

## UGC-LEARNING OUTCOMES-BASED CURRICULUM

### For Programmes under

# SCHOOL OF UNANI MEDICAL EDUCATION AND RESEARCH (SUMER) JAMIA HAMDARD (DEEMED TO BE UNIVERSITY)

Hamdard Nagar, New Delhi- 110062

#### **CONTENTS**

S.NO	Programme
1	Bachelor of Unani Medicine and Surgery (BUMS)
2	MD Unani Ilmul Advia (Pharmacology)
3	MD Unani Moalajat (Medicine)
4	MD Unani Tahaffuzi wa Samaji Tib (Preventive and Social Medicine)
5	Pre Tib
6	Diploma in Unani Pharmacy

## BACHELOR OF UNANI MEDICINE AND SURGERY (BUMS)

Vision (School level):

To become the institutional leader of Unani system of medicine in spheres of education,

research and healthcare, nationally and internationally.

Transformation and upgradation of Unani system of medicine as an evidence-based

medicine throughintegration of modern science and technology with a concerted effort at

the conservation of traditional knowledge.

Significant and positive contribution of Unani medicine as means of safe and effective

health care system.

Mission Statements (3 to 4) (School Level):

MS1:Committed to produce top-notch professionals who have a zeal for perpetual learning and

are capable of performing well in diverse professional and cultural settings.

MS 2:To provide state of art facilities to conduct evidence based research in Unani Medicine for

generation of new knowledge, SOP's and treatment modalities so as to make the Unani system

universally accepted substantial system of medicine.

MS 3: To provide students with all the tools required to successfully take on the world, endeavor

to instill in them a healthy cultural rootedness that combines the best of traditional values with

modern and progressive sensibilities

MS 4:To collaborate with many reputed institutes of national and international importance for

promotion and endorsement of the Unani system of Medicine as well as for strengthening and

amplifying the academic relationships nationally as well as globally for mutual benefits.

Name of the Academic Program: BACHELOR OF UNANI MEDICINE AND SURGERY

(BUMS)/ UG

**QUALIFICATION DESCRIPTORS (QDs)** 

#### Upon the completion of Academic Programme (BUMS), students will be able to:

- QD-1 Demonstrate In-depth and profound knowledge of different branches of Unani system of medicine like Medicine, Pathology, Skin. IBT, Surgery. Gynecology and obstetrics, Pediatrics, TST, Kulliyat, Pharmacology, Anatomy and Physiology etc.
- QD-2 Become proficient and expert Unani physician and surgeon.
- QD-3 Demonstrate team work and leadership skills to inspire motivate and evaluate and solve interests of common causes of community health problems.
- QD-4 Show convergent thinking for evaluation of the theories and practices of Unani system of medicine on modern scientific parameters and solving health related concerns
- QD-5 Demonstrate the ability to be a devoted and committed lifelong learner through self paced and self directed learning, who respects ethnic inclusiveness with a zeal for research aimed at personal development and careers in public and private sectors.

#### Mapping Qualification Descriptors (QDs) with Mission Statements (MS)

	MS-1	MS-2	MS-3	MS-4
QD-1	2	3	3	2
QD-2	3	3	3	3
QD-3	3	3	3	3
QD-4	3	3	3	3
QD-5	3	3	3	3

Write '3 'in the box for 'High-level'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping.

#### PROGRAM LEARNING OUTCOMES (PLOs) (12)

After completing this Course, the students should be able to:

- PLO-1 Evaluate and assess the basic principles of Unani medicine.
- PLO-2 Apply the knowledge of unani fundamentals in diagnosis and management of common health problems.
- PLO-3 Develop the understanding of pathogenesis of diseases on the basis of Unani and modern concepts.

- PLO-4 Develop holistic approach for treatment and management of diseases.
- PLO-5 Practice preventive promotive, curative and rehabilitative care of diseases by applying different treatment modalities like dietotherapy, pharmacotherapy, Illaj bit tadbeer, Illaj bil yad and psychotherapy.
- PLO-6 Demonstrate capability to work effectively in a team to manage different roles & responsibilities to deliver health care services and evaluate community health needs
- PLO-7 Display excellent interpersonal and problem solving skills for solving various health concerns
- PLO-8 Exhibit the passion for self learning and research using modern tools and techniques.
- PLO-9 Display the understanding of other contemporary systems of medicine and show responsiveness to cultural diversity
- PLO-10 Apply the principles of medical ethics and antiques in health care in civic affairs and at personal level.
- PLO-11 Demonstrate the ability to communicate clearly with patients and peers.
- PLO-12 Inculcate the passion for higher studies of medical science.

#### PROGRAM SPECIFIC OUTCOMES (PSOs)

#### (In case of specializations in each academic program, 2 to 4)

After completing this Course, the students should be able to ......

- PSO-1 To understand the fundamental structure, functions and disease mechanism in human body.
- PSO-2 To use the knowledge for making of diagnosis and management of diseases.
- PSO-3 To make single and compound drug formulations and use them in treatment of various diseases.
- PSO-4 To use different treatment modalities for disease management.

## Mapping of Program Learning Outcomes (PLOs) With Qualification Descriptors (QDs)

	QD-1	QD-2	QD-3	QD-4	QD-5
PLO-1	3	3	2	3	3
PLO-2	3	3	3	3	3
PLO-3	3	2	3	3	2
PLO-4	3	3	2	3	2

PLO-5	3	3	2	3	3
PLO-6	2	3	3	2	2
PLO-7	2	3	3	3	2
PLO-8	3	3	2	3	2
PLO-9	2	3	3	2	3
PLO-10	3	3	2	2	2
PLO-11	3	3	3	2	2
PLO-12	3	3	3	3	3
PSO 1	3	3	3	3	3
PSO 2	3	3	3	3	2
PSO 3	3	3	3	3	2
PSO 4	3	3	3	3	2

Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level 'mapping, 1 for 'Low-level' mapping.

#### Course Code: BUM 101 (UNIUG-TB) Title of the Course: Tashreehul Badan

L-T-P: 200 L, 400 P

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)

After completing this Course, the students should be able to:

CLO1 Understand the fundamental aspects of *Tashreeh ul badan* (Anatomy).

CLO2 Understand the detailed knowledge of *Satehi Tashreeh* (Surface Anatomy) along with *Jarahiyati* (Surgical) as well as *Itlaqi Tashreeh* (Applied Anatomy).

CLO3 Demonstrate understanding and role of *Tashreeh ul badan* (Anatomy) in *Jarahat* (Surgery).

CLO4 Demonstrate understanding and role of *Tashreeh ul badan* (Anatomy) in *Tashkhees-e-marz* (diagnosis of a disease) in Matab clinic.

CLO5 Understand and interpret radiological investigations more efficiently due to his/her detailed training in *Tashreeh e shuaee* (Radiological anatomy).

CLO6 Understand and read *Nabz* (pulse) more efficiently with the help of detailed training in *Ilm e urooqi* (Angiology).

CLO 7 Understand and perform *Ilaj bit tadbeer* (Regimenal therapy) procedures with his knowledge of *Ilmul ezaam* (Osteology), *Ilm e urooqi* (Angiology) as well as *Ilmul azlat* (Myology)

## Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O 1	PL O 2	P L O 3	PL O 4	PL O 5	PLO 6	PL O 7	P L O 8	PL O 9	PL O 10	PL O 11	PL O 12	PS O 1	PS O 2	PS O 3	PS O 4	_
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CL O1	3	2	2	3	3	2	3	3	2	2	3	2	3	2	1	2
CL O2	3	2	2	3	3	2	3	3	2	2	2	2	3	2	1	2
CL 03	3	2	2	3	3	2	3	3	3	2	2	2	3	2	1	2
CL O4	3	2	2	3	3	2	3	3	3	2	2	2	3	3	1	3
CL O5	3	2	2	3	3	2	3	3	3	2	2	2	2	3	2	2
CL O6	3	2	2	3	3	2	3	3	2	2	2	2	2	2	2	2
CL O7	3	2	2	3	3	2	3	3	3	2	2	2	3	3	1	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.3

#### TarfeAsfal (Lower Limb)

- a. Izaam (Bones)
- b. Azlaat (Muscles)
- c. Mafasil (Joints)
- d. UrooqwaA'asab (Vessels and nerves)
- e. Hufrajat (Fossae): i. MusallaseFakhzi (Femoral triangle)
  - ii. QanateMuqarribah (Adductor canal) iii. Hufraemabiziyah (Popliteal fossa)

#### **JUZE AMALI (PRACTICALS)**

- 1. Demonstration of the parts of Body by dissection
- 2. Demonstration of bones and skeleton by models, charts and specimens.

- 3. Record book has to be maintained by the students and will be submitted at the time of Practical Examination duly signed by the concerned Teacher
- 4. Dissection to be supplemented with Audio-Visual aids and other modern techniques available, e.g. CD's etc

#### Note

- A) While teaching the various regions of the human body, the descriptions of bones, joints, muscles, blood vessels, nerves etc. shall be brief. However, emphasis shall be given on the clinical, applied and radiological aspects of anatomy.
- B) Monthly seminar is to be conducted essentially to develop research attitude among the students

#### **Detailed Syllabus**

#### Paper A

Unit 1: General Anatomy 20

Unit 2: Head and Neck region 20

Unit 3: Thorax and Upper and Upper Limb 20

Unit 4: Abdomen and Viscerae Lower extremity 20

Unit 5: Lower extremity 20

Tashreeh ulBadan/Anatomy TOTAL HOUR- 100

#### PAPER I

#### TashreehulBadan (Anatomy)

#### PAPER- I

- 1. TashreehulBadankata'aruf (Introduction of Anatomy):
- a. NizameJismanikamukhtasar ta' aruf (A brief description of all systems of the body).
- b. Tashreehiwaz'awaMuta'alliqaistilahat (Anatomical position and related terminologies)
- c. Jildauruskezawaid (Skin and its appendages)
- d. Lafaifesatahiyawaghaairah (Superficial and deep Fasciae)
- e Autar, RibatataurAkyasezulaliya (Tendon, Ligaments & Bursae)
- f. Izaam (Bones): Aqsaam, af'aalwata'azzum (Types, functions and ossification)
- g. Azlaat(Muscles): Aqsaamwaaf'aal (Types and functions)
- h. Mafasil (Joints): Aqsaamwaharakat (Types and movements)

- 2. Ilmuljaneen (Embryology): IjmaliTa'arufauritlaqiahmiyat (Introduction and applied importance)
- 3. IbtidaeIlmunNasl (Elementary Genetics)

#### RaaswaUng (Head and Neck)

#### A. Raas (Head)

- a. Izaamraaswawaj'h (Cranial and facial bones)
- b. Farwaturraas (Scalp)
- c. Azlaat (Muscles)
- d. UrooqwaAsaab (Vessels and nerves)
- e. A'azaeNizame Hazm (Digestive organs): Jaufe fam, Lissa, AsnaanwaHalaq (Oral cavity, gums, teeth and pharynx)
- f. A'azaeTanaffus (Respiratary organs): Anaf, jaufeanfwaKhalayehawaiyah (Nose, nasal cavity and Paranasal sinuses)
- g. Uzn (Ear)
- h. MashmoolateMihjar (Contents of Orbit): Aj'faan (Eyelids)' Aalatedam'a (Lacrimal apparatus) and Muqlatul Ain (Eye ball)
  - 1. GhudadeLu'abiya (Salivary glands)

#### B. Unq (Neck)

- a. MusallasateUng (Triangles of the Neck)
- b. AzlaateUnq (Muscles of the Neck)
- c. Urooqwaa'asab (Vessels and nerves)
- d. HanjarahwaQasbatur'riyah (Larynx and Trachea)
- e. Mari (Oesophagus)
- f. RaaswaUnqkeGhudadeLymphawiyah (Lymph nodes of Head and neck)
- g. FuqrateUnq (Cervical Vertebrae)
- h. GhudadeDarqiyahwaJaruddarqiyah (Thyroid and parathyroid glands)

#### c. NizameA'asabwaDimagh (Nervous system and Brain)

- a. Dimagh (Brain)
- b. Nukha'a (Spinal Cord)
- c. A'asabeNukhawaDimaghi (Cranial and Spinal nerves)

#### D. Sadr (Thorax)

- a. Jaufe Sadr (Thoracic Cavity)
- b. Azla'a, AzmulQaswafuqraatesadr (Ribs, Sternum and Thoracic Vertebrae)
- c. Azlaatesadr (Muscles of the Thorax)
- d. Ghishaurriyahwariyatain (Pleura and Lungs)
- e. Hijabemunassifussadrwamashmoolat (Mediastinum & its contents)
- f. UrooqwaA'asabaurmajraesadr (Vessels, Nerves and Thoracic duct)
- g. GhilafulqalbwaQalb (pericardium and Heart)
- h. HijabeHajiz (Diaphragm)
- i. Saddyain: Mammary Glands

#### E. Tarfe A'ala (Upper Limb)

- a. Izam (Bones)
- b. Azlaat (Muscles)
- c. Mafasil (Joints)
- d. Ibtwahufraemirfaqiyah (Axilla and Cubital fossa)
- e. UrooqwaA'asab (Vessels and nerves)

#### PAPER- II Total Hours 100

Unit 1 Batanand its Visceras (Abdomen and its visceras) 40

Unit II A'Anaa a Eijan Perineum and Pelvis 20

Unit III Atraf e Asfal Lower Extremities 40

#### Batan (Abdomen)

- a. HisaseBatan (Abdominal regions)
- b. Deeware batan (Abdominal wall)
- c. Bareetoon (Peritoneum)

- d. Ah'shaebatan (Abdominal visecra)
- e. Fuqraatequtn (Lumbar vertebrae)
- f. UrooqwaA'asab (Vessels and nerves)

#### A'anawaejan (Pelvis and perineum)

- a. Azmeajuz wa- us'us (Sacrum and coccyx)
- b. Azlaatea'ana (Muscles of pelvis)
- c. Ah'shaeAana (Pelvic viscera)
- d. UrooqwaA'asab (Vessels and Nerves)

#### TarfeAsfal (Lower Limb)

- a. Izaam (Bones)
- b. Azlaat (Muscles)
- c. Mafasil (Joints)
- d. UrooqwaA'asab (Vessels and nerves)
- e. Hufrajat (Fossae): i. MusallaseFakhzi (Femoral triangle)
  - ii. QanateMuqarribah (Adductor canal) iii. Hufraemabiziyah (Popliteal fossa)

#### **JUZE AMALI (PRACTICALS)**

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Note

A) While teaching the various regions of the human body, the descriptions of bones, joints, muscles, blood vessels, nerves etc. shall be brief. However, emphasis shall be given on the clinical, applied and radiological aspects of anatomy.

B) Monthly seminar is to be conducted essentially to develop research attitude among the students.

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

Anatomy is the most basic structural orientation of knowing the gross structure and relativity of one organ with other in medical sciences. The study is to enable the student to have a perfect level of understanding the body in normal state by demonstration, discussion, psychomotor involvement of student.

To enable the learner to relate himself with any kind of deviation in structure and understand the pathological condition.

To get acquainted with the possible remedial intervention either by clinical or applied anatomical intervention.

#### Assessment methods and weightages in brief (4 to 5 sentences)

This is based on the guidelines of the NCISM, Govt of India

Paper A 100 Marks Theory (breakup Sessional I,II And III= 25 Marks in best of two)

Paper B 100 Marks Theory (breakup Sessional I,II And III= 25 Marks in best of two)

In theory examination term courses will be assessed in sessional exams by;

Written exams, Assignments, Presentations etc

Practical 100 + 50 Marks Sessional 1,2 and 3 = 20 For Elective Subject marks in best of two and 30 for Elective Subject

Term exams for practical will be based on Viva-voce of the term course, practical record maintenance ,group discussions , Preparation of Models, Charts and specimen identification cadaver dissection(subject to availability) etc

#### **Reference Books:**

BooksAuthorEdition Publisher and YearAl-Qanoon fit tib (Jildawwal) Ibn e sinaEd 3rd CCRUM Publication, 2010TortoraA text book of Human Anatomy G15th Edition, Wiley India Pvt LimitedTortora and Derrickson2016

Tashreeh e kabeer (Part-1)HkmMohdKabeer 1st Edition Daftar al MAseehQarolBagh,

Uddin Delhi 1923

Ilmulezaam by Alauddin Khan 1 and 2 Chaman Publishers 1994

Tashreeh e kabeer (Part- 1st Edition Daftar al MAseehQarolBagh,

2)HkmMohdKabeeruddin Delhi 1923

B D ChourasiaHuman Anatomy 8th Edition CBS Publishers Delhi 2019

Gray's Anatomy Henry Gray et al 42<sup>nd</sup> Edition Elsevier Publishers London

2019

Snell's clinical Anatomy <u>Dr. Lawrence E.</u> 10<sup>th</sup> Edition Lippincott Williams

Weneski Publisher 2018

Inderbir Singh Textbook of Anatomy V 7th Edition JP Brothers Medical

Subhadra et al Publishers Delhi 2022

Practical Manual of AnatomySmitaKakkar 4<sup>th</sup> Edition JP Brothers Medical

Publishers Delhi 2022

Cunningham's Dissector 1, 2 and 18<sup>th</sup> Edition Oxford Medical Publishers

3Romannes et all 2018

Course Code:(BUM-102) UNIUG-MZ. Title of the Course: MANAFEUL AZA

L-T-P: L200, P400 hours

(L=Lecture hours= 200, T=Tutorial hours=100, P=Practical hours = 300)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to ......

CLO-1: Understanding the fundamental aspects of Manafeul Aza (Physiology)

- CLO-2: Demonstrate understanding the role of Manafeul Aza (physiology) in Tashkhees-e-Marz (Diagnosis of diseases).
- CLO-3: Apply the knowledge of Manafeul Aza in understanding the pathophysiology of various diseases in medicine.
- CLO-4: Get to know the basics of Biochemistry relevant to human physiology.
- CLO-5: Demonstrate understanding and the role of Manafeul Aza (Physiology) in Ilmul Advia (Pharmacology), Ilaj bit Tadbeer and Ilaj bil Yad.
- CLO-6: Get to know about knowledge of vitamins in details and its doses and deficiency for the daily health care in the community.
- CLO-7: Teaching to the students about the applied physiology to know the normal and abnormal changes in biochemistry for the problem solving skills for various health concern.
- CLO-8: Giving the knowledge to the students on various equipments like clinical thermometer, sphygmomanometer, stethoscope and ECG to learn abnormal changes in the various system of the body and helps the students for self-learning various signs on the body.
- CLO-9: We are also imparting the knowledge to students on various physiological changes from Sin-e-Kahulat to Sin-e-Shekhukhat.
- CLO-10: During the teaching period we are giving the knowledge of Tibbi Akhlaqiyat to the students for dealing the patient in clinical field community.
- CLO-11: We explain to student before taking the Blood Pressure, temperature, respiratory rate and ECG and listening the different sound in the body how to communicate with patient.
- CLO-12: We also focus to the students that after learning of physiology you can go for higher education like, M.D. and Ph.D.

Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O 1	PL O 2	PL O 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PS O 4
CLO1	3	3	3	3	3	3	3	3	3	2	2	2	3	3	1	3
CLO2	3	3	3	3	3	3	3	3	3	3	2	2	3	2	1	2
CLO3	3	3	3	3	2	3	3	3	3	2	2	2	3	2	2	2
CLO4	3	3	3	3	3	2	3	3	3	2	2	2	2	2	1	2
CLO5	3	3	2	3	3	3	3	2	3	3	2	2	3	2	1	1
CLO6	3	3	3	3	3	3	3	3	3	2	2	2	3	2	2	2
CLO7	3	2	3	3	3	3	3	3	3	2	2	2	2	2	2	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level 'mapping, 1 for 'Low-level 'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus**

#### MANAFEULAZA (Physiology) SYLLABUS

(Teaching 110 Hours)

(Per Unit = 22 Hours)

**PAPER-I** 

(General Physiology and Biochemistry)

**THEORY** 

**Unit 1: Cytology and Histology:** 

**(22 HOURS)** 

I: Cytology: Brief discussion and introduction of cytology

Ii: Tissue: Definition, types, distribution, and function of tissues.

**OHULIA:** 

Qhulia ki khurd beeni sakht-o-Afaal, Takhseem-e-Qhulia

#### **INSAJA:**

Tareef, Aqsaam, khurd beeni sakht ka phailao-wa-Afaal, Nasseje Bushra,

Naseeje Waasil, Nassje Azlee wa Naseeje Asabi

#### Unit 2: BLOOD & HAEMOPOIETIC SYSTEM:

(22 HOURS)

Definition of Blood, constituents, functions, viscosity, volume

**BLOOD PLASMA:** Constituents, Plasma Proteins and their functions

**RBC:** Structure, composition, formation, development & fate, total count, method

of estimation & physiological variations

#### **KHOON:**

Khoon ki tareef, ajza, afaal, lazoojat aur hajam, Mahiyat-ud-dum, ajza, mavaade lahmiya, afaal

#### **KURRIYAT-E-HAMRA:**

Saqt, ajza-e-tarkeebi, paidaish aur numu, anjam, majmooyee taadaat, miqdaar ki takhmeen ke tareeqe aur unke feliyati iqhtilaaf

**HAEMOGLOBIN:** Composition, varieties, properties, method of estimation and functions

**WBC:** Types, formation, structure, functions, & Differential count

#### **HAMRATUDDAM:**

Ajza-e-tarkeebee, aqsaam, khwaas, miqhdaar ki takhmeen ke tareeqe

#### AFAAL KURRIYAT-E-BAIZIYA:

Aqsaam, paidaish, afaal aur inke baahami tanasub

#### **PLATELETS**:

Structure, formation & functions,

#### **Coagulation of Blood:**

Définition, Coagulation factors, Bleeding time, Clotting time and their estimation

#### **Blood Groups:**

Blood Transfusion & Blood Banks

#### **Unit 3: Vitamins & Metabolism:**

(22 HOURS)

Definition, types, daily requirement and functions Vitamin ki tareef, aqsaam, miqdar khurak aur afaal

#### **METABOLISM:**

Introduction to Metabolism, Metabolism of Carbohydrate, Metabolism of Lipids, Metabolism of amino acids, Mineral and Water metabolism.

#### **ISTEHALA:**

Istehala ki tareef, Nashasta ka istehala, Shamiyat ka istehala, Humooze Shorain ka istehala Madaniyat aur paani ka istehala

#### **Unit 4: CIRCULATORY SYSTEM:**

**(22 HOURS)** 

Introduction, Valves of Heart and their actions, Special Junctional Tissues, Properties of Cardiac Muscles, Cardiac cycle, heart block, Nerves of the heart, cardiac centre & its function, Electro-Cardiograph, Blood Pressure and its physiological control.

#### **NIZAAM-E-DAURAN-E-KHOON:**

Tareef, Samamaat-e-qalb aur inke afaal, Qalb ke makhsoos itsaali ansaja, Azla-e-qalb ki khusoosiyat, Daura-e-qalbi, aswaat-e-qalb, suqoot-e-qalb, Aasaab-e-qalb, 14mraz14-e-qalb aur iske afaal, Barqi qalb nigari, Fisharruddum aur iske feliyati ayamil

#### Unit 5 .<u>LYMPHATIC & RETICULO-ENDOTHELIAL SYSTEM</u>: (22 HOURS)

Formation and composition of lymph, Lymphatic channels, Lymphatic drainage, Lymph Glands Reticulo-endothelial system, its functions, spleen & itsfunctions

#### NIZAM-E-UROOO-E-LIMFAVIA AUR SHABKI-O-BASHREE BAATINI:

Rutubat-e-limfavia ki paidaish aur tarkeeb, rutubat-e-limfavia ka dauran, ghudood-e-limfavia, Nizam-e-shabkiya mubtina ki tamheed aur afaal, Tihaal aur iske afaal.

#### [SYSTEMIC PHYSIOLOGY]

(Teaching Hours 115)

(Per Unit = 23 Hours)

#### **THEORY**

#### Unit 1: **DIGESTIVESYSTEM:**

**(23 HOURS)** 

Introduction of digestive system, Histological structure of salivary glands & secretion of Saliva. Composition, secretion and function of Gastric juice, Pancreatic juice, Succus entericus and Bile. Movements of Alimentary canal and their functions, Formation of Faeces and Defecation. Structure and & functions of Liver, Digestion of carbohyderate, protein and lipids, Absorption ofwater.

#### **NIZAM-E-HAZM:**

Tamheed-e-nizam-e-hazm, Khurdbeeni sakht of ghudood-e-Luabiya, Luab-e-dahan ki tarkeeb, iski tarssho aur afaal, rutubat-e-maaddi, rutubat-e-banqras, rutubat-e-mayvi, aur rutubat-e- safravi ki tarkeeb, tarassho aur afaal, Majra-e-ghizai ke harkat aur unke afaal ,Fuzla ki banavat- o-Iqhraj, Jigar ki saaqht-o-afaal, Hazme-Nishashta, Shorain and Shaham, Paani ka injezab.

#### **Unit 2: <u>RESPIRATORYSYSTEM:</u>**

**(23 HOURS)** 

Introduction of Respiratory system/organs, histological structure, Respiratory muscles & functions of respiratory system/organs, Transport of Oxygen & Carbon dioxide, Gaseous exchange in lungs and tissues, Centres of respiration, Artificial respiration and its methods, Pulmonary Volume, Pulmonary Capacities, Dyspnoea, Anoxia, Apnoea, Hypercapnia, Physiological effect of High altitude & under water.

#### **NIZAM-E-TANAFFUSS:**

Mukhtalif tanaffussi aaza ki tamheed, khurdbeeni sakht, Uzlaat-e-tanaffuss aur unke afaal, Oxygen aur Carbon di oxide ki muntaqheeli, Riya aur insaja may gason ka tabadila, Tanaffuss ke marakiz, Masnooi tanaffuss aur inke mukhtalif tareekhe, Jasamat-e-reviya, Waqaat-e-reviya, Usre teanaffuss, Qillat-e-baad, Dushwaar-e-tanaffuss, Izdiyad-e-tanaffuss, Sat-he martafa aur gehre paani ke feliyati asraat.

#### **Unit 3: EXCRETORYSYSTEM & SKIN:**

**(23 HOURS)** 

Introduction to the organs of excretion

#### **KIDNEYS:**

Structure and functions, Nephron, functions of glomerulus, Formation, composition & volume of urine, Normal and Abnormal constituents of Urine ,Reaction and Specific Gravity of Urine, Role of Kidney in maintenance of body temperature & Acid base balance, Micturation-definition and mechanism.

#### SKIN:

Structure and functions of skin [Integument], Sweat, regulation of body temperature, abnormal and sub-normal temperature.

#### **NIZAM-E-IOHRAJ-E-BOWL:**

Aaza-e-bowl ka taaruf

#### **KULLIYA:**

Sakht aur afaal ,Kulvi ikai, Uqda-e-Urooq ke afaal, bowl ki paidaish, tarkeeb aur miqhdaar,Bowl ke tabayyi aur ghair tabayyi ajza,Bowl ka raddo amal aur wazn-e-makhsoos, Hararat-e-badaniya ko aetadal par rakhne ke liye gurdon ka amal, tarsh-e-qhalvi tavazun, Iqhraj- e-bowl ki tareef aurmeekaniya

#### JILD:

Jild ki sakht aur afaal, Paseena, Hararat-e-badaniya ka tavazun, ghair tabiyyee hararat aur qillat- e-hararat

#### Unit 4: <u>NERVOUS SYSTEM [INBRIEF] & SENSORY ORGAN:</u> (23 HOURS)

Nerve structure, functional aspects of nerves, fore brain, hind brain, meninges, mid brain, medulla oblongata, spinal cord, cerebro –spinal fluid and its function, Function of central nervous system.

#### NIZAM-E-AASAB [Ikhtesaar ke saat]:

Aasab ki sakht aur afaal-e-muqhaddum wa muakkhir-e-dimag, butoon-e-dimag, ausat dimag, Raas un nukha, nukha, rutubat-e-dimaghiya aur nukhaiya, Aasabi 16mraz16 ke afaal.

#### **SENSORYORGANS:**

Physiology of Taste, Smell, Hearing Vision and touch

#### **NIZAAM-E-SHIRKE AFAAL:**

#### Unit 5: ENDOCRINE SYSTEM & MALE & FEMALE REPRODUCTIVE SYSTEM (23 HOURS)

General description of Endocrine glands, Secretions and functions of Pituitary, Thyroid, Para-thyroid, Thymus, Supra-renal glands, Pancreas, Ovaries and Testes.

#### **GHUDOOD-E-GHAIR NAAOILA:**

Ghudood-e-ghair naaqila ka aam bayan, Ghudood-e-Nikhamiya, darqiya, Jawul darqiya, temusiya, fauqhul kulliya, banqras, khusyat-ur-raham and Khusiya ke ifrazaat aur afaal.

#### Male and Female ReproductiveSystem:

#### Male reproductive system:

Male reproductive organs, puberty, spermatogenesis, composition of semen, prostate glands and its function.

#### **Female reproductive System:**

Mensturation, ovulation, fertilization and implantation.

#### Nizame tauleed Mardana wa Zanana:

#### Nizam-e-Tauleed Mardana:

Aza-e-Tauleed Mardana, Buloogat, Haiwane manwiya kay irtiqaee madarij,

Tarkeeb-e-Mani, guda-e-Mazi aur uskeafaal.

#### Nizam-e-TauleedZanana:

Daura-e-Tams, Amal-e Tabaveez, Baar-aawari and Isteqrara Hamal PRACTICAL

(Practical Hours= 200)

#### PRACTICALS [ JUZ-E-AMALI]

#### Unit 1: Histological studies of various organs

**(60 Hours)** 

Mukhtalif aaza ki khurdbeeni saakht ka mutala

Unit 2: <u>Haematology</u>: Estimation of Haemoglobin, estimation of Erythrocyte (40 Hours)

Sedimentation rate [ESR], estimation of Clotting time, estimation of Bleeding time, Total

Leukocyte count, Differential Leukocyte count, total RBCscount.Hamratuddam ki

takhmeen ke tereekhe, kurriyat-e-Hamra ki tahanasheeni ki takhmeen, Waqt-e-injamamuddum aur waqt-e- jiryanuddum ki taqmeen ke tareekhe, kurriyat-e-abyaz ka majmooyi shumar, kurriyat-e-abyaz ka tafreekhi shumar.

Unit 3: **Biochemistry:** Estimation of Blood Sugar & Blood Grouping. (20 Hours)

Hayatiyati keemiya: Khoon me shakkar-e-angoori ki taqmeen, khoon ki
girohbandi

Unit 4: Urology: Estimation of Sugar, Albumin, Acetone, Bile Salts,

Bile Pigments inurine

(40 Hours)

**Mutala-e-bowl:** Kharoore me shakkar-e-angoori, Mawaad-e-lahmi, bezwi, acetone, namakiyat, safravi, alwaan-e-safravi kaimtihaan-o-taqmeen

Unit 5: **Experimental observation** of E.C.G., E.E.G. machine, Spirometry, Uses of (**40 Hours**) Instruments, Sphygmomanometer and clinical thermometer.

**Tajrubaat:** Mushahida aalat barqhi qhalb nigari, aala-e-paimaish afaal par tajrubaat aur unka mushahida. Aala-e-fisharruddum ke istemal katareekha.

**Departmental Symposium** on various importanttopics. Shoba-e-Manafe ul aza me muqhtaleef unwaanoan par symposiums ka ehtamaam-o- Inaqaad

\*Note: All practicals should be documented.

Reference Books: <u>Textbooks of Human Physiology</u>

1. Authors (year), *Title of the Book*, Edition, Publishers, Place of Publication, Page Nos.

S.	Author	Title of	Editio	Publisher	Place of	Page
N		the Books	n		Publicatio	Nos.
					n	
1	Dr. Chandi Charan	Human	13 <sup>th</sup>	CBS, Publisher &	New	588
	Chatterjee, B.Sc. MD	Physiology		Distributors Pvt. Ltd.	Delhi	
	(Calcutta), Department of	Volume-I		4819/XI, Prahlad		
	Physiology Medical	(Theory)		Street, 24 Ansari		
	College, Calculla, India			Road, Daryaganj,		
	(2020)			New Delhi 110002,		

				India		
2	Dr. Chandi Charan Chatterjee, B.Sc. MD (Calcutta), Department of Physiology Medical College, Calculla, India (2020)	Human Physiology Volume-II (Theory)	13 <sup>th</sup>	CBS, Publisher & Distributors Pvt. Ltd. 4819/XI, Prahlad Street, 24 Ansari Road, Daryaganj, New Delhi 110002, India	New Delhi	234
3	K Semulingam Prerna Semulingam (2021)	Essential of Medical Physiology	8 <sup>th</sup>	Jaypee Brothers Medical Publishers (P) Ltd. 4636/24, Ansari Road Daryaganj, New Delhi-110002, India	New Delhi	1109
4	C. Guyton, MD, Prof and department of Physiology and Biophysics, University of Mississippi, school of Medicine (2020)	Text Book of Medical Physiology	14 <sup>th</sup>	W.B. Saunders Company London	London	1044
5	Prof. A.K. Jain MD.  Departmenet of Physiology  Maulana Azad Medical  College, New Delhi (2017)	Text Book of Physiology , <b>Volume-I</b>	7 <sup>th</sup>	Avichal Publishing company Industrial area, Kala AMB-173030, District Sirmour (HP) Delhi Office: 30 Naiwala Karol Bagh, New Delhi- 110005	New Delhi	550

7	Prof. A.K. Jain MD.	Text Book	7 <sup>th</sup>	Avichal Publishing	New	572
	Departmenet of Physiology	of		company	Delhi	
	Maulana Azad Medical	Physiology		Industrial area, Kala		
	College, New Delhi (2017)	, Volume-		AMB-173030,		
		II		District Sirmour		
				(HP) Delhi Office:		
				30 Naiwala Karol		
				Bagh, New Delhi-		
				110005		
8	Hakim Khalid Zama Khan	Af-al-ul	1 <sup>st</sup>	Ejaz Publishing	New	252
	(1996)	Aza		House	Delhi	
		Volume-I		2861, Kuncha		
				Chalan, Darya Ganj		
				New Delhi-110002		
9	Hakim Khalid Zama Khan	Af-al-ul	2 <sup>nd</sup>	Ejaz Publishing	New	304
	(2002)	Aza		House	Delhi	
		Volume-II		2861, Kuncha		
				Chalan, Darya Ganj		
				New Delhi-110002		

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

The teaching-learning process must constantly overcome the barriers imposed by rapid scientific and technological advances, as well as changes in the profiles of students and access to information. This study intended to analyze the perceptions of students and professors of medical courses of the teaching-learning strategies used in physiology as well as the factors that influence or hinder the learning of this discipline. Questionnaires were analyzed from 50 students. The teaching strategies most used by physiology teachers coincided with the classroom activities that students consider to have the greatest contribution to their learning. It was also evidenced that teachers 'didactic is considered as a very influencing factor for the students during their learning process, whereas the teachers pointed out daily pedagogical practice as the most relevant factor in the development of their skills within the classroom.

#### Assessment methods and weightages in brief (4 to 5 sentences)

- 1. Paper-A 100 Marks Theory (breakup Sessional I, II and III= 25 Marks in best of two)
- 2. Paper-B 100 Marks Theory (breakup Sessional I,II And III= 25 Marks in best of two)
- 3. Theory examination paper A and B 75 Marks will be held in Annual Examination at the end of BUMS 1<sup>st</sup> year course.
- 4. In theory examination term courses will be assessed in sessional exams by written exams, assignments, presentations etc.
- 5. Practical 100 Marks Sessional 1,2 and 3 =25 marks in best of two to be counted Term exams for practical will be based on Viva-voce of the term course, practice

Course Code: UNIUG-KUT (BUM103) Title of the Course: Kulliyat Umoore Tabiya

L-T-P: **70+140** 

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to ......

- CLO-1 Explain Unani Medicine as the branch of knowledge in which the functions of human body are studied in order to preserve the health and cure the disease. (Understand)
- CLO-2 Describethe role of Tabī'at in health & disease. (Understand)
- CLO-3 Discuss the concept of Arkanand its significance.(Understand)
- CLO-4 Discuss the concept of Mizaj, and its clinical application. (Understand & Apply)
- CLO-5 Demonstrate the concept of Akhlat and its importance with respect to the diagnosis and treatment. (Understand and apply)
- CLO-6 Describe and demonstrate the classification of the Aza with respect to their origin, formation, distinction and functions.(Understand and Analyze)
- CLO-7 Interpret the concept of Arwah and their role in maintenance of health and normal bodily functions. (Understand & Evaluate)
- CLO-8 Discuss the concept of Quwa and Afal with their classifications. (Understand and apply)

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O 1	PL O 2	PL O 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	3	2	2	1	2	2	2	1	1	3	3	2	1	2
CLO 2	3	3	3	2	2	1	2	2	2	1	1	3	3	2	1	2
CLO 3	3	3	3	2	2	1	2	2	2	1	1	3	3	2	1	1
CLO 4	3	3	3	2	2	1	2	2	2	1	1	3	2	1	1	2
CLO 5	3	3	3	2	2	1	2	2	2	1	1	3	3	2	1	1
CLO 6	3	3	3	2	2	1	2	2	2	1	1	3	3	2	1	1
CLO 7	3	3	3	2	2	1	2	2	2	1	1	3	2	2	1	2
CLO 8	3	3	3	2	2	1	2	2	2	1	1	3	2	2	1	1

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

#### 1. Mabhas-e-Aam (General Disscussion)

**(10 hours)** 

- 1. Ilme Tib ki Tareef (Definition of Tibb)
- 2. Tib ke mozu aur garz-o- ghayat (Subject and objectives of Tibb)
- 3. Tibb ki darjabandi imsal ke sath (Classification of Tibb with suitable examples)
- 4. Umoore Tabeiyah ki Tareef aur ahmiyat (Defnition and importance of Umoor-e-Tabiyah)

Tabiyat ki tareef aur ahmiyat (Definition of Tabeiya't and its importance)

- 5. Ala-e Tabeiya't wa Mana'at (Tools of Physis and Immunity)
- 6. Umoore Tabeiyah ka mafhoom tareef, ta'dad wa ahmiyat (Meanings, definition, number and importance of Umoore Tabiyah
- 7. Asbab ka bayan (Description of causes)

#### 2. Arkaan (Anasir)

(10 hours)

- 1. Arkan (Anasir) ki tareef (Defnition of Arkan or Anasir)
- 2. Arkan ki Ta'dad aur anasir Arba ka Nazaria (Number of Arkaan and Concept of Arkan-e-Arba).
- 3. Anasir ka tabaee muqam aur agraz –wo- maqasid (Physical position, purpose and significance of Arkan-e-Arba)
- 4. Anasir ka jadeed nazariya (Modern concept of Elements)
- 5. Jadeed nazariya ke mutabiq anasir-e-insaniah ki taqseem aur sehat wa maraz mein inki ahmiyat (Classification of Human element and their role in Health and Disease)

3. Mizaj (10 hours)

- 1. Mizaj ki tareef (Definition of Temperament)
- 2. Imtizaj-e-Sada, Imtizaj-e-Haqeeqi
- 3. Mizaj ki taqseem (Classification of Temperament)
- 4. Taqseem-e-Mizaje Mutadil (Classification of Equable or Balanced temperament)
- 5. Taqseem Mizaje Ghair Mutadil or Sue Mizaj (Classification of Unequable or Imbalanced temperament), Sue mizaj sada, sue mizaj maddi
- 6. Hararate Ghariziyah (Innate or Intrinsic heat)
- 7. Hararate ghariba Harat Muqassira
- 8. Mizaje Insani (Human temperament) Shanakhte Mizaje Insani (Identification of Human temperament)- Ajnas-e-Ashra
- 9. Mizaje Aaza (Aza-Mufrada, Aza Murakkaba)
- 10. Mizaje Asnan (Temperament of different ages) Mizaj-e-Asnaf
- 11. Mizaje Aqaleem (Human Temperament according different regions of Earth)
- 12. Ilaj-wo Moaleja mein Mizaj ki Ahmiyat aur Mizaj-e-Adviyah (Importance of the Mizaj with respects to drugs and therapeutics)

4.Akh'lat (10 hours)

- 1. Akh'lat Ki tareef (Definition of Humours)
- 2. Akhlate Arba' ka Ijmali bayan wo-Bahas (Description and discussion of Akhlate Arba)
- 3. Description of Dam (Blood) with classification and functions
- 4. Description of Balgham (Phelgm) with classification and functions
- 5. Description of Saf'ra (Bile) with classification and functions
- 6. Description of Sauda (Black Bile) with classification and functions
- 7. Basis of Akh'late Arba (Four Humours) Arbiyat Akhlat ke Dalayil
- 8. Tawleed Akhlaat (Production of Ak'hlat)
- 9. Ratoobate-Oola-wo- Sania

10. Huzume Arba' ka Ijmali bayan (Brief description of Four Digestions)

5.A'za (10 hours)

- 1. General description of A'za (Organs) and their classification
- 2. Definition of A'zae Mufradah (Simple Organs).
- 3. Classification of A'zae Mufradah
- 4. Description and functions of the following organs:
- a) Azm (Bone)
- b) Ghuzruf (Cartilage)
- c) Ribat (Ligaments)
- d) Wat'r (Tendon)
- e) Asab (Nerve)
- f) Ghisha (Membrane)
- g) Laham (Flesh)
- h) Shaham (Fat)
- i) Shiryan (Arteries) and vareed (Veins)
- 5. Theory of Abu Sahl M seehi about A'zae Mufradah (Simple Organs)
- 6. Inclusion of Sha'r (Hair), Zufr (Nail) and Mukh (Marrow) in A 'zae Mufradah
- 7. Definition of A 'zae Murakkaba (Compound Organs) with their classification
- 8. Definition of A 'zae Raisah (Vital Organs) and their classification
- 9. Definition of A 'zaeKhadimah (Subordinate Organs)
- 10. Definition of 'Uzue Mu'ti (Donor Organ) and their classification
- 11. Definition of 'Uzue Qabil (Recipient Organ) and their classification

6.Arwah (10 hours)

- 1. Definition of Ruh with its various interpretations and classification
- 2. Concept of Ruh (Pneuma) according to different Unani Scholars
- 3. Ruh ke wazaif wa masalik (Functions of Ruh and its routes)
- 4. Ruh and Tarwih (Oxygenation)
- 5. Concentration of Ruh at certain location

7.Quwa (10 hours)

- 1. Definition of Quwa (Powers or Faculties) with classification and functions
- 2. Quwwate Nafsaniyah (Psychic or Mental Faculty)
- 3. Quwwate Muharrikah (Motor Faculty)
- 4. Quwwate Mudrikah (Faculty of Perception)
- 5. Hawase Khamsah Zahirah (Five Special Senses)

- 6. Quwwate Basirah (Power of Vision)
- 7. Quwwate Sami'ah (Power of Hearing)
- 8. Quwwate Shammah (Power of Smell)
- 9. Quwwate Za'iqah (Power of Taste)
- 10. Quwwate Lamisah (Power of Tactile Sensation)
- 11. Hawase Khamsah Batinah (Intellectual Senses)
- 12. Hisse Mushtarak (Power of Composite Senses)
- 13. Quwwate Mutakhayyalah (power of reasoning and imagination)
- 14. Quwwate Hafizah (Power of Memory)
- 15. Quwwate Mutasarrifah (Power of modification)
- 16. Quwwate Waahimah (Power of apprehension)
- 17. Quwwate Haywaniya (Vital Faculties)
- 18. Quwwate Fa'ilah and Munfa'ilah (Active and Passive Faculty)
- 19. Advantages of Inqibaze Qalb wa Inbisate Qalb (Systolic and Diastolic movements of the Heart)
- 20. Brief description of Daurane Khoon (Blood Circulation )
- 21. Definition and Classification of QuwwateTabeiya (Physical Power)
- 22. Definition and functions of Quwwate Ghaziah
- 23. Definition and functions of Quwwate Namiah (Power of Growth)
- 24. Detailed description of SharaeteTaghziah (Conditions of nutrition)
- 25. Functional stages of Quwwate Ghaziah (Quwat-e-Gazia ke madraj amal)
- 26. Definition and functions of Quwwate Mutaghayyarah (Power of transformation)
- 27. Detailed description of Taghayyurate Ghiza (Metabolism of Nutrients)
- 28. Definition and functions of Quwae Tabeiya Khadimah (Subordinate of Physical faculty)
- 29. Definition and functions of Quwae Jazibah, Masikah, Hazimah wa Dafiah (Powers of absorption, retention, digestion and excretion)
- 30. Detailed description of Huzume Arba' (Four Digestions)
- 31. Description of Haz'me Me'di (The Elementary Digestion)
- 32. Description of Haz'me Kabidi (The Hepatic Digestion)
- 33. Description of Haz'me Uruqi (Vascular Digestion)
- 34. Description of Haz'me Uzwi (Cellular Digestion)
- 35. Definition and classification of Quwwate Tanasuliyah (Power of reproduction)
- 36. Definition and functions of Quwwate Muwallidah (Generative Power)
- 37. Definition and functions of Quwwate Musawwirah (Moulding Power)

38. Definition and classification of Af'aal (Functions) according to Quwa (Powers)

PRACTICAL (20 hours)

#### **JUZE AMALI (PRACTICALS)**

#### Arkan

- i) Anasir Arba keTabaee muqam ka mushahida bazari-e Khaka (Graphs)
- ii) Calourimeter ke zariya keefiyat arba ka mushahida
- iii) Periodic Table ke zariya Arkan (Elements) ka Mushida aur arkan ki Darja Bandi
- iv) Anasir Insaniya ki darja bandi aur Khaka

#### Mizaj

- i) Ajnas Ashra ke zariye Mijaz-e Insani ki taskhees aur record book par iska Indiraj
- ii) Agaleem ka Mushida ba zariye Globe
- iii) Qadeem wa jaded aqleemi takseem ke khake

#### Akhlaat

- i) Fasd ke Zairye Akhlaat Arba ka Amli Mushida
- ii) Ghalba Akhlaat ki Alamaat ka mushahida Sehat wa Mariz ki halat mein

#### Aza

- i) Aza Mufrada wa Aza Murakaba ka Aini Mushaida
- ii) Aza Mufrada ka Khurdbeeni Mushahida
- iii) Record Book mein Aza ke Af'al aur Khakon ka Indaraj

#### Arwah

i) Arwah ka takseemi khaka

#### Quwa

i) Quwa ka Takseemi Khaka

#### **Afaal**

i) Afaal ka Takseemi Khaka

#### **Reference Books:**

S.No:	Name of book	Author	Publisher	Year
1.	Kaamil-as- Sina'ah	Ali Ibn Abbas	Idara Kitab-ul-Shifa.	2010
		Majoosi	New Delhi,	
2.	Introduction to Umūr	Prof. Syed		1980
	Tabīʻiyya	Ishtiyaq Ahmad	Saini Printers, Delhi	
3.	Firdaus-al-Hikmat fil Tibb	Ali ibn Rabban	Idara, Kitab-ul-Shifa.	2010

		Tabri	New Delhi	
4.	Kitabul Murshid (Urdu	Raziul Islam	Anjuman Taraqqi Urdu	2000
	translation)	Nadwi,	Bureau. New Delhi.	
5.		Prof. Syed	New Public Press,	1983
	Kulliyat-e-Asri	Ishtiyaq Ahmad	Delhi	
6.		Allama	Ajaz Publishing House.	2006
	Kulliyat-e-Qanoon	Mohammad	Darya Ganj, New	
		Kabiruddin	Delhi.	
7.	Kulliyat-e-Nafīsi	Allama		1934
		Mohammad	Idara Kitab-ul-Shifa.	
		Kabiruddin	New Delhi,	
8.	Ifada-e- Kabīr	Allama		2001
		Mohammad	NCPUL, HRD	
		Kabiruddin	Ministry, Govt. of India	
9.	Zakheera Khwarazm Shahī	Ismail Jurjani	Aijaz Publishing House.	2010
			Darya Ganj, New Delhi	
10.		Ibn Sina	Aijaz Publishing House.	2010
			Darya Ganj, New Delhi	
	Al-Qanoon fil Tibb			
11.		Hakim		1991
	Kitab- al-Mansoori	Mohammad		
		Zakariya Razi	CCRUM, New Delhi.	
12.	Kitāb Al Murshid (The	Hakim Wasim	Markazi Publications,	2021
	Guide) (English	Ahmad	Jamia Nagar, Okhla,	
	translation)		New Delhi	

13.		Syed		2018
		Kamaluddin		
		Husain		
	Usool-e-Tib	Hamdani	NCPUL, New Delhi	

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

Kulliyat Umoore Tabiya provides the basis for the study of Unani medicine as it deals with conceptual fundamentals. According to this, Teaching and learning will be through classroom teaching (Lecture hours) and non-lecture activities which includes Group discussion, Open book discussion, problem based learning, schematic diagram, Audio-visual demonstration etc to enhance the understanding of the subject.

#### Assessment methods and weightages in brief (4 to 5 sentences)

- 1. Theory-Internal Assessment: 25 Marks, End Semester Examination :75 Marks &Total Marks: 100.
- 2. Practical- Internal Assessment: 25 Marks, Practical Examination/ Viva :75 Marks &Total Marks: 100

Course Code- UNIUG-UAMF (BUM104) Title of the Course: Urdu, Arabic and Mantiq wa Falsafa

Teaching Hours: 100 hours

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

- PSO-1 To Explain the fundamental structure, functions and disease mechanism in human body.
- PSO-2 To use the knowledge for making of diagnosis and management of diseases.
- PSO-3 To make single and compound drug formulations and use them in treatment of various diseases.
- PSO-4 To use different treatment modalities for disease management.

After completing this Course, the students should be able to ......

