

EVENTS

1. SEMINAR ON CONCEPTS OF NEUROREHABILITATION

The Department of Rehabilitation Sciences had organized a Seminar on Concepts of Neurorehabilitation on 1st October 2018. The seminar was aimed at enhancing the knowledge of students about neurorehabilitation. The Guest Speaker of the Seminar was Dr. Nayeem U Zia who is an eminent Physiotherapist, Academician, currently working as Senior Physiotherapist at Jammu and Kashmir Health Services. The seminar was divided into two sessions-Session I-Hands on Demonstration on Stroke Patients by Guest Speaker and session II-Talk on “Concepts of Neurorehabilitation”



RUFAIDA COLLEGE OF NURSING
SUBJECT- NURSING EDUCATION

FIELD VISITS TO BE ORGANIZED BY M.Sc 1st YEAR STUDENTS (2017-18)

S.No	PLACE OF VISIT	GROUP	NAME OF STUDENT TEACHER	NAME OF TEACHER (ACCOMPANIED BY)
1	NIHFW, Munirka	BSc 3rd Year, GNM 3 rd Year	Ms. Vanita Sharma	Ms. Seema Rani
2	T.B Hospital, Delhi gate	BSc 2 nd Year, GNM 3 rd year	Ms. Sunita Dixit	Ms. Somibala Thokchom
3	Mother Dairy	DGNM 1 st Year, BSc 1 st Year	Ms. Aksa Sarah	Ms. Sartaj
4.	Okhla Center for Mentally Retarded Children	DGNM 2 nd Year, BSc 3 rd Year, PBBSc 2 nd Year	Ms. Gulista Saifi	Ms. Jamal Fatima
5.	The Delhi Cheshire Home	DGNM 2 nd Year, BSc 3 rd Year	Ms. Priya Jain	Ms. Bindu Shaiju
6.	Family Planning Association of India	DGNM 3 rd Year, BSc 4 th Year, PBBSc 1 st Year	Ms. Sana Usmani	Ms. Mikki Khan
7.	Water treatment plant	DGNM 1 st Year , B Sc 2 nd Year	Ms. Siby George	Ms. Gifty Bijoy
8.	Blind Relief Association of India	DGNM 2 nd Year , BSc 4 th Year PBBSc 2 nd Year	Ms. Annamma Jomy	Ms. Neha John
9.	INC	BSc 4 th Year , M.Sc 1 st year	Ms. Monika Malik	Ms. Anjali Kaushik
10.	DNC	BSc 4 th Year, GNM 3 rd year	Ms. Aishwarya R.L	Ms. Jahanara Rehman
11.	Hospice Care (Shanti Avedna)	BSc 3 rd year, PBBSc 1 st Year	Ms. Ruchika Arora	Ms. Saba Hashmi
12.	De-addiction centre	DGNM 2 nd Year, BSc 3 rd Year, PBBSc 2 nd Year	Ms. Preeti	Ms. Rajlaxmi
13.	PRAYAS	BSc 3 rd year, PBBSc 1 st Year	Harshita Gloria	Ms. Rebika
14.	Anganwadi	BSc 3 rd year, PBBSc 1 st Year	Anam Mohamed Saleem	Ms. Seema Rani
15.	AYUSH	BSc 4 th Year, GNM 3 rd year	Clarice	Ms. Somibala Thokchom
16.	CSSD	DGNM 1 st Year, BSc 1 st Year	Joyce Prabhudas	Ms. Sartaj
17.	3C	DGNM 1 st Year, BSc 1 st Year	Urvashi Mishra	Ms. Jamal Fatima
18.	VIMHNS	BSc 3 rd year, PBBSc 1 st Year	Neelima Bisht	Ms. Bindu Shaiju
19.	Tulsi halfway home	DGNM 2 nd Year, BSc 3 rd Year, PBBSc 2 nd Year	Mohita Walter	Ms. Mikki Khan
20.	UNFPA	BSc 4 th Year , M.Sc 1 st year	Shiji Kunjmon	Ms. Gifty Bijoy
21.	Adolescent Clinic	BSc 3 rd year, PBBSc 1 st Year	Himanshi Sharma	Ms. Anjali Kaushik

Ms. Bindu Shaiju
Subject In charge

RUFAIDA COLLEGE OF NURSING
FIELD VISITS TO BE ORGANIZED BY M.Sc 1 ST YEAR STUDENTS
SUBJECT- NURSING EDUCATION

2016 - 17

BSc (Hons.) Nursing

S. N	GROUP	COURSE	PLACE OF VISIT
1	B. Sc 1 st Year	Health care agencies - FON, PNo.25	NIHFW
2	B. Sc 1 st Year	CSSD – FON,PNo.44 & Microbiology, PNo.44	CSSD
3	B. Sc 1 st Year	Social organization / Institution visit – Sociology, PNo.56/57	3C
4	B. Sc 2 nd Year	AYUSH – Pharmacology, PNo.56	AYUSH
			Regimental therapy Faculty of Unani Medicine, Jamia Hamdard
5	B. Sc 2 nd Year	Determinants of Health, Community Health Nursing I, PNo.86	Water Treatment Plant
6	B. Sc 2 nd Year	Determinants of Health, Community Health Nursing I, PNo.86	Sewage Disposal Plant
7	B. Sc 2 nd Year	Determinants of Health, Community Health Nursing I, PNo.86	Mother Dairy
8	B. Sc 2 nd Year	Determinants of Health, Community Health Nursing I, PNo.86	Slaughter House
9	B. Sc 3 rd Year	Nursing care of elderly, Medical Surgical Nursing-II, PNo.104	Sandhya Old Age Home, Netaji Nagar
10	B. Sc 3 rd Year	The healthy child, Child Health Nursing, PNo.112	Child Guidance Clinic
11	B. Sc 3 rd Year	The healthy child, Child Health Nursing, PNo.112	Anganwadi*
12	B. Sc 3 rd Year	Management of behavioural and social problem in children, Child Health Nursing, PNo.114	Okhla Center for Mentally Retarded Children
13	B. Sc 3 rd Year	Community Mental Health Nursing- Mental health service agencies, Mental Health Nursing, PNo. 124	The Delhi Cheshire Home
14	B. Sc 3 rd Year	Community Mental Health Nursing- Mental health service agencies, Mental Health Nursing, PNo. 124	Deaddiction Center
15	B. Sc 3 rd Year	Family Welfare Programme, Midwifery & Obstetrical Nursing, PNo.134	Family Planning Association of India
16	B. Sc 4 th Year	National Health and Family Welfare Programmes, Community Health Nursing II, PNo. 143	NCDC, NITRD – Mehrauli, Dist. TB Hospital-Nehru Nagar.
17	B. Sc 4 th Year	Health Agencies - International Community Health Nursing II, PNo. 144	UNFPA
18	B. Sc 4 th Year	Health Agencies - International Community Health Nursing II, PNo. 144-45	Blind Relief Association of India
19	B. Sc 4 th Year	Nursing as a profession, Management of Nursing Services & Education, PNo. 156	Family Planning Association of India INC DNC

