- Registration of the school on the FSSAI SNF Portal
- Lecture / Presentation / Interactive student activities regarding food safety & nutrition (30 – 60 min)

4. All learning resources are available on the website link www.snfportal.in. This project does not require any fund raising and involves no cost to the school. For any

further details, please contact Ms. Namrata Khanna/ Ms. Shivani Moghe
(snfatschool@fssai.gov.in).

5. Looking forward to a successful implementation of Eat Right School program.

with warm regards

Yours sincerely

Inoshi Sharma

(Inoshi Sharma)

Prof. Afrozul Haq

Dean - School of Interdisciplinary Science and Technology

Jamia Hamdard

New Delhi-110062



SNF@School

JAMIA HAMDARD

Accredited by NAAC in 'A' Category

Hamdard Nagar, New Delhi-110062



Presented by

Ms. Ateeba Kamal & Ms. Reema Khan

Dr. Vasudha Sharma

**DEPARTMENT OF FOOD TECHNOLOGY
SCHOOL OF INTERDISCIPLINARY SCIENCE & TECHNOLOGY
JAMIA HAMDARD [INSTITUTE OF EMINENCE]
NEW DELHI - 110062**

JOURNEY SO FAR

Number of schools/ NGOs covered: 11

Number of students: approximately: 800+

Conducted SNF for: Level 1(YELLOW BOOK) (1st to 5th)

SCHOOLS COVERED: NGOs, SDMCs and KVs



ACTIVITIES

- Activity 1: **Healthy plate**

Learning outcome : Importance of balanced diet.

- Activity 2: **Colour healthy foods**

Learning outcome: Differentiation among healthy and unhealthy foods.

- Activity 3. **Glittery germs (glitter pretend germs)**

Learning outcome: How germs transfer from the objects you touch to the body.

- Activity 4. **Unscramble the letters**

Learning outcome: words like clean, healthy, safe food etc. were put to notice.

- **PERSONAL HYGIENE: 6 STEPS TO WASH HANDS, BRUSHING TEETH AND CUTTING NAILS..**



Sankalp (NGO)



SDMC (Tuglakabad)

EKLAVYA TRUST (NGO)



SDMC, GOVINDPURI



D STAIRS TRUST (NGO)

SDMC



KV, MASJID MOTH



Suggestions/Inputs from schools

Easy and tasty recipes to be incorporated in mid-day meal programmes.

Awareness for the parents

Challengess

Induced misconceptions; when and what we should eat. Eg. Rice leads to obesity

Food Preferences Eg. Students do not find khichdi/dalia as tasty as chole/kadi etc.

Administrative constraints Eg. Permission to enter in some schools.

Thank you..!

Success is the sum of small efforts—repeated day-in and day-out !



THIS STORY IS FROM JUNE 7, 2021

Keralites to help rehabilitate sex workers in Delhi

M K Sunil Kumar (https://timesofindia.indiatimes.com/toireporter/author-M-K-Sunil-Kumar-479222351.cms) / TNN / Jun 7, 2021, 09:17 IST

SHARE (articleshow/print/83298500.cms)

ARTICLES

(https://timesofindia.indiatimes.com/city-to-help-rehabilitate-sex-workers-in-delhi/articleshow/83298500.cms)

(https://timesofindia.indiatimes.com/spotlight/san-galaxy-f13-one-of-the-best-smartphones-for-uninterrupted-high-quality-entertainment-is-finally-on-sale/articleshow/92677331.cms)

(https://timesofindia.indiatimes.com/city-records-1807-new-cases-testing-positivity-in-45/articleshow/83297252.cms)

(https://timesofindia.indiatimes.com/india/seven-times-when-dirty-tricks-toppled-a-govt-since-2014/articleshow/92652623.cms)



The children of the sex workers in the Kothas on GB Road are deprived of nutritious food, and other facilities. (Representative Image)

KOCHI: Kerala is lending a helping hand to the rehabilitation of sex workers in GB Road, a red-light area in Delhi. Distress Management Collective India (DMCI), an NGO in Delhi led by Keralites, is buying masks manufactured by rehabilitated sex workers and distributing them among deprived people in the state.

Gitanjali Babbar, founder, director of Kat-Katha, an NGO that works among sex workers said: "Social distancing and other restrictions have left the sex workers jobless." "At least a few of them are ready to abandon sex work. In the past one year we could rehabilitate the maximum number of sex workers," said Babbar, who had been working for the welfare of sex workers for more than a decade.

"Rehabilitation of sex workers can't be done in a few days, rather it would take three or four years. Post-lockdown 23 women sex workers have come out of the brothels in GB Road. We will have to train them and provide them with alternative livelihoods. Otherwise, they would return to the kotha (brothel)," Babbar said. According to her, training

SPOTLIGHT

Bring OnePlus TV 50 Y1S home now! (https://timesofindia.indiatimes.com/spotlight/this-is-how-the-oneplus-tv-50-y1s-pro-takes-centre-stage-in-your-living-room/articleshow/92681037.cms). The true entertainer, Samsung Galaxy F13 is on sale! (https://timesofindia.indiatimes.com/spotlight/san-galaxy-f13-one-of-the-best-smartphones-for-uninterrupted-high-quality-entertainment-is-finally-on-sale/articleshow/92677331.cms).

TOI+ STORIES (https://TIMESOFINDIA.INDIATIME PLUS) SEE ALL



The bald truth: why you are losing hair and how to prevent it (articleshow/92656843.cms)

(https://timesofindia.indiatimes.com/india/was-bhaqvanaqar-really-hyderabad-first-name/articleshow/92691317.cms)



(https://timesofindia.indiatimes.com/india/seven-times-when-dirty-tricks-toppled-a-govt-since-2014/articleshow/92652623.cms)



Enjoy an ad-free

them in mask making was the first step. "We plan to train them in whatever job they are interested in. If more people buy the masks made by these women, it would be a great help for their rehabilitation," Babbar said.

The DMCI supports Kat-Katha by undertaking the distribution of masks. "We will be sending a consignment of 30,000 masks to Kerala in a few days," Sakhi John, executive committee member of DMCI, said.

The DMCI with Justice Kurian Joseph as the chief patron also provides education to the street children in Delhi. "The children of the sex workers in the Kothas on GB Road are deprived of education, nutritious food, and other facilities. We give informal education to them. We could enroll a few in schools in 2019," said Sakhi John.

At least 30,000 masks made by rehabilitated sex workers of GB Road, Delhi, will reach Kerala soon

FOLLOW US ON SOCIAL MEDIA

- FACEBOOK
- TWITTER
- INSTAGRAM
- KOO APP
- YOUTUBE

Looking For Something?

TOP TRENDING:

- Coronavirus** (<https://timesofindia.indiatimes.com/Topic/Coronavirus-In-India...>)
- Russia** (<https://timesofindia.indiatimes.com/Topic/Russia-Ukrai...>)
- India** (<https://timesofindia.indiatimes.com/Topic/India-Cov...>)

Top Comment

R Raju Choppella
391 days ago

Amazing job.. we need more such organizations to root out this evil from our society!

- ADD COMMENT >
- READ COMMENT (1) >

END OF ARTICLE

VISUAL STORIES

- TOI**
Samantha Ruth Prabhu's...
WEB STORIES
- TOI**
9 scents that turn on a man
LIFESTYLE
- TOI**
Stunning looks of Ritu Varma
ENTERTAINMENT
- TOI**
How birthday boy...
LIFESTYLE

PLAY EXCITING PUZZLES & GAMES



experience

Get TOI+ for just ₹799 599/year.

[Learn more >](#)

SUBSCRIBE NOW (/TOI-PLUS/PLANS)

ADVERTISEMENT

TRENDING TOPICS

- Coronavirus in India Live**
(<https://timesofindia.indiatimes.com/india/coronavir-in-india-live-updates-july-6/liveblog/92687231.cms>)
- Russia Ukraine War News Live**
(<https://timesofindia.indiatimes.com/world/europe/r-ukraine-war-news-live-updates-july-6/liveblog/92687278.cms>)
- India Covid Cases**
(<https://timesofindia.indiatimes.com/india/india-reports-16159-covid-19-cases-and-28-deaths-in-last-24-hour/articleshow/92691842.cms>)
- Mumbai Rains**
(<https://timesofindia.indiatimes.com/city/mumbai/r-news-live-updates-covid-cases-mumbai-rains-than-konkan-waterlogging-bmc-eknath-shinde-shiv-sen-thackeray-july-6-2022/liveblog/92690009.cms>)
- Bhagwant Mann Marriage**
(<https://timesofindia.indiatimes.com/city/chandigar/cm-bhagwant-mann-to-marry-gurpreet-kaur-tomorrow/articleshow/92697487.cms>)

ADVERTISEMENT

RELATED STORIES

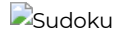
Mixed reaction from Kol sex workers to SC verdict

(<https://timesofindia.indiatimes.com/city/kolkata/reaction-from-kolkata-sex-workers-to-sc-verdict/articleshow/91844825.cms>)

<https://timesofindia.indiatimes.com/city/hagpur/150-kids-of-csws-out-of-schools-after-ganga-jamuna-closure/articleshow/92166954.cms>

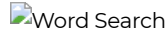
Mini Crossword

[PLAY NOW \(/GAMES/CROSSWORD?ID=E8697A53\)](#)



Sudoku

[PLAY NOW \(/GAMES/SUDOKU?ID=AL-SUDOKU-EASY-20220707\)](#)



Word Search

[PLAY NOW \(/GAMES/WORD-SEARCH?ID=AL-WORDSEARCH-20220707\)](#)

MORE PUZZLES

<https://timesofindia.indiatimes.com/games>

LATEST FROM BUSINESS NEWS

- 1 Boris Johnson agrees to quit as British PM after resignation wave
- 2 Local connections emerge in Vivo action
- 3 Safran to set up its largest MRO in India

ADVERTISEMENT

READ ALSO

Mixed reaction from Kol sex workers to SC verdict

<https://timesofindia.indiatimes.com/city/kolkata/mixed-reaction-from-kol-sex-workers-to-sc-verdict/articleshow/91846420.cms>

<https://timesofindia.indiatimes.com/city/kolkata/mixed-reaction-from-kolkata-sex-workers-to-sc-verdict/articleshow/91844825.cms>

<https://timesofindia.indiatimes.com/city/hagpur/150-kids-of-csws-out-of-schools-after-ganga-jamuna-closure/articleshow/92166954.cms>

HOT OFFERS https://timesofindia.indiatimes.com/affiliate_amaz

[url=https%3A%2F%2Fwww.amazon.in%2Fdeals%3Ftag%3Dtoi_web_cit21\)](https://www.amazon.in/?fdeals%3Ftag%3Dtoi_web_cit21)

<p>Noise Combat with Ultra Lo...</p> <p>₹ 1480</p> <p>₹ 3999 (63% Off)</p> <p>BUY</p>	<p>Xiaomi 11T Pro 5G...</p> <p>₹ 39999</p> <p>₹ 52999 (25% Off)</p> <p>BUY</p>
---	--



ADVERTISEMENT

FROM AROUND THE WEB

Recommended by



Buy and get 3 products for free worth ₹300 @Kama Ayurveda
KAMA AYURVEDA



Get 7%* p.a. on saving a/c with monthly interest payout
AU Small Finance Bank



Avoid queues in lab.get your inner fitness test done at home
Onquest



Vote now to win vouchers worth Rs 10 lacs*!
MakeMyTrip



All in one trimmer.
Philips



Own a home in less than what you pay as rent
Squareyards



Fulfill your dream of being a good programmer @Scaler!
Scaler Academy



All-in-one membership. Join Time Prime @ ₹709* only
TIMES PRIME



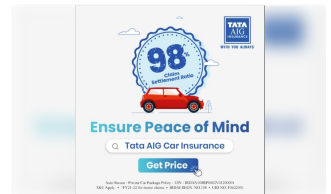
Buy Kama Ayurveda's Products & get 3 products-Use Code KA300
KAMA AYURVEDA



Give healthcare to employees at Rs 145/pm. Get a quote
Onsurey



Invest \$100 & trade upto \$40000. That's a power of Leverage
TGM



Tata AIG | 98% Claim Settlement Ratio
TATA AIG

UP NEXT

Samsung Galaxy F13, one of the best smartphones for uninterrupted high-quality entertainment, is finally here!

Bhavna Dubey (<https://timesofindia.indiatimes.com/toireporter/author-Bhavna-Dubey-479257121.cms>) / SPOTLIGHT / Jul 5, 2022, 17:54 IST

SHARE [/articleshow/92677331.cms](https://timesofindia.indiatimes.com/spotlight/san-galaxy-f13-one-of-the-best-smartphones-for-uninterrupted-high-quality-entertainment-is-finally-here/articleshow/92677331.cms)

ARTICLES

<https://timesofindia.indiatimes.com/city-to-help-rehabilitate-sex-workers-in-delhi/articleshow/83298500.cms>

<https://timesofindia.indiatimes.com/spotlight/san-galaxy-f13-one-of-the-best-smartphones-for-uninterrupted-high-quality-entertainment-is-finally-here/articleshow/92677331.cms>

<https://timesofindia.indiatimes.com/city-records-1807-new-cases-testing-positivity/articleshow/83297252.cms>

<https://timesofindia.indiatimes.com/city/kochi-20-children-rescued-from-trains/articleshow/83290740.cms>

SAMSUNG Flagship Entertainment
Galaxy F13
Showtime. Anytime.
FHD+ | 6000mAh | Auto Data Switching
Sale is live



For the current generation, more commonly referred to as the Millennials and the Gen Z, our smartphones have become an inseparable part of our daily lifestyle for reasons including, but not limited to bingeing on our favourite shows every day. From snoozing our morning alarms to clicking a

SPOTLIGHT

Bring OnePlus TV 50 Y1S home now!
<https://timesofindia.indiatimes.com/spotlight/this-is-how-the-oneplus-tv-50-y1s-pro-takes-centre-stage-in-your-living-room/articleshow/92681037.cms>
The true entertainer, Samsung Galaxy F13 is on sale!
<https://timesofindia.indiatimes.com/spotlight/san-galaxy-f13-one-of-the-best-smartphones-for-uninterrupted-high-quality-entertainment-is-finally-here/articleshow/92677331.cms>

TOI+ STORIES
(HTTPS://TIMESOFINDIA.INDIATIME PLUS)
SEE ALL

picture of our morning coffee, and from sharing the day's hottest gossip with our BFF to posting the highlight of our day on the 'Gram, our smartphone always stays right by our side. To be honest, smartphones have become inarguably the most significant part of our lives without us actually realising it. Not to forget that smartphones have also become the binge-watcher generation's unpaid therapist, letting us find comfort in entertaining bingeing or gaming sessions after a stressful day at work.

For a generation that mostly depends on technology for a daily dose of fun and entertainment, there needs to be a phone that could prioritise unhindered entertainment on the go while maintaining a good mix of features like an FHD+ display, massive battery, top-notch security, a dependable network reception, a classy look and feel, a crystal clear camera to capture and share your life on socials, and overall great specs at a price that doesn't burn a hole in your pocket.

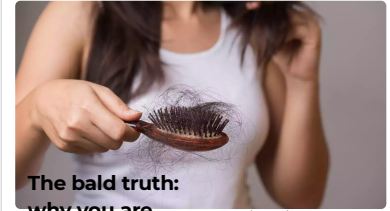
If you're not living under a rock, you would already be aware of one such newly launched Samsung phone that ticks all these boxes and does more! We're talking about Samsung's newly launched entertainment beast, the Samsung Galaxy F13, that's creating a lot of buzz lately. This phone is by far one of the best budget launches by Samsung. Samsung Galaxy F13 extensively focuses on content consumption while being on the move!

First things first, let's have a look at some of the most talked-about features of the Samsung Galaxy F13 that make it your perfect entertainment companion:

- **Segment-first Auto Data Switching for uninterrupted entertainment:**



Watching your favourite movie or series is no fun when facing a network crisis. And it is especially unpleasant to lose network connection while on a video call. The Auto Data Switching feature in the Samsung Galaxy F13 ensures that you do not miss out on your dose of entertainment or gossip session with your BFF after a hectic day just because of poor network strength. For achieving that, it automatically switches to your 2nd SIM when your primary SIM loses network. This way, your bingeing sesh goes on uninterrupted.



<https://timesofindia.indiatimes.com/india/the-bald-truth-why-you-are-losing-hair-and-how-to-prevent-it/articleshow/92656843.cms>

<https://timesofindia.indiatimes.com/india/was-bhagwanagar-really-hyderabad-first-name/articleshow/92691317.cms>



<https://timesofindia.indiatimes.com/india/seven-times-when-dirty-tricks-toppled-a-govt-since-2014/articleshow/92652623.cms>



Enjoy an ad-free experience

Get TOI+ for just ₹799 599/year.

[Learn more >](#)

[SUBSCRIBE NOW \(/TOI-PLUS/PLANS\)](#)

ADVERTISEMENT

TRENDING TOPICS

Coronavirus in India Live
<https://timesofindia.indiatimes.com/india/coronavir-in-india-live-updates-july-6/liveblog/92687231.cms>

Russia Ukraine War News Live
<https://timesofindia.indiatimes.com/world/europe/r-ukraine-war-news-live-updates-july-6/liveblog/92687278.cms>

India Covid Cases
<https://timesofindia.indiatimes.com/india/india-reports-16159-covid-19-cases-and-28-deaths-in-last-24-hours/articleshow/92691842.cms>

Mumbai Rains
<https://timesofindia.indiatimes.com/city/mumbai/m-news-live-updates-covid-cases-mumbai-rains-thane-konkan-waterlogging-bmc-eknath-shinde-shiv-sen-thackeray-july-6-2022/liveblog/92690009.cms>

Bhagwant Mann Marriage
<https://timesofindia.indiatimes.com/city/chandigarh/cm-bhagwant-mann-to-marry-gurpreet-kaur-tomorrow/articleshow/92697487.cms>

ADVERTISEMENT

ADVERTISEMENT

• **FHD+ Display for a cinematic viewing experience:**



Gone are the days when you had to compromise on a big-screen experience every time you opted to binge-watch on your phone. From now on, your mobile bingeing is going to peak at a new high because of the crisp, cinematic, and immersive content viewing experience offered by the Samsung Galaxy F13's BIG 16.72 cm (6.6") FHD+ screen. This phone turns your phone's screen into your own silver screen.

• **Ram Plus for bingeing and multitasking side-by-side:**



Ever tried to put your favourite show's next season on download while you binge on the previous one? If you have, you might know how big a task it is to multitask while you stream. Samsung Galaxy F13 gives you the power to accomplish more simultaneously with its 4GB RAM Plus that can be virtually expanded up to 8GB with RAM Plus. With 8GB RAM, you can now chat, download, shop or multi-task as you please while bingeing on your favs.

• **6000mAh battery with 15W fast-charging for showtime that goes on and on:**

RELATED STORIES

Mixed reaction from Kol sex workers to SC verdict

<https://timesofindia.indiatimes.com/city/kolkata/reaction-from-kolkata-sex-workers-to-sc-verdict/articleshow/91844825.cms>

<https://timesofindia.indiatimes.com/city/happy/150-kids-of-csww-out-of-schools-after-ganga-jamuna-closure/articleshow/92166954.cms>

LATEST FROM BUSINESS NEWS

- 1 Boris Johnson agrees to quit as British PM after resignation wave
- 2 Local connections emerge in Vivo action
- 3 Safran to set up its largest MRO in India

ADVERTISEMENT

ADVERTISEMENT

The image shows a large, semi-transparent watermark of the letters 'TOI' in a serif font, centered on a light gray background with a subtle diagonal shadow effect.

Every one of us has felt the panic of our bingeing sesh getting halted mid-way just because the phone's battery couldn't last any longer! That's why Samsung has carefully crafted Galaxy F13 with a massive 6000 mAh battery that lasts for long hours and can be quickly recharged with the help of its 15W in-box fast charger when your phone starts running out of juice.

By now, you must have realised how this device keeps this generation of binge-watchers and entertainment lovers at its core. But it does much more than that! Here's how:

- The phone also boasts a 50 MP triple camera for clicking those aesthetic and candid pictures to keep your social life afloat.
- Galaxy F13 runs on Exynos 850 processor for bingeing and gaming without lags and stutters.
- And just like the other Galaxy devices, the Samsung Galaxy F13 also comes with advanced Knox security. Because of such a high level of protection, your phone watches out for you, keeping your data and sensitive information safe from malicious threats.
- When it comes to security, Samsung has not only paid attention to the device's internal but also external protection. Samsung Galaxy F13 comes with Gorilla Glass 5 Display to keep it safe from bumps and drops.
- The phone has an edgy and contemporary design paired with three striking colour options that double up your device's style game. The colours offered in the device include a stunning Sunrise Copper, a magnificent Waterfall Blue, and a bold Nightsky Green.

The image shows a large, semi-transparent watermark of the letters 'TOI' in a serif font, centered on a light gray background with a subtle diagonal shadow effect.

So, if you have always wanted a smartphone that could take care of your daily dose of entertainment while being loaded with all the latest features and a look worth flexing, you might want to get your hands on the newly launched Samsung Galaxy F13! Samsung Galaxy F13 is currently priced at ₹10,999 and the sale is live now. Check out all the offers applicable to your purchase on [Flipkart](#) or visit the [Samsung online store](#).

*T&C apply.

Disclaimer: This article has been produced on behalf of Samsung by Times Internet's Spotlight team.

FOLLOW US ON SOCIAL MEDIA



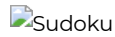
-----END OF ARTICLE-----

PLAY EXCITING PUZZLES & GAMES



Mini Crossword

[PLAY NOW \(/GAMES/CROSSWORD?ID=E8697A53\)](#)



Sudoku

[PLAY NOW \(/GAMES/SUDOKU?ID=AL-SUDOKU-EASY-20220707\)](#)



Word Search

[PLAY NOW \(/GAMES/WORD-SEARCH?ID=AL-WORDSEARCH-20220707\)](#)

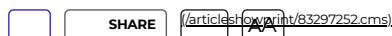
MORE PUZZLES <https://timesofindia.indiatimes.com/games>

THIS STORY IS FROM JUNE 7, 2021

UP NEXT

Ernakulam records 1,807 new cases, testing positivity rate at 17.45%

TNN / Jun 7, 2021, 07:36 IST



ARTICLES

<https://timesofindia.indiatimes.com/city/kochi/keralites-to-help-rehabilitate-sex-workers-in-delhi>

SPOTLIGHT

[delhi/articleshow/83298500.cms](#)

[/https://timesofindia.indiatimes.com/spotlight/galaxy-f13-one-of-the-best-smartphones-uninterrupted-high-quality-entertainment-is-finally-here/articleshow/92677331.cms](#)

[/https://timesofindia.indiatimes.com/city/kochi/records-1807-new-cases-testing-positivity/articleshow/83297252.cms](#)



Picture used for representational purpose only

[/https://timesofindia.indiatimes.com/city/kochi/20-children-rescued-from-trains/articleshow/83290740.cms](#)

KOCHI: Ernakulam on Sunday recorded 1,807 Covid positive cases, including 1,747 contact ones, with a TPR of 17.45%. Source of infection in 14 cases are unknown. Most cases of the day were reported from Kottuvally (151) followed by Edavanakkad (85), Pallippuram (80) and Thrikkakara (74). West Kochi alone reported 124 cases. As many as 11 guest workers are also among the positive cases.