CLO-1Recognize, read and write Urdu & Arabic sentences and words related to body parts, diseases, medical instruments and drugs.(Understand)

CLO-2 Explain and describe Urdu & Arabic Terminologiesused in different subjects of Unani Medicine. Analyze their root words and their other derivatives, and use them properly.(Understand, Apply)

CLO-4 Translate short Arabic medical texts into English/Urdu language.(Apply)

CLO-5 Analyze and explain the logical explanation of each definition and terminology used in various subjects of Unani Medicine.(Understand and Analyze)

CLO-6 Apply logical reasoning while understanding classical Unani texts. Demonstrate logical approach and rational thinking in diagnosing and treating the diseases.(Understand, Apply)

CLO-7 Identify and explain the Ancient Greek philosophy on which the Unani Medicine is based regarding human and its relation to whole universe. (Understand)

## Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O	PS O	PS O	PS O	PS O											
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4
CL O1	3	3	1	1	1	2	2	2	1	2	2	2	3	2	1	2
CL O2	3	3	1	1	1	2	2	2	1	2	2	2	3	2	1	1
CL O3	3	3	1	1	1	1	2	2	1	2	2	2	2	2	1	2

CL	3	3	1	1	1	1	2	2	1	2	2	2	3	2	2	1
O4												2				
CL	3	3	1	1	1	1	2	2	1	2	2	2	2	2	1	2
05												۷				
CL	3	3	2	3	2	2	2	2	2	2	2	2	3	2	1	2
<b>O6</b>												2				
CL	3	3	2	3	2	2	2	2	2	2	2	2	3	2	1	2
<b>O7</b>												4				

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

#### **ARABIC**

#### Unit-1: 45 hours

1. Kalimah aur iske aqsam, Ism, Fael, Harf.

(Word and its kinds, Noun, Verb, Particle).

2. Kalām aur iski aqsam.

(Division of Sentence).

3. Kalāme Tām, Jumlah Ismia, Jumlah Faeliyah.

(Complete Sentence, Noun sentence, and Verbal Sentence).

4. Kalāme Nāqis, Murakkabe Ishari, Murakkabe Izafi.

(Incomplete Sentence, Directive construction, Possessive construction).

- 5. Ism ki taqseem balehaz-e-Tareef-o-Tankeer, Balehaz-e-Jins, Balehaz-e-Adad. (Kinds of Noun according to definition like {Definite Noun, Indefinite Noun}, Gender,
- and Number).
- 6. Isme Marifah aur iske aqsam (Marif Billam) ke saat Huroof-e-Shamsiyyah-o-Qamariyyah ki wazahath.
- (Definite Noun and its kinds, with the mention {Noun with definite article} with the explanation of Shamsi and Lunaar Characters).
- 7. Ierab, tareef-o-taqseem, Ierab bil huroof, Ierab bil Harkat.

(Inflection Sign, its definition and Division: by letters and by signs).

8. Fael aur iski aqsam ba etebar-e-Zamāna: Māzi, Hāl, Mustaqbil.

(Verb and its kinds according to Tense: Past, Present and Future).

9. Fael-e-Sulāsi Mujarrad aur iske Abwāb.

(Trilateral Primitive and its Sections).

10. Gardān-e-Mazi aur Seghae.

(Conjugation of Past tense and Moods).

11. Gardān-e-Muzare aur Seghi.

(Conjugtation of indefinite past tense (Aorist) and Moods).

12. Taqseem-e-Fael-e-Māzi-o-Muzarea ba etebar-e-Maroof-o-Majhool.

(Division of Past and indefinite past tense (Aorist) according to Active and Passive).

13. Gardān-e-Fael-e-Amr-o-Nahi.

(Conjugation of Imperative and Prohibitive Verbs).

#### Unit 2: 5 hours

17. Arabi-o-Tibbi Istelahath-o-Alfaaz ka Jumlon mein istemal.

(Arabic Medical words and Terms and their uses in sentences).

i) Ismai Aza-e-Insan-wo-Ruthubāt-e-Badan.

(Names of the Organs of Human Body and Body Fluids).

ii) Ismai Amraz.

(Names of the Diseases).

iii) Ismai Alāt.

(Names of the Instruments and Equipments)

#### MANTIQ (Logic)

#### Unit 3-25 hours

- 1. Tareef, Mauzu, aur Gharz-o-Ghaiyath. (Definition, aims and objects)
- 2. Ilm aur Idrak, Aqsam-e-Ilm, Tasawwur-wo-Tasdeeq aur iske Aqsam.

(Knowledge and Perception, Kinds of Knowledge, Imagination and Judgement and its classification).

- 3. Mu'arrif ya Qawl-e-Shaareh, Daleel ya Hujjath (Made known, Argument).
- 4. Dalaalat ki tareef-wo-taqseem, Lafz ki tareef-wo-taqseem. (Evidence: its definition and kinds, Word: its definition and classification).
- 5. Mafhoom-e-Juzwi wa Kulli mae aqsam, Nasab-e-Arba.

(Definition of Individual /Particular and Generals and their kinds, Four Relations).

6. Qazayya, Qaziyyah, Hamaliyya ki jumla aqsam, Qaziyyah Shartiyah ki dow qismein:

Muttasila-wo-Munfasila. (Proposition, Clause and its kinds, Conditional Clause and its two kinds viz., Attached and Detached Clause).

- 7. Bahas, Bahas-e-Tanaqus, Bahas-e-Aks. (Discussion, Contradiction, Contradictory discussion)
- 8. Hujjat ki aqsam, Qiyas, Istiqra, Tamseel, Qiyas ki qismein (Division of Arguments, Hypothesis/ Analogy, Induction, Allegory and kinds of Hypothesis).

# FALSAFA (Philosophy)

#### **UNIT-4: 15 Hours**

- 1- Hikmat, Tareef-wo-taqseem, Mauzu, aur Gharz-o-Ghaiyath (Philosophy, its Definition and kinds, aims and objects).
- 2- Jism, Jism-e-Taba'I, Jism-e-Taleemi, Heula, Surat, Jasmiah-o-Surat-e-Nuwia ki tareef (Body, Physical body, Educational Body, Matter, Shape, Definition of Body Shape and Species Shape).
- 3- Makan, Hayyaz, aur Shakl ki tareef (Definition of Space, locus and Shape).
- 4- Harkat wa Sukoon ki tareef gharz-o-ghayat, aqsam-o-sharayath.

(Movement and Rest, their definitions, aims and objects, kinds and conditions).

- 5- Zamānah ki tareef-wo-tauzee. (Definition of Time and its Explanation).
- 6- Anāsir ki tareef, Aqsam, Kaifiyyāth-wo-Mizaj (Ijmāli Bayan).

(Definition of Elements, kinds, conditions and temperament (with brief description).

7- Kaun-wa-Fasād, Murakkabate Tāmmah, Jamadāt, Nabatāt-wo-Nafse Nabati, Nafse Haiwani, Nafse Natiqa aur iski matehath kām karne wāli quwwatein, Murakkabat-e-Nāqisa ki tareef mae imsāl. (Anabolism and Catabolism, Complete compounds, Minerals, Plants and Botanical Reason, Animal Reason, Human Reason and faculties working under them. Definition of incomplete compounds along with examples.

#### Hay'at (Astronomy)

# **UNIT-6 (5 HOURS)**

- **1.** Ilm-e-Hay'at ki tareef, aur tib se iska ta'alluq. (Definition of Astronomy and its relation with Medicine).
- 2. Khate Sartan, Khate Jaddi, Khate Estiwa, Khate Mintaqatul Buruj. (Tropic of Cancer, Tropic of Capricorn, Equator, Zodiac Line).
- 3. Daira Muaddilun Nahar, Daira Nisf-un-Nahar. (Meridian Circle, Mid-Day Circle).

### **UNIT -7**

#### Ibteda-i-Ilm-un-Nafs (Elementary Psychology) (5 Hours)

1. Ilm-un-Nafs ki tareef-o-aqsam (Psychology, its definition and kinds).

2. Ilm-un-nafs aur Ilm-e-Tib ka Bahami Rabth bayan karte huway Ahsas, Idrak, Mushahidah aur Tawajjuh ka ta'arruf. (Description of interrelation between psychology and Medicine. Introduction of Feelings, Perception, Observation and Attention).

# **Reference Books:**

S.No.	Name of Book	Name of Author
	Urdu	
1	Intikhabe Adab Barae Tibb wo Hikmat	Aftab Alam Najmi
2	Urdu Imla	Rasheed Hasan Khan
3	Urdu Qawaid	Molvi Abdul Haq
4	Urdu Kaise Likhen	Rasheed Hasn Khan
5	Intikhabe Manzoomat, Ghazaliyat, Nasr	Utter Pradesh Urdu Academy
	Arabic	
6	Tibbi Arabi Reader	Raziul Islam Nadwi
7	Mu'allimul Inshaa	Abdul Majid Nadwi
8	Asbaqun Nahv (Vol. I, II)	Allama Hameeduddin Farahi
9	Kitabun Nahv	Abdur Rahman Amritsari
10	Kitabus Sarf	Abdur Rahman Amritsari
11	Annahul Wazeh fil Qawaidil lughatil Arabia	Ali al-Jarim and Mustafa Ameen

12	Tamreenun Nahv	Moinullah Nadvi
13	Tamreenus Sarf	Mustafa Nadvi
14	Droos-ul-Lugha Al-Arabiyah	V. Abdur Raheem
15	Minhaaj-ul-Arabiyah	Syed Nabi Hydarabadi
16	Al-Jauharun-Nafees fi Sharh Arjuzat Ash-Shaikh Ar-Raiees	Hakeem Abu Abdul Azeez
17	Online General/Medical Arabic dictionary .	
	Mantiq wa Falsafa	
18	Mabadiyaat Mantiq wa Falsafa	Hakeem Taskheer Ahmad
19	Taiseer-ul Mantiq	Maulana Abdullah
20	Tas'heel-ul Mantiq	Maulana Qari Siddiq
21	Mabaadi'al-Falsafa	Mufti Saeed Ahmad Palanpuri

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

Most of the classical texts of Unani Medicineare in Arabic language which can be understood with a logical and philosophical approach. Therefore the students need to learn this subject to get better understanding of Unani Medicine. Teaching and learning will be through classroom teaching (Lecture hours) and non- lecture activities which includes Group discussion, Bilingual method, Tutorials , problem based learning, Audio Lingual method and Communicative Approach etc to enhance the understanding of the subject.

# Assessment methods and weightages in brief (4 to 5 sentences)

Theory-Internal Assessment: 25 Marks, End Semester Examination :75 Marks & Total Marks: 100.

**Environmental Sciences** (EVS) does not come under NCISM and It is taught under UGC guidelines.

Course Code: UNIUG-TT (BUM201) Title of the Course: Tareekhe Tib

L-T-P:50+100P

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

PSO-1 To understand the fundamental structure, functions and disease mechanism in human body.

PSO-2 To use the knowledge for making of diagnosis and management of diseases.

PSO-3 To make single and compound drug formulations and use them in treatment of various diseases.

PSO-4 To use different treatment modalities for disease management.

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

- CLO-2 Distinguish between pre and post Hippocratic ear of Unani medicine.(Understand)
- CLO-3 Understand the services of Bait-al-Hikmat and legacy of renowned physicians of medieval era.(Understand)
- CLO-4 Explain and understand the significance of classical reference books of Unani Medicine.(Understand)
- CLO-5 Describe the introduction of Unani Medicine in Indiaand contributions of famous Indian physicians. (Understand)

CLO-6 Describe the importance of Pre-Independence and Post-Independence established institutes of Unani Medicine, Research council and governing bodies.(Understand)

# CLO-7 Appreciate the faithfulness of physicians towards ethics and its application in clinical practice.

(Understand, apply)

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL	PS	PS	PS	PS											
	0	O	0	O	0	O	O	O	O	O	O	O	O	O	O	0
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4
CL O1	3	3	2	2	1	1	2	3	3	3	3	3	2	2	1	2
CL O2	3	3	2	2	1	1	2	3	3	3	3	3	2	2	1	2
CL O3	3	3	2	2	1	1	2	3	3	3	3	3	2	2	1	2
CL O4	3	3	2	2	1	1	2	3	3	3	3	3	2	2	1	1
CL O5	3	3	2	2	1	1	2	3	3	3	3	3	2	2	1	2
CL 06	3	3	2	2	1	1	2	3	3	3	3	3	2	1	1	1
CL O7	3	3	2	2	1	1	2	3	3	3	3	3	2	2	1	1
CL O8	3	3	2	2	1	1	2	3	3	3	3	3	2	2	1	1

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

### **Detailed Syllabus**

**Teaching hours: 100** 

UNIT-1 (10hours)

(1) Tareekh-e-Tib aur iski Ahmiyat.

Medical History and its importance.

(2) Fan-e-Tib ki Ibteda aur Fan-e-Tib ke Awwalin Marakiz.

Origin of Medicine and its Primary Centers.

- (3) (a) Babuli Tib, Misri Tib aur iske zara-e-Maloomat, (b) Cheeni Tib aur iska Maqsoos Tareeq-e-Ilaj, (c) Irani Tib aur Madars-e-Jund-e-Shahpur, (d) Hindi Tib aur Ayurveda ke mashhoor Waid: (i) Charak, (ii) Sushruth, (iii) Wagbhat.
- (a) Babelonean Medicine and Egyptian Medicine and its sources of information, (b) Chinese Medicine and its specific Methodology of Treatment, (c) Iranian Medicine and School of Jund-e-Shahpur, (d) Famous Physicians of Indian Medicine and Ayurveda: (i) Charak, (ii) Sushruth, (iii) Wagbhat.
- (4) Tib ke darje zail bunyadi uloom ka ajmali khaka aur mukhtasar tareekh (i) Ilm-e-Tabiyath, (ii) Ilm-e-Kimiya, (iii) Ilm-e-Nabatath, (iv) Ilm-e-Haiwanat, (v) Ilm-e-Madaniyat, (vi) Ilm-e-Hayyat, (vii) Ilm-e-Tashreeh, (viii) Ilm-e-Manaf-ul-Aza, (ix) Ilmul-Jarahath.

Brief description and history of Fundamental subjects of Medicine viz: (i) Physics, (ii) Chemistry, (iii) Botany, (iv) Zoology, (v) Minerology, (vi) Astrology, (vii) Anatomy, (viii) Physiology, (ix) Surgery.

UNIT-2 (10hours)

(5) Tib ke mukhtalif Adwar: (a) Unani Tib ma qable Buqrat, (b) Hazrath Idrees, (c) Tabeeb-e-Awwal Asqaliboos.

Different periods of Medicine: (a) Unani Tib before Hippocrates, (b) Prophet Idrees, (c) First Physician Asqaliboos.

(6) Mandarje zail Atibba-e-Qadeem ke mukhtasar halaath aur karnamein: (a) Buqrat, (b) Arastu, (c) Herofuloos, (d) Irastarastoos, (e) Madarsa-e-Iskandariya ke mukhtasar halaath.

Biographical sketches of ancient physicians and their contribution to the Unani system of

medicine: (a) Hippocrates, (b) Aristotle, (c) Herofuloos, (d) Irastarastoos, (e) Brief description of School of Sikandriya.

# (7) Roomi atibba (a) Deasqaridoos, (b) Jalinoos.

Roman Physicians: (a) Diascorides, (b) Galen.

### (8) Bazanteni Tib aur Tabeeb: (a) Fausulmaniti.

Bazantini Medicine and its Physician: (a) Fausulmaniti.

UNIT-3 (15 hours)

# (9) Tib-e-Unani ka Arabi daur aur iska tafseeli bayan.

Detailed description of Unani Medicine in Arabic Era.

Central Council of Indian Medicine |BUMS UG Syllabus 2014-15

# (10) Ahde jaheliyat mein Tib: Haris bin Kulha.

Medicine during Age of Ignorance: Haris bin Kulha as a physician.

# (11) Tib-e-Nabawi ka ek Jayeza.

Brief description on Prophetic Medicine.

# (12) Tib Ahde Khilafat-e-Rasheda mein (a) Amawi daur, (b) Tiyazooq, (c) Ibn-e-Umal, (d) Jaber bin Hayyan, (e) Khalid bin Yazeed.

Medicine in Cliphatic era: (a) Amawi era, (b) Tiyazooq, (c) Ibn-e-Umal, (d) Jaber bin Hayyan, (e) Khalid bin Yazeed.

#### (13) Tib Abbasi daur mein, Baitul Hikmat, Tib-e-Unani ki taraqqi mein iska hissa.

Medicine in Abbasi era: House of Wisdom, and its role in Development of Unani system of Medicine.

# (14) Namwar mutarjimeen: (a) Yuhina bin Masway, (b) Hunain bin Ishaq, (c) Sabith bin Qarha, (d) Yaqoob bin Ishaq, (e) Jibrayeel bin Baqtishu (f) Qusta bin Luqa.

Famous translators: (a) Yuhina bin Masway, (b) Hunain bin Ishaq, (c) Sabith bin Qarha, (d) Yaqoob bin Ishaq, (e) Jibrayeel bin Baqtishu (f)Qusta bin Luqa

# (15) Baghdad mein Hindustani Atibba ki amad aur tib par iske asraath, Vedak Kitabon ke Tarjume.

Entry of Indian Physicians in Baghdad and its influence on Medicine, Translation of Ayurvedic literature.

UNIT-4 (20 hours)

(16) Qaroon-e-Wasta ke namwar atibba: (a) Ali bin Rabban Tabri, (b) Ahmed bin mohammed Tabri, (c) Ali bin Abbas Majusi, (d) Abu Bakr bin Zakariya Razi, (e) Hunnain bin Nuhul Qamari, (f) Abu Sahel Masihi, (g) Ibn Sina, (h) Sharfuddin Ismail Jarjani, (i) Ibne Jazla, (j) Abu Rehan Berooni, (k) Ibne Butlan, (l) Abdul Lateef

Baghdadi, (m) Kamaluddin Irani, (n) Najeebuddin Samarqandi, (o) Alauddin Qarshi, (p) Nafees Bin Awaz Kirmani, (q) Mahmood Amli, (r) Ali bin Esa kahal.

Famous physicians of Middle Age: (a) Ali bin Rabban Tabri, (b) Ahmed bin mohammed Tabri, (c) Ali bin Abbas Majusi, (d) Razes, (e) Hunnain bin Nuhul Qamari, (f) Abu Sahel Masihi, (g) Avicenna, (h) Sharfuddin Ismail Jarjani, (i) Ibn Jazla, (j) Abu Rehan Berooni, (k) Ibn Butlan, (l) Abdul Lateef Baghdadi, (m) Kamaluddin Irani, (n) Najeebuddin Samarqandi, (o) Alauddin Qarshi, (p) Nafees Bin Awaz Kirmani, (q) Mahmood Amli, (r) Ali bin Esa kahal.

(17) Atibba-e-Undulus: (a) Ibn Rushd, (b) Abul Qasim Zahravi, (c) Ibn Wahid, (d) Ibn Zuhur, (e) Ibn Betar, (f) Ibne Khateeb, (g) Moosa Bin Maimoon.

Famous Physicians of Undilus: (a) Ibn Rushd, (b) Abulcasis, (c) Ibn Wahid, (d) Avenzer, (e) Ibn Betar, (f) Ibne Khateeb, (g) Moosa Bin Maimoon.

(18) Atibba Misr-o-Shaam: (a) Dawood Antaki, (b) Ali bin Rizwan, (c) Ibn Haytham, (d) Ishaq bin Sulaiman Israili, (e) Ibn Abi Usaiba, (f) Jamaluddin Qafati, (g) Ibn Qaf Masihi.

Famous physicians of Egypt and Syria: (a) Dawood Antaki, (b) Ali bin Rizwan, (c) Ibn Haysam, (d) Ishaq bin Sulaiman Israili, (e) Ibn Abi Usaiba, (f) Jamaluddin Qafati, (g) Ibn Qaf Masihi.

UNIT-5 (25 hours)

(19) Hisdustan ka tibbi daur: Ahde Tughlaq ke namwar tabeeb, (a) Zia Mohammed Masood Rasheed Farangi, Ahde Lodhi ke Tabeeb, (a) Behwa bin Qawas.

Medicine in India – Brief discussion, Famous physicians of Tughlaq Era: (a) Zia Mohammed Masood Rasheed Farangi, Ahde Lodhi ke Tabeeb, (a) Behwa bin Qawas.

(20) Gujrat ka mashoor tabeeb: Shahab Abdul Kareem Nagori.

Famous physicians of Gujrat: Shahab Abdul Kareem Nagori.

(21) Tib kashmeer mein: Nooh bin Mansoor.

Medicine in Kashmir: Nooh bin Mansoor.

(22) Ahde Moghliya ke namwar tabeeb: (a) Hakeem Ali Geelani, (b) Hakeem Sidra, (c) Hakeem Yousufi, (d) Hakeem Akbar Arzani, (e) Hakeem Hashim Alvi Khan, (f) Hakeem Amanullah, (g) Hakeem Shareef Khan.

Famous physicians of Moghal period: (a) Hakeem Ali Geelani, (b) Hakeem Sidra, (c) Hakeem Yousufi, (d) Hakeem Akbar Arzani, (e) Hakeem Hashim Alvi Khan, (f) Hakeem Amanullah, (g) Hakeem Shareef Khan.

(23) Qutubshahi daur ke namwar hakeem: (a) Hakeem Mir Momin, (b) Hakeem-ul-Mulk

#### Nizamuddin Gilani.

Famous physicians of Qutubshahi period: (a) Hakeem Mir Momin, (b) Hakeem-ul-Mulk Nizamuddin Gilani.

(24) Nizamshahi daur ke hakeem: (a) Rustum Jarjani, (b) Wali Gilani.

Famous physicians of Nizamshahi period: (a) Rustum Jarjani, (b) Wali Gilani.

(25) Adilshahi daur ke hakeem: Mohammed Qasim Farishta.

Famous physician of Adilshahi period: Mohammed Qasim Farishta.

(26) Asifjahi daur ke tabeeb: (a) Hakeem Raza Ali Khan, (b) Hakeem Shafai Khan.

Famous physician of Asifjahi period: (a) Hakeem Raza Ali Khan, (b) Hakeem Shafai Khan.

(27) Bartanwi ahad ke atibba: (a) Maseeh-ul-Mulk Hakeem Ajmal Khan, (b) Hakeem Abdul Aziz Lucknawi, (c) Hakeem Azam Khan, (d) Hakeem Abdul Hameed, (e) Hakeem Abdul Haleem, (f) Hakeem Abdul Lateef Falsafi.

Famous physicians of British period: (a) Maseeh-ul-Mulk Hakeem Ajmal Khan, (b) Hakeem Abdul Aziz Lucknawi, (c) Hakeem Azam Khan, (d) Hakeem Abdul Hameed, (e) Hakeem Abdul Haleem, (f) Hakeem Abdul Lateef Falsafi.

(28) Chand mashoor atibba: (a) Hakeem Kabeeruddin, (b) Hakeem Ghulam Hussain Kantoori, (c) Hakeem Mohammed Ilyas Khan.

Few famous physicians: (a) Hakeem Kabeeruddin, (b) Hakeem Ghulam Hussain Kantoori, (c) Hakeem Mohammed Ilyas Khan.

UNIT-6 (15 hours)

(29) Hindustan mein tib ki taleem ka naya daur: (a) Taleemi Idare aur Nisaab, (b) A'la Taleem, (c) Unani Tib mein Tahqeeq.

Unani Education system in India in Modern era, (a) Academic Institutions and syllabus, (b) Higher Education, (c) Unani Medical Research.

- (30) Hindustan mein (i) Tibbi marakiz: (a) Ayurved aur Unani Tibbi College, Delhi, (b) Takmeel-ut-Tib College, Lucknow, (c) Ajmal Khan Tibbya College, Aligarh, (d) Nizamia Tibbi College, Hyderabad, (e) Hamdard Tibbia College, Delhi.
- (ii) Tibbi Khanwade: (a) Delhi, (b) Rampur, (c) Lucknow, (d) Hyderabad, (e) Rajisthan, (f) Bhopal, (g) Madras, (g) Mysore.
- (i) Unani Medical Centres in India: (a) Ayurved aur Unani Tibbi College, Delhi, (b) Takmeel-ut-Tib College, Lucknow, (c) Ajmal Khan Tibbya College, Aligarh, (d) Nizamia Tibbi College, Hyderabad, (e) Hamdard Tibbia College, Delhi.
- (ii) Eminent medical families in India belonging to: (a) Delhi, (b) Rampur, (c) Lucknow,
- (d) Hyderabad, (e) Rajisthan, (f) Bhopal, (g) Madras, (g) Mysore.

# (31) Ma'baad Azadi Unani marakiz ka khayaam, inki Tareeq, Tadween, Aghraz-o-Maqasid: (a) Central Council of Indian Medicine, (b) Central Council for Research in Unani Medicine, (c) National Institute of Unani Medicine.

Post-Independence Establishment of certain Unani centres, their Aims and Objectives, Development and Functions: (a) Central Council of Indian Medicine, (b) Central Council for Research in Unani Medicine, (c) National Institute of Unani Medicine.

UNIT-7 (5 hours)

# (32) Moʻahida-e-Buqratiya: iska Matan, Moʻahida -e-Buqratiya ka asar mabaad sadiyon per, Mutalimeen-e-Tib ke Ausaaf, Tabeeb ke Farayz.

Hippocratic Oath: the text and its effect on latter centuries, Ethical Values of Medical Students, Ethical Duties of the Unani Physicians.

#### **Reference Books:**

S.No	Name of the book	Language	Author/Translator
1.			Ibn Abi Usaiba/CCRUM
	Uyunul Amba fil Tabqatul Atibba	Urdu	1011 7X01 USailow CCROW
2.			Kamal Samarrai
	Mukhtasar Tareekh ut Tibb Al	Arabic	
	Arabi		
3.		Urdu	T 11: 1/TT 1: A1 1 1 D :
	Tabaqat Al Atibba wa Al Hukma		Ibne Juljul/ Hakim Abdul Bari
4.		Urdu	
	Atibba aur unki Masihai		Mukhtar Ahmad Islahi
5.	Atibbo Abdo Mughliyo	Urdu	
	Atibba Ahde Mughliya		Kausar Chandpuri
6.		Urdu	Ghulam Jilani
	Tareekh al Atibba		
7.		Urdu	
			Wasim Ahmad Azmi
	Baitul Hikmat ki Tibbi Khidmat		

	Urdu	Hakim Altaf Ahmad Azmi
Tareekhe Tibb aur Atibba daure		
Mughliya		
	Urdu	
Tareekhe Tibb(Ibteda ta ahde		Sayyed Hassan Nigrami
Hazir)		
	Urdu	
Tareekhe Tibb wa Akhlaqiyat		Ashhar Qadeer
	Urdu	
Tareekhe Tibb wa Atibba Qadeem		Ali Haider Jafri
T'11 II . II .	Urdu	A 11 O 1
Tibbe Unani aur Hindustan		Ashhar Qadeer
Kulliyat e tibb ke Masadir-o-	Urdu	Raziul Islam Nadwi
Marajeh		
	Urdu	
Tibbi Sahaif		Ashhar Qadeer
Rumooz Al Atibba	Urdu	Mohammad Firozuddin
	Urdu	
Tareekh al Hukma		Jamaluddin Qifti
	Urdu	
		Maulvi Abdur Rehman
Qaroon wasta mein Musalmano ki		
Ilmi Khidmat		
Ahde Jahiliyat mein Arab Fanne	Urdu	
Tibb		Dr.Ghayasuddin
	Urdu	Agha Ashraf
Tareekhe Tibb		
	Urdu	Hakim Altaf Ahmad Azmi
Hindustan mein Tibb-e-Unani ka		
Aghaz wa Irtiqa		
	Tareekhe Tibb(Ibteda ta ahde Hazir)  Tareekhe Tibb wa Akhlaqiyat  Tareekhe Tibb wa Atibba Qadeem  Tibbe Unani aur Hindustan  Kulliyat e tibb ke Masadir-o-Marajeh  Tibbi Sahaif  Rumooz Al Atibba  Tareekh al Hukma  Qaroon wasta mein Musalmano ki Ilmi Khidmat  Ahde Jahiliyat mein Arab Fanne Tibb  Tareekhe Tibb  Hindustan mein Tibb-e-Unani ka	Tareekhe Tibb aur Atibba daure Mughliya  Urdu  Tareekhe Tibb(Ibteda ta ahde Hazir)  Urdu  Tareekhe Tibb wa Akhlaqiyat  Urdu  Tareekhe Tibb wa Atibba Qadeem  Tibbe Unani aur Hindustan  Kulliyat e tibb ke Masadir-o- Marajeh  Urdu  Tibbi Sahaif  Rumooz Al Atibba  Urdu  Tareekh al Hukma  Urdu  Qaroon wasta mein Musalmano ki Ilmi Khidmat  Ahde Jahiliyat mein Arab Fanne Tibb  Urdu  Tareekhe Tibb  Urdu  Hindustan mein Tibb-e-Unani ka

22.		Urdu	
	Hindustan ke Mashhoor Atibba		Hakim Hafiz Habibur Rahman
23.	Introduction to the History of	English	George Sarton
	Science		
24.	History of Unani System of	English	Altaf Ahmad Azmi
	Medicine		

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

Teaching and learning will be through classroom teaching (Lecture hours) and non-lecture activities which includes Symposium, Group discussion, Visit to library & museum, problem based learning, schematic diagram, Audio-visual demonstration etc to enhance the understanding of the subject.

#### Assessment methods and weightages in brief (4 to 5 sentences)

1. Theory-Internal Assessment: 25 Marks, End Semester Examination :75 Marks &Total Marks: 100.

# Course Code: UNIUG-TST (BUM202) Title of the course: Tahaffuzi wa Samaji Tib

L-T-P: Lectures 120 hours, Practical/Non lectures 180 hours (L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

**CLO-1 Recognise** the concept of preventive and social medicine as per the Unani literature and modern contexts. (Remember & Understand)

CLO-2Apply unani fundamental principles, skills as well as current medical knowledge, diagnostic tools and techniques for making diagnosis, treatment and prevention of diseases. (Apply)

**CLO-3Appraise** the preventive aspects of every type of diseases on the basis of Unani and modern concepts. (Analyse)

**CLO-4 INTERPRET** the use of modern tools and techniques for prevention of diseases and lifestyle modification. (Evaluate)

**CLO-5 Value** the importance for higher studies in the field of Tahaffuzi wa Samaji Tibb. (Evaluate)

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	1	2	3	2	2	3	1	3	3	3	2	2	1	1
CLO 2	3	3	3	2	3	2	3	2	2	3	3	2	2	2	1	1
CLO 3	2	3	2	3	3	2	3	2	2	2	3	2	2	1	1	2
CLO 4	3	2	2	3	2	2	2	3	2	2	3	3	2	1	1	1
CLO 5	2	2	2	2	3	3	2	2	3	2	2	2	2	1	1	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

#### Unit 1:20 hours

1-Tahaffuzi wa Samaji Tibb Definition, historical background, importance, aims and objectives 2. Sehat (Health) Definition, aims & objectives and guidelines for health, Detailed discussion of Asbaabe Sitta Zarooriyah (six essentials of life), classification of food including macro and micronutrients and balanced diet. 3. Marz (Disease) Definition and causes of disease with details. 4. Tabaee Mahaul (Physical Environment) Fizaae Mahaul (atmospheric environment), components of Tabaee Mahaul (physical environment) and its related factors. Factors affecting physical environment (Physical, chemical and biological causes). 5. Air Physical properties and composition. Natural and artificial method for purification of air, procedures for the prevention and control of diseases caused by air pollution and their preventive measures

#### Unit 2:20 hours

5. Air Physical properties and composition. Natural and artificial method for purification of air, procedures for the prevention and control of diseases caused by air pollution and their preventive measures 6. Water Sources and types of water, safe & wholesome water, examination of water, purification methods. 7. Environmental Pollution Definition and classification, causes, health effects and preventive measures of different types of pollution i.e. air pollution, water pollution and noise pollution. 8. *Masaakin wa Tahviya* (Housing and Ventilation) Need and importance, disadvantages of ill ventilated rooms, standards of ventilation, different types of ventilation (Natural and Artificial) 9. *Indifae Fuzlaat* (Disposal of Waste) Definition and types of waste, solid waste disposal, excreta disposal, municipal sewage disposal plant, biomedical waste disposal. 10. *Shakhsi Hifzane Sehat* (Personal Hygiene) Healthy habits, cleanliness, menstrual hygiene, Importance of *Ilaj Bit Tadbeer* in *Shakhshi Hifzane Sehat Dalak, Riyazat, Hammam* and bathing. Prevention of lifestyle diseases.

#### Unit 3:20 hours

Khandani Mansooba Bandi wa Zabte Tauleed (Family Planning and Birth Control) Definition, scope, types of birth control measures: temporary, permanent. 12. Taadiya (Infection) Definition, mode of spread, routes of entry of infection, reservoirs of infection and their carriers, classification, quarantine, Incubation period, isolation. Important vectors spreading the disease Concept of Waba and related terminologies. 13. Infectious Diseases Asbaabe Wa'sila wa Moidda (causative and predisposing factors), causes, sign and symptoms, differential diagnosis, Muddate Hizanat (incubation period), Muddate Tadiya (infective period) and methods of Tahaffuz (prevention) of following diseases: a. Humeqa (Chickenpox) b. Khasra (Measles) c. Judri (Small Pox) d. Warme Aslul uzn (Mumps) e. Influenza, Swine Flu, Bird Flu f. SARS g. Chickengunia h. Shaheega (Pertussis) i. Khunnag (Diphtheria) j. Dig (Tuberculosis) k. Haiza (Cholera) l. Deedane Amaa (Helminthiasis) m. Hummae Taifoodiya (Typhoid Fever) n. Hummae Ijamia (Malaria) o. Hummae Asfar (Yellow Fever) p. Khaarish q. Hummae Danj (Dengue Fever) r. Ta'oon (Plague) s. Kala Azar t. Daul Kalb (Rabies) u. Kuzaaz (Tetanus) v. Juzaam (Leprosy) w. Daul feel (Filariasis) x. Falije Atfaal (Poliomyelitis) y. Jamra (Anthrax) z. AIDS aa. Iltihaabe Kabid (Hepatitis) 14. Manaat and Amale Talgeeh (Immunity and Vaccination) Immunity: Definition, classification and importance of immunity

#### Unit 4: 30 hours

15. Amale Talqeeh (Vaccination) Definition, types of Vaccines, advantages and disadvantages of vaccines, Naqshae Tamnee (Immunization Schedule), Amale Tamnee ke muzir asraat (adverse

effects of Immunization) 16. Amale Tatheer (Sterilization) Definition, importance & necessity, latest methods, natural, physical & chemical. Information about various Istilahaat (terminology) like deodorant, antiseptic, pesticides, insecticides, germicides and detergents etc. 17. Dafae Ta'affun (Disinfectant) Sources, methods of disinfection and their indications. 18. San'atee Tib Definition and importance of occupational health, occupational diseases and hazards and their preventive measures. 19. Sehati Tanzimat (Health Organizations) • National health organizations • Aalami Sehati Tanzeemaat (International Health Organizations) World Health Organization (WHO), United Nations International Children Emergency Funds (UNICEF), Food and Agricultural Organization (FAO).

#### Unit 5:30 hours

20. Nigehdasht Mashaikh (Geriatrics) Problems of old aged people viz. financial, mental, physical, social and psychological. Tadabeer-e-Mashaikh (diet, exercise, massage etc.). 21. Sehate Aamma (Public Health) Tash'heer (notification), methods of propaganda of public health issues and its importance, school health services. Healthcare at village level, preventive measures and cleanliness in fairs and festivals and prevention of epidemic diseases. 22. Tibbi Indirajat (Demography) Mardum Shumari (census and registration system), Sharahe Paida'ish (birth rate) and Sharahe Amwaat (death rate) etc. basic medical statistics, including central tendencies. 23. Sehati Programmes (Health Programmes) Primary Health Centers (PHC) Various Health programs run by Govt. of India, healthcare delivery system of India.

#### **Reference Books:**

- 1. Ibne Sina (1992), Al Qanoon fil Tibb, Jamia Hamdard, New Delhi.
- 2. K.Park(2021),Parks textbook of Preventive and Social Medicine(PSM),26 Edition,Banarsidas Bhanot,Jabalpur.
- 3. Hakeem Mohd Kabiruddin (1934), Kulliyat e-Nafisi, Idara Kitab ul Shifa, New Delhi
- 4. Syed Kamaluddin Husain Hamdani(2015),Usool e-Tibb,Qaumi Council baraye Farogh e Urdu Zaban
- 5. B.Sridhar Rao(2018), Principles of Community Medicine, 6th Edition, Aitbs Publishers

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- A Holistic approach to healthcare by transforming Tahaffuzi wa Samaji Tibb as a scientific evidence based medicine excelling in Unani education, health care and Research in India and abroad.
- 2. Apply modern teaching tools to students for transforming course easy and interesting

3. Outreach programmes such as mobile hospital etc.

#### Assessment methods and weightages in brief (4 to 5 sentences)

- 1-Creation of the own questionnaire
- 2-Selected Response
- 3-Extended Written response
- 4-Performance Assessments
- 5-Perssonal communication

Weightage will be according to the NCISM guidelines.

**Communication Skills** does not come under NCISM and It is taught under UGC guidelines.

Course Code: ... UNIUG-MA (BUM204 A&B)

**Title of the Course:** *Mahiyatul Amraz* (**I&II**)

I/A: Mahiyatul Amraz Umoomi wa Ilmul Jaraseem (General pathology and Microbiology)

II/**B**-*Mahiyatul Amraz Nizami*(Systemic Pathology)

L-T-P...L=160, (6.4 Hours per Unit per week) P=260.

TOTAL =420.

(L=Lecture hours, T=Tutorial hours, P=Practical

#### COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)

After completing this Course, the students should be able to ......

CLO-11 Explain **understand** the basic nature, epidemiology, structural and functional abnormalities of diseases as per the Unani medicine and modern contexts

CLO-2 **Apply** unani fundamental principles, skills as well as current medical knowledge, diagnostic tools and techniques for diagnosing, staging and prevention of diseases

CLO-3 Analyze and assess the pathogenesis, classification, clinical and histopathological manifestations of diseases of various body systems of diseases on the basis of Unani and modern concepts

CLO-4 **Develop** the passion for higher studies of in the field of pathology.

CLO-5Utilize the practical pathological knowledge to properly order and interpret hematologic and coagulation, urine tests, including CBC's, BT,CT, LFT's, KFT's PT's, for the proper diagnosis and effective treatment of patients with hematologic, bleeding, and thrombotic disorders

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL 0 1	PL O 2	PL 0 3	PL O 4	PL O 5	PL O 6	PL 0 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PS 0 4
CL 01	3	3	3	3	3	2	3	2	2	2	2	2	3	2	2	2
CL O2	2	3	2	2	3	2	2	1	2	3	1	2	3	2	2	3
<b>CL O3</b>	3	3	3	2	2	2	2	2	2	2	3	2	3	2	2	3
CL O4	1	2	2	2	2	2	2	2	2	2	3	2	3	2	1	3
CL O5	2	2	3	3	2	2	2	3	1	2	2	1	2	3	2	2

# **Detailed Syllabus:**

# Paper I: (100 MARKS ) (MAHIYATUL AMRAZ UMOOMI WA ILMUL JARASEEM)

(General Pathology and Microbiology)

#### **THEORY**

- I. IlmulAhwal
- II. IlmulAsbab

#### **UNIT I-ILMUL AHWAL (6.4 Hours)**

(A)

- a) Definition of Sabab, Marz & Arz
- b) Ahwale Badan, Sehat, Marz, HaalateSalisa
- c) Ajnase Amraaz: Amraaze Mufradah and AmraazeMurakkabah
  - i. Amraaze Mufradah: Soo-e-Mizaj , Soo-e-Tarkeeb , Tafarruq Ittesal,
  - ii. Amraaze Murakkabah: Definition & classification of Auram aur uskiagsaam.

(B)

- Zarbe Khaliya (Cellular Injury): Fasadat & Saraiyat Nakhr (Necrosis),
   Infarction, Ghangharana(Gangrene),
- · *Tatabuq* (Adaptation): *Zamoor* (Atrophy), *Tazakhkhum* (Hypertrophy), Metaplasia, Hyperplasia.
- c) *Iltihab* (Inflammation), *Indemal* (Healing and Repair),
- · FasadeKhoon andFasadeDawraneKhoon (Blood &circulatory disorders Faqruddam aur Aqsam (Anaemia & types), Abyazud dam (Leukaemia &types),

Nazaffudam (Haemorrhage), Salabate Shiryani (Arteriosclerosis), Aqdi Salabate Shiryani (Atherosclerosis), akhashuruddam (Thrombosis), Tasadududdam (Embolism), aflasuddam (Ischaemia)

- e) Fasade Rutubate Badan (Fluid and Electrolyte Imbalance):
  Qillate Rutubat (Dehydration), Tahabbuj (Oedema), Sadma (Shock),
- f) Mana'at (Immunity) and AIDS.
- g) Salaat (Neoplasm) ka ajmali bayan (General description)

#### **UNIT II-ILMUL ASBAB (6.4 Hours)**

#### Asbabe Kulli:

Asbabe Badia, Asbabe Sabiga, Asbabe Wasila, Ta'dia, Unani main tadiya ka tassavur.

- 1-Definition & classification of Asbab
- 2-Asbabe Badan:
- O Asbabe Maddiyah Asbabe Suriyah I AsbabeFailad) Asbabe Tamyah

- Asbabe Sehat waMarz
- (b) AsbabeSabeqah sabe Badiyah I AsbabeWasilah
- 4. Asbabe Zarooriyah
- (e)Asbabe GhairZarooriyah
- (f)AsbabeMohafizah
- 7. AsbabeMughiyyarah
- 8. AsbabeMukhallifah
- (i) Asbabe Ghair Mukhallifah
- (j) Musakhinat, Mubaridat, Mujafiffat
- (k) MufsidateShakl
- 4-UmoomiAsbab:
  - (c)AsbabeWarm
- o Asbabe

*Tararruqe* 

Ittisal I

*AsbabeQarah* 

- (d) Asbabe MufsadaateShakal
- (e) Asbabe Suddah aur Zeeqe Majari
- (f) Asbabe Ittisae Majari
- (g) AsbabeKhushunat
- (h) AsbabeMalasat
- (i)Asbabe Khula
- (j) Asbabe Sue Tarkeeb
- (k) AsbabeWaja
- (1)Asbabe TaskeeneWaja
- (m)Asbabe TaskeeneWaja
- (n) Asbabe Tukhma waImtila
- (O) Asbabe Ihtibaas waIstifraagh
- (p) Asbabe Zo'feAaza

# UNIT III- Ilmul Alamaat: (6.4Hours)

Alamaat ke Umoomi Tazkira, Alamaat Fariqa, Alamaate Imtla, Ghal'bae Akhlat ke

Alamaat, Alamaate Amzaja, Alamaate Sauda wa Warm , Alamaate Tafarruqe Ittisal, Alamaate Riyaah, Waja aur is kesme

# 4 ILMUL JARASEEM (MICROBIOLOGY): (6.4 Hours)

Aqsaame Jarasim (Classification of Micro-organism), Qluwin (Staining), Jarasimi Af aal (Microbial Activity), Antigen, Ajsam Ziddia (Anti –Bodies), their reaction, Jarasimi Sammiyat (Toxins),

# 5 General Description of following bacteria: (6.4 Hours)

Gram Positive Bacteria (Cocci & Bacilli) such as Staphylococcus, Streptococcus,

Pneumococcus, Clostridium Tetani, Mycobacterium Tuberculosis & M.Leprae.

Gram Negative Bacteria (Cocci & Bacilli) such as Neisseria Meningitide sand N. Gonococci,

Salmonella, E. Coli, Shigella, Vibrio Cholera

Spirochete: TreponemaPallidum

*Tufailiyat* (parasites), fungi and Virus ka Ajmali Bayan (General description).

#### PAPERII (100 MARKS)

#### (MAHIYATUL AMRAZ NIZAMI)

(Systemic Pathology)

#### Unit 1: Amraaz Qalb wa Urooq (Disease of the Heart & BloodVessels): (6.4Hours)

Insidad Shiryan Iklili (Coronary Occlusion), Iltihab Batana Qalb (Endocarditis), Izamul Qalb (Hypertrophy of the Heart), Amraaz Azlaate Qalb (Cardiomyopathies), Fisharuddam (Hypertension), Salaabate Shiriyan (Artereosclerosis), Anurisma (Aneurysm), Amraz Samamate Qalb (Valvular Heart Diseases), Pericarditis (Iltihabe ghilaful-qalb

#### Unit 2: Amraaz Nizam Tanaffus (Diseases of RespiratorySystem): (6.4Hours)

Iltihabe Shobi (Bronchitis), Zaturriyah (Pneumonia), Zatul Janb (Pleurisy), Tadarrum Revi (Pulmonary Tuberculosis), Zeequn Nafas (Asthama), Nafkhturriyaya (Emphysema), Ittisae Shoeb (Bronchietasi)

#### Unit 3: 1-Amraaze Meda wa Am'a (Gastro –IntestinalDiseases): (6.4Hours)

*Qrahae Medi wa Asna Ashree* (Gastric & Duodenal Ulcer), *Hummae Mevi* (Enteric Fever), *Ilithab Zayada Aawar* (Appendicitis), Zaheer (Dysentery), *Warme Meda* (Gastritis), *Qurooh-e-Qoloon* (Ulcerative Colitis).

# 2-Amraaze Kabid wa Mirarh (Diseases of Hepato –BillarySystem): (6.4Hours)

Itihabe Kabid (Hepatitis), Talayyaful Kabid (Cirrhosis of Liver), Yarquan (Jaundice), Dubailatul Kabid (Liver Abscess), Iltihabe Mirara (Cholecystitis), Hisate Mirara (Cholelithiasis).

#### 3- Amraaze Bangaras (Diseases of Pancreas):

Ziabatus Shakri (Diabetes Mellitus), *Iltihabe Bangaras* (Pancreas)

Unit 4: Amraaze Kilia wa Masana (Diseases of Kidney & UrinaryBladder): (6.4Hours)

Glomerulonephritis, *Iltihabe Hauzul Kilia* (Pyelonephritis), *Hisat Kilia wa Masana* (Renal & Cystic Stones), *Iltihabe Masana* (Cyststitis)

Unit 5: Amraaze Dimagh (CerebralDiseases): (6.4Hours)

Iltihabe Aghshia (Meningitis), Encephalitis, Jiryanuddam Dimaghi (Cerebral Haemorrhage)

#### JUZE AMALI (PRACTICALS)

- O *Qaroora ka Mufasal Imtihan*: physical, chemical and microscopic examination of urine.
- O **Baraz ka mukammal Imtihan:** physical, chemical and microscopic examination ofstool.
- O Khoon ka mukammal Imtihan: Haematology, Biochemistry andserology
- O Balgham ka imtihan: Sputumexamination
- O Mada manviya ka Imtihan: Semen analysis

#### Histopathological slides kaimtihan

#### **Reference Books:**

- 1. Robbins Basic Pathology First South Asia Edition.(2018), Relex India Book Pvt Ltd.
- 2. Text Book Of Pathology.8<sup>th</sup> Edition,2019, Jay Pee Brothers Medical Publishers.23/23B Ansari Road Daryaganj, New Delhi.
- 3. Praful B.Godkar Darshan P, Godkar, "Textbook of Medical Laboratory Technology".2<sup>nd</sup> Edition.2004, Bhalani Publishing House, 11 Mavawala Building ,opposite KEM Hospital, Parel Mumbai.pg-787-1025.
- 4. RNM MacSween, K Whaley:"Muir's textbook of Pathology", 13<sup>th</sup> Edition, Arnold London, co published by Oxford university Press, Inc, 198 Madison Avenue New York.
- 5. Walter & Israel General Pathology.7<sup>th</sup> Edition, 1996, Churchill Livingstone, Medical Division of Pearson Professional Limited.

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

Pathology is the essential subject of medical and other allied professions. This subject enables the students to know the basic nature with structural and functional abnormalities in various types of diseases. Students are taught with an approach that takes into account the diverse educational backgrounds of the students. Core educational contents like books and lectures both offline and online, group-discussions, classroom interactions open-ended study

# Course Code: **BUM203** Title of the Course: ...**Ilmul Advia** (**Unani Pharmacology**)

L-T-P...4-(L),2 (P).

(L=Lecture hours, T/Tutorial hours-200 hours, P=Practical-100 hours)

PSO-1 To understand the fundamental structure, functions and disease mechanism in human body.

PSO-2 To use the knowledge for making of diagnosis and management of diseases.

PSO-3 To make single and compound drug formulations and use them in treatment of various diseases.

PSO-4 To use different treatment modalities for disease management.

### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to..

- CLO-1: Inculcate in-depth knowledge about crude forms of drugs and ability to identify them with their physical and organoleptic properties.
- CLO-2 Ability to analyze the utility of various drugs and medicines for their practical application in various diseases and disorders.
- CLO-3 Capacity to understand and analyze the authentic from an adulterated form of drugs and its impact on human body's physiology.
- CLO-4: Demonstrate importance of pharmacokinetics and pharmacodynamics of drugs in relation to its administration, adverse effects, effective and lethal dose etc.
- CLO-5: To generate enthusiasm for higher and multidisciplinary research for intellectual growth of individual and the community as a whole.