FACILITIES CREATED UNDER DST-PURSE

TEM FACILITY CENTER



TEM Facility Center

SPONSORED BY DST-PURSE
SCHOOL OF PHARMACEUTICAL
EDUCATION AND RESEARCH
JAMIA HAMDARD



FACILITIES CREATED UNDER DST-PURSE

DROSOPHILA FACILITY CENTER



Drosophila Facility Center

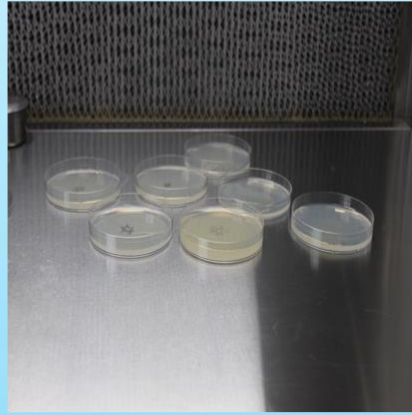


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LIFE SCIENCES
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FACILITIES CREATED UNDER DST-PURSE

CAENORHABDITIS ELEGANS FACILITY CENTER



*Caenorhabditis
elegans*



Facility Center

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LIFE SCIENCES
JAMIA HAMDARD



FACILITIES CREATED UNDER DST-PURSE

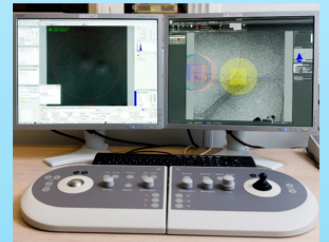


1. TEM

The Talos L120C TEM offers a high level of automation, allowing complete digital control over multiple microscope components, including the electron gun, optical elements, vacuum system and stage. Additionally, the user interface allows for smart presets to save multiple operational conditions across many different applications.

2. Data Processor (Necen Processor)

- A posteriori camera correction
- Movie alignment
- Magnification correction
- CTF estimation
- Overall data quality assessment



3. RMC Ultramicrotome

Ultramicrotomes for the preparation of ultra- and semi-thin sections for electron microscopy with patented Power Drive® technology. Mechanical stroke force particularly advantageous for cutting hard and large specimen. Automatic sectioning range: 5nm to 10µm. With digital section counter and feed totalizer. Control of the PTXL via control unit.

FACILITIES CREATED UNDER DST-PURSE



GeneXpert System

for RNTCP- Designated Microscopy Centre

Sponsored by DST PURSE

RNTCP- Designated Microscopy Centre at HAHC Hospital , Jamia Hamdard

Designated Microscopy centre (DMC) provides Sputum microscopy diagnostic services for every one lakh population and is established by **Revised National Tuberculosis Control Program (RNTCP)**, the tuberculosis (TB) control initiative of the **Government of India**



• A DMC was established at HAHC Hospital Jamia Hamdard and was inaugurated on 8th February 2018.

• The Centre provides sputum smear microscopy and PCR based rapid Molecular diagnostic testing services for all patients absolutely free of cost.

• Jamia Hamdard has purchased a 4 module GeneXpert (Cartridge Based Nucleic Acid Amplification Test) System from PURSE funds.

• The machine provides confirmatory diagnosis for TB and detects any resistance towards anti-tubercular drug Rifampicin

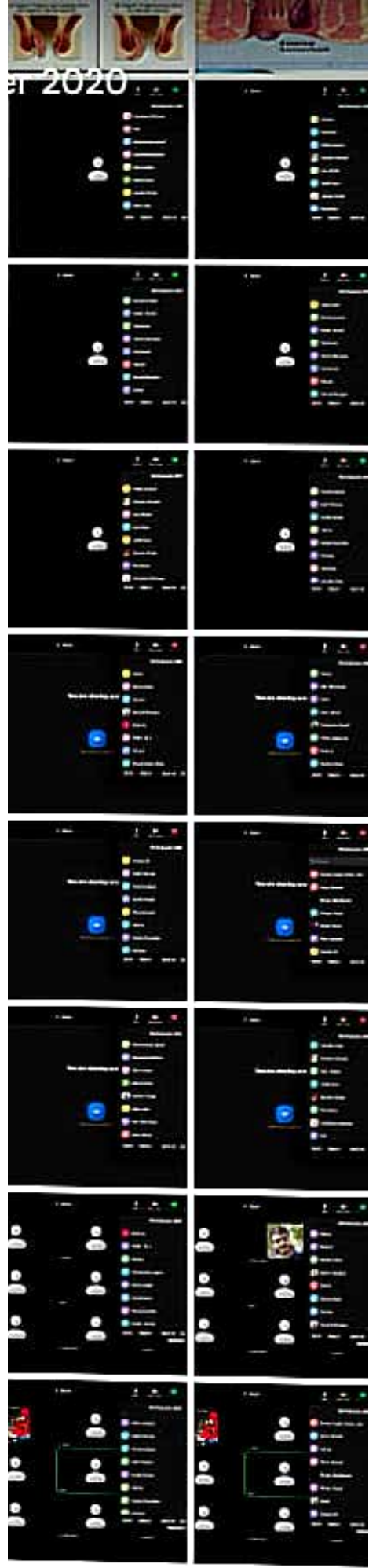
• The machine has processed more than 1000 clinical samples till date.

• It can provide result in 2.5 hours for 4 samples simultaneously.