Less than five cases were reported from 33 places in the district. As many as 1,936 persons recovered on Sunday when 287 were discharged. While 242 were lodged in hospitals and other treatment centres.



The number of patients undergoing treatment at hospitals and at houses touched 20,257 on Sunday. Of the total, 144 are in Government Medical College Hospital, Ernakulam, 1,448 in private hospitals and the rest in Covid first and second-line treatment centres, houses and other government hospitals. A total of 10,355 samples were sent for testing from both the government and private sectors together. As many as 56,088 people are under quarantine in Ernakulam.

Meanwhile, Mission Covid district campaign of Kudumbashree started in Ernakulam. Under the initiative, all Kudumbashree workers and their family members will be sensitized on Covid preventive measures. Around three lakh families in Ernakulam are associated with Kudumbashree.

FOLLOW US ON SOCIAL MEDIA

- FACEBOOK
- TWITTER
- INSTAGRAM
- KOO APP
- YOUTUBE

Looking For Something?

TOP [Coronavirus\(https://Timesofindia.Indiatimes.Com/Topic/Coronavirus-](#)

[Bring OnePlus TV 50 Y1S home now! \(https://timesofindia.indiatimes.com/spotlight/this-is-how-the-oneplus-tv-50-y1s-pro-takes-centre-stage-in-your-living-room/articleshow/92681037.cms\)](#)
[The true entertainer, Samsung Galaxy F13 is on sale! \(https://timesofindia.indiatimes.com/spotlight/samsung-galaxy-f13-one-of-the-best-smartphones-for-uninterrupted-high-quality-entertainment-is-finally-here/articleshow/92677331.cms\)](#)

TOI+ STORIES
(HTTPS://TIMESOFINDIA.INDIATIME PLUS)
SEE ALL

[/https://timesofindia.indiatimes.com/india/the-bald-truth-why-you-are-losing-hair-and-how-to-prevent-it/articleshow/92656843.cms](#)

[/https://timesofindia.indiatimes.com/india/was-bhaoyanagar-really-hyderabad-first-name/articleshow/92691317.cms](#)

[/https://timesofindia.indiatimes.com/india/seven-times-when-dirty-tricks-toppled-a-govt-since-2014/articleshow/92652623.cms](#)

Enjoy an ad-free experience

Get TOI+ for just ₹799 599/year.

[Learn more >](#)

SUBSCRIBE NOW ((TOI-PLUS/PLANS)

ADVERTISEMENT

TRENDING TOPICS

- [Coronavirus in India Live \(https://timesofindia.indiatimes.com/india/coronavir-in-india-live-updates-july-6/liveblog/92687231.cms\)](#)
- [Russia Ukraine War News Live \(https://timesofindia.indiatimes.com/world/europe/r-ukraine-war-news-live-updates-july-6/liveblog/92687278.cms\)](#)

dengue & 1,833 cases this year

(<https://timesofindia.indiatimes.com/city/kochi/dist-reports-10-deaths-due-to-dengue-1833-cases-this-year/articleshow/92533170.cms>)

(<https://timesofindia.indiatimes.com/city/kochi/389-test-positive-for-covid-in-state/articleshow/92398143.cms>)

(<https://timesofindia.indiatimes.com/city/kochi/kerala-french-national-dies-at-kottayam-medical-college-hospital-after-covid-treatment/articleshow/92670308.cms>)



ADVERTISEMENT

THIS STORY IS FROM JUNE 7, 2021

UP NEXT

Kerala: 20 children rescued from trains

TNN / Updated: Jun 7, 2021, 06:16 IST

ARTICLES

(<https://timesofindia.indiatimes.com/city/kochi/keralites-to-help-rehabilitate-sex-workers-in-delhi/articleshow/83298500.cms>)

(<https://timesofindia.indiatimes.com/spotlight/san-galaxy-f13-one-of-the-best-smartphones-for-uninterrupted-high-quality-entertainment/articleshow/92677331.cms>)

(<https://timesofindia.indiatimes.com/city/kochi/records-1807-new-cases-testing-positivity/articleshow/83297252.cms>)



Railway child help desk
(<https://timesofindia.indiatimes.com/city/kochi/20-children-rescued-from-trains/articleshow/83290740.cms>)

KOCHI: As many as 20 children (aged 12-18) who ran away from their homes were rescued by the railway protection force and the child helpdesk in Ernakulam railway stations in the past few months amidst the pandemic-induced travel restrictions.

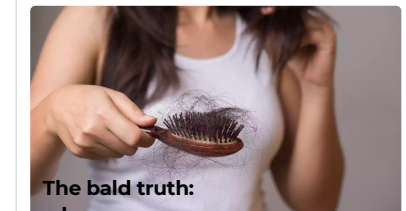
The children—most of them from the north eastern states—reached Ernakulam by train after the railways started Covid special services from last year-end till April this year.

SPOTLIGHT

Bring OnePlus TV 50 Y1S home now!
(<https://timesofindia.indiatimes.com/spotlight/this-is-how-the-oneplus-tv-50-y1s-pro-takes-centre-stage-in-your-living-room/articleshow/92681037.cms>)

The true entertainer, Samsung Galaxy F13 is on sale!
(<https://timesofindia.indiatimes.com/spotlight/san-galaxy-f13-one-of-the-best-smartphones-for-uninterrupted-high-quality-entertainment-is-finally-here/articleshow/92677331.cms>)

TOI+ STORIES
(HTTPS://TIMESOFINDIA.INDIATIME PLUS)
SEE ALL



The bald truth: why you are losing hair
(<https://timesofindia.indiatimes.com/india/the-bald-truth-why-you-are-losing-hair-and-how-to-prevent-it/articleshow/92656843.cms>)



Running away in Covid times

The officials said some of the children travelled without food for two to three days and had reached the city hiding out of the sight of the railway police on trains.

“Some of them suffer from mental disorders. As Ernakulam is the last point of some of the trains from the north east, the runaway children end up here and we rescue them. On asking why they left home, many won't reveal the reason. They start talking once they are lodged in care homes,” said an official with the child helpdesk, which rescues children reaching Aluva, Ernakulam town and Ernakulam junction railway stations.

“Of the 20 children, four were rescued along with their mothers who were forced to leave their homes due to domestic

abuse. In some cases, the children were in unsafe conditions as their mothers were found to be suffering from mental health problems, said the official.

“We produce the children before the child welfare committee and it sends them to the care home and initiates steps to send them back with assistance from the child welfare committees in their home districts,” he added.

In some cases the parents themselves approach the child welfare committees after coming to know about the whereabouts of their children. “Some may be too poor even to buy the train tickets to Kerala. In such cases, we book tickets for them,” the official said.

Though personnel belonging to the railway protection force conduct inspections in moving trains, many of these children go unnoticed as they might be sleeping on berths. The official said in some cases they will have to convince the children that they are there to rescue them and not to harm and only then they will go with them.

[/https://timesofindia.indiatimes.com/india/was-bhagyanagar-really-hyderabad-first-name/articleshow/92691317.cms](https://timesofindia.indiatimes.com/india/was-bhagyanagar-really-hyderabad-first-name/articleshow/92691317.cms)



[/https://timesofindia.indiatimes.com/india/seven-times-when-dirty-tricks-toppled-a-govt-since-2014/articleshow/92652623.cms](https://timesofindia.indiatimes.com/india/seven-times-when-dirty-tricks-toppled-a-govt-since-2014/articleshow/92652623.cms)



Enjoy an ad-free experience

Get TOI+ for just ₹799 599/year.

[Learn more >](#)

SUBSCRIBE NOW (/TOI-PLUS/PLANS)

ADVERTISEMENT

TRENDING TOPICS

Coronavirus in India Live

[/https://timesofindia.indiatimes.com/india/coronavir-in-india-live-updates-july-6/liveblog/92687231.cms](https://timesofindia.indiatimes.com/india/coronavir-in-india-live-updates-july-6/liveblog/92687231.cms)

Russia Ukraine War News Live

[/https://timesofindia.indiatimes.com/world/europe/russia-ukraine-war-news-live-updates-july-6/liveblog/92687278.cms](https://timesofindia.indiatimes.com/world/europe/russia-ukraine-war-news-live-updates-july-6/liveblog/92687278.cms)

India Covid Cases

[/https://timesofindia.indiatimes.com/india/india-reports-16159-covid-19-cases-and-28-deaths-in-last-24-hours/articleshow/92691842.cms](https://timesofindia.indiatimes.com/india/india-reports-16159-covid-19-cases-and-28-deaths-in-last-24-hours/articleshow/92691842.cms)

Mumbai Rains

[/https://timesofindia.indiatimes.com/city/mumbai/rm-news-live-updates-covid-cases-mumbai-rains-than-konkan-waterlogging-bmc-eknath-shinde-shiv-sen-thackeray-july-6-2022/liveblog/92690009.cms](https://timesofindia.indiatimes.com/city/mumbai/rm-news-live-updates-covid-cases-mumbai-rains-than-konkan-waterlogging-bmc-eknath-shinde-shiv-sen-thackeray-july-6-2022/liveblog/92690009.cms)

Bhagwant Mann Marriage

[/https://timesofindia.indiatimes.com/city/chandigar/cm-bhagwant-mann-to-marry-gurpreet-kaur-tomorrow/articleshow/92697487.cms](https://timesofindia.indiatimes.com/city/chandigar/cm-bhagwant-mann-to-marry-gurpreet-kaur-tomorrow/articleshow/92697487.cms)

ADVERTISEMENT

FOLLOW US ON SOCIAL MEDIA

- [FACEBOOK](#)
- [TWITTER](#)
- [INSTAGRAM](#)
- [KOO APP](#)
- [YOUTUBE](#)

TOP

[Coronavirus\(https://Timesofindia.Indiatimes.Com/Topic/Coronavirus-](https://timesofindia.indiatimes.com/Topic/Coronavirus-)

പായത്ത് മലയാളികൾ കാരുണ്യം ചൊരിഞ്ഞു

ഡ്രവ് ബാങ്ക് ആരംഭിച്ചു. ലാപ് ടോപ്പ്, മൊബൈലുകളും തുടങ്ങിയ ശേഖരം സി.ഡി. സ്റ്റുളിലും മറ്റും അങ്ങനാളും വിദ്യാർത്ഥികൾ ഓൺലൈൻ പഠനം വഴിയൊരുക്കിയെന്ന് സി. ഇന്ത്യ ഏകോപന കമ്മിറ്റി. ഇന്ത്യ ഏകോപന കമ്മിറ്റി. നോഡിലെ ലൈംഗികതാഴ്ചകൾക്ക് പുനരധ്വാനിപ്പിക്കാനും സാഹചര്യമൊരുക്കാനും മാസ്ക് നിർമ്മാണം, കോളിറ്റിമാണം, തുടങ്ങിയ വിദ്യാർത്ഥികൾക്ക് പദ്ധതികൾ തയ്യാറാക്കിയെന്ന് സി. ഇന്ത്യ ഏകോപന കമ്മിറ്റി വിവരിച്ചു.

ടെലി-കൺസൾട്ടിങ് സേവനവുമായി ഹംദർദ്ദ് നഗറിലെ ഹംദർദ്ദ് ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓഫ് മെഡിക്കൽ സയൻസസ് ആൻഡ് റിസർച്ച് ആശുപത്രിയിലെ ഡോ. ഫാ. അമിത ബിവിന്ധ്യുടെ നേതൃത്വത്തിലായിരുന്നു യുവഡോക്ടർമാരുടെ സംഘം. തൃശ്ശൂർ ദയ ആശുപത്രിയിലെ ഡോ. ഖദീജ, പാലക്കാട് സ്വദേശി ഡോ. ഹൈദർ മുഹമ്മദ്, ഉത്തരേന്ത്യക്കാരനായ ഡോ. ഉബൈസ് എന്നിവരും സംഘത്തിലുണ്ടായിരുന്നു.

തെരുവിൽ കഴിയുന്ന കുട്ടികൾക്ക് വിദ്യാഭ്യാസം നൽകാനും പദ്ധതി ആരംഭിച്ചു. അനുപാമനിക പഠനത്തിൽ പങ്കാളികളായ 425 കുട്ടികളിൽ 42 പേരെ പിന്നീട് സ്റ്റുളിലും ചേർത്തതായി.

ആശുപത്രികളിൽ കോവിഡ് രോഗികളെ ചികിത്സിക്കുന്ന നഴ്സുമാർക്ക് നിലവാരം ഉയർത്തേണ്ടതിനായി സി.പി.ഇ. ക്ലിനിക്കും നൽകുന്നതിനായി സി.പി.ഇ. ഇന്ത്യ പൊതുതാലൂക്കിൻ്റെ വഴി ഹൈക്കോടതിയുടെ ശ്രദ്ധയിൽ കൊണ്ടുവന്നു. പ്രത്യേക കോർട്ടേജ് തുടങ്ങാനായിരുന്നു സർക്കാരിന് ഹൈക്കോടതി നിർദ്ദേശം. കോവിഡ് കാലത്ത് വലിയൊരു കോളേജ് വിദ്യാർത്ഥികൾക്ക് വാടക ഇളവു നേടിക്കൊടുക്കാനും പൊതുതാലൂക്കിൻ്റെ ഹർജി നൽകി. തുടർന്ന്, സർക്കാർ വിദ്യാർത്ഥികളുടെ രക്ഷയ്ക്കായി.



തെരുവിൽ ഭക്ഷണമെത്തിക്കാൻ ആൻറിവ് മീലും അനാഥ മക്കൾക്കുള്ള അഭയാലയങ്ങൾക്കായി മദ്രാസ് മീലും തുടങ്ങിയതും മലയാളി കുട്ടായ്മയുടെ കാര്യം സജ്ജീകരണമായി.

കരുതലും പോരാട്ടവുമായി ഈ കുട്ടായ്മ

കോവിഡ് ദുരന്തം വിതച്ചപ്പോൾ സേവനത്തിന്റെ മാതൃകയായി ഡൽഹിയിൽ ഇറങ്ങിപ്പുറപ്പെട്ടവരായിരുന്നു ഡിസ്കസ് മാനേജ്മെന്റ് കളക്ടിവ് എന്ന സംഘടനയുടെ പ്രവർത്തകർ. രണ്ടാംതരംഗം അലയടിച്ചു തുടങ്ങിയ വേളയിൽ തന്നെ ഇവർ മലയാളികളെക്കൊള്ളുവാൻ കരു

തലൊരുക്കി. ആശുപത്രികളിലെത്തിച്ചു. ഓക്സിജൻ വിതരണം ചെയ്തും മരുന്നുകൾ ലഭ്യമാക്കിയും രണ്ടായിരത്തോളം പേരുടെ ജീവൻ രക്ഷിക്കാൻ ഈ കുട്ടായ്മ കഴിഞ്ഞതായി ചെയർപേഴ്സൺ ദീപാ ജോസഫ് പറഞ്ഞു. ചെറുപ്പം വലുപ്പമായ ഓക്സിജൻ കോൺസൺട്രെറ്ററുകൾ മലയാളികൾക്കും മറ്റും രോഗികൾക്കും മാത്രം എത്തിച്ചു നൽകാനായി. ഡൽഹി-എൻ.സി.ആർ മേഖലകളിലുള്ളവർക്ക് ഇങ്ങനെ സഹായം നൽകി. മൃഗത്തിനായിരത്തോളം ഡെഡ്ഡിംഗ് മരുന്നെത്തിച്ചതാണ് മറ്റൊരു നേട്ടം.

കോവിഡിൽ മരിച്ചവരുടെ മൃതദേഹം സംസ്കരിക്കാൻ നാലുതിനായിരം രൂപ വരെ ചെലവു വന്നി

രുന്നു. കൂടാതെ, ആംബുലൻസി നുള്ള കൊള്ള വേറെയും. ഈ വിഷയങ്ങൾ ഹൈക്കോടതിയുടെ ശ്രദ്ധയിൽ കൊണ്ടുവന്ന പൊരാട്ടം ഡിസ്കസ് മാനേജ്മെന്റ് കളക്ടിവ് നേതൃത്വത്തിലുണ്ട്. അവർ സമർപ്പിച്ച പൊതുതാലൂക്കിൻ്റെ ഹർജിയെ തുടർന്ന്, സംസ്ഥാനത്തിനും ആംബുലൻസിനുമുള്ള നിരക്ക് ഏകീകരിക്കാൻ ഹൈക്കോടതി സർക്കാരിനോട് ഉത്തരവിട്ടു. കോവിഡിൽ മരിച്ചവരുടെ മൃതദേഹങ്ങൾ സംസ്കരിക്കാനോ ചിതയിലെത്തിക്കാനോ ആളുകൾ ഭീതിയോടെ നിന്ന കാലം കൂടിയായിരുന്നു രണ്ടാംതരംഗം. മട്ടേറേറ്റഡ് പേരുടെ മൃതദേഹങ്ങൾ ഈ കുട്ടായ്മയുടെ പ്രവർത്തകർ ഏറ്റെടുത്തു സംസ്കരിച്ചു.

മായാത്ത മേൽവിലാസങ്ങൾ

ജനസംസ്കൃതി കോവിഡ് ഹെൽപ്പ് എന്ന പേരിലുള്ള വാട്സാപ്പ് ഗ്രൂപ്പുണ്ടാക്കി ഡൽഹിയിലെ പ്രമുഖ സാംസ്കാരിക സംഘടനയായ ജനസംസ്കൃതി കോവിഡ് സേവന പ്രവർത്തനങ്ങൾ ഏകോപിപ്പിച്ചു. സംഘടനവാങ്ങിയ രണ്ട് ഓക്സിജൻ കോൺസൺട്രെറ്ററുകൾ പത്തിലേറെപേർക്ക് ജീവൻ നൽകി. കോവിഡ് രോഗികൾക്ക് ആശുപത്രി കിടക്കകൾ ഉറപ്പാക്കാനും

സംഘടനയുണ്ടാക്കി. ഇതു നഗര ആശുപത്രികളിൽ ജോലി നൽകുന്ന നഴ്സുമാർക്കും മറ്റും പ്രവർത്തകർക്കും സഹായം നേടിക്കൊടുക്കാനും എത്തിക്കാനും സംഘടനയുടെ ശ്രമം നേരിട്ടിട്ടുണ്ട്. ഇതിനുശേഷം ജനസംസ്കൃതി നഗരവാങ്ങിയ രണ്ട് ഓക്സിജൻ കോൺസൺട്രെറ്ററുകൾ പത്തിലേറെപേർക്ക് ജീവൻ നൽകി. കോവിഡ് രോഗികൾക്ക് ആശുപത്രി കിടക്കകൾ ഉറപ്പാക്കാനും

രണ്ടാംതരംഗം തുടങ്ങിയപ്പോൾ തന്നെ പ്രത്യേക കമ്മിറ്റി രൂപവത്കരിച്ചു. ഡൽഹി മലയാളി അസോസിയേഷൻ കോവിഡ് ആശുപത്രികളിൽ

നാലു കോൺസൺട്രെറ്ററുകൾ സംഘടന ഡൽഹിയിൽ നാലുതോളം പേരുടെ വേനേകി. പി.പി.ഇ ക്ലിനിക്കും മാസ്കുകളും മൊബൈൽ ഫോണും ചെയ്യാനും സംഘടനയിട്ടുണ്ട്. ഇതു നഗര ആശുപത്രികളിൽ ജോലി നൽകുന്ന നഴ്സുമാർക്കും മറ്റും പ്രവർത്തകർക്കും സഹായം നേടിക്കൊടുക്കാനും എത്തിക്കാനും സംഘടനയുടെ ശ്രമം നേരിട്ടിട്ടുണ്ട്.

ഇതിനുശേഷം ജനസംസ്കൃതി നഗരവാങ്ങിയ രണ്ട് ഓക്സിജൻ കോൺസൺട്രെറ്ററുകൾ പത്തിലേറെപേർക്ക് ജീവൻ നൽകി. കോവിഡ് രോഗികൾക്ക് ആശുപത്രി കിടക്കകൾ ഉറപ്പാക്കാനും

60th National Pharmacy Week, 21-27 November 2021 with theme: **Pharmacist-Integral part of Healthcare**, in association with **Indian Pharmaceutical Association (Delhi State Branch)** celebrated Pharmacy week in association within the Department of Pharmacology, SPER, Jamia Hamdard organised a Community Awareness drive at

Venue: HAHC Hospital, Jamia Hamdard

Date: 24 Nov. 2021

Timing: 11:30-1:00 pm

Under this programme, a team of 10 students including 7 from M.pharm (Pharmacy practice) & 3 from B.Pharm Counseled the patients visited OPD in HAHC, Jamia Hamdard, reviewed more than 100 prescriptions and counseled patients about the following:

1. About their Disease and medications, how to take medicines, dosage regimen.
2. How to prevent medication problems in polypharmacy- importance of gap timing.
3. Information about the OTC medication Strategies, not to take OTC medications without consulting doctors, their harmful effects.
4. Counseled about Adverse Drug Reactions (ADRs)- Adverse drug reaction can be defined as any noxious unintended and undesired effects of a drug that occur at. doses used for prevention, diagnosis or treatment or it is an unwanted or harmful reaction. Examples of such adverse drug reactions include rashes, jaundice, anemia, a decrease in the white blood cell count, kidney damage, and nerve injury that may impair vision or hearing.
5. Patients were told that the **“ADRs can be reported via PvPI helpline number (18001803024) on weekdays from 9:00 am to 5:30 pm.”**

At the end of the day managed to create awareness about prescription, medication regimen, importance of OTC medication, risks of self-medication & about ADRs and their importance.

Awareness Drive Members- Chhaya Bhadana, Dushyant Sharma, Himanshi Sharma, Mohd. Shahid Arshad, Samrina Manzar, Shifa Ali, Yuman Rasool (M.Pharm pharmacy Practice) Mohd. Zakee Adeeb, Mohd. Ikram, Inam (B.pharm).

Supervision of: Prof. Abul Kalam Najmi, Head Dept. of Pharmacology, SPER, Jamia Hamdard





Report: National Pharmacovigilance Week (September 17-23, 2021) Celebration by the Department Of Pharmacology, SPER Jamia Hamdard

The Indian Pharmacopoeia Commission (The National Coordination Centre for Pharmacovigilance Programme of India (NCC-PvPI)) initiated the annual celebration of the National Pharmacovigilance Week from this year from 17th-23rd September. The theme of the first National Pharmacovigilance Week was “Pharmacovigilance: A step towards Patient Safety”. In line with the mandate of PCI & PVPI the Department of Pharmacology, School of Pharmaceutical Education & Research, Jamia Hamdard celebrated the National Pharmacovigilance Week with full zeal and enthusiasm.

Amid the challenges of the COVID-19 pandemic, a combination of virtual and physical activities was planned by the department for the celebration of National Pharmacovigilance Week. The inaugural session of the National Pharmacovigilance Week celebration was commenced on 17th September 2021 with an orientation lecture by the Head of the Department Prof. (Dr.) Abul Kalam Najmi on the topic “Pharmacovigilance: Need of The Hour”. The Department collaborated with an NGO Miracles Happen Foundation (registered under company Sec 8) working in public health domain for social outreach. The objectives of the collaboration were

- To spread the awareness of adverse affects due to OTC medicine.
- To access the adverse event and adverse drug reactions associated with ongoing drug therapy and vaccine administration.
- To conduct a survey regarding cases of self administration of medicines without consultation.
- Door to door campaign to promote adverse drug reaction reporting to improve patient safety.
- Sensitizing pharmacists working in pharmacy stores about importance of adverse drug reaction reporting.