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PL O 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL O 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	1	1	2	2	3	3	3	3	2	3	-3	2	1	2
CLO 2	3	3	3	3	3	2	3	2	2	2	3	3	3	2	1	2
CLO 3	2	3	3	3	3	2	2	2	2	3	3	3	2	2-	1	1
CLO 4	2	3	3	2	2	3	2	3	2	2	3	3		3-	2	1
CLO 5	3	3	3	3	3	3	3	3	3	3	3	3		2	2	1-

**Detailed Syllabus:ILMUL ADVIA** 

Paper-I (KULLIYATE ADVIA)

**THEORY** 

UNIT-1 20 hours

- 1. Usoole Shanakht Advia(Principles of Identification of drugs) {Pharmacognosy}
- (i) Makhaz e Advia (Sources of drugs)
- (ii) Wasful aqaqir ke aitbaar se mufrad dawaon ki darjabandi (Classification of single drugs according to Pharmacognosy)
- (iii) Morphological characters of Unani medicinal plants
- (iv) Taxonomical classification of Unani single drugs

#### **UNIT-220 hours**

- 1. Dawa, Ghiza, and Zulkhassa: Ta'reef, aksam aur ahmiyat (Dawa, Ghiza, and Zulkhassa: Definition, types and importance)Mizaje Advia: Ta'reef, aksam aur ahmiyat (Mizaje Advia: Definition, types and Importance)
- 2. Sammi Advia wa Tiryaq : Samm-e-mutlaq , Samoom , fad zehar (Poisonous drugs and Antidotes)
- 3. *Badni istalah par Advia Ka T'aseer*: Mufradul Quwa ,Murakkabul Quwa wagairah (Effects of drugs on metabolism: Mufradul Quwa ,Murakkabul Quwa etc.)
- 4. Advia ki Ajza'e tarkeebi, Ajza'e mo'esira: Alkaloids, Glycosides aur roghaniyat

  (Composition of drugs: Active and non-active constituent- Alkaloids, Glycosides, oils, tannins, saponins, gums, resins, mucilage, phenolic compounds, flavinoids).
- 5. Advia ki tabai khusosiyat (Physical properties of drugs)

#### **UNIT-320 hours**

- 1. *Gair Maa'ruf Advia ki maloomat ke zaraye'*(Principals and methods of assessing the action of unknown drugs)
- 2. Qiyas wa tajurba (Analogy and experimentation)
- 3. Mukhtalif nizame jismani par Unani Advia mufradat ke asrat (Action of Unani single drugs on various systems of the body)
- 4. Ashkale Advia (Different dosage forms)
- 5. *Masalike Advia* (Routes of administration of drugs)
- 6. *Hasul, Tahaffuz wa amare Advia* (Collection, storage, preservation and shelf life of drugs)

#### **Unit-420 hours**

- 1. *Muzir aur Musileh* (Adverse effects of drugs and their correctives, and scope of pharmocovigilance in Unani medicine)
- 2. Abdale Advia (Substitution of drugs)
- 3. *Tanakuz e Advia* (Drug antagonism)

4. *Usoole tarkeebe Advia, ahmiyat wa zaroorat* (Drug compounding: Principles and importance)

#### **UNIT-520 hours**

- 1. *Istelahat e Advia ba Atbare Taseer wa Nauyiate Amal*(terminologies with respect to the effects and actions of drugs):
  - · Aasir, Akkal, Hakkak
  - · Dafae Taffun, Dafae Huma, Dafe Tashannuj Dabiq
  - · Ghassal , Jali, Haliq, Habis
  - Jazib, Kavi, Kasire Riyah, Lazie, Lazij, Khatim
  - · Muarriq, Moaddil, Moattis, Mufajjir, Muhallil,
  - · Mohammir, Muallide Dam, Muallide Mani, Mubahi
  - · Mubarrid, Mudammil, Mudire Baul, Mudir-e-Tamas, Mudire Laban
  - Mufareh, Mufatteh, Mufateete Hisat, Mughalliz, Mughazzi
  - · Murakhi Dorane Khoon, Murakh, Muharriqe Aasab, Dimagh wa Qalb
  - · Mujaffif, Munjamid, Mukhaddir, Mukhashin, Mukhrije Janeen wa Masheema
  - · Mulattif, Mulaiyyan, Mulazziz, Mumsik, Munaqqi, Munawwim,
  - · Munbate Shair, Munzij, Muqawwi, Muqawwi Aamma
  - · Muqawwiyate makhsoosa, Muarikh ,Murratib, Mushil,Musaddai
  - Musaddid, Musaffi Dam, Musakkin, Musakkine Alam, Musammin e Badan
  - Moutish, Muzayeek, Mulattif, Muhayyej
  - · Mushtahi, Muzayyede Laban, Muzliq, Nasif, Qabiz, Qateh, Qatil- Deedan Ammae,
    Radae

#### PAPER II (ADVIA MUFRADAH)

#### THEORY

Darjazail Advia ki shinakhat, Makhaz, hasul, mizaj, afa'l, Mua'ka wa tareeka istema'al, miqdar khurak Mudate taseer, Muzir Asrat, Musleh wa jadeed tahkikat.

(Identification, source, collection, *mizaj*, actions, therapeutic uses, methods of usage, dose, shelf life, adverse effects, corrective measures and recent research information of following single drugs).

#### Part A: Advia Nabatiya (Plant origin drugs)

50 hours

Abhal, Atees, Azaraqi, Adusa, Aspand, Aspaghol, Afiun, Asgandh, Asaroon, Asrol,
 Aftimoon, Afsanteen, Anjeer, Atrilaal, Akleelul Mulk, Aloo Bukhara, Aloo Baloo,

- Amla, Anar, Anjabar, Anisoon, Aslosus,
- b) Babchi, Badaward, Baboona, Badam, Badranjboya, Bartang, Babool, Barhamdandi, Baranjasif, Bazrulbang, Bisfaij, Biskhapra, Baladur, Balela, Banafsha, Buzidan, Bahman safaid, Bahman surkh, Behi dana, Bahroza, Bedanjeer, Bed mushk, Belgiri, Barahmi,

#### Beesh

- c) Persiyaoshan, Palas papda, Panbadana, Podina
- d) Talmakhana, Tukhme Balanga, Turanj, Turb, Tamar Hindi, Toot, Tudri safaid wa siyah, Taj, Tubud
- e) Salab misri
- f) Javitri, Jozbua, Jamun, Jadwar, Juntiyana, Jawakhar, Jauz maasil
- g) Chaksu, Chiraita, Chob chini, Chob zard
- h) Habbul Aas, Habbus Salateen, Habbul qurtum, Habbul qilt, Habbul ghar, Hilteet, Hulba, Hanzal. Hina
- i) Khaksi, Khatmi, Khubbazi, Khapaza, Khurfa, Kharbaq, Khulanjan, Khayarain, Khyar shambar, Khare khashak, Kahoo, Karfis
- j) Dar hald, Dare filfil, Dar chini, Durmina Turki, Duroonaj Agrabi, Dammul akhwain
- k) Ral Safaid, Rasut, Reetha, Rehan, Rewand chini
- l) Zarawand, Zarishk, Zaranbad, Zafaran, Zanjbeel, Zufa, Zaitoon, Zeera safed, Zeera siah, Zarnab,
- m) Sazij Hindi, Sapistan, Satawar, Suddab, Sarphoka, Sad Kufi, Saqmoonia, Sumbulut tib, Suranjan shireen, Suranjan Talkh, SadaBahar, Sahajana
- n) Shahatra, Shuqaee, Shuneez, Sheetraj Hindi
- o) Satar Farsi, Samaghe Arabi, Sandal Surkh wa safaid, Samaghe Kateera,
- p) Tabasheer
- q) Aqarqarha, Ushba, Unnab, Ood saleeb, Ood gharqi
- r) Ghariqoon, Ghafis
- s) Farfiun, Faranjmushk, Fifil Daraz, Fifil Siyah, Filfil safed
- t) Qaranful, Qinnab (bhang)
- u) Kat safed, Kateera, Kasni, Kafoor, Kakra Singhi, Kaifal, Kabab Chini, Kababah khandan, Kataan, Kasoos, Karanjawa, Kasondi, Kishneez, Kamela, Kundur, Kanghi, Kanocha, Kewda
- v) Gajar, Gaozaban, Gilo, Gule Surkh, Gule Gurhal, Gule Tesu
- w) Loban, Lodh pathani, Lahsun
- x) Mayeen Khurd wa Kalan, Malkangani, Mazoo, Marzanjosh, Mastagi,

Muqil, Mako, Mundi, Maveez Najeel Daryaee, Nilofer, Neem, Nankhawah Vaj, Halelajat, Haliyun, Heel Khurd, Heel Kalan Part B: Advia Maadaniya (Mineral Origin Drugs) 10 hours Abrak Safaid wa Siyah, Tinkar, Hazrjrul Yahud Khusul hadeed, Zangar, Zaharmohra. Safeda kashghari, Sumaq, Sammul far, Sang Jarahat Shibb-e-Yamani, Shingraf, Shora Qalmi Tila, Faulad, Kibreet Gil Armani, Gile Surkh, Gau Danti Murdar, Sang, Nuqra Namakiyat, Hartal, Hirakasis Part C: Advia Haiwaniya (Animal Origin Drugs) 10 hours Abresham, Baiza Murgh, Beer Bahuti, Jund bedastar Kharateen, Kharmohra, Reg mahi, Sartan, Sange Saremahi, Saresham Mahi, Sadaf Asal, Ambar, Ambar ashab, Kafe dariya Qaranul Aiyal, Luk-e-maghsool, Marjan, Mom, Marvareed 30 hours Part D: Advia Jadeeda (Modern Drugs) Pharmacological Terminologies: Definition, Scope & Branches Routes of drug administration Introduction to Pharmacokinetics: Drug absorption, Drug metabolism, Excretion of drugs, plasma half life and doses. Introduction to Pharmacodynamics: Non Receptors and Receptor mechanism **Drug Modifying factors** Antiseptics and Disinfectants Introduction to Pharmacological actions, therapeutic uses, absorption, fate and excretion, doses and adverse effects of the following drugs: Analgesics: Narcotic and Non-narcotic analgesics, anti-inflammatory and antipyretics. Sedatives: hypnotics and tranquilizers. Anesthetics: Local, Spinal and General Antibiotics: Definition & Classification

Chemotherapeutic Agents: Sulphonamides, tetracyclines, Penicillin, chlorophenicol and

y)

z)

a)

b)

c)

d)

e) f)

g) h)

a)

b)

c)

d)

e)

a) b)

c)

d)

e)

f)

g)

h)

i)

<u>i</u>) k)

1)

Amnioglycosidal Drugs

- m) Antiprotozoals, Antivirals, Anthelmintic, Antifungal drugs
- n) Hormones: Insulin and Thyroid hormones
- o) Contraceptives
- p) I.V.Fluids
- q) Oral Hypoglyceamic Drugs
- r) Antihypertensive Drugs

#### PRACTICAL 100 hours

- Shanakht Advia: Demonstration of all Unani drugs prescribed in syllabus.
- Preparing of Herbarium sheets/record book.
- Demonstration of slides of plant (leaf, root and stem) (monocot/dicot, venations, stomatal index etc.)

#### **Reference Books:**

- Razi, A.M.Z, (1980) "Kitabul Abdal" C.C.R.U.M, New Delhi.
- Razi, A.M.Z. (1997) "Kitabul Hawi", Vol.Xth, Central Council for Research in Unani Medicine(CCRUM), Ministry of Health and Family Welfare, Govt. of India, New Delhi.
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- Rehman, S.Z., (1991). Kitabul Murakkabat, Publications division, Muslim University, Aligarh.
- Jurjani, M.H. (1903) "Zakheera Khawarzam Shahi" (Urdu Translated by Hakim Hadi Hussain Khan), Munshi Nawal Kishore, Lucknow.
- Kabeeruddin, M., (1995). Bayaz-e-Kabeer, Vol. II, Hafiz Shoukat Book Depot, Gujarat.
- Kabiruddin, H. (1951) "Ilajul Amraz" Sheikh Mohammad Bashir & Sons, Lahore, Pakistan.
- Kabiruddin, H. (1951) "Makhzanul Mufradat" Sheikh Mohammad Bashir & Sons, Lahore, Pakistan.
- Ibn-e-Baitar (1999) "Aljamiul Mufradat Al Advia Wal Aghzia" (Urdu), CCRUM, New Delhi, Vol.III.
- Ibn-e-Rushd, A.W.M.B. (1987) "Kitabul Kulliyat" (urdu translation), CCRUM, Delhi.
- Ibn-e-Sina (1927) "Alqanoon Fit Tibb" (urdu translation by Ghulam Hasnain Kantoori) Sheikh Mohammad Bashiir & sons, Lahore, Vol.II.
- Ibn-e-Zohar, A.M. (1986) "Kitab al Taisir Fil Mudawat wa Tadabeer" (Urdu Translation by CCRUM, Ministry of Health and Family Welfare, Govt. of India.
- Khan, A, (1303) H "Muheetul Azam" Dar matba nizami waqah Kanpur.
- Khan, A, (1992) H "Qarabadeen Azam" Ajaz publicating House daryagunj New delhi

- Khan, H.A. (1996) "Qarabadeen-e-Azam" (Urdu translation by Molvi Azmat Ali), Aijaz Publishing House.
- Khan, H.A. (2000) "Haziq" Beeswein Sadi Publications (Pvt) Ltd, New Delhi.
- Khan, M.A. (1940) "Ikseer-e Azam" (Urdu translation by Kabiruddin), Tibbi Compony, Rawalpindi, Pakistan.
- Anonymous, 1987, Standardization of Single Drugs of Unani Medicine, CCRUM, New Delhi.
- Anonymous, 2010, NFUM, Ministry of Health and Family Welfare, Dept of AYUSH, New Delhi.
- Farha et al 2005, Classification of Unani Drugs, Maktaba Eshaatul Quran', Delhi.
- Kritikar, K.R. Basu, B.D. 1993, Indiaan Medicinal Plants,2nd Edition, International Book Distributions, Rajpur road, Dehradun, India.
- Nadkarni, 2000, The Indian Materia Medica, Bombay, Popular Prakashan, Pvt.Ltd, Bombay
- K.D Tripathi. Essentials of Medical Pharmacology, JAYPEE Brothers Medical Publishers (P) Ltd, New Delhi.
- Katzung BD, Masters SB, Trevor AJ, basic and Clinical Pharmacology, Tata Mc Graw Hill
- Sharma HL, Sharma KK. Principles of Pharmacology, Paras Medical Publisher

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Practical demonstration of crude drugs and plants by visiting Herbal Garden.
- Open question and answers sessions from student and from teachers.
- Interactive sessions and group discussions among students with faculties.
- Sessionals and tests on regular basis to identify the understanding among students

#### Assessment methods and weightages in brief (4 to 5 sentences)

- 1. Final exams are of 100 marks.
- 2. Internal sessionals will be for 25 marks and final term will be of for 75 marks.
- 3. Three sessionals would be conducted and best two will be counted

Course Code: BUM 302 Title of the Course: ILMUL SAIDLA

L-T-P :T= 70Hrs..14Hrs/unit, **P-6.66 Hours/week** 

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1: Understand fundamentals of Unani Pharmacy along with modern advancements of pharmaceutical industry.
- CLO-2: Interpret the classical and modern pharmaceutical processes.
- CLO-3: Identify, procure, store and dispense Unani *mufrad* as well as *murakkab* drugs
- CLO-4: Usage of *Kushta* and other potent drugs safely in patients.
- CLO-5: Prepare quality formulations (small scale) for their own patients in clinical setups.
- CLO-6: Supervise manufacturing sections of *Unani* pharmaceutical industry
- CLO-7: Follow the rules and regulations Juristically, related to drugs and cosmetics.
- CLO-8: Design and develop new dosage forms and redesigning of the existing classical dosage forms.

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL	PS	PS	PS	PS											
	O	О	О	О	O	О	О	O	O	О	О	O	О	О	O	O
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4
CL	3	2	1	2	2	1	1	3	3	1	1	2	1	2	3	2
01												1				
CL	3	2	1	2	2	1	1	3	3	1	1	2	1	2	3	1
<b>O2</b>												2				
CL	3	2	1	2	3	1	1	2	1	2	1	2	1	1	3	2

О3																
CL O4	3	3	1	3	3	1	2	2	1	2	1	3	1	2	3	2
CL O5	3	3	2	3	3	2	2	3	2	2	2	3	2	1	3	2
CL O6	3	2	1	3	3	3	3	3	2	2	1	3	1	2	2	2
CL O7	2	2	1	2	2	2	2	2	1	3	3	3	1	2	2	3
CL O8	3	3	3	3	3	2	2	3	2	2	2	3	2	1	3	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

Unit 1: (14 Hours)

- Saidla ki tareef, darjabandi, ahmiyat aur tareekhi pashmanzar
   (Definition of Pharmacy, its classification, short history and chronological development of pharmacy.)
- 2. **Hindustani Qarabadin ke Khusoosi hawala se Unani tibbi** , Quomi Qarabadin ka **ta'aruf.**

(Introduction to Unani Pharmacopoeias (Qarabadin), National Formulary with special reference to the Indian Pharmacopoeia).

- Awzan-e-Advia: jadeed wa qadeem auzan wa paimane
   (Introduction of ancient and contemporary system of Auzan-e-Advia {Unit of measurement).
- 4. **Mufrad wa murakkab dawao** ke husool, Zakheera andozi, tahaffuz aur tanzeem ke usool wa qwaneen, naiz aml tajfeef, iski aksam, aalat tajfeef, **A'amar e** Advia.

(Brief introduction about collection, storage of simple and compound drugs ,preservation and management for pharmacy stores. Drying: (Different types of Dryer), shelf life of Unani drugs.)

#### 5. Aamale Dawasazi, istalahat wa askale Advia ka ijmali bayan :

(Brief description and application of technical terminologies and different Unani dosage forms)

Taqtee, Daq wa Raz, Bard, Tahmees, Tadheen, Tashwia, Tarveeq, Tajfeef, Tajveef, Tabalwur, Tabkheer, Tarseeb, Tarsheeh, Tasyeed, Ihraq, Taklees, Taqsheer, Dhannab, Tahbeeb, Tasweel, Tabakh, Irgha. Tadbeere Advia, Joshanda, Kheshanda aur zulal.

Unit 2: (14 Hours)

- 6. **Safoof** (Powder):
- Mukhtalif chhalniyo ke tawassut se **safoof ki darzbandi** (Size Reduction Standards of sieves, powder gradation.)
- **Tahbib** (Granules): tareeka e tahbib (Methods of granulation)
- Darjazail Advia ki **safoofsazi** (Powdering of the following drugs) : Aarad

Kurma, Ushuq, Muqil, Afiyoon, Rasaut, Mastagi, Abresham, Magziat, Zafran, Hajariyat, Sadaf, Marwareed, Sange Jarahat.

- 7. **Ba'az dawao ki tareeka tayyari k makhsoos aamal:** (Preparatory Methods of certain drugs
- Amle tarweeq (specific separation technique): Barge make sabz, Barge kasnisabz
- Amle Tasfia (Clarification/purification): Salajeet, Shahad, Kharateen
- Amle Tasyeed (Sublimation) : Sammulfar, Gandhak, Kafoor
- Amle Iqla (Prepartion of Lexiviation/salt): Chirchita, Mooli, Jau
  - 8. Unani dawao ki tarkeeb tayyari mein GMP ka Ta'ruf wa intebaq

(Brief description of Good Manufacturing Practices (GMP) in the manufacturing of Unani Drugs)

9. Drug wa Cosmetic Act ka ta'aruf

(Introduction to Drugs & cosmetics Act.)

10. Akras wa Haboob (Tablets & Pills making process):

ta'reef, mukhtalif aksam wa khusiyat, tareeka tayyari k aamal makhsoosa, mukhjtalif rabtajat, inki khamiya, nakayis mukhtalif dyes, gilaf qurs wa hab.

(Definition, Different kinds of tablets and their application, Process involved in the production of tablets; Tablets excipients, Defects in tablets. Different dyes, Tablet coating)

Unit 3: (14 Hours)

11. Usaara

(Extraction):tareeka e ta'aseer, rub, sat(Various methods of Extraction).

12. **Tatheer** aur iski aksam

(Sterilization – Concept, types & Significance in relation to Unani Drugs.)

13. Amal-e-T'areeq or iske riwayati wa jadeed

tarike(Distillation: conventional and modern methods)

14. Darjazail ashkhase Advia ki aksam, tarteebe ajza wa tarkeeb

tayvari (Types, formulation, manufacturing procedures of ):

- Marham (Ointments)
- Creams
- Pastes
- Gels
  - 15. **Advia ki baham aamejish wa yaksaniyat** safoof, sayyal, neem jamid dawai ajza kibaham aamezish

(Mixing and Homogenisation of Liquid, powders and semisolid ingredients)

Unit 4: (14 Hours)

16. Tasfia or iske mukhtalif zara'e

(Filtration- Theory of filtration, different filter media)

17. **Ba'az makhsoos Advia ke asli or mayari hone ki shinakhat** or inki khususiyat kjaanchne ke tareeke (Methods for identification, determination of quality and purity of certain drugs): mushk, amber, zafran, Shahad, roghan badam, Roghan Zaitoon, Roghan Kalonji, marwareed)

# 18. Mukhtalif murakkabat me istemal hone wale qiwam ki tarkeeb, tayyari or rivayati

# jadeed tariko se iska tajzia

(Preparation of qiwam for compound drugs and its assessment with the help of refractometer, Sacchrometer)

# Murakkabat me mushtamil muwajiza ajza'e shakriya, launiya wa atria

(Permissible sweetening, colouring & Flavouring agents)

Darajazail qiwami dawa ki tarkeeb, tayyari (Preparation of the following quiwami drugs):

Sharbat, Lauq, Khameera, Majoon, Jawarish, Itrifal, Laboob, Murabbe, Gulqand, sikanjbeen.

19. Roghan aur tila bnane ke mukhtalif tareeke aur

tayyari(Different methods of preparation of oils and tila):

20. Darjazail Advia ki tadbeer wa islah e Advia ke mukhtalif tareeke

(Methods of tadbeer wa Islah, Detoxification Process/Corrective measures of the following drugs):

Ajwain, Zeera, Afyoon, Anzaroot, Aelwa, Bahroza, Bhang, Biladur, Habbus Salateen, Azaraqi, Post 38mraz murgh, Turbud, Chaksu, Haleela, Gariquoon, Saqmoonia, Khubsul Hadeed, Gandhak, Sammul faar, Sang Basri, Surma.

Unit 5: (14 Hours)

- Aml'e Ihraq wa Taklees ke rivayati wa jadeed tareeke
   (Methods of incineration with conventional and modern method)
- Filizzat, Hajariyat, Zavil arwah
- Boota, Gile hikmat, Kaproti, (Use of 'Put' and its types)
- Darjazail Kushto'n ke hawale se Kham Kushto'n ki shinakht (Identification of KushtaKham of the following with reference to the following Kushta):

Kusht-e-Tila, Kusht-e-Nuqra, Kusht-e-Faulad, Kusht-e-Tamba, Kusht-e-Qalayee, Kusht-e-Seesa, Kusht-e-Shingraf, Kusht-e-Sammul Faar.

• Darjazail Kushto'n ki tarkeeb tayyari, istemal aur miqdar e khuraq (Methods of preparation, mode of administration and doses of the following kushta): Kusht-e-Sammul Faar, Kusht-e-Post 38mraz murgh, Kusht-e-Sadaf, Kusht-e-Marjan, Kusht-e-Abrak,

Kusht-e- Faulad, Kusht-e- Qalayee, Kusht-e-Hajrul yahood, Kusht-e-Khabtul Hadeed, Kusht-e-Musalas.

# 22. Darjazail **Advia ki Nauiate**

Tarkeeb (Composition of

thefollowing drugs)

Dare chikna, Safeda Kashghari, Raskapoor, Kajli

#### 23. Ba'az makhsoos Aghzia wa Masnua'at aaraish ki tarkeeb tayyari

(Brief Introduction and preparation method of Dawa-e-Ghizai {Nutraceuticals} and Cosmeceuticals) :

Maul jubn, Maul asl, Maul laham, Maul buzoor, Maul boquool, Maul fawakeh, Maul Shayeer, Ghaziyah (Face powder), Ghaliyah, Kajal, Ubtan (Face packs).

#### 24. Aml'e Takhmeer ka ta'aruf

(Introduction to Fermentation):

Preparation of Sirka, Nabeez, Dar Bahra etc.

#### 25. Aalati dawasazi ka ta'ruf or tareeka e istemal

(Brief description of Pharmaceutical equipments and their application)

#### **Reference Books:**

- 1. Kabiruddin M. *Bayaze Kabeer*. Part-II. Hyderabad: Hikmat Book Depot, Deccan; (YNM)
- 2. Kabiruddin M. *Ilmul Saidla*. Eijaz Publication, Delhi
- 3. Rehman Z. Jadeed Unani Dawasazi. Idara Kitabus Shifa. Delhi; 2014.
- 4. Anonymous. Qarabadeen Majeedi. All India Unani Tibbia Conference, Delhi; 1986
- 5. William L and Wilkins. *Remington The Science and Practice of Pharmacy*. Vol. 1<sup>st</sup>, 21<sup>st</sup> ed. New Delhi: Wolters Kluwer Health (India) Pvt Ltd; 2006
- 6. Gupta AK, Bajaj SS. Introduction to Pharmaceutics II. edition 4<sup>th</sup>. CBS Publishers; 2009
- 7. Gupta AK, Bajaj SS. *Introduction to Pharmaceutics I*. edition 3<sup>rd</sup>. CBS Publishers; 2006: 5.
- 8. Anonymous. *National Formulary of Unani Medicine*. Part-I, New Delhi: CCRUM, Ministry of H & F.W. Govt. of India

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

• Along with the classical chalk-talk method of teaching, we also use digital audiovisual teaching-learning methods.

- Videos of different pharmaceutical processes has been shown to the students for easy understanding of complicated procedures.
- Teaching in laboratory is also done to demonstrate various pharmaceutical procedures in situ.
- Visit to the leading Unani pharmaceutical industries.

# Assessment methods and weightages in brief (4 to 5 sentences)

- The assessment is based on the internal assessment and the annual examination.
- There are two compulsory internal assessment tests (including theory & Viva-voce) having 25% weightage.
- Annual (including theory & practical and Viva-voce) examination will be held at the end of the academic year having the weightage of 75%.

### Course Code: UNIUG-ISM (BUM308) Title of the Course: Murakkabat

L-T-P: 3-0-4 T= 70Hrs. 14 Hrs/unit.

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

**CLO1**: To understand aims and objectives or purpose of compounding of the drugs and general description or Introduction of some drugs mentioned in the standard pharmacopoeia and the National Formulary of Unani Medicine.

**CLO2**: To understand main constituents of compound formulations like Arqiyaat, Sikanjabeen, Sharbat, Laooq, Khameera, Majoon, Anooshdaru, Jawarish, Barshasha, Itrifal, Luboob, Murabba, Gulqand, Tiryaq, Mufarrehat, Safoof, Qurs, Sheyaf, Qairooti, Kohl, Marham, Kushta

CLO3: To apply therepeutic uses, actions, dosage knowledge of compound formulations like Arqiyaat, Sikanjabeen, Sharbat, Laooq, Khameera, Majoon, Anooshdaru, Jawarish, Barshasha, Itrifal, Luboob, Murabba, Gulqand, Tiryaq, Mufarrehat, Safoof, Qurs, Sheyaf, Qairooti, Kohl, Marham, Kushta

**CLO4**: To develop preparation procedures in theory as well as in practical of compound formulations like Arqiyaat, Sikanjabeen, Sharbat, Laooq, Khameera, Majoon, Anooshdaru, Jawarish, Barshasha, Itrifal, Luboob, Murabba, Gulqand, Tiryaq, Mufarrehat, Safoof, Qurs, Sheyaf, Qairooti, Kohl, Marham, Kushta

**CLO5**: To do the analysis of some compound drugs for some drugs for SOPs.

**CLO6**: To evaluate the different physicochemical and analytical procedures.

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL	PS	PS	PS	PS											
	0	0	О	0	0	0	O	0	0	O	0	0	O	0	0	O
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4
CLO1	3	3	1	1	2	2	3	3	3	3	2	3	1	2-	-3	1-
CLO2	3	3	3	3	3	2	3	2	2	2	3	3	-2	-3	2-	-1
CLO3	2	3	3	3	3	2	2	2	2	3	3	3	-1	2-	3-	2-
CLO4	2	3	3	2	2	3	2	3	2	2	3	3	1	2-	3-	2-
CLO5	3	3	3	3	3	3	3	3	3	3	3	3	-2	-2	-2	3-
CLO6	2	3	2	3	3	3	3	2	3	3	3	2	1	2	3	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

#### Unit 1:

- (a) Aims and objectives and purpose of compounding of the drugs.
- (b) General description on the following Drugs mentioned in the standard pharmacopoeia and the National Formulary of Unani Medicine.: Arq, Sharbat, Sikanjabeen, Laooq, Majoon, Khameera, Anooshdaru, Jawarish, Barshasha, Itrifal, Luboob, Murabba, Gulqand, Tiryaq, Mufarrehat, Safoof, Qurs, Sheyaf, Qairooti, Kohl, Marham, Kushta

#### Unit 2:

Main constituents, Therepeutic uses, actions, dosage and preparation of following compound formulations:

- (a) Arqiyaat: Arqe Mussafi, Arqe Gazar, Arqe Baranjasif, Arqe Gaozaban, Arqe Badiyaan, Arqe sheer murakkab, Maul Laham, Arqe Mako, Arqe Kasni.
- (b) Sikanjabeen: Sikanjabeene sada, Sikanjabeene Bazoori, Sikanjabeene unsuli, Sikanjabeene Na'nayi, Sikanjabeene Lemooni.
- (c) Sharbat: Sharbate Faulad, Sharbate Eijaz, Sharbate Aalu Balu, Sharbate Anjbaar, Sharbate Bazoori, Sharbate Deenar, Sharbate Vard, Sharbate Fawakeh.
- (d) Laooq: Laooqe Sapistan, Laooqe Katan, Laooqe Khayar Shambar, Laooqe Khash'khash, Laooqe Nazli aabe Tarbooz wala, Laooqe Badam, Lawooqe mutadil.
- (e) Khameera: Khameera Abresham sada, Khameera Abresham Hakim Arshad wala, Khamira Abresham Sheerae Unnab wala, Khameera Abresham Ood Mastagi wala, Khameera Gaozaban sada, Khameera Gaozaban Ambari Jawahar wala, Khameera Gaozaban Ambari Jadwar ood Saleeb Wala, Khameera Khash'khash, Khameera Banafsha, Khameera Marwareed, Khameera Sandal.

#### Unit 3:

Main constituents, Therepeutic uses, actions, dosage and preparation of following compound formulations:

- (f) Majoon: Majoon Aarade Khurma, Majoon Falasfa, Majoon Fanjnoosh, Majoon Murawwihul arwah.
- (g) Jawarish: Jawarish Jalinoos, Jawarish Kamooni, Jawarish Mastagi, Jawarish Podina, Jawarish Bisbasa.
- (h) Itrifal: Itrifal Ustukhudoos, Itrifal Kishnizi, Itrifal Muqil, Itrifal Zamani, Itrifal Kabir, Itrifal Deedan.
- (i) Luboob: Luboob Kabir, Luboob Sagheer.
- (j) Gulqand: Gulqand Suyooti, Gulqand Aftabi, Gulqand Mahtabi,
- (k) Tiryaaqe Tiryaaqe Arba, Tiryaaqe Samaniya, Tiryaaqe Farooq ,Tiryaaqe Pechish, Tiryaaqe Meda, Tiryaaqe Nazla.
- Mufarrehaat: Mufarreh Azam, Mufarreh Sheikhur Rayees, Mufarreh Barid,
   Mufarreh Yaqooti.

#### Unit 4:

Main constituents, Therapeutic uses, actions, dosage and preparation of following compound formulations:

- (m) Sofoof: Sofoof Aslussoos, Sofoof Chutki, Sofoof Mulayyin, Sofoof Muqliyasa, Sofoof Bars, Sofoof Muhazzil, Sofoof Namak Sulaimani.
- (n) Sanoon: Sanoon Muqawwi Dandan, Sanoon Poste Mugheelan, Sanoon Tambaku.
- (o) Huboob: Habbe Shifa, Habbe Iyarij, Iyarij Faiqra, Habbe Kabid Naushadri,
  Habbe Jadwar, Habbe Papita, Habbe Asgand, Habbe Tinkaar, Habbe Paan, Habbe Muqil,
  Habbe Marwareed, Banadiqul Buzoor, Habbe Surinjan, Habbe Rasaut, Habbe Raal,
  Habbe Hilteet, HabbeAzaraqi, Habbe Mumsik, Habbe Amber Momiyayee.
- (p) Barshasha, Borood Kafoori, Basaleeqoon
- (q) Dayaqooza, Dawaul Kurkum Saghir, Dawaul Kurkum Kabir, Dawaul Misk Har, Dawaul Misk Barid, Dawaul Misk Moatadil, Dawaul Misk Jawahar wali.
- (r) Zaroor Kath.

#### Unit 5:

Main constituents, Therapeutic uses, actions, dosage and preparation of following compound formulations:

- (s) Rubb: Rubbe Anaar, Rubbe Behi, Rubbe Seb, Rubbussoos,
- (t) Roghan: Roghan Aamla, Roghan Baizae Murgh, Roghan Bed Anjeer, Roghan Chehar Barg, Roghan Qust, Roghan Malkangani, Roghan Kaddu, Roghan Samaat Kusha, Roghan Haft Barg.
- (u) Qurs: Qurs Sartan, Qurs Tabasheer, Qurs Kafoori, Qurs Mosallas, Qurs Mulayyin, Qurs Dawaul Shifa, Qurs Malti basant.
- (v) Shiyaf: Shiyafe Abyaz, Shiyafe Aswad, Shiyafe Ahmar Layeen.
- (w) Qairooti: Qairooti Aarade Kar'sana.
- (x) Kohl: Kohlul Jawahar, Kohl chikni Dawa.
- (y) Marham: Marham Mazo, Marham Ushuq, Marham siyah, Marham Zangaar, Marham Dakhiliyoon, Marham Kafoori, Marham Muqil, Marham Rasaut.
- (z) Zimad: Zimad Jalinoos, Zimad Muhalill, Zimad Sumbulut teeb.
- (z1) Tila: Tilae Surkh, Tilae Uroosak, Tilae Muhasa, Tilae Khasul Khas.

#### **Reference Books:**

- UPI 2001: The Unani Pharmacopoeia of India, 1st edition, Part II, Volume I-III. Delhi (IN): Government of India, Ministry of Health and Family Welfare, Department of Indian Systems of Medicine & Homoeopathy.
- 2. Kabiruddin M, Bayaze Kabir. 5th Edn. (Hyderabad): Hikmat Book Depot, 1935

- Anonymous. National Formulary of Unani Medicine. Part 1. New Urdu edition; Delhi, MHFW Govt. of India.
- 4. Anonymous. Qarabadeen Majeedi, All India unani tibbi conference, Ajanta offset and publishing limited,
- 5. Jilani G, Mukhzanul Murakkabat. New Delhi: Aijaz publishing house, 1995
- 6. Said HM. Hamdard Pharmacopoiea of Eastern Medicine. New Delhi: Sri Satguru Pulication, 1997.

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Practical demonstration of preparation of some famous compound Unani formulations.
- Demonstration of classical and modern equipments for better understanding of the subject available in the lab or from the books and internet
- Open question and answers sessions from student and from teachers.
- Interactive sessions and group discussions among students with faculties.
- Sessionals and tests on regular basis for the better understanding among students

# Assessment methods and weightages in brief (4 to 5 sentences)

- Final exams are of 100 marks.
- Internal sessionals will be for 25 marks and final term will be of 75 marks.
- Three sessionals would be conducted and best two will be counted.

# Course Code: UNIUG-TQS (BUM303) Title of the Course: Tibbe Qanooni wa Ilmul Samoom

L-T-P: Lecture 100 hours, Non lecture/ Practical 180 hours

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

**CLO-1Explain** the concept of Tibbe Qanooni wa Ilmul Samoom as per the Unani literature and modern contexts (Understand)

**CLO-2**Apply the principles of medicalethics, etiqueetes, duties, rights, medical negligence and legal responsibilities of the physicians towards patients, profession, society, state and humanity at large. (Apply)

**CLO-3Analyse** the general principles of environmental, occupational and preventive aspects of Toxicology. (Analyse)

**CLO-4 Interpret** the use of medical knowledge in legal consequences. (Evaluate)

**CLO-5 Value** the importance of higher studies in the field of Medical Jurisprudence and Toxicology. (Evaluate)

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O 1	PL O 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	1	2	2	2	2	3	1	3	3	3	2	2	1	2
CLO 2	2	3	3	2	3	2	3	2	2	3	3	2	2	2	3	2
CLO 3	2	2	2	3	3	2	2	2	2	2	2	2	2	2	2	1
2CL O4	3	2	2	3	2	2	2	3	2	2	3	3	2	2	2	2
2CL O5	2	2	2	2	1	3	2	2	2	3	2	2	1	1	3	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

#### Unit 1: 20 hours

1. Introduction Definition of Medical Jurisprudence and Forensic Medicine. Courts & their powers and proceedings. Sentences authorized by Law. Medical evidences (medical certificates and medico legal reports). Medical code of conduct. 2. *Shanakht* (Identification) Introduction and types. Points of identification: Age, Sex, Race, Religion, Acquired features (occupational marks, tattoo marks, scars & other malformation), Congenital features (facial appearance, finger prints,

foot prints, hairs and other malformation and their medico legal importance). Basic knowledge of DNA and its medico legal importance, *Naash Brari* (exhumation). 3. Maut (Death) Definition, stages, modes of death (syncope, asphyxia, coma). Sudden death and its causes. Signs of death: Immediate Sign, (cessation of circulation, respiration and brain functions). Early Signs, (changes in eyes, skin, algor mortis, rigor mortis, postmortem lividity). Late Signs, (putrefaction, saponification & mummification). 4. *Marge Tashaddud* (Violent death) Causes & types. Suicide, homicide and accidental death. Asphyxia and its stages, Death from hanging, strangulation, suffocation, drowning, starvation and their medico legal importance. 5. *Jarah wa Zakhm* (Wounds) Definition, characters and medico legal importance of various types of wounds. Sahaj (abrasion), *Razz* (bruise), *Mumziqah* (lacerated wound), *Shaqq* (incised wound), *Wakhziah* (punctured wound) and *Jarahe Nariya* (gunshot wound). Difference between ante mortem and post mortem wounds.

#### Unit 2: 20 hours

6. *Harq* (Burns) and *Salaq* (Scald) Definition, classification, stages & difference between ante mortem & post mortem wounds and their medico legal importance. 7. *Ananat* (Impotence), *Uqr* (Sterility) Definition causes and medico legal importance. 8. *Dosheezgi* (Virginity) Definition, signs and medico legal importance. 9. Sexual offences Types of natural and unnatural sexual offences. Examination of *Fa'el* (active agent) and *Mafool* (passive agent) after *Zina bil-Jabr* (rape) & *lawatat* (sodomy). Examination of blood & semen spots. 10. *Hamal* (Pregnancy) & *Isqaate Hamal* (Abortion) Medico legal importance of pregnancy. Definition, types and signs of abortion. MTP (India) Act 1971 & 1975, *Qatle Janeen* (foeticide), *Qatle Atfal* (infanticide)

#### Unit 3:20 hours

7-Definition of *Ilmus Samoom* (toxicology) and *Samm* (poison). Classification of poisons. Route of administration of poisons. Action of poison. Modifying factors of the action of poisons. Diagnosis. General principles of treatment in poisoning (removal of unabsorbed poison, use of *Tiryaq* (antidote), elimination of absorbed poisons, symptomatic treatment and maintenance of general condition of patient). Characteristic poisoning symptoms, *Mohalik Miqdar* (fatal dose), *Muddate Halakat* (fatal period), *Tiryaq* (antidotes), Treatment, *Zawahir Tashreeh Baadul Maut* (postmortem appearance) & *Tibbe Qanooni Nazaryiah* (medico legal aspect) of the following poisons. 8. Samoome Akkaal (Corrosive poisons) *Haamiz* (Acids):- *Hamiz Kibriyati* (Sulphuric acid), *Hamize Malhi* (hydrochloric acid), *Hamize Shora* (nitric acid), *Hamize Khal* (acetic acid), *Hamize Qatran* (carbolic acid), Oxalic acid & Hydrocyanic acid. Qalviyat (Alkalis):- *Nutrun Qalvi* (caustic Soda), *Qalmi Qalvi* (caustic Potash), *Choona* (calcium oxide).

# Unit 4: 20 hours

9. Samoom Laziat (Irritant Poisons) I. Samoom-Ma'dani (Metallic Poisons) and their Toxic compounds: Sammul Far (arsenic), Seemaab (mercury), Sisa (lead), Surma (antimony). II. Ghair Dhatee (Non metallic): chlorine, iodine, Nooreen (phosphorus) III. Samoome Nabaati (vegetable poisons): Baladur (semicarpus anacardium), Madaar (calotropis), Habbus Salateen (croton seed), Shahme Hanzal (colocynth), Ghoonghchi (abrus precatorius). IV. Samoome Haiwani (Animal poisons):- Signs & symptoms & treatment of Ladghul Hayya (snake bite poisoning), Aqrab (scorpion bite), Telni Makkhi (canthride). 10. Samoome Asbi (Neurotic poisons) Dimaghi (cerebral):- opium, alcohol, chloroform, kerosene oil, cocaine, thorn apple, Bhang (cannabis indica), Yabroojus sanam (belladonna), Azaraaqi (nux vomica).

#### Unit-5 20 hours

11. *Qalbi* (cardiac poison):- Tobacco, *Beesh* (aconite). 12. *Sammome Tannaffusi*: Carbon monoxide, carbon dioxide. 13. House hold poisons Tick-20, 44mraz44e44ng44 balls, DDTpowder, aluminum phosphate, pesticide, cosmetics like hair dye, shampoo, lipstick, skin cream, eye lotion and eye shades.

#### **Reference Books:**

- 1. CK Parikh(2019), *Textbook of Medical Jurisprudence*, Forensic Medicine and Toxicology, 8<sup>th</sup> edition, CBS publishers and distributors Pvt Ltd, New Delhi.
- 2. Rajesh Bardale(2017), *Principles of Forensic Medicine and Toxicology*, 2nd Edition, Jaypee Brothers Medical Publishers, New Delhi
- 3. K.S.Narayan Reddy,Dr O.P Murthy(2017)The *Essentials of Forensic Medicine and Toxicology*, 34<sup>th</sup> Edition, Jaypee brothers medical publishers,New Delhi.
- 4. VV Pillay(2011), *Modern Medical Toxicology*, 4<sup>th</sup> Edition, Jaypee brothers medical publishers, New Delhi.
- 5. Justice K Kannan(2018), A Textbook of Medical Jurisprudence and Toxicology, 26th Edition, Lexi Nexis Publisher, India

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- A Holistic approach to healthcare by transforming *Tibbe Qanooni wa Ilmul Samoom* as a scientific evidence based medicine excelling in Unani education, health care and Research in India and abroad.
- 2. Apply modern teaching tools to students for transforming course easy and interesting.
- 3. Adopt Outreach programmes in different mortuaries.

# Assessment methods and weightages in brief (4 to 5 sentences)

- 1-Creation of the own questionnaire
- 2-Selected Response
- 3-Extended Written response
- 4-Performance Assessments
- 5-Personal communication

Weightage will be according to NCISM guidelines.

# Course Code: UNIUG-SUI (BUM304) Title of the Course: Sareeriyat wa Usoole Ilaj

L-T-P: Lecture 100 hour- 180 hour Practical/ Clinical Demonstraion

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8**

# After completing this Course, the students should be able to ...........

- CLO-1 Take proper history of the patient that is essential tool of diagnosis [Remember]
- CLO-2 Identify normal and abnormal findings of various disorders by Physical

Examination and investigations [Understand]

CLO-3 To follow and perform Unani treatment plan for various diseases [Understand

#### and Apply]

- CLO-4 Follow professional ethics in their future clinical practice [Remember and Apply]
- CLO-5 Examine the patient independently and make correct diagnosis [Apply]

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O 1	PL O 2	PL 0 3	PL 0 4	PL 0 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS 0 1	PS O 2	PS O 3	PS O 4
CL 01	1	2	3	3	3	2	3	3	2	3	3	2	3	2	3	2
CL O2	3	3	3	3	3	2	3	3	3	2	3	1	3	2	2	3
CL O3	3	3	3	3	3	1	2	2	3	3	3	2	3	3	2	3
CL O4	3	3	1	3	3	1	3	3	3	3	3	2	3	2	3	3

(	CL	2	3	3	3	3	2	l <mark>3</mark>	<mark>3</mark>	<mark>3</mark>	3	3	2	3	2	3	3
(	<b>)</b> 5																

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

# **Unit 1:** (20 **Hours**)

Ta'ruf, Sareeriyat ki gharz wa ghayat (Introduction, AimandObjectives),
RoodadeMareez(Historytaking), ImtehanMareezeumoomi (Generalexaminationofthepatient),
Istifsaratwaimtehanenizami(Interrogationandsystemicexaminationofthepatient), Nizam-eHazm(DigestiveSystem) and Nizam-e-Tanaffus(RespiratorySystem) System).

# **Unit 2:** (20 **Hours**)

Imtehan umoomi: Nizam-e-QalbwaUrooq(Cardiovascular), Nizam-e-BaulwaTanasul(Urinary&ReproductiveSystem), Nizam-e-izamwaMafasil(MusculoskeletalSystem), Imtehan-e-Jild(ExaminationofSkin), Nizam-e-Asbi(Nervous System), Nafsiyaat(Psychiatry) and Moaina-e-Atfaal(Examination ofChildren). BehoshMareez kaMoaina(ExaminationofunconsciousPatients)

- a) Imtehan-e-Chashm, Uznwa Anf (Examination of Eye, Earand Nose)
- b) Imtehan-e-amrazedamviya(Examinationofhaemopoiticsystem)
- c) Amrazkizahirialamat(Externalmanifestationofdisease)

#### **Unit 3:**(20 **Hours**)

Nabz(Pulse)

Nabz ki Ta'reef, Dekhne ke tareeqe aur sharai't, Nabz par umoomi tabsira, Ajnase nabz aurunka ijmali bayan, Nabze mufrad ke aqsaam mai ta'raeefat, Nabze murakkab ki aqsaam maiTa'reefat, Asbab-e- nabz, Asbab-e- masika ke ahkam wa aasar, Mukhtalif mizajon ki nabz, Aourton, Bachchon aur HaamlaAourtonki nabz, Nabz e auram, Nabze auja, Nabz keahkam, Awarize Nafsania ke lihaz se.(Definition, method& precautions to be observed inthe

examination of the pulse, Types and definition of Simple and Compound pulse, , factors involving in the formation of pulse, guidelines regarding the essential factors fort he existence of the pulse, pulse in various temperaments, pulse in females, children & pregnant women, guideline for the variation of pulse in the different psychic states)

### Baul(Urine)

- Imtehan-e-Baulkesharait(Conditionsofurineexamination)
- Aqsam-e-baulba eitbare(Typesof urineintherespectof followingpoints):
- SiqleIzafi(SpecificGravity)
- Laun (Color) Qiwam(Consistency)
- Boo(Odour)
- Jhag( Froth)
- Rusoob(Precipitation)
- Kadoorat(Turbidity)
- Miqdar(Quantity)
- Imtehan-e-BaulbaraeTashkhees-e-Amraz(Examinationof urine inrespectofdiagnosisofdiseases)

#### Baraz(Stool)

Imtehan-e-BarazbaraeTashkhees-e-Amraz
 (Examinationofstoolinrespectofdiagnosisof diseases)

#### **Unit 4:** (20 **Hours**)

Alamatwaasbabsu-e-mizajsadawamaddi

**Ilaaj(Principlesof Management)** 

Amraaz-e-sue Mizajsaadawamaddi kaUsooleIlaaj: Tadeel watabdeele mizaj Istifraghemadda: Istifraghkeahkaam, usoolwashara'it, aghraazwamaqasid AuraamkaUsooleIlaaj:

- Auraam-e-harrah
- Auraam-e-barida
- Auram-e-hadda
- Auram-e-muzminah
- Auram-e-sulba

- Auram-e-reehi
- Musakkinat:-

Dardeumoomiwamaqmiaurmunawwimat,(**Analgesics**:general ,localandhypnotics)

# UsooleIlaaj mein MundarjaZailUmoorkeAhkaam:

Mausamkishiddatmeinqawiilaaj,qawiIlaajmeine'aanut,IlaajmeTadreej,Tabdee leAabwa Hawa, TabdeeleWaza, Tash'khees na hone ki surat mein Ilaaj, Ilaaj mein

kash'makash.(Guidelinesforthefollowingfactorsintheprinciplesofmanagement :Potenttreatmentinextremeclimate, assistance in potenttreatment, grades in managements, change of climate, change of posture, treatment of undiagnosed diseases, dilemma in treatment)

# **Unit 5:** (20 **Hours**)

# Usoole Ilaaj Nizami:

- Amraz-e-qalb wadauranekhoon
- Amraz-e-tanaffus
- Amraz-e-hazm,kabid,tihalwamararah
- Amraz-e-kulliya wamasana
- Amraz-e-baah
- Amraz-e-rehamAmraz-e-aaza'enafsaniyamaslansarsam,laqwa, falij,sudaa
- Amraz-e-guddud-e-laqanatiya
- Amraz-e-naqs--eistehala
- Bezabtatarz-e-zindagisepaidahonewaale48mraz (Lifestyledisorders)

### **Basicunderstandingoffollowinginvestigations:**

- Radiodiagnosis includingCTscanning andMRI
- Scopy(Endoscopy, Laproscopy, Colonoscopy, Sigmoidoscopyetc)
- ECG,ECHO,AngiographyandCardiac catheterization
- Doppler
- FNACandBiopsy
- Tappingoffluid

#### • Spirometryand PFT

#### **Reference Books:**

- Michael Glynn, William M Drake, Huchison's Clinical Method (25<sup>th</sup> Edition), 2022, published by Elsevier Health Sciences
- 2. Andrew R Houghton and David Gray, Chamberlin'Sign and Symptoms of clinical medicine, 13<sup>th</sup> Edition, 2010, published by Taylor & Francis Ltd
- J. Alastair Innes, Anna Dover, Karen Fairhurst, Macleod's Clinical Examination, 14<sup>th</sup> Edition, 2018, published by Elsevier Health Sciences
- 4. Kamaluddin Husain Hamdani, Usoole Tib, 5<sup>th</sup> Publication, 2011, published by NCPUL, New Delhi
- 5. Sina, I., *Al-Qanoon fit Tib* (urdu translation by G.H. Kantoori), 2010, Re-print by Idara Kitabus-Shifa, New Delhi

# **Teaching-Learning Strategies in brief** (4 to 5 sentences)

- 1. Proper Classroom Teaching
- 2. Regular Indoor Clinical Demonstration and Training (Beside Clinic)
- 3. Regular Internal Assessments (As per Curriculum provided by NCISM)
- 4. Identification of Weaker students and Giving Special attention to them
- 5. Amalgamation of Unani concepts/ theories with Recent Modern knowledge.