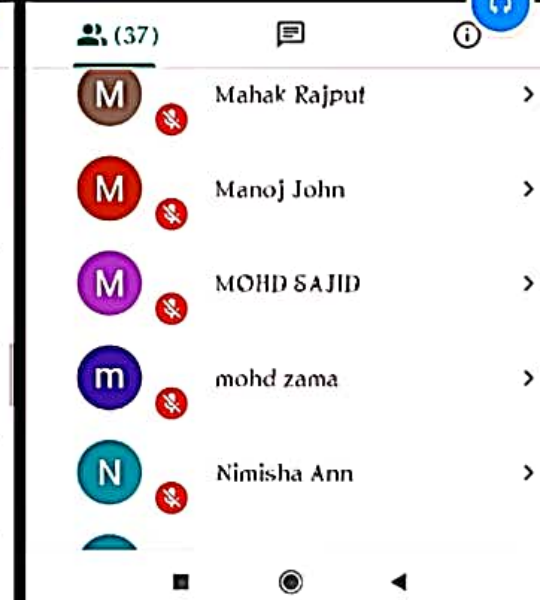
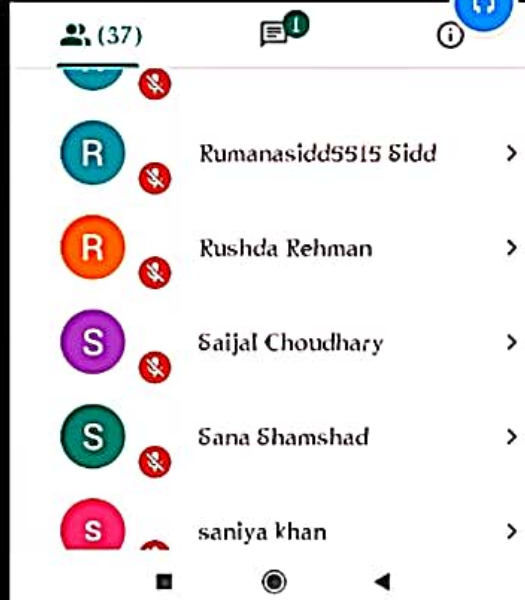
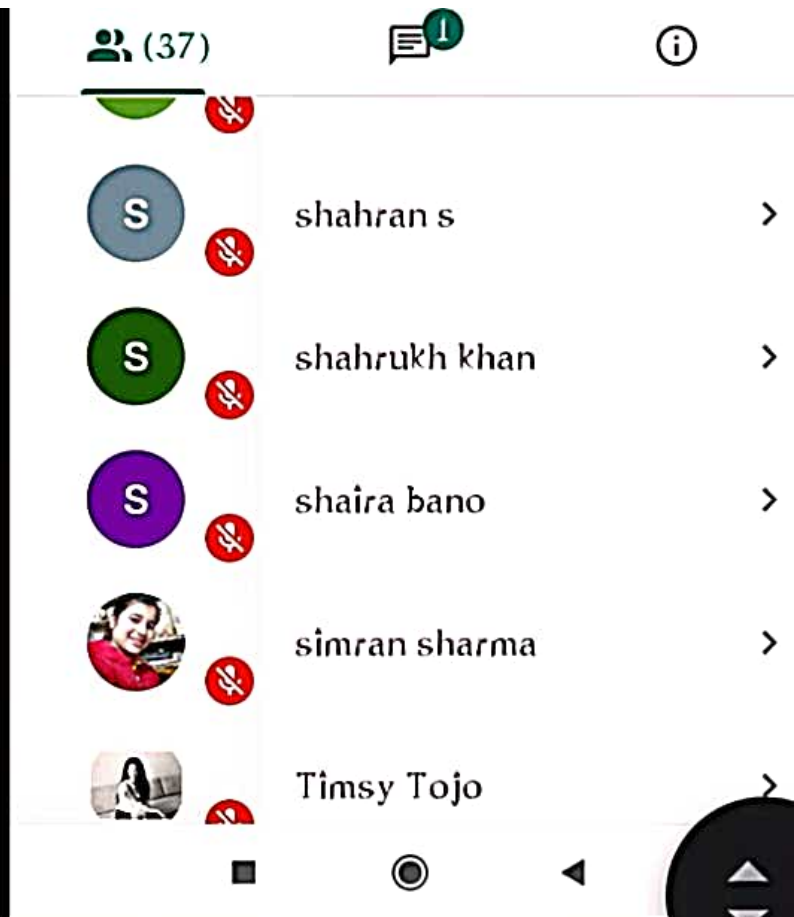
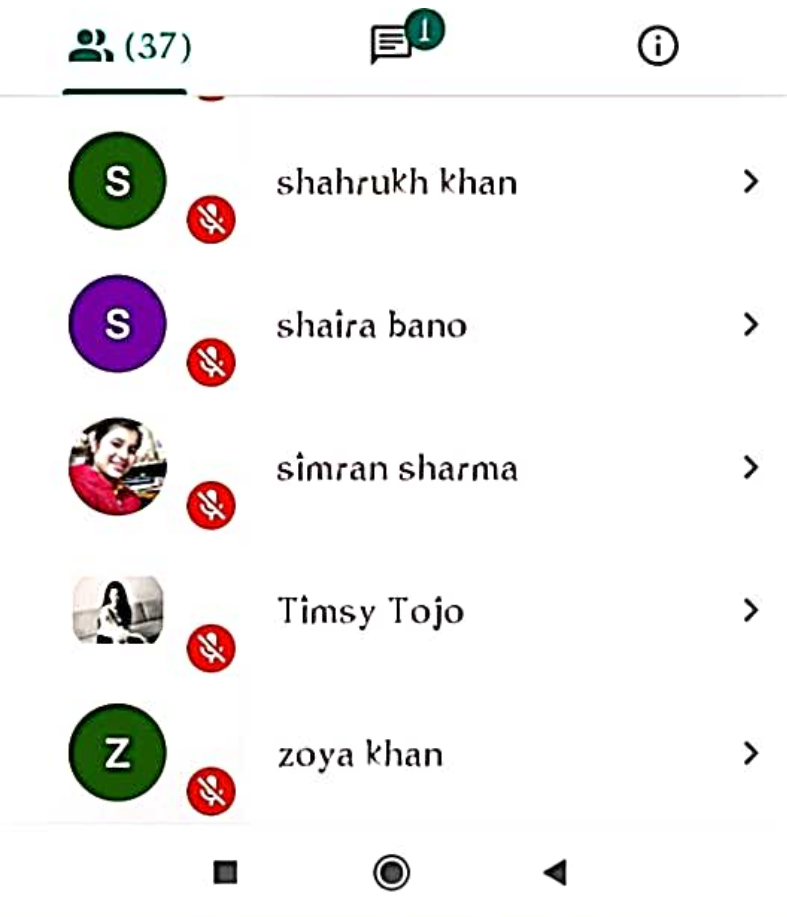


Research article published: Pandey V, Singh S, Arora N, Quadir N, Singh S, Das A K, Dudeja M, Kapur P, Ehtesham NZ, Elangovan R, Hasnain S.

See TB: A novel alternative to sputum smear microscopy to diagnose tuberculosis in high burden countries. Scientific Reports. (2019) 9:163712



ber 2020



**School of Unani Medical Education and Research
Jamia Hamdard, New Delhi-110062.**

Date: 30-03-2022

Students of BUMS are posted for the training of internship (batch 2021 - 2022) in the following OPDs of Majeedun Unani Hospital from 9.00 a.m. to 5.00 p.m. as per schedule given below w.e.f. 01-04-2022 to 30-04-2022.