M. Pharm Pharmacy Practice 3rd Semester postgraduate students actively participated in this campaign and it turned out to be an element of learning the art of pharmacy practice. More than 200 prescriptions were reviewed, patients were counseled at their home and around 50

pharmacists in Pharmacies of nearby areas like Sangam Vihar, Tughlakabad, Alkananda, Kalkaji, Govindpuri, Okhla and Lajpa tngar were sensitized for Pharmacovigilance.

A poster competition for undergraduate and postgraduate students of Pharmacy was also organized by the department. The theme of the poster competition was “Pharmacovigilance: A step towards Patient Safety”. We received overwhelming response of the students. A panel of the three professors of the department evaluated the posters and the best poster was shared with the NCC-PvPI.

And continuing the celebration of the National Pharmacovigilance Week, the Valedictory Session on 23rd September 2021 was conducted taking in consideration the job perspective of pharmacovigilance for pharmacy students. In the gracious presence of the Vice Chancellor, Jamia Hamdard, Prof. Afshar Alam, Dean School of Pharmaceutical Education & Research (SPER) Prof. Vidhu Aeri and Head Department Of Pharmacology Prof. Abul Kalam Najmi, a lecture on the topic “Industry Perspective on Pharmacovigilance” was delivered by the distinguished and prominent figure of Pharmacovigilance Industry Dr Moin Don. The event was attended digitally by students and academia across India. He not only explained the importance of Pharmacovigilance in the industry but also motivated and guided the students about the carrier opportunities in the field of Pharmacovigilance. The weeklong celebration of the National Pharmacovigilance Week was concluded with the felicitation ceremony. The inducing and inspirational words of Prof. Vidhu Aeri (Dean, SPER) and motivational speech of Prof. Abul Kalam Najmi (Head, Department Of Pharmacology) imparted students a vision to strengthen their knowledge for a bright future.





RX HEALTH CAMP 2017 (22 and 23 March, 2017)

Dept. of Pharmacology, SPER

The Department of Pharmacology, SPER organized a two-day health camp on 22 and 23 March 2017 in remembrance of Late Hakeem Abdul Hameed, the founder of Jamia Hamdard during the annual fest of the School of Pharmaceutical Education and Research "Rx". The camp was organized in collaboration with the School of Unani Medical Education and Research and Rotary Blood Bank. The camp was inaugurated by Mr. Firdaus Wani, the Registrar of the Jamia Hamdard. The camp was exclusively organized for poor people living in nearby areas, for the students and staff of the Jamia Hamdard. The camp was divided into three verticals. The first vertical had a blood donation camp, vaccination program, physiotherapy session, and IFFCO TOKIO health insurance policy information center. Rotary blood bank came up with their mobile bus facility for blood donation. 50 donors turned up to donate their valuable blood. In Hepatitis b vaccination program, 25 people from the economically weaker background were given first vaccination and remaining two booster doses were given at the specified time intervals. The second vertical was for full body checkups and free pathological tests. Hematological tests (Kidney Function Test and Liver Function Tests), blood pressure monitoring, blood group determination, body mass index, random blood sugar test, and spirometry (PFT) were done. In the third vertical all the awareness and counseling sessions were included. Different stalls were set up for various awareness programs that included Women's health awareness on cervical cancer, anemia, osteoarthritis, breast cancer (method of self-examination), smoking cessation & alcohol abuse, antibiotics use antibiotics resistance awareness, lifestyle modification for metabolic disorders. More than 300 people benefited from the camp. Postgraduate, Undergraduate, and Diploma students of SPER actively participated in the camp. Mr. Ibraheem Hussain, Ms. Gulnaz Bano, Rustam Ekbbal, Mr. Shamshuddin, and Mr. Nadeem PhD and m Pharm Scholars of Dept. of Pharmacology were student coordinators. The camp was concluded on 23 March 2017 with the vote of thanks by Prof. Abul Kalam Najmi, the Faculty In-charge of the camp.



HEALTH CAMP

In the remembrance of Late. HAKEEM ABDUL HAMEED, Founder of Jamia Hamdard.
Organized by Pharmacy Practice (Department of Pharmacology)

➤ **ROTARY BLOOD DONATION CAMP**

➤ **PHYSIOTHERAPY**

➤ **HEALTH INSURANCE POLICY**

➤ **VACCINATION (Hepatitis B)**

➤ **HEALTH SCREENING CAMP**

(Haematological Tests)

- Blood pressure monitoring(BP)
- Blood group determination
- Body mass index(BMI)
- Blood sugar test(RBS)
- Haemoglobin test(Hb)
- Spirometry(PFT)

➤ **HEALTH AWARENESS PROGRAM**

Women health awareness

- Cervical cancer
- RTI
- Anaemia
- Osteoarthritis
- Breast cancer(Method of self examination)

Smoking cessation & alcohol abuse

Antibiotics use

Antibiotics resistance awareness

Lifestyle modification

Pharmacovigilance awareness



(SPECIAL DISCOUNTED PRICES FOR JAMIA HAMDARD STUDENTS)





Women Health Camp: SEHAT (18-10-2020)

Dept. of Pharmacology, SPER

After lifting of the lockdown in the midst of 2020, a health camp “SEHAT” for women was organized on October 18, 2020. Women are more delicate to their health and more prone to suffer from bone disease and iron deficiency. During the lockdown, women’s health and nutrition were the least taken care of, especially women from lower-income strata. Keeping that in mind, students of Pharmacy Practice, Dept. of Pharmacology, SPER, Jamia Hamdard organized a one-day free health camp for women in the Noor Nagar slum area. In this camp free check-ups were provided, more than 100 women were screened for bone density, calcium deficiency, and nutrition distribution assessment. In addition, free medicines were provided to the women. The camp received an overwhelming response from the people. Prof. Abul kalam Najmi, the faculty in-charge of the camp thanked all the volunteers for their enthusiastic participation.



सेहत



निशुल्क महिला स्वास्थ्य शिविर

महिलाओं के लिए निशुल्क स्वास्थ्य जांच एंवम दवाई वितरण
दिनांक 18-10-2020, रविवार
नूर नगर पार्क, जामिआ नगर, ओखला
प्रातः 10 बजे से सायं 4 बजे तक



स्वस्थ होगी, तभी तो 'सशक्त' होगी नारी

माताओं बहनों से अनुरोध है की शिविर में आकर अपनी निःशुल्क जांच करवाएँ

आयोजक: गुलनाज बनो, अभिषेक शर्मा, रुस्तम इकबाल, मेहर नसीम, सुम्मैया खान









Diabetes Screening Camp in Rural Areas: Aarogya (23-07-2021)

Dept. of Pharmacology, SPER

The Department of Pharmacology, SPER, Jamia Hamdard in collaboration with the Miracles Happen foundation, organized a diabetic screening and awareness health camp on 23 July 2021 at Sunderwal village of Lakhimpur district, Uttar Pradesh. The health camp started at 11 am at the Royal polyclinic of Sunderwal. Parameters like body mass index, blood pressure, and blood glucose were estimated to screen villagers for diabetes mellitus. For people having blood glucose levels above the normal range, confirmatory blood tests at a very nominal price were arranged. Those who were already on hypoglycemic drugs were counseled regarding the lifestyle medication and drug therapy. Patients with altered findings and poor adherence to the old treatment were referred to higher centers for further need. Non-adherence to the drug regimen was the major problem owing to the cost of the pharmacotherapy. Total 85 villagers turned up for the health checkup. Free medicines for the general ailment, were distributed. It was the first of its kind camp in the area.



मिरेकलस हैपन फाउंडेशन



निशुल्क स्वास्थ्य एंवम मधुमेह जांच शिविर



ग्रामवासियों के लिए निशुल्क स्वास्थ्य जांच
दिनांक 23-07-2021, शक्रवार
ग्राम सुंदरवल, जिला लखीमपुर खीरी, उत्तर प्रदेश

सभी ग्रामवासियों से अनुरोध है की जाँच शिविर आकर अपनी
निःशुल्क जाँच करवाए

स्वस्थ गांव स्वस्थ भारत
सेहत सबका अधिकार



आयोजक: मिरेकलस हैपन फाउंडेशन, नई दिल्ली





Report on Celebrations and Events
in
Commemoration of 75th year of Quit India Movement and 70th Independence year
at
Jamia Hamdard (Hamdard University)
Hamdard Nagar, New Delhi

&

Invited Talk
by
Dr. Rakesh Batabyal
Centre for Media Studies, School of Social Sciences
Jawaharlal Nehru University
on
“The Indian Freedom Struggle: Enduring Legacies”

Organized by

SCHOOL OF PHARMACEUTICAL EDUCATION AND RESEARCH (SPER)
Venue: Pharmacy Auditorium
Date: 30th August 2017
Time: 3.30 p.m.

**Report on Celebrations and Events
in
Commemoration of 75th year of Quit India Movement and 70th year of India's Independence**

The year 2017 marked **75th year of Quit India Movement** and **70th year of India's Independence**. Jamia Hamdard, New Delhi has always taken upon itself to sensitize students towards the historic events such as these. Driven by sheer professional responsibility, Jamia Hamdard has celebrated events of national and international significance on its campus in the past. Be it Hon'ble Prime Minister's Swachh Bharat Abhiyan, Swasth Bharat mission, or One India Pledge, all the academic members, students and non-teaching staff have participated wholeheartedly.

As desired by the MHRD and AICTE, Jamia Hamdard organized various activities to commemorate freedom struggle and Quit India Movement. This report gives a sneak peak in the different events that started from **9th August** through **15th August** to **30th August, 2017**. The events were celebrated with great fever.

Report on 'New India Pledge' ceremony held on 9th August, 2017 at 9.30 a.m.

The Govt. of India has decided to celebrate 2017-2022 as New India Movement (*Sankalp Se Siddhi*). A pledge taking ceremony was held at Jamia Hamdard campus on 9th August, 2017 at 9.30 a.m. All faculty, students and supporting staff participated enthusiastically.

The **New India Pledge**, reproduced below for reference, was taken by staff and students at 9.30 a.m.

“ Let us together pledge that by 2022 we build a New India.

Let us together pledge towards a Clean India.

Let us together pledge towards a Poverty free India.

Let us together pledge towards a Corruption free India.

Let us together pledge towards a Terrorism free India .

Let Us together pledge towards a Communalism free India.

Let us together pledge towards a Casteism free India.

Together let us strive whole heartedly to accomplish this pledge for a New India.”

The event was video-graphed and the clips will be uploaded on university website. The photographs of the event are appended below:



Staff and students assemble for the pledge taking ceremony





The **New India Pledge** being read out to staff and students





The staff and students taking the **New India Pledge**



Report on Independence Day celebrations on 15th August, 2017

-
-

Report on ‘New India Manthan’ talk-cum-debate held on 30th August, 2017 at 3.30 p.m.

In culmination of events stretched over twenty days, an invited talk was delivered by **Dr. Rakesh Batabyal** from the Centre for Media Studies, School of Social Sciences, Jawarharlal Nehru University, New Delhi on the topic “**The Indian Freedom Struggle: Enduring Legacies**” on 30th August, 2017 at 3.30 p.m.

The event was marked by active participation of staff, students and scholars. The programme started with the singing of patriotic songs by students. The speaker took the attendees to a poignant journey through the history of India’s freedom struggle and Quit India Movement. He highlighted the attributes such as perseverance, accommodation of diverse ideologies and plurality as the everlasting legacies of all our struggles that secured us freedom. After the enlightening talk by the speaker, there were discussions and debates among those present. The event came to end with the rendition of national anthem.

The event was video-graphed. The photographs of the talk are appended as under:



Dr. Rakesh Batabyal from JNU, Delhi presenting his talk on the New Indian Manthan event at Jamia Hamdard, Delhi



Dr. Rakesh Batabyal with faculty members, students



Dr. Rakesh Batabyal being welcomed by senior faculty members



Dr. Rakesh Batabyal with organizers



A student presenting his views on the occasion



A student singing patriotic songs

NSS Activities: A Report

June 2017- May 2021

N.S.S Activities 2017

1. NATIONAL VOTERS DAY

The election commission, Govt of India decided to celebrate 25th Jan as National Voter Day. The Dept of NSS, Ministry of youth affairs, Govt of India requested to NSS, Jamia Hamdard to arrange the Pledge taking ceremony on 25th Jan, 2017 in Jamia Hamdard to promote democratic electoral participation. The Pledge taking ceremony was attended by more than two hundred NSS Volunteers. The Pledge was administered by Registrar Jamia Hamdard Dr. Firdous A. Wani in the presence of Acting Vice Chancellor Dr. Shahid Ansari, Jamia Hamdard.

2. VITTIYA SAKSHARATA ABHIYAN

As per direction of Ministry of Human Resources Development Govt. of India NSS Jamia Hamdard participated in campaign of VISAKA. NSS coordinator approached the teachers and persons from Bank to train NSS Volunteers for digital Payment System. Identified teachers and Bankers trained NSS Volunteers for canvassing to the Shopkeepers for digital Payment System. NSS unit of Jamia Hamdard identified Alaknanda DDA Market to transform it into a digital market place. NSS Volunteers from different faculties of Jamia Hamdard along with NSS Programme coordinator Prof. Syed Mahtab Ali and NSS programme officer Visited Alaknanda DDA market which is very close to Jamia Hamdard University. They visit Market regularly till they covered all the shops/establishment of the market. NSS Volunteers convinced shopkeepers for the purchasing of POS Machines for cashless payments. They also convinced Shopkeepers to use Mobile Banking and various other Modes of Cashless business. It is matter of pleasure that by the efforts of NSS Jamia Hamdard University Alaknanda Market became more than 90% digital, and hope very soon it will be change into 100% digital Market.

3. Participation of NSS Volunteers in International Conference on Digital India.

Programme organized by Ministry of Communication, Department of Electronics, Govt of India at Ashoka Hotel, New Delhi on 6-8th March, 2017.

4. One Day NSS Health Camp at Sangam Vihar.

NSS Volunteers of Jamia Hamdard participated in a Health Camp on 25/03/2017 at Sangam Vihar. They spread awareness of Infectious Diseases and Immunization.

5. National Conference on Restructuring of NSS held on 31st March 2017 at Vigyan Bhavan.

Mr. Vijay Goel Minister of Youth & Sports Govt of India conducted the meeting along with Secretary and Joint Secretary Ministry of Youth Affairs, Vice Chancellors, Directors and Programme co-coordinators of more than two hundred Universities participated in the conference and new policy was discussed.

6. Meeting of Kashmiri Students with Mr. Vijay Goel

N.S.S. Jamia Hamdard arranged a group of Kashmiri students studying in Jamia Hamdard to Meet Minister of Youth & Sports Mr. Vijay Goel on 26/4/2017.

7. Attended meeting of NSS functionaries of Delhi on 10.7.2017 at JUPITER Hall,

India Habitat Centre, Lodhi Road. Meeting was addressed by secretary Youth Affairs and Prof. Yogesh K. Tyagi vice Chancellor University of Delhi keynote address was given by Mr. Vijay Goel , Honorable Minister of Youth Affairs and Sports Govt. of India.

8. Essay Competition on Cleanliness

NSS Jamia Hamdard organized an Essay competition on cleanliness on 08.09.2017. More than 125 volunteers participated. Prizes were distributed for Hindi, English, Urdu languages by Dr. Krishna Ella founder chairman Bharat Biotech on 14.09.2017.

9. Visit of slums by NSS volunteers for Awareness of Cleanliness.

NSS volunteers visited sangam vihar slums for the awareness of cleanliness. They went door to door and educated the masses about Cleanliness on 15.09.2017.

10. Enrollment of New NSS Volunteers.

200 New NSS Volunteers male or female were enrolled for the session 2017-18 on 5.10.2017

11. Rally on HIV/AIDS on 01.12.2017

NSS Jamia Hamdard organized a rally on HIV/AIDS on 01.12.2017. Two Hundred volunteers participated. They spread awareness for HIV/AIDS by Slogans & Banners.

12. Health Awareness camp.

NSS Volunteers organized a Health Awareness camp on 16.12.2017 at Sangam Vihar. They visited door to door to educate the masses about Health Awareness.

NSS ACTIVITIES 2018

1. Lecture on HIV/AIDS

A lecture was organized by NSS on HIV/AIDS which was attended by NSS Volunteers on 20.01.2018.

2. Immunization Awareness camp

NSS organized a one day door to door programme at sangam vihar to aware the masses about immunization of polio, HIV/AIDS, Typhoid, DPT and other diseases on 20.05.2018.

3. N.S.S. Plantation Programme

N.S.S. Jamia Hamdard organized plantation program on 05.08.2018. This program was inaugurated by Hon'ble Vice Chancellor Prof. (Dr.) Seyed Ehtesham Hasnain and Mrs. Hasnain. They planted saplings of Arjun and Jamun. On this occasion Pro- Vice Chancellor Dr. Ahmad Kamal and Registrar Mr. Syed Saud Akhtar was also present. NSS Volunteers planted about 100 saplings of different trees in the campus. The Program was supervised by N.S.S. program Coordinator.

4. N.S.S Immunization camp

N.S.S. Jamia Hamdard organized an immunization camp on 14.08.2018 at sangam vihar. In this camp N.S.S. students went door to door to aware the masses about information of vaccination of dangerous disease like Tetanus, Diabetes, T.B, HIV/AIDS, Hepatitis B, C etc.

5. Report of Blood Donation Camp.

National Service Scheme and N.C.C. organized a Blood Donation camp on 18.09.2018 at Hamdard Convention Center under the supervision of N.S.S. program coordinator. In this camp 150 volunteers from different school of Jamia Hamdard participated. They were thoroughly screened by the blood bank of Red Cross Society. In this campus male and female both volunteers participated but the number of female volunteers were more than male volunteers. Camp started at 10:00 AM and end at 4:00 PM. The camp was inaugurated by Prof. (Dr.) Ahmad Kamal Pro –Vice Chancellor Jamia Hamdard. In this program Prof.S Mahtab Ali, Dr. Khursheed A. Ansari Assistant DSW, Dr. Shehla Nazir and Dr. Uzma Bano, **Mr.**Bhavya Alankar NSS officer, gifts were distributed to the donors.

NSS ACTIVITIES 2019

1. Flag Hoisting and Parade Ceremony at Jamia Hamdard (26/01/2019)

NSS Jamia Hamdard participated in Republic Day Parade and Flag Hoisting Ceremony at Jamia Hamdard. 25 NSS Volunteers took part in the Flag Hoisting Ceremony and Parade along with N.C.C Students on 26/01/2019

2. Flag Hoisting and Parade Ceremony On The Occasion Of Independence Day. (15/08/2019)

20 NSS Volunteers participated in Flag Hoisting Ceremony along with NCC volunteers at the occasion of Independence On 15/08/2019.

3. Rally On JAL SARA KSHAN (09-09-2019)

A Rally was organized by N.S.S. Volunteer along with N.C.C. Volunteers and other students of Jamia Hamdard under the Banner Awareness campaign for JAL SARA KSHAN on 09-09-2019. The Rally was flagged off by Honable Vice Chancellor Prof Dr. Seyed Ehtasham Hasnain. The other dignitaries were Registrar, DSW N.S.S Prog. Coordinator and other Deans of different School. In this Rally two hundred students participated.

4. Lecture on Importance of Nutrition (17/09/2019)

N.S.S. Jamia Hamdard has organised a Lecture on “ Importance of Nutrition in Adolescence ” on 17/09/2019 at 9:45 AM at Hamdard Convention Center Hall II by Dr.Rekha Sharma Former Chief Dietician AIIMS to celebrate National Nutrition Month (1st Sept to 30th Sept 2019). On this all the teachers of SUMER were present along with N.S.S Volunteers.

5. Valedictory Function of Swachta Pakhwada (2/10/2019)

N.S.S. Jamia Hamdard organized Valedictory function of Swachta Pakhwada on 2/10/2019 at Hamdard Convection Center. Chief Guest was Mr. Aman Gupta I.A.S. Dy. Commissioner SDMC and guest of Honor was Mr. Rahul Singh Assistant Commissioner SDMC. The function was presided by Dr. Ahmad Kamal Pro Vice Chancellor Jamia Hamdard. Prizes and Certificates were distributed to NSS Volunteers by Chief Guest.

6. Swachta Shramdan & Tree Plantation (2/10/2019)

A Swachta Shramdan & Tree Plantation was organized on 2/10/2019 of 150 Birth Anniversary of Mahatma Gandhi. In this Program seventy five NSS Volunteers participated. Chief Guest was Mr.

Aman Gupta IAS, Dy. Commissioner SDMC & Mrs. Poonam Bhati councilor sangam vihar. Dean, HoDS and other officers of Jamia Hamdard were Present.

7. Motivational Talk (4/10/2019)

N.S.S Jamia Hamdard Organized a Motivational Talk on 4/10/2019 on the topic Motivational Talk Through Goal Settings by Mr. Rizwanuddin P.F. Commissioner Delhi at 4 Pm at H.C.C. Hall IInd. More than Hundred N.S.S. Volunteers participated in this Program.

8. Awareness to ban single use Plastic

NSS Jamia Jamia Hamdard organize an Awareness Programe to ban single use plastic NSS Student aware not use Single use Plastic utensil/Bags like Plastic cups, Glasses, Polythene bags etc with less than 50 micron thickness.

9. Celebrated World AIDS DAY (03/12/2019)

NSS Jamia Hamdard Celebrated World AIDS on 03/12/2019. On this occasion more than 200 NSS Volunteers participated in HIV/AIDS Awareness Rally. The Rally was flagged off by Pro Vice Chancellor Jamia Hamdard. It was started from School of Unani Medical Education and Research and after travelling outside campus it enters through gate no. 6 and end at Convention Center. On this Occasion Essay Competition and Poster Competition were organized by NSS Jamia Hamdard.

NSS ACTIVITIES 2020

1. NSS Jamia Hamdard organized National Voters Day (25/01/2020)

NSS Jamia Hamdard organized National Voters Day On 25/01/2020 in front of New Block of HIMSR. In this program more than 100 NSS Volunteers participated. They were administered National Voters Day Pledge. Registrar Jamia Hamdard, Dean Student Welfare and other Deans of School were present. NSS Program Coordinator Prof. Syed Mahtab Ali addressed the students and aware them about importance of Casting of Vote. The Programme was ended with National Anthem.



2. NSS Jamia Hamdard participated in Republic Day Parade and Flag Hoisting Ceremony (26/01/2020)

NSS Jamia Hamdard participated in Republic Day Parade and Flag Hoisting Ceremony organized by Jamia Hamdard. 25 NSS Volunteers took part in the flag Hoisting Ceremony and Parade. Prizes were distributed on Republic Day by Hon'ble Vice Chancellor Jamia Hamdard to the NSS Volunteers who were winners of Poster Competition and Essay writing competition which were organized on 3/12/2019 to Celebrate World AIDS Day.

3. Green Menstruation Oath taking Pledge (5th March 2020)

NSS Jamia Hamdard organized a program on Green Menstruation Oath taking Pledge ceremony in collaboration with Society for Menstrual Disorders and Hygiene Management & SUMER on 5th March 2020 at 2 pm. The program was inaugurated by Pro Vice Chancellor Prof. (Dr.) Ahmed Kamal. The venue was SUMER. This ceremony was attended by more than 100 female students and females teachers of Jamia Hamdard. It was organized to aware the girls and women on menstrual hygiene because single use sanitary pads are causing great threat and danger to the environment. Sanitary pads take millions of years to compost, generate trillions of tones of landfill waste, expose sanitation workers to the risk of infections like Hepatitis C, block and clog drainage system also.