# Assessment methods and weightage s in brief (4 to 5 sentences)

Final Theory Paper of 100 Marks (75 Theory Examination + 25 Internal marks)

Final Practical and Viva Voce of 100 Marks (75 Practical and Viva Examination + 25 Internal marks)

Practical record maintenance, Preparation of Charts

#### Course Code: UNI UG - IBT (BUM305) Title of the Course: Ilaj Bit Tadbeer

L-T-P: (L- 70, P- 120, ) (L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)

After completing this Course, the students should be able to:

CLO 1 Define Aims, Objectives, Recommendations, Types, Therapeutic Indications and Recent Advances in , different therapeutic modalities their historical & scientific perspective. (cognitive level-**Remember**)

CLO-2 Recognize detailed description of various Unani regimenal therapeutic modalities along with their indications and contra indication (Cognitive Level- **Understand**)

CLO-3. Illustrate and Demonstrate details of technical Procedures of various Unani regimenal therapeutic modalities their application in specific diseases (cognitive level – **Apply** )

CLO-4 Practice Unani regimenal therapeutic modalities in Health care service setting. (cognitive level- **Apply**)

CLO-5 Relate and Estimate Therapeutic implication of six essential factors and their regimental importance, for management of disease .( cognitive level-**Evaluate** )

CLO-6 Describe, Diet its types, Balance diet, Diet calories and their method of calculation, Diet in different Age, Sex, & Climates, Malnutrition and its remedy. (Cognitive level – **Evaluate**) CLO-7 Formulate principle of treatment and procedures of Unani regimenal therapeutic modalities for prevention, treatment and rehabilitation. (Cognitive level – **Create**)

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O 1	PL O 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	2	3	3	1	1	2	2	3	1	1	3	3	2	3
CLO 2	3	3	3	3	3	1	1	2	3	2	1	1	1	1	1	2
CLO 3	3	2	3	2	3	1	1	3	3	2	1	2	2	2	1	2
CLO 4	2	2	2	2	3	1	2	2	3	2	1	1	3	2	3	3
CLO 5	3	2	3	2	3	2	1	2	3	2	1	2	3	2	3	2
CLO 6	2	3	3	3	3	3	2	2	2	3	3	2	2	3	3	1
CLO 7	3	3	2	2	3	3	2	2	2	3	3	2	1	3	2	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

#### **Unit 1**: 10Hrs

Detailed description of introduction of *Ilaj-bit-Tadbeer*, Aims and objectives, historical perspective and importance

Therapeutic implication of six essential factors and their regimental importance) and classification of various modes according to *Asbab-e-sitta zarooiya* 

#### **Unit 2**: 15Hrs

Principles of treatment and guidelines, purpose of the following *tadabeers*, *Taleeq* (Leeching/leech Therapy), *Hijamah* (Cupping), *Fasad* (Venesection), *Tareeq* (Diaphoresis)

Hammam (Bath/hammam), Takmeed (Fomentation), Amale kai (Cauterization), Abzan (Sitz bath) Qai (Emesis), Shamoom (Aroma Therapy), Huqna (Enema), Natool (Irrigation/Hydration), Saoot (Nasal drop), Lakhlakha (Inhalation), Zimaad wa Tila (Paste/Liniment), Pashoya (Foot bath), Gargara (Gargle), Mazmaza (Mouthwash), Tadheen (Oil Massage/Knead), Ilaam (Counter Irritant), Bakhoor wa in Ingebab (Vaporisation/Steam inhalation)

#### **Unit 3**:10Hrs

Details description of Istifragh, Munizij o Mus'hil Therapy

Definition, Aims & Objectives, Recommendations, Types, Therapeutic ApplicationIndications, Oil massage and Recent developments in Massage Therapy.

Definition, Aims, Objectives, Recommendations, Types, Therapeutic Indications and Recent Advances in Exercise Therapy

#### **Unit 4**: 10Hrs

Details of the following technical Procedures of Physio-therapy:

Takmeed bil mauj taveela (Long Wave Diathermy

*Takmeed bil mauj sagherah* (Short Wave Diathermy)

Takmeed bil Ultra Sound (Ultra Sound Therapy)

Takmeed bil Shiga tahtul Ahmar (Infrared Therapy)

Riyazat treadmill (Treadmill Exercise)

Riyazat katfi da'iri (Shoulder Wheel Exercise)

Tahdeed (Traction)

Ankle Exercise

Knee Continuous Passive movements

# Unit 5: Hrs

Diet its types, Balance diet, Diet calories and their method of calculation, Diet in different Age, Sex, & Climates, Malnutrition and its remedy: Do'ran e hamal wa rizayat (Pregnancy & Lactation)

Munafeulazai (Physiological)

Ghizai Atfal, naujawan wa shayukh (Dietary recommendation for children, Adult & Oldage, Marazi (Diseased): Saman e Mufrat (Obesity), Zaibitis Shakri (Diabetes Mellitus),

Diq(Tuberculosis), Qalabi Amraz (Cardio-vascula diseases), Amraze Zauf e Mana'at (Immuno-difficency diseases), Sartani Amraz (Malignancies), killat e hayate'n wa maddiniyat (deficiencies of Vitamins & Minerals), Kulwi Amraz (Renal diseases),

Zigtuddum Qawi (Hypertension), Qabdi Amraz (Hepato-billary diseases), Farahat ta'adsum fil dum (Hyperlipidemia)

#### **Unit 6**: 15Hrs

Application of Ilaj-bit-Tadbeer in specific conditions: *Taskeen e waja* '(Pain Management) *Waja* 'ul mufasil(Arthritis—Osteoarthritis, Rheumatoid arthritis), Waja 'ul unq(Cervical spondylosis)

Waja'ul zehar(Lumbago), Laqwa(Bell's Palsy), Falij(Paralysis), Saqiqa(Migraine), Sehar(Insomnia)

Zigtuddum Qawi(Hypertension), Do'ali(Vericose Vein), Do'aul sadaf (Psoriasis), Irq-ku-nisa (Sciatica)

Muscle Sprain, Tenosynovities, Post Stroke Complications, Fibromyalgia and, Obesity, Chronic Fatigue Syndrome, Frozen Shoulder, Chronic Ulcers, Diabetes mellitus.

#### **Unit 7**:10Hrs

JUZE AMALI/ (PRACTICALS) practical demonstration of

- a) Fasad (Venesection)
- b) Hijamah (Cupping)
- c) *Taleeq* (Leeching/leech Therapy)
- d) Tagmeed (Formentation)
- e) *Hamaam* (Bath/hammam)
- f) Tareeq (Diaphoresis)
- g) *Abzan* (Sitz bath)
- h) Amli Qai (Cauterization)
- i) *Natool* (Irrigation/Hydration)
- j) *Huqna* (Enema)
- k) Zimaad wa Tila (Paste/Liniment)
- l) Pashoya (Foot bath)

- m) Bakhoor wa in Ingebab (Vaporisation/Steam inhalation)
- n) *Takmeed e bil mauj sagherah* (Short Wave Diathermy)
- o) Takmeed e bil mauj taveela (Long Wave Diathermy)
- p) Takmeed e bil Ultra Sound (Ultra Sound Therapy)
- q) Traction.

#### **Reference Books:**

- 1. Mohd Isa Nadwi, *Ilaj bit Tadbeer Principles and practice* ,2020,Ist edition ,Publishers Idara kitabush shifa, New Delhi , 636 pages
- 2. MMH siddiqui, *Basic fundamentals of Ilaj bit Tadbeer*, 2020, Ist Edition Brown books Aligarh. 272 pages
- 3. Mahfoozur rehman, *Ilaj bit tadbeer*, Publishers Idara kitabush shifa, New Delhi
- 4. Javed Ahmad Khan, 2011, *Ilaj Bit Tadbeer*, Authors (year), *Title of the Book*, Ist Edition, Hira Computers Deoband, 192 pages
- 5. Mohd Ehsanullah ,Mohd Inayatullah *Ilaj bit tadbeer jaded Tehqeeqat wa Mufeed tauzeehat* , Ist Edition, 2006, NCPUL New Delhi , Pages 287

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

Ilaj bit Tadbeer is to enable the student to have a perfect level of theoretical and practical understanding of various Therapeutic Unani Regimenal modalities by demonstration, discussion, and bed side clinical teaching. To get acquainted with the possible remedial intervention either by clinical or theoretical teaching.

# Assessment methods and weightages in brief (4 to 5 sentences)

This is based on the guidelines of the NCISM, Govt of India

Paper 100 Marks Theory (breakup Sessional I,II And III= 20Marks in best of two)

In theory examination term courses will be assessed in sessional exams by;

Written exams, Assignments, Presentations etc

Practical 100 +30 + Sessional 1,2 and 3 =20 ForSubject marks in best of two and 20 for internal assessment=250

Term exams for practical will be based on

Viva-voice of the term course, practical record maintenance, group discussions, Preparation of Models and Charts.

# Course Code: UNIUG-AAN (BUM306). Title of the Course: Amraze Atfal WaNaumaulood

L-T-P...100+10+100 = 210 Hours (L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO1 Understand the fundamental aspects of *Amraze Atfal Wa Naumaulood* (paediatrics and Neonatology.
- CLO-2 Understand the detailed knowledge of the disease of different systems.
- CLO-3 Clinical Demonstration in the hospital.
- CLO-4 Demonstrate understanding and role of history taking to diagnose (diagnosis of a disease) in *Matab or* clinic. **apply**
- CLO-5 Demonstrate understanding the disease after history taking *Tashkhees-e-marz* (diagnosis of a disease) in *Matab* clinic. **apply**
- CLO-6 Demonstrate understanding and role of age in development and growth in *Tashkhees-e-marz* (diagnosis of a disease) in *Matab* clinic. **apply**
- CLO-7 Understand and perform *Ilaj bit tadbeer* (Regimenal therapy) in *Amraze Atfal Wa Naumaulood* (peadiatrics and Neonatology) **analyze**
- CLO-8 understanding to differentiate the disease between child and adult. evaluate

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	2	3	3	1	1	2	2	3	1	1	3	3	2	3
CLO 2	3	2	3	3	3	1	1	2	3	3	1	1	1	1	1	2
CLO 3	3	2	3	2	3	1	1	3	3	2	1	2	2	2	1	2
CLO 4	2	2	2	2	2	1	2	2	3	2	1	1	3	2	3	3
CLO 5	3	3	3	2	3	2	1	2	3	2	1	2	3	2	3	2
CLO 6	2	2	3	3	3	3	2	2	2	3	3	1	2	3	3	1

CLO 7	3	3	2	2	3	2	2	2	2	2	3	2	1	3	2	3
CLO 8	3	3	2	3	3	2	1	2	3	2	1	2	3	3	2	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

# **Unit 1: CHAPTER 1-5 AS PER Syllabus**

CHAPTER-1: Importance of Pediatrics & Pediatric Care in developing countries – INDIA

- a) Why Paediatric care?
- b) What is Paediatric care?
- c)How to deliver Paediatric care?
- d) Responsibility of medical personnel.

**CHAPTER-2:** History taking and physical examination in paediatrics, Diagnosis & Management in Paediatrics including recent diagnostic procedures.

**CHAPTER-3:** New born care: Neonatal resuscitation, equipment required, drugs and steps for resuscitation. Examination of a Newborn.

**CHAPTER-4:** Growth & development & nutrition & nutritional disorders:

- 1)Vitamin Deficiency
- 2)Protein Energy Malnutrition
- 3)Rickets

**CHAPTER-5:** Immunization, Immunity in Newborn & Children Principles and Practice of Immunization Immunization Schedules *(mana' ati khaka)* 

#### Unit 2: Chapter 6-10 as per syllabus

**CHAPTER-6:***Amraz-e-mutaddi* (infectious diseases): Ø

- > Chaikchak, judri (small pox) Ø
- ➤ Humaiqa (chicken pox) Hasba, khasra (measles)
- ➤ Humma-e-danj (dangue fever)
- ➤ Humma-e-qarmizia (scarlet fever)
- ➤ Humma-e-ijamiya (malarial fever)
- > Humma-e-mevi (enteric fever)

- ➤ Poliomyelitis(faalij e atfaal)
- ➤ Common cold (*zukaam*)
- ➤ Tuberculosis (53mraz me marz-e-diq)
- ➤ Diphtheria(khunaaq) Ø Tetanus (kuzaaz)
- ➤ Kala-azar Ø
- > HIV (AIDS)

**CHAPTER-7:** Congenital diseases and genetic disorders (54mraz-e kahlqi wa moaroosi wa janeeni nuqsi 54mraz): DMD, Haemophilia, Thalassemia, Neural Tube defect, Down's syndrome and other chromosomal disorders.

**CHAPTER-8:** Breast feeding and diet and nutrition of children: breast feeding, composition of breast milk, colostrums, initiation and technique of feeding, exclusive breast milk. Hazards and demerits of pre-lacteal feed, top milk and bottle-feeding. Feeding of LBW babies. Infants feeding/weaning foods, method of weaning.

**CHAPTER-9:** Dehydration and its management (rehydration, micronutrient and fluid therapy) **CHAPTER-10:** Puberty and related problems.

# Unit 3: Chapter 11-15 as per syllabus

**CHAPTER-11:** Adolescent and related diseases.

**CHAPTER-12:** Amrz-e-Dimagh wa Aasab (diseases of brain and nerves)

- *Isatasqa-e-dimaagh* (hydrocephalus)
- *Warm-e-aghshiya-e-dimaagh* (meningitis)
- *Ummus sibyaan* (epilepsy)
- *Tashannuj-e-atfal* (convulsion)
- *Laqwa* (bell's palsy)
- Guillain-Barre syndrome
- Febrile Seizures
- Mental retardation in children

#### **CHAPTER-13:***Amraz-e-Ain* (diseases of eye)

- Ramad (conjunctivitis)
- *Shaeera* (stye or hordeolum)
- Sulaaq (blephritis)
- *Jarab-ul-ajfaan* (trachoma)
- *Barda* (chalision)

#### CHAPTER-14: Amraz-e-Gaush (diseases of ear)

- *Iltihab-e-uzn* (otitis)
- Sailan-e-uzn (ottorhoea)
- *Qazaf-ul-uzn* (foreign body in the ear)

# **CHAPTER-15:** *Amraz-e-Anaf* (diseases of nose)

- Rua' af, nakseer (epistaxis)
- *Qazaf-ul-anaf* (foreign body in the nose)

### Unit 4: Chapter 16--20 as per syllabus

# **CHAPTER-16:** *Amraz-e-Dahan* (diseases of mouth)

- Qulaa (stomatitis)
- Warm-e-lisaan (glossitis)
- *Qurooh-e-dahan* (mouth ulcers)
- Ta'akkul dandan (dental carries)

# **CHAPTER-17:** *Amraz-e-Halaq* (diseases of thoroat)

- *Warm-e-lauzatain* (tonsillitis)
- *Warm-e-hanjra* (pharyngitis)
- Warm-e-aslul uzn or ghudda-e-nakaf(mumps and parotiditis)

# **CHAPTER-18:** *Amraz-e-Tanaffus* (diseases of respiratory tract)

- Sual (bronchitis)
- *Shaheeqa* (whooping cough)
- Zeeq-un-nafs (bronchial asthma)
- Zaat-ur-ria (pneumonia)
- Zaat-ul-janab (pleurisy)

#### **CHAPTER-19:** *Amraz-e-Qalb* (Cardiac diseases)

- *Kuilqi 55mraz* (congenital heart diseases)
- *Hudari 55mraz-e-Qalb* (rheumatic heart diseases)
- *Taaffuni iltihab-e-ghisha-e-Qalb* (infective endocarditic)

**CHAPTER-20:** Amraz-e-Maida wa Jigar (diseases of stomach and liver) Ø Qai (vomiting) Ø Tashannuj-e-shikam (abdominal colic) Ø Warm-e-kabid (hepatitis) Ø Yerqan (jaundice) Ø Hepatomegaly Ø Splenomegaly

# Unit 5: Chapter 21- 26 as per syllabus

**CHAPTER-21:** Amraz-e-Ama'a wa miq'ad (diseases of intestine and rectum) Ø

- ➤ *Qabz* (constipation)
  - *Is 'haal* (diarrhoeal disorders)
  - Paichish, zaheer (dysentery)
  - *Deedan-e-amaa* (worm infestations)
  - *Tadarrun-e-maivi* (intestinal tuberculosis)
  - Warm-e-bankharas (pancreatitis)

# CHAPTER-22:Amraz-e-Tanasulya (diseases of genitlia)

- Zeequl ghalfa (phimosis)
- Qeela maieeya (hydrocele) Ø
- Fataq (hernia)
- Warm-e-khusiya (orchitis)
- Cryptochidism

#### **CHAPTER-23:** *Amraz-e-Majra e Boal* (diseases of urinary tract)

- Acute Glomerulonephritis
- *Warm-e-majra e boal* (UTI)
- Nephrotic syndrome
- Boul fil farash (enurisis)

# **CHAPTER-24:** *Amraz-e Dam*(Haemotology)

- Suoo-ul-qinnia, faqrud dam (anaemia)
- Leukaemia Ø Thalassiam Ø Haemophilia
- Sickle cell disease

#### **CHAPTER-25:** *Ghair 56mraz 56e gududi ke 56mraz* (Endocrinology)

- Growth disturbances
- Obesity
- Thyroid disease
- Diabetes

# **CHAPTER-26:** Miscellaneous: Drugs & drug dosage in children

Unit 6: Practical

# **JUZE AMALI (PRACTICALS)**

- 1. Amraz-e-atfal ki tashkhees (diagnosis of diseases of children)
- 2. Mualijat-e-atfal ke mutalliq hidayaat (advices and instructions for paediatrics treatment).

- 3. Jadeed tahqiqaat ki roshini me bachchoon ki tabai aur ghair tabai nashau numma key nukaat (newer researches) ·
- History Taking In Paediatrics-20 Case Sheets Should be Prepared.
- Effective Communication with the Child and Caretakers. •
- Evaluation of the Newborn.
- Assessment of Diet and Feeding Practices.
- Breast Feeding and Weaning •
- General Physical Examination •
- Developmental Assessment ·
- National Programs on Immunization •
- Cardiopulmonary Resuscitation •
- Resuscitation of an Asphyxiated Newborn Baby ·
- Informed Consent for Practical Procedures •
- Universal Precaution and Asepsis Routines
- Fluid Therapy ·
- Oxygen Therapy ·
- Nasogastric Tube Insertion ·
- Neonatal Resuscitation

**Unit 7**: Extra classes or tutorials

#### **Reference Books:**

Authors (year), Title of the Book, Edition, Publishers, Place of Publication, Page Nos.

- Suraj Gupta, The Short Book of Pediatrics, 13<sup>th</sup> Edition, Jaypee Brothers Medical Publishers
  The Health Science Publisher, New Delhi / London, 988
- 2. A Parthasarathy, IAP Textbook of Pediatrics, 4th Edition, Jaypee, 910
- 3. O.P. Ghai, *Essential Pediatrics*, Second Recised and Enlarge Edition, Interprint, New Delhi, 442
- 4. Ghai Paul Bagga, *Ghai Essential Pediatrics*, Sevanth Edition, CBS Publisher & distributors, New Delhi Banglore Pune Cochin Chennai, 768
- 5. Sibarjun Ghosh, Bedside Clinics in Paediatrics, Academic Publishers, Kolkata, 387
- Allama Najeenuddin Samarqandi, Mualajate Sharhe Asbab, Idara Kitabush Shifa, Darya Gang New Delhi,

- 7. Hakeem Khursheed ahmad Shafqat Azmi, *Amraze atfal*, 1<sup>st</sup> Edition, Taraqqi Urdu Buro, New Delhi.
- 8. Waseem Ahmad Azmi, Amraze atfal, Urdu Academi, Uttar Parades, 365
- 9. Kakeem Sayyed Mohd Abbas Rizvi, Amrazus Sibyan, Maharashtara State Urdu Acadmi, 264
- 10. Dr. Muhd Yusuf Ansari, Amraze atfal, Idara Kitabush Shifa, Darya Gang New Delhi, 279

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

*Ilmul Atfal*is the starting of the disease of human lifeand little difficult to understand the problem of a child without attendant of the child and the basic knowledge of *Amraz Atfal*. The study is to enable the student to have a perfect level of understanding the subject by demonstration, discussion, and bed side clinical teaching.

To enable the learner torelate himself with any kind of deviation to take history of the patients and understand the patient condition.

To get acquainted with the possible remedial intervention either by clinical or theoretical.

### Assessment methods and weightages in brief (4 to 5 sentences)

This is based on the guidelines of the NCISM, Govt of India

Paper 100 Marks Theory (breakup Sessional I,II And III= 20Marks in best of two)

In theory examination term courses will be assessed in sessional exams by;

Written exams, Assignments, Presentations etc

Practical 100 +30 + Sessional 1,2 and 3 =20 ForSubject marks in best of two and 20 for internal assessment=250

Term exams for practical will be based on

Viva-voice of the term course, practical record maintenance, group discussions, Preparation of Models and Charts.

Course Code: UNIUG-MOA (BUM401, BUM402, BUM403) Title of the Course: Moalajat

L-T-P 160 hrs Lecture hours- 320 hrs Non-Lecture (Clinical/ Practical)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

CLO-1: Identify the signs and symptoms of different Diseases as per Unani concept

[Remember]

- CLO-2: Apply the basic knowledge of Unani Medicine in the Management of different diseases [Apply]
- CLO-3 Apply the knowledge of modern medical Sciences in the Diagnosis of diseases

# [Understand and Apply]

- CLO-4 Treat the patients of Medical diseases with Unani medicine [Apply]
- CLO-5 Participate in Health care delivery system of the Nation with Leadership skills

# [Apply]

CLO-6 Contribute to the Society with utmost Ethical consideration in the Prevention and Management of different diseases [Remember and Apply]

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	3	3	3	2	2	3	2	2	2	2	2	3	2	3
CLO 2	3	3	3	3	3	2	2	3	2	3	2	3	3	1	2	2
CLO 3	2	2	3	3	3	2	3	3	3	3	2	3	3	2	3	1
CLO 4	3	3	3	3	3	3	3	3	2	3	3	3	1	3	3	3
CLO 5	3	3	3	3	3	3	3	3	2	3	3	3	2	3	2	3
CLO 6	2	3	3	3	3	3	3	3	2	3	3	3	3	2	3	1

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

# Moalajat Paper I

#### Unit 1: Amraze-Nizam-e-A'asab

• Suda`aauruskeaqsam

- Sarsamauruskeaqsam(Franeetas, Lasarghas, Utaash, Sarsam)
- WarmeaghshiyaDimagh(Meningitis)
- Cerebro-SpinalFever)
- Sal`at-e-Dimaghi(TumoursoftheBrain)
- KhurajeDimaghi(BrainAbscess)
- Nazaf-ud-DamDimaghi(Cerebralhaemorrhage)
- Taksir-ud-DamDimaghi(Cerebralthrombosis)
- Tasad-ud-Dimagihi(Cerebralembolism)
- Falijauruskeaqsam(Paralysisanditstypes)
- Laqwa(FacialParalysis)
- Sakta
- Istarkha
- Talayyeen-e-Dimagh(SofteningoftheBrain)
- HuzalZohri(TabesDorsalis)
- Dw`ar(Vertigo)
- Sub`at(Coma)
- Nisyan(Amnesia)
- Sara`a(Epilepsy)
- Tashannuj
- Da`ulraqs(Chorea)
- Ra`sha(Tremors)
- MarzeParkinson(Parkinson`sDisease)
- MarzeAlzheimer(Alzheimer`sdisease)
- WarmeAa`sab(Neuritis)
- Waja`ulAa`sab(Neuralgia)
- ShaqaQaloosDimaghi
- HumraDimaghiya
- Ma`ashra
- Sidr
- ZakawateHisdimagh

- Tasalub-e-Nukha
- Zagoot
- Imtala-e-Dimagh
- Warm-eNukha

### **NafsiyatiAmraz**

- Ta`arufwadarjabandi(Introductionandclassification)
- Iztarab-e-Nafsani(Anxiety)
- Izmehlal(Depression)
- Ikhtlalshakshiyati(PersonalityDisorders)
- Mania(Mania)
- Male`kholiyaauruskeaqsam(Malenkholiaanditstypes),
- Schizophrenia
- Ikhtanaq-ur-Reham(Hysteria)
- Junoon, Kaboos (Nightmare)
- Sahar(Insomnia)
- Ishq(Erotomania)
- Ra'onatwaHumaq
- IkhtilateAql
- MentalRetardation
- DawaonkiyaSharabkenashekiadat(DrugaddictionandAlcoholism)

# **Unit 2:Amraze Ghudade Laqunati (Diseases of Endocrine)**

- Ghuddaelaqanatiaurunkiifrazatkatasawwuratibbakinazarmein(umoomi jayaeza)
- GhuddaeNukhamiakeifrazatki qillatwaifratsehonewaleAmraze.g.,Kibrul Izm(Acromegaly)
- Qazamah(Dwarfism)
- Ziabetussada(DiabetesInsipidus)
- Salatenukhamiya
- GhuddaeDarqiyakeifrazatkiqillatwaifratsehonewaleAmraze.g.,FarteDarqi ya(Hyperthyroidism)

- TasammumeDarqiya(Thyrotoxicosis)
- GravesDisease
- QillatifrazDarqiya(Hypothyroidism)
- Ghoter(Goiter)Cretinism
- SalateDarqiya,
- GhuddaeJanibuddarqiyakeifrazatkiqillatwaifratsehonewaleAmraze.g.,Fart eduraiqiya (Hyperparathyriodism)
- QusooreDuraqiya(Hypoparathyroidism).
- AmrazeGhuddaeFauqulKulya
   likeMutalazemaKoshing(Cushingssyndrome)
- Aldosteroma
- Warmul qawatim (Phoechromocytoma), Addison's disease, aldosteromia (Hypoaldosteronism).

#### MetabolicDisorders

- Diabetesmellitus
- Obesity
- Osteoporosis
- Nuqsetaghzia(Malnutrition)
- NuqseInjizab(Malabsorption)
- waterandelectrolyteimbalance

#### **Unit 3: Amraze Tavarus**

- SibghiJasdiAmraz(Autosomaldisorder)
- SinfivabastaAmraz(Sexlinkeddiseases)
- DiseaseofChromosomal abnormalities(StructuralandNumerical)
- Jinsimubtasar(sexualpaucity)
- Aajilbuloogh(DelayedorIncompletepuberty)
- MutlazimaKlinefelter(Klinfeltersyndrome)
- Downsyndrome
- Turnersyndrome
- TasaddiurRajal(Gynaecomastia)

• Balooghemubtasar(Isosexualprecociouspuberty

### Hummiyat

Hummiyatkaumoomibayan, Jismani Hararat, Tauleedwalkhrajaur Tawazune
Hararatseijmalibehas, Tareefe Humma, Kulli Taqseem wa ajnaskatazkira,
Darjate Hararat, Ista'dade Bukhar, Auqate Bukhar, Muddate Bukharpar
Alamaat se Istedlal, Bukhar Ke Awaraze Lazima, Usoole Tashkhees,
Adame Tashkhees Ki Soorat me Humma ka Usoole Ilaj, Ahkame-ghiza

### • Hummiyat-e-Youm

HummiyateYoumparekUmoomibayan,Ta'areef,Aqsam,AsbabwaAlamaat A`ama,Umoomillajwatadabeer

# • Humma-eKhiltiyaUfoonia

umoomibayan, Mustauqadeu foonat, aqsam, UmoomiAsbaabwa Alamaat, Aam Usoole Ilaj, Hummae Damvi, Matbaqa Sonukhasiski aqsam, Ufonatwa Sukhonat, Hummae Safravi, Ghibbe Daira, Ghibb Lazima

HummaeMuhariqqa,HummaeBalghami,HummaeLisqa(Lazima-wa-Daima),Muwaziba(Naiba),HummaeSaudavi,RubaeDaira,RubaeLazima,Hummae Murakkab,Shatrul Ghib

**Hummiyat haddah,** Ta'reef, Umoomi ilaj, Awariz-wa-Tadaruk,Ahkam-e-Ghiza

- Humma-e-Diqkamukammalbayan
- Humma-e-Auram
- **Bohran:**Ta'aref, Umoomi Alamaat, Alamat-e-Bohran-e-Jaiyad and Bohran-e-Raddi, Bohran ki tadabeer

# Moalajat Paper II

#### Unit 1:

#### Amraz-eTanaffus(RespiratoryDiseases)

- Applied Anatomy and Physiology, Signs & Symptoms, DiagnosticParameters and importantinvestigations oftheSystem.
- Causes,pathogenesis,clinicalfeatures,investigations,diagnosis,differentialdiagnosis,pri nciplesoftreatment,treatment,mamoolatematab,complicationsandimportantprocedures offollowingdisorders:

- Nazla-e-Haar, Baridwa Muzmin
- Sual-e-YabiswaRatab
- COPD(ChronicObstructivePulmonaryDisease)
  - Warm-e-Shoub(Bronchitis)
  - o Zeeq-un-NafasShoubi(BronchialAsthma)
  - o Nafkhat-ur-Riya(Emphysema)
  - o IttisaeShobat-ur-Riya(Bronchiectesis)
- Tadarrun-e-Revi(PulmonaryTuberculosis)
- ZaturRiya(Pneumonia)
- Dubaelat-ur-Riya(LungAbscess)
- Nafkhat-us-Sadr (Pneumothorax), Hyderothorax)Ma'us Sadr),Haemothorax)
- Taqeeh-ur-Riya(Empyema)
- Zat-ul-Janb/shusa(Pleurisy)
- Istasqa-us-Sadr(PleuralEffusion)
- AcuteRespritaryDistressSyndrome(ARDS)
- SartaneShobat-ur-Riya(BronchialCarcinoma)
- TalayyufalRiya(FibrosisofLungs)
- Easinophillia
- EnvironmentalPulmonaryDisorders
- OccupationalHazards
  - o Silicosis
  - o Asbestosis
- FungalInfectionoflung(Aspergillosis, Actinomycosis)
- Basicknowledgeoffollowinginvestigationandprocedures:
  - o ExaminationofSputum
  - o Radiologicalinvestigations(X-ray, USG, CTchest, MRI)
  - o Bronchoscopy
  - PleuralAspiration
  - Cytology
  - Biochemistry
  - Biopsy
  - PulmonaryFunctionTest/Spirometry
  - Allergicsensitivitytest

### Amraaz-eQalbwaDauran-eKhoon(Cardio-VascularDiseases)

- Applied Anatomy and Physiology, Signs & Symptoms, Diagnostic Parameters and important investigations of the System.
- Causes, pathogenesis, clinical features, investigations, diagnosis, differential diagnosis, principles of treatment, treatment, mamoolate matab, complications and important procedures of following disorders:
  - o Soo-e-Mizaje Qalb (Altered temperament of Heart),
  - o Warm-e-Uzn-ul-Qalb,
  - o Izm Uzn-ul-Qalb (Atrial Hypertrophy),
  - Izm Batan-ul-Qalb(VentricularHypertrophy),
  - o Ghashi(Syncope),
  - o Khafqan(Palpitation),
  - Fallot's Tetralogy,
  - o Iltihabe Qalb aur Aqsam (Carditisandtypes),
  - o IltihabeGhilaf-ul-Qalb(Pericarditis),
  - o Istisqa-ul-Qalb(Pericardial Effusion),
  - o Iltihabe Azlat-ul-Qalb (Myocarditis),
  - o AmrazeAzlateQalb(Cardiomyopathies),
  - o IltihabeBetanaeQalb(Endocarditis),
  - o DaulQalbHudari(RheumaticHeartdisease),
  - o Amraze-eSamamaateQalb(Valvulardiseases),
    - TazayyuqeZur-rasain(MitralStenosis),
    - TazayyuqeAorta(AorticStenosis),
    - QusooreZur-rasain(MitralIncompetence),
    - QusooreAorta(AorticIncompetence),
  - o DaulQalb Revi(CorPulmonale)
  - IflaaseQalb(IschaemicHeartDisease)
  - o WajaulQalb(AnginaPectoris),
  - MaitootatulQalb(MyocardialInfarction)
  - Arrhythmias
    - Sura'at-e-Qalb(Tachycardia)
    - Batu-e-Qalb(Bradycardia)
    - ManuateQalb (HeartBlock)
  - SugooteQalb (HeartFailure)

#### CardiacArrest

#### Unit 3

# Amraze-UrooqeDamviya(DiseasesofBloodVessels)

- TasallubeSharaeen(Atherosclerosis)
- IltihabAuridahTakhasuri(Thrombophlebitis)
- Zaght-ud-DamQawi(Hypertension)
- SuqooteDauraneKhoon(Circulatoryfailure)

# Amraz-e Dam wa Lymphaviyah (Diseases of Haemopoetic and Lymphatic System)

- Anemia(FaqrudDam/SualQiniya)-Introduction, Classification, αnd clinical presentation, diagnosis, and special emphasis on Thalassemia and Sicklecellanemia
- NazfudDamMizaji(Haemophilia)
- QillateSufehiyat-ud-Dam(Thrombocytopenia)
- AbyazudDam(Leukaemia)
- Lymphoma
- AmrazeTihal(DiseasesofSpleen):
  - 1. WarmeTihal(InflammationofSpleen)
  - 2. SartaneTihal(CarcinomaofSpleen)
  - 3. Izm-e-Tihal(Splenomegaly)

### Basic Knowledge of Following Investigation and Procedures:

- 1. Electrocardiography(ECG)
- 2. Echocardiography&TreadmillTest
- 3. Angiography&Angioplasty
- 4. CardiacCatheterisation
- 5. PericardialParacentesis
- 6. CardiacBiomarkers
- 7. LipidProfile

# Moalajat Paper III

#### Unit 1

#### Amraaze-NizameHazm (DiseasesofDigestiveSystem)

• AppliedAnatomyandPhysiology,Signs&Symptoms,DiagnosticParameters and

- importantinvestigationsoftheSystem.
- Causes,pathogenesis,clinicalfeatures,investigations,diagnosis,differentialdiagnosis,prin ciplesoftreatment,treatment,mamoolatematab, complications and important procedures of following disorders:
- Amraze-eMari(DiseasesofOesophagus)
  - WarmeMari(Esophagitis)
  - lstirkhaeMari(AchlasiaCardia)
  - TaqahqureMari(Refluxesophagitis)
  - Usrulbal'a(Dysphagia)
- AmrazeMeda(Diseasesofstomach)
  - Zoafe-Meda(weaknessofthestomach)
  - Sooe-MizajMeda(alteredtemperamentofStomach)
  - Warme-Meda(Gastritis)
  - WajaulFawad
  - QarheMedawaAsnaAshri(Gastric&Duodenalulcer)
  - Sartane-Meda(Carcinomaofstomach)
  - Naf'kh(Flatulence)
  - Fawaq(Hiccup)
  - $\bullet \quad Qillatwa kasratehumoozate Medi (Hypoandhyperacidity)\\$
  - NuqseIshteha(Anorexia)
  - Ghasyan(Nausea), Qai(vomiting), Tehevvo(Eructation),
  - Joo'ulbaqar(Bulimia)
  - Zauf-e-Hazm, Soo-e-Hazm, Tukhma
  - Qai-ud-dam(Haemetemesis)
  - Baraz-ud-dam(Melaena)
- Amraz-eAma'a(Intestinaldiseases)
  - Warm-eAma'a(Enteritis)
  - Tadarrun-eMevi(Intestinaltuberculosis)
  - Is'hal(Diarrhoea)
  - WarmeQolon(Colitis)

- Crohn'sdisease
- Zaheer(Dysentery)
- SahajeAma'a(IntestinalAbrasion)
- ZalaqulAma'a
- Illatetahreek-e-Mevi(Irritablebowelsyndrome)
- QoolanjeAma'a(Intestinalcolic)
- DeedaneAma'a(Intestinalworms)
- Bawaseer(Haemorrhoids)
- Qabz(Constipation)
- Amraz-eKabid(LiverDiseases)
  - ZoufaurSaqootKabid(HepaticInsufficiencyandFailure)
  - SooemijazKabid(AlteredHepaticTemperament)
  - Warm-eKabid(Hepatitis)
  - DubailatulKabid(Liverabscess)
  - Talayyuf-ul-Kabid(Cirrhosisofliver)
  - SartanulKabid(Hepaticcarcinoma)
  - Yarqan(Jaundice)
  - IzmeKabid
- ➤ Amraz-eMirara(DiseasesofGallBladder)
  - Warm-eMirara(Cholecystitis)
  - HisatulMirara(Cholelithiasis)
  - Sartan-eMirara(Carcinomaofgallbladder)
- Amraz-eBaritton(DiseasesofPeritonium)
  - WarmeBaritoon(Peritonitis)
  - Istisqa(Ascitis)aurisskeaqsaam
- ➤ Amraz-e-Banqaras(DiseasesofPancreas)
  - Warm-eBangaras(Pancreatitis)
  - Warm-eBaritoon(Peritonitis)

#### Unit 2

Amraze-eNizameBaul (Disease of Urinary System)

- SueMizajKulliya
- ZoufewaHuzaleKuliya
- WarmeKulliya(Nephritis)
- Diqqul Kulliya(Renaltuberculosis)
- Hisatul Kulliya(Renalstones)
- Wajaul Kulliya(Renalcolic/Nephralgia)
- IstesqaulKuliya(Hydronephrosis)
- Nephriticsyndrome
- Tasammume bouli(Uraemia)
- Suqoot-e-Kuliya(RenalFailure)
- Amraze-eMasana(BladderDisorders)
- ZoafeMasana(Dystoniaofthebladder)
- WarmeMasana(Cystitis)
- HisatewaramaleMasana(BladderStones)
- IhtebaseBaul(Retentionofurine)
- SalasulBaulandTaqteerulBaul
- Bauluddam(Haematuria)
- TadiaMajra-e-Bauli(UrinaryTractInfection)
- BauleZulali(Proteinurea/albuminuria)
- KasratwaQillateBaul(polyandOliguria)
- Baulfilfarash(Bedwetting)

# **Amraze-eTanasul(Genital Disorders)**

- Zoafebah(Anaphrodisia)
- Sur'ateInzaal(Prematureejaculation)
- KasrateIhtelam(Excessivenocturnalemissions)
- Jiryanemaniwamazi(SemenorrhoeaProstatorrhoea)
- Warmeghuddaemazi(Prostatitis)
- WarmeKhusia(Orchitis)
- Qillatemanaviya(Oligospermia)

- QillateHuwainiyatmanaviya(Oligozoospermia)
- Erectiledysfunction(NuqseNaooz)
- Uqr(Infertility)

#### Unit 3

# AmrazeMutaddiyeh

Causes, pathogenesis, clinical features, investigations, diagnosis, differentialdiagnosis, principles of treatment, treatment, mamoolat-e-matab, complications and important procedures of following disorders:

#### 1. Amraz-e-Mutaddiwabai

- Conceptandclassificationofinfectious diseases, usoole-ilajwailaj
- BriefdiscussionofBacterial, viral, protozoalandhelmenthic causes of fever
  - Hummae Meviya(Typhoidfever)
  - Hummae Ijamia(Malarialfever)
  - KalaAzar(Lieshminiasis)
  - Hummae Hudariya(Rheumaticfever)
  - Hasba/Khasra(Measles)
  - Humaiqa(Chickenpox)
  - Anafulanza(Influenza)
  - Ta'oun(Plague)
  - Hummae Danj(Denguefever)
  - Hummae Asfar(Yellowfever)
  - Hummae Qurmiziya(Scarletfever)
  - BirdFlu
  - Ebola
  - Chickungunia
  - SwineFlu
  - ZikaVirus
  - SARS
  - Coronavirus disease

- KanasurForest Fever(MonkeyFever)
- Pyrexiaofunknownorigin
- o AIDS
- o Kuzaaz(Tetanus)

#### Amraze-MafasilwaIzaam

- Wajaul-Mafasil–Rakba, Unq, Zahar, Qutun, Khasira, Warik, Aqib, Katifetc).
- Iltehabe- Mafasil
- Nigras
- Irqunnasa
- Tahajjure- Mafasil
- Hadba-wa-riyahul-afrsa
- Iltihabul-fuqrat
- Wajaul mafasil hudari (RheumatoidArthritis)
- Osteomyelitis
- Osteomalacia (Layyanul Izaam)
- Kussah(Ricketes)

#### MatabwaNuskhaNaveesi

- TaraqiMatabkeUsool waZavabit
- Fan-e-NuskhaNavesi
- NuskhaNavesikeUsool
- MatabkeKhusoosiyat
- TabeebkeKhusoosiyat
- UsoolwaRamoozeIlaj
- UsooleIlaj
- AamaleDawaSaazi
- Tibbi Auzan

- Miqdaar Khurak
- Biochemistry, Haemotologicalvalues,
- Usooletashkhiswatajvizmaijadeedizafaat
  - a. Biochemistry
  - b. Haemotological values,
- Nuskha Khalale Shikam
- NushkaNaveesi wamujaribat
  - O AmrazeRaas waAsab
  - AmrazeQalbwaDauranekhoonwalymphavia
  - O AmrazeSadar
  - AmrazeMeda,mari,Ama
  - AmrazeKulliya,Baulwatanasul
  - AmrazeJigar, Tihalwabanqaras
  - AmrazeMafasil
  - O Hummiyat, Amraze Wabaiyaka Usoole Ilaj
- 1. **Refence Books** Ibn Sina, Al Qanoon Fit Tib (Urdu Translation by Ghulam Hasnain Kantoori), 2010, Idara Kitab us Shifa
- 2. Abul Hasan Ismail Jurjani, Zakheera Khawarizam Shahi (Urdu Translation by Hadi Hasan), 2010, Idara Kitab us Shifa
- 3. Majoosi, Kamil us Sana'a (Urdu Translation by Ghulam Hasnain Kantoori) Idara Kitab us Shifa
- 4. Mohammad Kabiruddin, Tarjuma Kabir (Sharah Asbab- Urdu), 2007, Aijaz Publishing House, New Delhi
- 5. Joseph Loscalzo, Anthony S. Fauci, Dennis L. Kasper et al., Harrison's Internal Medicine, 21st Edition, 2022, published by Mc Graw Hill Professionals
- 6. Stuart Ralston, Ian Penman, Mark Strachan, Richard Hobson, Davidson's Principal and Practice of Medicine, 23<sup>rd</sup> Edition, 2018, Pbulished by Elsevier Publications
- 7. Matab wa Nuskha naveesi by Prof. Abdul Mannan
- $8. \quad Mamoolate Matab Ajmal Khan Tibbiya Collegehospital, Aligarh by Prof Abdul Mannan and Mannaham M$

- 9. Tajarbaat-e-MatabbyHakeemAbdul Mannan
- 10. Tazkarah-e-Jaleel by Hakeem Jaleel Ahmed

## **Teaching-Learning Strategies in brief (4 to 5 sentences)**

Proper and regular Classroom Teaching

Exhaustive Clinical training in OPD and IPD

Case Studies and Assignments

Assessment methods and weightage s in brief (4 to 5 sentences)

As per NCISM Guidelines

Course Code: UNIUG-QAN(BUM404,BUM403)

Title of the Course: ILMULQABALAT WA AMRAZE NISWAN

Paper I- Ilmul Qabalat; Paper II – Amraze Niswan.L=100. P 170,

UNIUG-QAN L=100.P=170

**Teaching Hours per Unit= 16.6 hrs per Unit.** 

## COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)

After completing this Course, the students should be able to:

- CLO-1- Explain **Analyse and understand** the clinical presentations of various diseases, related to gynaecology and pregnancy, along with functional abnormalities of diseases as per the Unani medicine and modern contexts
- CLO-2 **Apply** Unani fundamental principles, skills as well as current medical knowledge, diagnostic tools and techniques for diagnosing, staging and prevention of diseases.
- CLO-3 **evaluates** and **assessesment of the** clinical presentations of diseases of Female genital system on the basis of Unani and modern concepts.
- CLO-4 **Utilize** the practical knowledge, to perform the deliveries, antenatal care, postnatal care, Colposcopy handling, surgical interventions related to the field. pathological knowledge to properly order and interpret hematologic and coagulation, urine tests, including CBC's, BT,CT, LFT's, KFT's PT's, for the proper diagnosis and effective treatment of patients with hematologic, bleeding, and thrombotic disorders.

CLO-5 **Develop**the passion for higher studies of in the field of Gynaecology & Obstetrics, also develop the medical interview and physical exam & to provide culturally competent health care.