S. No.	Name of Internee	Department	Room No.	Evening OPD Room No. 3 02.00 p.m. to 05.00 p.m.
1.	Naseem Ahmad	Moalijat OPD	11	
2.	Nishan Naaz	Moalijat OPD	11	
3.	Mohammad Anas	Skin OPD	08	1-15
4.	Asma Mohd. Tahir	Skin OPD	08	
5.	Saima Ishtiyag	Fever OPD	07	1-15
6.	Najida Fatima	Fever OPD	07	
7.	Amir Khan	Regiminal Therapy	12	
8.	Mohd. Aadil	Regiminal Therapy	12	16-30
9.	Shafaq Afzal	Regiminal Therapy	12	
10.	Mohd. Waseem Saifi	Regiminal Therapy	06 & 12	
11.	Amra Munawer Khan	Regiminal Therapy	06 & 12	
12.	Rahnuma Anjum	Surgery (U)	03	
13.	Md. Munazir Hussain	Surgery (U)	03	
14.	Mehvish Naseem	Surgery (U)	03	
15.	Sanu Babu	Eye & ENT (U)	05	
16.	Firdos	Eye & ENT (U)	05	
17.	Shazia Khan	Eye & ENT (U)	05	16-30
18.	Mohd. Shafaeque	TST	10	
19.	Mahmood Ahmad	TST	10	
20.	Shuaib Kamal	TST	10	
21.	Rukhsana Ansari	Gynae (U) OPD	16	
22.	Madiha Razi	Gynae (U) OPD	16	
23.	Umda	Gynae (U) OPD	16	
24.	Shabana Bee	Gynae (U) OPD	16	
25.	Rahnuma Shahid	Atfal	15	
26.	Mohd. Uwais	Atfal	15	
27.	Mohseen	Atfal	15	



Dr. Uzma Bano

Dr. Uzma Bano
Incharge, Clinical Duties

C.C.to:

- M.S., Majeedun Unani Hospital
- All OPDs
- Notice Board, MUH

School of Unani Medical Education and Research
Jamia Hamdard, New Delhi-110062.

Date: 30-03-2022

Students of BUMS are posted for the training of internship (batch 2021 - 2022)
in the following department of Pt. Madan Mohan Malviya Hospital w.e.f. 01-04-2022 to
30-04-2022.

S. No.	Name of Internee	Department
1.	Nadeem Iqbal	Medicine
2.	Rafia Khatoon	Medicine
3.	Fareeha Kausar	Medicine
4.	Mohd. Amir	Surgery
5.	Md. Manauwer Hussain	Surgery
6.	Alisha	Surgery
7.	Al Shreen Nafees	Gynae
8.	Khawaja Tariq	Gynae
9.	Abdullah	Gynae
10.	Mohd. Bilal	Gynae
11.	Madiha Akhtar	Paediatrics
12.	Mohd. Atyab Ali	Paediatrics
13.	Rahat Perween	Paediatrics
14.	Mohd. Asjad	Paediatrics
15.	Zarif Alfeeq	ENT/Eye
16.	Mohd. Zubair	ENT/Eye
17.	Musarrat Jahan	Eye/ENT
18.	Mohd. Monis	Eye/ENT
19.	Amatullah Mushtaq	Emergency/ Orthopaedic
20.	Fahad Haşan Alvi	Emergency/ Orthopaedic
21.	Nilofer Perween	Orthopaedics/ Emergency

Copy to:
Medical Superintendent
Pt. Madan Mohan Malviya Hospital,
Malviya Nagar, New Delhi.

Dr. Uzma Bano
Incharge, Clinical Duties

8 Roster Received


(Signature)

School of Unani Medical Education and Research
Jamia Hamdard, New Delhi-110062.

Date: 31-05-2021

Students of BUMS are posted for the training of internship (batch 2020 - 2021) in the following OPDs of Majeedia Unani Hospital from 8.30 a.m. to 4.30 p.m. as per schedule given below w.e.f. 01-06-2021 to 30-06-2021.

S. No.	Name of Internee	Department	Room No.
1.	Faheem Akhtar	Moalajat OPD	11
2.	Anam Kamal	Moalajat OPD	11
3.	Atira Zubair	Skin OPD/ Fever OPD	08/ 07
4.	Mohd. Tabrez Alam	Skin OPD/ Fever OPD	08/ 07
5.	Saba Khan	Fever OPD/ Skin OPD	07/ 08
6.	Mohd. Aminuddin	Fever OPD/ Skin OPD	07/ 08
7.	Nuzhat Perween	Regiminal Therapy	12 & 4
8.	Ziyaul Mustafa	Regiminal Therapy	12 & 4
9.	Injila	Regiminal Therapy	12 & 4
10.	Sameena Khatoon	Regiminal Therapy	4 & 12
11.	Riyaz Ahmad	Regiminal Therapy	4 & 12
12.	Abdul Rehman	Surgery (U)	05
13.	Albana Urooj	Surgery (U)	05
14.	Zeba Siddiqui	Surgery (U)	05
15.	Mohd. Arshad	Surgery (U)	05
16.	Belal Ahmad	Eye & ENT (U)	05
17.	Mohd. Faizan	Eye & ENT (U)	05
18.	Md. Noman Taha	TST/Ward	10/Ward
19.	Sadaf Fatima	Ward/TST	Ward 10
20.	Fatma Zarrin	Gynae (U) OPD	16
21.	Muzammil Hussain	Gynae (U) OPD	16
22.	Fauzia Shahabuddin	Gynae (U) OPD	16
23.	Nilophar	Atfal	06
24.	Farheen Azeem	Atfal	06


Dr. Enayathur Rahman
Dy. Medical Superintendent

- C.C.to:
- M.S., Majeedia Unani Hospital
 - All OPDs
 - Notice Board, MUH

Jamia Hamdard



NCC REPORT

The National Cadet Corps (NCC) is the youth wing of the Indian Armed Forces with its headquarters in New Delhi, India. The soldier youth foundation in India is a voluntary organization which recruits cadets from high schools, higher secondary, colleges and universities all over India. The Cadets are given basic military training in small arms and drill. The officers and cadets have no liability for active military service once they complete their course. The emblem of the NCC consists of 3 colours; red, dark blue and light blue. These colours represent the Indian Army, Indian Navy and Indian Air Force respectively. The 17 lotuses indicate the 17 directories of India.

MOTTO AND AIM

“The discussion for the motto of NCC was started in 11th central advisory meeting (CAC) held on 11 August 1978. At that time there were many mottos in mind like “Duty and Discipline”; “Duty, Unity and Discipline”; “Duty and Unity”; “Unity and Discipline”.

NCC WOMEN WING, JAMIA HAMDARD

Jamia Hamdard NCC wing recruited 52 NCC cadets to the women wing on 28 February 2022. The day started with interaction with professor Dr, M.Afshar Alam honorable Vice Chancellor, Jamia Hamdard, Mr Syed Saud Akhtar, Registrar, Professor Reshma Nasreen DSW, Mr. Sohrab Ahmad Khan sports secretary and Mahnaz Bi NCC officer women wing Jamia Hamdard.

TREE PLANTATION DRIVE AND SAVE GIRL CHILD



First activity of NCC women wing in Jamia Hamdard.

SUO Yasmeen Parveen was awarded with Medal for completing her duty as quarter master. The whole aim of the NCC Camp is to inculcate a spirit of adventure, explorative inquisitiveness, develop stamina, endurance, discipline, courage, determination, comradeship, leadership leading to development of self-confidence, team spirit and esprit de corps amongst NCC cadets .



NSS Activities :A Report

June 2017- May 2021

N.S.S Activities 2017

1. NATIONAL VOTERS DAY

The election commission, Govt of India decided to celebrate 25th Jan as National Voter Day. The Dept of NSS, Ministry of youth affairs, Govt of India requested to NSS, Jamia Hamdard to arrange the Pledge taking ceremony on 25th Jan, 2017 in Jamia Hamdard to promote democratic electoral participation. The Pledge taking ceremony was attended by more than two hundred NSS Volunteers. The Pledge was administered by Registrar Jamia Hamdard Dr. Firdous A. Wani in the presence of Acting Vice Chancellor Dr. Shahid Ansari, Jamia Hamdard.