There are other options like menstrual cups and reusable cloth pads, which are environment friendly.

The purpose of this program was to create awareness about hazards of single use sanitary pads and tampons and urge girls and women to switch to other eco friendly options like cups and cloth pads.

The following activities were organized in the program

1. An awareness session on menstrual hygiene for 15 min.
2. Video -3 minutes
3. Oath taking 5 minutes.



4. PREVENTION AND MITIGATION OF COVID 19 (15 April 2020)

NSS Jamia Hamdard organized program on Prevention and Mitigation in the month of April 2020. In this program NSS volunteers were informed about for key point programs like preparation of mask, through social media platform.

5. बदलकर अपना व्यवहार, करें कोरोना पर वार (3 June 2020)

On the instructions of the NSS directorate, Ministry of Youth Affairs (GOI). NSS Jamia Hamdard disseminated the knowledge of collaterals बदलकर अपना व्यवहार, करें कोरोना पर वार through videos to my NSS volunteers on daily basis for 15 days.

6. Legal Awareness of Cyber Crime against Women (27.07.2020)

NSS Jamia Hamdard participated as Organizing Partner in the National Seminar on “Legal Awareness of Cyber Crime against Women”, held on 27.07.2020, which was aired live on YouTube. The event was in collaboration with Delhi University, KR Manglam University, GGSIP University, Ambedkar University, Agra, Gautam Buddha University and JC Bose Technical University, Haryana. The Webinar was presided by Mrs. Rekha Sharma, Chairperson, NCW and attended by judges, police officials, bureaucrats and cyber experts. More than 2000 NSS volunteers from different Universities were present in the Webinar. Prof. Syed Mahtab Ali was a panelist in this program.

7. Fit India Youth Club (4 September 2020)

NSS Jamia Hamdard launched Fit India Youth Club as per the direction of Ministry of Youth Affairs Govt. of India. More than 140 NSS volunteers are members of this Club and working towards spreading Online Awareness of the importance and ways of Physical & Mental Fitness at time of the pandemic of Covid 19.

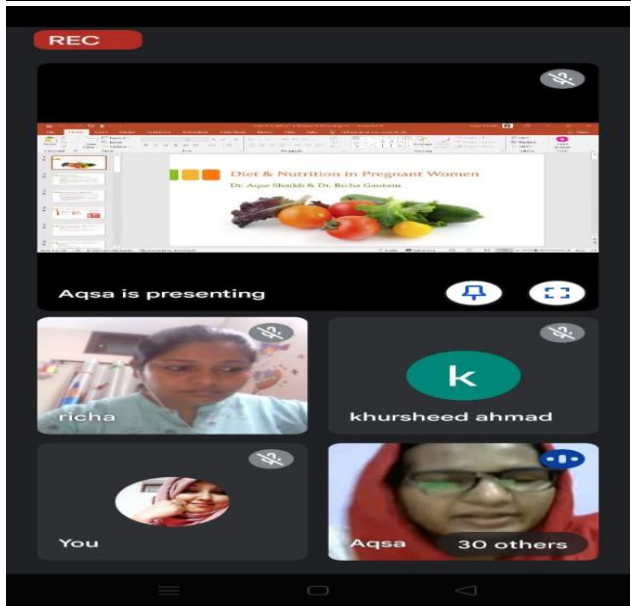
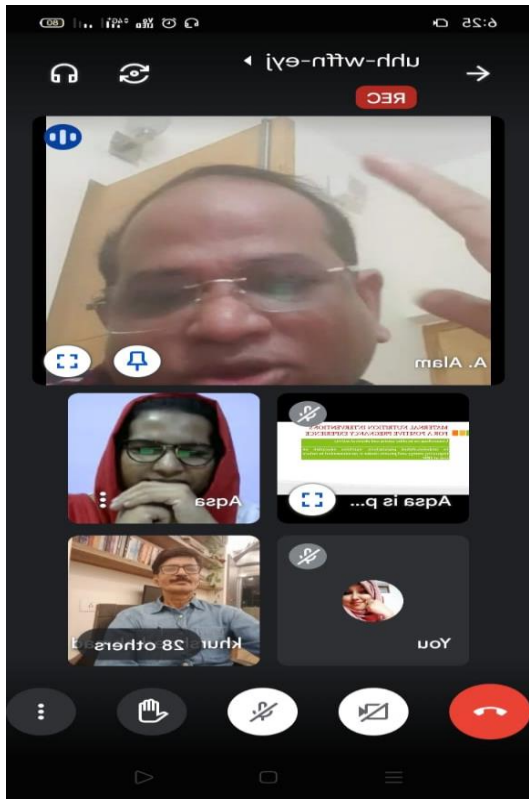
8. CELEBRATION OF CONSTITUTION DAY 2020

NSS Jamia Hamdard celebrated Constitution Day on 26 Nov. 2020 at 12:30pm through social media platform. On this occasion Prof. Syed Mahtab Ali NSS program coordinator addressed the NSS volunteers through Google meet. He informed the students about the importance of Constitution Day and about rights of Indian citizen provided by Constitution of India. He also administered the Constitution pledge to the NSS volunteers. In this program good numbers of NSS volunteers participated in spite of their seasonal examination.

9. CELEBRATIONS OF WORLD AIDS DAY

NSS Jamia Hamdard celebrated WORLD AIDS DAY on 01.12.2020 at 12:30pm. On this occasion Prof. Syed Mahtab Ali NSS program coordinator addressed the NSS volunteers. He also delivered a lecture on HIV/AIDS through Google meet. An online poster competition was also organized by NSS Jamia Hamdard from 2 to 4 pm. The theme of the poster was **ENDING THE HIV/AIDS EPIDEMIC**. The poster making was judged by expert committee Arisha Mariyam BUMS IInd years got the 1st Prize. 2nd prize was won by Zeba BUMS final year junior and Nagma saheen got 3rd position. The prizes will be distributed to the winners on Republic day 2021 by Vice Chancellor Jamia Hamdard.



























NSS Unit JAMIA HAMDARD



Invites you to a virtual talk on

BLOOD & PLASMA DONATION

In times of COVID-19

"MYTHS & REALITY"



*Esteemed Patronage of
Chancellor Jamia Hamdard
Mr. Hamid Saheb*



*Patronage of Hon'ble
Vice Chancellor Jamia Hamdard
Prof. M.A Jafiri*



Our Expert



Dr. Ansari Mohammad Amir
Consultant Transfusion Medicine
Jupiter Hospital Mumbai

MODERATOR



Dr. Khursheed Ahmad Ansari
Associate professor ,
SUMER
NSS Cordinator,
Jamia Hamdard

*Monday,
24th May 2021
3 p.m - 4 p.m*

JOIN-

Glimpses of NSS PROGRAMMES from 2017 TO 2021

Green Menstruation Oath Ceremony 05/03/ 2020





Jal Sakti Abhiyan 1st -15th 2019





National Nutrition Month 01/09/2019 – 30/09/2019





Shramdan for Swachhta 02/110/2019





Motivational Lecture 04/10/2019





Celebration Consitution Day 26/11/2019



Celebration of World AIDS Day 02/12/2019



World AIDS Day 03/12/2018



Sakshi Workshop 11/12/2018



World AIDS Day 1/12/2017





2017,

Pics of Ek Bharat Shreshtha Bharat and World Aids Day









2018 Plantation Drive on Independence Day.



World No Tobacco Day Pledge 31 May 2021

31st May 2021

One of the pioneer institute of Higher learning and research Jamia Hamdard, the only Minority iNstitution of eminence in India is always committed to extend all social responsibilities. Dr Khursheed Ahmad Ansari ,NSS Unit of Jamia Hamdard organised a Pledg... See more





Rastriya Poshan Mah 1 to 30 Sept 2019 lecture delivered by Dr Rekha Sharma





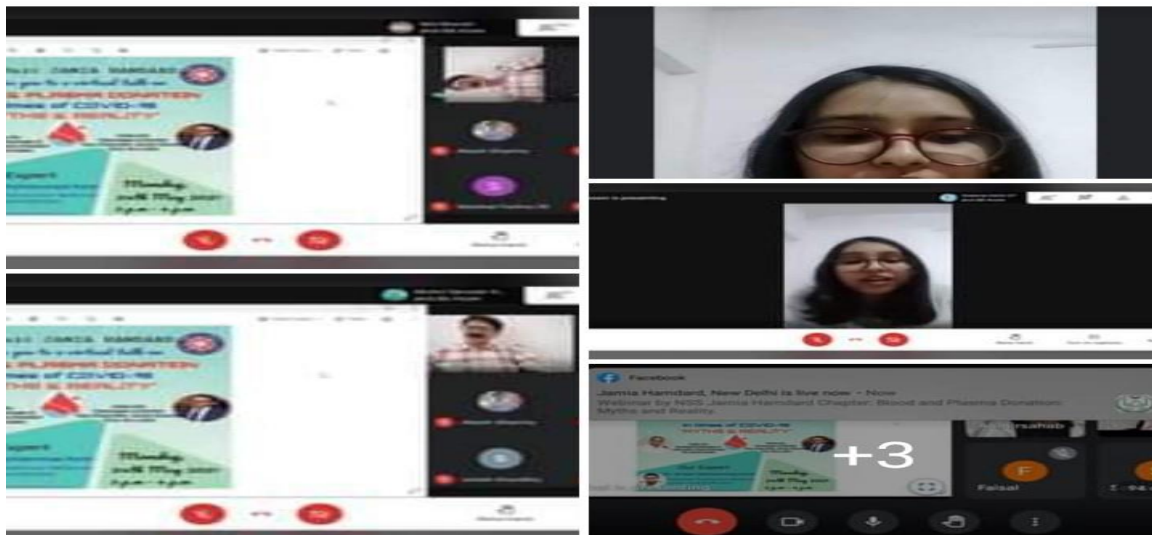
Constitution Day Celebration 26 November 2019





Blood Donation in Covid times: Myths and Reality organized on 24th May 2021

#NSS unit #JamiaHamdard, organizes a Webinar on Blood and Plasma Donation in Covid19 times: Myths and Reality. This was held at MEET platform and in expert talk Dr. Ansari Mohammad Amir, consultant in Jupiter Superspeciality Hospital Nawi Mumbai joined the session la... See more



26 Nov 2021, Constitution Day Celebrated By NSS Unit of Jamia Hamdard.



Khursheed Ahmad Ansari



Nov 26, 2020 · 🌐

#हमभारतकेलोग...

2015, की 26 तारीख को भारतीय प्रधानमंत्री श्री नरेन्द्र दामोदर दास मोदी जी ने बाबा भीमराव (राम) अम्बेडकर जी के संविधान को संपादन और लेखन में दिए गए योगदान को संज्ञान लेते हुए 26 नवम्बर को राष्ट्रीय संविधान दिवस मनाने की घोषणा की , हर वर्ष ही इस दिन संविधान द... See more



JalShakti Abhiyan Awareness Rally. Under the aegis of Swachhta Pakhwada 2019 , 1-15 September







11 Dec 2018, Sakshi and NSS Jamia Hamdard organized a Workshop on Sexual Harassment and Sensitization .

जामिया हमदर्द , नई दिल्ली

11 दिसम्बर 2018

जामिया हमदर्द ,राष्ट्रीय सेवा योजना इकाई और "साक्षी" गैर सरकारी संथा के संयुक्त प्रयास से आज बाल यौन हिंसा के प्रति जागरूकता, पीड़ित से संवाद और इस जघन्य अपराध के अभियुक्तों को दंडित कराए जाने के प्रयास हेतु 50 एन एस एस स्वयंसेवको की कार्यशाला आयोजित की गई। साक्षी संस्था की संस्थापिका जो देश की एक सुविख्या... See more





Blood Donation cam by NSS in collaboration with Sarwodaya INC and Red Cross Society On 11 Dec 2018.

18 सितम्बर 2018

जामिया हमदर्द ,नई दिल्ली ।

आज राष्ट्रीय सेवा योजना, जामिया हमदर्द और सरवोदय संस्था रजिस्टर्ड के साथ मिलके रेड क्रॉस सोसायटी के सहयोग से एक रक्तदान शिविर का आयोजन किया गया। एन एस एस, के संयोजक प्रोफेसर डॉ सय्यद मेहताब अली, और समन्वयक डॉ खुशीद अहमद, डॉ शहला नज़ीर, डॉ उज़्मा बानो थीं। इसका उद्घाटन सह कुलपति प्रोफ़ेस... See more



Plantation Drive 24th Aug 2021









NSS Activities 2021

1. Prize distribution on 26/01/2021

On Republic Day 26/01/2021 Vice Chancellor Jamia Hamdard distributed prizes to the winners of Poster Competition of world AIDS Day organized on 01/12/2020. Arisha Maryam get 1st Prize, 2nd to Zeba and 3rd Prize given Nagma Shaheen.

2. Virtual awareness drive was organized for 75th Indian Independence celebration campaign “Azadi ka Amrit Mahotsav” on 12th March 2021 and physical celebration is proposed for approval from the University (Jamia Hamdard).

Awareness Webinars

1. On world water Day the 24th March 2021 a webinar organized in which more than 80 volunteers participated.
2. More than 50 volunteers participated in Virtual trip of Yamuna Biodiversity Park , Delhi organized by Environmental Quality Cell, Jamia Hamdard with the expert Dr Fayyaz khushtar
3. Organized a Virtual talk show on ‘Blood and plasma donation in Covid-19 times : Myths and Reality” which was addressed by Dr Ansari Mohd Amir, consultant, Transfusion medicine, Jupiter Hospital Mumbai 24th.5.21 attended by 134 volunteers and students
4. Social Media awareness campaigns.
5. 1.NSS volunteers were very motivated and engaged to optimally use social media platforms for wider spread of awareness campaigns regarding Covid-19. instagram ,Whatsapp and Facebook were used for the campaign. Following links can be explored.
6. [1.https://www.instagram.com/p/CPVK1IKhLpA/](https://www.instagram.com/p/CPVK1IKhLpA/) date 26/5/21
7. [2.https://www.instagram.com/tv/CPFvra_B2FA/?utm_source=ig_web_copy_link](https://www.instagram.com/tv/CPFvra_B2FA/?utm_source=ig_web_copy_link) date 21/5/21
8. [3.https://www.instagram.com/tv/COpbwbNhq3p/?utm_source=ig_web_copy_link](https://www.instagram.com/tv/COpbwbNhq3p/?utm_source=ig_web_copy_link) dated 9th May 2021
9. [4.https://www.instagram.com/p/COa2rcBBNMP/?utm_source=ig_web_copy_link](https://www.instagram.com/p/COa2rcBBNMP/?utm_source=ig_web_copy_link) dated 3rd May 21 a poem by NSS volunteer
10. [5.https://www.instagram.com/p/COVdkShBsR-/?utm_source=ig_web_copy_link](https://www.instagram.com/p/COVdkShBsR-/?utm_source=ig_web_copy_link) dated May 1st 2021
11. [6.https://www.instagram.com/p/COQYARkJfcc/?utm_source=ig_web_copy_link](https://www.instagram.com/p/COQYARkJfcc/?utm_source=ig_web_copy_link) dated 29th April 2021

12. [7.https://www.instagram.com/p/CONzxVLJsQJ/?utm_source=ig_web_copy_link](https://www.instagram.com/p/CONzxVLJsQJ/?utm_source=ig_web_copy_link) dated 28th April 2021
13. Organized world No Tobacco Day Rally on 6th June 2021
14. Organized and 50 Volunteer participation in International Yoga Day 21 with all CAB on 21st June 2021
15. Participation of volunteers in 75th Independence day Celebration 2021 at Jamia Hamdard New Delhi
16. NSS volunteers were felicitated by Honorable Vice Chancellor Prof AFSHAR ALAM for awareness , cleanliness drive in campus.
17. Volunteers were engaged in Plantation Drive on 15th Aug 2021 in collaboration with EQ Cell Jamia Hamdard.
18. Promotional Campaign for AZADI KA AMRIT MAHOTSAV was propagated in Jamia Hamdard Campus from 13th Aug 2021
19. Swacchata Pakhwada From 1 Aug 2021 to 15th Aug 2021 was observed and NSS Volunteers were sensitized .
20. Plantation Drive of Medicinal Plants was organized on occasion of visit of Mr Imran Husain , Honorable Minister for food and supply ,Forest, NCT Govt of Delhi and Dr Anil Agrawal , Chairman Rotary Club India with 80 volunteers on 24th Aug 2021
21. Organized Humara AYUSH Hamara Swasthya Rally in collaboration with School of Unani Medicine, Jamia Hamdard with more than 50 students on aegis of Azadi Ka Amrit Mahotsav @ 75, on 3rd Sept 2021.
22. Organized a Swacchata Jagrukta Maah “Clean India Mission” on 28th October 2021 .This programme was whisteled by Honble Vice Chancellor, Prof M Afshar Alam , DSW Prof Reshma Nasreen, Registrar S S Akhtar and other university administration participated in the awareness rally along with more than 70 volunteers.
23. Organized a Webinar on occasion of Poshan Maah 2021 on “Diet and Nutrition in Pregnant Women” on 30th October 2021. This Programme was presided over by Honorable Vice Chancellor Prof M Afshar Alam and the keynote address was delivered by the First Transgender Nodal Office of Covid Vaccination programme of India Dr Aqsa Shaikh, Associate Professor, HIMSR, Delhi. This was attended by 30 NSS volunteer.
24. On 26th Nov 2021 Preamble of Constitution was Read in School of Unani Medical education and research .With participation of online by NSS volunteers this constitution

day celebrations were attended by the Dean Prof S Arif Zaidi, SUMER and teaching and non teaching staff.

25. Team of NSS volunteers Afreen Siddiqui and Ilma Rafat from Jamia Hamdard participated in Quiz competition on AIDS, Blood Donation organized by RR Club of India at Maulana Azad Medical College on 10th Dec 2021. In this event six universities of Delhi Participated.
26. 5 NSS volunteers participated in national level Essay writing Competition on “My Dream India@vision2047 and Unsung Heroes of India” in National Youth Festival to be Held in Punducheri organized by MYAS, Govt of India. This Festival will be inaugurated by Honorable Prime Minister Sri Narendra Modi ji.
27. A NSS volunteer Afreen Siddiqui from SUMER Jamia Hamdard Participated in 7 Day workshop on Swaraj Se AtmaNirbhar Bharat Tak, Organized by Aurobindo University in association with AIU, India. Key Note address was given by Dr R A Mhashelkar (Ex DG CSIR) with valedictory remarks by Secretary AIU, Ms Pankaj Mittal on 9th Aug 2021.

NSS Activities 2022

28. 18th Jan 2022, NSS Jamia Hamdard in Collaboration with Red Ribbon, Delhi AIDS Control Society organized a Poster Making Competition on AIDS FREE INDIA CAMPAIGN at Jamia Hamdard. More than 35 students participated in hybrid Mode.

Report

24 Jan 2022, National Voters Day

More than 200 NSS volunteers along with NCC Cadets and members of other clubs of university participated in National Voters Day Pledge, held in Administration Block of Jamia Hamdard in presidium of honourable Vice Chancellor. Other than students the university officials, Teaching and non teaching staff took the oath of their democratic rights of voting for healthier and stronger democracy. On this occasion Hon Vice Chancellor, Prof Afshar Alam, DSW, Prof Reshma Nasreen, Registrar Syed Saud Akhtar, Deputy Registrar, Xen and other administrative offices read the pledge along with vice chancellor. The Programme was organized in coordination and aegis of the Dean Student's Welfare Office, Jamia Hamdard.

29.

26 Jan 2022

NSS Unit of Jamia Hamdard participated in 73rd Celebrations of Republic Day with more than 35 volunteers. The function began with Hoisting of Tiranga at Central Lawn of Jamia Hamdard was done by Honorable Vice Chancellor, Prof Afshar Alam, followed by the cultural activities and honouring to the 1st, 2nd and 3rd prize winners of Poster competition on AIDS FREE INDIA CAMPAIGN with motivational remarks on poster displayed on board along with Mrs Heena Parveen. This poster completion was organized in collaboration of Delhi AIDS Control Society .RED RIBBON.



30.

NSS Volunteers of Jamia Hamdard participated in Yoga Workshop and Surya Namaskar on 26th Jan 2022 on occasion of Inaugural Session of Yoga Club Jamia Hamdard under the aegis of DSW office. Prof M Afshar Alam and Mrs Heena Parveen inaugurated the club with DSW, Deputy DSW, Registrar, Deputy Registrar and Chief Proctor. The Volunteers actively participated in the Yogic Kriyas of Surya Namaskar under the Yoga Instructor and the Yoga Club Prwesident and Cultural coordinator, Mrs Seema Rani.



31.

On 26th January 2022 ,to mark the celebration of Azadi Ka Amrit Mohotsav @75 NSS Jamia Hamdard organized a cleanliness Drive at campust of Jamia Hamdard. Honorable Vice Chanxcellor,Prof Afshar Alam, Mrs Heena Parveen , Chaif Proctor Sarwar Alam, Registrar S Saud Akhtar , XeN and the volunteers carried out a cleanliness abhiyan in G Block of Jamia Hamdard and volunteers were motivated by the participation of VC and other officers who graced the drive.



IWD 2022 celebrated at Jamia Hamdard

NSS Jamia Hamdard in collaboration with GirlUp project of UN from Hamdard Institute of legal Studies and Research organized a One day Festival AAGHAZ women of tomorrow celebrating international women Day. More than 30 volunteers were engaged in AAGHAZ which will witness open mic, food and musical programmes to generate fund to help underprivileged children in and around the localities of Jamia Hamdard. This Programme was inaugurated by the Chief Guest Prof Neharika Vohra, honourable Vice Chancellor Delhi Skill and Entrepreneur University along with Honorable Vice Chancellor Jamia Hamdard Prof M Afshar Alam, and first Lady Ms Hena Perveen as Special Guest, Prakriti, IPS Asst Commandant ITBP, Dr Prachi Kaul Director Shashri Indo Canadian Institute. Programme witnessed by DSW Prof Reshma Nasreen, Dr Zeenat Iqbal Deputy DSW, Dean HILSR Salina, with large number of university officials and students participated in this cause to help the down trodden society.



Attended the meeting of NSS Officers organized by the Directorate of NSS Delhi on

World Forest Day and Poetry Day through keep it green

The office of DSW Jamia Hamdard in collaboration with feed the needy fifty (NGO) at Noor Nagar New Delhi 110025. This programme was organized by Eco Club of Jamia Hamdard under the aegis of DSW office in which 15 students Volunteers of NSS Prticipated along with more than 40 underprivileged children from nearby slum area were invited. Students from Eco Club Jamia Hamdard, teachers from DSW office along with the NSS members of Jamia Hamdard attended and participated the event of awareness campaign and distributed the Saplings of trees for plantation.









Komal Gulati NSS volunteers from Jamia Hamdard participated and won at

Komal Gulati 4th semester/2nd year student of SPER, Jamia Hamdard, NSS member participated in the National Youth Parliament Festival 2021-2022 organized by the ministry of youth affairs and sports. The theme for this year's conference was "be the voice of new India and find solutions and contribute to policy."