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL	PS	PS	PS	PS											
	O	O	0	O	O	O	0	O	0	O	0	0	O	O	O	o
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4
CLO 1	3	3	3	3	3	2	3	2	2	2	2	2	3	2	1	2
CLO 2	2	3	2	2	3	2	2	1	2	3	1	2	1	1	1	3
CLO 3	3	3	3	2	2	2	2	2	2	2	3	2	3	3	1	3
CLO 4	1	2	2	2	2	2	2	2	2	2	3	2	2	1	2	3
CLO 5	2	2	3	3	2	2	2	3	1	2	1	1	2	2	3	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

## **Detailed Syllabus:**

## **Paper I: Ilmul Qabalat (Obstetrics)**

## **Unit I (1-8)**

1.ANATOMY OF FEMALE GENITAL ORGANS. (ZANANA AZA-E- TOLID KI TASHREEH) زنانه اعجاء تولید کی تشریح

2.FEMALE PELVIS AND ITS DIAMETERS. (ANA KA TAFSILI BAYAN AUR USKE AQTAR) AND FOETAL SKULL AND ITS DIAMETER(JANNEENI RAAS AUR USKE AQTAR) عانه کاتفصیلیبیاناور اسکے افطار

- 3.OVULATION, FERTILIZATION, IMPLANTATION,(TABVEZ, AMAL-E- BARAWRI, AMAL-E- TANSEEB)تبويض ، عملبرآری ،عملتنصيب
- 4.DEVELOPMENT OF FOETUS.(JANEENI IRTEQA) جنينيارتقاء
- جنينيدورانخون(JANEENI DOARAN-E-KHOON) جنينيدورانخون
- 6.AMNIOTIC FLUID AND FOETAL MEMBRANES (RATOOBAT-E-AMINOOSI WA AGHSHIYAE JANEEN) رطوبتآمنيوسي و اغشيهجنيني
- 7.NORMAL PLACENTA, ABNORMAL PLACENTA. (TABAIEE MASHIMA, GHAIR TABAI MASHIMA) طبعیاور غیرطبعیمشیمہ
- 8.UMBILICAL CORD, ABNORMALITIES OF UMBILICAL CORD. (TABAIEE HABLUSSURAH, GHAIRTBAI HABLUSSURAH) طبعياور غيرطبعيحبلالسره

# **Unit II (9-13)**

- 10.PREGNANCY & PHYSIOLOGICAL CHANGES (HAMAL AUR HAMAL KE TABAIEE TAGHAYYURAT)حمل و طبعيتغيرات
- 11.SINGS & SYMPTOMS OF PREGNANCY. (HAMAL KI ALAMAT VA NISHANIYAN)حملکیعلامات و نشانیانDIAGNOSIS OF PREGNANCY. (HAMAL KI TASHKHEES)حملکیعلامات
- 12. PSEUDOCYESIS (FALSE PREGNANCY) (HAMAL-E- KAZIB) (RIJAA') حمل
- 13. ANTE-NATAL CARE (HAMLA KI NIGAHDASHT) حملکینگېداشت 13.FEOTUS IN UTERO & FEOTO PELVIC RELATIONSHIP. (JANEEN,JANEEN WA HAUZ E ANA KE TALUQQAT جنینأجنینی و حوضعانیکے تعلقات

#### **Unit III (14-15)**

- 14.NORMAL LABOR, MECHANISM AND MANAGEMENT. (TABAIEE WAZA-E-HAMAL, MIKANIA VA INTEZAMIA) طبعيوضعهملميكانيه و انتظاميه
- 15. ABNORMAL LABOUR AND ITS MANAGEMENT (GHAIR TABAIEE WAZA-E-HAMAL AUR UNKE INSARAM INTEZAMAT)غير طبعيو ضعحملاور انكے انتظامات

## **Unit IV (16-18)**

16. ABNORMAL PRESENTATIONS (GHAIR TABAIEE TATREEQAT) غيرطبعيتطريقات 17.TWINS & MULTIPLE PREGNANCY (HAMAL –E- TAWAM VA HAMAL-E-ADEED) حملتوام و حملعديد

## منقبضعانه (MUNQABIZ ANA) منقبضعانه

## **Unit V(19-21)**

#### 19.MEDICAL ,SURGICAL AND GYNECOLOGICAL DISORDERS IN PREGNANCY

Hypertensive Disorders in Pregnancy, Epilepsy ,
Anaemia, Heart Diseases, Thyroid Disorders, Renal Disorders, Fevers , Viral
infections, Tuberculosis, Rh Isoimmunization, Hyperemesis gravidarum, constipation,
Haemorrhoids, oedema, pruritus vulva, insomnia, Varicosity, Jaundice, Diabetes Mellitus,
Nephritis

#### 20.OBSTETRIC DISORDERS IN PREGNANCY

- Abortion. (Isqat)اسقاط
- Ectopic pregnancy. (Hamal Kharij ure Reham)حملخار جالرحم
- Intra Uterine Growth Retardation(IUGR) آئييو جيار
- Oligohydramnios. (Qilatte Mae Amniosi) and Polyhydramnios. (Kasrat-e-Mae Amniosi)
- Ante Partum Haemorrhage,.(Jiryan-uddamQablulwiladat)جريانالدمقبلو لادت
- Post-Partum Haemorrhage. (Jiryan-uddamBadulwiladat) جريانالدمبعدالولادت
- Gestational and Trophoblastic Diseases

21. PRETERM LABOR(Muajjal, Wiladatqabluzwaqt), PRETERM RUPTURE OF MEMBRANE(Inshiqaaqeghishaejaneenqabluzwaqt), POST MATURITY, INTRA UTERINE FETAL DEATH (FAUT E JANEENI) فوتجنيني

## **Unit VI (22-28)**

22. NORMAL PERPUERIUM AND ITS MANAGEMENT (ZAMAN-E- NIFAS AUR USKE AWAREZAT) زمانهنفاساوراسکےعوارجات

ABNORMAL PUERPERIUM AND ITS MANAGEMENT (GAIR TABAIEE ZAMANE NIFAS)

- 23. OBSTETRICAL PROCEDURES & OPERATIONS.
  - Version (Gardish) گردش
  - Episiotomy (Qata-ul- Ejaan)قطععجان
  - Forceps and Vaccum Delivery. ملقطيو جعحمل
  - Caesarean Section (Shigaaf-e-Qaisree شگافقیصری)
  - Destructive operations ( TakhreesiDastkariya) تخریبیدستکاریاں

## 24.ASSESSMENT OF FETAL WELBEING (Foetal surveillance)

#### 25.DRUGS IN PREGNANCY

# نگېداشنتومولود(NEONATAL CARE (NAUZADA KI NIGHAHDASHT)نگېداشنتومولود

- Normal neonate
- Breast Feeding (Raza'at)رضاعت
- Immunization Schedule (ManaatiKhaka)مناعتیخاکہ
- Premature Neonates
- Postmature Neonates

#### **27.NEONATAL DISEASES**

- Asphyxia Neonatorum (Habs-e-Tanaffus) حبستنفس
- OphthalmiaNeonatorum (Aashob-e- Chashme Naumaulood) آشوبچشمنومولودي
- Icterus Neonatorum (Yarqanenaumaulood) يرقاننومولودى
- Convulsions (Tashannuj) تشنج
- Congenital Syphilis (KhalqiAatshak) آتشكخلقي
- Neontal diarrhea(Ishalenaumaulood) اسبالنومولودي

#### 28.CONGENITAL ANOMALIES OF NEWBORN

- Hydrocephalus (Ma ur Raas)ماءالرااس
- Anencephaly (Adam-e- Dimagh) عدمدماغ
- Microcephaly (SighrudDimagh) صغردماغ
- Congenital Heart Diseases (C. H.D.)خلقيامراضقلب

# JUZ E AMLI (PRACTICAL) OBSTETRICS

- History taking and examination of a pregnant woman (15 cases)
- Non stress testing of fetus; biophysical scoring of fetus
- Monitoring and conduct of a normal labour
- Intrapartum fetal surveillance. Charting partograph
- Induction of labour, amniotomy
- Management of third stage of labour, prevention and treatment of post partum hemorrhage
- Witness caesarean section, breech delivery, forceps and vacuum delivery

- Essential care of a newborn
- Postpartum care
- Putting notes of delivery, an abortion, taking consent

# **Operative Skills**

- Observe of normal delivery on manikins and simulators
- Making and repair of episiotomy on simulators
- Insertion and removal of intrauterine device, postpartum insertion of intrauterine contraceptive device
- Observe and assist minilab tubal ligation (Under supervision)
- Catheterization
- Drawing blood sample line
- Initiating an intravenous tube
- Managing nasogastic tube
- Management of hemorrhagic
- Stitch removal
- Pelvic examination during labor
- Intramuscular injections
- Universal precautions

## Paper II: Amraz e Niswan (Gynaecology)

#### **Unit I (1-7)**

- 1. TASHREEH AZA-E-TANASULYA-WA-GHAIR TABAI SHAKLEIN (ANATOMY OF FEMALE GENITAL ORGAN &MALFORMATION OF GENITAL TRACT)
- 2. TASHREEH E SADDIYEIN (ANATOMY OF BREAST)
- 3. AFAAL-E-AZA- E TANASULYA (PHYSIOLOGY OF GENITAL ORGAN)
- 4. MAREEZ KE SABIQA HALAAT WA ISTAFSARAAT (HISTORY TAKING AND CLINICAL EXAMINATION)

- 5. BALOOGHAT (PUBERTY)
- 6. INQATA E TAMS (MENOPAUSE AND ITS RELATED PROBLEMS)
- 7. TABAI IDRAR-E-TAMS AUR NIZAAM-E- LAQANAATI (PHYSIOLOGY OF MENSTRUATION AND ENDOCRINE SYSTEM)

## Unit II (8)

- 8. FATOORAT-E-TAMS (MENSTRUAL DISORDERS)
- 1. Ahtabaas-e-Tams (Amenorrhoea)
- 2. Tams Makhfi or Tams Kazib or Haiz -e- Makhfi (Cryptomenorrhoeal)
- 3. Usar-e-Tams (Dysmenorrhoea)
- 4. Qillat Tams (Oligomenorrhoea)
- 5. Tahtut Tams (Hypomenorrhoea)
- 6. Taadud-e-Tams (Polymenorrhoea)
- 7. Kasrat-e-Tams (Menorrhagia)
- 8. Istehaza (Metrorrhogia)
- 9. Nazaf-ur-Reham usrul-Wazeefi (Dysfunctional uterine Bleeding D. U. B.)
- 10. Nazaf-ur-Reham bad inqata e Tams (Post-Menopausal Bleeding)

## **Unit III (9-10)**

9. AMRAZ-E-FURJ (DISEASES OF VULVA)

Hikkat-ul-Furj (Pruritus Vulvae)

Jarab-ul-Furj (Scabies of Vulvae)

Qurooh-ul-Furj (Ulcers of Vulva)

Izmul-Bazar (Enlargement of clitoris)

Iltihab –e- Furj (Vulvitis)

## 10. AMRAZ-E-MEHBAL (DISEASES OF VAGINA)

Iltihab-e-Mehbal (Vaginitis)

Qurooh-e-Mehbal (Ulcers of Vagina)

Istarkha-e-Mehbal (Atony of Vagina)

Khurooj-e-Mehbal (Prolapse of Vagina)

Tashannuj-e-Mehbal (Vaginismus)

DaweerawaSulaat-e- Mehbal (Cyst and Tumours of Vagina)

# **Unit IV (11-14)**

#### 11. AMRAZ-E-REHAM (DISEASES OF UTERUS)

Iltihab-e-Unaq-ur-Reham (Cervicitis)

Ta' akkul-unaq-ur-Reham (Cervical Erosion)

Sulaat-e-unaq-ur-Reham (Tumours of cervix)

Iltihab-e-Reham (Inflammation of Uterus)

Mailan-ur-Reham (Version of Uterus)

Aujaj-ur-Reham (Flexion of Uterus)

Inzalaq-e-Reham or Khurooj-e-Reham (Prolapse of Uterus)

Inqalab-e-Reham (Inversion of Uterus)

Sulaat-e-Reham (Pyometra)

Ijtama-e-Sadeed-e-Reham (Rupture or perforation of Uterus)

Inshaqaq-e-Reham (Morbidity of Uterus)

Sua-e-Mizaj-e-Reham (Abnormal Temprement of uterus)

# 12. AMRAZ-E-QAZAFAIN-WA-KHUSYATUR-REHAM ((DISEASES OF THE FALLOPIAN TUBES AND OVARIES)

Iltihab-e-Qazafain (Salpingitis)

Istasqa-e-Qazafain (Hydrosalpinx)

AmbubiIjtama-e-Sadeed (Pyosalpinx)

AmbubiMubeeziKhuraj (Tubo-ovarian abscess)

Iltihab-e-Khusyatur-Reham (Oophoritis)

Inzilaq-e-Khusyatur-Reham (Prolapse of ovaries)

Daweera-wa-Sulaat-Khusyatur-Reham (Cyst and tumours of ovaries)

# 13. SAILAN-UR-REHAM WA GHAIR TABAIEE AFRAZAAT E MEHBAL (EXCESSIVE AND ABNORMAL VAGINAL DISCHARGE)

14. UQR OR AQR (INFERTILITY)

## Unit V (15-20)

- 15. AZA-E-TANASULYA KE-ZARBAAT (INJURIES OF GENITAL TRACT)
- 16. AZA-E-TANASULYA-KE-NAASOOR (GENITAL TRACT FISTULAE)
- 17. ILTISAQ WA TAZAYYUQ-E- AZA-E-TANASULYA (ADHESIONS & ATRESIA OF GENITAL TRACT)
- 18. DAROON E- REHMIYAT (BATAN-E-REHMIYA (ENDOMETRIOSIS)
- 19. AMRAZ E MANQOOLA JINSIA OR AMRAZ--E-ZUHRAVIYA (SEXUALLY TRANSMITTED DISEASES)

Qarah-e-Rakhv (Soft Sore or Chancroid)

Aatshak (Syphilis)

Suzaak (Gonorrhoea)

Chlamydial infection

**Trichomoniasis** 

Illat-QillatManaat-E-Maksooba (IQMEM) (HIV and AIDS)

**HSV** (Herpes Simplex Virus)

HPV (Human Papilloma Virus)

Lympho granuloma Inguinale, Granuloma venerum

20. TADARUN-E-AZA-E-TANASULYA (GENITAL TUBERCULOSIS)

#### **Unit VI (21-26)**

- 21. LAYYAN UL IZAAM (OSTEOMLACIA).
- 22. JINS WATAGHAYYURAT-E-BAIN-UL-JINS (SEX &INTERSEXUALITY)
- 23. AMRAZ-E-NISWAN MEIN HOMONE SE ILAJ (HORMONE THERAPY IN GYNAECOLOGICAL DISORDERS)
- 24. KHANDANI MANSOOBA BAND (FAMILY PLANNING & CONTRACEPTIVE MEASURES)
- 25. TASHKHEESI WA MOALIJAATI AMALYAAT (DIAGNOSIS AND THERAPEUTIC PROCEDURES)

Hormone Assay

Screening procedures (VIA, Ciller's test, Pap's Smear, HVS etc)

Imtihaan –e- Khalvi (Cytological examinations)

Imtihaan-e-Naseej-e- Marzi (Histopathological examinations)

Qaisar-e-Batan (Laprotomy)

Batan Beeni (Laparoscopy)

Batan Beeni hamrahRangbeeni (Laparascopy with dye instillation)

HawaiAmboobNigari(Tubal insufflation Test)

Shigaaf-e- Reham (Hysterotomy)

Ambubi- rehamNigari (Hysterosalpingopraphy)

Reham Barari (Hysterectomy)

SalaaLeefiRehmiBarari (Myomectomy)

IttasawaIjtaraafa (Dilatation and Curettage)

Imaging Techniques in Gynaecology(Ultra Sonogram C.T.Scan, X-rays and

## Magnetic Resonance Imagining)

# 26. AMRAZ-E-SADDIYAIN (DISEASES OF BREAST)

Imtehaan-e- Saddiyain(Breast Examination)

Iltihab-e-Saddiyain (Mastitis)

Khuraj-Saddi (Breast Abscess)

Daweera-wa-Sulaat-e-Saddi (Cyst and tumours of Breast)

## JUZ E AMLI (PRACTICAL) GYNAECOLOGY

- History taking and examination of a pregnant woman (15 cases)
- Tutorial on Breast Self-Examination (BSF)
- Making of pap smear, wet smear preparation on vaginal discharge, conducting visual inspection after application of acetic acid (VIA)
- Observe and assist minor gynecological procedures
- Observe and assist insertion and removal of intrauterine contraceptive device
- Family counselling and Application of Contraceptive device

#### **Reference Books:**

- 1. Authors (year), Title of the Book, Edition, Publishers, Place of Publication, Page Nos.
- 2. Dutta'sDC(2015), Textbook of Obstetrics, 9thEdition, Jaypee Brothers, New Delhi.
- 3. Padubidri VG, Shirish (2004) ND. Shaw's Textbook of Gynaecology 13<sup>th</sup> edition, Elsevier India.
- 4. Malhotra. N, (2015)Jeffcoat's Principles of Gynaecology,8thedition,Jaypee brothers, New Delhi
- 5. Baker P.N, Kenny L.C, Obstetrics by Ten Teachers, 19<sup>th</sup> edition, Hodder Arnold, An Hachette UK Company.
- 6. Baker P.N, Kenny L.C, Gynaecology by Ten Teachers, 19<sup>th</sup> edition, Hodder Arnold, An Hachette UK Company.
- 7. Amrze-Niswan, Prof. Suhail Fatima,
- 8. Rahbar, Dr. Hamida Aquil
- 9. Dawn C.S, Textbook of Obstetrics, Neonatology & Reproductive & Child Health Education ,16<sup>th</sup> edition;Kolkata
- 10. Razi ABZ, Kitabul Hawi, Vol 9 New Delhi, CCRUM;2001.

11. Guppta S, A Copmrehensive Textbook of Obstetrics & Gynaecology.2001, New Delhi; Jaypee Brothers.

## **Teaching-Learning Strategies in brief (4 to 5 sentences)**

Core educational contents like books and lectures both offline and online, group-discussions, classroom interactions open-ended study questions etc are carefully balanced to adjust course curricula. Teaching learning process is designed to create a collaborative opportunity for analyzing, problem solving, summarizing, and using visual or verbal descriptions to explain complex medical concepts in a simple manner in the classroom.

Practical training methods include history taking & examination in OPD, description on simulator on physical as well as e-simulator, Models & Chart, Bedside examination, Indoor teaching, Instruments explaination. And posting in the Hospital in OPD and IPD

## Assessment methods and weightages in brief (4 to 5 sentences)

Based on the guidelines of the NCISM, Govt of India

Paper I 100 Marks Theory (breakup Sessional I,II And III= 25 Marks in best of two)

Paper II 100 Marks Theory (breakup Sessional I,II And III= 25 Marks in best of two)

In theory examination term courses will be assessed in sessional exams by;

Written exams, Assignments, Presentations etc.

Practical 100 Marks Sessional (1,2 and 3 = 25 marks in best of two to be counted)

Term exams for practical will be based on Viva-voce of the term course, Bedside practical and their record maintenance, Preparation of Charts and identification of Instruments and Models.

## Course Code:UNIUG-IJ (BUM 405 A&B)

Title of the Course:Paper 1= Jarahat Umoomi, Paper II=Jarahat Khusoosi

L-T-P L=150, P=300, Total=450.12.5 Hrs per Unit.

(L=Lecture hours, T=Tutorial hours, P=Practical hours).

## **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

CLO-1 Understanding the basic concept of surgery as per the Unani medicine and modern contexts.

- CLO-2 **Apply** unani principles, skills as well as current medical knowledge, diagnostic tools and techniques for making diagnosis, treatment and prevention of diseases
- CLO-3 Analyse the surgical procedure on the basis of Unani and modern concepts.
- CLO-4 **Develop**the extra interest for higher studies in the field of surgery.
- CLO-5 **Utilize** the modern tools and techniques for surgical procedures.

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL	PS	PS	PS	PS											
	О	O	O	О	O	O	О	О	O	O	О	O	O	O	O	O
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4
CLO1	3	3	3	3	3	3	2	2	2	2	2	2	2	2	3	1
CLO2	3	3	2	3	3	2	3	2	2	3	3	2	3	2	3	2
CLO3	3	3	2	2	1	2	2	2	2	3	2	2	1	3	2	3
CLO4	2	1	1	3	2	1	1	3	1	1	1	3	2	3	3	2
CLO5	3	3	3	2	2	2	2	2	2	3	2	2	3	2	1	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

## **Detailed Syllabus:**

## JARAHIYAT (SURGERY) SYLLABUS

Paper – I Jarahiyat Aamma (General Surgery)

Unit 1: 1. Tareekhi Khaka (Historical aspects)

- 2. *Iltihab* (Inflammation):
  - Mahiyat (Pathology)
  - · Asbaab (Causes)
  - · Darjabandi (Classification)
  - · Alamaat (clinical features)

- · Awarizat (complications)
- · *Ilaaj* (treatment)

#### 3. Jarahat (Wounds):

- · Darjabandi (Classification)
- · Alamaat (Clinical features)
- · Usoole Ilaaj (Principles of treatment)

# Unit 2: Ta'diya (Infection):

## a) *Tadiya umoomi* (General Infection):

Taffunuddam (Septicaemia), Tasmmumuddam (Toxaemia), Taqihuddam (pyaemia),

Jaraseemuddam (Bacteraemia)

Aam advia ki tajweez (General prescription of the Unani and Allopathic drugs).

Jaraseemekush (Antibiotics),

Vairoosikush (Antiviral),

Phaphoond kush (Antifungal)

# b) Ghair nauvi tadiya (Non specific infection):

Itihabe khalvi (Cellulitis), Kharaj aur Aqsaam (Abscess and its types), Dubaila (Boils), Busoo (Carbuncle), Shabe chiragh (Erysipelas), Hamara (Anthrax), Kharaje barid (Cold abscess).

## c) Nauvi Tadiya (Specific Infections):

Soozak (Gonorrhoea), Atashak (Syphilis), Diq (Tuberculosis ), Kuzaaz (Tetanus) Khunnaq (Diphtheria), Juzaam (Leprosy), AQMA (AIDS), Daul feel (Filariasis)

## Unit 3: 1. *Majri* (Sinus) and *Nasoor* (fistula), *Qurooh* (Ulcer), *Ghangharana* (Gangrene),

Dauzzaheb (Lupus Vulgaris).

## 2. Harq wa salq (Burns and Scald),

Darjabandi ( classification)

Alamaat (clinical features),

## Awarizat( complications)

*Ilaaj* ( treatment),

Jildi tateem (Skin grafting) and its types, process of healing, Usoole Ilaaj (principles of treatment).

#### 3. Sal'aat (Tumours) and Akyas (Cysts):

Darjabandi (Classification),

*Alamaat* (Clinical features),

Usoole Ilaaj( Priciples of treatment),

- 4. Nakhoon ke umooomi Amraaz (Common diseases of nail)
- 5. Tawazune Sayyalaat wa Namkiyat (Fluids and electrolyte balance), Tawazune

Hamz wa isaas (Acid-Base balance),

Ghair mewi taghziya (Parenteral nutrition).

6. Jaryanuddam (Haemorrhage), Sadma (Shock), Darjabandi ( classification)

Alamaat (clinical features),

Awarizaat( complications)

*Ilaaj*( treatment),

## Unit 4: 1. **Intiqaluddam (Blood transfusion)** Mazhar zaroorat (Indications)

*Ijtima* (Collection)

TareeqaeIntiqal (Method of transfusion)

Awarizaat (Complications) aur unka Ilaaj (and their treatment)

- 2. Amale takhdeer (Anaesthesia):
  - (a) Tarikhi Khaka (Historical aspect)
  - (b) M'uaina qable takhdeer (Pre-anaesthetic assessment) and Istimaale Advia qable takhdeer (pre-anaesthetic medication)
  - (c) Aqsaame Amale takhdeer (Types of anaesthesia)
    - i. Amale takhdeer umoomi (General Anaesthesia).
    - ii. Amale takhdeer Aqalimi (Regional Anaesthesia)
  - (iii) *Amale takhdeer nukhaee* (Spinal Anaesthesia)
  - (iv) Amale takhdeer Bairoone jafiya (Epidural anaesthesia)
  - (v) Amale takhdeer muqami (Local Anaesthesia)

Mundarja bala amale takhdeer ke tariqa kar, mustamil advia, ifadiyat wa awarizat aur unka Ilaaj (Methods/procedures of above mentioned types of anaesthesia, drugs I anaesthetic agents, benefits, complications and management.)

#### Unit 5: 1. *Huboot Ilaaj Qalb wa Riya* (Acute Cardio-Pulmanary Resusciation)

- 2. Masnueei amale tanaffus (Artificial Respiration)
- 3. *Ilaaj bit Tasneem* (Oxygen Therapy)
- 4. Ilmul Azaam wa mafasil (Orthopedics):
  - a) Tarikhi Khaka (Historical aspect)

Ta'reef (definition) and umoomi bayan (general description)

b) Kasr (Fractures):

- (i) *Umoomi bayan* (General description), *Darjabandi* (classification), *Alamaat* (clinical features), *Awarizat*( complications), *Ilaaj* (treatment),
- (ii) Balaee atraf ke kusoor, Kasre tar'qua, Uzd, Zanade ala wa asfal, Izame mashtul yed, Izame rasghul yed (Fracture of bones of upper limb and its management: clavicle, humerus, radius and ulna, metacarpal bones and carpal bones.)
- (iii) Zereen atraaf ke kusoor aur unka Ilaaj, Aana, Qasbae Kubra, Qasbae Sughra, Mushtul qadam wa Rusghul qadam, Azmul Fakhaj, & Raz'fa (Fractures of bones of lower limb and its management: Pelvis, tibia and fibula, tarsal and metatarsal bones Femur and patella)
- (iv) Kasre umudul fuqrat (Fracture of the spine)
- (v) Kasre fakke aala wa asfal (Fracture of Jaws)

## (c) Khala aur uska Ilaij (Dislocations and its management)

- (i) Bala'ee atraaf (Upper limb)
- (ii) Zereen atraaf (Lower limb)
- (iii) *Khurooje qurs bainul fuqrat* (Inter-vertebral disc prolapse)
- (d) *Irqunnasa* (Sciatica syndrome)
- (e) Amraaze Azam wa mafasil (Diseases of the bones and joints):
  - (i) *Iltihabe mukhul azam aur uske aqsaam* (Osteomyelitis and its types): *Sadidi* (pyogenic), *diqi* (Tubercular) and *atishaki* (syphilitic)
  - (ii) *Iltihabe mafasil wa aqsaam* (Arthritis and its types)
  - (ii) *Tadarrune fugrat* (Tuberculosis of spine)

#### Unit 6: 1. Amraaze istihala (Metabolic disorders):

- (i) Kusah (Rickets)
- (ii) Layyanul Izam (Osteomalacia)
- (iii) Nigris (Gout)
- (iv) Tahajjurul mafasil (Osteoarthritis), Hudari Wajaul mafasil (Rheumatoid arthritis)
- (v) Takhalkhul Izam(Osteoporosis)

#### 2. Salaatul Izam (Tumors of bones)

- i) Salaate mehmooda (benign tumors)
- ii) Salaate khabisa (malignant tumors)

## 3. Zarbe ansaja layyan wa Ilaaj (Soft tissue iniuries and its management):

- (i) Zarbe Azlaat (Injury of muscles)
- (ii) *Altawae Azlaat* (Sprain of muscles)

(iii) Rabataat, Awtar wa lafaif ke amraaz ka umoomi bayan (General description of diseases of muscles, ligaments and fasciae)

# PAPER – II JARAHIYAT KHUSOOSI (SYSTEMIC SURGERY) - THEORY

# Unit 7: 1. Raas (Head):

- (i) Zaaheri aur baatni zarbat (External and internal injuries)
- (ii) Kasoore Jamjama (Fractures of skull bones)
- iii) Zarbaate Dimagh (Injuries of Brain)

## 2. Sadar (Thorax):

- (i) Zaheri aur baatni zarbate Sadr aur inka intezam (External and internal injuries of thorax and their management).
- (ii) TaqeehusSadr (Empyema)

## 3. Mari (Oesophagus)

- (i) Irtadale Medi Mari (GORD)
- (ii) Ajsame Ghareeba Mari (Foreign body in Oesophagus)

## 4. Batan (Abdomen):

- (a) Meda (Stomach)
- (i) *Iltihabe Meda* ( Gastritis)
- (ii) Qarahe Meda wa Asna ashri (Gastric and Duodenal ulcer)
- (iii) Sartaane Meda (Carcinoma of stomach)

#### 5. Ama'a (Intestine):

- (i) Warme Zaaede Aawar (Appendicitis)
- (ii) *Tadarrune Ama'a* (Intestinal tuberculosis)
- (iii) *Insidade Ama'a* (Intestinal obstruction)
- (iv) Tagarruhi Iltihabe Qoloon (Ulcerative Colitis)
- (v) Crohn's disease
- (vi) Salaate Mevi (Intestinal tumors)

## Unit 8: 1. Fataq (Hernia)

## 2. Maqad wa Qanaate Mabraz (Rectum and Anal canal)

- (i) *Inshaqaqe Maqad* (Anal fissure)
- (ii) *Nasoore Magad* (Fistula-in-ano)
- (iii) Bawaseer (Haemorrhoid)
- (iv) Massae Maqad (Rectal polyp)
- (v) *Khurooje Magad* (Prolapse of rectum)

(vi) Sartaane Magad (Carcinoma of rectum)

#### Unnit 9: 1. Baaretoon (Peritoneum)

- (i) *Iltihabe Baaretoon* (Peritonitis)
- (ii) *Istisqa* (Ascites)

## 2. Mirara (Gall Bladder):

- (i) *Hisate Mirara* (Cholelithiasis)
- (ii) *Iltihabe Mirara* (Cholecystitis)
- (iii) Yarqaane Suddi (Obrstuctive Jaundice)

# 3. Banqaraas (Pancreas):

- (i) *Iltihabe Banqaras* (Pancreatitis)
- (ii) Sartaane Banqaras (Carcinoma of Pancreas)

## 4. Tihaal (Spleen)

- (i) AzmeTihaal (Spleenomegaly)
- (ii) Zarbe Tihaal (Injury of Spleen)
- (iii) Qatae Tihaal ke Mawaqe (Indications of Splenectomy)

# Unit 10: 1. Diaphargama (Diaphragm):

(i) Dubelae Tehtul Diaphargama (Subphrenic abscess)

## 2. Kabid (Liver):

- (i) *Izme Kabid* (Hepatomegaly)
- (ii) Dubelae Kabid(Liver Abscess)
- (iii) Kabid ko Muntaqil karne ke Mawaqe (Indications of Liver transplantation)

#### Unit 11: Majraae Baul (Urinary tract):

## (a) Amraaze Killiya (Diseases of kidney)

- (i) Khalqi badwazae (Congenital anomalies)
- (ii) Zarbate Majrae Baul (Injuries of urinary tract)
- (iii) Hisaate Killiya (Renal Calculi)
- (iv) Akyase Killiya (Polycystic Kidney)
- (v) *Maa'ul Killiya* (Hydronephrosis)
- (vi) Iltihab wa Ijtamae Sadeede Killiya (Pyelonephritis)
- (vii) Tadarrune Killiya (Tuberculosis of the Kidney )

## (b) Amraaze Masana (Deseases of urinary bladder)

- (i) *ltihabe Masana* (Cystitis)
- (ii) *Ojaje Masana* (Direvticulum of urinary bladder)
- (iii) Hisaate Masana (Vesical calculi)

# (c) Amraaze Majrae baul (Deseases of urinary bladder)

- (i) *Iltihabe Majrae Baul* (Urethritis)
- (ii) *Tazeeqe Majrae Baul* (Urethral stricture)
- (iii) Zarbate Majrae Baul (Urethral injury)

## Unit 12: 1. Nizaame Tanaasul (Genital System):

- (i) Zeege Ghalfa (Phimosis)
- (ii) Jar Zeege Ghalfa (Paraphimosis)
- (iii) Sartane Qazeeb( Carcinoma of Penis)
- (iv) Iltihabe Aghdeedoos (Epididymitis)
- (v) Iltihabe Khusya wa Aghdeedoos (Epididymo-orchitis)
- (vi) Qeelae Maaia (Hydrocele)
- (vii) Qeelae Damvi (Haematocele)
- (viii) Dawali saf'n (Varicocele)
- (ix) Khusyon ki khalqi Badwazae (Congenital anamolies of testes)
- (x) Salaate Khusya (Testicular tumour)
- (xi) *Iltihabe GhuddaeMazi* (Prostatitis)
- (xii) *Izme Ghuddae Mazi* (Benign enlargement of Prostate) (xiii) Sartaane Ghuddae

Mazi (Carcinoma of Prostate)

#### 2. Saddyain (Breasts):

- (i) Sadayain ki Khalqi Badwazae (Congenital anamolies of Breasts)
- (ii) *Iltihabe Saddy* (Mastitis)
- (iii) Khuraje Saddy (Breast abscess)
- (iv) Sala'ate Saddy (Breast tumors)

#### **PRACTICAL:**

## PRACTICALS [ JUZ-E-AMALI]

- Unit 13: Tareeqae Ta'theer (Methods of Sterilization), Shinakht Aalate Jarahiya (Identification of surgical instruments), Aqsaame Khayatat, Tareeqe wa mawaad (Types of suturing, methods and material), Darroone wareedi sayyal (IV fluids).
- Unit 14: *Intiqaluddam* (Blood transfusion), *Taseeb* (Dressing), *Huqna* (Enema), *Masnui Tanaffus* (Artifical respiration), Oxygen ka istemal (use of oxygen), *Amle ihtiquan* (Injection), *Fasad* (Venesection), *Amle Bat* (Aspiration), *Amle Bazl* (Paracentesis).
- Unit 15: *Khaz'ae Ansaja* (Tissue biopsy), *Khatna* (Circumcision), *Fat'hulMahbal* (Meatotomy), CryoSurgery, Barron Banding, Qatae Nawaseer( Polypectomy),

- Jarahate Qeelae Maa'ya( Operation of Hydrocele), Mardana Nasbandi (Vasectomy).

  Recanalization, Anbooba medi anfi ka istemal (use of Ryle's tube), Anboobe

  Maq'adi (Flatus tube).
- Unit 16: *Amle Qasateer* (Catheterization), *Anboobe ikhrajee* (Drainage tube), *Amle Kai* (Cautery), Nail extraction, *Muaina bazarya Tanzeer*, *Amle Tafteet wa Laser ki Aam maloomat* (General knowledge of Scopy, Lithotrypsy and Laser treatment).

Unit 17: Mundarja zail Muaina ki Report (Reporting of the following investigations):

a) X-ray

b) Ultrasonography

c) Scanning d) MRI

## **Reference Books:**

1. Authors (year), Title of the Book, Edition, Publishers, Place of Publication, Page Nos.

S.N	Author	Title of the Books	Edition	Publisher		Place of Publicati on	Page Nos.
1	Bailey & Love Edited By Norman S Williums, P.Ronan O'connell, Andrew McCasksie (2017)	Bailey & Love's Short Practice of Surgery	27 <sup>th</sup> Internation Edition	nal Student	CRS, Press	Boca Raton, Florida, US	1536
2	S. Das (2008)	A Consise Textbook of Surgery	8 <sup>th</sup>		Dr. Soma n Das, Kolkat a	Kolkata	1346
3	Sri Ram Bhat M (2019)	SRB'S Manual of Surgery	6 <sup>th</sup>		Jaypee Brothe rs Medic al Publis hers	New Delhi	1298

4	Rajgopal K.	Manipal	5 <sup>th</sup>	CBS	New	1344
	Shenoy (	Manual of		Publis	Delhi	
		Surgery		hers &		
				Distri		
				butors		
5	Dr. Minhaj Ahmad	IlmulJarahat	1 <sup>st</sup>	Imagi	Kolkata	224
	(2016)	Part 1		ne		
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## **Teaching-Learning Strategies in brief (4 to 5 sentences)**

The teaching-learning process must constantly overcome the barriers imposed by rapid scientific and technological advances, as well as changes in the profiles of students and access to information. This study intended to analyze the perceptions of students and professors of medical courses of the teaching-learning strategies used in *Jarahat* (Surgery) as well as the factors that influence or hinder the learning of this discipline. Questionnaires were analyzed from 50 students. The teaching strategies most used by *Jarahat* (Surgery) teachers coincided with the classroom activities that students consider to have the greatest contribution to their learning. It was also evidenced that teachers 'didactic is considered as a very influencing factor for the students during their learning process, whereas the teachers pointed out daily pedagogical practice as the most relevant factor in the development of their skills within the classroom.

# Assessment methods and weightages in brief (4 to 5 sentences)

Paper-A 100 Marks Theory (breakup Sessional I, II and III= 25 Marks in best of two)

- 1. Paper-B 100 Marks Theory (breakup Sessional I,II And III= 25 Marks in best of two)
- In theory examination term courses will be assessed in sessional exams by;
   Written exams, Assignments, Presentations etc.
- 3. Practical 100 Marks Sessional I,II and III = 25 marks in best of two to be counted

Term exams for practical will be based on Viva-voce of the term course, practical record maintenance, group discussions.

4. Preparation of Charts, identification of instruments used in surgery.

## Course Code: UNIUG-AUH (BUM 406) Title of the Course: Ain Uzn Anaf Halaq wa Asnan.

L-T-PL=70, P=140, Total=210

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

## **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1 Understanding the basic concept of Eye & ENT as per the Unani medicine and modern contexts.
- CLO-2 **Apply** unani principles, skills as well as current medical knowledge, diagnostic tools and techniques for making diagnosis, treatment and prevention of Eye & ENT diseases.
- CLO-3 Analyse the Eye & ENT procedures on the basis of Unani and modern concepts.
- CLO-4 **Develop**the extra interest for higher studies in the field of ophthalmology and ENT.
- CLO-5 **Utilize** the modern tools and techniques for Eye & ENT procedures.

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O 1	PL O 2	PL O 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PS O 4
CLO1	3	3	3	3	3	3	2	2	2	2	2	2	2	3	3	3
CLO2	2	3	2	3	3	3	3	3	2	3	2	2	2	3	2	2
CLO3	2	3	2	2	2	2	2	3	2	2	1	2	3	3	3	2
CLO4	1	2	1	1	2	2	2	2	2	1	1	3	1	2	2	3
CLO5	3	2	2	2	2	2	2	3	2	2	2	2	2	3	3	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

## **Detailed Syllabus:**

## Unit 1: Amraaze Ain (Diseases of the eye) (7.7HRS/week)

- 1. *Ain ki tashreeh aur munafe* (Anatomy and Physiology of Eye)
- 2. Muainae Ain aur uske mukhtalif tareeqe (examination of the eye and its various methods)
- 3. Amaraze ajfaan (Diseases of the eye lids)
  - · Iltasaqul jafn (Symblepharon)
  - · Jusatul jafn (Ankylo blepharon)
  - · Sulaq/warme ajfaan (Blepharitis)
  - · Istirkhae jafn (Ptosis)
  - · bar'dah (Chalazion/ meibomian cyst)
  - · Shatra e dakhli wa kharji (Entropion and Ectropion)
  - · Sha're munqalib (Trichiasis)
  - · Sha're zayed (Districhiasis)

## 4. Alae damai ke amraaz (Diseases of lacrimal apparatus)

- · Iltihabe ghuddaedamai (Dacryo-adenitis)
- · Iltihabe keesae damai (Dacryocystitis)
- · Salae ghuddae damai (Tumors of the lacrimal gland)
- · Gharb (Fistula lacrimallis)
- · Dama'a (Epiphora)

## Unit 2: 1. *Amraaze mehjareen* (Orbital diseases) (7.7HRS/week)

- · Humzul Ain (Exophthalmos)
- · Sillul Ain (Atrophy of the eye)

· Mehjari khalvi iltihab (Orbital cellulitis)

## 2. Amraaze multehma (Diseases ofcornea

- · Ramade Haad, (Acute conjunctivitis)
- · Ramade Mausami (Vernal conjunctivitis)
- · Wadqa (Phylectenular conujunctivitis)
- · Zafrah/Nakhuna (Pterygium)
- · Jarbul Ajfaan (Trachoma)

## 3. Amraaze qarniya (Diseases of cornea)

- · Iltihabe qarniya, haad wa muzmin (Acute and chronic keratitis)
- · Quroohe qarniya (Corneal ulcer)
- · Iltihabe naseejul qarniya (Interstitial keratitis)
- · Burooze qarniya (Keratectasia)
- · Bayaze qarniya (Corneal opacity)
- · Zarabul qarniya (Contusion of cornea)

## Unit 3: 1. Amraaze Inabiya (Diseases of iris) (7.7HRS/week)

- · Iltihabe Inabiya (Iritis)
- · Iltihabe jisme hadbi (Iridocyclitis)
- · Zeege Hadga (Miosis)
- · Ittasae Hadqa (Mydriasis)
- · Zaraqul Ma (Glaucoma)

## 2. Amraaze Tabqae Masheema (Diseases of choroid)

- · Iltihabe tabqae masheema (choroiditis)
- · Tabqae masheema ka lahmi salaa (myoma of the choroid)

## 3. Amraaze shabkiya (Diseases of Retina)

· Iltihabe shabkiya (Retinitis)

## Unit 4: 1. Amraaze Adasa (Diseases of Lens) (7.7HRS/week)

Nuzoolul ma (Cataract)

## 2. Amraaze Basarat (Visual Disorders)

- · Qareeb nazri (Myopia)
- · Baeed nazri (Hypermetropia)
- · Basare sheikhookhat (Presbyopia)
- · Khalale basar/sudad nazri (Astigmatism)
- · Zoefe basar (Amblyopia)
- · Isha/shabkori (Night blindness)
- · Jahar / Rozkori (Day blindness)

## o Hewal (squint)

- Fisharuddam ke Aankh par asraat (Effects of hypertension on eye)
- · Ziabitus shakri ke Aankh per asraat (Effects of diabetes mellitus on eye)
- · Qazaul chashm (Foreign body in the eye)

## Unit 5: UZN (EAR) (7.7HRS/week)

- Uzn ki Tashreehe umoomi, Munafe wa Mikaniyate Sama'at
   (Anatomy, Physiology of Ear & Mechanism of Hearing)
- 2. Muainae Uzn (Examination of Ear)

- 3. Behrapan (Deafness)
- 4. Wajaul Uzn (Otalgia)
- 5. *Iltihaabe Uzn wasti sadeedi haad* (Acute suppurative otitis media)
- 6. Iltihaabe Uzn wasti sadeedi muzmin (Chronic suppurative otitis media)
- 7. Iltihab Sudgi Hulmi (Mastoiditis)
- 8. Taneen wa Dawi (Tinnitus)
- 9. Qulaul Uzn (Otitis Externa)
- 10. Qazaul Uzn (Foreign Body in the Ear)
- 11. Wasaq (Wax)

## Unit 6: ANAF (Nose) (7.7HRS/week)

- 1. Tashreeh wa Munafe wa Mekaniyate Sham (Anatomy, physiology of Nose and mechanism of olfaction).
  - 2. Moainae Anaf (Examination of Nose)
  - 3. Iltihabe Anaf Haad (Acute Rhinitis)
  - 4. Illtihaabe Anaf muzmin (Chronic Rhinitis)
  - 5. Iltihab Tajaweefe Anaf aur uski aqsaam (Sinusitis & its classification)
  - 6. Fasade Sham (Disorder of olfaction)
  - 7. Busoor wa Qurooh (Nasal Boils & Ulcers)
  - 8. Bawaseere anaf (Nasal polyp)
  - 9. Ru'af /Nakseer (Epistaxis)
  - 10. Munharif fasile Anaf (Deviated nasal septum)
  - 11. Qazaul Anaf (Foreign body in the Nose)

# Unit 7: *Halaq* (Throat) (7.7HRS/week)

- 1. Halaq ki Tashreeh umoomi wa Munafe (Anatomy & Physiology of Throat)
- 2. Muaenae Halaq (Examination of Throat)
- 3. Amraaze Halaq (Diseaes of Throat)
- 4. Iltihabe Balaum (Pharyngtis)
- 5. Usrul Bala (Dysphagia)
- 6. Iltihabe Lauzatain (Tonsillitis)
- 7. Khuraje Atrafe Laozatain (Quinsy)
  - 8. Iltihabe Hanjarah (Laryngitis)

Unit 8: Jaufe Fam ki tashreeh wa munafe (Anatomy & physiology of Oral Cavity)

#### Muaenae Fam (Examination of Oral Cavity)

## Lisan (Tongue) (7.7HRS/week)

- 1. Lisan ki Tashreeh wa Munafe (Anatomy & Physiology of Tongue)
- 2. Moainae Lisan (Examination of Tongue)
- 3. *Iltihabe Lisan* (Glossitis)
- 4. *Iltihabe Shift* (Cheilitis)
- 5. Busoor wa Qurooh Shiftain (Herpes Labialis)

## Unit 9: Asnaan wa Lissa (Teeth and Gums) (7.7HRS/week)

- 1. Tashreeh wa Munafe Asnaan wa Lissa(Antomy & Physiology of Teeth and Gums)
- 2. Muainae Asnan wa Lissa (examination of Teeth & Gums)
- 3. Amraaze Asnan wa Lissa (Diseases of Teeth and Gums)
- 4. Wajaul Asnan (Tooth ache)
- 5. Takkulul Asnan (Dental carries)
- 6. Taqayyuhul Lissa (Pyorrhoea)
- 7. *Iltihabe Lissa* (Gingivitis)

#### **PRACTICAL:**

#### PRACTICALS [ JUZ-E-AMALI]

Unit 10: *Moainae chashm umoomi* (General examination of eye)

- 1. *Moainae Ajfan, Multahma, Quroohe Qarnia, Hadqa* (Examination of Eye lids, Conjunctiva, Eye ball, Cornea and Pupil)
- 2. Ankh ke androoni dabao ka moaina (examination of intraocular pressure)
- 3. *Imtihane nagaise inetaf* (Examination of refractive errors).
- 4. Alaate Ain ki pehchan aur mawaqe istemal (Demonstration of ophthalmic instruments and their uses)
- Unit 11: 1. *Roodade marz* (10 patients Case-sheets to be prepared).
  - 2. Alaat ke khake me mawaqe istemal (Records of diagrams of Ophthalmic instruments and their indication, 10 sheets)
- Unit 12: 1. Examination of External Ear
  - 2. Hearing Test
  - 3. Otoscopy
- Unit 13: Demonstration of anterior and posterior Rhinoscopy.

- Unit 14: Examination of Tongue, Teeth and Buccal cavity.
- Unit 15: Students should prepare clinical records of minimum 10 patients and record of ten ENT instruments.

# **Reference Books:**

1. Authors (year), Title of the Book, Edition, Publishers, Place of Publication, Page Nos.

	· //	<u> </u>		<u> </u>	T C	T
S.N	Author	Title of the	Editi	Publisher	Place of	Page Nos.
		Books	on		Publicatio	
					n	
1	A.K. Khurana	Comprehensive	8 <sup>th</sup>	Jaypee Brothers	New Delhi	612
	(2022)	Ophthalmology		Medical Publishers		
2	R. Sihota & R.	Parson's	23 <sup>rd</sup>	Elsevier	India	636
	Tondon (2019)	Diseases of the				
		Eye				
3	B.M.	Handbook of	6 <sup>th</sup>	CBS Publishers &	New Delhi	451
	Chatterjee	Ophthalmology		Distributors		
	Edited by L.P.					
	Agarwal					
	(2011)					
4	Hakim Tariq	Kitabul Ain	1 <sup>st</sup>	Rashad Publishing	New Delhi	445
	Akram			House		
	Siddiqui					
5	PL Dhingra&	Diseases of Ear,	7 <sup>th</sup>	Elsevier	India	554
	Shruti Dhingra	Nose and Throat				
	(2018)	& head and Neck				
		Surgery				
6	Mohan Bansal	Diseases of Ear,	3 <sup>RD</sup>	Jaypee Brothers	New Delhi	612
	(2021)	Nose Throat		Medical Publishers		
7	Lt Col BS Tuli	Textbook of Ear,	1 <sup>st</sup>	Jaypee Brothers	New Delhi	584
		Nose & Throat		Medical Publishers		

	8	Dr. Abdul Bari	EAR NOSE and	1 <sup>st</sup>	Aijaz Publishing	New Delhi	209
		(2004)	THROAT		House		
			DISEASES				
	9	Dr.	Moalajate	1 <sup>st</sup>	Self Publication	Bhopal	529
		Mohammad	Amraze Uzn Anf-				
		Arif (2018)	o-Halaq with Ilaj				
			Bit Tadbeer				
ا							

2.

## **Teaching-Learning Strategies in brief (4 to 5 sentences)**

The teaching-learning process must constantly overcome the barriers imposed by rapid scientific and technological advances, as well as changes in the profiles of students and access to information. This study intended to analyze the perceptions of students and professors of medical courses of the teaching-learning strategies used in *Ain Uzn Anf Halaq wa Asnan* (Eye & ENT) as well as the factors that influence or hinder the learning of this discipline. Questionnaires were analyzed from 50 students. The teaching strategies most used by *Ain Uzn Anf Halaq wa Asnan* (Eye & ENT) teachers coincided with the classroom activities that students consider to have the greatest contribution to their learning. It was also evidenced that teachers 'didactic is considered as a very influencing factor for the students during their learning process, whereas the teachers pointed out daily pedagogical practice as the most relevant factor in the development of their skills within the classroom.

## Assessment methods and weightages in brief (4 to 5 sentences)

Theory Paper 100 Marks (breakup Sessional I, II and III= 25 Marks in best of two)

- 1. In theory examination term courses will be assessed in sessional exams by; Written exams, Assignments, Presentations etc.
- Practical 100 Marks Sessional I,II and III =25 marks in best of two to be counted
   Term exams for practical will be based on Viva-voce of the term course, practical record maintenance, group discussions.
- 3. Preparation of Charts, identification of instruments used in *Ain Uzn Anf Halaq wa Asnan* (Eye & ENT).

Course Code: UNIUG-AJ Title of the Course: Amraze jild wa Tazeeniyat

L- 70, T- P-140, Total=210

## **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1 To exhibit the fundamental knowledge of Unani dermatology and Cosmetology
- CLO-2 To be able to diagnose the different dermatological disorders
- CLO-3 To be able to treat different skin conditions through pharmacotherapy, dieto-therapy, and Ilaj bit Tadbeer
- CLO-4 To be able to apply contemporary scientific knowledge in cumulation with classical knowledge for the management of dermatological conditions.
- CLO-5 To be able to evaluate new treatment regimens in the light of emerging contemporary evidence and based on Unani fundamentals of treatment.
- CLO-6 To Create evidence bases medicine vis a vis Unani dermatology and Cosmetology CLO-7 To provide an alternative to chemical based cosmetics.

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS 0 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	3	3	3	3	3	2	1	1	1	2	3	2	2	2
CLO 2	3	3	3	3	3	3	3	3	2	2	1	1	3	3	2	2
CLO 3	3	3	3	3	3	3	3	2	3	1	1	1	2	3	3	3
CLO 4	3	3	3	3	3	3	3	3	3	2	2	2	2	3	1	1
CLO 5	3	3	3	3	3	3	3	3	3	1	1	2	2	2	3	3
CLO 6	3	3	3	3	3	3	3	2	3	1	1	2	2	2	1	2
CLO 7	3	3	3	3	3	3	3	2	3	1	1	2	2	2	3	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

#### **Unit 1: Skin Diseases:**

- 1. Brief anatomy, physiology of skin.
- 2. Types of skin and its variants.
- 3. Common signs and symptoms of skin diseases.
- 4. Skin lesions and its classification:
  - a) Zarar-e-Ibtedayi (Primary lesions)
  - b) Zarar-e- Sanvi (Secondary lesions)
  - c) Zarar-e- Makhsoosa (Special lesions)
  - d) Basoor aur uski aqsaam
- 5. Basic principle of treatment of skin diseases.
- 6. Tadabeer of skin diseases.
- 7. Drugs used in skin diseases and cosmetology.
- 8. Brief introduction of medical emergencies in dermatology and life-threatening skin disorders.
- 9. Causes, pathogenesis, clinical features, diagnosis and management of following disease:

## a) Muta'ddi amraz (Infectious diseases)

- Viral diseases: Hasba (Measles), Humaiqa (Chicken pox / Varicella), Judri (Small Pox), Namla aur uski aqsaam (Herpes and its types)
- Bacterial diseases: Juzam (Hansen's disease), Aatishak (Syphilis), Impetigo, Diqqul-jild (TB of Skin), Surkhbada (Erysipelas), Shab chiragh (Carbuncle).
- Fungal infection: qooba (Dermatophytosis) aur uski aqsam, Candidiasis
- Parasitic infection: Jarb (Scabies) aur uski aqsam, Jildi kalazar (Cutanious
- Leishmaniasis), irq-e-madni (Dracunculiasis medinensis), Daa-ul-Feel (Elephantasis).

#### b) Noninfectious disorders

- Basoor-e-labniya (Acne)
- Naar-e-farsi (Eczema)
- Iltehab-e-Jild (Dermatitis) and its types
- Iltehab-e-urooq (Vascultis)
- Hikka (Pruritis)
- Shira'a (Urticaria)
- Banaat-ul-Lail
- Hazaz-e-musattah (Lichen planus)

- Daa-us-sadaf (Psoriasis)
- Naffata (Pemphigus) aur uski aqsam
- Syslemic Lupus Erythematosus (SLE)
- Bad-e-shanam (Acne Rosasea)

## c) Disorders of pigmentation

- Fasad-e- laun
- Bars (Vitiligo) aur uski aqsam
- Bahaq (Pityriasis) aur uski aqsam
- Kalaf (Melasma/Cholasma)
- Barsh (Freckles)
- Namash (Nevus) aur uski aqsaam

## d) Abnormal growth of skin

- Sa'leel (Warts)
- Sal,aat (Tumors)
- Sartan-e-jild aur uski aqsam (Melanoma, Basal Cell Carcinoma, Squamous cell carcinoma)

## e) Others:

- Hasaf (Miliaria)
- Kasrat-e-arq (Hyperhydrosis)
- Qillat-e-Arq (Anhydrosis)
- Arq-e-muntin (Dracantiasis)
- Dubaila/ Khuraj(Abscess)
- Dawali (Varicose Vein)
- Maraz-e-Husaaf (Pellagra)
- Phrynoderma

## **Unit 2: Diseases of Hair:**

- 1. Types and Variation of hair and its normal cycle.
- 2. Intishar-e-sha'r (Hair Fall)
- 3. Da-us-salab & Da-ul-haiya

- 4. Saa'fa
- 5. Sal'a (Baldness)
- 6. Shaib (Premature Graying of Hair)
- 7. Bafa (Seborrhoea of Scalp)
- 8. Namoosat
- 9. Quml o sibyan (Pediculosis)

#### **Unit 3: Diseases of the Nail**

- 1. Abnormal Nail Presentations and its examination
- 2. Zufra-e-Talqiya (Onychomycosis)
- 3. Iltehab-e-azfaar /Daakhis (Paronychia)
- 4. In growing nails

## **Unit 4: Tazeeniyat (Cosmetology)**

- 1. Tazeeniyat ka umoomi Bayan (General Description of Cosmetology)
- 2. Jild ka taghziya wa tahaffuz (Nutrition and Care of Skin Health)
- 3. Azfar ka Taghzia wa Tahaffuz (Nutrition and Care of Nails)
- 4. Baalon ka taghzia wa tahaffuz (Nutrition and Care of Hairs)
- 5. Skin ageing and anti-ageing measures
- 6. Aftab ki shu,aon ke asraat aur us se hifazat ke tareeqe (Effect of sun exposure on skin and its protection)
- 7. Khushboo'at wa mane-aat-e-badboo (Perfumes/Deodorants)
- 8. Bleaching and waxing
- 9. Zeenat-e-jild ke liye umoomi Tadabeer:
  - Hammam & Ghasool
  - Riyazat-e-wajh
  - Inkibab,
  - Zimad, Tila, Ghaza, Ghaliya, Ubtan
  - Missi, Naura (Hair remover)
  - Rooshoya (Fash wash
  - Qashoor (Scrub)
  - Barud,
  - Hina.
  - Surma, kajal, Mascara.