2. VITTIYA SAKSHARATA ABHIYAN

As per direction of Ministry of Human Resources Development Govt. of India NSS Jamia Hamdard participated in campaign of VISAKA. NSS coordinator approached the teachers and persons from Bank to train NSS Volunteers for digital Payment System. Identified teachers and Bankers trained NSS Volunteers for canvassing to the Shopkeepers for digital Payment System. NSS unit of Jamia Hamdard identified Alaknanda DDA Market to transform it into a digital market place. NSS Volunteers from different faculties of Jamia Hamdard along with NSS Programme coordinator Prof. Syed Mahtab Ali and NSS programme officer Visited Alaknanda DDA market which is very close to Jamia Hamdard University. They visit Market regularly till they covered all the shops/establishment of the market. NSS Volunteers convinced shopkeepers for the purchasing of POS Machines for cashless payments. They also convinced Shopkeepers to use Mobile Banking and various other Modes of Cashless business. It is matter of pleasure that by the efforts of NSS Jamia Hamdard University Alaknanda Market became more than 90% digital, and hope very soon it will be change into 100% digital Market.

3. Participation of NSS Volunteers in International Conference on Digital India.

Programme organized by Ministry of Communication, Department of Electronics, Govt of India at Ashoka Hotel, New Delhi on 6-8th March, 2017.

4. One Day NSS Health Camp at Sangam Vihar.

NSS Volunteers of Jamia Hamdard participated in a Health Camp on 25/03/2017 at Sangam Vihar. They spread awareness of Infectious Diseases and Immunization.

5. National Conference on Restructuring of NSS held on 31st March 2017 at Vigyan Bhavan.

Mr. Vijay Goel Minister of Youth & Sports Govt of India conducted the meeting along with Secretary and Joint Secretary Ministry of Youth Affairs, Vice Chancellors, Directors and Programme co-coordinators of more than two hundred Universities participated in the conference and new policy was discussed.

and after travelling outside campus it enters through gate no. 6 and end at Convention Center. On this Occasion Essay Competition and Poster Competition were organized by NSS Jamia Hamdard.

NSS ACTIVITIES 2020

1. NSS Jamia Hamdard organized National Voters Day (25/01/2020)

NSS Jamia Hamdard organized National Voters Day On 25/01/2020 in front of New Block of HIMSR. In this program more than 100 NSS Volunteers participated. They were administered National Voters Day Pledge. Registrar Jamia Hamdard, Dean Student Welfare and other Deans of School were present. NSS Program Coordinator Prof. Syed Mahtab Ali addressed the students and aware them about importance of Casting of Vote. The Programme was ended with National Anthem.



2. NSS Jamia Hamdard participated in Republic Day Parade and Flag Hoisting Ceremony (26/01/2020)

NSS Jamia Hamdard participated in Republic Day Parade and Flag Hoisting Ceremony organized by Jamia Hamdard. 25 NSS Volunteers took part in the flag Hoisting Ceremony and Parade. Prizes were distributed on Republic Day by Hon'ble Vice Chancellor Jamia Hamdard to the NSS Volunteers who were winners of Poster Competition and Essay writing competition which were organized on 3/12/2019 to Celebrate World AIDS Day.

3. Green Menstruation Oath taking Pledge (5th March 2020)

NSS Jamia Hamdard organized a program on Green Menstruation Oath taking Pledge ceremony in collaboration with Society for Menstrual Disorders and Hygiene Management & SUMER on

5th March 2020 at 2 pm. The program was inaugurated by Pro Vice Chancellor Prof. (Dr.) Ahmed Kamal. The venue was SUMER. This ceremony was attended by more than 100 female students and females teachers of Jamia Hamdard. It was organized to aware the girls and women on menstrual hygiene because single use sanitary pads are causing great threat and danger to the environment. Sanitary pads take millions of years to compost, generate trillions of tones of landfill waste, expose sanitation workers to the risk of infections like Hepatitis C, block and clog drainage system also.

There are other options like menstrual cups and reusable cloth pads, which are environment friendly.

The purpose of this program was to create awareness about hazards of single use sanitary pads and tampons and urge girls and women to switch to other eco friendly options like cups and cloth pads.

The following activities were organized in the program

1. An awareness session on menstrual hygiene for 15 min.
2. Video -3 minutes
3. Oath taking 5 minutes.



4. PREVENTION AND MITIGATION OF COVID 19 (15 April 2020)

NSS Jamia Hamdard organized program on Prevention and Mitigation in the month of April 2020. In this program NSS volunteers were informed about for key point programs like preparation of mask, through social media platform.

5. बदलकर अपना व्यवहार, करें कोरोना पर वार (3 June 2020)

On the instructions of the NSS directorate, Ministry of Youth Affairs (GOI). NSS Jamia Hamdard disseminated the knowledge of collaterals बदलकर अपना व्यवहार, करें कोरोना पर वार through videos to my NSS volunteers on daily basis for 15 days.





Press Release

Date: January 30, 2020

Jamia Hamdard organises a workshop focusing on “Sensory integration and Proprioceptive neuromuscular facilitation”

School of Nursing Sciences and Allied Health, Jamia Hamdard organised a one day workshop on **“Sensory integration and Proprioceptive neuromuscular facilitation”**.

Dr. Prof. Manju Chhugani, Dean of the School of Nursing Sciences and Allied Health, Prof. Ona P. Desai, Head of the Department of Rehabilitation Sciences and faculty members of the rehabilitation department were present during the inauguration.

The Workshop was held in two sessions:

During Session I, Dr. Deepika Singla, spoke on the importance of **“ Sensory integration and Proprioceptive neuromuscular facilitation”** while Dr. Nidhi Bansal delivered an insightful lecture on **“Proprioceptive neuromuscular facilitation in bell’s palsy”** and also demonstrated **PNF techniques** for the management of Bell’s Palsy. Hands on training was given to the participants there and then for an effective teaching-learning process.

Session II, was addressed by keynote speaker of Dr. Manish Samnani. He had a very interactive session with the students regarding the **“Sensory integration therapy”** and shared his knowledge on sensory integration, different sensory systems and how sensory systems work in coordination with each other for better gross motor skills and what happens if sensory systems do not work in integration.

He also demonstrated the techniques which are used in the rehabilitation of children with sensory integration disorders using slime, crayon colors, swiss ball and mattress.

During the workshop, the participants had the opportunity to discuss their queries regarding the relevance of sensory integration and Proprioceptive neuromuscular facilitation. The workshop ended with the distribution of certificates.

The event was an amalgamation of many brainstorming sessions and discussions of utmost importance emphasizing the priority of working in coordination with multi-disciplinary team while dealing with these patients.