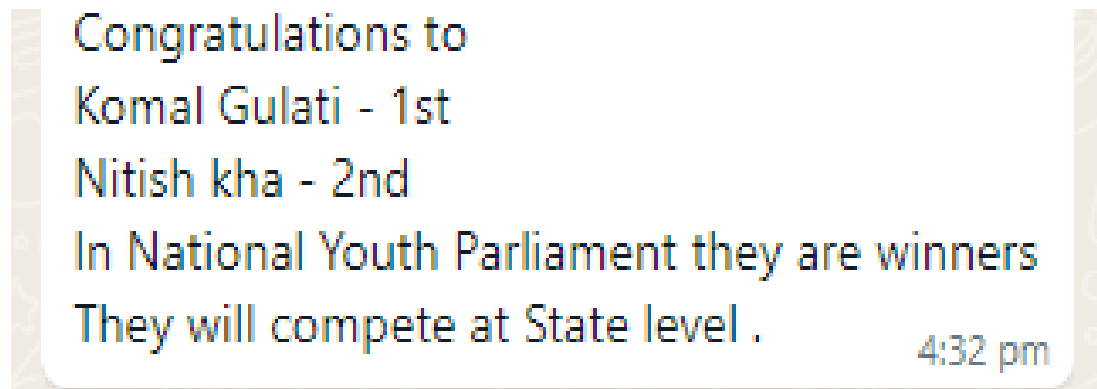
The criteria for participation was that the participant should be between 15-29 years of age as on 13th February 2022.

The youth parliament was conducted on 3 levels :-

1. **District level** - the event took place on 19th of February in the virtual mode. There were 6 topics given to the participants. There were 15 participants from every district of Delhi. Komal Gulati participated from south west Delhi and bagged the first position. The topic she spoke on was beti bachao, beti padao. The language she chose was English.
2. **State level** – the event took place on 27th February. There were 7 topics out of which one had to be selected. There were 2 participants from 11 districts of Delhi. Komal Gulati represented Jamia Hamdard South west Delhi and bagged 3rd position out of 1496 participants. The topic she spoke on was Sankalp se siddhi. The language she chose was English.

87 winners from all states and UTs of India were selected for national level. Out of them 29 first position holders got a chance to speak on the topics provided and the rest 58; 2nd and 3rd position holders got a chance to attend the proceedings.

3. **National Level** - the event was scheduled from 8th march to 12th march. Komal Gulati got a chance to represent Delhi as a 3rd winner. Participants were asked to stay in Ashoka Hotel Chanakyaपुरi for which all the arrangements were made by the government of India. All the expenses including the travel charges, living charges were all covered under it. But due to prior commitments, Komal Gulati didn't attend the conference.



Nehru Yuva Kendra Sangathan
Department of Youth Affairs
Reporting Performa for submission of details
State Level 1st, 2nd and 3rd Winners/ Ranking Youth participated in State Level Youth Parliament

Number of Venue NYK, District: NYK New Delhi
No. of Jury Members: 05

Name of State/ UT: Delhi
Date of Programme: 25.02.20

Name of State/ UT	Rank	Name of Winner	Belongs to NYKS/ NSS (Pl. mention either)	Date of Birth & Age as on 13.02.2022	Gender (M/F)	Father's Name/ Spouse	Complete Address with Block, District and Pin Code	Category (SC/ST/OBC/ General/ Ph.C)	Mobile No. /Phone No. with STD	E- mail ID	Topic on which contested	Language opted for contest	Mandatory Encl for participant State level Original Registra' Form attested by concerned DYOF/ NSS PO
Delhi	1 st	Ms.Anchal Gautam	NSS	08.11.2000 (21 yrs.)	F	Brajesh Gautam	Staff Quarter No. B-104 Type-V,Dwarka, SW, Delhi,N.D-110078	General	9810751314	divyanaanchalgautam@gmail.com	Start Up India,Stand Up India	English	
	2 nd	Ms.Deeksha Negi	NYKS	25.02.2001 (21 yrs.)	F	Rajendra Singh Negi	B-31,Street No-4,East Vinod Nagar, ED,N.D-110091	General	8826105837	negiakshi715@gmail.com	Start Up India,Stand Up India	Hindi	
	3 rd	Ms.Komal Gulati	NSS	14.11.2002 (20 yrs.)	F	Lt.Naresh Gulati	4/34 Nehru Nagar,Sriniwaspuri, SE-Delhi,N.D-110065	General	9717708801	Komal.gulati2728@gmail.com	Sankalp Se Siddhi	English	

Signature of State Director with date 2/3

Name Shyam Sunder Joshi

9th March 2022

A meeting with the MGNRE Nodal officer Dr Abid Hussain was held on 9th March 2022 in the Office of NSS coordinator Jamia Hamdard. This meeting was in regard to the Swachhata Mission Initiated by the MG National Rural education University under the aegis of the Ministry of education. Required proforma and Data was fetched with supportive documents required in the project.

1st April 2022.

Celebrating the Poshan Pakhwada from 21 March to 4th April 2022, NSS volunteers of Jamia Hamdard Participated in Womens Week organized by SUMER, Jamia Hamdard . Awareness Walk was organized by the Dept of Gynae and Obs of School of Unani Medical education and research which was relayed by the Honorable Vice Chancellor Prof(Dr)M Afshar Alam .The Volunteers

with banners , posters and handbills rallied around the University with rendition of slogan related to women health.

https://m.facebook.com/story.php?story_fbid=5385859538115657&id=100000749926577











2nd April 2022

NSS Unit of Jamia Hamdard under the celebration of Poshan Pakhwada from 21st March to 4th April organized a Online Lecture on “ Swasth Mahila, Sashakt Rashtra: Healthy women for Strong Nation” on 2nd April 2022. The Guest speaker Dr Naima Afreen a Renowned Gynaecologist and advocator of Menstrual Hygiene delivered a brain storming lecture to more than 30 volunteers to sensitize them for awareness regarding very common health issues of women health in rural India like Anemia, Menstrual disorders. Other than NSS volunteers this was attended by faculty members, Scientists across Delhi and India. Honorable Vice chancellor Prof (Dr) M Afshar Alam also graced the occasion.

The poster features a central text area with a light blue and pink background. At the top, it includes logos for NSS (National Service Scheme), the 75th Azadi Ka Amrit Mahotsav, and Jamia Hamdard. The main title 'NSS-Jamia Hamdard' is in large, bold, dark blue letters. Below it, the event is described as celebrating 'Poshan Pakhwada from 21st March to 4th April, 2022'. The lecture is organized by the institution and is titled 'An online lecture on "Swastha Mahila, Sashakt Rashtra - Healthy Women for Strong Nation"'. The speaker is Dr. Naima Afreen, DNB (OBGY), CEO of Baby Hospital Azamgarh and former faculty at Sharda Medical College. The event is held on 2nd April 2022 at 6.30 PM onwards. A Google Meet link is provided for joining the webinar. Three portraits are included: Janab Hammad Ahmed (Chancellor), Prof. (Dr.) M. Afshar Alam (Vice-Chancellor), and Dr. Naima Afreen (Speaker). The organizer is Dr. Khurshheed A. Ansari, NSS coordinator.

NSS-Jamia Hamdard
Celebrating
"Poshan Pakhwada from 21st March to 4th April, 2022"
Organises
An online lecture on
"Swastha Mahila, Sashakt Rashtra - Healthy
Women for Strong Nation"
By **Dr. Naima Afreen**, DNB (OBGY)
CEO Baby Hospital Azamgarh and Former Faculty
Sharda Medical College and Research Centre, Sharda Univ.
On
2nd April 2022 at 6.30 PM onwards.
to join the Webinar click the link:
<https://meet.google.com/cmt-vvsx-srn>

Organised by
Dr. Khurshheed A. Ansari
NSS coordinator

Janab Hammad Ahmed
Chancellor, Jamia Hamdard

Prof. (Dr.) M. Afshar Alam
Vice-Chancellor, Jamia Hamdard

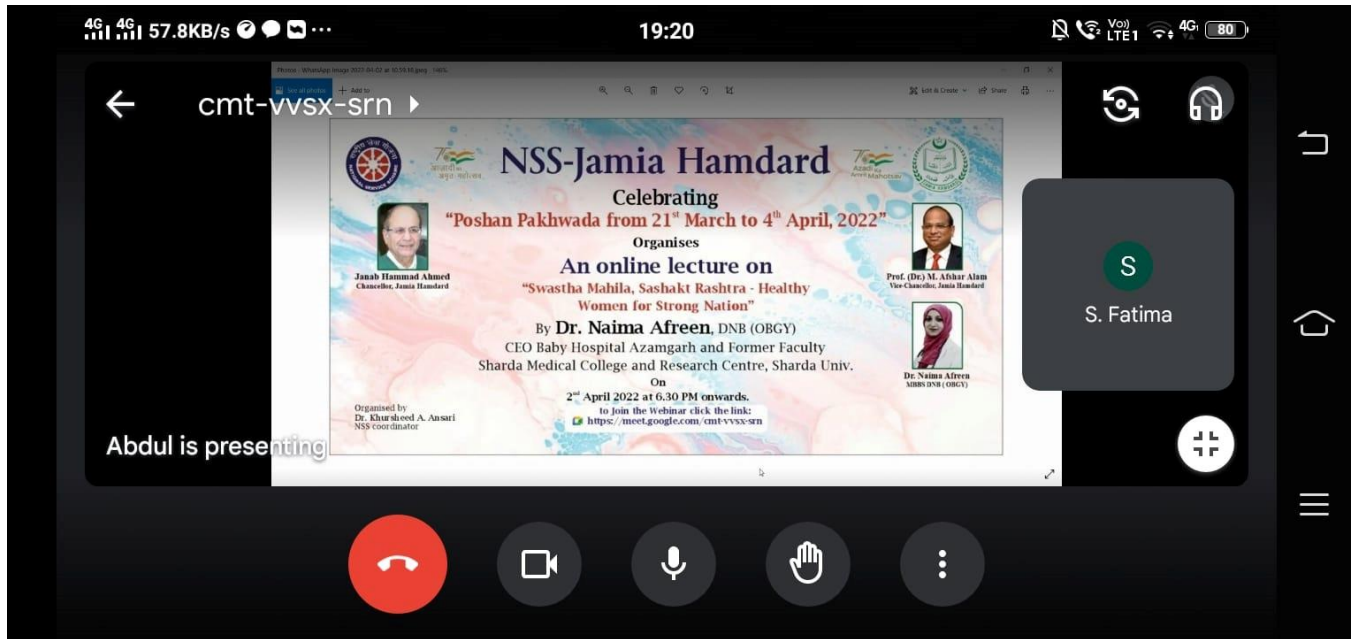
Dr. Naima Afreen
MBBS DNB (OBGY)

This screenshot shows a Zoom meeting in progress. The main window displays a presentation slide from NSS-Jamia Hamdard. The slide is titled "Celebrating 'Poshan Pakhwada from 21st March to 4th April, 2022'" and features an online lecture by Dr. Naima Afreen. The slide includes logos for NSS, Jamia Hamdard, and the Ministry of Health and Family Welfare, Government of India. It also lists the organizers, Dr. Naima Afreen and Prof. Dr. M. Ashraf Khan, and provides a meeting link: <https://meet.google.com/umt-vvxx-wm>.

Below the slide, the text "Abdul is presenting" is visible. To the right, the participant list shows "anul" (muted), "Tehzeeb" (muted), "You" (muted), and "Naima" (muted) with "17 others" also present. The interface includes standard Zoom controls like mute, video, and chat icons.

This screenshot shows the same Zoom meeting as above, but with a call volume overlay at the top. The volume slider is set to approximately 50%. The presentation slide remains the same, but the text below it now says "Abdul is presenting".

The participant list on the right has updated to show "anul" (muted), "Tehzeeb" (muted), "You" (video on), and "Naima" (muted) with "19 others" also present. The "You" participant is now shown in a video feed window, displaying a man with glasses and a mustache, wearing a light-colored shirt, sitting in front of a bookshelf.

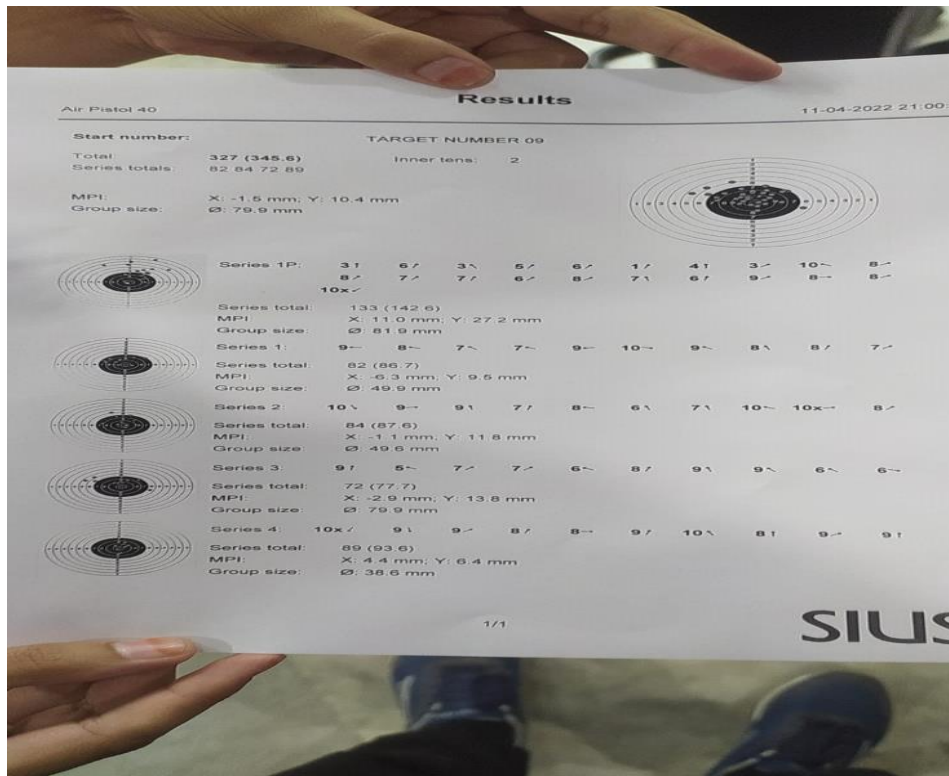


12 April 2022

NSS volunteer Naghma Shaheen a student of SUMER, Jamia Hamdard represented Jamia Hamdard along with two other students from Law School in NorthZone Inter University Shooting Championship hosted by Shubharti University Meerut.in participation of 205 Universities across India 1200 Girls shooter participated and Naghma Shaheen scored 327 out of 400 marks.







13th April 2022

An online meeting organized by NSS directorate of J and K, Hariyana and Delhi NCR was attended to discuss about the events prelude to Yoga For life by the NSS coordinator.



20 March 2022



The office of the DSW, Jamia Hamdard
in Collaboration
with
Feed the needy fifty
(NGO)

Cordially
invites you all to the
CELEBRATION
of
WORLD FOREST DAY
AND
POETRY DAY
THROUGH
KEEP IT GREEN



A
COMMUNITY OUTREACH EVENT
WITH



ASIF MANSOORI
(Founder and director of Feedtheneedy50 Non-Governmental Organisation (NGO)
which works to contribute towards sustainable development goal 2,3,4,5,13)

Dr.Sapna Jain
President Eco Club

Dr.Jamshed Haneef
Vice president

Eco Club Members
Dr. Abroo Aman Andrabi
Ms Nahid Zebi

Ruqaiyya Aslam Malik
Student Secretary

Mohd.Asad
Event student co:ordinator

DAY & DATE
SUNDAY, MARCH 20,2022
TIME
11:00 AM,
VENUE
NOOR NAGAR, OKHLA, DELHI

RSVP:
PROF (DR.) RESHMA NASREEN
DSW
DR.ZEENAT IQBAL
DEPUTY, DSW

100 days Countdown for IYD-2022

NSS of Jamia Hamdard is celebrating 100 days countdown for international Yoga Day 2022. The volunteers are engaged in practicing basic Yoga Asanaas consistently and spreading awareness the capaign of Yoga for life an intitutive by the MYAS Govt of India.

























24th May 2022.

10 volunteers from NSS participated in Biodiversity Park visit of JahanPanaah City Forest South Delhi. This programme was organized by Environmental Quality Cell of Jamia Hamdard New Delhi to on occasion of International Biodiversity Day to create awareness of nature biodiversity extinction and the role of youth









4 June 2022

On occasion of World Environmental Day 2022 organized by Shamrock Eco club of Jamia Hamdard, and AIU India more than 20 NSS volunteers participated in the programme. This Programme looked into awareness and legal issues related to the environment , conservation and how to save One Earth Campaign .



On the Occasion
of
World Environment Day
Shamrocks
Eco Club

Under the Aegis of Dean Student Welfare,
invites you all to join in

“Environmental Literacy Programme”
“Zero Waste Life Style”
for Contributing
towards 2022 year
theme:
“Only One Earth”



Patron
Janab Hamad Ahmed
Hon'ble Chancellor, JSSM Sharjah



Co-Patron
Prof. (Dr.) M. Afshar Alam
Hon'ble Vice Chancellor, JSSM Sharjah

RSVP

Prof. (Dr.) Reshma Nasreen
DSW
Dr. Zennat Iqbal
Deputy, DSW

**Venue & Time
Given Down Below**

Dr. Sapna Jain
President, Eco Club
Dr. Abroo Aman Anrabi
Ms Nahid Zebi
Ms Mikki Khan
Eco Club Members
Ruqaiyya Aslam Malik
Student Secretary



Date and Day	Organised By	Event Description	Visit
1st June,2022 Wednesday	All India Council for Technical Education (AICTE) Global Digital Corps FieldOps Fellowship	Training on : Climate Digital Disaster Management tools used by Government Authorities and recognised by the United Nation Fees: Free Learning Time: 8 hours Certificate: Yes Semester : Any Semester Streams: All Streams Deadline: July 03, 2022 Registration Link Available	https://bit.ly/3wG0u8f
2nd June,2022 Thursday	Jamia Hamdard in Collab with Association of Indian Universities (AIU)	Webinar on "Sustainable Living with the Nature". YouTube Link Available	https://bit.ly/39C0u8f
2nd June,2022 Thursday	Jamia Hamdard in Collab with Indian Pollution Control Association (IPCA)	Initiation of 'My 10 Kg Plastic' Campaign at Jamia Hamdard on June 2, 2022 at 3:00 pm at Near Herbal Garden, Administrative Block, Jamia Hamdard Campus. All students, faculty and staff are requested to bring their plastic waste.	
3rd June,2022 Friday	Jamia Hamdard in Collab with Association of Indian Universities (AIU)	Webinar on "Environmental Issues and related laws". YouTube Link Available	https://bit.ly/39C0u8f
4th June,2022 Saturday	Jamia Hamdard in Collab with Indian Pollution Control Association (IPCA)	Webinar on "Plastic Waste Management in Jamia Hamdard". Google Meet Link Available	https://bit.ly/39C0u8f

REC

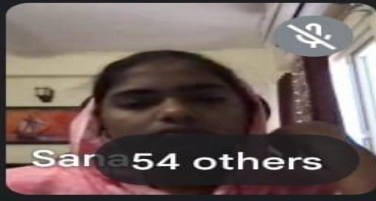
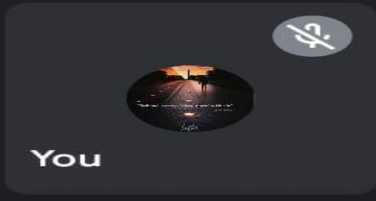
ipca

By 2050,
There will be **more plastic than fish** in the oceans
(by weight)

It's True ✓

World Environment Day 2022 #OnlyOneEarth

Garima is presenting



Call, Mute, Video Off, Hand, More

12:36



114 KB/S Vo LTE 24G R 28



rxr-dnkh-qmw ▶



REC



Garima



Mikki



Abrooaman



Ruqaiyya Asl...



You



kritika

34 others





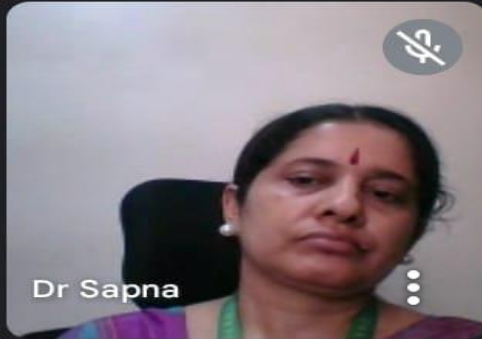
rxr-dnkh-qmw ▶



REC



Abrooaman



Dr Sapna



Garima



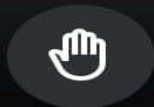
kritika



You



Ruqaiyya Aslam 35 others



REC



Status in Figures

- In India, around 43% of manufactured plastics are used for packaging purpose and most are of single use.
- 70% of Plastics packaging products are converted into plastic waste in a short span

World Environment Day 2022 #OnlyOneEarth

Garima is presenting



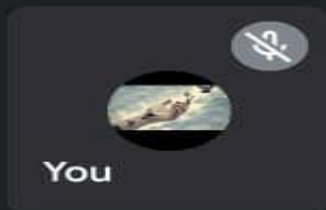
Garima



Shabnam



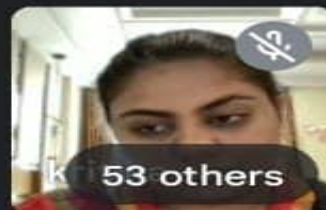
Dr Sapna



You

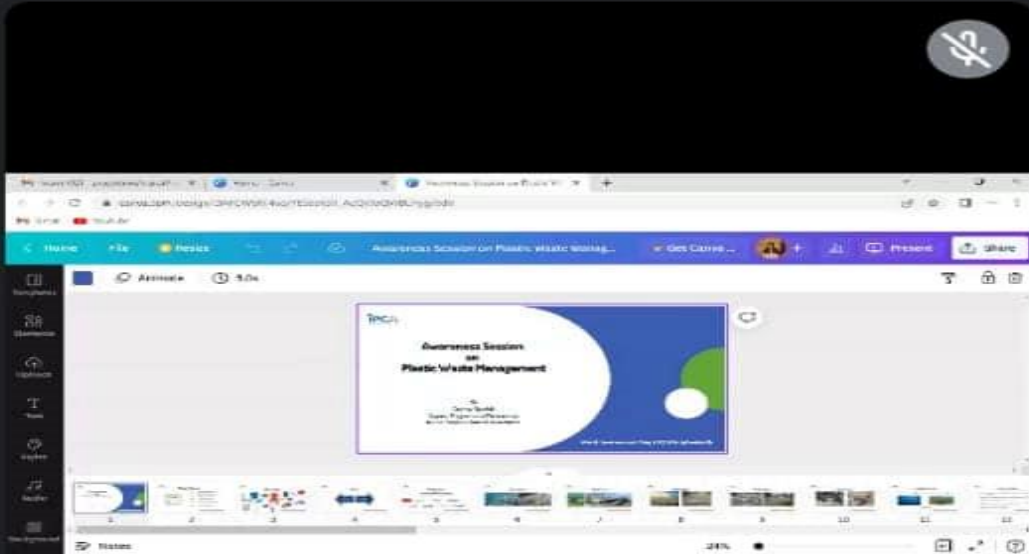


Abrooaman



53 others

REC



Garima is presenting



Dr Sapna



Garima



You



shirin

55 others

14 June 2022

NSS Jamia Hamdard organized a lecture cum workshop on Yoga for life in celebration of 100 days countdown for IYD-2022. More than 70 NSS volunteers and Unani Students participated in this workshop organized in which a Yoga Expert of National repute Dr Badarul Islam Kairanvi delivered a lecture and gave a live demonstration. He also answered the questions from the audience how yoga can be beneficial in many life style disorders like hypertension, diabetes and vision impairment etc. This programme was graced by DSW Professor Reshma Nasreen and other faculty members Dr Kalpna Jutshi, Dr Sapna Jain and Dr Miki Khan .