- 10. Chehre ki nigahdasht ki unani tadabeer
- 11. Halq-ul-wajh (Facial Epilation), Shaqq-ul-sha'r (Splitting of Hair)
- 12. Ilaj bil shamoom, Itr (Aromatherapy)
- 13. Taghseel (Spa therapy)
- 14. Mane shikan Tadabeer (Anti-wrinkle Procedures)
- 15. Talawwun-e-sha'r (Herbal Hair Dyes) § Baalon ki zeenat se mutalliq tadabeer (daraz banana, ghunghrale banana, seedha karna, ugana etc.)
- 16. Tazheel wa Tasmeen
- 17. Washam (Tattooing)

## **Unit 5: Investigations:**

- 1. Wood lamp examination,
- 2. Diascopy, KOH-Mount test
- 3. Culture & sensitivity test
- 4. Skin biopsy
- 5. Allergens test (patch test, prick test etc.)
- 6. Lepromin test
- 7. Cytological test
- 8. Immunological test
- 9. Immunoflorescence,
- 10. ELISA
- 11. T zank smear.

# **Unit 6: Procedures:**

- 1. Examination of lesions by magnifying & Electro magnifying lenses,
- 2. Photo/UV Therapy,
- 3. Microscopy,
- 4. Preparation of Slit Smear.

## **Reference Books:**

- Ibn Sina, Al Qanoon fit Tib (Arabic version). Vol-4. New Delhi: Institute of history of medicine and medical research; 1408 Hijri
- 2. Nafees. Moalajat Nafeesi. (Arabic). Vol-4. Lucknow: Matba Munshi Naval Kishore; 1324 Hijri.

- 3. Jamaluddin. Aqsarai (Arabic). Vol-3. Lucknow: Matba Munshi Naval Kishore;
- 4. Tabari AM. Moalajat Buqratiya (Urdu translation). Vol-2. New Delhi: CCRUM, Ministry of Health and Family Welfare; 1997
- Zohr I. Kitabut Taisir Fil Mudawat wa Tadbir (Urdu translation). New Delhi: CCRUM, Ministry of Health and Family Welfare; 1986
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- 8. Khan A. Ekseer Azam (Farsi). Vol-4. Kanpur: Matba Nizami; 1289 Hijri.
- 9. Khan A. Romooz Azam (Farsi). 2nded. Vol-1. New Delhi: CCRUM, Ministry of Health and Family Welfare; 2006.
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- Razi AMBZ. Kitabul Fakhir Fit Tib (Arabic version). Part-1. Vol-1. New Delhi: CCRUM,
   Ministry of Health and Family Welfare; 2005
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- 18. Razi AMBZ. Kitabul Mansoori (Urdu translation). New Delhi: CCRUM. Ministry of Health and Family Welfare; 1991
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   2nded. New Delhi: CCRUM. Ministry of Health and Family Welfare; 1987
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- 22. Antaki Dawood, Tazkirah Oolil Albab (Arabic version). Vol-3. New Delhi: CCRUM, Ministry of Health and Family Welfare; 2010
- 23. Sina I. Al-Qanoon Fit-Tibb. (English translation Jamia Hamdard). Vol- I. New Delhi: Jamia Hamdard; 1993
- 24. Kabiruddin H. Kulliyat-e-Qanoon. (Urdu Translation). Vol-I. New Delhi: Idara Kitabus shifa; 1954
- 25. Sina I. Al-Qanoon Fit-Tibb (Urdu translation by Kantoori GH). Vol-1. New Delhi: Ejaz Publishing House; 2010:212-214.
- 26. Khan A. Romooz Azam (Farsi). 2nded. Vol-II. New Delhi: CCRUM, Ministry of Health and Family Welfare; 2006
- 27. Burge S, Matin R, Wallis D. Oxford handbook of medical dermatology. Oxford: Oxford University Press 198 Madison Avenue; 2011
- 28. Habif TP. Clinical dermatology. 5th ed. London: Mosby; 2010
- 29. Menter MA, Ryan C. Psoriasis. 2nd ed. New York: Press Tayor and Francis group; 2014
- 30. Griffiths CEM., Burns T, Breathnach S, Chalmer R. Rook's text book of dermatology. 9th ed. Vol-1. USA: Jhon Wiley and Sons Ltd; 2016

## **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- 1. Practical demonstration on OPD and IPD patients.
- 2. Interactive Classroom Teaching.
- 3. Assignments and group discussions among students and with faculties.

- 4. Use of online content on subject
- 5. Sessional and tests on regular basis to evaluate the understanding among students

# Assessment methods and weightages in brief (4 to 5 sentences)

Based on the guidelines of the NCISM, Govt of India

- 1. Paper A 100 Marks Theory (breakup Sessional I, II And III= 25 Marks in best of two)
- 2. Paper B 100 Marks Theory (breakup Sessional I, II And III= 25 Marks in best of two)

In theory examination term courses will be assessed in sessional exams by;

- 1. Written exams, Assignments, Presentations etc.
- 2. Practical 100 Marks Sessional (1,2 and 3 = 25 marks in best of two to be counted)

Term exams for practical will be based on

- 1. Viva-voce of the term course,
- 2. Laboratory practical and their record maintenance, spotting,
- 3. Preparation of Charts and identification of histopathological specimen.

# DOCTOR OF MEDICINE (MD) MOALAJAT

NAME OF THE DEPARTMENT: MOALAJAT

**Vision Statement (Department Level):** 

Aims to achieve highest standards in teaching, research and healthcare of Unani medicine

integrated with latest science and technology for recognition nationally and internationally

as the frontrunner in the speciality of Moalajat.

Mission Statements (3 to 4) (Department Level):

• MS 1: Adoption of extensive and innovative clinical training to create competent Unani

teachers, academicians and researchers having profound knowledge of Unani medicine

coupled with latest medical know-how contributing significantly to health care of

community.

MS 2: Exploiting the vast traditional knowledge and holistic approach of Unani system of

medicine through focused and stratified research in thrust areas such as lifestyle disorders,

musculoskeletal disorders, liver disorders, immunomodulation, adjuvant therapies

conforming to global standards of evidence-based medicine.

MS3: Continuous upgradation and development of human resources through various

specialized courses and training programmes.

MS 4: To develop collaborations with national and international organizations for

interdisciplinary and integrated research and also facilitate international student/ faculty

exchange programmes, educational tours etc. for diversification and global exposure.

MS 5: To make a through various outreach programmes (health camps, health mobile

health programs health melas, outreach and awareness programs, telemedicine etc.)

Name of the Academic Program: MD Moalajat

**QUALIFICATION DESCRIPTORS (QDs)** 

Upon the completion of Academic Programme (MD Moalajat), students will be able to:

QD-1 Demonstrate clinical skills based on in-depth knowledge of Unani medicine coupled with

contemporary knowledge for providing promotive, therapeutic, palliative and holistic health care

within ethical and medicolegal boundaries.

- QD-2 Demonstrate qualities of medical professionalism incorporating teamwork, leadership, interpersonal and communication skills to participate appropriately and effectively in health care system
- QD-3 Demonstrate research temperament and skills for carrying out clinical research for validation of classical Unani therapeutics in consonance with global standards of scientific evidence.
- QD-4 Demonstrate the ability to be a lifelong learner committed to continuous improvement of skills and knowledge for continuous professional development.
- QD-5 Demonstrate ability to work congenially in collaboration with national and international health care institutions that will help maximize the health care delivery potential of Unani medicine.

**Mapping Qualification Descriptors (QDs) with Mission Statements (MS)** 

	MS-1	MS-2	MS-3	MS-4
QD-1	3	3	3	2
QD-2	3	3	3	2
QD-3	3	3	2	3
QD-4	3	3	2	2
QD-5	2	3	2	3

Write '3' in the box for 'High-level'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping.

# PROGRAM SPECIFIC OUTCOMES (PSOs)

(In case of specializations in each academic program, 2 to 4)

# After completing this Course, the students should be able to:

PSO-1 Elicit and record history from the patient for disease identification, perform a physical examination choose the appropriate diagnostic tests and interpret tests based on scientific validity, cost effectiveness and clinical context. (development of competence in clinical and procedural skills for diagnosis, management of diseases, independent decision making skills

PSO-2 Prescribe and safely administer appropriate therapies, pharmacotherapy and interventions based on the principles of traditionalUnani therapy and its scientific validity and demonstrate ability to appropriately identify and refer patients who may require specialized or advanced tertiary care

PSO-3 Development of clinical research protocols, investigating, monitoring, data collection and recording the observations while keeping the essence of Unani fundamentals.

PSO-4 Be a lifelong learner and pursue research in any chosen area of medicine.

#### PROGRAM LEARNING OUTCOMES (PLOs)

- PLO1: Recognize the importance to the Moalajat specialty in the context of the health needs of the community and the national priorities in the health section.
- PLO 2: Practice the specialty concerned i.e. Moalajat ethically and in step with the principles of Unani medicine.
- PLO 3: Demonstrate empathy and humane approach towards patients and their families and exhibit interpersonal behaviour in accordance with the societal norms and expectations.
- PLO 4: Competence in examination that is complete and relevant to disease identification, diagnosis and management.
- PLO 5: Demonstrate competence in basic concepts of research methodology and epidemiology, and be able to critically analyze relevant published research literature.
- PLO 6: Ability to communicate adequately, sensitively, effectively and respectfully with patients and their families.
- PLO 7: Develop skills in using educational methods and techniques as applicable to the teaching of Unani medical students and health workers.
- PLO 8: Able to hold a position as a member of the health team using his/her clinical skills based on Unani and Modern medical knowledge.
- PLO 9: Acquire basic management skills in the area of human resources, materials and resource management related to health care delivery system.
- PLO 10: Have personal characteristics and attitudes required for professional life including personal integrity, sense of responsibility and ability to show concern for other individuals.
- PLO 11: Prescribe and safely administer appropriate therapies, pharmacotherapy and interventions based on the principles of Traditional Unani drug therapy and scientific validity.

• PLO 12: Diversity of research approaches and research methods relevant to medical and health research, specifically of Life Style disorders.

Mapping of Program Learning Outcomes (PLOs)
With Qualification Descriptors (QDs)

	QD-1	QD-2	QD-3	QD-4	QD-5
PLO-1	3	3	2	2	3
PLO-2	3	2	2	2	2
PLO-3	2	3	2	2	2
PLO-4	3	3	2	2	2
PLO-5	2	2	3	3	2
PLO-6	2	2	2	2	3
PLO-7	2	2	2	2	2
PLO-8	3	3	2	3	3
PLO-9	1	2	2	2	2
PLO-10	2	2	2	2	2
PLO-11	3	3	2	3	3
PLO-12	1	2	3	3	2
PSO-1	3	3	2	2	2
PSO-2	3	3	3	3	3
PSO-3	1	1	3	3	3
PSO-4	2	2	3	3	2

Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping.

#### **COURSE DESIGN**

# **Course Code:**

Title of the Course: Research Methodology and Biostatistics (Paper I)

L-T-P: L=4, P=O, T=0 (per week)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1 Develop understanding on basics of research, its various types, objectives of doing research and its significance, research process, research designs and basic terminologies used in research. [Remember] CLO-2 Planning and designing a clinical research study: critically review the literature for selection of research problem, formulating hypothesis, defining objectives, research subjects, research methodology, tools for conducting research work (especially clinical trials) and analysis of results. [Understand] CLO-3 Illustrate basic knowledge of use of various types of research designs and their appropriate application in clinical trials: randomization, sampling, controls, blinding etc. [Understand] CLO-4 Understanding of basic concepts of clinical research, clinical trial definition, and phases of clinical trials, clinical terminology and the significance of statistical analysis in clinical research. [Understand] CLO-5 Understand significance of ethics in clinical research and related aspects: Ethical committees, Institutional Review Boards, Informed Consent, regulations and policies governing clinical research in human subjects [Understand] CLO-6 Development of clinical research documents: clinical trial protocol, SOPs
- [Apply]
  CLO-7 Basic knowledge of different types of data, various methods used for data collection, data processing and analysis in research studies and meaningful interpretation of the data using statistical tests and introduction to common statistical software packages used in clinical research (e.g. SAS, SPSS) [Remember/ Understand]

development, informed consent forms and case record form in an integrative

manner incorporating traditional Unani knowledge and contemporary science.

CLO-8 Demonstrate scientific communication skills in clinical research (writing clinical study reports, research publications, paper writing, concept of plagiarism etc.) [Apply]

Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	PSO 4
	1	2	3	4	ה	0	,	0	9	10	11	12	•	-	v	•
CLO1	1	1	1	1	3	2	2	1	2	1	2	3	2	2	3	3
CLO2	1	1	1	1	3	2	1	2	2	1	2	3	1	1	3	3
CLO3	1	1	1	1	3	2	1	2	2	1	2	3	1	1	3	3
CLO4	2	2	1	1	3	2	2	2	1	1	2	3	1	1	3	3
CLO5	2	2	3	1	3	2	2	2	2	1	2	3	1	2	3	3
CLO6	1	1	1	2	3	1	2	2	2	1	2	3	1	1	3	3
CLO7	1	1	1	1	3	1	2	2	1	1	2	3	1	1	3	3
CLO8	1	1	1	1	3	3	2	1	1	2	1	3	1	1	3	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **DETAILED SYLLABUS:**

# UNIT 1 (60 Hours)

# Types of research

- (a) Literary research
- (b) Clinical research
- (c) Experimental research
- (d) Observation and field studies
- · Trends and possibilities of R&D of Unani Drugs
- · Research problems
- (a) Definition
- (b) Selection and sources of research problems
- · Hypothesis
- (a) Types: Null and alternate hypothesis
- · Research designs
- (a) Types of Research designs

- · Controls in research designs
- (a) Selection criteria
- (b) Placebo and plain control
- (c) Randomization
- (d) Balancing and matching
- · Factors effecting research results.

# UNIT 2 (60 Hours)

# Tools and techniques in research

- (a) Interview, questionnaire, inventories, scales
- (b) Rating scales

# Protocols for research and report writing

- (a) Protocols for experimental, clinical and community based research.
- (b) Writing research report.
- (c) References in research report.
- (i) Books
- (ii) Journals
- (iii)Compendia
- (iv)Bulletins
- (v) WHO Reports
- (vi)Internet Sites

#### **Guidelines for Research**

- (a) WHO
- (b) ICMR
- (c) CPCSEA

# **UNIT 3 (60 Hours)**

#### **Bio-Statistics**

- · Scope and utility of Biostatistics
- · Descriptive Statistics
- (a) Analysis of Data
- (i) Data collection, tabulation and presentation of data.
- (ii) Measure of central tendency Mean, Median and Mode.

- (iii) Measures of dispersion: Range, quartile deviation, standard deviation.
- (b) Probability
- (i) Definition and laws of probability
- (ii) Types of probability distribution
- (iii)NPC and its application size
- (iv)Randomized samples
- (c) Sampling
- (i) Types and sample size
- (ii) Randomized sampling

#### · Inferential Statistics

- (a) Correlation and linear regression
- (i) Karl Pearson correlation coefficient
- (ii) Linear regression equations.
- (b) Test of significance
- (i) 't' test
- (ii) 'z' test.
- (c) Test of variance
- (i) ANOVA one way
- (ii) ANOVA two way
- (iii) X2
- (d) Non-parametric tests
- (i) Median test, Mann Whitney U test.
- (ii) Kruskall Wallis test, Fried test.

#### · Vital Statistics

- (a) Rate and Ratios
- (b) Standardization of population

Risk factors

#### **Reference Books:**

Clinical Research Methodology And Evidence Based Medicine by Ajit N Babu,
 Wolters Kluwer

- C.R.Kothari; Research Methodology Methods and Techniques; 2nd edition; New age international publishers
- Ranjan Das; Biomedical Research Methodology; 1st edition; Jaypee Brother Publishers
- Stephen B Hulley, Steven R Cummings, Warren S Browner, Deborah G Grady,
   Thomas B Newman; Designing clinical research: Fourth edition; Wolters Kluwer Health/Lippincott Williams & Samp; Wilkins
- Evan De Renzo, Joel Moss; Writing Clinical Research Protocols;1st edition;
   Academic Press
- David Machin, Peter Fayers: Randomized Clinical Trials: Design, Practice and reporting; 1st edition
- Richard Chin, Bruce Y Lee; Principles and practice of Clinical trial Medicine; 1st edition; Academic Press
- Ranjit Kumar; Research Methodology: A Step-by-Step Guide for Beginners; 3rd edition; SAGE Publications Ltd
- Bernard Rosner; Fundamentals of Biostatistics; 8th edition; Cengage Learning

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Classroom Teaching/ Group Discussion
- Practical Training for protocol development and writing
- Inculcation and training of research according to Good Clinical Practices
- Scientific communication: oral and written, report writing etc
- Seminar presentation, teaching-training workshops

# Assessment methods and weightages in brief (4 to 5 sentences)

- Three Internal Assessments Theory(25% of the Total Marks)
- Internal Assessment Practical (25% of the Total Marks)
- Final Examination Theory (75 % of Total Marks)
- Final Examination Practical (75 % of Total Marks)

#### **Course Code:**

# Title of the Course: Clinical Biochemistry and Genetics (Paper II)

L-T-P: L=6. T=0, P=2 hours/week

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1 Understand the Basic biochemistry and metabolism of carbohydrates, lipids, amino acids and proteins. General characteristics & kinetics assay of clinically important enzymes, vitamins and minerals with their clinical applications in pathogenesis, diagnosis and management of Diseases. [Remember]
- CLO-2 Understanding the Genetics and its role in the Genetic disorders. The etiopathogenesis, diagnosis and management of Genetic disorders and inborn errors of metabolism. [Understand]
- CLO-3 Application of Gene base in the diagnosis of genetic diseases, mutation detection and therapeutic approach through gene therapy. [Apply]
- CLO-4. Demonstrate practical skills of technical procedures of various DNA based diagnostic Probes, Population based DNA testing and mutation detection. [Apply]
- CLO-5 Demonstrate practical skills of technical procedures of various biochemical parameters for detection, estimation and diagnosis of various disorders. [Apply]

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	PSO 4
CLO1	2	1	1	2	1	2	2	1	1	2	2	1	2	1	2	1
CLO2	2	1	1	2	1	2	2	2	1	2	2	1	2	1	2	1
CLO3	2	1	1	1	1	1	2	2	1	2	2	2	2	1	2	1
CLO4	1	2	2	2	2	1	1	2	1	2	2	1	2	1	2	1
CLO5	2	2	1	2	1	2	2	1	1	2	2	2	2	1	2	1

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

#### **DETAILED SYLLABUS:**

**Clinical Biochemistry and Genetics** 

# UNIT 1 (80 Hours)

# **Clinical Biochemistry**

- Basic chemistry of carbohydrates, lipids, amino acids and proteins.
- Enzymes: General characteristics of enzymes & assay methods kinetics assay of
- some clinically important enzymes.
- Vitamins and minerals.
- Metabolism of carbohydrate lipids and amino acids
- Classification of body fluids and their biochemical co-relation (General considerations)
- Practical (Lab Course)
- LFT, KFT, Sugar profile, Lipid profile.
- Enzyme assays

# UNIT 3 (80 Hours)

#### **Genetics**

- DNA as Genetic Material: Structure of DNA, Structure of RNA
- DNA Replication, Transcription, Translation
- Mutations : (Basic)
- Chromosomal Abrasions
- Genetic disorders
- Autosomal and sex chromosomal abnormalities

#### UNIT 3 (80 Hours)

- In-born errors of Carbohydrate, protein and lipid Metabolism (General considerations)
- DNA based diagnosis
- DNA based diagnostic probes
- Population based DNA testing

- Mutation detection
- Gene therapy

# **Teaching material:**

- Lehninger Principles of Biochemistry by David L. Nelson
- Clinical Biochemistry (Lecture Notes) 10th Edition by Peter Rae, Mike Crane, Rebecca Pattenden

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Classroom Teaching/ Group Discussion
- Practical Training in OPD and IPD
- Case Presentation by Students at regular intervals
- Seminar Presentation of diseases of the subject

#### Assessment methods and weightages in brief (4 to 5 sentences)

- Three Internal Assessments Theory(25% of the Total Marks)
- Internal Assessment Practical (25% of the Total Marks)
- Final Examination Theory (75 % of Total Marks)
- Final Examination Practical (75 % of Total Marks)

•

#### **Course Code:**

Title of the Course: Usoole Tashkhees wa Tajweez ma Jadeed Izafat (Paper III)

L-T-P: L=3. P=9 hours/week

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)

After completing this Course, the students should be able to

- CLO-1 Make the provisional diagnosis on the basis of History taking and Examination and adhering to the basics of Unani medicine [Apply]
- CLO-2 Perform systemic examination of different systems of the body and assess the disease condition its status [Apply]
- CLO-3 Analyze the investigations and new techniques of different diseases and establish the diagnosis [Understand]
- CLO-4 Perform different clinical procedures like paracentesis, pleural tapping etc. [Apply]

- CLO-5 Interact with the patients and their family about the disease condition and follow the ethical guidelines and preserve the privacy of the patient [Apply]
- CLO-6 decide the line of treatment and write a prescription specific to the diagnosed disease [Apply]

Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	PSO 4
CLO1	2	3	2	3	3	3	2	2	3	3	2	2	3	3	2	3
CLO2	3	3	2	3	2	3	3	2	3	3	2	2	3	3	2	3
CLO3	3	3	3	3	2	3	3	2	2	3	2	2	3	3	2	3
CLO4	3	3	3	3	2	3	3	2	2	3	3	3	3	3	1	3
CLO5	3	3	3	3	2	3	3	2	3	3	3	2	3	3	3	3
CLO6	3	3	3	3	2	3	3	3	3	3	3	3	2	3	3	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

#### **DETAILED SYLLABUS:**

UNIT 1 (40 Hours)

Tashkhees ki gharz-o-ghaiyat

**Aam Istefsaraat** 

# **Rudade Mareez (The History Taking)**

- (a) Student's Approach to the Patient
- (b) History Taking
- (c) General Principles of Examination
- (d) The Case History Recording
- (e) Case Presentation

# (f) Interpretation of clinical Data

# Umoomi imtehane mareez (General Examination of Patient)

- (a) General appearance
- (b) Mental and Emotional states
- (c) Physical Attitude, gait, physique
- (d) Face, eyes, neck, thyroid gland
- (e) lymphatic system
- (f) Pulse
- (g) Respiration
- (h) Temperature
- (i) Blood Pressure
- (j) Routine Examination
- (k) Assessment of functional Impairment

#### **External Manifestations of Disease**

- a) Inspection of Exterior of the body
- b) Abnormalities in Head and Neck
- c) Examination of Mouth, Eye and Ear
- d) Skin, nails and hair and Special Techniques of the examination
- e) Upper limb, lower limb
- f) Genitalia.

# Imtehan Nizame Hazm (Examination of Digestive System)

- (a) Clinical Symptoms
- (b) Examination
- (c) Investigations
- (d) Recent diagnostic techniques
- (e) Usoole Ilaj

# **Imtehan Nizame Tanaffus** (Examination of Respiratory System)

- (a) Clinical Symptoms
- (b) Examination
- (c) Investigations

- (d) Recent diagnostic techniques
- (e) Usoole Ilaj

# UNIT 2 (40 Hours)

# Imtehan nizame Qalb wa Daurane Khoon (Examination of Cardiovascular system)

- (a) Clinical Symptoms
- (b) Examination
- (c) Investigations
- (d) Recent diagnostic techniques
- (e) Usoole Ilaj

# Imtehan nizame Baul wa Tanasul (Examination of Urino-Genital system)

- (a) Clinical Symptoms
- (b) Examination
- (c) Investigations
- (d) Recent diagnostic techniques
- (e) Usoole Ilaj and related assessment scales

# Imtehan nizame Asaab (Examination of The Nervous System)

- (a) Clinical Symptoms
- (b) Examination
- (c) Investigations
- (d) Recent diagnostic techniques
- (e) Usoole Ilaj

# Imtehan nizame Ezam wa Mafasil (Examination of Skeletal System)

- (a) Clinical Symptoms
- (b) Examination
- (c) Investigations
- (d) Recent diagnostic techniques
- (e) Usoole Ilaj

# Imtehane Nafsani (The Psychiatric Assessment)

- (a) Clinical Symptoms
- (b) Examination
- (c) Investigations
- (d) Recent diagnostic techniques
- (e) Usoole Ilaj

# Imtehan Ghudade laqanati (Endocrine System)

- (a) Clinical Symptoms
- (b) Examination
- (c) Investigations
- (d) Recent diagnostic techniques
- (e) Usoole Ilaj

# UNIT 3 (40 Hours)

#### Imtehane Mashaikh (Geriatrics)

- (a) Clinical Symptoms
- (b) History Taking
- (c) Examination
- (d) Investigations
- (e) Recent diagnostic techniques
- (f) Usoole Ilaj

# **Examination of Haemopoietic system**

**Examination of children** 

**Examination of unconscious patient** 

**Ethical Issues in Medicine** 

#### Nabz

- (a) Sharaite Nabz, Tareeqae Imtehan
- (b) Ajnase Nabz
- (c) Nabze Mufrad, Nabze Murakkab
- (d) Asbaabe Nabz
- (e) Nabz ke Tabai Iktelafaat
- (f) Nabz ke Marzi Ikhtelafaat

# Imtihan Baul - Nazri

Imtihan Baraaz – Nazri

#### Usoole Ilaj

- (a) Ilaj ke kulli tareeqe
- (b) Ilaj bil'dawa ke Qavaneen.
- (c) Auram ka usoole Ilaj
- (d) Tareeqae taadil wa tanqiya akhlat
- (e) Qavaneen wa zaraye Istefragh- Ishal, Qai, Idrar, Huqna, Tareeq, Tanfees,

Hijamat, Taleeq, Fasd

(f) Tashkhees na hone ke surat me ilaj

#### Nuskha naveesi

#### **PRACTICAL**

- The students of Moalajat part 1st will be posted at the IPD unit for imparting practical training.
- Case presentation is compulsory for every student
- 3 months posting in I.C.C.U.- For utilization of modern equipments like respirator, monitor, syringe pump, central lines (C.V.P.) in I.C.U, C.C.U & Neuro I.C.U & all modern equipments used in clinical emergencies.

#### **Reference Books:**

- 1. Swash M. Huchison's Clinical Method (Latest Edition), Elsevier Health Sciences
- 2. Houghton Andrew R. Chamberlains Signs and Symptoms of clinical medicine, published by Taylor & Francis Ltd
- J. Alastair Innes, Anna Dover, Karen Fairhurst, Macleod's Clinical Examination,
   Elsevier Health Sciences
- 4. Kamaluddin Husain Hamdani, Usoole Tib, published by NCPUL, New Delhi
- 5. Ibn-Sina, Alqanoon Fit Tib (Urdu Translation by Ghulam Hasnani Kantoori), Idara Kitabus Shifa
- 6. Ismail Jurjani, Zakhira Khawarizam Shahi
- 7. Harrison's Internal Medicine
- 8. Davidson's Principles and Practice of Medicine

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

• Classroom Teaching/ Group Discussion

- Practical Training in OPD and IPD
- Case Presentation by Students at regular intervals
- Seminar Presentation of diseases of the subject

# Assessment methods and weightages in brief (4 to 5 sentences)

- Three Internal Assessments Theory (25% of the Total Marks)
- Internal Assessment Practical (25% of the Total Marks)
- Final Examination Theory (75 % of Total Marks)
- Final Examination Practical (75 % of Total Marks)

# **Course Code:**

Title of the Course: Ilaj Bil Tadbeer (Regimenal Therapy) (Paper IV)

L-T-P: L=3, P=9 hours/week

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1 Understand the principles, scope and description of various therapeutic regimenal modalities along with their clinical applications [Remember]
- CLO-2 Understanding the therapeutic implication of six essential factors and *Tadabeer* (regimens) associated with each factor along with its clinical significance. [Understand] CLO-3 Define aims, objectives, recommendations, types, therapeutic indications,

contraindications, adverse effects of various therapeutic modalities with latest scientific updation.

#### [Remember]

- CLO-4. Demonstrate practical skills of technical procedures of various regimenal modalities on patients for management of diseases. [Apply]
- CLO-5 Practice Unani Regimenal therapies with competence and integrity in a Health care setting. [Apply]

Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	PSO 4
CLO1	2	2	2	3	1	1	2	2	1	2	2	1	2	2	2	2
CLO2	2	2	2	2	1	1	2	2	2	2	1	1	2	2	2	2
CLO3	3	3	2	3	1	1	2	3	2	2	3	1	2	3	2	2
CLO4	3	3	2	3	1	1	2	3	1	2	3	2	3	3	2	2
CLO5	3	3	3	3	1	1	2	3	1	3	3	2	3	3	2	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

#### **DETAILED SYLLABUS:**

# UNIT 1 (40 Hours)

**Introduction, Principles and Scope** 

- · Concept, objectives and classification
- · Tadabeer related with Hawa and atmosphere
- · Tadabeer related with Diet (Ilaj bil Giza)
- · Tadabeer related with Ilaj Nafsani & Roohani
- · Geriatric care
- · Dal'k (Massage)
- (a) Definition, Principles, Objectives
- (b) Classification of Dal'k
- (c) Description of muscles related to Dal'k
- (d) Properties and action of oils used in Dal'k
- (e) Effects of adjuvant drugs in Dal'k
- (f) Indications and therapeutic uses
- (g) Adverse effects
- · Riyazat (Exercise)
- (a) Definition, Principles, Objectives

- (b) Classification of Riyazat
- (c) Scientific interpretation and effects of Riyazat in certain disease like Sports induced disease
- (d) Therapeutic importance and indications
- (e) Adverse effects

# Hammam (Bathing)

- (a) Definition, Principles, Objectives
- (b) Types of Hammam
- (c) Kinds of Hammam rooms and its importance
- (d) Therapeutic uses and indications
- (e) Adverse effects

### UNIT 2 (40 Hours)

# · Hajamat (Cupping)

- (a) Definition
- (b) Types
- (c) Sites and procedures of Hajamat
- (d) Indications and contraindications

#### · Fasd (Venesection)

- (a) Definition
- (b) Sites of Venesection
- (c) Anatomy and Description of Vessels of Venesection
- (d) Instruments used in Venesection
- (e) Pre Venesection Procedure
- (f) Investigations like Hb%, Bleeding Time, Clotting Time, Prothrombin time, platelet count, blood sugar, Blood group with Rh typing
- (g) Procedure and precautions
- (h) Indications and Contraindications
- (i) Management of Post procedural problems.

# · Irsale Alaq (Leeching)

- (a) Definition
- (b) Description of Leech and its various types
- (c) Leech collection, storage and preservation
- (d) Leeching procedure

- (e) Precautions
- (f) Indications and contraindications
- · Ishal (Purgation)
- (a) Definitions, Principles
- (b) Indications and contraindications
- (c) Drugs used for purgation
- · Qai (Emesis)
- (a) Definition, aims and objectives
- (b) Drugs used for Qai
- (c) Indications and contraindications
- · Idrar (Diuresis)
- (a) Definitions, aims and objectives
- (b) Indications and contraindications
- (c) Drugs used for Idrar

#### UNIT 3 (40 Hours)

- · Amle Kai (Cauterisation)
- (a) Definition, Aims, Objectives
- (b) Procedure
- (c) Precautions
- (d) Indications and contraindications
- · Nutool (Douching / Irrigation)
- (a) Definition, aims and objectives
- (b) Indications and contraindications
- · Huqna (Enema)
- (a) Definition, principles, aims
- (b) Objectives
- (c) Procedure
- (d) Drugs used in huqna
- (e) Indications and contraindications
- · Tareeq (Diaphoresis)
- (a) Definition, aims and objectives
- (b) Methods and Procedures

- (c) Indications and contraindications
- · Inkebaab (Vaporisation)
- (a) Definition, aims and objectives
- (b) Methods and Procedures
- (c) Indications and contra indications
- $\cdot$  Definitions aims, objectives, procedures indications and contraindications of the following regimens
- (a) Takmeed, Tikor, Pashoya,
- (b) Ialam,
- (c) Nushuq, Tadheen, Tazahha, Saoot
- (d) Lakhlakha,

#### **Reference Books:**

- Razi, A.M.Z. (2002) "Kitabul Hawi", Central Council for Research in Unani Medicine(CCRUM), Ministry of Health and Family Welfare, Govt. of India, New Delhi.
- 2. Jurjani, M.H. (1903) "Zakheera Khawarzam Shahi" (Urdu Translated by Hakim Hadi Hussain Khan), Munshi Nawal Kishore, Lucknow.
- 3. Ibn-e-Rushd, A.W.M.B. (1987) "Kitabul Kulliyat" (urdu translation), CCRUM, Delhi.
- 4. Ibn Sina. YNM, Al-Qānūn fi 'l-Tibb, Jamia Hamdard, New Delhi
- 5. Ibn-ul-Quf. YNM, *Kitāb-ul-Umdah fil-Jarāhat*, Part 1, Dā'erat-ul-M'ārif, Hyderabad, p. 175-180.
- 6. Mohd Ehsanullah ,Mohd Inayatullah *Ilaj bit tadbeer jaded Tehqeeqat wa Mufeed tauzeehat* ,Ist Edition, 2006, NCPUL New Delhi

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Classroom Teaching/ Group Discussion
- Practical Training in OPD and IPD
- Case Presentation by Students at regular intervals
- Seminar Presentation of diseases of the subject

#### Assessment methods and weightages in brief (4 to 5 sentences)

- Three Internal Assessments Theory(25% of the Total Marks)
- Internal Assessment Practical (25% of the Total Marks)

- Final Examination Theory (75 % of Total Marks)
- Final Examination Practical (75 % of Total Marks)

#### **Course Code:**

# Title of the Course: Amraze Nizame Aasab, Amraze Nafsania wa Ghudade Laqanati (Paper I)

L-T-P: L=4, T=4, P=10 hours/week

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1 make the provisional diagnosis on the basis of signs and symptoms of diseases of nizame a'asab (CNS) and Ghudade Laqanati (Endocrine) [Apply]
- CLO-2 elicit and identify different signs and maneuvers pertaining to CNS and Endocrine system diseases [Remember]
- CLO-3 analyze the investigations and new techniques of diseases of CNS and Endocrine system [Understand]
- CLO-4 interact confidently with the patients and their family about the status of the disease, management outcomes and prognosis [Apply]
- CLO-5 decide the line of management of diseases of CNS and Endocrine system and write a prescription specific to the diagnosed disease [Apply]

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	PSO 4
CLO1	2	3	3	3	2	3	3	2	2	3	2	3	3	2	3	3
CLO2	2	3	3	3	3	3	2	2	3	2	2	3	3	1	2	3
CLO3	3	3	3	3	3	3	3	2	3	3	3	3	3	2	3	3
CLO4	2	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3
CLO5	3	3	3	3	3	3	3	2	2	3	3	3	3	3	3	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

#### **DETAILED SYLLABUS:**

# UNIT 1 (60 Hours)

# **Amraze Nizame Asbi**

Suda wa aqsaam

Sarsam wa aqsaam

Warme dimaghi nukhai

Warme Aghshiyae dimagh

Duar

Qoma

Sara

Tashannuj

Rasha wa aqsaam (Daur raqs aur Parkinsonism)

Sakta

Khuraje Dimagh

Falij

Laqwa

Istarkha

Huzale Zohri

Waja ul Asab

Dimaghi

Sudde

Jiryaane Khoon Dimaghi

Alzheimer's disease

# Amraze Nafsaniya

Sahar

Nisyaan

Malankholiya

Mania

Kaboos

Izterabe Nafsani

Izmehlaal

Ikhtinaqur raham

**Psychosis** 

Neurosis Ikhtilaj

Akhoni (Waham)

Shahwate Kalbia

Jooul Baqar.

#### UNIT 2 (60 Hours)

# Ghudade Laqanati

Ghuddae laqanati aur unki ifrazat ka tasawwur atibba ki nazar mein (umoomi jayaeza)

# Ghuddae Nukhamiya

Ghuddae Nukhamia ke ifrazat ki qillat wa ifrat se hone wale Amraz

Kibrul Izm,

Qazamah (Dwarfism)

Ziabetus sada

Salate nukhamiya

# Ghuddae Darqiya

Ghuddae Darqiya ke ifrazat ki qillat wa ifrat se hone wale Amraz

Farte Darqiya (Hyperthyroidism)

Tasammume Darqiya

Qusoore Darqiyaq

Ghoter (Goiter) Cretinism

Ozema Mashati

Salate Darqiya.

# Ghuddae Janibud Daraiqa

Ghuddae Janibud darqiya ke ifrazat ki qillat wa ifrat se hone wale Amraz

Farte duraiqiya (Hyper parathyriodism)

Qusoore Duraqiya (Hypo parathyroidism).

#### **Banqaras**

Banqaras ke hissae Laqanati ke ifrazat ki qillat wa ifrat se hone wale Amraz

Ziabetus Sukkari (Diabetes mellitus)

Qillate Sukkaridum (Hypoglycaemia)

Salae Jazeerom (Insulinoma)

# UNIT 3 (60 Hours)

# **Ghuddae Fauqul Kulya**

Ghuddae Fauqul kulya ke ifrazat ki qillat wa ifrat se hone wale Amraz

Mutalazema

**Koshing** 

Aldosteroma

Warmul qawatim (Phoechromocytoma)

Addison's disease

Naqse aldosteromia (Hypo aldosteronism)

#### **Metabolic Disorders**

Diabetes mellitus

Lipid metabolic disorders

Osteoporosis

#### **Amraze Tavarus**

Sibghi Jasdi Amraz (Autosomal disorder)

Sinfi vabasta Amraz (Sex linked diseases)

# **Amraze Khusiya**

Ifrazat ka mukhtasar jayeza

Khusiya aur amraze bah ka bahmi taalluq Jinsi Amraz

Jinsi mubtasar (sexual paucity)

Aajil buloogh (Delayed or Incomplete puberty)

Mutlazima Klinefelter (Klinfelter syndrome)

Acquired testicular defects

Infertility

Salate Khusiya

Tasaddiur Rajal (Gynaecomastia)

# **Amraze Khusiyatur Raham**

Balooghe mubtasar (Isosexual precocious puberty)

Turner syndrome

Uqr

Salate

Khusiyat ur raham.

#### **Reference Books:**

- 1. Ibn-Sina, Alganoon Fit Tib (Urdu Translation by Ghulam Hasnani Kantoori)
- Ismail Jurjani, Zakhira Khawarizam Shahi (Urdu translation by Hakeem Hadi Hasan), Idara Kitabus Shifa
- 3. Harrison's Internal Medicine, Mc Graw Hill Professionals
- 4. Davidson's Principles and Practice of Medicine, Elseviers Publicatios

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Classroom Teaching/ Group Discussion
- Practical Training in OPD and IPD
- Case Presentation by Students at regular intervals
- Seminar Presentation of diseases of the subject

# Assessment methods and weightages in brief (4 to 5 sentences)

- Three Internal Assessments Theory(25% of the Total Marks)
- Internal Assessment Practical (25% of the Total Marks)
- Final Examination Theory (75 % of Total Marks)
- Final Examination Practical (75 % of Total Marks)

#### **Course Code:**

#### Title of the Course:

Amraze Nizame Tanaffus wa Daurane Khoon, Tauleede Dam, Ghudade Lymphaviah (Diseases of Respiratory, Circulatory, Haemopoetic Systems, Lymph nodes) PAPER – II

L-T-P: L=4, T=4, P=10 hours/week

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-2 Demonstrate clinical skills based on history, physical examination and relevant investigations and Unani principles for making provisional diagnosis of disorders of Amraze Nizame Tanaffus wa Daurane Khoon, Tauleede Dam, Ghudade Lymphaviah (Diseases of Respiratory, Circulatory, Haemopoetic Systems, Lymph nodes) both with respect to Unani principles and contemporary sciences.
- CLO-2 Manage and treat disorders of Amraze Nizame Tanaffus wa Daurane Khoon, Lymphaviah through Unani system of medicine.
- CLO-3 Decision making skills for advising requisite investigations, management of above mentioned diseases or referral to higher specialized centres of treatment.
- CLO-4 Demonstrate effective communication skills to interact in a respectful and compassionate manner with the patient and patients family ensuring patient's confidentiality and privacy to encourage positive patient participation.
- CLO-5 Work rationally, ethically and compassionately to become a responsible member of the health care system. Recognize and accept limitations in one's knowledge, skills, attitudes, and behaviors, and continuously improve these attributes.

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	PSO 4
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CLO3	3	3	3	3	1	2	2	2	2	1	3	1	3	3	2	2

CLO4	2	3	3	2	1	3	3	2	2	3	1	1	2	2	2	2
CLO5	2	2	3	2	1	2	2	3	2	3	2	1	3	2	2	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

#### **DETAILED SYLLABUS:**

# UNIT 1 (60 Hours)

#### **Amraz Nizame Tanaffus**

Sual, Warme Hanjra,

Warme Qasbatur Riya,

Warme Shobatur Riya,

Sartane Shobatur Riya,

Ittisae Shob, Nafsuddam, Bohtus Saut, Zeequn Nafas,

Zaatur Riya,

Zaatul Janb,

Khuraje Riya,

Nafkhatur Riya,

Taqayyuhe Sadr,

Istesquus Sadr,

Sartaane Riya,

Suqoote Riya,

Suddae Riya,

Tadarrune Revi,

Ittesae Shobatur Riya,

Faza ki aaludgi se mutaaliq Amraze Riya.COPD,

Tumours of bronchus and lungs,

Respiratory failure

# UNIT-II (60 Hours)

# Amraze Qalb wa Dauraane Khoon

Sue mizaje qalb,

Zoafe qalb, Khafqaan,

Warm Ghilaafe qalb,

Warm Azlate qalb, Warm

Batanae qalb,

Warm Batanae qalb hudaari,

zubhai sadria,

Ghashi,

Izamul qalb,

Iflaasul qalb,

Maitatul qalb,

Suqoote qalb imtelai,

Corpulmonale,

Zaghtuddum qavi.

Saqoot Dauraane

Khoon satahi,

Tasallube sharayeen,

Anurisma, Manuatul qalb,

Cardiac arrhythmia,

Khilqi

amraze qalb, Butue qalb,

Cardiac arrest, Cardiac failure,

Sadma Heart block.

Pericardial Effusion

#### **Amraz Samamate Qalb**

Tazaiuqur raseen (mitral stenosis), qusoorur raseen (mitral incompetence), tazaiuqe aurata (aortic stenosis), qusoore aurata (aortic incompetence).

# UNIT-III (60 Hours)

#### Amraze Sharayeen wa aurida (Diseases of vessels)

Atherosclerosis, Aneurism, thrombophlebitis, Burger's disease, Raynaud's disease and other vascular diseases.

# **Taftishaat**

Amraze Qalb wa Daurane khoon ke jaanch ke mukhtalif qadeem wa jadeed tareeqon ke bare mein malumat. (e.g. ECG, Echocardiography, Cardiac imaging, Catheterization etc.)

#### **Amraze Dam**

Faqruddam, Abyazuddam, Thalasaemia, Fasade Khoon, Nazafuddam Mizaji, Amraze Injimaduddam.thrombocytopenia

### **Immunological Disorders**

#### Haemopoitic system

# Lymph nodes and disease due to atmospheric pollution

#### **Reference Books:**

- Ibn-Sina, Alqanoon Fit Tib (Urdu Translation by Ghulam Hasnani Kantoori), Idara Kitabus Shifa
- Ismail Jurjani, Zakhira Khawarizam Shahi (Urdu translation by Hakeem Hadi Hasan) Idara Kitabus Shifa
- 3. Kabiruddin, Moalajat Sharh-e-Asbab, Idara Kitabus Shifa
- 4. Ajmal Khan, Hāzique, Madina Publishing Company
- 5. Harrison's Internal Medicine, Mc Graw Hills Professionals
- 6. Davidson's Principles and Practice of Medicine, Elseviers Publications

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Classroom Teaching/ Group Discussion
- Practical Training in OPD and IPD
- Case Presentation by Students at regular intervals
- Seminar Presentation of diseases of the subject

# Assessment methods and weightages in brief (4 to 5 sentences)

- Three Internal Assessments Theory(25% of the Total Marks)
- Internal Assessment Practical (25% of the Total Marks)
- Final Examination Theory (75 % of Total Marks)
- Final Examination Practical (75 % of Total Marks)

#### **Course Code:**

Title of the Course: Amaraze Nizame Hazm, Baul wa Tanasul wa Istahala

#### (Diseases of Digestive & Urogenital systems and Metabolism) (Paper

# III)

L-T-P: L=4, T=5, P=10 hours/week

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1 make the provisional diagnosis on the basis of history, physical examination and investigations for the disorders of Nizame Hazm, Baul wa Tanasul wa Istahala

  [Apply]
- CLO-2 Manage and treat disorders of Amraze Nizame Hazm, Baul wa Tanasul wa Istahala through Unani medicine. [Apply]
- CLO-3 advising requisite investigations, management of above mentioned diseases or referral to higher specialized centres of treatment. [Apply]
- CLO-4 Demonstrate effective communication skills to interact in a respectful and compassionate manner with the patient and patients family ensuring patient's confidentiality and privacy to encourage positive patient participation. [Apply]
- CLO-5 deliver health care rationally, ethically and compassionately to become a responsible member of the health care system [Remember/Apply]

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	PSO 4
CLO1	3	3	2	3	1	2	2	2	1	1	3	1	3	3	2	2
CLO2	3	3	2	3	1	2	2	2	1	1	3	1	3	3	2	2
CLO3	3	3	3	3	1	2	2	2	2	1	3	1	3	3	2	2
CLO4	2	3	3	2	1	3	3	2	2	3	1	1	2	2	2	2
CLO5	2	2	3	2	1	2	2	3	2	3	2	1	3	2	2	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

#### **DETAILED SYLLABUS:**

# UNIT 1 (60 Hours)

Approach towards a patient with Gastrointestinal Disease

**Amraz Fam (Diseases of Mouth)** 

**Amraz Mari (Diseases of Oesophagus)** 

Amraz Maedah (Diseases of Stomach):- 19

- · Zofe medah
- · Sue mizaje medah
- · Warme medah
- · Qarho-e-medah-o-asna-e-ashari (Peptic Ulcer Disease)
- · Kasrat-o-qillat-e-hamoozat-e-maedi
- · Sartaan-e-medah (Carcinoma of Stomach).
- · Tukhma
- · Sue-e-hazm

#### **Amraz Amaa (Diseases of Intestines):-**

- · Zarb-o-khilfa (Malabsorption Syndrome).
- · Disorders of Absorption
- · Ishaal (Diarrhoea).
- · Zalaqul-ama.
- · Qoolanj-e-ama (Intestinal colic).
- · Baraz-ud-dam (Melena).
- · Warm-e-qaulon (Inflammatory Bowel Disease).
- · Warm-e-qaulon qarhi.(Ulcerative colitis)
- · Diqq-e-ama (Intestinal Tuberculosis).
- · Iltehaab-e-miqad (Proctitis ).
- · Acute Appendicitis and Peritonitis
- · Irritable Bowel Syndrome,
- · Intestinal Obstruction
- · Common Diseases of Colon and Anorectum

# UNIT 2 (60 Hours)

# Diseases of Liver and Biliary Tract:-

- · Zofe kabid.
- · Su-e-mizaj-e-kabid.
- · Warm-e-kabid (Hepatitis).
- · Dubelatul kabid (Liver abscess).
- · Yerqaan. (Hyperbilirubinemia)
- · Alcoholic liver Disease
- · Talaiuf-e-kabid (Cirrhosis of liver)
- · Hepatic Failure
- · Carcinoma of liver.
- · Istasqa (Ascitis).
- · Izm ul kabid (Hepatomegaly).
- · Hisatul mirara (Cholylithiasis)
- · Warm e mirara (Cholecystitis).
- · Other Biliary Diseases

#### Amraz Tihal (Diseases of Pancreas):-

·Warm-e-banqaraas (Pancreatitis).

All modern diagnostic procedures related to Digestive system.

**Amraz-e-Nizam-e-Baule-o-Tanassul wa Istahala** (diseases of urinary and reproductive system and metabolism)

# UNIT 3 (60 Hours)

# **Diseases of Urinary System:**

# Diseases of Kidney:

- · Su-e-mizaj-e-kuliya.
- · Zofe kuliya.
- · Warm-e-kuliya.(Glomerulonephritis)
- · Mutafarrique Amraz-e-kuliya.
- · Diq ul kuliya. (RenalTuberculosis)
- · Saqoot ul kuliya (Renal paranchymal Disease, Acute and Chronic Renal Failure).
- · Nephrotic Syndome
- · Warm-e-Hauz ul kuliya (Pyelo-nephritis).