*“The aim of the workshop was to bring together a group of young students and let them understand the **Proprioceptive neuromuscular facilitation in bell’s palsy**” while giving them hands-on training with mentorship provided by experts, says Dr. Prof. Manju Chhugani, Dean of the School of Nursing Sciences and Allied Health”*

About Rufaida School of Nursing Sciences and Allied Health

Rufaida College of Nursing (Faculty of Nursing), was established in 1983 as per the vision of Hakeem Abdul Hameed Saheb, the founder of Jamia Hamdard, who wanted to encourage girls from minority community and weaker sections of the society to take up the noble profession of Nursing. He gave the name "Hamdard" to his venture which means "**Sympathy for all and sharing of pain**".

For over three decades of its existence, Rufaida College of Nursing has had thousands of young women graduated and have flourishing careers in India as well as abroad. The courses offered are recognized by the Indian Nursing Council (INC) and the State Nursing Council (DNC). The students are given clinical, ‘hands-on’ training in the parent hospital i.e. HAHC Hospital and other affiliated hospitals.

About Jamia Hamdard

Jamia Hamdard (JH) is an institution for higher education located in New Delhi, India, established in 1989. It is a Government-funded Deemed to be University primarily known for its Pharmacy, Medicine and Engineering programs.

Jamia Hamdard is ranked among top 20 Universities of India by National Institutional Ranking Framework (NIRF) 2019, Govt of India and has been accredited in "A" grade by the National Assessment and Accreditation Council (NAAC) of India. The University offers graduate postgraduate programs in Medicine, Pharmacy, Unani Medicine, Nursing, Science, Computer Applications, Management, Allied Health Sciences, Law and other disciplines.

Gulzar Ahmad

Public Relations Officer(PRO)



SPINAL CORD INJURY

Dr.Prachi Tiwari (PT)

Assistant Professor

Department of Rehabilitation Sciences

Jamia Hamdard

Original Research Article

Assessment of Quality of Sleep and Perceived Sleep Distracters among Hospitalised Patients

Sayyeda Sakina Maryam¹, Bindu Shaiju², Neha John³

¹M.Sc. Nursing 2nd Year Student, ²Assistant Professor, ³Nursing Tutor,
Rufaida College of Nursing, Jamia Hamdard, New Delhi.

Corresponding Author: Sayyeda Sakina Maryam

ABSTRACT

Topic: A comparative study to assess quality of sleep and perceived sleep distracters among hospitalised patients in selected private and government hospital of Delhi.

Objectives: The study aimed to assess and compare the quality of sleep and perceived sleep distracters among hospitalized patients in a selected government and private hospital of Delhi, to seek association between the quality of sleep and selected demographic variables and to develop and disseminate guidelines among nursing personnel.

Methods: A comparative study was conducted on a convenience sample of 100 patients admitted in general medical wards of selected private and government hospital of Delhi. The data was gathered through structured interview schedule from October to November 2016. Data analysis was done through descriptive and inferential statistics.

Results/findings: Result revealed that most of the patients in both the hospitals experienced moderately disturbed sleep and there was no significant relationship between the quality of sleep of patients admitted in government and private hospital. The result also showed that environmental factors are the main reason of disturbed sleep in both the hospitals but physical factors ranked third in government hospital and second in private hospital whereas, psychological factors ranked second in government hospital and third in private hospital.

Conclusion: Deteriorated quality of sleep in hospitalized patients may delay the recovery from illness and has serious impact on overall health of the patients. However, in India such studies are limited and need further exploration. Nursing interventions for reducing sleep disturbing factors are suggested.

Key words: Quality of sleep, perceived sleep distracters, hospitalized patients.

INTRODUCTION

Sleep is a basic human need. It is a state of rest accompanied by altered consciousness. Although the exact function of sleep is unclear, people spend one third of their lives asleep. The advice that “Everything will look better after a goodnight’s sleep” is based on the belief that it promotes physical well being. ^[1]

Proper sleep is important to health as good nutrition. Sleep is required for many reasons: to rest mind and body, to prevent fatigue, to conserve energy, to cope with daily stress. Inadequate amount of sleep decreases the concentration, ability to make judgment, and increases irritability. It promotes proper day time functioning. ^[2]

Homo sapiens is a day species that is adapted to perform activities during the light

COUNCELLING REGISTER

2017-2018.

Page _____ | Pubhash

Date _____ | _____ | _____

Sr. no.	Date	Name of Student.	Reason for remedial action	Action taken	Sign of subject teacher.
1.	Oct. Nov.	Nidhi Augustine.	Ms. Nidhi has been persistently absent in her classes (Sociology). Was informed/reminded time and again, however there has not been any improvement at all.	The student in question was guided to improve her attendance, her attendance sheet was sent to her parents. Had a meeting with father and explained to him also about shortage of attendance. Since the situation cannot be salvaged, she will have to give the exams a miss due to non-eligibility.	<i>[Signature]</i>
2.	Sep. Oct.	Masuma.	Ms. Masuma irregular in classes (Education)	Guided her and discussed many time to improve her attendance & informed class teacher	<i>[Signature]</i>
3.	Sep. Oct. Nov.	Mr. A } Ms. B } Names not being given for privacy.	These two students were faring poorly in exams (Sociology) persistently.	Were guided to attend lectures regularly so that they learn in classroom, then read the same topic from class notes/books (books details shared already) once they go home.	<i>[Signature]</i>

2018-2019.

Page _____ Jubbash

Date _____

Sr no.	Date	Name of student	Reason for remedial action	Action taken	Sign of subject teacher
1.	Sep.	Saniya zaidi	Absentism in theory classes as well as clinicals.	- Many reminders were given. - Reported to class teachers and coordinators. - Warning letters were issued and student was detained.	All
2.					

Date	Class	Feedback from Students
22/11/17	B.Sc. II Year	<p>Had a feedback session with B.Sc. (H) Nursing II year students from 9:15 to 9:30 AM. 34 students were present. Subject wise feedback is as follows;</p> <ol style="list-style-type: none"><li data-bbox="606 481 1503 772">1. Medical Surgical Nursing I A Theory: Students reported that syllabus is not yet completed by teaching is good.<li data-bbox="606 772 1503 1086">2. Medical Surgical Nursing (Clinical): Students reported that in the ward, they were asked to make beds and check vital signs of all patients, by staff nurses.<li data-bbox="606 1086 1503 1646">3. Communication and Education Technique: Students reported that most of the syllabus is taught by presentations of M.Sc. students. Out of these, a few were well understood, whereas some topics were not clear. Students suggested that all important topics should be taught by teachers. <p>Students expressed that toilets in ground floor are not cleaned and stink. Also most of the times, there is no water in full force.</p>

1st Oct
1st Semester 2018 session.