{ ĩ, ħā ū ā : Öbt ÇaxÖđp ĩpā

20 ħç 2022 Rh ħāz{ āŪzrr ĳā nā ĳkħÖŪ-wĳ | āi pÇāā zā-k|ā“~x tí100 ät
{ ĩ aāŪnāŪ āŪ! { ĩ āŪÖ22 āi Ū~Ūz z“ħāŪ āi ā- [{ ĩ" v| āxÖđp ĩpāR { ĩp
apcTÖŪ Ūā" Öbt-āi-āāpĳ đāp ĩpāR { ĩp apcT™ 30 ÖŪāā āŪyĀ Öāđ | āi
đāpāāŪ | tīāŪÖāā { āMā gāCaŪā đŪŪÖ | Ézāt Ūā apŪ%-pāz- | zāt ā āāvāp
đŪŪÖ ŪWĒā R~z āi zāŪÉĳ z-R { ĩp SÖSÖđāp ĩpāz ŪāŪz { ĩ āi đāp ħāΔapā
ÇŪāā ŪŪ Ç^Çā, { v| SÖāitīāā dŪyāÇāñāÇāāp ā| tāqāŪāŪā { a “~x āi Ū%- mī
üÉy Ūzr ŪŪāāi ŪāzĒ SÖŪŪŪ v| mī ŪŪā ŪāNvīŪŪŪ Ç, mī ŪāzāÇāŪr, xĳ ĳā,
mīzĒzr Ūzr tTzā S~āzā ĳkħā, mīzŪ ŪāpāzāÇā Ū%-t āŪā, mī ŪŪ ° ĳā Ū~ān
ŪŪŪ, mī ŪĒā Ūāā | ŪŪāpŪā, Çħt ŪŪā āŪā ŪāqŪ | ŪŪāŪā { a “~x gāŪzĳN āi
Ū~ { | tīŪāā~ ŪĒāpāza đŪŪ āā { āM

mī üÉy Ūzr ŪŪā
Ū%-, ŪŪā { a “~x
ŪŪā, | āā Ūā { mī t ā
ħāz{ āŪzrr ĳā TāŪā











21 June 2022

60 Volunteers of NSS Jamia Hamdard Participated in International day Yoga Day celebration organized by Yoga Club Jamia Hamdard. Presided by honourable Vice Chancellor Prof M Afshar Alam , Chief Guest capt Vimal Jain a certified Yoga Trainer demonstrated and trained to the Volunteers and University officials. In the celebrations many achievers were felicitated with certificate by honourable Vice chancellor Prof Afshar Alam. Registrar Syed Saud Akhtar, DSW Prof Reshma Nasreen, Deputy DSW Dr Zeenat Iqbal, Seema Rani President Yoga Club and many officials joined the celebration along with NSS Volunteers













NCC, Jamai Hamdard 7 Delhi Batallion

Name of Scheme	Organizing Unit/Agency/Collaborating Agency	Name of the Activity	Year of Activity	Number of students participated in such activities
Annual Conference	Jamia Hamdard + NCC, 7DBN Rohini	Annual Conference on “Contribution of NCC Cadets for Nation Building and Global Development” On 30 th October, 2019	2019	54
Swachh Bharat	Government of India	Hygiene day, On 2 nd October, 2019	2019	54
Swachh Bharat	NCC, 7DBN Rohini	Swachhta Pakhwada 17-Sep-19	2019	54
Swachh Bharat	Government of India, NCC, 7DBN Rohini	Jal Shakti Abhiyan 1-15 Sep-19	2019	54
Independence day	Jamia Hamdard	Celebration of Independence day 15-August-2020	2020	36
Aatma Nirbhar Bharat	Jamia Hamdard	Aatma Nirbhar Bharat Republic Day celebration 26-Jan-2020	2020	36
Blood Donation	Jamia Hamdard + Rotary Blood Bank	Blood Donation Camp 13-sep-2021	2021	15
National	Government of India +	Celebration of	2022	36

Voters Day	Jamia Hamdard	12th National Voters day 25-Jan-2022		
Republic day	Jamia Hamdard	Celebration of Republic Day 26-Jan-2022	2022	36
Science Day	Government of India + Jamia Hamdard	Celebration of National Science Day 28-Feb-2022	2022	36
Football Tournament	Maharaja Agrasen College	MAC Cup 11-May-2022	2022	15
Nursing Day	Government of India + Jamia Hamdard	Nursing Assistant programme 23-May-2022	2022	36
CATC Camp	7DBN Rohini	Tug-of-war 20-June-2022	2022	15
CATC Camp	7DBN Rohini + Jamia Hamdard	Combined Annual Training Camp 17-June-2022 to 27-June-2022	2022	20
Har Ghar Tiranga	Jamia Hamdard	Celebration of Independence Day 15-Aug-2022	2022	36



NATIONAL CADET CORPS 7-DELHI BATTALION JAMIA HAMDARD

NATIONAL CADET CORPS

JAMIA HAMDARD

National Cadet Corps (NCC) is a highly reputed body and has an enormous history to take pride. Infact, NCC is always ready for the nation by serving the best of the abilities and capabilities to the people, for the people and by the people. As NCC is not just meant for military training but it has also enabled the cadets to learn several other valuable things for life such as selflessness, discipline, hard work, honesty and other leadership qualities.

We have 54 cadets, in which most of the cadets have completed B or C certification and attended various CATC, PM rally, Army Attachment and Others National Camps. NCC Jamia Hamdard also organized an Annual Conference on 30th October 2019 on “*Contribution of NCC Cadets for Nation Building and Global Development*”. Our cadets actively participated in Covid 19 duty, Nukkad Natak, Swachhta Pakhwada program of Government of India at Red Fort.

NATIONAL CADET CORPS

VISION: Empower volunteer youth to become potential leaders and responsible citizens of the country.

MISSION: To develop leadership and character qualities, mold discipline and nurture social integration and cohesion through multi-faced programs conducted in military environment.

AIM: The NCC aims at developing character, comradeship, discipline, a secular outlook, the spirit of adventure and ideals of selfless service amongst young citizens.

NATIONAL CADET CORPS

- ❖ To Create a Human Resource of Organized, Trained and Motivated Youth, To Provide Leadership in all Walks of life and be Always Available for the Service of the Nation.
- ❖ To Provide a Suitable Environment to Motivate the Youth to Take Up a Career in the Armed Forces.
- ❖ To Develop Character, Comradeship, Discipline, Leadership, Secular Outlook, Spirit of Adventure, and Ideals of Selfless Service amongst the Youth of the Country.

INDEPENDENCE DAY CELEBRATION

15th AUGUST 2022



To our freedom fighters, to our soldiers, to our heroes of the nation, they are the reason we are still alive, and we will never forget their sacrifice.

Happy Independence Day

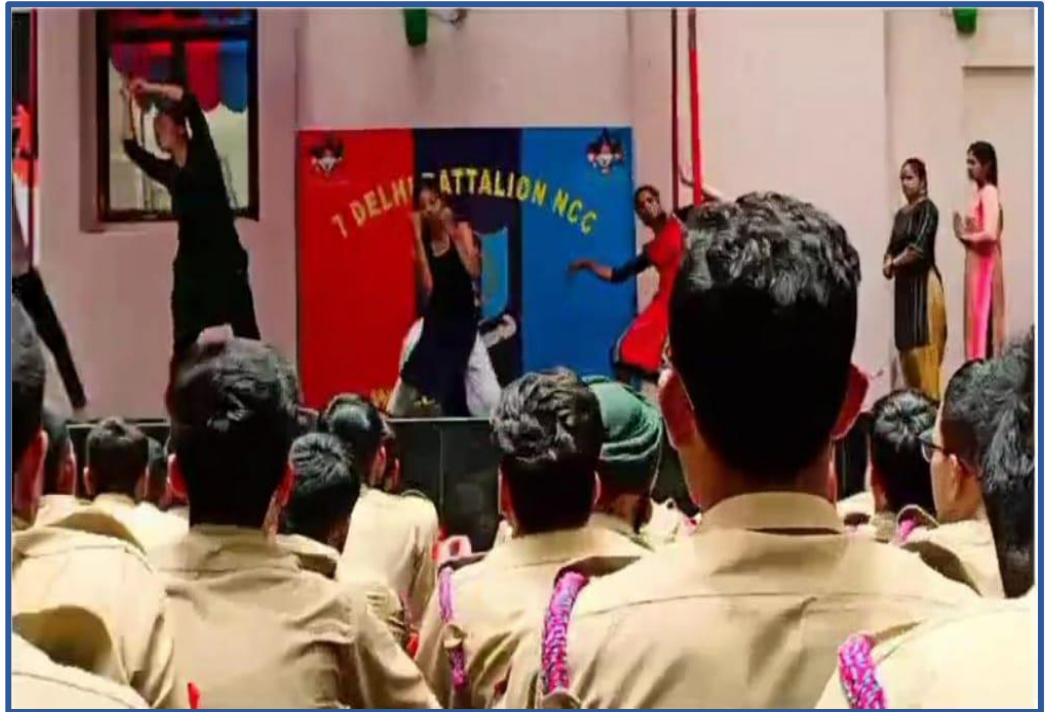
DRILL PRACTICE



DRILL Practices are conducted for NCC CADETS in JAMIA HAMDARD UNIVERSITY, in which PI staff from 7DBN provides training.

CATC Camp-2022

17 june 2022 to 27 june 2022



During CATC Camp there were many activities and cultural programme have been conducted and Jamia Hamdard NCC cadets participates in that activities and prove their ability.

Successfully completed CATC Camp.

CATC TUG-OF-WAR COMPETITION

20th JUNE 2022



During CATC Camp there were many sports competition conducted, **JAMIA HAMDARD NCC CADETS hold 1st position in TUG-OF-WAR,** and also played volleyball in qualifier match.

NURSING ASSISTANCE PROGRAMME

23 MAY 2022



The Centre for Incubation, Innovation and Entrepreneurship was inaugurated by Dr. Subhas Sarkar, Hon'ble Minister of State for Education, Government of India at the Nanotechnology Building of Jamia Hamdard.

Welcoming Dr. Subhas Sarkar Hon'ble Minister of state for Education by Guard of honor by NCC Cadets.

FOOTBALL TOURNAMENT AT MAHARAJA AGRASEN COLLEGE

11 MAY 2022



NCC Cadets have participated in football tournament in MAC CUP at Maharaja Agrasen College.

NATIONAL SCIENCE DAY CELEBRATION

28 FEBRUARY 2022



NATIONAL SCIENCE DAY Celebration was graced by Dr. Jitendra Singh, Hon'ble Minister of State, Ministry of Earth Sciences, Minister of State (Independent Charge) of Science & Technology, Government of India and Minister of State in the Prime Minister's Office as the Chief Guest.

Welcoming Dr. Jitendra Singh, Hon'ble Minister of State of Science & Technology, Government of India by Guard of honor by NCC Cadets.

REPUBLIC DAY CELEBRATION

26 JANUARY 2022



JAMIA HAMDARD celebrated 73rd Republic Day 2022 at Hamdard Convention Centre, Jamia Hamdard. On this occasion Parade done by NCC Cadets in the presence of Prof. (Dr.) M. Afshar Alam, Hon'ble Vice Chancellor, Jamia Hamdard unfurled the National Flag.

12th NATIONAL VOTERS DAY

25 JANUARY 2022

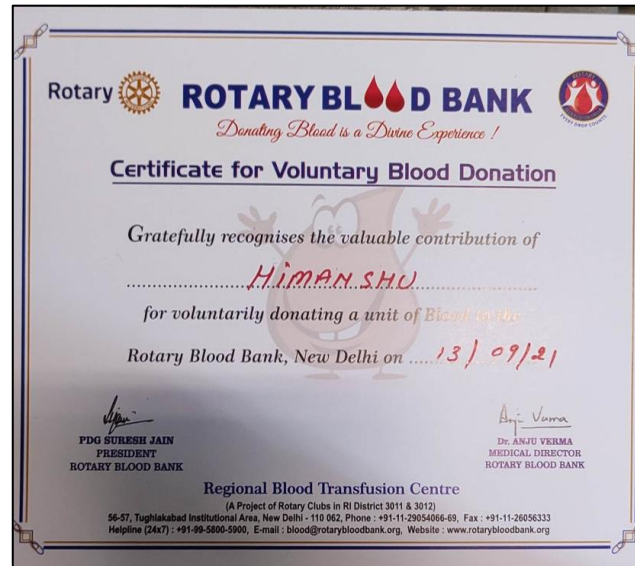


Jamia Hamdard, celebrated the 12th National Voters Day on January 25th. The event was hosted by the offices of the Dean Students' Welfare at the Entrance Hall of the Administrative Block.

NCC cadets with NCC Officer Dr. SAMAR WAZIR and NSS volunteers were joined by students across the university. Deans of Schools, senior office bearers and staff.

Blood Donation Camp

13 September 2021



A Blood Donation Camp was conducted and NCC was also a part of it and all the fit Cadets donated Blood.

REPUBLIC DAY

26 January 2021



Republic Day is a public holiday in India, when the country marks and celebrates the date on which the Constitution of India came into effect on 26 January 1950, replacing the Government of India Act 1935 as the governing document of India and thus, turning the nation into a newly formed republic.

AATMA NIRBHAR BHARAT

26-Jan-2021



PROF.M.A.JAFRI [VICE-CHANCELLOR] Distributing Aatma Nirbhar Bharat certificate to NCC CADETS. This program of 26 january 2021 celebrated in Jamia Hamdard , is provisioned under Covid protocols and Under SOP(standard operating procedures) under central government. Rules and regulation was compulsory in this programme.

INDEPENDENCE DAY

15 August 2020



THOUGHT OF 15TH AUGUST

Let's make a strong decision to value our nation and never forget the sacrifices from from those who gave us freedom.

INDEPENDENCE DAY

15 August 2020



Security Officer with NCC Cadets.

ANNUAL CONFERENCE CONTRIBUTION OF NCC CADETS FOR NATION BUILDING AND GLOBAL DEVELOPMENT 30TH OCTOBER 2019



In this event, honorable chief guest spoke about their life experiences and the difficulties which he faced during his hardships in Army. He told us the advantages of NCC, and about the tackles and hardships in the life of a defense security force. He spoke about services in SSB, NDA and other civil services. It is the first time in Jamia Hamdard where a International Conference is held. The event pulled with a great success and knowledgeable.

ANNUAL CONFERENCE CONTRIBUTION OF NCC CADETS FOR NATION BUILDING AND GLOBAL DEVELOPMENT 30TH OCTOBER 2019



Shramdan for Swachhta & Tree Plantation 02-Oct-2019



CHIEF GUEST: SDM AMAN KUMAR GOALS OF PROGRAMME

- [1]. Slogan " clean india green india".
- [2]. Oath taking:" we the people of india pledge that we from now make our india clean india green india".
- [3]. Make plastic free campus "say no to plastic".

Shramdan for Swachata & Tree Plantation 02-Oct-2019



CHIEF GUEST: SDM AMAN KUMAR

GOALS OF PROGRAMME

- [1]. Slogan “ clean india green india”.
- [2]. Oath taking:” we the people of india pledge that we from now make our india clean india green india”.
- [3]. Make plastic free campus “say no to plastic”.

International Yoga Day

21-June-2019



THE THEME OF THIS YOGA SESSION IS **“CLIMATE ACTION”**
SLOGAN **“FIT INDIA HIT INDIA”**.

Volunteering & Participation in Soldierathon

15-Aug-2020



Jamia Hamdard NCC Cadets Have Participated in Soldierathon (Run for Soldiers) a 21.1 km Marathon.

Jal Shakti Abhiyan 1-15-Sep-2019



Participated in the rally to Save water and Say no to use for Single Use Plastic.
Jamia Hamdard has been the first Campus Plastic Free Campus.

Ek Bharat Shreshtha Bharat NIC Camp-1 1-12-Oct-2018



Our two Cadets have gone for this camp and got Second Position in NIAP Activity there.

Army Attachment Camp

September 2019



Army Trekking Camp (Nov. 2019)



This was Trekking Camp in which one of our Cadet got medal in Glocal School.

CATC / Pre-RDC-1 Camp

October 2019



In this Camp Our cadets have Participated in every event and completed the camp successfully with Pre-RDC-1 Cadets.

Republic Day Parade

26th January 2019



Cadets participating in Republic Day parade

NCC Drill Training



The Cadets of the NCC are highly dedicated to their drills in NCC and disciplined towards their duties.

Swachh Bharat Abhiyan (Swachhta Pakhwada)

17-Nov-2019



NCC Jamia Hamdard has bring awareness about keeping cleanliness & Hygiene in surrounding by keeping the surroundings clean.

INDEPENDENCE DAY

15-Aug-2019



On Independence Day NCC Cadets performed Guard of Honor in front of VC Sir in Jamia Hamdard.

Online Link:

<https://www.facebook.com/1870918943165861/posts/jamia-hamdards-department-of-rehabilitation-sciences-organized-a-national-level-/2968953023362442/>
<https://m.facebook.com/1870918943165861/posts/2968953023362442/>

PRESS RELEASE**JAMIA HAMDARD ORGANIZES WEBINAR ON
MENTAL HEALTH ISSUES IN COVID-19 PANDEMIC**

20th May 2020

Jamia Hamdard's Department of Rehabilitation Sciences organized a national level webinar on "Mental Health Issues in COVID-19 Pandemic" on 20th May 2020, aiming to create awareness about potential stressors triggered during the pandemic in community and to provide strategies to cope with the potential stressors under the current challenge of COVID-19 and the lockdown.

The webinar got an overwhelming response with more than 900 registrants from all over the country and some of the international delegates from Saudi Arabia, Riyadh and Nigeria also registered for it. Keeping in consideration such an overwhelming response, it was hosted both on the google meet platform and was also streamed live on YouTube. As per an analysis the webinar got 250 participants on google meet and a total view of 800 participants from all around the world on live streaming.

The resource person for the webinar, Prof. R.C. Jiloha, recipient of several national and international academic awards of high repute, is a psychiatrist with over 40 years of professional experience as a clinician and a medical teacher. Dr. Jiloha conducted the whole session in a very efficient manner. He gave valuable insights on the various mental health issues and stressors in COVID-19 pandemic. He emphasized that COVID-19 pandemic is spreading worldwide; a parallel epidemic of fears and worries is spreading in the countries that are progressively hit by the virus. No doubt, public health measures like social distancing quarantine and isolation are beneficial in bringing down the growth of infection, they cause adverse effects on mental health of every one including the affected people. Lockdown, a form of forced isolation, takes away what people need most in times of great distress—warmth, support, closeness, presence of someone around and collective meaning-making of the uncalled-for situation. He also focused on Mental health problems, as public scare, fears and anxieties. These conditions manifest as anxieties over touching any potentially infected surface, meeting a person with a travel history, involving visit to highly infected places, or developing any signs or symptoms of upper respiratory tract infections like coughing, sneezing, fever etc. There is paranoia and fear if any other person sneezes or coughs in the vicinity. While these mental health fears and anxieties are likely to be mild and short lived, long-term mental health effects are inevitable. Most vulnerable are the frontline healthcare workers, affected patients, people in quarantine and isolation, children, pregnant women, diagnosed mentally ill, homeless and the elderly. He also explained the different strategies to cope with anxiety, motivational issues, other potential stressors under the current challenge of COVID-19. After the completion of the session, there was an interactive session between the expert and the participants where Dr. Jiloha resolved the queries raised by the participants.

The Department of Rehabilitation Sciences acknowledges Hon'ble Vice Chancellor, **Professor Dr. Seyed Ehtesham Hasnain** and the Pro Vice Chancellor, Dr. Ahmed Kamal for their encouragement in the organization and promotion of such activities and for facilitating us to use ICT platforms optimally. Team Rehab show sincere gratitude to Jamia Hamdard administration not only for their positive support in the successful accomplishment of the webinar but also for providing constant guidance and motivation to the students and faculty members during the lockdown phase.



Teacher Sensitization Program Towards The Difficulties In Primary School Going Children

Teachers Sensitization Program Towards The Difficulties In Primary School Going Children” was organised by the Occupational Therapy Unit, Department of Rehabilitation Sciences, Jamia Hamdard, in which lectures on the *“Difficulties in primary school going children”* and *“sensitization about Occupational Therapy and scope”* were taken by the faculty members of Occupational Therapy Department. This event took place at Hamdard Public School, Sangam Vihar on 16th October 2019.



Interactive session with Primary School Teachers and demonstration of Brain Gym

SCHOOL OF NURSING SCIENCES AND ALLIED HEALTH
JAMIA HAMDARD, NEW DELHI – 110062
DEPARTMENT OF PHYSIOTHERAPY

JH/SNSAH/PT/08/22

August 16, 2022

Sub: Report of 6th & 7th Free Health Camp

Please find herewith the reports of 6th & 7th Free Health Camp organized by Department of
Physiotherapy & Rehab Centre, SNSAH, Jamia Hamdard

Nishat Qudus

Dr. Nishat Qudus
Head

Department of Physiotherapy
SNSAH, Jamia Hamdard

Registrar
Jamia Hamdard



JAMIAHAMDARD

A REPORT ON FREE HEALTH

CAMP 29th May 2022

6



FREE HEALTH CAMP

On

"PREVENTION & SCREENING OF MUSCULOSKELETAL DISORDERS"

& UNANI CONSULTATION

Organised by

Rehabilitation Centre, Jamia Hamdard

& Deptt. Of Physiotherapy

In collaboration with

**SUMER, BHARAT VIKAS PARISHAD (ALAKNANDA) & RWA Office
Gangotri Appartment**

On 29th May 2022

Venue: C-pckt Gangotri Appartment Alaknanda.

From 7.30 am. To 12pm.



**Coordinator
Mr. Anil Sehgal**



**Organising Secretary
Dr. Sohrai A. Khan (PT)
(8802648164)**

A free health camp was organized by the Rehabilitation Centre and Department of Physiotherapy,, Jamia Hamdard in collaboration with, Hamdard Laboratory India(Food Division), School of Unani Medicine and Research Jamia Hamdard, Bharat Vikas Parishad and RWA Gangotri Apartment, Alaknanda New Delhi at C block RWA Office, Aravali Apartment on 29th May 2022 from 7:30 am to 1.00 Noon.

Dr Sohrab Ahmad Khan, Superintendent, Rehabilitation Centre delivered a lecture to create awareness about the causes and solutions of musculoskeletal problems among different ages of people and highlighted the role of exercise and good posture to remain healthy. Dr He briefed about the uniqueness of the Rehabilitation Centre, and Majeedia Hospital, Jamia Hamdard for the availability of state of art facilities for treating various chronic musculoskeletal and other body system problems. Dr Ehtesham (Deputy MS Majeedia Hospital) Dr Deepak Malhotra(PT), Dr Atiya, Clinical Registrar Majeedia Hospital alongwith students of the Physiotherapy and Unani Medicine screened more than 100 residents of Gangotri Apartment for various musculoskeletal ailments and other chronic diseases. The authorities of the Gangotri Resident association have also requested to sign an MOU with Rehabilitation Centre Jamia Hamdard to provide physiotherapeutic care to residents of Gangotri apartments at subsidized charges. They have been educated in consultation on posture correction and lifestyle modifications to remain healthy. Pamphlets describing the pictorial representation of exercises of different regions as well as Unani medicines were distributed to the patients, Hamdard Laboratory India(Food Division) offered Rooh Afza drink along with one complementary Rooh Afza bottle to all visitors of the health camp. Initially, the faculty members made the community members aware of the importance of health screening and how Physiotherapy and Unani medicines can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was assessed and advised according to their concerned chief complaint. Those who need supervised physiotherapy/Medical care were advised to visit Rehabilitation Centre /Majeedia hospital where all the required facilities are available to meet the need of their treatment. There was full cooperation and logistic support from Mr Anil Sehgal and Mr Vinay Khanna(President Bharat Vikas Parishad). It was an interesting community service activity for students of the Physiotherapy and School of Unani Medicine and Research, Jamia Hamdard. Future health camps in nearby localities will be scheduled every week to sensitize the people about their health and well-being. Thus, with teamwork and holistic coordination, the health camp was a success.