- · Hisatul kuliya (Renel calculi).
- · Hydronephrosis.
- · Incontinence of urine.
- · Baulud dam (Haematuria).
- · Renal lesions in diabetes.
- · Urinary Tract Diseases

All modern diagnostic procedures related to Uro-genital system

#### **Diseases of Reproductive System:**

- · Zofe baah.
- · Surrat-e-inzal.
- · Kasrat-e-Ehtalaam
- · Aur mutalique amraz.
- · Salpingitis
- · Oophoritis
- · Per vaginal Bleeding Disorders (Menorrhagia, Metrorrhagia etc.)
- · Proctitis
- · Sterility

**Diseases of Metabolism:** Common metabolic disorders and diseases

#### **Reference Books:**

- 6. Kabiruddin M. Bayaze Kabeer. Part-II. Hyderabad: Hikmat Book Depot, Deccan; (YNM)
- 7. Razi, A.M.Z, (1980) "Kitabul Abdal" C.C.R.U.M, New Delhi.
- 8. Razi, A.M.Z. (1997) "Kitabul Hawi", Central Council for Research in Unani Medicine(CCRUM), Ministry of Health and Family Welfare, Govt. of India, New Delhi.
- 9. Razi, A.M.Z. (2002) "Kitabul Hawi", Central Council for Research in Unani Medicine(CCRUM), Ministry of Health and Family Welfare, Govt. of India, New Delhi.
- 10. Jurjani, M.H. (1903) "Zakheera Khawarzam Shahi" (Urdu Translated by Hakim Hadi Hussain Khan), Munshi Nawal Kishore, Lucknow.
- 11. Ibn-e-Rushd, A.W.M.B. (1987) "Kitabul Kulliyat" (urdu translation), CCRUM, Delhi.
- 12. Ibn-e-Sina (1927) "Alqanoon Fit Tibb" (urdu translation by Ghulam Hasnain Kantoori) Sheikh Mohammad Bashiir & sons, Lahore, Vol.II.
- 13. Ibn-e-Zohar, A.M. (1986) "Kitab al Taisir Fil Mudawat wa Tadabeer" (Urdu Translation by CCRUM, Ministry of Health and Family Welfare, Govt. of India.
- 14. Kabiruddin, H. (1951) "Ilajul Amraz" Sheikh Mohammad Bashir & Sons, Lahore, Pakistan

- 15. Khan, H.A. (2000) "Haziq" Beeswein Sadi Publications (Pvt) Ltd, New Delhi.
- 16. Khan, M.A. (1940) "Ikseer-e Azam" (Urdu translation by Kabiruddin), Tibbi Compony, Rawalpindi, Pakistan.
- 17. Khan, A, (1303) H "Muheetul Azam" Dar matba nizami waqah Kanpur.
- 18. Khan, A, (1992) H "Qarabadeen Azam" Ajaz publication House Daryagunj New Delhi.
- 19. Anonymous, 2010, NFUM, Ministry of Health and Family Welfare, Dept of AYUSH, New Delhi.
- 20. Anonymous. *National Formulary of Unani Medicine*. Part-I, New Delhi: CCRUM, Ministry of H & F.W. Govt. of India
- 21. John Firth; Christopher Conlon; timothy Cox, Oxford textbook of medicine:6th edition: Oxford: University press
- 22. James JL, Fauci AS, Kasper DL, Hauser SL, Longo DL, Loscalzo J, eds: Harrison's Principles of Internal Medicine: Vol 1 and 2, 20th edition: McGraw-Hill education New York
- 23. Raltson, Stuart H., Ian D. Penman, Mark W.J. Strachan, Richard Hobson: Davidson's Principles and Practice of medicine: 23rd edition: London, England: Elsevier Health Sciences
- 24. Goldman, Lee, Andrew I.Schafer, and Rusell L: Goldman-Cecil Medicine: 26th edition: Philadelphia, PA: Elsevier
- 25. Stephen J McPhee; Michael W Rabow :Current medical diagnosis & treatment;57th edition : New York : McGraw-Hill Education

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Classroom Teaching/ Group Discussion
- Practical Training in OPD and IPD
- Case Presentation by Students at regular intervals
- Seminar Presentation of diseases of the subject

#### Assessment methods and weightages in brief (4 to 5 sentences)

- Three Internal Assessments Theory(25% of the Total Marks)
- Internal Assessment Practical (25% of the Total Marks)
- Final Examination Theory (75 % of Total Marks)
- Final Examination Practical (75 % of Total Marks)

#### **Course Code:**

Title of the Course: Amraze Mutaddiah Hummiyat, Jild wa Mafasil (Paper IV)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to ......

- CLO-1 make the provisional diagnosis on the basis of signs and symptoms of Mutaddiyah diseases, different types of fever, commonly prevalent diseases of skin and diseases of joints. [Apply]
- CLO-2 elicit and identify different signs and maneuvers pertaining to above mentioned diseases. [Remember]
- CLO-3 analyze the investigatory findings and to apply new techniques developed for diagnosis and management of above mentioned diseases. [Understand]
- CLO-4 interact confidently with the patients and their family about the status of the disease, management outcomes and prognosis. [Apply]
- CLO-5 decide the line of management and write a comprehensive prescription for the above mentioned disease. [Apply]

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	PSO 4
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CLO4	2	3	3	3	3	3	3	2	3	3	3	3	3	3	2	3
CLO5	3	3	3	3	3	3	3	2	2	3	3	3	3	3	3	3

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#### **DETAILED SYLLABUS:**

#### UNIT 1 (60 Hours)

Amraze Mutaddiyah (Infectious diseases)  $\cdot$  Mana'at and Tadiya  $\cdot$  Importance of Mana'at in the treatment of infectious diseases  $\cdot$  Classification of Infectious Diseases  $\cdot$  Microorganism and host interaction  $\cdot$  Nosocomial Infections  $\cdot$  Bacterial Diseases  $\cdot$  Viral Diseases  $\cdot$  Fungal Diseases  $\cdot$  Protozoal Diseases  $\cdot$  Helminthic Diseases  $\cdot$  HIV and associated disorders

Hummiyat (Fevers) ·

Tareef-e-Humma · Ufoonat · Aam Usoole Ilaj

#### UNIT 2 (60 Hours)

Examination of Skin and an approach to diagnosing skin diseases · Principles of therapy · Disorders of pigmentation · Disorders of nails · Diseases of Hair · Different Skin Diseases · Skin Infections and Infestations · Skin in systemic diseases · Management of skin diseases cosmetology Amraaze-Jild (Skin Diseases) · Applied anatomy of Skin · Functions and classification of skin ·

#### UNIT 3 (60 Hours)

Amraz-e-Mafasil (Rheumatology) · Clinical examination of musculoskeletal system · Applied anatomy, physiology and Investigations · Major manifestations of musculoskeletal diseases Niqris (Gout) Wajaul Mafasil (Arthralgia) Warme-Mafasil (Arthritis) Tahajjur Mufasil (Fixation of Joint) Irqun-Nisa (Sciatica) Wajawul Zahar (Backache) Wajawul Khasra (Low Backache) Wajawul Qutn (Lumbago) Osteoporosis Ankylosing spondylosis · Principles of Management of musculoskeletal disorders.

#### **Reference Books:**

- Ibn-Sina, Alqanoon Fit Tib (Urdu Translation by Ghulam Hasnani Kantoori), Idara Kitabus Shifa
- Ismail Jurjani, Zakhira Khawarizam Shahi (Urdu translation by Hakeem Hadi Hasan) Idara Kitabus Shifa
- 3. Kabiruddin, Moalajat Sharh-e-Asbab, Idara Kitabus Shifa
- 4. Ajmal Khan, Hāzique, Madina Publishing Company
- 5. Harrison's Internal Medicine, Mc Graw Hills Professionals

#### 6. Davidson's Principles and Practice of Medicine, Elseviers Publications

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Classroom Teaching/ Group Discussion
- Practical Training in OPD and IPD
- Case Presentation by Students at regular intervals
- Seminar Presentation of diseases of the subject

#### Assessment methods and weightages in brief (4 to 5 sentences)

- Three Internal Assessments Theory (25% of the Total Marks)
- Internal Assessment Practical (25% of the Total Marks)
- Final Examination Theory (75 % of Total Marks)
- Final Examination Practical (75 % of Total Marks)

# DOCTOR OF MEDICINE

# **(MD)**

# TAHAFFUZI WA SAMAJI TIB

#### NAME OF THE DEPARTMENT: TAHAFFUZI WA SAMAJI TIB

#### **Vision Statement (Department Level):**

To build an eminent public health work force for protection and promotion of health and well being of the community.

#### Mission Statements (3 to 4) (Department Level):

**MS1:** To train physicians to be effective Public health administrators through well designed educational curriculum, knowledge and expertise.

**MS2:** To provide opportunities for Research and Development for developing new strategies of improving Community Health.

**MS3:** Collaborating with world class organisations in order to strengthen international ties and extend outreach to other countries.

**MS4:** To popularise the significance of preventive health care by creating awareness in the community.

# Name of the Academic Program: MD- Tahaffuzi wa Sami Tib (TST) QUALIFICATION DESCRIPTORS (QDs)

## Upon the completion of Academic Programme (MD Tahaffuzi wa Sami Tib), students will be able to:

**QD1**: Demonstrate proficiency in the area of community medicine in general and preventive health in particular.

**QD2**: Demonstrate comprehensive knowledge and skills in areas related to nutrition, epidemiology and environmental studies, demography and regimenal care.

**QD3**: Use knowledge and skills required for identifying community health problems, collection of relevant data, their analysis and formulating their solutions.

**QD4**: Apply knowledge in areas related to preventive aspect of Unani System of Medicine in order to solve complex modern day health concerns with well defined solutions.

**QD5**: Demonstrate the competence for providing assistance to national and international health platforms.

Mapping Qualification Descriptors (QDs) with Mission Statements (MS)

	MS-1	MS-2	MS-3	MS-4
QD-1	3	2	2	3
QD-2	3	2	1	3
QD-3	3	3	2	3
QD-4	2	3	2	3
QD-5	3	2	3	3

Write '3 'in the box for 'High-level'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping.

#### PROGRAM LEARNING OUTCOMES (PLOs) (12)

After completing this Program, the students should be able to:

**PLO1**: Develop in-depth knowledge and skills for solution of Research problems with accuracy and precision.

**PLO2**: Deliver comprehensive care for the individual and community keeping in accordance of the national health objectives.

**PLO3**: Evaluate practices and theories on the basis of knowledge of evidence based scientific approach.

**PLO4**: Express with clarity and proficiency thoughts and ideas related to preventive and promotive health.

**PLO5**: Develop a sense of curiosity and inquisitiveness for the purpose of defining research problems, formulating and testing hypothesis, analysis of data and drawing conclusions from it.

**PLO6**: Demonstrate the ability to render services effectively as a member of a team in a community setting.

**PLO7**: Demonstrate the ability to work in a multi-cultural society with people of diverse backgrounds and communicating with them effectively and respectfully.

**PLO8**: Demonstrate capability to use modern ICT tools of learning for collection, analysis and evaluation of data.

**PLO9**: Inculcate professional honesty and integrity, perseverance and sustainability and at the same time avoid unethical behaviour in all aspects of work.

**PLO10**: Demonstrate the capability to provide leadership by building an inspiring vision and motivating the team members for best output in achieving the vision.

**PLO11**: Develop judgment skills in making appropriate decisions in the interest of the health of the individual and the community.

**PLO12**: Demonstrate the ability of acquiring knowledge through continuous self learning in accordance with the current demands of the patients and community.

#### PROGRAM SPECIFIC OUTCOMES (PSOs)

(In case of specializations in each academic program, 2 to 4)

#### After completing this Program, the students should be able to:

**PSO1**: Develop skills and knowledge to intelligently interpret public health problems and provide solution by choosing most appropriate research methods and tools.

**PSO2**: Develop competency in public health administration with effective leadership and managerial skills for management of healthcare organisations.

**PSO3**: Serve the community for the achievement of National health goals for overall human development.

#### Mapping of Program Learning Outcomes (PLOs)

#### With Qualification Descriptors (QDs)

	QD-1	QD-2	QD-3	QD-4	QD-5
PLO-1	2	2	3	3	2
PLO-2	3	3	2	3	3
PLO-3	3	3	3	2	2
PLO-4	3	3	2	3	2
PLO-5	3	3	3	3	3
PLO-6	2	1	2	1	3
PLO-7	2	1	2	1	3
PLO-8	2	2	3	3	3
PLO-9	1	1	3	3	3
PLO-10	2	2	3	3	3
PLO-11	3	3	3	3	3
PLO-12	3	3	3	3	3
PSO-1	3	3	3	3	3
PSO-2	3	3	3	3	3
PSO-3	3	3	3	3	3

Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level 'mapping, 1 for 'Low-level 'mapping.

#### **COURSE DESIGN**

Course Code: MDT101Title of the Course: Tahaffuzi wa Samaji Tib Ka Tasawwur aur Tareekh (Concepts and History of Preventive and Social Medicine)

L-T-P: 60(L), 20(T) Total=80 Credits: NA

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

After completing this Course, the students should be able to:

**CLO1**: **Correlate** the fundamentals of Medicine in different civilisations of the past.(Remember)

**CLO2**: **Explain** the emergence and extent of Preventive and Social Medicine.(Understand)

# **CLO3**: **Demonstrate** the knowledge of phases of public health for the achievement of Health for All.(Apply)

CLO4: Analyse the difference in Curative, Preventive and Social Medicine.(Analyse)

**CLO5:Appraise** the changing concepts of Preventive Medicine through the history.(Evaluate)

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	2	3	3	3	1	2	3	3	3	3	3	3	3	3
CLO 2	1	2	2	2	3	2	3	2	2	2	3	3	3	2	3	3
CLO 3	3	3	3	3	2	3	3	3	3	2	3	3	3	2	3	3
CLO 4	2	3	1	3	1	3	3	3	2	2	3	3	2	2	3	3
CLO 5	1	3	3	3	2	1	3	3	3	3	3	3	2	3	3	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

Unit 1: 20 hours

Evaluation of Tahaffuzi-wa-Samaji Tib (PSM)

Historical Background- Man & Medicine towards Health for All

Medicine in Ancient Time (With Special Reference to Tahaffuzi wa Samaji Tib)

- Primitive Medicine
- Indian Medicine
- Chinese Medicine

- Egyptian Medicine
- Mesopotamian Medicine
- Greek Medicine
- Roman Medicine
- Middle Ages

#### Unit 2: 20 hours

#### The Dawn of Scientific Medicine

- Revival of Medicine
- Sanitary Awakening
- The Rise of Public Health
- Germ Theory of Disease.

#### The Birth of *Tahaffuzi Tib* (Preventive Medicine)

- Public Health.
- Social Medicine
- Community Medicine
- Preventive and Social Medicine

#### Unit 3:20 hours

#### **Modern Medicine**

- Curative Medicine
- Preventive Medicine
- Social Medicine

#### **Changing Concepts in Public Health**

- Disease Control Phase
- Health Promotion Phase
- Social Engineering Phase
- Health tor All Phase

#### **Reference Books:**

- 1. K.Park, Park's Textbook of Preventive and Social Medicine, 26th edi, Banarasidas Bhanot publishers.
- 2. Mahajan & Gupta, Textbook of Preventive and Social Medicine, 4th edi, Jaypee publishers.
- 3. Sunder Lal, Adarsh & Pankaj, Textbook of Community Medicine, 7th edi, CBS publishers and distributors.
- 4. A.H. Suryakantha, Community Medicine with Recent advances, 5th edi, Jaypee publishers.
- 5. Piyush Gupta, Textbook of Community Medicine, 3rd edition, CBS Publishers and Distributors

# Course Code: MDT102Title of the course: Sehat wa Marz ka Tasawwur aur Mahaul ke Asrat (Concept of Health and Disease and Effects of Environment)

L-T-P: 60(L), 20(T) Total=80 Credits: NA

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### After completing this Course, the students should be able to:

**CLO1**: **Explain** the concept of Health, it's determinants, dimensions and indicators and the concept of well being. (Understand)

**CLO2**: **Recognise** the effect of environmental factors on Human health and Disease.(understand)

**CLO3**: **Demonstrate** the understanding of concepts of diseases.(apply)

CLO4: Apply the knowledge of different levels of Prevention and Intervention in the management of public health problems.(apply)

**CLO5**: **Appraise** the concepts of Health and Disease according to Unani System of Medicine and their correlation with the modern concepts.(evaluate)

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL O 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	2	3	3	2	2	1	3	3	3	3	3	1	3	2
CLO 2	1	2	2	2	3	2	3	2	3	2	3	3	3	3	3	3
CLO 3	3	3	2	3	3	2	3	3	3	3	3	3	1	2	3	3

CLO 4	2	3	1	2	2	3	3	3	3	2	3	3	2	3	3	3
CLO 5	1	3	3	3	2	1	3	3	2	3	3	3	2	3	3	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

Unit 1: 20 hours

#### **Concept of Health**

• Changing Concepts:

Biomedical, Ecological, Psychological, Holistic Concept

• Definition of Health:

W.H.O. Definition in comparison of others, New Philosophy of Health

• Dimensions of Health:

Physical, Mental, Social, Spiritual, Emotional, Vocational and others

• Concept of Well-being:

Standard of living, Level of living, Quality of life

Spectrum of Health

• Determinants of Health:

Heredity, Environment, Lifestyle, Socio-economic condition, Health & Family

Welfare services and other factors

Ecology of Health

Right of Health

• Responsibility of Health:

Individual Responsibility, Self Care in Health, Community Responsibility, State Responsibility, International Responsibility.

Health Development

• Indicators of Health:

Mortality, Morbidity, Disability rates, Nutritional Status, Health Care delivery,

Utilization rates, Indicator of Social and Mental Health, Environmental, Socio-economic,

Health Policy, Indicators of Quality of Life & other indicators.

#### Unit 2: 20 hours

#### **Health Situation in India:**

• Demography profile, Mortality profile, Morbidity profile, Health Care Facilities & Personnel

#### • The Developed & Developing Regions:

Social & Economic: Characteristics, Demographic Characteristics, Contrast in Health (Health gap)

Health Service Philosophies

Health System

#### • Levels of Health Care:

Primary Health Care, Secondary Health Care, Tertiary Health Care

Health for All

Primary health Care

Health Policy

National Health Policy

Health Services Research

#### Unit 3:20 hours

#### THE CONCEPT OF DISEASE

#### • Concept of Causation:

Germ theory of diseases, Epidemiological trial, Multifactorial causation, web of

#### • Natural History of Disease:

Pre-Pathogenesis Phase, Pathogenesis Phase

#### • Agent Factors:

Causation

Biological factors agents, Nutrient agents, Physical agents, Chemical agents,

Mechanical agents, Absence or Insufficiency or Excess of a factor necessary to health, Social agents.

Host Factors (intrinsic)

#### • Environmental Factors (extrinsic):

Physical environment, Biological environment, Psycho-social environment

Spectrum of Disease

The iceberg of Disease

Concepts of Control

Concepts. Of Prevention

#### • Modes of Intervention:

Health promotion, Specific protection, Early Diagnosis & Treatment, Disability Limitation, Rehabilitation

#### • The Changing Pattern of Disease

In developed countries, in developing countries.

#### **Reference Books:**

- 1. K.Park, Park's Textbook of Preventive and Social Medicine, 26th edi, Banarasidas Bhanot publishers.
- 2. Mahajan & Gupta, Textbook of Preventive and Social Medicine, 4th edi, Jaypee publishers.
- 3. Sunder Lal, Adarsh & Pankaj, Textbook of Community Medicine, 7th edi, CBS publishers and distributors.
- 4. A.H. Suryakantha, Community Medicine with Recent advances, 5th edi, Jaypee publishers.
- 5. Piyush Gupta, Textbook of Community Medicine, 3rd edi, CBS Publishers and Distributors.

# Course Code: MDT103Title of the Course: *Usoole Tahqeeq wa Hayati Shumariyat aur Sehati Tanzeemat* (Research Methodology and Biostatistics and Health Organizations)

L-T-P: 60(L), 20(T) Total=80 Credits: NA

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### After completing this Course, the students should be able to:

**CLO1**: **Recognise** the application of ethics in biomedical research protocol.(remember)

**CLO2:Identify** the importance of Health organisations of national and international level.(understand)

CLO3: Demonstrate the understanding of basics of Biostatistics.(apply)

**CLO4**: **Appraise** the knowledge of various tools of Data collection.(analyse)

**CLO5**: **Interpret** the significance of different types of Research methods.(evaluate)

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

DI O	DI O	PLO	PL	PS	PS	PS	PSO								
1	2	3	О	O	О	O	O	O	О	О	O	O	О	O	4
	2		4	5	6	7	8	9	10	11	12	1	2	3	

CLO 1	2	3	2	3	3	2	2	1	3	3	3	3	3	3	3	3
CLO 2	1	3	2	2	3	2	3	2	2	3	3	3	3	2	3	3
CLO 3	3	3	3	3	2	2	3	3	3	3	3	2	1	2	3	3
CLO 4	3	3	1	2	3	2	3	3	2	2	3	3	2	2	3	3
CLO 5	1	3	3	3	2	1	3	3	3	3	3	3	3	2	3	3

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

Unit 1: 20 hours

Usool-e-Tehqeeq (Research Methodology)

#### Introduction

- Definition
- Classification
- · Research Protocol

#### The Problem:

- Selection of the Problem
- Presentation

#### **Literature Survey:**

- The Data
- Resources of data
- Preservation of data

#### **Material & Methods**

• The Design of Experiment

- The Design of Apparatus
- Reporting of the results

#### **Research Ethics**

- Secrecy
- Acknowledgement
- Sacrifice

#### **Specific Research Method:**

• Literary / Clinical

#### **Clinical Trial:**

- Introduction & Protocol
- First Phase of Clinical Trial
- Second Phase of Clinical Trial
- Third Phase of Clinical Trial

#### **Screening**

- Definition with importance
- Aims & Objectives
- Diagnostic Tests for Screening
- Uses of Screening

#### Unit 2: 20 hours

#### Hayati Shumaariyaat (Bio-Statistics)

- Numerical Computation
- The Aim of Statistical Methods
- Classification, Sampling & Statistical Population
- Presentation of Statistics
- The Average
- The Variability of Observations
- The Testing of Hypothesis
- Miscellaneous
- Frequency, Tables, Skewness Probit Analysis, Latin Square, Cross over Test

#### Unit 3: 20 hours

#### Jadeed Izaafaat- Sehati Tanzeemaat (Health Organizations)

- Importance
- Objectives & their functions
- International Health Organizations: WHO, UNICEF, UNESCO, UNDP, FAO, ILO, USAID, World Bank, International Red Cross, Ford Foundation, CARE
- Health Delivery System in India
- Health Organizations- Central Level
- Health Organizations -State Level
- Other Popular Non-Government Organizations

#### **Reference Books:**

- 1. T. Bhaskara Rao(2010) Methods of Biostatistics, 3rd edition, Paras Publications, Delhi.
- 2. BK Mahajan(2010), Methods in Biostatistics (For medical students and Research workers), 7th edition, Jaypee publications, New Delhi.
- 3. CR Kothari & Gaurav Garg(2019), Research Methodology: Methods and Techniques, 4th edition, New age international publishers, New Delhi.
- 4. K.Park(2021) Park's Textbook of Preventive and Social Medicine, 26th edition, Banarasidas Bhanot publishers.
- 5. Mahajan & Gupta(2013), Textbook of Preventive and Social Medicine, 4th edi, Jaypee publishers.

Course Code: MDT201Title of the Course: *Dalak, Riyazat, Hammam aur Yoga ki Ahmiyat, Amraze Mutaadiya wa Wabaiya aur Tahaffuzi Iqdamat* (Importance of Massage, Exercise, Bathing methods and Yoga, Infectious and Epidemic diseases and it's preventive measures)

L-T-P: 60(L), 20(T) Total=80 Credits: NA

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

After completing this Course, the students should be able to:

**CLO3**: Express the dynamics of disease transmission and disease control.(understand)

**CLO1**: **Demonstrate** the knowledge of *Dalak*, *Riyazat*, *Hammam* wrt their prophylactic and therapeutic importance. (apply)

**CLO2**: **Discover** the clinical application of Yoga in day to day lifestyle.(apply)

**CLO4**: **Analyse** the importance of immunisation in the control of Communicable diseases.(analyse)

**CLO5**: **Interpret** the epidemiology of Non communicable diseases.(evaluate)

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL O 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	2	3	3	2	1	1	3	3	3	3	3	3	3	3
CLO 2	1	2	2	2	3	2	3	2	3	2	3	3	3	2	3	3
CLO 3	3	3	3	3	2	2	3	3	3	3	3	2	1	2	3	3
CLO 4	2	3	1	2	2	2	3	3	2	2	3	3	2	3	3	3
CLO 5	1	3	2	3	2	2	3	3	2	3	3	3	2	1	3	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

#### Unit 1: 20 hours

#### DALAK:

- Definition, Principles/ Objectives & Uses of *Dalak*.
- Classification of Dalak
- Uses of *Dalak* according to age, sex, weather & body structure.
- Adverse effects of excessive Dalak.
- Important advises for Dalak.
- Uses of Oils (Roghaniyat) in Dalak.
- Contraindications in Dalak.
- Therapeutic importance of *Dalak*.

#### RIYAZAT:

- Definition, Principles/ Objectives & Uses.
- Conditions for getting benefit by *Riyazat*.
- Classification of *Riyazat*.
- Loss in Excessive Riyazat.
- Specific *Riyazat* for various organs of the body.
- Uses of Riyazat according to Age, Sex, and Weather & Body built.
- Time & Quantity of Riyazat.
- Therapeutic importance and uses of *Riyazat*.

#### Unit 2: 20 hours

#### HAMMAM:

- Definition and objectives of Hammam.
- Conditions for good bath.
- Different rooms of *Hammam* and its temperament.
- Uses of Air and Water in Hammam
- Contraindications in *Hammam*.
- Time for *Hammam*,
- Different types of *Hammam* and its effects.
- Therapeutic importance and uses of Hammam

#### **YOGA:**

- Definition
- Importance of Yoga
- · Historical background of Yoga
- Various Aasanas ( classificaions ) used in Yoga
- · Yoga and Health
- Importance of Yoga in Medicine
- Important aspects of Yoga
- Applied aspects of Yoga
- Applied aspects of Yoga

#### UNIT 3: 20 hours

Introduction

Definitions related with Amraaz-e-Mutaaddiya wa Wabaiya

#### Dynamics of Disease transmission

- 1. Reservoir of infection
- 2. Routes of transmission

#### Principles of Disease, Control and Prevention

#### **Controlling of Reservoir/Source**

- By early diagnosis
- Notification
- Isolation
- Treatment
- Quarantine
- Surveillance
- Disinfection

#### **Blocking the Channels of Transmission**

- Vehicle Transmission
- Vector Transmission
- Airborne Transmission
- Contact Transmission

#### **Protecting susceptible population**

Active Immunization

Passive Immunization

Chemo-prophylaxis

Health Education

#### **Disinfection**

Types of Disinfection

Disinfectants

Disease

#### **Epidemiology of Communicable Diseases**

Respiratory infections

Intestinal inflections

Arthropods borne inflections

Zoonosis

Viral Diseases

Bacterial DiseasesS

Rickettsial Disease

Parasitic Zoonosis

- Surface infections
- Emerging and Re-Emerging infectious
- Hospital acquired infections

Epidemiology of Chronic Non-Communicable Diseases

#### **Reference Books:**

- K.Park(2021)Park's Textbook of Preventive and Social Medicine, 26th edi, Banarasidas Bhanot publishers.
- 2. Mahajan & Gupta(2013), Textbook of Preventive and Social Medicine, 4th edi, Jaypee publishers.
- 3. Sunder Lal, Adarsh & Pankaj(2021) Textbook of Community Medicine, 7th edi, CBS publishers and distributors.
- 4. Burhanuddin Nafeesi(1934) *Kulliyat e Nafeesi* (Urdu translation by Hkm. M. Kabiruddin), Idara Kitab us Shifa, New Delhi.
- 5. B.Sridhar Rao(2018), Principles of Community Medicine, 6th Edition, Aitbs Publishers

Course Code: MDT301Title of the Course: Asbabe Sitta Zarooriya aur Itlaqi Nazariyat. Jadeed izafaat (Six essentials of life and it's applied aspects with latest additions)

L-T-P: 60(L), 20(T) Total=80 Credits: NA

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

After completing this Course, the students should be able to:

**CLO1**: **Identify** the importance of *Asbab Sitta Zarooriya*.(Understand)

CLO2: Recognise the practical application of Asbab Sitta Zarooriya in day to day

life.(Understand)

CLO3: Demonstrate the knowledge of recent advances in the field of Preventive and Social

Medicine.(apply)

**CLO4**: **Explain** the effect of *Asbab Sitta Zarooriya* on *Mizaj* and *Akhlat*. (Evaluate)

CLO5: Appraise the interaction of *Maholiyat* and *Aloodgi* with *Asbab Sitta Zarooriya*. (Evaluate)

Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs)

and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL O 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	2	3	3	2	1	1	3	3	3	3	3	2	3	3
CLO 2	1	3	2	2	3	2	3	2	2	3	3	3	3	2	3	3
CLO 3	3	3	1	3	2	2	3	3	3	3	3	2	1	2	3	3
CLO 4	2	3	3	2	1	2	3	3	2	3	2	3	2	2	3	3
CLO 5	1	3	3	3	2	1	3	3	2	2	3	3	3	1	3	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

Unit-1: 30 hours

Asbab-c-Sitta Zarooriya aur Uske Itlaqi Nazariyaat(Six Essentials of Life and Their Applied Aspects)

Definition

Importance

#### **Six Essentials:**

- Hawa (Air)
- Makool wa Mashroob (Eating and Drinking)
- Harkat wa Sukoon-e-Badni (Bodily Movements and Repose)
- Harkat wa Sukoon-e-Nafsani (Psychic Movements and Rest)
- Naom wa Yaqza (Sleep and Wakefulness)
- Ehtabaas wa Istafraagh (Retention and Excretion)

Asbab-e-Sitta Zarooriya aur Mizaaj

Asbab-e-Sitta Zarooriya aur Akhlaat

Asbab-e-Sitta Zarooriya aur Mahauliyaat

Asbab-é-Sitta Zarooriya aur Aaloodgi

Asbab-e-Sitta Zarooriya Ke Itlaqi.Pehloo

#### Unit-2: 30 hours

Tahaffuzi wa Samaji Tib Mein Jadeed Izaafaat (Advancements in Preventive & Social Medicine)

Birth of Preventive Medicine and its Development

Social Medicine and its Development

Day-to-Day Advancements in Community Medicine

#### **Reference Books:**

- 1. K.Park(2021) Park's Textbook of Preventive and Social Medicine, 26th edition, Banarasidas Bhanot publishers.
- 2. Mahajan & Gupta(2013), Textbook of Preventive and Social Medicine, 4th edition, Jaypee publishers.
- 3. Sunder Lal, Adarsh & Pankaj(2021), Textbook of Community Medicine, 7th edi, CBS publishers and distributors.
- 4. B.Sridhar Rao(2018), Principles of Community Medicine, 6th Edition, Aitbs Publishers
- 5. Syed Kamaluddin Husain Hamdani(2015), *Usool e-Tibb*, Qaumi Council baraye Farogh e Urdu Zaban
- 6. Burhanuddin Nafees(1934) *Kulliyat e Nafeesi* (Urdu translation by Hkm. M. Kabiruddin). Idara Kitab us Shifa, New Delhi.

**Course Code: MDT302** 

Title of the Course: Sehate Aama wa Khandani Behbood, Shakshi Hifzane Sehat, Peshawarana Amraz aur Sanati khatrat (Public health and Family welfare, Personal hygiene, Occupational diseases and Industrial Hazards)

L-T-P: 60(L), 20(T) Total=80 Credits: NA

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

After completing this Course, the students should be able to:

**CLO1: Recognise** the understanding of National Demographic goals and ways to achieve them.(remember)

CLO2: Demonstrate the knowledge of Health aspects and sociology of Family planning.(apply)

**CLO3**: **Appraise** the various regimenal care strategies for different sections of population.(analyse)

**CLO4**: **Analyse** the importance of Occupational health and their preventive measures.(analyse)

CLO5: Assess the clinical importance of Shakshi hifzane Sehat. (evaluate)

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	2	3	3	2	1	1	3	3	3	3	3	3	3	3
CLO 2	1	2	2	2	3	2	3	2	2	2	3	3	3	2	3	3
CLO 3	3	3	1	3	2	2	3	3	3	3	3	2	1	2	3	3
CLO 4	2	3	1	2	1	2	3	3	2	2	3	3	2	2	3	3
CLO 5	1	3	3	3	2	1	3	3	2	3	3	3	2	1	3	2

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

Unit 1: 30 hours

• SEHAT-E-AAMA

Definition of Health and its dimensions

Factors maintaining General Health

Health Education

Approaches to Public Health

Adoption of new ideas and practices

Contents of Health education

Education of general public

Health Status and health Problems

Health care system

Tadabeer-eAtfal

Tadabeer -Balighaan

Tadabeer - ashaekh

Tadabeer -e Haamla

Propaganda of General Health

#### • KHANDAANI Behbood

Definition

Basie Human Rights

Scope of Family Planning

Health aspects of Family Planning

- Women's Health
- Foetal Health
- Infant and Child Health

The Welfare Concept

**Population Policy** 

National Demographic Goals

Ninth five year plan objectives

New revised population

Contraceptive Methods (Fertility regulating methods

- Unani concept of contraception
- Modem concept of conception

Population education

Sociology of Family Planning

**Voluntary Organizations** 

International level

National Family Welfare Progamme

**Evolution of Family Planning** 

Unit 2: 30 hours

#### • SHAKHSI HIFZANE SEHAT:

General Hygienic and Healthy Habits

Healthy Habits: Pertaining to Body Systems

• Oral Hygiene, Digestive, Respiratory, Circulatory and Urinary Systems, Eyes, Skin,

Physical Activities, Sex Hygiene and Sex Education

Habit and Habitat

#### • PESHAWARANA AMRAAZ:

#### Occupational Health

- Promotion and Protection of the Health of Workers
- Early Diagnosis-and Prompt Treatment,
- Rehabilitation.in.case of Disablement

#### Occupational Hazards

- Physical Hazards
- Chemical Hazards
- Biological Hazards
- Mechanical Hazards
- Psychological Hazards

Occupational Diseases: Pathogenesis, Clinical Features, Prevalence and Preventive measures

- Lead Poisoning
- Pneumoconiosis
- Diseases due to Mineral Dust: Silicosis, Asbestosis, Siderosis, Anthracosis
- Vegetable Dust: Byssinosis, Bagassosis, Tobaccossosis, Farmers Lung

#### Preventive Measures of Occupational Diseases

- Health Promotion
- Specific Protection
- Early Diagnosis and Treatment
- Disability Limitation
- Rehabilitation
- Health Covers of Industrial Workers through Legislation

#### **Reference Books:**

- 1. K.Park(2021) Park's Textbook of Preventive and Social Medicine, 26th edi, Banarasidas Bhanot publishers.
- 2. Mahajan & Gupta(2013), Textbook of Preventive and Social Medicine, 4th edi, Jaypee publishers.
- 3. B.Sridhar Rao(2018), Principles of Community Medicine, 6th Edition, Aitbs Publishers

- 4. Burhanuddin Nafees, *Kulliyat e Nafeesi* (Urdu translation by Hkm. M. Kabiruddin),(1934) Idara Kitab us Shifa, New Delhi.
- 5. Ibne Sina (1992), Al Qanoon fil Tibb, Jamia Hamdard, New Delhi.

# Teaching-Learning Strategies in brief (4 to 5 sentences) (Same for all courses of MD-TST program)

- Learning through class lectures
- Learning by group discussion among peer groups
- Learning through open book discussions
- Learning through audio visual demonstration
- Learning through case studies and field studies

# Assessment methods and weightages in brief (4 to 5 sentences) (Same for all courses of MD-TST program)

**Assessment Methods:** 

- Objective and Descriptive questions
- · Class presentations
- Written Assignments
- Extra curricular activities (social work, public awareness and surveillance activities)

Weightage of marks is as follows:

Theory: 100 marks, Internal Assessment: 25 marks, Viva voice: 75 marks

Total: 200 marks

# DOCTOR OF MEDICINE (MD) (ILMUL ADVIA)

NAME OF THE DEPARTMENT: ILMUL ADVIA

#### **Vision Statement (Department Level):**

To impart quality research training and teaching of Unani pharmacology, understanding and integrating the holistic and molecular approach of Unani drugs for betterment of system.

#### **Mission Statements (3 to 4) (Department Level):**

**MS1:** Theoretical and practical understanding of characteristics, mechanism and application of natural and modern drugs.

**MS 2:** To analyze and develop the infrastructure of research laboratories for better industrial growth.

**MS 3:** To inculcate the research aptitude in accordance with Unani paradigm that will be relevant to current biosciences in creating skilled professionals.

**MS 4:** Imparting knowledge about Unani classical text as well as pharmacological aspects of diseases and drugs.

Name of the Academic Program -- MD ILMUL ADVIA

#### **QUALIFICATION DESCRIPTORS (QDs)**

### Upon the completion of Academic Programme (Kindly fill name of programme), students will be able to:

- **QD-1**: To develop efficient, skilled and qualified researchers for academia and industry.
- **QD-2**: To analyse and develop standardization techniques and /Screening methodologies for pharmacological activities on different animal models.
- **QD-3:** To demonstrate communication skills to guide different groups of society about advantages and harms of medicines and drugs .
- **QD-4:** To inculcate research aptitude for higher education and research.
- **QD-5:** To display the competence and potential as efficient citizen to serve for better ment of society.

#### Mapping Qualification Descriptors (QDs) with Mission Statements (MS)

	MS-1	MS-2	MS-3	MS-4
QD-1	3	3	3	3
QD-2	2	3	2	2
QD-3	2	2	3	2
QD-4	2	2	3	2
QD-5	2	2	3	3

Name of the Academic Program: MD ILMUL ADVIA

#### PROGRAM LEARNING OUTCOMES (PLOs) (12)

After completing this Course, the students should be able to:

- **PLO-1:** Understand and evaluate the basic principles of Unani and modern pharmacology.
- **PLO-2:** Inculcate the knowledge of fundamentals of drugs and medicines in management of health and disease.
- **PLO-3:** Develop the understanding of nature of various classes of drugs and their applications.
- **PLO-4:** Develop and apply holistic approach towards multidisciplinary research.
- **PLO-5:** Identify the potential of modern and Unani drugs in their specific role in combating health issues.
- **PLO-6:** Develop sensitization towards critical dose administration in correlation to their adverse effects.
- **PLO-7:** Display excellent demonstrative, communicative, interpersonal and problem solving skills for solving regarding community's better health.
- **PLO-8** Passion for developing research aptitude including self-learning employing modern resources.
- **PLO-9**: Exhibit responsibility towards various cultures in and understanding role of traditional system of medicines.
- **PLO-10:** Display and apply leadership and team work aptitude to work in private and government organizations.
- **PLO-11**: Demonstrate the ability to play a valuable role in academics and nurturing the newer talents.
- **PLO-12:** Develop analytical skills and inculcate the passion for research and development.

#### PROGRAM SPECIFIC OUTCOMES (PSOs)

#### (In case of specializations in each academic program, 2 to 4)

After completing this Course, the students should be able to:

- **PSO-1** Design, develop and conduct research protocols regarding modified dosage forms preclinical studies for better understanding various pathological conditions.
- **PSO-2** Identify, formulate and obtain solutions to the challenging problems in the interdisciplinary fields of traditional medicine using principles of Unani medicine.
- **PSO-3** Commit and conform to professional ethics, responsibilities and norms in their professional and societal interactions.

- **PSO-4** Select and apply appropriate, advanced spectroscopic, chromatographic, other analytical techniques, qualitative & quantitative assessments etc. for standardizing the raw materials needed for conducting research.
- **PSO-5**Ability to do multidisciplinary research in the pharmaceutical industries and perform reverse pharmacology for validating claims of Unani physicians. Efficiently writing project reports as well as research publications in the context of emerging trends and technologies.

Mapping of Program Learning Outcomes (PLOs)
With Qualification Descriptors (QDs)

With Qualification Descriptors (QDs)													
	QD-1	QD-2	QD-3	QD-4	QD-5								
PLO-1	3	3	3	2	3								
PLO-2	2	2	3	2	2								
PLO-3	3	3	3	2	3								
PLO-4	3	2	3	2	3								
PLO-5	2	3	3	2	2								
PLO-6	2	3	3	2	3								
PLO-7	2	3	3	2	3								
PLO-8	3	2	3	2	3								
PLO-9	3	3	3	2	3								
PLO-10	3	2	2	2	3								
PLO-11	3	2	2	2	3								
PLO-12	3	2	3	2	3								
PSO-1	3	3	2	2	3								
PSO-2	3	2	2	2	3								
PSO-3	3	2	3	3	3								
PSO-4	2	3	3	2	3								

PSO-5	3	3	3	2	3

#### **COURSE DESIGN**

Course Code:PAPER IV-Title of the Course: GENERAL, SYSTEMIC & EXPERIMENTAL PHARMACOLOGY

L-T-P...L=6, P=4 T=7hours/week

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- **CLO-1:** To grossly understand and apply the basics of pharmacology.
- **CLO-2:** To develop multidisciplinary approach to apply principles of pharmacokinetics and pharmacodynamics of rugs for effective management of various disorders.
- **CLO-3:**To analyze the importance of drugs in health and diseases and critically understand the responsibilities of pharmacologists and their role in community health.
- **CLO-4:** To inculcate knowledge about pathologies of various diseases, available drugs for treatment and their application
- **CLO-5:** To ethically practice, apply and demonstrate knowledge for personal, professional and social engagement.
- **CLO-6:**To understand the value and use availableresources for lifelong learning and carry out professional development for growth and advancement of science and pharmacology in specific.

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL	PS	PS	PS	PS	PS											
	O	O	O	O	O	O	O	O	O	O	O	O	O	O	O	O	O
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5
CLO	3	2	3	3	3	2	2	3	3	3	3	2	3	3	3	2	3
1																	
_																	

CLO 2	3	3	3	2	3	3	3	3	3	2	2	2	2	3	3	2	3
CLO 3	3	3	3	2	3	3	2	2	3	3	3	3	2	3	3	2	3
CLO 4	2	3	3	2	2	3	3	3	2	3	2	3	2	3	2	2	3
CLO 5	3	2	3	2	3	2	3	3	3	2	3	2	3	3	3	2	3
CLO 6	3	2	3	2	3	2	3	3	2	2	2	3	2	3	3	2	3

#### **Detailed Syllabus:**

#### **Unit 1: General Pharmacology**

#### 25 hours

- 1. Introduction to pharmacognosy, pharmacy, pharmacokinetics, pharmacodynamics, therapeutics, toxicology, pharmaceutics and clinical pharmacology
- 2. Routes of drug administration
- 3. Pharmacokinetics: Absorption, distribution, metabolism, excretion, bioavailability, half-life, dose response curve, ED50 and LD50.
- 4. Pharmacodynamics: Receptor theory of drug action, receptor families, receptor ligand binding and factors modifying drug action.
- 5. Pharmacovigilance: Drug interactions, adverse drug reactions, reporting and monitoring of ADR's.
- 6. Principles of Toxicology

#### **Unit 2: Systemic Pharmacology**

#### 35 hours

- Autonomic Nervous system: Review of ANS and neurohumoral transmission,
   Sympathomimetic drugs, sympatholytic drugs, parasympathomimetic drugs,
   parasympatholytic drugs, anticholinesterase drugs.
- Central Nervous System: Sedatives and hypnotics, opioids, antiepileptics and antipsychotics.

• Cardiovascular System: Antihypertensive drugs, Drugs used in heart failure, anti-anginal drugs.

#### **Unit 3: Miscellaneous**

#### 15 hours

- Diuretics
- NSAIDS
- Drugs used in Peptic ulcer
- Antidiabetics
- Corticosteroids

#### **Unit 4: Experimental Pharmacology 25 hours**

- Common laboratory animals, characteristics and experimental uses.
- Dose administration (oral and I.V) and withdrawal of blood samples
- Dose conversion factors
- Vehicles for animal administration
- Isolated tissue preparation
- Methods of rendering the animal's unconscious
- Anesthetics used in lab animals
- Basic equipment

#### **Reference Books:**

- 1. Rang H. P., Dale M. M., Ritter J. M., Flower R. J., Rang and Dale's Pharmacology. Churchil Livingstone Elsevier
- 1. Katzung B. G., Masters S. B., Trevor A. J., Basic and clinical pharmacology, Tata Mc Graw-Hill
- 2. Goodman and Gilman's, The Pharmacological Basis of Therapeutics
- 3. Marry Anne K. K., Lloyd Yee Y., Brian K. A., Robbin L.C., Joseph G. B., Wayne A. K., Bradley R.W., Applied Therapeutics, The Clinical use of Drugs, The Point Lippincott Williams & Wilkins
- 4. Mycek M.J, Gelnet S.B and Perper M.M. Lippincott's Illustrated Reviews- Pharmacology
- 5. K.D.Tripathi. Essentials of Medical Pharmacology, JAYPEE Brothers Medical Publishers (P) Ltd, New Delhi.
- 6. Sharma H. L., Sharma K. K., Principles of Pharmacology, Paras medical publisher
- 7. 8. Modern Pharmacology with clinical Applications, by Charles R.Craig& Robert,
- 8. Ghosh MN. Fundamentals of Experimental Pharmacology. Hilton & Company, Kolkata.
- 9. Kulkarni SK. Handbook of experimental pharmacology. VallabhPrakashan,

#### **Teaching-Learning Strategies in brief**

- Students will be encouraged to learn with practical learning through experiments.
- · Group discussions and interactive sessions would be encouraged among students and faculty.
- · Projects and presentations would be assigned for active involvement of students.
- · Open ended questions by teachers and students.
- Internal tests and revisions

#### Assessment methods and weightage s in brief

Students will be assessed based on their performance (at a scale of 100 marks) in internal sessional/assessment and their annual/final assessment. Internal sessional would be for 25 marks and final assessment would be for 75 marks.

Course Code: MDI-201-& MDI-301Title of the Course: Qawanine Advia (Principles of Unani Pharmacology) and Advia Mufrada.

L-T-P...L=8, P=6, hours/week.

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

**CLO-1:** To grossly understand and apply the basics of Unani pharmacology.

**CLO-2:** To develop multidisciplinary approach to apply principles of pharmacology Unani for effective management of various disorders.

**CLO-3:**To analyze the importance of Advia Mufradeh (single Unani drugs) in maintaining health and throughly understand the responsibilities of pharmacologists and their role in community health.

**CLO-4:** To inculcate knowledge about part of the single drug used in pathologies of various diseases.

CLO-5: To ethically practice, apply and demonstrate knowledge for personal, professional and social engagement.

**CLO-6:**To understand the value and use available resources for lifelong learning and carry out professional development for growth and advancement of science and pharmacology in particular.

Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PL	PS	PS	PS	PS	PS
	О	O	O	O	O	O 6	O 7	08	09	O	O	O	O	O	O	O	O
	1	2	3	4	5					10	11	12	1	2	3	4	5
CLO 1	3	2	3	3	3	2	2	3	3	3	3	2	3	3	3	2	3
CLO 2	3	3	3	2	3	3	3	3	3	2	2	2	2	3	3	2	3
CLO 3	3	3	3	2	3	3	2	2	3	3	3	3	2	3	3	2	3
CLO 4	2	3	3	2	2	3	3	3	2	3	2	3	2	3	2	2	3
CLO 5	3	2	3	2	3	2	3	3	3	2	3	2	3	3	3	2	3
CLO 6	3	2	3	2	3	2	3	3	2	2	2	3	2	3	3	2	3

# **Detailed Syllabus:**

# Paper-I 50 hours

- · Mavaleede salasa per mufassal tabsera, Neez Mabadiyate Advia ki ahmiyat aur zaroorat.
- · Dawa, Ghiza, Zulkhassa, Dawae Mutlaq, Ghizae Mutlaq, Dawae Ghizaie aur Ghizae Dawaie per tafseeli maloomat.
- · Mizaje Advia, Darjate Advia aur inke taayyun ka tahqeeqi jaiza.
- · Ghair maroof Advia ki makhsoos imtiyazi khusoosiyat.
- · Ghair maroof Advia ki maloomat ke zaraye, neez ghair maroof Advia ke tajarbat par tafseeli maloomat.

Paper-II 50 hours

Shinakhat, Khawas wa Taseerate Advia

Description of Unani single drugs with Scientific names, Mutaradifat aur unki Mahiyat,

Mizaj, Afaal wa Khawas, Murakkabat, Istemal, Affale Khusoosi, Muzir, Musleh, Badal,

Miqdar, Khurak wa Kimiavi Ajza used in following systems

- i. Advia mutalliqa Nizame Asab wa Dimagh.
- ii. Advia mutalliqa Nizame Tanaffus.
- iii. Advia mutalliqa Qalb wa Daurane Khoon.
- iv. Advia mutalliqa Nizame Baul.
- v. Advia mutalliqa Nizame Tavleed wa Tanasul.
- vi. Advia mutalliqa Jild wa Jarahat.
- vii. Advia mutalliqa Ain, Uzn, Anaf wa Halaq.
- viii. Advia mutalliqa Amraze Aamma,
- ix. Advia Mutafarriqa.
- x. Ghair Maroof/ Matrook Unani Advia
- xi. Bisehri, Chiksini, Sahdevi, Habbul-Quilquil, Huma, Khilla, Azriyun etc

Practicals 100 hours

Identification of the common *Advia Mufrada*, their Morphology, Histology, Constituents, Standardization and Quality Control Measures.

- · Preparation of herbarium.
- · Mukhtalif nizamhaaye jismani per Advia ke asrat.
- · Tibbe Unani mein muravvaj Ashkaale Advia per jadeed nuqtae nazar se tabsera.
- · Tibbe Unani mein Abdale Advia ki ahmiyat, zaroorat aur muravvaj Abdale Advia ka tahqeeqi jaiza.
- · Advia mufrada ki muddate hayat, unke usool aur tahaffuz ke bare mein tafseeli maloomat.
- · Masalike Advia aur zaroori tajdeed.
- · Advia ki muzir kaifiyat aur Islah ka tahqeeqi jaiza.
- · Tibbi Akhlaqiyat wa hidayat barai Tahqeeqat

#### **Reference Books:**

- 7. Razi, A.M.Z, (1980) "Kitabul Abdal" C.C.R.U.M, New Delhi.
- 8. Razi, A.M.Z. (1997) "Kitabul Hawi", Vol.Xth, Central Council for Research in Unani Medicine(CCRUM), Ministry of Health and Family Welfare, Govt. of India, New Delhi.