Page: 1 Subhash

Date: / /

1) On 9/7/2018, Ms Shivani Bsc (H) Nursing 1 year along with her sister came to meet the class teacher and had enquired about reevaluation of the subjects in which she had failed. On observing that her hand was bandaged and upon to class teacher that she met with an accident. Later, she called verbally that she had tried to injure herself by cutting her wrist with a sharp object. This was discussed by class teacher to me. Class teacher and myself informed her about the special examination for failure students. Later on realizing that she had injured herself Ms. Ekta T. Aniyar and Sonibala contacted her and apprised her about the special examination being conducted at the university. We also have informed about the importance of studying regularly and attending the classes.

This was discussed with Principal Madam and she advised that Ms Shivani be advised to continue her studies as a day scholar and may be permitted to rejoin hostel later. This was told to Ms Shivani's mother (Ms Manju Pat) telephonically and she realized the importance of taking care of Shivani at home.

2) 26/9/2018,

First year class teacher informed me about the admission status of 1 year Bsc (H) program that 50 students were admitted so far.

Page: 1 Subhash

Date: / /

She informs that one of the student Ms Asha Maccane was joined for one week and completion thereafter absent for a long time. I have informed her to send the letter to the parents. This was informed to the Principal. She was admitted on 24/7/18 and absent till today.

3) 25/9/2018.

Attendance percentage of Ms Asha Maccane till 30th Sept is only 8% and if we anticipate her 100% attendance in the Month of November she shall get only 25% of her total attendance of 1st Semester. As per the by laws of the course and University ruled she shall not be eligible to appear for first semester exam. This was inform and send mail to her Mother by class teacher through Principal.

4) 26/9/2018.

Circular were received from DSW office towards celebration of 'Gandhi Jayanti' on 28th Sep^t 2018 at 3pm in C.C. Hall no. 2. for debate competition. On 28th This information was inform to all the class teacher for encouraging students participation.

5) 11/10/2018.

Handard Post 2018.

Notice from DSW office regarding Handard Post 2018, from 20th Oct to 2. Nov 2018. This was circulate to the students and

Student/Parent Counselling Session

Page No. _____
Date _____

(2019-20), DGM I year

Page No. _____
Date _____

DATE	Student's Name	Counselling Content	Student's Sign	Parent/Guardian Sign
28/2/2020	Ritika	Ward's mother has been explained about her poor performance in PTS exam. Explained if she fails to achieve 80% in theory & 100% in clinical, she won't sit in final exam.	Ritika	[Signature]
28/2/20	Tushar	Ward's sister has been explained about his poor performance in PTS exam. Explained if he fails to get 80% attendance in theory he won't sit in final exam.	[Signature]	[Signature]
28/2/20	Ruchi Mangra	Ward's mother has been explained that if she fails to achieve 80% she will not sit in final exam.	[Signature]	[Signature]
28/2/20	Naina	Ward's mother has been explained about her performance. Explained that if she fails to achieve 80% she will not sit in final exam.	[Signature]	[Signature]
28/2/20	Ashna	Ward's parents has been explained about her performance in PTS exam and attendance till date. Explained that if she fails to achieve 80% attendance she will not sit in final exam.	[Signature]	[Signature]
28/2/20	Mohit	Ward's mother has been explained about his performance in PTS exam. Explained if he fails to achieve 80% in theory, he won't sit in exam.	[Signature]	[Signature]
28/2/20	Mohd Hanif	Ward's mother has been explained about his performance in PTS exam. Explained if he is not able to achieve 80% attendance in theory, he won't sit in exam.	[Signature]	[Signature]
28/2/20	Mohd Zaid	Ward's brother has been explained about his performance in PTS exam. Explained if he is not able to achieve 80% attendance in theory, he won't sit in exam.	[Signature]	[Signature]
28/2/20	Mohd. Asif	Ward's mother has been explained about his poor performance in PTS exam. Explained if he is not able to achieve 80% in theory, he won't sit in final exam.	[Signature]	[Signature]
28/2/20	Suhail Akhbar + Shareef	Ward's brother has been explained about his poor performance in PTS exam. Explained if he is not able to achieve 80% attendance in theory, he won't sit in exam.	[Signature]	[Signature]

Student-Parent Counseling (CDNM - 2016 Batch)

Name of the Student	Name of the Guardian	Counseling note	Examinations Sign	Name of the Student	Name of the Guardian	Counseling Note	Examinations Sign
1. Vandana	Mr. Amannath M (Father)	Counseled regarding absenteeism in one practical exam & moved for more hand work to improve marks. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>	6. Simran	Ms. Neelambika (Mother)	Counseled to study hard in CUN. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>
2. Evangelina	Mrs. Stela (Mother)	Counseled to improve class attendance. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>	7. Kamesh	Mr. Roshan Lal (Father)	Counseled to study hard in Anatomy & Physiology & improve attendance in Friday classes. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>
3. Abiya	Mr. Raju FE (Father)	Good attendance but if work hard performance in examination can be improved. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>	8. Shiba	Mrs. Farzana (Mother)	Doing good in studies. Keep it up. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>
4. Shaheen	Mr. Raj Mohammad (Father)	Motivated to improve studies to get more marks in Exam. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>	9. Sheetal	Mr. Bhoop Singh (Father)	Student noticed to miss classes on Friday & Counseled to rectify and improve attendance on all days. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>
5. Gulshan	Mr. Sheikh Moh. (Father)	Attendance on Friday is noted to be less. Student counseled to improve. <i>Shilpi 27/11/17</i>	<i>Shilpi 27/11/17</i>	10. Meenakshi	Mrs.	Doing good by	<i>Shilpi 27/11/17</i>

RUFAIDA COLLEGE OF NURSING

JAMIA HAMDARD UNIVERSITY



LESSON PLAN

ON

WORKSHOP AND FIELD TRIP AS A METHOD OF TEACHING

SUBMITTED TO:

MS.NEHA JOHN

TUTOR

RUFAIDA COLLEGE OF NURSING

JAMIA HAMDARD

SUBMITTED BY:

MS.MOHAMMAD ALI

MSC.NURSING 1YR

RUFAIDA COLLEGE OF NURSING

JAMIA HAMDARD

IDENTIFICATION DATA

NAME – Ms. Mohita walter

CLASS - Msc. Nursing 1st year

SUBJECT – Communication and education technology

UNIT - UNIT - VI

SIZE OF THE GROUP – 51, Bsc Nsg 2nd yr

VENUE –Bsc. Nsg 2year classroom

DURATION - 1 Hour

METHOD OF TEACHING - Lecture cum Discussion

A.V AIDS – Black board, OHP,Flashcards,Flip Charts,charts

DATE -- 13/09/2017

TIME -

GENERAL OBJECTIVES

STUDENT POINT OF VIEW

-After the class the student will be able to get knowledge and will apply in practice.

STUDENT TEACHER POINT OF VIEW

-Student teacher will be able to successfully refine the teaching skills.

- She will be able to develop confidence in facing the group.

- To get more knowledge in that particular topic.