Glimpse of the Health Camp



Sohrab A. Khan
Sohrab A Khan
Organizing Secretary
Superintendent Rehabilitation Centre

Nishat Quddus
Nishat Quddus
Co-Chairperson
Head, Deptt of Physiotherapy

Jamia Hamdard

7th Free Health camp

Venue: Goduhli Senior Citizen Centre, 4th floor, Near Gurudwara, E- Block, G.K II , N.Delhi
Date: 12th June 2022(Sunday)
Timing: 9:00 am to 12:30 pm.

A free health camp 5th in series was organized by Women's Development Cell, Jamia Hamdard in collaboration with Mahila Samiti Registered, G.K-II, New Delhi, on 12th May 2022 between 9:00 am to 12.30 pm. People of all ages and gender especially working women suffering from bone and joint problems, diabetes, liver and gastric problems were targeted. Health camp included and free health check-up and consultation by Unani doctors and Senior Physiotherapist and

The President of Mahila Samiti Registered, G.K-II, New Delhi Mr Nirmal Mukherjee and General secretary, Mrs Sudesh Gupta had cooperated with the event without whom the event wont have been successful .

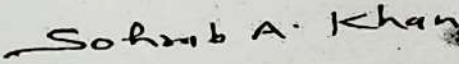
The Department of Physiotherapy and Rehabilitation Centre also was a part of the camp. Dr Yasmeen, Incharge of Women Development cell, Jamia Hamdard, Dr. Sohrab Ahmad Khan, Convenor /Superintendent Rehabilitation Centre , Dr Kalpana Zutshi (PT), Dr Hammad A Siddiqui of Department of Physiotherapy along with students of the Department of Physiotherapy and Unani department were present for the services.


The Department of Physiotherapy, screened around 50 numbers of patients for various musculoskeletal ailments, delivered basic physiotherapy treatment and advise on posture correction, and lifestyle modifications. The patients underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. Most of the patients were affected with knee , back pain neck pain. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available

For various other diseases like liver and gastric problems the Unani medical team had given given free consultation.

Nutritional advice was given by the experts in the field

The community was made aware of how Physiotherapy and Unani Medicine and a good balance nutritional diet can be useful to them both for prevention and treatment of various diseases. It was an interesting community service activity and at the same time a learning experience for students of the Physiotherapy and Unani. Thus, with team work and holistic coordination, the health camp was a successful event.


Sohrab A Khan
Organizing Secretary
Superintendent Rehabilitation Centre

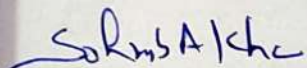

Nishat Qudus
Co-Chairperson
Head, Deptt of Physiotherapy

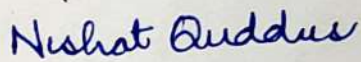
SCHOOL OF NURSING SCIENCES AND ALLIED HEALTH
JAMIA HAMDARD, NEW DELHI - 110062
DEPARTMENT OF PHYSIOTHERAPY

Report of Free Health Camp (5th camp)

Venue: Aravali Apartments, Alaknanda
Date/Day: 22.5.2022 (Sunday)
Timings: 07.30 AM -12.00 Noon

A free health camp was organized by the Department of Physiotherapy and Rehabilitation Centre in collaboration with Majeedia Unani Hospital, Jamia Hamdard and Bharat Vikas Parishad, Alaknanda Branch, New Delhi on 22nd May 2022 between 7:30 AM to 12 Noon. Dr Ehteshamur Rahman, Deputy M.S Majeedia Hospital, Dr Nishat Quddus (PT), Head, Department of Physiotherapy, Dr. Sohrab Ahmad Khan, Superintendent Rehabilitation Centre and Dr Deepak Malhotra, Deputy Superintendent, Rehabilitation Centre, Dr Hammad A Siddiqui, Dr Deepika Singla along with students of the Physiotherapy Department screened more than 26 residents of Aravali Apartments, Alaknanda, New Delhi for various musculoskeletal ailments and provided them advise on posture correction and lifestyle modifications. Pamphlets describing pictorial representation of exercises of different regions were distributed to the patients. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy and Unani Medicine can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available. It was an interesting community service activity for students of the Physiotherapy. Thus, with team work and holistic coordination, the health camp was a successful even.


Sohrab A. Khan
Superintendent
Rehabilitation Centre


Nishat Quddus
Head
Deptt of Physiotherapy



JAMIA HAMDARD

A REPORT ON FREE HEALTH CAMP

24th APRIL 2022

**Prevention & Screening of Musculoskeletal Disorders
organized by**

**Rehabilitation Centre, Department of Physiotherapy
& Department of Moalajat, Jamia Hamdard**

In collaboration with

RWA, Mandakini Enclave, Alaknanda

On 24th April 2022 (Sunday)

Venue: RWA, Mandakini Enclave, Alaknanda

Consultation Timing: 09.00 AM to 01.00 PM

Jamia Hamdard

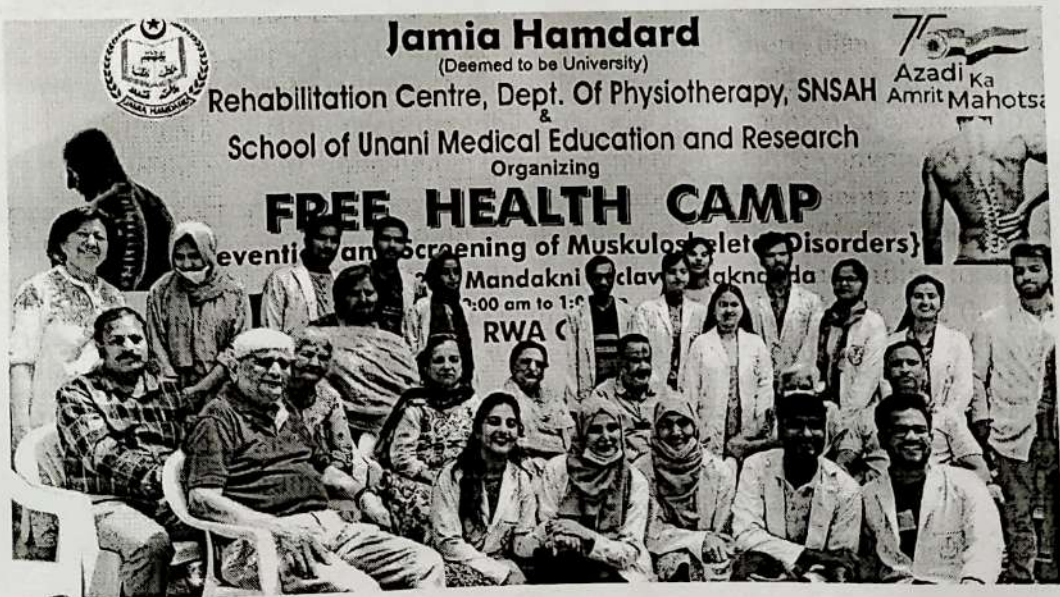
4th Free health camp

Venue: RWA Mandakini Enclave, Alaknanda

Date: 24th April 2022(Sunday)

Timing: 9:00 am to 1 pm.

A free health camp 4th in series was organized by the Rehabilitation Centre and Department of Physiotherapy in collaboration with Deptt. of Moalajat, Jamia Hamdard and RWA Mandakini Enclave, Alaknanda on 24th April 2022 between 9:00 am to 1 pm. Dr.Sohrab Ahmad Khan, Organising Secretary and Superintendent Rehabilitation Centre, Dr Nishat Quddus (PT), Co-Chairperson/ Head Department of Physiotherapy, Prof Mohammad Akram, SUMER, Dr Mohd Maaz, SUMER along with students of the Department of Physiotherapy and Unani department screened more than 50 residents of Mandakini Enclave, Alaknanda for various musculoskeletal ailments and provided them advise on posture correction and lifestyle modifications. Pamphlets describing pictorial representation of exercises of different regions were distributed to the patients. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy and Unani Medicine can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. Most of the patients were affected with knee and neck pain. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available. It was an interesting community service activity and at the same time a learning experience for students of the Physiotherapy. All went fine with great enthusiasm and great help by the society members. Thus, with team work and holistic coordination, the health camp was a successful event.



Glimpses of the Health Camp(24.4.2022)



Sohrab A Khan
Sohrab A Khan
Organising Secretary
Superintendent
Rehabilitation Centre

Nishat Qudus
Nishat Qudus
Co-Chairperson
Head,
Deptt of Physiotherapy

26/4/22



JAMIA HAMDARD

A REPORT ON FREE HEALTH CAMP

3rd APRIL 2022



FREE HEALTH CAMP

On

"Prevention & Screening of Musculoskeletal disorders"

Organized by

Rehabilitation Centre, Jamia Hamdard

& Deptt. Of Physiotherapy

in collaboration with

Deptt. Of Moalajat, Jamia Hamdard

& RWA Nilgiri Apartments, Alaknanda

On 3rd April 2022

Venue: RWA Nilgiri Apartments, Alaknanda

Consultation Time: 7:30 AM-10:00AM

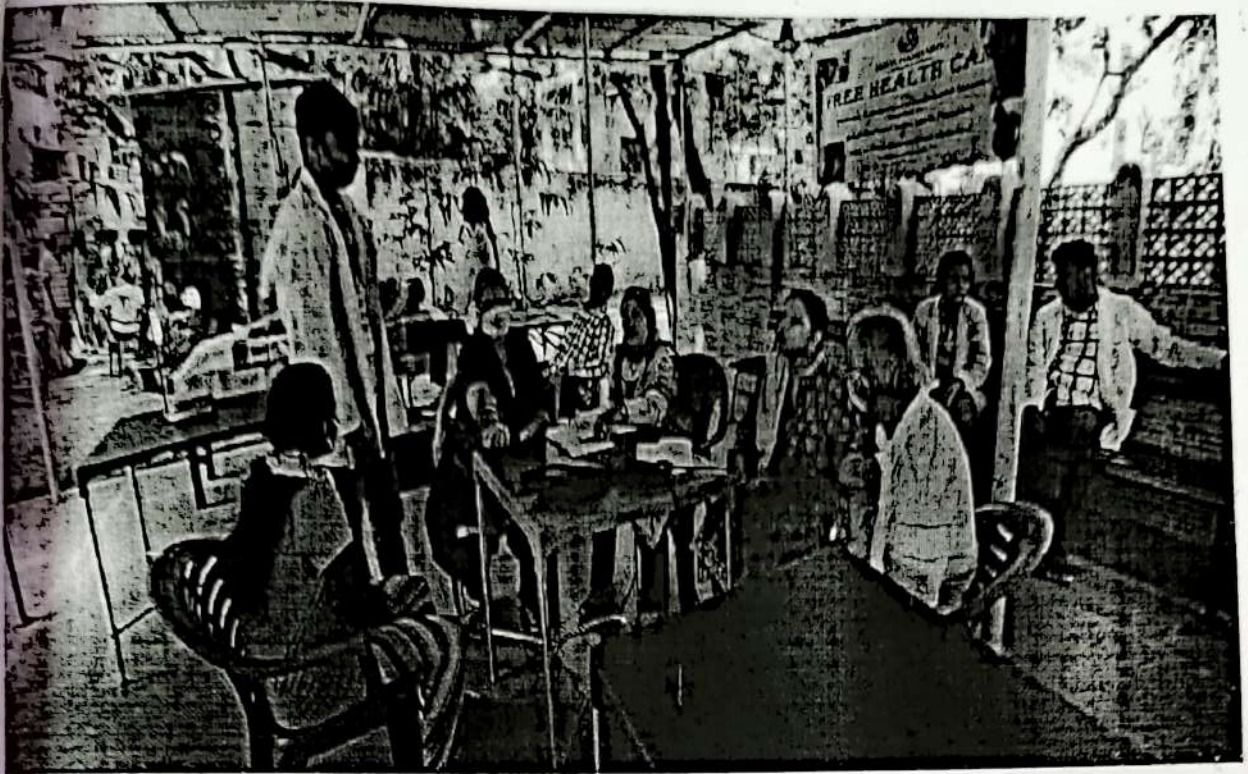


Organizing Chairpersons
Prof. Dr Yasmeen Shamsi
Dr Nishat Quddus

Organizing Secretary
Dr Sohrab Ahmad Khan

Coordinators
Ms Seema Ram
Mr Anil Sehgal
Dr Sahar Zaidi

A free health camp was organized by the Rehabilitation Centre and Department of Physiotherapy in collaboration with Deptt. Of Moalajat, Jamia Hamdard and RWA Nilgiri Apartments, Alaknanda on 27th March 2022 between 7:30 am to 12 pm. Prof Dr Yasmeen Shamsi, SUMER, Dr Nishat Quddus (PT), Head, Department of Physiotherapy, Dr. Sohrab Ahmad Khan, Superintendent Rehabilitation Centre and Dr Deepak Malhotra, Deputy Superintendent, Rehabilitation Centre along with students of the Physiotherapy department screened more than 46 residents of Nilgiri Apartments, Alaknanda for various musculoskeletal ailments and provided them advise on posture correction and lifestyle modifications. Pamphlets describing pictorial representation of exercises of different regions were distributed to the patients. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy and Unani Medicine can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available. It was an interesting community service activity for students of the Physiotherapy. Thus, with team work and holistic coordination, the health camp was a successful event.



Sohrab Khan

Dr Sohrab Ahmad Khan
Superintendent Rehabilitation Centre
Organising Secretary

Nishat Qudus

Dr Nishat Qudus
Head, Department of Physiotherapy
Organising Chairperson



JAMIA HAMDARD

A REPORT ON FREE HEALTH CAMP

27th MARCH 2022



FREE HEALTH CAMP

On

"Prevention & Screening of Musculoskeletal disorders"

Organized by

Rehabilitation Centre, Jamia Hamdard

&

Deptt. of Physiotherapy, Jamia Hamdard

On 27th March 2022

Venue: W BLOCK PARK GK2

Consultation Time: 7:30 AM-10:00AM

Organizing Chairpersons

Dr Ruchi Nagar Buckshee

Dr Nishat Quddus

Organizing Secretary

Dr Sohrab Ahmad Khan

Coordinators

Ms Seema Ran

Mr Anil Seh

Dr Sahar Z



A free health camp was organized by the Rehabilitation Centre and Department of Physiotherapy and Department of Occupational Therapy at W BLOCK PARK GK2 on 27th March 2022 between 7:30 am to 11am. Dr Nishat Quddus (PT), Head, Department of



Sohrab AKH
Dr Sohrab Ahmad Khan
Superintendent Rehabilitation Centre
Organising Secretary

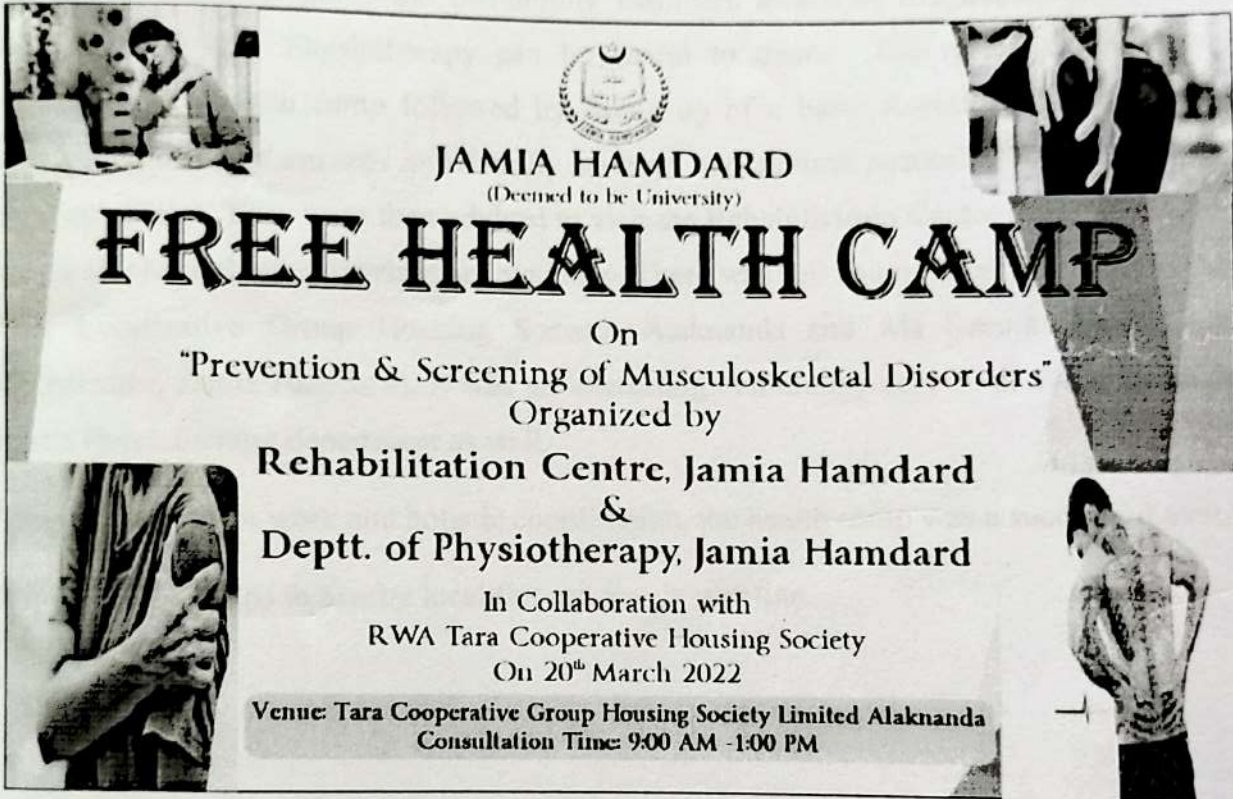
Nishat Qudus
Dr Nishat Qudus
Head, Department of Physiotherapy
Organising Chairperson




JAMIA HAMDARD

A REPORT ON FREE HEALTH CAMP

20th MARCH 2022




JAMIA HAMDARD
(Deemed to be University)

FREE HEALTH CAMP

On
"Prevention & Screening of Musculoskeletal Disorders"
Organized by
Rehabilitation Centre, Jamia Hamdard
&
Deptt. of Physiotherapy, Jamia Hamdard

In Collaboration with
RWA Tara Cooperative Housing Society
On 20th March 2022

Venue: Tara Cooperative Group Housing Society Limited Alaknanda
Consultation Time: 9:00 AM -1:00 PM

FREE HEALTH CAMP

Venue: Tara Appartment, Pocket F, Alaknanda, New Delhi-48

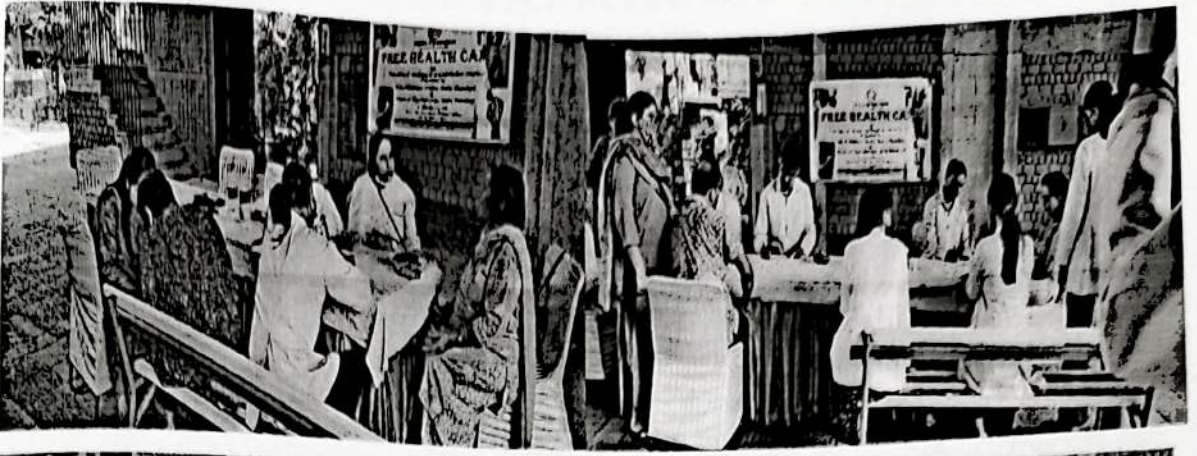
Date: 20.03.22

Time: 9 a.m to 1 p.m

A free health camp was organized by the Department of Physiotherapy at Tara Apartments, Alaknanda on 20th March 2022 between 9 am to 1 pm. Dr Nishat Quddus, Head, Department of Physiotherapy, Dr. Sohrab Ahmad Khan, Superintendent Rehabilitation Centre, Dr Deepak Malhotra, Deputy Superintendent, Rehabilitation Centre, Dr Kalpana Zutshi, Associate Professor, Dr Sahar Zaidi, Assistant Professor, along with students of the Physiotherapy department screened more than 45 residents of Tara Apartments for various musculoskeletal ailments and provided them advise on posture correction and lifestyle modifications. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard where all physiotherapy services are available. There was full cooperation from the President Tara Cooperative Group Housing Society, Alaknanda and Ms Seema Rani (Cultural Coordinator, Jamia Hamdard). It was an interesting community service activity for students of the Physiotherapy department as well.

Thus with the team work and holistic coordination, the health camp was a successful event.

Future health camps in nearby localities are also in pipeline.