- 9. Razi, A.M.Z. (2002) "Kitabul Hawi", Vol.Xth, Central Council for Research in Unani Medicine(CCRUM), Ministry of Health and Family Welfare, Govt. of India, New Delhi.
- 10. Rehman, S.Z., (1991). Kitabul Murakkabat, Publications division, Muslim University, Aligarh.
- 11. Jurjani, M.H. (1903) "Zakheera Khawarzam Shahi" (Urdu Translated by Hakim Hadi Hussain Khan), Munshi Nawal Kishore, Lucknow.
- 12. Kabeeruddin, M., (1995). Bayaz-e-Kabeer, Vol. II, Hafiz Shoukat Book Depot, Gujarat.
- 13. Kabiruddin, H. (1951) "Ilajul Amraz" Sheikh Mohammad Bashir & Sons, Lahore, Pakistan.
- 14. Kabiruddin, H. (1951) "Makhzanul Mufradat" Sheikh Mohammad Bashir & Sons, Lahore, Pakistan.
- 15. Ibn-e-Baitar (1999) "Aljamiul Mufradat Al Advia Wal Aghzia" (Urdu), CCRUM, New Delhi, Vol.III.
- 16. Ibn-e-Rushd, A.W.M.B. (1987) "Kitabul Kulliyat" (urdu translation), CCRUM, Delhi.
- 17. Ibn-e-Sina (1927) "Alqanoon Fit Tibb" (urdu translation by Ghulam Hasnain Kantoori) Sheikh Mohammad Bashiir & sons, Lahore, Vol.II.
- 18. Ibn-e-Zohar, A.M. (1986) "Kitab al Taisir Fil Mudawat wa Tadabeer" (Urdu Translation by CCRUM, Ministry of Health and Family Welfare, Govt. of India.
- 19. Khan, A, (1303) H "Muheetul Azam" Dar matba nizami waqah Kanpur.
- 20. Khan, A, (1992) H "Qarabadeen Azam" Ajaz publicating House daryagunj New delhi
- 21. Khan, H.A. (1996) "Qarabadeen-e-Azam" (Urdu translation by Molvi Azmat Ali), Aijaz Publishing House.
- 22. Khan, H.A. (2000) "Haziq" Beeswein Sadi Publications (Pvt) Ltd, New Delhi.
- 23. Khan, M.A. (1940) "Ikseer-e Azam" (Urdu translation by Kabiruddin), Tibbi Compony, Rawalpindi, Pakistan.
- 24. Farha et al 2005, Classification of Unani Drugs, Maktaba Eshaatul Quran', Delhi.
- 25. Kritikar, K.R. Basu, B.D. 1993, Indiaan Medicinal Plants,2nd Edition, International Book Distributions, Rajpur road, Dehradun, India.
- 26. Nadkarni, 2000, The Indian Materia Medica, Bombay, Popular Prakashan, Pvt.Ltd, Bombay
- 27. K.D Tripathi. Essentials of Medical Pharmacology, JAYPEE Brothers Medical Publishers (P) Ltd, New Delhi.
- 28. Katzung BD, Masters SB, Trevor AJ, basic and Clinical Pharmacology, Tata Mc Graw Hill
- 29. Sharma HL, Sharma KK. Principles of Pharmacology, Paras Medical Publisher

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- 1. Students may be practical experience for Advia Mufradeh
- 2. In the group sessions and discussions would be encouraged.
- 3. Frequent question answer sessions will be incorporated.

#### Assessment methods and weightages in brief (4 to 5 sentences)

- Final exams are of 100 marks.
- · Internal sessionals will be for 25 marks and final term will be of for 75 marks.
- Three sessionals would be conducted and best two will be counted.

Course Code: MDI-101 & MDI-104-Title of the Course: ... Wasful Aqaqeer (Pharmacognosy) & Standardisation of Unani Drugs

L-T-P...L= 7, P=6 T=4 hour/week
(L=Lecture hours, T=Tutorial hours, P= Practical hours)

#### COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)

After completing this Course, the students should be able to

- CLO-1Describe the history and scope of Pharmacognosy & Standarizatiuon of Unani drugs.
- **CLO-2** Describe the cultivation, collection, processing, storage and conservation of medicinal plants.
- **CLO-3** Describe the morphology and microscopy of different plant parts.
- **CLO-4** Describe different types of secondary metabolites, (Alkaloids, Glycosides, Essential oils, Flavonoids, Resins &tannins), standarization their general properties, classification, and test for identification &isolation techniques.
- **CLO-5** Describe the characteristic features of certain medicinally useful families.
- **CLO-6** Describe the pharmacognostical, appraisal of secondary metabolite containing drug.

# Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL	PS	PS	PS	PS	PS											
	O	O	O	O	O	O	O	O	O	O	O	O	O	O	O	O	0
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4	5
CLO	3	2	3	3	3	2	2	3	3	3	3	2	3	3	3	2	3
1																	
CLO	3	3	3	2	3	3	3	3	3	2	2	2	2	3	3	2	3
2																	
CLO	3	3	3	2	3	3	2	2	3	3	3	3	2	3	3	2	3
3																	
CLO	2	3	3	2	2	3	3	3	2	3	2	3	2	3	2	2	3
4																	
CLO	3	2	3	2	3	2	3	3	3	2	3	2	3	3	3	2	3
5																	
CLO	3	2	3	2	3	2	3	3	2	2	2	3	2	3	3	2	3
6																	

# **Detailed Syllabus:**

# Paper-I 50 hours

# Ilmul wasful Aqaqeer (Pharmacognosy)

- Introduction to pharmacognosy and its scope
- · Pharmacognostical methods used to establish the identity and purity of herbal drugs
- · Plant Nomenclature.
- · Classification of Plant Kingdom.
- · Cultivation of medicinal plants, Good agricultural and collection practices,

- · Introduction to plant tissue culture
- · Characteristic features of certain medicinally useful families
- (a) Solanaecae (Datura stramonium, Solanum nigrum.)
- (b) Apocynaceae (Rauwolfia serpentina, Wrightia tinctoria)
- (c) Papaveraceae (Papaver somniferum)
- (d) Liliaceae (Colchicum luteum, Aloe vera.)
- (e) Leguminosae (*Trigonella foenum*, *Acacia arabica*)
- (f) Umbellifercae (Coriandrum sativum, Ferula asafoetida)
- (g) Malveceae (Hibiscus rosa sinensis, Althaea officinalis)
- (h) Euphorbiaceae (Ricinnus cummunis.)
- (i) Compositae (Artemisia absinthium, Chicorium intybus)
- (j) Asclepiadaceae (Calotropis procera)

Drying and storage of drugs.

Deterioration of stored drugs.

Identification of crude drugs

- (a) Morphological Studies
- (b) Anatomical Studies
- (i) Microtomy
- (ii) Powder study
- (iii) Quantitative Microscopy
- (a) Stomatal no, Stomatal index, Pallisade ratio, Vein islet no.

#### Alkaloids and alkaloid containing drugs

- (a) Kuchla
- (b) Suranjan
- (c) Opium
- (d) Ephedra
- (e) Datura
- (f) Qinnab
- (g) Asrol

# Glycosides and glycoside containing drugs

- (a) Revand
- (b) Senna
- (c) Sibr

(d) Aslussoos (e) Digitalis (f) Ushba Volatile oil co

# Volatile oil containing drugs

- (a) Badyan
- (b) Rehan
- (c) Zeera
- (d) Darchini
- (e) AnisoonAniseed
- (f) Ustokhuddus
- (g) Jaiphal

# Flavonoid containing drugs

- (a) Aftimoon
- (b) Mako
- (c) Kasni
- (d) Kabab chini

# Fixed oil containing drugs

- (b) Badam
- (c) Zatoon
- (d) Kunjad
- (e) Baidinjeer
- (f) Katan
- (g) Chalmogra

# Tannin containing drugs

- (a) Amla
- (b) Mazoo
- (c) Kakrasinghi
- (d) Main khurd

# Drugs of animal origin

- (a) Sadaf
- (b) Marwareed
- (c) Marjan
- (d) Saresham Mahi
- (e) Jund bedastar

Practicals 100 hours

- · Organoleptic identification of ten medicinal plants
- · Powder identification of Sena, Aslossoos, Kishnez, Revand
- · Morphological identification of five families
- · Anatomical characteristics and dissection of root and stem of two medicinal plants
- · Floral formula and floral diagram of five medicinal plants
- · Determination of Alkaloids, Phenols, steroids, terpentenes, glycoside, saponins, proteins, tannins, reducing sugar, non reducing sugar, Xanthoproteins, resins, vitamins, crude fibres, phosphate, iron, sulphur, calcium, aluminium, nitrogen.
- · Tests for microbial contamination.

Paper-II 50 hours

# **Standardisation of Unani Drugs**

- · Aims and Objectives of Standardisation
- · Standardisation of Herbal, Mineral, and Animal origin drugs
- · Physical Standardisation
  - (a) Moisture content
  - (b) Viscosity
  - (c) Melting point
  - (d) Solubility
  - (e) Optical rotation
  - (f) Refractive index
  - (g) Ash values
  - (h) Extractive values
  - (i) pH value
- · Chemical standardisation
- (a) Quantitative Chemical Tests.
  - (i) Acid value

	(ii) Ester value
	(iii) Peroxide value
	(iv) Iodine value
	(v) Hydroxyl value
	(vi) Saponification value
(b) Qua	alitative Chemical Tests for:
	(i) Alkaloids
	(ii) Carbohydrates
	(iii) Glycosides Saponins Phenols Resins
	(iv) Esters
	(v) Alcohol
	(vi) Acids
	(vii) Volatile oil
	(viii) Fats
	(ix) Fixed oils
	Analytical methods in drug analysis
(a) Sub	olimation
	(b) Distillation
	(c) Methods of separation and isolation
(d) Chi	romatography
	(i) Types, aims and objectives.
	(ii) Thin layer chromatography
	(iii) Paper Chromatography
	(iv) Column Chromatography.
	(v) Liquid Chromatography.
	(vi) Gas Chromatography.
	(e) HPLC, HPTLC, Mass Spectroscopy,

(f) General description of electrophoresis	
(g) Spectroscopy: UV and flame photometry,	Atomic Absorption Spectroscopy
Quality control of single drugs of Unani M	edicine
(a) Adulteration of drugs	
(b) Aflatoxin contamination	
(c) Factors affecting quality of drugs	
(d) Aflotoxins	
(e) Heavy Metals	
(f) GMP, GLP, SOP	
Standardisation of compound formulations	S
(Arq, Majoon, Safoof, Qurs and other dosage	forms)
(a) Process standardisation.	
(b) Product standardisation.	
(c) Stability studies and Shelf life	
` '	
PRACTICALS	100 hours
•	100 hours
PRACTICALS	100 hours
PRACTICALS  Practical demonstration of	100 hours
PRACTICALS  Practical demonstration of  (a) Total ash value	100 hours
PRACTICALS  Practical demonstration of  (a) Total ash value  (b) Acid soluble, acid insoluble ash.	100 hours
PRACTICALS  Practical demonstration of  (a) Total ash value  (b) Acid soluble, acid insoluble ash.  (c) Water soluble, water insoluble ash.	100 hours
PRACTICALS  Practical demonstration of  (a) Total ash value  (b) Acid soluble, acid insoluble ash.  (c) Water soluble, water insoluble ash.  (d) Sulphated ash values.	100 hours
PRACTICALS  Practical demonstration of  (a) Total ash value  (b) Acid soluble, acid insoluble ash.  (c) Water soluble, water insoluble ash.  (d) Sulphated ash values.  (c) Determination of moisture content.	
PRACTICALS  Practical demonstration of  (a) Total ash value  (b) Acid soluble, acid insoluble ash.  (c) Water soluble, water insoluble ash.  (d) Sulphated ash values.  (c) Determination of moisture content.  (d) Determination of extractive values.  (e) Determination of Acid values, iodine value.	

#### **Reference Books:**

- 1. Mohammad Ali, Textbook of Pharmacognosy
- 2. Trease And Evans Pharmacognosy by WC Evans
- 3. S. B Gokhale, CK Kokate, AP Purohit. A text book of Pharmacogy, Nirali Prakhashan
- 4. JS Quadry, Text book of pharmacognosy.
- 5. **Ibn-e-Baitar** (1999) "Aljamiul Mufradat Al Advia Wal Aghzia" (Urdu), CCRUM, New Delhi, Vol.III
- 6. Ibn-e-Rushd, A.W.M.B. (1987) "Kitabul Kulliyat" (urdu translation), CCRUM, Delhi,
- 7. **Ibn-e-Sina** (1927) "Alqanoon Fit Tibb" (urdu translation by Ghulam Hasnain Kantoori) Sheikh Mohammad Bashiir & sons, Lahore, Vol.II
- 8. **Razi, A.M.Z, (1980)** "Kitabul Abdal" C.C.R.U.M, New Delhi p-65
- 9. **Razi**, **A.M.Z.** (1997) "Kitabul Hawi", Vol.Xth, Central Council for Research in Unani Medicine(CCRUM), Ministry of Health and Family Welfare, Govt. of India, New Delhi
- 10. Ali, M.Dr. (1993) "Text Book of Pharmacognosy" CBS publishers &distributors New Delhi
- 11. **Ali, M.(2008)** "Pharamacognosy (Pharmacognosy & Phytochemistry) vol. I "CBS publishers & distributors New Delhi. Banglore (India)
- 12. **Anonymous** (**1956**) "The Wealth of India" (Raw Materials) Publications & Information Directorate, Council of Scietific & Industrial Research (CSIR), New Delhi, Vol. 1V: F-G p.20-21
- 13. **Anonymous** (1992) "The Wealth of India" (Raw Materials) Publications & Information Directorate, Council of Scietific & Industrial Research (CSIR), New Delhi, Vol. 3:
- 14. **Ansari, S.H.** (2008-09) "Essentials Of Pharmacology" Birla Publications Pvt. Ltd. Shahdara, Delhi

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- 1. Students may be given practical experience for Phramacognosy and standardization techniques/parameters of Unani drugs.
- 2. In the group sessions and discussions would be encouraged.
- 3. Frequent question answer sessions will be incorporated.

#### Assessment methods and weightages in brief (4 to 5 sentences)

- · Final exams are of 100 marks.
- · Internal sessionals will be for 25 marks and final term will be of for 75 marks.
- · Three sessionals would be conducted and best two will be counted.

# PRE TIB

#### NAME OF THE DEPARTMENT: KULLIYAT

#### **Vision Statement (Department Level):**

To promote the Unani system of Medicine through academic and research endeavors and to align it with contemporary health sciences without affecting its basic structures.

#### Mission Statements (3 to 4) (Department Level):

**MS1:** To Impart quality education of Fundamentals of Unani medicine to Undergraduate students so they can understand the foundations and uniqueness of Unani Medicine and to give them confidence to become exceptional clinicians & researchers of Unani Medicine.

MS 2: To provide latest Laboratory and Research methods to improve knowledge.

**MS 3:** To develop connections between ancient Unani Medicine's wisdom and contemporary health sciences through research.

# **QUALIFICATION DESCRIPTORS (QDs)**

# Upon the completion of Pre-Tib, students will be able to:

- **QD-1**Demonstrate In-depth and profound knowledge of different branches of Science like Physics, Chemistry, Zoology & Botany.
- **QD-2**Become proficient in English language and expert in basic sciences to understand the subjects taught in BUMS Programme.
- **QD-3** Demonstrate team work and solve problems they will be facing in BUMS and afterwards.
- **QD-4** Show convergent thinking for evaluation of the theories of basic sciences and their use in understanding BUMS programme.
- **QD-5** Demonstrate the ability to be a devoted and committed lifelong learner through self directed learning to become a great clinician and researcher in future after completing BUMS Programme.

#### Mapping Qualification Descriptors (QDs) with Mission Statements (MS)

	MS-1	MS-2	MS-3	MS-4
QD-1	2	3	3	2
QD-2	3	3	3	3
QD-3	3	3	3	3
QD-4	3	3	3	3
QD-5	3	3	3	3

Write '3 'in the box for 'High-level'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping.

#### PROGRAM LEARNING OUTCOMES (PLOs) (12)

After completing this Course, the students should be able to ......

- PLO-1Evaluate and assess the basic sciences to understand the subjects of Unani medicine.
- **PLO-2**Apply the knowledge of Biological Sciences to understand the diseases and herbal drugs used in Unani Medicine.
- **PLO-3** Develop the understanding of concepts and theories of Unani Medicine with the help of basic sciences like Physics, Chemistry, Botany and Zoology.
- **PLO-4** Develop efficiency in reading and writing of English language.
- **PLO-5** Practice theories and concepts of basic sciences to understand philosophy the of Unani Medicine.
- **PLO-6** Demonstrate capability to work effectively in a team to manage different roles & responsibilities to become a great Unani Physician in future.
- **PLO-7** Display excellent interpersonal and problem solving skills for solving various problem coming in future BUMS course.
- **PLO-8**Exhibit the passion for self learning and research using modern tools and techniques.
- **PLO-9** Display the understanding of other contemporary sciences related to Unani Medicine and show responsiveness to cultural diversity.
- **PLO-10** Apply the principles basic sciences in future BUMS Course and at personal level.
- **PLO-11**Demonstrate the ability to communicate clearly with patients and peers.
- **PLO-12**Inculcate the passion for higher studies in Unani medicine.

# **Mapping of Program Learning Outcomes (PLOs)**

# With Qualification Descriptors (QDs)

	QD-1	QD-2	QD-3	QD-4	QD-5
PLO-1	3	2	2	2	2
PLO-2	3	2	2	2	2
PLO-3	3	2	2	2	2
PLO-4	2	3	2	2	2
PLO-5	3	2	2	3	3
PLO-6	2	2	3	2	2
PLO-7	2	2	3	3	3
PLO-8	3	3	3	2	3
PLO-9	3	3	3	3	3
PLO-10	3	2	2	2	3
PLO-11	2	3	2	3	2
PLO-12 PSO-1 PSO-2 PSO-3 PSO-4	2	2	2	2	3

Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level 'mapping, 1 for 'Low-level' mapping.

#### **COURSE DESIGN**

Course Code:PTB-101 Title of the Course: Tabaiyat (Physics)

L-T-P- 100+ 100

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to

- CLO-1 Understand various systems of measurement of physical quantities.(Understand)
- CLO-2 Apply Vernier Calipers and Screw Gauge for the measurement of small lengths. (Apply)
- CLO-3 Learn simple mechanical concepts as velocity, acceleration, force, momentum etc.

(Understand)

CLO-4 Apply the principles of heat, temperature etc. to working of thermometers. (Apply)

CLO-5 Understand some optical phenomena as reflection, refraction and dispersion of light. (Understand)

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 2	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 3	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 4	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 5	3	3	3	1	2	2	3	3	2	2	1	2				

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

**Unit 1**: Systems of units, Measurement of mass, Construction and working of Vernier Calliperse and Screw Gauge, Force, Newton's laws of motion, Volume, mass and weight, Viscosity, Surface Tension.

Unit 2: Construction and working of barometer, Heat and temperature, Specific heat and water equivalent, Specific heat of solid and liquid, Latent heat of fusion, Latent heat of vaporization, Unit 3: Types of thermometers, Light: General discussion, Types of mirrors and image formation, Types of lenses and image formation, Convergence and divergence of light, Laws of reflection, Laws of refraction.

**Unit 4**: Spectrum of light, Sound, Reflection of Sound, Speed of sound, General behavior of electricity, Electric current and its measurement, Conductors and insulators, Conductivity and resistance,

**Unit 5**: Series and parallel combination of resistors, X-rays, Generation of X-rays, Characteristics of X-rays, Radioactivity, General characteristics of alpha, beta and gamma rays.

#### **Reference Books:**

- 1. Science and Technology class IX NCERT
- 2. Science and Technology class X NCERT

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- 1. Encourage participation of students in learning.
- 2. Connect the subject matter with the student's everyday life.
- 3. Encourage the spirit of questioning by the students.
- **4.** Arrange student friendly study material and other learning resources.
- **5.** Create friendly environment conducive for learning.

#### Assessment methods and weightages in brief (4 to 5 sentences)

- 1. Two sessional examinations.
- 2. Assignments.
- 3. Oral quizzes in the class.
- 4. End semester examination.
- 5. Internal Assessment: 25 Marks, End Semester Examination :75 Marks & Total Marks: 100.

Course Code:PTB-102 Title of the Course: Kimiya (Chemistry)

L-T-P- 100+ 100

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

#### **COURSE OUTCOMES (COs)**

(5 to 8 in case 3 or 4 credit courses)

After completing this Course, the students should be able to ......

- CO-1 Understand the formation of hydrogen ,oxygen and other related gases (Understand)
- CO-2Understand the chemical reactions going on inside the human body in future BUMS course(Understand)
- CO-3 Distinguish between metals and non metals and their compound formation (Apply)

CO-4 Analyze microscopic chemistry of matter.(Analyze)

CO-5 Interpret stuctural properties of atoms(Evaluate)

.

# Mapping of Course Outcomes (COs) with Program Outcomes (POs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 2	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 3	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 4	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 5	3	3	3	1	2	2	3	3	2	2	1	2		ľ		

Each Course Outcome (CO) may be mapped with one or more Program Outcomes (POs). Write '3' in the box for 'High-level'mapping, 2 for 'Medium-level'mapping, 1 for 'Low'-level'mapping.

#### **Detailed Syllabus:**

#### **Unit 1: Some basic concepts.**

Element ,Compound, Mixture, Physical and Chemical change, Separation of parts of mixture ,Sublimation, Extraction, Evaporation Condensation.

#### **PRACTICAL**

Laws and principles of work in laboratory

Different ways of washing glass.

The ways of handllig chemicals and glass wares

Ways of sepration of solid and liquid mixture

Ways of sepration of Soluble & Insoluble

#### **Unit 2: Atomic Stucture**

Element Compound, Mixture, ,Atom and it's structure ,Molecule, Valency, Electro valent & Covalent compound ,Molecular Weight, Atomic Weight, Isotopes, Equivalent Weight ,Isobars, isotopes.

#### **PRACTICAL**

Sepration of soluble

Sepration of soluble liquid with each other

Sepration of insoluble liquids

#### **Unit 3 Metals And Non Metals**

Salt and its charcteristics. Classification of element. Main classification of metals Study of salt. Common features of Copper , Sodium and Silver. Common knoeledge of Zinc , Mercury, Iron, Aluminium, Calcium and its general study. General knowledge of Sodium chloride Sodium hydroxide, Sodium carbonate and Hydroxide, Sodium bicarbonate. General knowledge of Mercury, Iron oxide Ferris sulfate, and Copper sulphate.

#### **PRACTICAL**

Ways of making Gas in laboratory and characters of Hydrogen, Oxygen, Sulphur dioxide and Amonia

#### Unit 4. Hydrogen

General knowledge of making Hydrogen and it's features. General knowledge of making Oxygen and Ozone. Common explanation of Ammonium Chloride and Amonia . Study of water and Carbon dioxide . Common features of Hydrochloric acid . Common features of Sulphuric Acid and Nitric Acid. Sulphur and it's compound . Characteristics of Bleaching Powder. Ways of making Hydrogen Sulphide and it's characteristics. Phosphorus and it's compound . Slica and Glass. Plaster of Paris, Magnesium Sulphate. Ways of making Hydrogen Peroxide and it's characteristics. Ways of making Iodine and characteristics.

#### **PRACTICAL**

Interaction of plants

#### Unit 5

کچه یونانی ادویه کا تعارفی مطالعه گل ارمنی گل, شاخ مرجان، موتی، شنگرف، کالا نمک زمرد سبز، زبره مهرا، بنسلوچن عقیق، لاجورد، مروارید، موریا، نیلم، یاقوت، سر دار چکنا، رسکپور، گندهک، برتال، میتها، ورسنگ گیرو، خبث الحدید، نوشادر، نمک سانبهر، مردار سنگ کشته طلا، کشته نقره، کشته، قلعی، کشته فولاد کشته سرشار اور غیر شرسار بائڈروکاربن کا عام تعارف میتهین، ایتهین.

#### **PRACTICAL** 4

پانی کا ڈیسٹیلیشن آرگینک سولوینٹ کے آمیزہ کا فریکشنل ڈیسٹیلیشن پانی کے اندر سالٹس سولوشن کا ڈیسٹیلیشن سادے غیر نامیاتی ایسڈ ریڈیکس کی اینالیسس

#### **UNIT-6**

بنانے کے طریقے میتھائل الکوحل اور ایتھائل الکوحل کی تیار ی ایتھنز کلوروفارم کی صرف خصوصیات ایسیڈک ایسڈ، فار ملین اور گلسرین کی عام خصوصیات فینول، ٹارٹیرک ایسڈ اور سائٹرک ایسڈ الکوحل، ایلڈ ی ہائڈس، کیٹونس ، کاربوکزیلک ایسڈ کا تعارفی بیان اور اسکے افعال پروٹینس اور فیٹس کا بنیادی مطالعہ گلائکو سائڈس گلائکوسائڈس اور کارڈیک کلائکوسائڈس ویکس، اور اسٹیروئڈس ریزنس، ویکس، اور کارڈیک کلائکوسائڈس کلوروفل، یوریا اور یورک ایسڈ کا تعارفی بیان

#### PRACTICAL.

كلورائيدُ، برومائدُ اور آئيودُائيدُ

#### **Reference Books:**

- 1. University chemistry, by B. H. Mahan
- 2. Chemistry: Principles and Applications, by M. J. Sienko and R. A. Plane
- 3. Fundamentals of Molecular Spectroscopy, by C. N. Banwell
- 4. Engineering Chemistry (NPTEL Web-book), by B. L. Tembe, Kamaluddin and M. S. Krishnan
- 5. Physical Chemistry, by P. W. Atkins
- 6. Organic Chemistry: Structure and Function by K. P. C. Volhardt and N. E. Schore, 5th Edition http://bcs.whfreeman.com/vollhardtschore5e/default.asp

# **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Learning through discussion among the peer group
- Learning through Case Studies
- Group Projects One Minute Paper during the classroom interaction
- Open ended questions by teacher
- Open ended questions from student

# Assessment methods and weightages in brief (4 to 5 sentences)

- 1. Two sessional examinations.
- 2. Assignments.
- 3. Oral quizzes in the class.
- 4. End semester examination.
- 5. Internal Assessment: 25 Marks, End Semester Examination :75 Marks & Total Marks: 100.

Course Code: PTB-103 Title of the Course: Nabatiyat (Botany)

L-T-P- 100+ 100

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

CLO-1 Understand the classification and various parts of the plants.(Understand)

- CLO-2 Identify the medicinal Plants used in Unani Medicine. (Understand)
- CLO-3 Understand the microscopic structure of leaves, Stems, Roots etc.(Understand)
- CLO-4 Describe about the various types of diseases that are caused by lower plants.(Understand and apply)
- CLO-5 Evaluate the importance of plants parts used in Unani Medicine.(Evaluate)

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 2	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 3	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 4	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 5	3	3	3	1	2	2	3	3	2	2	1	2				

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

- **Unit 1-** General introduction of plants, structure of plants, branches of plants, importance of plants, difference between animals & plants, parts of flowering plants, introduction of root, stem and leaves
- **Unit-2-** Importance of Inflorescence, flowering, flower, flower and its parts, pollination, cross pollination & self pollination, fertilization.
- **Unit-3-** types of fruits, dispersion of seeds and fruits, Introduction, types and environment of Maize, Peas & Castor, Structure and functions of plant cell, Plant tissue, its types and tissue system.
- **Unit 4-** Classification of : Dicotyledon and Monocotyledon Plants:

Ranunculaceae, Cruciferae, Solanaceae, Malvaceae, Leguminosae, Liliaceae, Garamineae

**Unit 5-** General introduction and economic importance of plants: Elaichi Khurd, Chai ka paudha, Coffee ka paudha, Daarcheeni, Kafoor and Karanfal.

Medicinal plants and plants of economic importance: Sources and uses: Ajwain desi, Ajwain Khurasani, Afyun, Bhang, Dhatura, Azaraqi, Quinon ka paudha & Asrol.

**Unit 6-** Amaltas, Aslussoos, Kishneez, Kasni, Inbus-salab, Introduction of lower plants Algea, Ocsillatoria, Ulothrix, Spirogyra, Fungi, Mucor, Yeast, Penicilium, Bacteria & Viruses.

**Practical-** Record file and slide preparation of organs of abovementioned topics.

#### **Reference Books:**

- 1. A.C. Dutta: A Classbook of Botany
- 2. Unani Advia Mufradah: Hakim Sayyed Saifuddin Ali

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- 1. Encourage participation of students in learning.
- 2. Connect the subject matter with the student's everyday life.
- 3. Encourage the spirit of questioning by the students.
- 4. Arrange student friendly study material and other learning resources.
- 5. Create friendly environment conducive for learning.

#### Assessment methods and weightages in brief (4 to 5 sentences)

- 1. Two sessional examinations.
- 2. Assignments.
- 3. Oral quizzes in the class.
- 4. End semester examination.
- 5. Internal Assessment: 25 Marks, End Semester Examination :75 Marks & Total Marks: 100.

Course Code:PTB-104 Title of the Course: Haiwaniyat(Zoology)

L-T-P- 100+100

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

CLO-1 Define the terminologies related to Zoology.(Understand)

CLO-2 Understand the organ systems and their functions. (Understand)

CLO-3 Identify and differentiate the physiological and anatomical aspects of different animals. (Understand)

CLO-4 Understand the importance of animals and their role health and disease. (Understand)

CLO-5 Describe the disease causing bacteria, parasites, virus & fungi etc and diseases caused by them. (Understand & Apply)

Mapping of Course Learning Outcomes (CLOs)with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PL O 4	PL O 5	PL O 6	PL O 7	PL O 8	PL O 9	PL O 10	PL 0 11	PL O 12	PS O 1	PS O 2	PS O 3	PSO 4
CLO 1	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 2	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 3	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 4	3	3	3	1	2	2	3	3	2	2	1	2				
CLO 5	3	3	3	1	2	2	3	3	2	2	1	2				

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3 'in the box for 'High-level 'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping. Map with PSOs wherever applicable.

#### **Detailed Syllabus:**

- **Unit 1.** Introduction to animal Kingdom, Types of Animals, Classification of animals ,Microscopic study of cell,Structure and functions of cell,Cell division
- **Unit 2-** Mitotic & Meiotic cell division, Internal organs of frog, Various organ systems of Rabbit: Digestive system, Excretory system
- **Unit 3-** Reproductive system, Respiratory system, Sensory organs, Endocrine & Exocrine system: Pancreas, Alimentary canal, thyroid gland, parathyroid gland, pineal gland
- **Unit 4-** Thymus gland, Adrenal gland, Gonads-Testes and Ovaries, Disease producing protozoan and diseases caused by them, General introduction of sponges and their economic importance, General introduction of coelentrates and their economic importance
- **Unit 5-** General introduction of disease causing parasites, general introduction of disease causing molluses, Economic importance of arthopods

**Unit 6-** Difference between poisonous and non-poisonous snakes, Disease caused by bacteria, Disease caused by bacteria

Practical- Record file, and slide preparation of organs of abovementioned topics.

#### **Reference Books:**

- 1. Animal Biology: Dr. H.C.Nigam
- 2. A text Book of Animal Biology-R.L Kottal
- 3. Science & Technology in Urdu Version

## **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- 1. Encourage participation of students in learning.
- 2. Connect the subject matter with the student's everyday life.
- 3. Encourage the spirit of questioning by the students.
- 4. Arrange student friendly study material and other learning resources.
- 5. Create friendly environment conducive for learning.

# Assessment methods and weightages in brief (4 to 5 sentences)

- 1. Two sessional examinations.
- 2. Assignments.
- 3. Oral quizzes in the class.
- 4. End semester examination.
- 5. Internal Assessment: 25 Marks, End Semester Examination :75 Marks & Total Marks: 100.

Course Code:PTB-105 Title of the Course: English Language

L-T-P- 100

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE OUTCOMES (COs)**

After completing this course, the students should be able to:

**CO 1:** To develop competence in communication skills related to the production & presentation of messages in multiple formats & understand the importance of sentence structure. (Understand & Apply)

- **CO** 2: To develop the writing skills of the students so that they are capable of communicating efficiently. (Understand & Apply)
- **CO 3:** To familiarize students with the basics of the English language and help them to learn to identify language structures for correct English usage. (Understand & Apply)
- **CO 4:** To familiarize students with the basics of the English language and help them to learn to identify language structures for correct English usage. (Understand & Apply
- **CO 5:** To enhance vocabulary skills and make students fluent, thereby improving receptive and expressive skills. (Understand & Apply)

# Mapping of Course Outcome (Cos) with Program Outcomes (POs) & Program Specific Outcomes (PSOs)

	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8	PLO 9	PLO 10	PLO 11	PLO 12	PSO 1	PSO 2	PSO 3	F
CLO1	2	1	1	3	3	3	3	2	1	1	3	2				
CLO2	2	1	1	3	3	3	3	2	1	1	3	2				
CLO3	2	1	1	3	3	3	3	2	1	1	3	2				
CLO4	2	1	1	3	3	3	3	2	1	1	3	2				
CLO5	2	1	1	3	3	3	3	2	1	1	3	2				

Each Course Outcome (CO) may be mapped with one or more Program Outcomes (POs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low'-level' mapping.

# **Detailed Syllabus:**

#### **Unit 1: FIRST TERM**

Tenses with special reference to simple, progressive and perfect

Determiners, pronouns,

Reported speech

Modals

Types of sentences: Affirmative, Negative, interrogative

Active and passive voice

#### **Unit-2: SECOND TERM**

Linkers

**Punctuations** 

Paragraph writing to build idea, to describe an experience or to give personal view of an event or happening.

Essay writing: narrative, argumentative and reflective

Precis writing

#### **Unit-3: THIRD TERM**

Guided Reading - A collection of short stories

Mechanics of Writing

Basics tasks of composition

The overall organization of larger pieces of writing

#### **Reference Books:**

- Hasson, Gill. Brilliant Communication Skills. Great Britain: Pearson. Education, 2012.
- Practical English Usage, Michael Swan
- Exercises in Spoken English, Oxford University Press
- English Grammar Reference Book: Grammar and Error Correction Guide and Phrasal Verb Book by Jacquelin Mervin

#### **Teaching-Learning Strategies in brief:**

- 1. Ability to handle the interview process confidently
- 2. Communicate fluently and sustain comprehension of an extended discourse.
- 3. Demonstrate ability to interpret texts and observe the rules of good writing.
- 4. To communicate contextually in specific personal and professional situations with courtesy.
- 5. To empower students to carry out day to day communication at the workplace by adequate understanding of various types of communication to facilitate efficient interpersonal communication.
- **6.** Students will be able to navigate cross cultural encounters in a global economy. Facilitate students to develop learning to construct and deliver messages that incorporate the appropriate use of organizing content, language, vocabulary, kinesics, eye contact, appearance, visual aids, and time constraints

#### Assessment methods and weightages in brief:

- 1. By taking two sessional examinations.
- 2. By giving assignments.
- 3. By conducting class tests.

4	D	. 1 .		• ,•
4.	BV	faking	semester	examination.
			BUILIUBCUI	O'HAHHHHAH O'H.

5	Internal assessment	t (25 Marks)	& Semester 1	Examination	(75 Marks)	&Total Marks-100
J.	. Hillei hai assessinem	L (43 IVIAI KS)	ox stelllester i	exammanom	( / S IVIAI KS /	& I Utai Mai KS-100

# DIPLOMA IN UNANI PHARMACY

NAME OF THE DEPARTMENT: ILMUL SAIDLA

**Vision Statement (Department Level):** 

To produce trained Unani pharmacists.

#### **Mission Statements (3 to 4) (Department Level):**

**MS1:** Transferring the Art and knowledge of *Dawasazi* in all aspects.

**MS 2:** To enable the students to prepare quality formulations.

**MS 3:** To develop skills for the establishment of Unani pharmaceutical industry.

MS 4: To produce trained and qualified Attars/Unani pharmacist.

### Name of the Academic Program: DIPLOMA IN UNANI PHARMACY

# **QUALIFICATION DESCRIPTORS (QDs)**

# Upon the completion of Academic Programme (Kindly fill name of programme), students will be able to:

- QD-1 Demonstrate fundamental knowledge of different branches of *Unani* system of medicine like Kulliyat, Anatomy and Physiology etc.
- QD-2 Demonstrate in-depth knowledge of *Ilmul Saidla* and *murakkabat*.
- QD-3 Become proficient and expert *Unani* pharmacist.
- QD-4 Show convergent thinking for evaluation of the theories and practices of *Unani* pharmacy on modern scientific parameters and solving health related concerns
- QD-5 Demonstrate team work and leadership skills to inspire, motivate and evaluate and solve interests of common causes of community health problems.

# Mapping Qualification Descriptors (QDs) with Mission Statements (MS)

	MS-1	MS-2	MS-3	MS-4
QD-1	3	3	3	3
QD-2	3	3	2	2
QD-3	3	3	3	3
QD-4	3	3	3	2
QD-5	3	2	3	2

Write '3' in the box for 'High-level'mapping, 2 for 'Medium-level'mapping, 1 for 'Low-level'mapping.

#### **COURSE DESIGN**

Course Code: Title of the Course: ILMUL SAIDLA&MURAKKABAT

L-T-P: L-4.16 Hours/week, P-6.66 Hours/week

(L=Lecture hours, T=Tutorial hours, P=Practical hours)

# **COURSE LEARNING OUTCOMES (CLOs) (5 TO 8)**

After completing this Course, the students should be able to:

- CLO-1: Understand fundamentals of *Unani* Pharmacy along with modern advancements of pharmaceutical industry.
- CLO-2: Identify, procure, store and dispense *Unanimufrad* as well as *murakkab* drugs
- CLO-3: Advice the patient about safely usage of Kushta and other potent drugs.
- CLO-4: Prepare quality formulations (small scale) in clinical setups and hospitals.
- CLO-5: Work as a pharmacist in manufacturing sections of *Unani* pharmaceutical industry
- CLO-6: Dispense various *Unani* formulations to the patients as per the prescription.

# Mapping of Course Learning Outcomes (CLOs) with Program Learning Outcomes (PLOs) and Program Specific Outcomes (PSOs)

	PL O	PS O	PS O	PS O	PS O											
	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3	4
CL	3	2	3	2	2	1	1	3	3	1	1	2				
01																
CL	3	2	3	2	2	2	2	3	3	1	1	2				
<b>O2</b>												_				
CL	3	2	3	2	3	2	3	2	1	2	1	2				
О3																
CL	3	3	2	3	3	1	2	2	1	2	1	3				
04																
CL	3	3	2	3	3	2	2	3	2	2	3	3				
05																

CL	3	2	2	3	3	3	3	3	2	2	3	2		
<b>O6</b>														

Each Course Learning Outcome (CLOs) may be mapped with one or more Program Learning Outcomes (PLOs). Write '3' in the box for 'High-level' mapping, 2 for 'Medium-level' mapping, 1 for 'Low-level' mapping. Map with PSOs wherever applicable.

# **Detailed Syllabus:**

Unit 1:

Mabadiyate Tib (Fundamentals of Unani Medicine)

20 Hours

- Tib ki Tareef aur manviat
- Tib ki Mukhtasar tareekh
- Mukhtalif Tibbi Mazamin Ka ijmali khaka
- Arkan ka Ijmali Taruf
- Mijaz ki Tareef Aqsam aur Ahmiyat
- Akhlat Ki Tareef Aqsam aur Ahmiyat
- Aza, Arwah, Quwa aur Af'al ka Ijmali taruf

Introductory inputs of Basic Anatomy and Physiology:

20 Hours

- Terminologies related to human anatomy and physiology.
- Cells and tissues
- Composition and functions of Blood and Lymph
- Osseous system: structure and functions of bones and joints
- Digestive system
- Heart and its circulation
- Structure of respiratory organs and functions
- Urinary system

- Nervous system and sense organs
- Menstruation, Ovulation and Spermatogenesis

#### Asbabe sitta zarooria (Six essential factors): Tareef aur Ahmiat

05

Hours

Unani Usoole Ilaj: Ijmali Taaruf

(Introduction to the principles of Unani treatment)

05 Hours

Modes of treatment

- Ilaj Bil Ghiza (Dietotherapy)
- Ilaj Bil Dava (Drug Therapy)
- Ilaj Bil tadabeer (Regimenal Therapy)
- Ilaj Bil Yad (Surgery)
- Ilaj Bil zid, Ilaj Bil misl, Qanoone Kaifiyat, Qanoone Kamyat, Qamoone Waqt, Ashiya-e-Mulaema
- Tanqiya-e- Badan and its sources

Practical: Demonstration of the material related to the topics mentioned in theory portion

Unit 2:

# Kulliyat Advia wa Advia Mufradah

(Principles & Characteristics of Unani Single Drugs)

Theory:

#### **Kulliyate Advia:**

- Dawa and Ghiza
- Advia ki mizaji Taqseem aur ahmiyat
- Istelahat Af'al-e- Advia
- Masalike Advia
- Muzir and Musleh
- Abdale Advia

Advia Mufradah: 35 Hours

 Darj zel advia ki mahiayat, Shanakht, Mizaj, Af'al, Istemalat aur Mizdare Khurak wa Muzarrat ki tafseel.(Detailed description of Morphology, Identification, Mizaj, Actions, Uses Dosage and harmful effects of the following drugs):

Abhal, Abresham, Adusa, Afsanteen, Aftimoon, Afyun, Amla, Amber, Anisoon, Anjabar, Anjeer, Asaroon, Asgand, Aslussoos, Aspaghol, Aspand, Asrol, Aqarqarha, Atees, Azaraqi, Babchi, Baboona, Badam, Badranjboya, Baidanjeer, Bailgiri, Baladur, Balela, Banafsha, Baranjasif, Barhamdandi, Bartang, Bazrulbanj, Beesh, Behman, Behroza, Bisbasa, Bisfaj, Biskhapra, Bura Armani, Buzidan, Chiraita, Chobchini, Dammulakhwain, Darchini, Darunaj], Elva, Filfil daraz, Filfil siyah, Gandana, Gile Armani. Gile Multani, Gilo, Habbul Aas, Habbussalateen, Haldi, Halyun, Hanzal, Heel Kalan, Heel Khurd, Hajral Yahood, Hilteet, Irsa, Izkhar, Jadwar, Jaiphal, Jauzmasal, Kabab Khandan, Kafoor, Kibreet, Gule Surkh, "Muqil, Gaozaban, Kababchini, Kafedarya, Kameela, Kasoos, Kehroba, Khaksi, Khayarshambar, Khulanjaan, Kundur, Loban, Lodh, Luffah, Luk, Malkangant, Mastagl, iMundi, Muqil, Mur, Murdarsang, Neem, Pambadana, Parsiyawashan, Plas, Podina, Qaranfal, Qarnul Ayil, Salab Misri, Samagh Arbi, Sandal Safaid, Sandal Surkh, Sazij Hindi. Suranjan, Sumbulutteb, Sammulfar, Satawar, Tamarhindi, Tewaj, Tinkaar, Toot, Tudri, Turanj, Turbud, Unnab, Ustukhuddus, Waj, Zafran, Zanjabeel, Zeera Safaid, Zeera Siyah

**Practical:** Common methods of identification of Unani Drugs, Demonstration of the drugs, i mentioned in theory portion, in herbal garden and drug museum for the purpose of their identification. Preparation of Herbarium

Unit 3: 50 Hours

#### Ilmul Saidla (Unani Pharmaceutics)-I

- Dawasazi: Tareef, Aqsam wa Zaroorat
- Dawasazi la Tareekhi pasmanzar
- Faraiz-e-Dawasaz
- Amaliyate dawasazi

- Irgha, Tarveeq, Iqla, Tashvia, Tabkheer, Tadkheen, Tajfeef, Gasl, Tasfia, Tasveel, Ihraq, Taklees, Tahmees, Tabalvur
- Istilahat-e-Dawasazi
- Buddah, Kharashida, Magharbal, Kafgriftah, Muqarraz, Muqashshar, Mushawwa, Salaya,
   Put, Charkh, Matbookh, Manqoo, Sayeeda, Chahar tukhm, Chahar Magz, Kajli etc
- Tasfia
- Shahad, Kharateen, Simab, Kibrit, Shingaraf, Sibr, Bahroza, Mom, Abrak
- Tadabeer wa Islah-e-Advia
- Afyun, Kamoon, Azaraqi, Shangraf, Habbus-salateen, Turbud, Ghariqoon,
   Saqmunia, Kibrit, Sammulfar, Hartaal.
- Arq kasheed karne ke Mukhtalif Tarique
- Amal-e-Tasyeed: Kafoor, Loban, Shora Qalmi
- Iqla: Chirchita, Jau, Turb, Khapazah
- Usara, Rub aur Sat banane ki tarkeeb (Methods of preparation of Extract, Rub and Sat).
- Roghan nikalne ki tarkeeb (Methods of Oil Extraction).
- Sufoof Sazi . Usool, Tareeqe, aur darjate Sufoof (Preparation of powder: principles, i
  methods and the grades of powder)
- Qiwam tayyar karne ke tareeqe aur qiwami madde (Methods of preparation of Qiwam and materials used for it).
- Aalat-e-Dawasazi (Instruments used in Unani Pharmacy)
- Kharal, Aalae tareveeque, Aalae Tajfeef, Aalae Taklees, Patal Jantar, Jaljantar,
   Chhalniya, Granulator, Tablet making machine, Coating machine, grinders, Distillation apparatus, Desiccator, Ovens, Crucibles.
- Aamare Advia (Shelf life of Unani drugs)
- Good Manufacturing Practices (GMP)
- Drugs and Cosmetics Acts

Practical: Practical training and demonstration of the above processes

#### Unit 4:

## **IImul Taklees (Calcinology)**

25 Hours

- Taklees: Tareef, Aghraz wa Maqasid, Zarurat wa ahmiyat (Definition, aims and objectives and scope
- Taklees ka Tareekhi Pase Manzar (Historical background)
- Aalat barai Kushtasazi (instruments used in the preparation of Kushta)
- Kusta saz se mutalliq umoomi Usool wa Hidayat (Principles and precautions regarding calcination):
- Tareeqai Taklees( Methods of Preparation of Calx): Faulad, Hartal, Shangraf, Sadaf, i
   Marjan, Qalayee, Gaudanti, Sammul far, Nuqra, Baizae Murgh, Musallas.
- Kushton ki shanakht (Identification of clax)
- Kushton ke Afal wa Tibbi Afadiyat(Pharmacological action & Therapeutic use of calx)
- Kushton ke muzir asrat (Adverse effects of calx)
- Kushton ke Istemal me Umumi Hidayat (precaution in use of calx)

#### Juzwi Dawasazi (Dispensing Pharmacy) 25 Hours

- Individualization of therapy and Juzvi Dawasazi
- Hospital Pharmacy: Important Features, Scope and necessity
- Drug Distribution system
- Sterilization of instruments, containers and utensils used in the preparation of drug
- Aseptic measures in drug delivery system
- Pharmaceutical procedures of hospital pharmacy
- Usool-e-Nuskha Naveesi
- Nuskha Bandi ke tareeque aur motalleqa istelahat

- Adverse Drug Reaction: Basic concept of methods of its reporting
- Storage Management. Collection, drying, storage, dispensing etc
- Drug preservation and packaging
- Preparation of special diet for indoor patients: Maul Asl, Maul Buzoor Maul Shayeer,
   Maul I Jubn, Maul Laham

**Practical -** Practical training and demonstration of the above processes

Unit 5: 50 Hours

Advia Murakkabah (Unani Compound Formulations):

# Theory

- Ashkale Advia ka ljmali Taaruf (Introduction of different dosage forms)
- Tarkeebe Advia (Compounding of drugs and its significance)
- Murakkab dawaon ke Miza) ka taayyun aur ahmiyat (Determination of temperament of compound drugs and its importance)
- Qarabadeen Tareef, ahmuat aur mashhoor qarabadeen ka taaruf (qarabadeen- Definition, importance and introduction of famous qarabadeen)
- Darjazail Murakabat ke aizae tarkeebi, tarkeeb tayyar, afa'l, miqdare khurak, tareeqae i
  istemal aur ihteyati tadabeer (Ingredients, methods of preparation, actions, uses, dosage i
  and precautons of the following compounds)
  - Arq Kasni, Arq Mako, Arq Badyan, Arq Ajwain
  - Majoon—Majoon Falasfa, Majoon Dabidul Ward, Majoon Aarad khurma
  - Jawarish -Jawarish Kamooni, Jawarish Amla, Jawarish Jalinoos
  - Itrifal -Itrifal Kishnizi, itrfal Ustukhuddoos
  - Khamira Khamira Gaozaban Sada, Khamira Abresham, Khamira Marwareed
  - Murabba-Murabba Amla, Murrabba Behi, Murrabba Halela
  - Hab-Habbe kabid Naushadari, Habbe Tinkar, Habbe Hilteet

- Marham—Marham Dakhilyoon, Marham Zangar, Marham Raal
- Laooq-Laooq Sapistan, Laooq katan, Laooq Khaskhaash
- Safoof-Safoof Muqliyasa, Safoof Mullayain, Safoof Chutki,
- Qurs Qurs tabashree, Qurs Sartan Kafoori, Qurs Podina
- Sharbat Sharbat Unnab, Sharbat Humma, Sharbat Faulad
- Gulqand
- Sikanjabeen-Sikanjabeen nanayee, Sikanjabeen unsuli, Sikanjabeen Leemoni
- Qairooti
- Advia Muzayyana (Cosmetic Formulations) Ubtan ,Ghaza, Ghaliya, Khizab

**Practical**: Preparation of at least one formulation from each of the above dosage forms. (Number of Units may be decided by the School/Department/Centre)

#### **Reference Books:**

- 1. Kabiruddin M. Bayaze Kabeer. Part-II. Hyderabad: Hikmat Book Depot, Deccan; (YNM)
- 2. Kabiruddin M. *Ilmul Saidla*. Eijaz Publication, Delhi
- 3. Rehman Z. Jadeed Unani Dawasazi. Idara Kitabus Shifa. Delhi; 2014.
- 4. Anonymous. Qarabadeen Majeedi. All India Unani Tibbia Conference, Delhi; 1986
- 5. Anonymous. *National Formulary of Unani Medicine*. Part-I, New Delhi: CCRUM, Ministry of H & F.W. Govt. of India
- 6. Jilani G, Mukhzanul Murakkabat. New Delhi: Aijaz publishing house, 1995
- 7. Rehman, S.Z., (1991). Kitabul Murakkabat, Publications division, Muslim University, Aligarh.

#### **Teaching-Learning Strategies in brief (4 to 5 sentences)**

- Along with the classical chalk-talk method of teaching, we also use digital audiovisual teaching-learning methods.
- Videos of different pharmaceutical processes has been shown to the students for easy understanding of complicated procedures.

- Teaching in laboratory is also done to demonstrate various pharmaceutical procedures in situ.
- Visit to the leading Unani pharmaceutical industries.

# Assessment methods and weightages in brief (4 to 5 sentences)

- The assessment is based on the internal assessment and the annual examination.
- There are two compulsory internal assessment tests (including theory & Viva-voce) having 25% weightage.
- Annual (including theory & practical and Viva-voce) examination will be held at the end of the academic year having the weightage of 75%.