TIME	OBJECTIVE	CONTENT	TEACHING LEARNING ACTIVITY	EVALUATION
2Min	To introduce the topic to the class		<p><u>Introduction:</u> WORKSHOP The workshop is the name given to a refreshing or novel experiments in education. The workshops are organised to develop the psychomotor aspects of learner regarding of the practices of new innovations in the area of education. Group type of discussions are held in the form of workshops. It consists of series of meeting with emphasis on individual work within the group with the help of consultants and resource personnel</p> <p>FIELD TRIP: A Field-trip is a visit especially planned for its possible contribution to the objectives of the curriculum, course, project, lesson or other unit of instructions. Field-trip is one of the most concrete and more realistic</p>	



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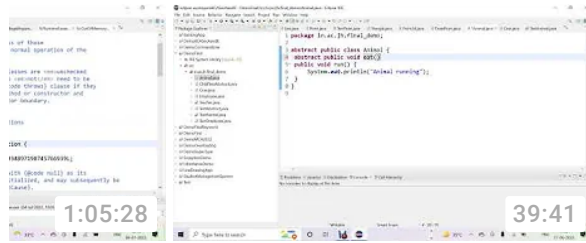
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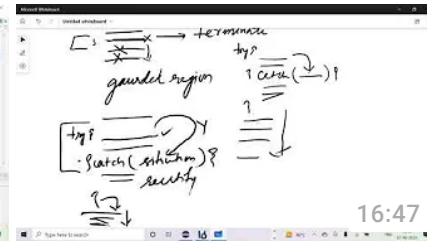
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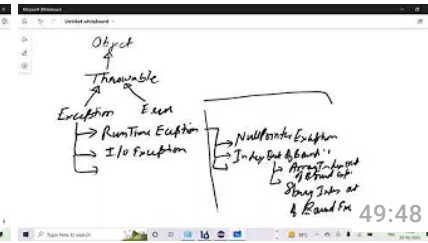
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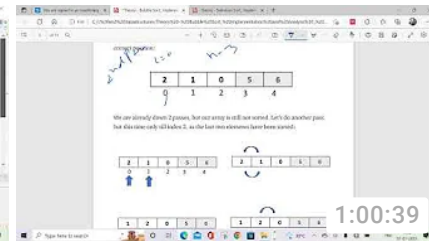
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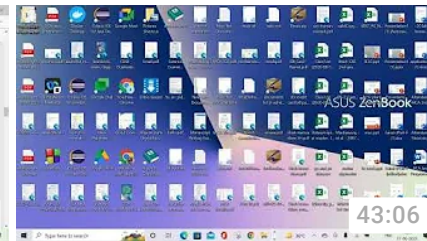
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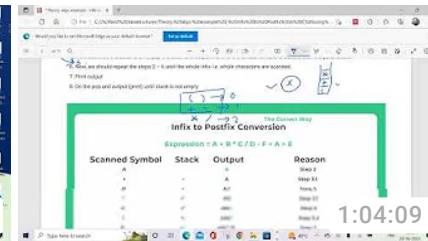
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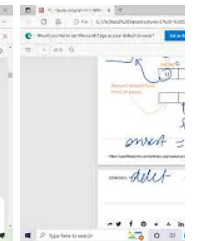
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- Mirza Rahil Beg
- IAP INDIA
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- Paul Thompson



CENTRE FOR TRANSLATIONAL AND CLINICAL RESEARCH
List of students and their Subject Title (2017-2018)

Sl. No.	Name of the student	Work of Place	Subject Title	Supervisor
1.	Mohammad Arish	Max Super Specialty Hospital	A Single centre, Retrospective study to assess the side effects of Dipeptidyl Peptidase-4 (DPP-4) inhibitors in type-2 Diabetes Mellitus	Dr. Wasifa Muzaffar Naqashbandi
2.	Prabhat Varshney	HAHCH Jamia Hamdard	Assessment of Depression in type-2 Diabetic Patients	Dr. Nidhi
3.	Akansha Tyagi	Max Health care Limited	An Observational study to estimate the Incidence and Clinical Characteristics of Ketosis Prone Diabetes in a Tertiary Care Centre	Dr. Nilanjan Saha
4.	Anjali Aggarwal	Max Super Specialty Hospital	Breast Cancer Subtypes and Survival Outcomes; A Retrospective Study in Tertiary Care Hospital, North Delhi	Dr. Nilanjan Saha
5.	Astha	Max Super Specialty Hospital	A Single centre, Retrospective study to determine the clinico-radiological profile and treatment outcomes of prostate cancer patients at Tertiary Care Cancer Centre in North India	Dr. Wasifa Muzaffar Naqashbandi
6.	Bhawna Verma	Dr. RML Hospital	Phenomic Markers of Lithium Response in Bipolar Affective Disorder	Dr. Nidhi
7.	Iqra Ahmed	Auriga Research Private Ltd.	Sarilumab a human anti IL-6R α monoclonal antibody in patients with Rheumatoid Arthritis: A Systematic Review of Randomized Controlled Trial	Dr. Wasifa Muzaffar Naqashbandi
8.	Kajal Rana	Max Super Specialty Hospital	ARNI (Angiotensin Receptor Neprilysin Inhibitor) in Indian patients a real world observational, Cross Sectional non randomized single centre study	Dr. Wasifa Muzaffar Naqashbandi
9.	Mohammad Bilal	Fortis Escort Heart Institute	A Single Centre, Cross Sectional, Observational study to assess the profile of Hyperlipidemic patients, Hyperlipidemic control and associated Cardiovascular Risk	Dr. Wasifa Muzaffar Naqashbandi

26/8/22

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Office of Development Commissioner
(सूक्ष्म, लघु एवं मध्यम उद्यम)
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प्रतिभागिता प्रमाण-पत्र
Certificate of Participation

प्रमाणित किया जाता है कि श्री आकाश शर्मा सुपुत्र श्री जय भगवान शर्मा ने संस्थान द्वारा आयोजित उद्यमिता जागरूकता कार्यक्रम (ईएपी) दिनांक 15/03/2021 से 25/03/2021 तक विषय उद्यमिता जागरूकता कार्यक्रम (ईएपी) स्थान जामिया हामदर्द में प्रशिक्षित किया गया और सफलतापूर्वक पूर्ण किया है।

This is to certify that Mr. AKASH SHARMA S/o. Mr. JAI BHAGWAN SHARMA has been trained in ENTREPRENEURSHIP AWARENESS PROGRAMME (EAP) during the period from 15/03/2021 to 25/03/2021 on the topic Entrepreneurship Awareness Programme (EAP) organized at JAMIA HAMDARD and has successfully completed.

स्थान / Place : JAMIA HAMDARD

दिनांक / Date : 24-03-2021

नाम और हस्ताक्षर, कार्यक्रम समन्वयक
Name & Signature of Programme
Coordinator
R P SHARMA

हस्ताक्षर प्रभारी अधिकारी
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Signature of Officer In-charge MSME-Development
Institute/Branch DI/Technology Centre
MSME-DI - DELHI
Seal with name and Designation

डॉ. आर. के. भारती / Dr. R.K. BHARTI
संयुक्त निदेशक / Joint Director
भारत सरकार / Govt. of India
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