Sohrab A Khan

Dr Sohrab Ahmad Khan
Superintendent Rehabilitation Centre

Nishat Qudus

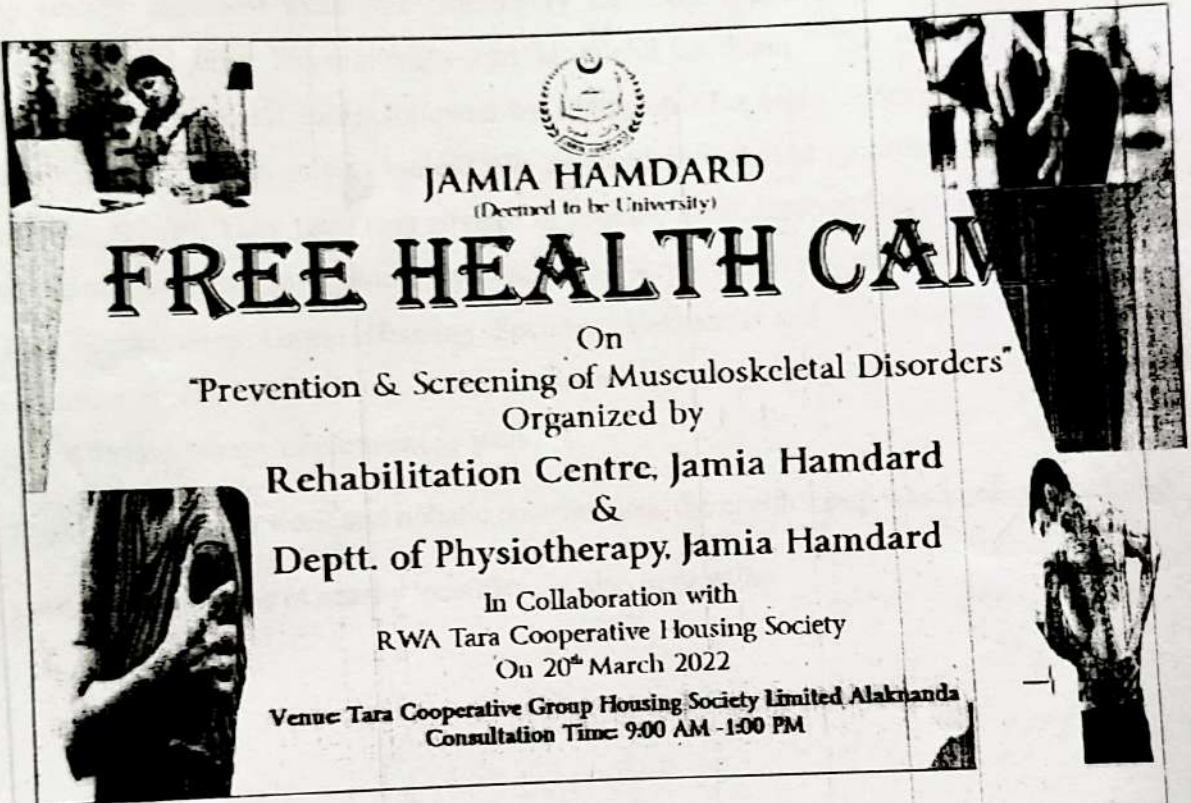
Dr Nishat Qudus
Head, Department of Physiotherapy




JAMIA HAMDARD

A REPORT ON FREE HEALTH CAMP

20th MARCH 2022




JAMIA HAMDARD
(Deemed to be University)

FREE HEALTH CAMP

On
"Prevention & Screening of Musculoskeletal Disorders"
Organized by
Rehabilitation Centre, Jamia Hamdard
&
Deptt. of Physiotherapy, Jamia Hamdard

In Collaboration with
RWA Tara Cooperative Housing Society
On 20th March 2022

Venue: Tara Cooperative Group Housing Society Limited Alakhanda
Consultation Time: 9:00 AM -1:00 PM

FREE HEALTH CAMP

Venue: Tara Appartment, Pocket F, Alaknanda, New Delhi-48

Date: 20.03.22

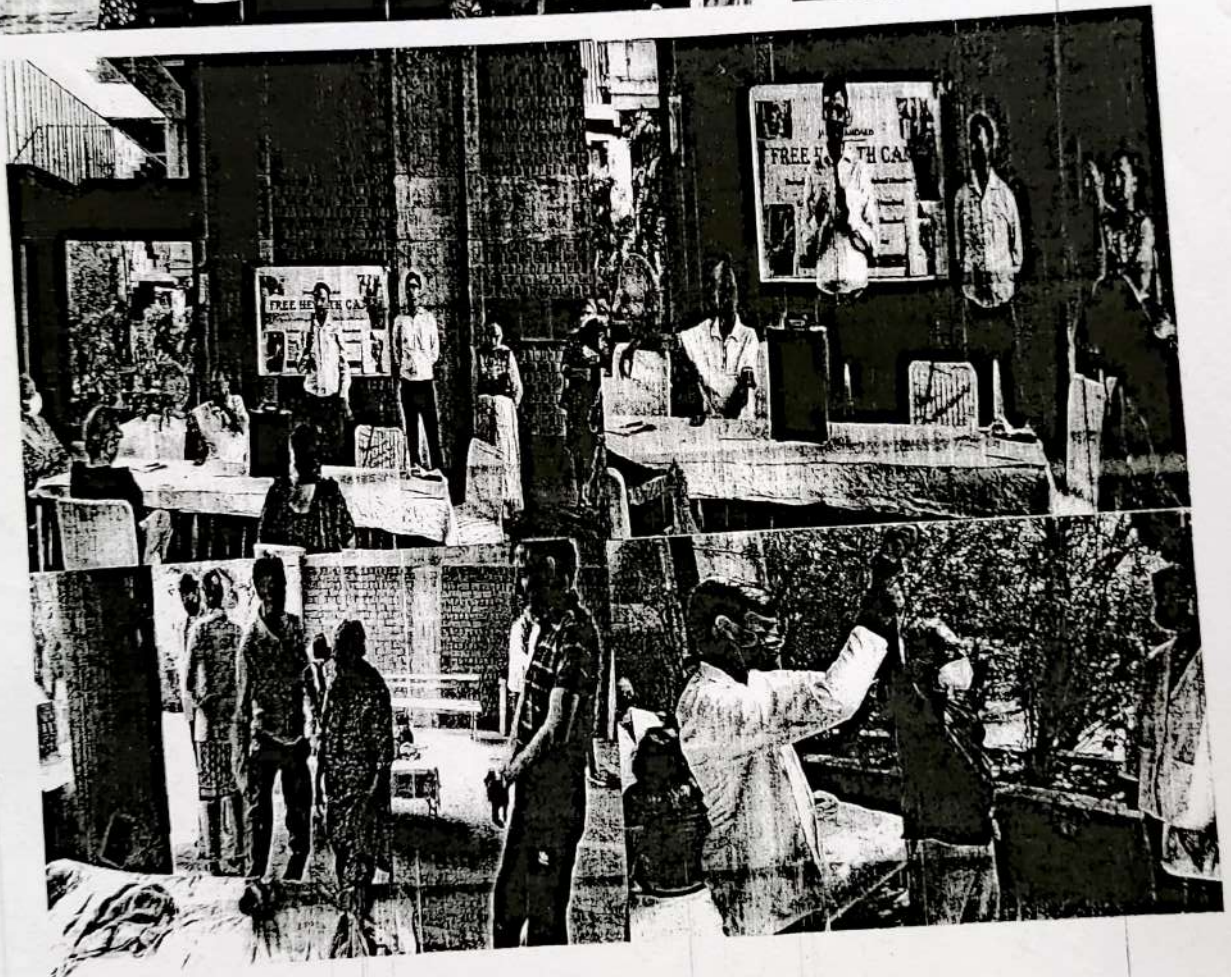
Time: 9 a.m to 1 p.m

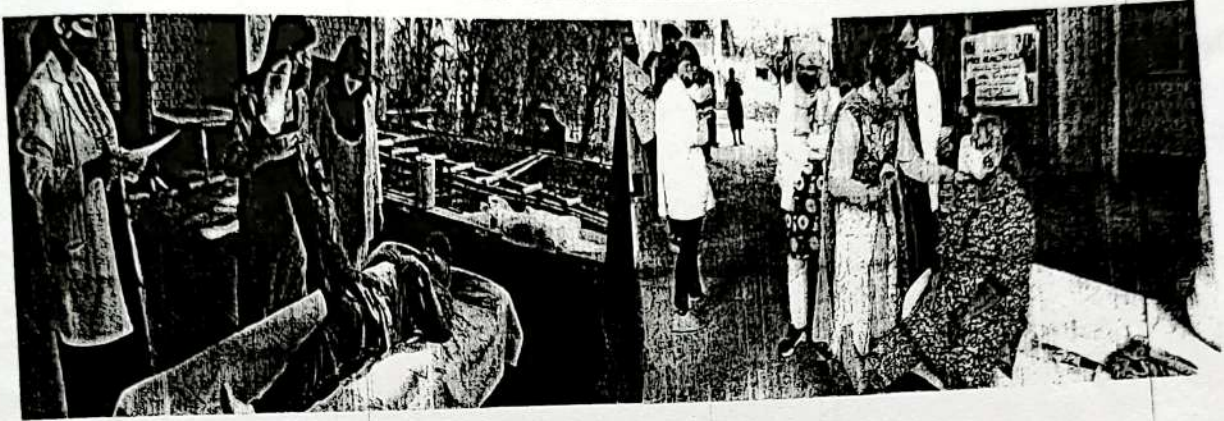
A free health camp was organized by the Department of Physiotherapy at Tara Apartments, Alaknanda on 20th March 2022 between 9 am to 1 pm. Dr Nishat Quddus, Head, Department of Physiotherapy, Dr. Sohrab Ahmad Khan, Superintendent Rehabilitation Centre, Dr Deepak Malhotra, Deputy Superintendent, Rehabilitation Centre, Dr Kalpana Zutshi, Associate Professor, Dr Sahar Zaidi, Assistant Professor, along with students of the Physiotherapy department screened more than 45 residents of Tara Apartments for various musculoskeletal ailments and provided them advise on posture correction and lifestyle modifications. Initially the faculty members made the community members aware of the importance of health screening and how Physiotherapy can be useful to them. The residents underwent a registration for health camp followed by filling up of a basic Assessment Performa after which each one of them was individually assessed and advised according to their concerned chief complaint. They were then advised to visit the Rehabilitation Centre at Jamia Hamdard, where all physiotherapy services are available. There was full cooperation from the President, Tara Cooperative Group Housing Society, Alaknanda and Ms Seema Rani (Cultural Coordinator, Jamia Hamdard). It was an interesting community service activity for students of the Physiotherapy department as well.

Thus with the team work and holistic coordination, the health camp was a successful event.

Future health camps in nearby localities are also in pipeline.

Glimpse of the Health Camp





Sohrab A Khan

Dr Sohrab Ahmad Khan
Superintendent Rehabilitation Centre

Nishat Qudus

Dr Nishat Qudus
Head, Department of Physiotherapy

Rural/Urban Extensions

1. UNNAT BHARAT ABHIYAN

Participating Institute: Jamia Hamdard (U-0107)

Jamia Hamdard was selected in the Fourth list of the Participating Institutes (PIs) under UBA-2.0 program for 2019-2020 as published on the UBA website. Since its selection as one of the PI for UBA, Jamia Hamdard has organised several activities to create awareness among the faculty, students, non teaching staff and other stakeholders about the Unnat Bharat Abhiyan.

The first meeting for UBA was conducted on 22 July 2019. A UBA Team was formed including the faculty members and students for the smooth implementation of the program. Apart from this Jamia Hamdard also collaborated with multiple organisations and NGO's for the UBA Program. As of now, Jamia Hamdard has collaborated with Reaching Sky Foundation, a Delhi based NGO as the NGO partner and Business and Employment Bureau (BEB) as the Technical partner for UBA.

A Communication Medium was setup for easy communication of all the progress and activities of UBA Status. A Whatsapp Group was created for Instant Volunteer Communication (Active) and a Google Classroom was created for Volunteer Training & Assignments (Active).

Villages Adopted Under UBA:

1. Chattarpur
2. Kalkaji
3. Saidul Azaib
4. Deoli
5. Mehrauli

Collaborations under UBA:

1. Reaching Sky Foundation
2. Hamdard national Foundation
3. Business and Employment Bureau
4. Prajna Foundation
5. Sewa Bharti

Project implemented Under Unnat Bharat Abhiyaan (Report Attached)

Orientation Activities Conducted Under Unnat Bharat Abhiyan

1. **UBA Publicity and Call for Volunteers:** A notice inviting interested volunteers for UBA was circulated among faculty and students . A total of 12 faculty members and 50+ students volunteered for UBA
2. **UBA Group Formation** : An official UBA team was formed for carrying out the activities and publicising the mission of UBA. An official team was formed with Prof M Afshar Alam as the coordinator for UBA program
3. **UBA orientation with Coordinators and Volunteers:** An orientation Program was conducted for the UBA group Sensitised 200+ students and 50+ faculty member
4. **Village Visit and Need Analysis:** The UBA group visited the adopted villages for initial visit and need analysis Need analysis was done at Saidul Azaib, Kalkaji and Mehrauli villages
5. **HouseHold Survey:** House hold survey was conducted in Saidul Azaib, Kalkaji and Mehrauli villages for In-depth Need Analysis of Community (Surveys, Community Mapping, Discussions)
6. **Village Survey:** An initial village. Survey was conducted Saidul Azaib, Kalkaji and Mehrauli villages 200+ households were surveyed. An initial survey was performed....the complete survey is Still in In Progress
7. **Experience Sharing and Registration of new volunteers** : A experience sharing session and UBA workshop was conducted to report the conducted surveys and include more volunteers. The session was attended by 120+ students. A total of 20 faculty members and 134+ student volunteers joined the program.

Events Organised under Unnat Bharat Abhiyan

1. Yoga Day

The Teaching staff, Non Teaching staff and students of the Department of Computer Science and Engineering celebrated the International Yoga Day on 21 June 2020 to highlight the importance of Yoga in current times.

2. Rashtriya Ekta Diwas

India is a secular country with rich cultural heritage and beliefs. To strengthen the bond of unity and to preserve the integrity and security of our country the entire Nation celebrated the birth anniversary of Sardar Vallabhbhai Patel on 31 October

2018 as the Rashtriya Ekta Diwas. In line with celebrations nationwide the Department of Computer Science and Engineering, Jamia Hamdard, New Delhi observed 31 October, 2018 as the “Rashtriya Ekta Diwas” to commemorate the birth anniversary of the Iron Man of India “Sardar Vallabhbhai Patel”. Various activities were organized in the department to celebrate the life and appreciate the contributions of Sardar Vallabhbhai Patel. The idea was to infuse in the young minds the ideologies of Sardar Patel that was instrumental in keeping India united.



**Department of Computer Science and Engineering
Jamia Hamdard, New Delhi**

Observes 31st October 2018

as

“Rashtriya Ekta Diwas”

To commemorate the Birth Anniversary of
Sardar Vallabhbhai Patel.



**Department of Computer Science and Engineering
Jamia Hamdard, New Delhi**

National Unity Day

Birth - October 31,
1875

Birth Place -
Karamsad, Nadiad
town, Gujarat

Death - December
15, 1950



PLEDGE

“I solemnly pledge that I dedicate myself to preserve the unity, integrity and security of the Nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of late Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country.”

3. Distinguished Lecture on the topic “भारत को वास्तविक महाशक्ति बनाने में युवाओं की भूमिका” on 13th August 2021 to share the beautiful journey of Unnat Bharat Abhiyan and Jamia Hamdard.

Jamia Hamdard under the Unnat Bharat Abhiyan organised a distinguished lecture on the topic “भारत को वास्तविक महाशक्ति बनाने में युवाओं की भूमिका” on 13th August 2021 to share the beautiful journey of Unnat Bharat Abhiyan and Jamia Hamdard. The event was graced by the presence of Shri Inderesh Kumar Ji (defence expert) and Prof Dr Shahid Akhter, Vice Chairman NCPUL. The event was conducted by Dr Sherin Zafar and Ms Gautami Tripathi and it beautifully presented the journey of Jamia Hamdard and Unnat Bharat Abhiyan. Prof Dr Shahid Akhter, Vice Chairman NCPUL, explained the importance of Unnat Bharat Abhiyan and various other social development activities. He also encouraged the audience specially the youth to participate in social activities and work for the upliftment of the society. He also emphasised on the role of youth in nation building. Shri Inderesh Kumar Ji graced the occasion with his distinguished lecture on “भारत को वास्तविक महाशक्ति बनाने में युवाओं की भूमिका”. He shared some of the interesting incidents and experiences from his life and encouraged the audience with his inspiring words. He beautifully explained the importance of Unity and togetherness in the all round development of a nation. He also congratulated the University Unnat Bharat Abhiyan team for the various social development activities conducted in the past. Hon’ble Chancellor Sir joined the event virtually. He Pledged to continue the various activities for the development of society. Hon’ble Vice Chancellor Prof M Afshar Alam talked about the various activities undertaken by Jamia Hamdard for the development of the society and shared some of the future plans in this direction. He also ensured That Jamia Hamdard will continue its efforts in social development and nation building. He encouraged the students, teachers and other members of the audience to participate in all such future events.



4. 2 Days Webinar Series on “Unnat Bharat Abhiyaan and Young India”



**Department of Computer Science and Engineering
School of Engineering Sciences and Technology
Jamia Hamdard, New Delhi**




Presents a
2 Day Webinar Series
on

Unnat Bharat Abhiyan and Young India

Under the Patronage of

 Mr Hamid Ahmed Chancellor Jamia Hamdard	 Prof. M A Jafri Vice Chancellor Jamia Hamdard	 GUEST SPEAKER Ms Mandrita Sarkar Creative Director Magic Mind Entertainment Pvt. Ltd	 UBA COORDINATOR Prof M Afshar Alam Head & Dean, Department of CSE, SEST Jamia Hamdard	Organised By: Unnat Bharat Abhiyan Team Jamia Hamdard	Event Details Day 1: Monday, 21-12-2020 Time: 5:00 pm-6:00 pm Topic: Livelihood options
				Organising Committee Ms Gautami Tripathi Dr Sherin Zafar Dr Siddhartha Sankar Biswas Ms Nida Iftekar Ms Samia Khan	Day 2: Tuesday, 22-12-2020 Time: 5:00 pm-6:00 pm Topic: Organic Farming

5. World Nature Conservation Day



**World Nature Conservation Day
28 July, 2020**

World Nature Conservation Day is observed every year on July 28 to remind us of the importance of nature in our lives and to create awareness about the need and best practices to protect and preserve our natural resources.

Earth is supplied with limited resources that needs to be preserved. Today, there is a need to think about how we can protect our natural reserves and practice sustainability in our approach towards life. We as a society needs to emphasize on the adoption of sustainable development and Green technology practices. As a society we need to adopt best practices to ensure the well being of the present and future generations.

The Department of Computer Science and Engineering, Jamia Hamdard is committed towards this goal of protecting and preserving mother nature. The faculty, students and staff of the department under the Unnat Bharat Abhiyan are actively participating towards achieving this goal.

Prof M Afshar Alam
Head & Dean, Department of CSE, SEST
Jamia Hamdard
(UBA Coordinator)

6. Gandhi Jayanti Celebrations

Gandhi Jayanti is an event celebrated in India to mark the birthday of Mahatma Gandhi. On this occasion, Jamia Hamdard and Unnat Bharat Abhiyan hosted a National Webinar on 2nd October, 2021 on “MAKING GANDHIJI RELEVANT TO YOUTH OF TODAY”. The Keynote speaker of the event was Mr. Tushar A. Gandhi, Great Grandson of Mahatma

Gandhi and President, Mahatma Gandhi Foundation. The Webinar was Presided by Mr. Hamid Ahmed, Chancellor, Jamia Hamdard. Prof. (Dr.) M. Afshar Alam, Vice Chancellor, Jamia Hamdard who also delivered his thoughtful words about Gandhiji. The webinar was organized by on Saturday, 2nd October 2021 from 01:15 P.M. onwards through the Google Meet Platform. An active participation of faculty members, research scholars, and students was reflected all throughout the webinar that was broadcasted LIVE through social media channels of Jamia Hamdard.

The webinar team comprised of Ms. Seema Rani, Cultural Coordinator, Jamia Hamdard, Dr. Sherin Zafar and Ms. Gautami Tripathi UBA Coordinator Jamia Hamdard, who thanked the esteemed dignitaries, faculty members, staff and students of Jamia Hamdard who were part of this awesome event.



Unnat Bharat Abhiyan, Jamia Hamdard



**On the Occasion of 'Gandhi Jayanti' Presents
National Webinar on
"MAKING GANDHIJI RELEVANT TO YOUTH OF TODAY"**

Presided By



Mr. Hamid Ahmed
Chancellor, Jamia Hamdard



Gandhi Jayanti

**Saturday, 2nd October 2021
at 1.15 PM**

Keynote Speaker



Mr. Tushar A Gandhi
President, Mahatma Gandhi Foundation
Great Grandson of Gandhiji





Prof. (Dr) M. Afshar Alam
Vice Chancellor, Jamia Hamdard

Organizing Team:
Ms. Seema Rani, Cultural Coordinator, Jamia Hamdard
Dr. Sherin Zafar, UBA Coordinator, Jamia Hamdard
Ms. Gautami Tripathi, UBA Coordinator, Jamia Hamdard

  @Jamiahamdardofficial



Jamia Hamdard is organizing a National webinar on "Making Gandhiji Relevant to youth of today".

Mr. Tushar A Gandhi was been invited as a keynote speaker for the event. He is a president of **Mahatma Gandhi Foundation**.

[Twitter](#) [Facebook](#) [Instagram](#) @Jamiahamdardofficial

7. Commemorating Gandhi on 30th January 2020

Epoch Society, in collaboration with Unnat Bharat Abhiyan, successfully organised an event at SEST, Jamia Hamdard, to commemorate Mahatma Gandhi on 30th January, 2020. Students participated in Poster Making and Essay Writing Competition with much zeal. The event featured a special lecture by the Prof. M. Afshar Alam, Dean, SEST, Jamia Hamdard.



School of Engineering Sciences and Technology
Department of Computer Science and Engineering

Jamia Hamdard

Hamdard Nagar, New Delhi - 110062



EPOCH
LITERARY AND CULTURAL SOCIETY
JAMIA HAMDARD, NEW DELHI

Epoch, the Literary and Cultural Society of SEST,
Jamia Hamdard
in collaboration with

'Unnat Bharat Abhiyan'
feels proud to commemorate

**The Father of the Nation
Mahatma Gandhi**

and his principles and ideologies for a propitious India and its people,

with a special lecture by

Prof. M. Afshar Alam

Dean, SEST, Jamia Hamdard

on 30th January, 2020

at 11:45 AM

Venue: HMS Central Library Building

Students can submit their Essay and Posters
on the mentioned theme till 30th January.



@epoch.jh



epoch.jh@gmail.com



Activities during Covid-19



Other Social Initiatives

1. Sabka School Program

The Department of CSE collaborated with the Reaching Sky foundation for the Sabka School program. The students of the department along with faculty mentors participated in the social initiative.

SABKA SCHOOL (Summer) is an Open School for Children, Women & Men residing in Kirti Nagar Slum, Delhi, India. It's a Literate Building Program for underprivileged people to get Socially and Holistically empowered with the abilities to read, write & reason logically. The program also emphasizes on social transformation of beneficiaries through regular classes & workshops on leadership skills & value education to achieve their Holistic Development. SABKA SCHOOL works to achieve Sustainable Development Goal 4 - Quality Education i.e. To ensure inclusive and equitable quality education & promote lifelong learning opportunities for all. This project is not only aspired from United Nations Global Goals but also from the youth oriented Non Profit Organisation, Reaching Sky Foundation's Vision 'To Develop A World Where People Are Empowered With Social Values, Quality Education & Leadership Skills'.

THE GLOBAL GOALS
For Sustainable Development

We Support Goal 4 - Quality Education

सबका स्कूल

Engage | Educate | Elevate
An Initiative of

Reaching Sky
Foundation
ASPIRING MUCH | AIMING MORE | ACHIEVING MOST

In Collaboration With

Department of
Computer Science & Engineering

ENACTUS SSCBS

8-212 Jawahar Park Khanpur,
Near Sainik Farms,
New Delhi - 110080

www.reachingsky.org
team@reachingsky.org

+91-8377055874

[/reachingsky](https://www.facebook.com/reachingsky)
[/reachingskyf](https://www.facebook.com/reachingskyf)
[/reachingskyfoundation](https://www.facebook.com/reachingskyfoundation)

Picture Gallery





